

POSITION	TIME	NAME	Team BTR	CATEGORY	NO.
1	0:33:54	ROTHERY, Brendan	Eryri Harriers	Senior Male	320
2	0:35:47	BLAZIER, Darren	Abergele Harriers	Male Vet 40	198
3	0:37:27	BIRCH, Andrew	Trismart	Male Vet 40	134
4	0:37:37	MORRIS, John Edward	Denbigh Harriers	Senior Male	213
5	0:37:39	OWEN, Dewi	Eryri Harriers	Senior Male	203
6	0:38:01	WOODCOCK, Jim	Menai Track and Field	Male Vet 60	223
7	0:38:03	ASHWORTH, Karl		Senior Male	278
8	0:38:31	THOMAS, Jason	Cybi Striders	Male Vet 40	263
9	0:38:43	GWYNN, Dafydd		Male Vet 35	41
10	0:38:50	EVANS, Carwyn	Menai Track and Field	Senior Male	136
11	0:39:00	ROBERTS, Harry		Senior Male	277
12	0:39:06	ROWLANDS, Irfon	Cybi Striders	Male Vet 45	214
13	0:39:09	CLEMSON, Jonathan	Preston Harriers	Male Vet 40	193
14	0:39:22	NICHOLLS, George	Prestatyn RC	Male Vet 40	327
15	0:39:41	HANCOCKS, Stuart		Senior Male	196
16	0:40:00	HALL, Gerard	Bangor University AC	Under 20 Male	321
17	0:40:02	BROWNE, Simon		Senior Male	224
18	0:40:20	NALDER, David	Ellesemere Port RC	Male Vet 55	240
19	0:40:24	DIBB, Mark		Male Vet 40	291
20	0:40:26	LOCK, Darren		Senior Male	234
21	0:40:29	HANSEN, Simon		Male Vet 35	304
22	0:40:31	NIXON, George	Prestatyn RC	Male Vet 60	297
23	0:40:45	THOMAS, Chris	Cybi Striders	Senior Male	165
24	0:41:03	DAVIES, Malcolm FARRINGTON-NEWMAN,		Senior Male	65
25	0:41:04	Simeon		Male Vet 35	86
26	0:41:30	ROBERTS, Konrad	NWRRC	Male Vet 45	245
27	0:41:35	O'MALLEY, Andy		Male Vet 40	307
28	0:41:40	OWEN, Dylan	Eryri Harriers	Male Vet 45	302
29	0:41:44	JONES, Mark	Colwyn Bay AC	Male Vet 40	280
30	0:42:08	PARRY-JONES, Jason		Senior Male	272
31	0:42:13	LIDDELL, Sam		Senior Male	1
32	0:42:25	O'NEILL, Stephen		Male Vet 60	185
33	0:42:32	MALONEY, Liam		Male Vet 60	181
34	0:42:49	PORTER-JONES, Gary	Eryri Harriers	Male Vet 45	202
35	0:42:53	ROBERTS, Steven Paul		Male Vet 45	89
36	0:42:57	CHEETHAM, Russ	Prestatyn RC	Male Vet 45	148
37	0:43:09	RAMSEY, Richard		Senior Male	199
38	0:43:18	DOLBEN, Jon		Senior Male	209
39	0:43:21	JONES, Arwel	Prestatyn RC	Male Vet 50	135
40	0:43:30	ROCHE, Gavin		Male Vet 35	121
41	0:43:36	HOOTON, James	Cybi Striders	Male Vet 40	204
42	0:43:39	PUMFORD, John		Senior Male	269
43	0:43:59	FOWLES, Mark		Senior Male	174
44	0:44:10	GRIFFITH, David	Colwyn Bay AC	Male Vet 40	160
45	0:44:11	CLARK, Richard		Senior Male	247
46	0:44:15	LAW, Becki	Eryri Harriers	Senior Female	308
47	0:44:25	AYRES, Julian		Senior Male	19
48	0:44:28	EVANS, Mark	Oswestry Olympians	Male Vet 55	73
49	0:44:52	LANGLEY, Philip		Senior Male	127
50	0:45:07	GRENO, Peter		Senior Male	303
51	0:45:09	COWSILL, David		Senior Male	115
52	0:45:09	EDWARDS, Nicholas		Senior Male	116

53	0:45:14	STRINGER, John		Senior Male	123
54	0:45:23	MORALEE, Alastair		Male Vet 50	51
55	0:45:24	THOMSON, Colin		Male Vet 35	232
