

Bangor 10km & Half Marathon

Gender/AG Results 10k

Bib	Forename	Surname	Gender	Pos	Category	Pos	Club	Gun Time	Pos	Chip Time
275	Matt	Rickard	Male	1.	Male 40-44	1.	Nidd Valley Road Runners	0:39:42,29	1.	0:39:40,67
173	Owain	Gwilym	Male	2.	Male 35-39	1.	Airecentre Pacers	0:40:17,98	2.	0:40:17,16
285	Saul	Cluer	Male	3.	Male 35-39	2.		0:40:36,00	3.	0:40:33,60
265	Ian	Brown	Male	4.	Male 21-34	4.		0:41:23,49	4.	0:41:22,29
228	Oggy	East	Male	5.	Male 50-54	1.	Betsi Runaways	0:41:58,07	5.	0:41:56,45
218	Mateusz	Musial	Male	6.	Male 21-34	2.		0:42:05,97	6.	0:41:32,88
44	Darren	Martin	Male	7.	Male 45-49	1.	Winston Runners	0:42:11,94	7.	0:42:09,50
231	Hefin	Wright	Male	8.	Male 21-34	3.		0:42:45,37	8.	0:42:14,28
248	Aike	Wernicke	Male	9.	Male 21-34	4.		0:43:14,68	9.	0:43:07,47
87	Andrew	Parsons	Male	10.	Male 40-44	2.		0:43:19,64	10.	0:43:14,26
198	Rachel	Shipley	Female	1.	Female 21-34	1.	Abergele Harriers	0:43:21,40	11.	0:43:19,77
225	Dewi	Salisbury	Male	11.	Male 21-34	5.		0:44:10,88	12.	0:44:07,23
227	Gareth	Brandrick	Male	12.	Male 35-39	3.	Prestatyn Running Club	0:44:11,43	13.	0:44:08,06
124	Andy	Cooke	Male	13.	Male 21-34	6.		0:44:17,04	14.	0:44:12,18
88	Peredur	Williams	Male	14.	Male 40-44	3.		0:44:27,48	15.	0:44:21,77
308	Nia	Morgan	Female	2.	Female 45-49	1.	Cybi Striders	0:44:28,43	16.	0:43:50,35
318	Arwel	Lewis	Male	15.	Male 60-64	1.	Eryri Harriers	0:44:32,66	17.	0:44:31,36
246	Bernadett	Selent	Female	3.	Female 21-34	2.		0:45:32,44	18.	0:45:25,50
255	Mark	Roberts	Male	16.	Male 35-39	4.		0:45:59,87	19.	0:45:40,71
282	Daniel	Simmons	Male	17.	Male 35-39	5.		0:46:21,78	20.	0:46:18,18
136	Benedict	Lewis	Male	18.	Male 35-39	6.		0:46:35,94	21.	0:45:51,44
162	Richard	Davies	Male	19.	Male 45-49	2.		0:46:52,00	22.	0:46:30,52
70	Rachel	Owen	Female	4.	Female 35-39	1.		0:47:13,27	23.	0:47:03,05
129	Katrina	Wightman	Female	5.	Female 35-39	2.	Huncote Harriers	0:47:36,14	24.	0:47:31,78
8	Paul	Trotter	Male	20.	Male 40-44	4.		0:47:37,31	25.	0:47:30,28
84	Nigel	Holmes	Male	21.	Male 60-64	2.	Cybi Striders	0:47:40,64	26.	0:47:00,94
123	Joshua	White	Male	22.	Male 21-34	7.	Gog Triathlon	0:47:44,44	27.	0:47:37,93
294	Griff	Roberts	Male	23.	Male 12-20	1.	Menai Track & Field	0:47:48,14	28.	0:46:44,37
184	Llinos	Jones	Female	6.	Female 40-44	1.		0:48:14,26	29.	0:47:38,57
10	Neil	Edwards	Male	24.	Male 35-39	7.		0:48:25,60	30.	0:48:01,06
146	Maria	Jones	Female	7.	Female 35-39	3.		0:48:50,12	31.	0:48:37,94
240	Ceri	Roberts	Female	8.	Female 21-34	3.		0:48:50,24	32.	0:48:38,18
291	Heulwen	Williams	Female	9.	Female 35-39	4.		0:49:01,09	33.	0:48:49,74
7	Richie	Williams	Male	25.	Male 50-54	2.		0:49:17,64	34.	0:48:55,64
307	Philip	Pritchard	Male	26.	Male 35-39	8.		0:49:22,69	35.	0:48:57,77