56	0:45:25	SHARPE, Gavin		Male Vet 40	27
57	0:45:29	COLLINS, Anthony		Male Vet 45	287
58	0:45:31	BROOK, Nic		Male Vet 35	72
59	0:45:33	HOWICK, Andrew	Cybi Striders	Male Vet 45	300
60	0:45:38	SEWARD, Stephen		Male Vet 40	97
61	0:45:44	WALKER, John	NWRRC	Male Vet 45	211
62	0:45:47	HUGHES, Thomas		Senior Male	313
63	0:45:48	JONES, Meirion		Senior Male	248
64	0:45:51	SNELSON, Dewi	Cybi Striders	Senior Male	310
65	0:45:58	LANGLEY, Matthew		Senior Male	118
66	0:46:03	HIGGINS, Kevin	NWRRC	Male Vet 50	330
67	0:46:06	WHITTEN, Andrew		Senior Male	201
68	0:46:10	REDFERN, Dan		Male Vet 35	309
69	0:46:13	GALLEY, Andrew		Senior Male	228
70	0:46:13	WEST, Ricky		Male Vet 40	128
71	0:46:15	PARRY, Sara		Senior Female	157
72	0:46:18	DIXON, Callum		Senior Male	42
73	0:46:22	BEBB, Arfon	Eryri Harriers	Male Vet 35	184
74	0:46:23	EVANS, Rhys		Senior Male	314
75	0:46:25	MUIR, Jan		Female Vet 45	14
76	0:46:28	BILLINGTON, David		Senior Male	254
77	0:46:33	GIBSON, Emyr		Male Vet 35	105
78	0:46:49	JONES, Alex		Under 20 Male	63
79	0:46:55	OWEN, Rhys Lloyd		Male Vet 35	317
80	0:47:00	RUSSELL, Nigel	Eryri Harriers	Male Vet 55	131
81	0:47:09	BEARDMORE, Neil		Male Vet 35	143
82	0:47:21	WRIGHT, Nic		Male Vet 50	109
83	0:47:22	WINSTANLEY, Nathan		Male Vet 35	261
84	0:47:23	GRUBER, Edith	Cybi Striders	Senior Female	156
85	0:47:25	JONES, Mark		Male Vet 40	329
86	0:47:26	DAVIES, Leon		Male Vet 35	229
87	0:47:28	MANNIX, Ciaran		Senior Male	242
88	0:47:37	ROWE, Ian		Male Vet 45	126
89	0:47:39	HOUGHTON, John		Male Vet 50	142
90	0:47:40	POOLE, Terry	Thornton Cleveleys RC	Male Vet 50	52
91	0:47:41	TRUSWELL, Karl		Male Vet 40	312
92	0:47:42	CHARLTON, Jennifer		Female Vet 35	318
93	0:47:42	WILLIAMS, Llion		Male Vet 35	60
94	0:47:48	EVANS, Pamela		Female Vet 35	99
95	0:47:51	EMRYS, Meilyr		Senior Male	35
96	0:48:07	LUCAS, Darren	Team BTR	Senior Male	239
97	0:48:12	ROWE, Sarah		Senior Female	146
98	0:48:18	PENRHYN-JONES, Jayne	Prestatyn RC	Female Vet 50	216
99	0:48:29	SKILLIN, Shane		Senior Male	138
100	0:48:30	ELLIS, Gareth		Male Vet 45	294
101	0:48:34	TAYLOR, Philip	Deestridders RC	Male Vet 45	176
102	0:48:40	THOMSON, Roderick		Senior Male	231
103	0:48:43	CLARK, Kevin		Male Vet 45	316
104	0:48:54	JONES, David	Road Runners Club	Male Vet 45	33
105	0:49:00	JONES, Sharon	Prestatyn RC	Female Vet 40	106
106	0:49:06	PARSONS, Barry		Male Vet 55	66
107	0:49:08	ROBERTS, Darren		Male Vet 35	249

108	0:49:13	JONES, Irfon		Male Vet 50	326
109	0:49:13	HOULT, Chris		Female Vet 45	76
110	0:49:28	STYKUC, Daniel		Senior Male	150
		CHURCHMAN, Alexander			
111	0:49:32	(U/A)			205
112	0:49:34	SMITH, Kevin		Male Vet 50	311
113	0:49:34	WILLIAMS, David John		Male Vet 50	292
114	0:49:40	JONES, Paul		Male Vet 35	40
115	0:49:43	FILZEK, Francis		Male Vet 55	124
116	0:49:48	ROBERTS, Steven		Male Vet 45	222
117	0:49:52	EDWARDS, Alun		Male Vet 40	58
118	0:49:54	EVANS, Gwyn	Eryri Harriers	Male Vet 55	56
119	0:50:04	RATCLIFFE, Charlotte		Senior Female	111
120	0:50:11	THATCHER, Carl		Senior Male	81
121	0:50:17	HENNESSEY, Daniel		Male Vet 40	293
122	0:50:22	THOMAS, Neil		Male Vet 50	268
123	0:50:26	JACKSON, Leonard	NWRRC	Male Vet 55	133
124	0:50:34	PUGH, Colin		Male Vet 45	305
125	0:50:40	ROBERTS, Gaz		Male Vet 40	87
126	0:50:49	GRIFFITH, Laurie	Colwyn Bay AC	Female Vet 40	161
127	0:50:50	JONES, Andrew		Male Vet 40	285
128	0:50:53	THOMAS, Craig		Senior Male	283
129	0:50:54	FAULKNER, Daniel		Senior Male	288
130	0:51:07	WILLIAMS, Sian Elen		Senior Female	59
131	0:51:09	GILSENAN, Hayley		Senior Female	233
132	0:51:12	OWEN, Richard		Male Vet 50	75
133	0:51:17	JONES, Merfyn		Male Vet 45	290
134	0:51:18	GALLAGHER, John		Senior Male	122
135	0:51:24	NADIN, Clive		Male Vet 50	295
136	0:51:32	TYLER, Netta	Riverside Runners	Female Vet 45	7
137	0:51:45	KYFFIN, Iwan		Under 20 Male	117
138	0:51:49	ROSE, Jennifer		Senior Female	258
139	0:51:54	JONES, Eleri		Female Vet 45	289
140	0:52:11	MORRIS, Gareth		Senior Male	238
141	0:52:24	THACKREY, Colin	NWRRC	Male Vet 50	11
142	0:52:32	PRATT, Jonathan		Senior Male	163
143	0:52:32	PARRY, Chris		Male Vet 40	162
144	0:52:39	LEWIS, Jo	Prestatyn RC	Female Vet 40	192
145	0:52:49	MOYLE, David		Senior Male	88
146	0:52:52	CLEMON, Susan	Preston Harriers	Female Vet 45	182
147	0:52:54	GERTLER, Christoph		Male Vet 35	252
148	0:52:55	SLINN, Sarah		Senior Female	31
149	0:53:06	ALLISON, Dean		Senior Male	167
150	0:53:14	GRIFFITHS, Dewi		Male Vet 50	10
151	0:53:16	JONES, Adrian		Male Vet 35	271
152	0:53:20	SYMMS, Nigel	Newcastle (Staffs) AC	Male Vet 45	90
153	0:53:26	PARKER, Dawn		Female Vet 45	114
154	0:53:31	ERASMUS, Tim		Male Vet 45	84
155	0:53:32	EVANS, Geraint	Bro Dysynni	Male Vet 50	180
156	0:53:34	OGDEN, Katie		Senior Female	253
157	0:53:42	LUSTIG, Andrew		Male Vet 35	259
158	0:53:43	FOLFASINSKI, Pawel		Senior Male	50
159	0:53:48	JESSETT, Mark		Senior Male	306
160	0:53:49	MATTHEWS, Liam		Senior Male	23
161	0:54:03	GREEN, Jan		Female Vet 55	101

162	0:54:07 EDWARDS, Gavin		Senior Male	183
163	0:54:07 EVANS, Samuel		Senior Male	64
164	1:54:10 SAWIAK, Steve		Senior Male	273
165	0:54:14 JONES, Sian	SYTri	Senior Female	149
166	0:54:14 JONES, Paul		Male Vet 40	301
167	0:54:21 HAINES, Barry		Male Vet 50	227
168	0:54:42 MARSHALL, Emma		Female Vet 35	96
169	0:54:52 JEFFREY, Ben		Senior Male	190
170	0:54:59 HUGHES, Victoria		Female Vet 35	257
171	0:55:01 JONES, Emma		Senior Female	200
172	0:55:06 GIBSON, Alex		Female Vet 35	71
173	0:55:19 ERASMUS, Tom		Senior Male	85
174	0:55:20 MAHER, Lindsay		Male Vet 45	315