147	Ioan	Hartleb	Male	27.	Male 35-39	9.		0:49:26,98	36.	0:48:42,29
185	Steven	Brown	Male	28.	Male 45-49	3.	Prestatyn Rc	0:49:27,87	37.	0:49:00,32
284	Gwilym	Williams	Male	29.	Male 70-74	1.		0:49:59,21	38.	0:49:26,73
230	Dave	Mortimer	Male	30.	Male 55-59	1.		0:50:04,35	39.	0:49:19,28
134	Meilyr	Emrys	Male	31.	Male 35-39	10.		0:50:20,27	40.	0:49:48,52
298	Katherine	Gregson	Female	10.	Female 21-34	4.		0:50:36,44	41.	0:49:50,75
242	Jonny	Eldridge	Male	32.	Male 21-34	8.		0:50:43,66	42.	0:49:47,22
290	Jonathan	Ratcliffe	Male	33.	Male 12-20	2.		0:50:44,21	43.	0:50:07,75
311	Elizabeth	Johnson	Female	11.	Female 21-34	5.		0:50:52,15	44.	0:50:32,02
295	Dorota	Ruszkowska	Female	12.	Female 40-44	2.		0:50:55,45	45.	0:50:51,23
186	Sarah	Osborne	Female	13.	Female 40-44	3.		0:51:21,26	46.	0:50:47,15
287	Huw	Jones	Male	34.	Male 45-49	4.		0:51:24,56	47.	0:51:08,07
252	Mark	Kelly	Male	35.	Male 40-44	5.	Royton Road Runner	0:51:42,31	48.	0:50:49,04
115	James	Pollard	Male	36.	Male 40-44	6.	Bourville Harriers	0:51:47,10	49.	0:51:12,13
158	Karl	Hughes	Male	37.	Male 50-54	3.	Wrexham Ac	0:52:00,87	50.	0:51:10,98
103	Clive	Palmer	Male	38.	Male 55-59	2.	Stoke F.i.t.	0:52:04,97	51.	0:51:18,57
192	Peter	Evans	Male	39.	Male 40-44	7.		0:52:13,32	52.	0:51:24,15
69	Andrea	Donaldson	Female	14.	Female 50-54	1.		0:52:13,63	53.	0:51:17,81
86	Gareth	Roberts	Male	40.	Male 40-44	8.		0:52:19,01	54.	0:51:00,52
127	Anthony	Dixon	Male	41.	Male 40-44	9.		0:52:49,21	55.	0:52:05,27
2	Sam	Wilson	Male	42.	Male 12-20	3.		0:52:57,43	56.	0:52:49,32
191	Daniel	Huws	Male	43.	Male 45-49	5.		0:52:58,75	57.	0:52:40,04
320	Michelle	Morris	Female	15.	Female 21-34	6.		0:53:06,86	58.	0:51:56,53
85	Diane	Holmes	Female	16.	Female 60-64	1.	Cybi Striders	0:53:26,27	59.	0:52:40,66
299	Gilly	Glass	Female	17.	Female 45-49	2.		0:53:42,11	60.	0:53:35,04
207	Timothy	Plested	Male	44.	Male 35-39	11.		0:53:44,37	61.	0:53:30,30
153	Carole	Richardson	Female	18.	Female 40-44	4.		0:53:46,21	62.	0:53:27,11
161	Angharad	Griffiths	Female	19.	Female 40-44	5.		0:53:51,39	63.	0:53:11,82
95	Sara	Sawicz	Female	20.	Female 21-34	7.	Cybi Striders	0:53:58,07	64.	0:52:56,01
274	Garry	O'connor	Male	45.	Male 50-54	4.		0:54:01,79	65.	0:53:27,19
89	Helen	Pollard	Female	21.	Female 35-39	5.		0:54:03,02	66.	0:53:26,89
61	Phil	Tracey	Male	46.	Male 50-54	5.		0:54:15,15	67.	0:53:23,05
36	Jamie	Roberts	Male	47.	Male 21-34	9.		0:54:23,28	68.	0:53:44,06
237	Tom	Crofts	Male	48.	Male 21-34	10.		0:54:25,73	69.	0:53:47,84
150	Alex	Davies	Male	49.	Male 21-34	11.		0:54:37,27	70.	0:53:30,50
269	Tanya	Jones	Female	22.	Female 21-34	8.		0:55:05,95	71.	0:54:52,00
313	Jan	Lloyd-Nicholson	Female	23.	Female 50-54	2.		0:55:07,44	72.	0:54:23,08
263	Iona	Jones	Female	24.	Female 40-44	6.		0:55:11,13	73.	0:54:44,73
214	Keith	Tewkesbury	Male	50.	Male 75-79	1.	Abergele Harriers	0:55:15,31	74.	0:55:10,51
193	Dylan	Rees	Male	51.	Male 60-64	3.		0:55:21,22	75.	0:55:00,58
190	David	Hurdman	Male	52.	Male 35-39	12.		0:55:41,35	76.	0:54:11,98
14	Sioned	Evans	Female	25.	Female 40-44	7.		0:55:43,20	77.	0:55:19,95
249	Cheuk Hay	Li	Male	53.	Male 21-34	12.		0:55:53,01	78.	0:55:24,20
206	Sian	Barker	Female	26.	Female 35-39	6.		0:56:00,80	79.	0:55:06,25
141	Colin	Price	Male	54.	Male 45-49	6.		0:56:03,28	80.	0:55:13,59
451	Sian	Macintyre	Female	27.	Female 21-34	9.		0:56:05,77	81.	0:54:59,47
302	Steffan	Griffith	Male	55.	Male 40-44	10.		0:56:09,85	82.	0:54:58,54
272	Cherie	Duffy	Female	28.	Female 21-34	10.	Cybi Striders	0:56:10,98	83.	0:55:07,23
159	Sara	Davies	Female	29.	Female 35-39	7.		0:56:12,05	84.	0:55:51,09
273	James	Duffy	Male	56.	Male 50-54	6.		0:56:13,36	85.	0:55:09,24
200	William	Williams	Male	57.	Male 45-49	7.		0:56:23,65	86.	0:54:58,74
300	Lauren	Salisbury	Female	30.	Female 21-34	11.		0:56:27,26	87.	0:55:11,93

Bangor 10km & Half Marathon

Gender/AG Results 10k

Bib	Forename	Surname	Gender	Pos	Category	Pos	Club	Gun Time	Pos	Chip Time
254	Heledd	Thomas	Female	31.	Female 35-39	8.		0:56:29,17	88.	0:56:03,16
139	Jon	Payne	Male	58.	Male 40-44	11.		0:56:35,18	89.	0:55:31,52
11	Nia	Parry	Female	32.	Female 35-39	9.		0:56:38,97	90.	0:55:23,38
97	Zoe	England	Female	33.	Female 21-34	12.		0:56:53,81	91.	0:55:44,70
74	Tony	Clixby	Male	59.	Male 65-69	1.	Village Road Runners	0:57:01,81	92.	0:56:46,96
151	David	Lissaman	Male	60.	Male 50-54	7.		0:57:12,76	93.	0:56:09,99
199	Stephanie	Rendell	Female	34.	Female 21-34	13.		0:57:14,57	94.	0:55:53,48
9	Miles	Murdoch	Male	61.	Male 45-49	8.		0:57:14,57	95.	0:55:54,34
233	Dejan	Jones	Male	62.	Male 35-39	13.		0:57:22,35	96.	0:56:42,08
19	Carol	Lloyd-Jones	Female	35.	Female 60-64	2.		0:57:31,22	97.	0:57:27,72
205	Elyfn	Bullock	Male	63.	Male 45-49	9.		0:57:36,49	98.	0:57:01,37
293	Gareth David	Hughes	Male	64.	Male 35-39	14.		0:57:38,92	99.	0:56:59,74
296	Arwel	Roberts	Male	65.	Male 50-54	8.		0:57:46,63	100.	0:56:40,88
306	Geraint	Parry	Male	66.	Male 60-64	4.		0:57:47,05	101.	0:57:21,94
277	Dev	John	Male	67.	Male 60-64	5.		0:57:48,61	102.	0:57:31,86
175	Richie	Bartlett	Male	68.	Male 40-44	12.		0:57:50,31	103.	0:56:20,47
212	Anna	Huws	Female	36.	Female 40-44	8.		0:57:54,86	104.	0:57:37,67
234	Julie	Sheppard	Female	37.	Female 45-49	3.		0:57:58,73	105.	0:57:43,44
137	Chris	Mielczarek	Male	69.	Male 35-39	15.		0:58:02,42	106.	0:56:54,05
177	Denise	Postlethwaite	Female	38.	Female 50-54	3.	Lions Running Community	0:58:09,43	107.	0:57:32,33