175	0:55:24 WILLIAMS, Debra		Female Vet 40	215
176	0:55:26 JONES, Calvin	Eryri Harriers	Male Vet 50 Under 20	77
177	0:55:48 CHEETHAM, Abbie	Prestatyn RC	Female	151
178	0:55:55 DONNELLY, Stuart		Male Vet 35	164
179	0:56:03 WILLIAMS, Chris		Senior Male	274
180	0:56:10 LOGAN, Julie	Prestatyn RC	Female Vet 40	177
181	0:56:13 JONES, John	Prestatyn RC	Male Vet 55	100
182	0:56:13 BAKER, Clare		Female Vet 60	152
183	0:56:13 JONES, Paula		Female Vet 40	154
184	0:56:13 JONES, Helen		Senior Female	153
185	0:56:14 WHITE, Matthew		Male Vet 50	79
186	0:56:23 WELLS, Helen		Female Vet 40	194
187	0:56:30 EVANS, Nicholas		Senior Male	103
188	0:56:36 WHITE, Susan		Female Vet 55	78
189	0:56:45 EVANS, Richard		Senior Male	265
190	0:56:46 ROBERTS, Iorwerth	Eryri Harriers	Male Vet 65	286
191	0:56:51 MCARDLE, Colin		Male Vet 45	298
192	0:56:53 WYNNE, Hollie	Aberystwyth AC	Senior Female	250
193	0:56:54 SAWIAK, Laura		Senior Female	144
194	0:57:01 SLAVIN, Johanna		Senior Female	145
195	0:57:02 HARRY, Simon		Senior Male	236
196	0:57:03 BAGNALL, Alexandra		Senior Female	172
197	0:57:06 ROBINSON, Melanie		Female Vet 40	82
198	0:57:09 MANFREDI, Sarah	Abergele Harriers	Female Vet 40	262
199	0:57:16 COWANS, Tom		Male Vet 35	260
200	0:57:18 BANWELL, Jason		Male Vet 45	328
201	0:57:19 BANWELL, Maria		Female Vet 45	218
202	0:57:30 LLOYD-JONES, Richard		Male Vet 35	244
203	0:57:31 EDNEY, Stewart		Male Vet 45	246
204	0:57:45 EVANS, John		Male Vet 45	92
205	0:57:49 BAXANDALL, Helen	Prestatyn RC	Female Vet 50	235
206	0:57:51 JONES, Ann		Female Vet 65	195
207	0:57:52 FERGUSON, Andrew		Male Vet 35	108
208	0:58:01 DAVIS, Tom		Senior Male	264
209	0:58:06 PRICE, Jo		Female Vet 35	132
210	0:58:10 HAYTON, Michael	NWRRC	Male Vet 60	206
211	0:58:41 CAMPBELL, David	Congleton Harriers	Male Vet 50	173
212	0:58:45 SEREN, Alper		Senior Male	159
213	0:58:53 HOULDING, Paul		Male Vet 45	34
214	0:58:54 MILN, Lee		Senior Male	208
215	0:59:01 COOK, Rachel		Senior Female	188

216	0:59:02	HUGHES, Rebecca		Senior Female	47
217	0:59:04	MORGAN, Sarah		Senior Female	20
218	0:59:08	LEWIS, Angharad		Senior Female	237
219	0:59:12	CASSIDY, James		Senior Male	323
220	0:59:17	OWEN, Elinor		Senior Female	284
221	0:59:40	WRIGHT, James		Senior Male	110
222	0:59:44	MARSH, Denise		Female Vet 45	179
223	0:59:45	HUGHES, David		Male Vet 55	94
224	0:59:49	DUNCAN, Loraine		Female Vet 45	5
225	0:59:52	BAILLIE, Suzie		Female Vet 45	319
226	0:59:52	HUNTER, Fiona		Female Vet 40	219
227	0:59:54	HUNTER, Richard		Male Vet 40	220
228	1:00:01	ROBERTS, Eleri		Senior Female	32
229	1:00:01	OWEN, Heledd		Senior Female	15
230	1:00:04	WILLIAMS, Iwan		Male Vet 35	16
231	1:00:13	BROWN, Allyson		Female Vet 45	212
			Chorley Athletic & Triathlon Club		
232	1:00:39	SHUTTLEWORTH, James		Senior Male	226