309	Richard Gwyn	Jones	Male	70.	Male 35-39	16.		0:58:13,20	108.	0:57:35,87
82	Emma	Shepley	Female	39.	Female 21-34	14.		0:58:26,98	109.	0:58:14,07
257	Helen	Alefunder	Female	40.	Female 45-49	4.	Prestatyn Rc	0:58:32,77	110.	0:58:02,00
109	Alun	Roberts	Male	71.	Male 45-49	10.		0:58:42,40	111.	0:57:38,79
220	Simon	Collier	Male	72.	Male 21-34	13.		0:58:42,46	112.	0:57:24,61
232	Trish	Edwards	Female	41.	Female 45-49	5.		0:58:45,13	113.	0:58:28,26
138	Richard	Furniss	Male	73.	Male 35-39	17.	Cybi Striders	0:59:12,45	114.	0:58:09,20
77	Steve	Cooke	Male	74.	Male 55-59	3.		0:59:41,52	115.	0:58:48,71
104	Ryan	Stockton	Male	75.	Male 35-39	18.		0:59:45,87	116.	0:59:04,22
72	Tracey	Wheeldon	Female	42.	Female 50-54	4.		0:59:50,72	117.	0:58:31,06
152	John	Sutton	Male	76.	Male 21-34	14.		0:59:53,16	118.	0:59:35,05
46	Sarah	Sutton	Female	43.	Female 21-34	15.		0:59:53,28	119.	0:59:35,37
107	Hongyun	Tai	Female	44.	Female 50-54	5.		0:59:55,03	120.	0:59:00,13
128	Sian	Olewicz	Female	45.	Female 35-39	10.		0:59:58,90	121.	0:59:50,70
117	Pip	Braden	Female	46.	Female 12-20	1.		1:00:01,24	122.	0:59:43,64
197	Robert	Thompson	Male	77.	Male 40-44	13.		1:00:07,50	123.	0:59:18,07
94	Sian Arfon	Miners	Female	47.	Female 40-44	9.		1:00:12,32	124.	0:59:37,67
247	Daniel	Williams	Male	78.	Male 35-39	19.		1:00:14,95	125.	0:58:50,05
143	Laura	Lambe	Female	48.	Female 35-39	11.	Gog Triathlon	1:00:15,09	126.	0:59:02,19
267	Karis	Hughes	Female	49.	Female 21-34	16.		1:00:20,02	127.	0:59:31,62
1	Elen	Hughes	Female	50.	Female 35-39	12.		1:00:23,58	128.	0:59:26,07
219	Andrea	Williams	Female	51.	Female 45-49	6.		1:00:35,26	129.	1:00:20,87
45	Donna	Morton	Female	52.	Female 45-49	7.	Winston Runners	1:00:39,59	130.	0:59:26,50
203	Michelle	Jenkinson-Jones	Female	53.	Female 50-54	6.		1:00:47,26	131.	0:59:51,11
238	Lona	Gavins	Female	54.	Female 50-54	7.		1:00:47,46	132.	0:59:53,23
221	Alun	Edwards	Male	79.	Male 50-54	9.		1:00:59,66	133.	0:59:40,38
304	Elizabeth	Bossingham	Female	55.	Female 35-39	13.		1:01:08,10	134.	0:59:57,69
181	Hollie	Davies	Female	56.	Female 40-44	10.		1:01:34,64	135.	1:01:15,60
182	Stella	Rossington	Female	57.	Female 45-49	8.		1:01:34,71	136.	1:01:15,55
170	Ffion	Jones	Female	58.	Female 21-34	17.		1:01:36,46	137.	1:00:55,11
316	John	Davies	Male	80.	Male 60-64	6.		1:01:37,49	138.	1:00:07,84
60	Vivienne	Gray	Female	59.	Female 65-69	1.		1:02:16,87	139.	1:01:37,83
251	Lowri	Pritchard	Female	60.	Female 45-49	9.		1:02:18,65	140.	1:01:09,93
116	Helen	Braden	Female	61.	Female 45-49	10.		1:02:19,59	141.	1:02:02,14
264	Eilir	Thomas	Male	81.	Male 12-20	4.		1:02:19,78	142.	1:00:52,34
303	Jean	Hume	Female	62.	Female 55-59	1.		1:02:26,00	143.	1:01:02,06
81	Malcolm	Roberts	Male	82.	Male 60-64	7.		1:02:31,32	144.	1:02:16,29
261	Caroline	Evans	Female	63.	Female 40-44	11.		1:02:37,93	145.	1:01:50,45
260	Meg	Smith	Female	64.	Female 35-39	14.		1:02:37,99	146.	1:01:50,30
121	Adanna	Omaka	Female	65.	Female 21-34	18.		1:02:41,91	147.	1:02:13,37
188	Marie	Lidgett	Female	66.	Female 40-44	12.		1:02:43,40	148.	1:01:47,77
243	Mark	Eldridge	Male	83.	Male 55-59	4.		1:02:53,65	149.	1:01:56,13
256	Sarah	Popplewell	Female	67.	Female 45-49	11.		1:02:53,80	150.	1:02:31,40
253	Rebecca	Green	Female	68.	Female 21-34	19.		1:02:55,95	151.	1:02:07,37
76	Lucy	Williams	Female	69.	Female 40-44	13.	Cybi Striders	1:03:16,20	152.	1:02:29,49
131	Helen	Hamer	Female	70.	Female 45-49	12.		1:03:19,68	153.	1:03:05,95
66	Caroline	Cartmill	Female	71.	Female 21-34	20.		1:03:21,26	154.	1:02:15,80
189	Alan	Davies	Male	84.	Male 45-49	11.		1:03:34,09	155.	1:03:27,39
71	Kayleigh	Hunt	Female	72.	Female 21-34	21.	Vegan Runners	1:03:35,89	156.	1:03:11,49
279	David	Sutcliffe	Male	85.	Male 21-34	15.		1:03:50,73	157.	1:03:32,41
211	Tina	Beacall	Female	73.	Female 45-49	13.		1:03:57,46	158.	1:03:41,01
20	Sharon	Owen	Female	74.	Female 50-54	8.		1:04:07,26	159.	1:04:04,08
144	Caroline	Scaletta	Female	75.	Female 45-49	14.		1:04:23,04	160.	1:03:51,60
239	John	Dickson	Male	86.	Male 60-64	8.		1:04:23,51	161.	1:02:59,63
179	Thomas Ethan	Chua	Male	87.	Male 12-20	5.		1:04:24,02	162.	1:02:52,85
79	Iestyn	Jones	Male	88.	Male 40-44	14.		1:04:27,45	163.	1:04:07,45
80	Christopher	Martini	Male	89.	Male 35-39	20.		1:04:29,18	164.	1:04:13,97
174	Cefyn	Owen	Male	90.	Male 45-49	12.		1:04:35,91	165.	1:03:13,53
213	Heulwen	Pigott	Female	76.	Female 50-54	9.		1:04:38,96	166.	1:03:34,78
315	Kenny	Hamer	Male	91.	Male 40-44	15.		1:04:41,24	167.	1:03:56,17
209	Susan	Williams	Female	77.	Female 55-59	2.		1:04:43,94	168.	1:04:26,87
194	Owen	Duncan	Male	92.	Male 35-39	21.		1:04:44,53	169.	1:03:17,73
38	Fiona	Hunter	Female	78.	Female 45-49	15.		1:04:44,98	170.	1:03:57,09
47	Cara	Morgan	Female	79.	Female 21-34	22.		1:04:45,02	171.	1:03:57,26
22	Joy	Roberts-Chapple	Female	80.	Female 21-34	23.		1:04:47,11	172.	1:04:16,27
222	Donna	Davies	Female	81.	Female 35-39	15.		1:04:50,17	173.	1:04:33,48
312	Natalie	Jones	Female	82.	Female 21-34	24.		1:04:53,88	174.	1:04:23,45

Bangor 10km & Half Marathon

Gender/AG Results 10k

Bib	Forename	Surname	Gender	Pos	Category	Pos	Club	Gun Time	Pos	Chip Time
259	Nicola	Chapman	Female	83.	Female 35-39	16.	Wallasey Ac	1:04:54,90	175.	1:03:54,93
48	Kim	Roberts	Female	84.	Female 35-39	17.		1:05:01,56	176.	1:04:27,11
195	Ysanne	Duncan	Female	85.	Female 12-20	2.		1:05:10,94	177.	1:03:44,40