233	1:00:59	JONES, Kaye		Senior Female	95
234	1:01:10	RASHID, Kurmang		Male Vet 50 Under 20	147
			Purbeck Runners		
235	1:01:18	POSTLETHWAITE, Laura		Female	282
236	1:02:12	WILLIAMS, Nikki		Female Vet 35	83
			Menai Track and Field		
237	1:02:21	BEESEY, Lucy		Senior Female	225
238	1:02:27	HOBBS, Rachael		Senior Female	191
239	1:02:31	DRAYTON, Linda		Female Vet 55	139
240	1:02:37	PRIOR, Adrienne		Senior Female	210
241	1:02:37	BONEHAM, Laura		Senior Female	189
242	1:02:53	WEBB, Ann		Female Vet 50	158
			Betsi Runaways		
243	1:02:55	LATHAM, Orian		Female Vet 35	107
244	1:02:57	MURRAY, Siona		Female Vet 35	113
245	1:02:59	WILLIAMS, Karen H		Female Vet 50	275
246	1:03:02	CLARK, Dee		Female Vet 45	18
247	1:03:16	HEAFEY, Daniel		Male Vet 50	325
248	1:03:43	WHITTICK, Lisa		Senior Female	270
249	1:03:53	PHILLIPSON, Norman		Male Vet 65	217
250	1:03:57	GOMEZ, John		Male Vet 55	129
251	1:03:57	HUGHES, Llinos		Female Vet 35	93
252	1:04:11	MADDOCK, Fern		Senior Female Under 20	67
253	1:04:17	HUGHES, Bethan		Female	120
254	1:04:18	HUGHES, Paul		Male Vet 40	119
255	1:04:45	CONNAUGHTON, Colm		Male Vet 45	130
256	1:04:47	HOERGER, Maggie		Female Vet 35	38
257	1:05:13	SCOTT, Alison		Senior Female	141
258	1:05:13	GARLICK, John		Male Vet 50	140
259	1:05:42	WILKINSON, Gwenllian		Senior Female	276
260	1:06:02	JACKMAN, Lauren		Senior Female	68
261	1:06:04	ABDELKHALEQ, Naz		Senior Male	70
262	1:06:04	CHURCHILL, Jack		Senior Male	69
263	1:06:07	MORRIS, Judith		Senior Female	241
264	1:06:09	MCEWEN, Clare		Female Vet 35 Under 20	251
265	1:06:10	WARD, Bethan		Female	98
266	1:06:25	KENNEDY, Jenny		Senior Female	299

267	1:06:25	KENNEDY, Beth		Senior Female	9
268	1:06:36	CARRUTHERS, Linda		Female Vet 50	187
269	1:06:38	PARRY, Lois		Senior Female	48
270	1:06:56	PRITCHARD, Julie		Female Vet 45	171
271	1:07:59	MARSHALL, Gwenda		Female Vet 50	137
272	1:08:05	HEWITT, Kathryn		Female Vet 45	296
273	1:08:09	HUGHES, Brian		Male Vet 50	30
274	1:08:12	EDWARDS, Joan	NWRRC	Female Vet 50	62
275	1:08:55	OWEN, Nia		Senior Female	281
276	1:09:32	LLEWELYN, Lucie		Female Vet 35	8
277	1:10:42	COGSWELL, Laura		Senior Female	166
278	1:11:47	SEDGMOND, Jemma	Les Croupiers	Senior Female	37
279	1:11:47	JOHNSTONE, Leah		Senior Female	24
280	1:13:14	SCHOFIELD, Martin		Male Vet 55	221
281	1:14:59	CASSIDY, Claire		Senior Female	324
282	1:14:59	CULLEY, Gareth		Senior Male	322
283	1:15:23	KREIBICH, Stefanie		Senior Female	186
284	1:15:53	MURRAY, Josil		Senior Female	178
285	1:17:53	EDWARDS, Catrin		Female Vet 35	267
286	1:18:10	DAVIES, Rachel		Senior Female	2
287	1:18:12	WILLIAMS, Elizabeth		Female Vet 60	6
288	1:19:59	DAVIES, Melissa		Female Vet 35	12
289	1:28:39	HARRIGAN, Beth		Senior Female	54
290	1:28:40	FREEBORN, Ellen		Senior Female	55