226	Kelly	Davies	Female	86.	Female 35-39	18.	Cybi Striders	1:05:23,89	178.	1:04:21,66
15	Louise	Mitchell	Female	87.	Female 45-49	16.	Lonely Goat	1:05:49,38	179.	1:04:40,21
164	Janet	Leighton	Female	88.	Female 50-54	10.		1:05:57,60	180.	1:04:45,54
163	Richard	Westcott	Male	93.	Male 60-64	9.		1:05:57,93	181.	1:04:45,87
93	Ann	Jones	Female	89.	Female 55-59	3.	Cybi Striders	1:06:05,48	182.	1:05:00,51
297	Alessandro	Ciapetti	Male	94.	Male 45-49	13.		1:06:11,61	183.	1:04:52,53
50	Bekki	Novak	Female	90.	Female 21-34	25.		1:06:17,67	184.	1:05:46,56
178	Abigail Shannon	Chua	Female	91.	Female 21-34	26.		1:06:36,49	185.	1:05:06,01
96	Sian	Eades	Female	92.	Female 35-39	19.		1:06:37,86	186.	1:06:03,01
204	John	Sadler	Male	95.	Male 50-54	10.		1:07:25,75	187.	1:07:05,05
142	Joe	Lambe	Male	96.	Male 55-59	5.		1:07:31,32	188.	1:06:18,44
125	Ceri	Jones	Female	93.	Female 21-34	27.		1:07:31,82	189.	1:06:28,05
155	Charlotte	Mason	Female	94.	Female 12-20	3.		1:07:38,18	190.	1:06:36,91
154	Darren	Mason	Male	97.	Male 50-54	11.		1:07:38,62	191.	1:06:37,59
224	Gareth	Starkey	Male	98.	Male 21-34	16.		1:07:42,86	192.	1:06:23,47
65	Pat	Wilson	Female	95.	Female 55-59	4.	Cybi Striders	1:07:44,30	193.	1:06:39,98
30	Lucy	Webb	Female	96.	Female 21-34	28.		1:07:50,20	194.	1:06:33,78
28	Tracey	Morris	Female	97.	Female 45-49	17.		1:08:22,77	195.	1:07:52,00
235	Kathrine	James	Female	98.	Female 45-49	18.		1:08:33,00	196.	1:08:16,95
133	Nerys	Evans	Female	99.	Female 55-59	5.		1:08:44,50	197.	1:07:48,93
271	Shelly	Jones	Female	100.	Female 35-39	20.		1:08:51,61	198.	1:08:40,00
167	Nia	Caven	Female	101.	Female 45-49	19.		1:09:03,14	199.	1:08:32,63
283	Gemma	Williams	Female	102.	Female 35-39	21.		1:09:07,92	200.	1:08:44,96
34	Jonathan	Aston	Male	99.	Male 21-34	17.		1:09:20,83	201.	1:07:48,11
180	Miriam	Grant	Female	103.	Female 40-44	14.		1:09:21,40	202.	1:08:39,09
215	Patricia	Wright	Female	104.	Female 70-74	1.		1:09:32,75	203.	1:08:54,07
25	Chris	Parry	Male	100.	Male 45-49	14.		1:09:39,70	204.	1:08:19,07
26	Bronwen	Parry	Female	105.	Female 12-20	4.		1:09:40,54	205.	1:08:20,11
168	Elliott	Baxter	Male	101.	Male 12-20	6.		1:09:54,53	206.	1:09:03,89
113	William	Quinn	Male	102.	Male 50-54	12.	Kirkby Milers Athletics Club	1:10:07,02	207.	1:09:16,08
99	Nicholas	Jones	Male	103.	Male 12-20	7.		1:10:14,51	208.	1:09:54,63
64	Katherine	Middleton	Female	106.	Female 21-34	29.		1:10:16,39	209.	1:09:52,97
314	Joanne	Jones	Female	107.	Female 50-54	11.		1:10:16,65	210.	1:09:39,03
157	Ian	Baker	Male	104.	Male 55-59	6.		1:10:27,13	211.	1:09:21,78
42	David	Peel	Male	105.	Male 35-39	22.		1:10:50,74	212.	1:10:09,87
41	Hannah	Roberts	Female	108.	Female 21-34	30.		1:10:53,22	213.	1:10:12,47
112	Sharon	Richards	Female	109.	Female 55-59	6.		1:10:55,50	214.	1:09:25,03
111	Lisa	Hampson	Female	110.	Female 45-49	20.		1:10:56,82	215.	1:09:25,55
114	Sharon	Quinn	Female	111.	Female 45-49	21.	Kirkby Milers Athletics Club	1:11:02,55	216.	1:10:11,15
169	Bruce	Fraser	Male	106.	Male 45-49	15.		1:11:10,10	217.	1:10:26,50
165	Elen	Sanpher	Female	112.	Female 21-34	31.		1:11:17,94	218.	1:10:41,82
43	Ridda	Ali	Female	113.	Female 21-34	32.		1:11:33,40	219.	1:10:14,27
278	Lydia	Sutcliffe	Female	114.	Female 21-34	33.		1:12:00,95	220.	1:11:43,04
187	Imogen	Groves	Female	115.	Female 50-54	12.		1:12:01,19	221.	1:10:39,28
270	Laura	Campbell	Female	116.	Female 21-34	34.		1:12:11,21	222.	1:10:53,76
196	Christopher	Rettie	Male	107.	Male 21-34	18.		1:12:11,33	223.	1:10:53,35
62	Katie	Rowlands	Female	117.	Female 21-34	35.		1:12:29,37	224.	1:11:49,41
23	Shirley	Thomas	Female	118.	Female 50-54	13.	Shropshire Shufflers	1:12:44,19	225.	1:11:52,58
108	Ruth	Griffiths	Female	119.	Female 35-39	22.		1:12:51,83	226.	1:12:43,73
101	Katharine	Watson	Female	120.	Female 21-34	36.		1:13:33,53	227.	1:12:47,08
119	Jonathan	Henson	Male	108.	Male 50-54	13.		1:13:43,81	228.	1:12:12,07
118	Kelly	Henson	Female	121.	Female 40-44	15.		1:13:43,96	229.	1:12:12,31
241	Mandy	Sutton	Female	122.	Female 55-59	7.		1:14:05,11	230.	1:13:10,01
53	Kerry	Jewell	Female	123.	Female 55-59	8.		1:14:23,99	231.	1:13:25,32
245	Hannah	Dowell	Female	124.	Female 21-34	37.		1:14:37,49	232.	1:14:01,42
68	Sophie	Collier	Female	125.	Female 21-34	38.		1:15:12,13	233.	1:14:06,75
156	Gwenda	Baker	Female	126.	Female 55-59	9.		1:15:24,80	234.	1:14:20,07
145	Aoife	Healy	Female	127.	Female 12-20	5.		1:15:30,71	235.	1:15:06,25
59	Esther	Bentley	Female	128.	Female 45-49	22.		1:15:33,00	236.	1:14:59,71
292	Helen	Roberts	Female	129.	Female 45-49	23.	Cybi Striders	1:15:36,28	237.	1:14:33,25
319	Stephen	Coe	Male	109.	Male 21-34	19.		1:15:49,10	238.	1:15:20,43
317	Joseph	Fearn	Male	110.	Male 40-44	16.		1:18:00,64	239.	1:17:33,79
210	Amanda	Griffiths	Female	130.	Female 21-34	39.		1:18:03,55	240.	1:16:39,13
149	Mark	Woods	Male	111.	Male 40-44	17.		1:19:14,66	241.	1:18:32,24
32	Anita	Davies	Female	131.	Female 40-44	16.		1:21:04,71	242.	1:19:47,71
33	Dewi	Jones	Male	112.	Male 35-39	23.		1:21:04,91	243.	1:19:47,64
423	Carol	Whitworth	Female	132.	Female 55-59	10.	Sowerby Bridge Snails	1:21:53,83	244.	1:21:40,94
236	Catherine	Thornton	Female	133.	Female 40-44	17.		1:36:27,27	245.	1:35:03,92
262	Margaret	Hughes	Female	134.	Female 70-74	2.		1:38:13,91	246.	1:38:01,45
35	Natalie	Williams	Female	135.	Female 35-39	23.		3:34:12,90	247.	
176	Barry	Haines	Male	113.	Male 55-59	7.		3:34:18,43	248.	

Number of records: 248