

2010 Conwy Half Marathon
Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
540	Christopher	Hollinshead	M	1	M40+	1	01:14:24	1	01:14:24	1	STAFFORD HARRIERS
960	David	Lockett	M	2	M40+	2	01:15:48	2	01:15:47	2	SALFORD HARRIERS & AC
969	Ian	Lawton	M	3	MSEN	1	01:17:18	3	01:17:17	3	LIVERPOOL HARRIERS
928	David	Hudson	M	4	M35+	1	01:17:37	4	01:17:36	4	SALFORD HARRIERS & AC
935	Phil	West	M	5	M35+	2	01:18:59	5	01:18:58	5	SALFORD HARRIERS & AC
789	Christian	Prior	M	6	MSEN	2	01:19:08	6	01:19:08	6	CHESTER TRI CLUB
825	Alvin	Cooney	M	7	M35+	3	01:21:54	7	01:21:49	7	MERSEY TRI
580	Ben	Carrington	M	8	MSEN	3	01:22:06	8	01:22:05	8	
730	Steven	Thomas	M	9	M40+	3	01:22:27	9	01:22:27	9	DEESTRIDERS RUNNING CLUB
457	Charles	Foster	M	10	M35+	4	01:22:38	10	01:22:37	11	SALFORD HARRIERS & AC
959	Walter	Staiano	M	11	MSEN	4	01:22:39	11	01:22:35	10	
437	Kelvin	Amos	M	12	M50+	1	01:22:53	12	01:22:51	12	STAFFORDSHIRE MOORLANDS AC
51	Martin	Green	M	13	M35+	5	01:23:15	13	01:23:14	13	NORTH WALES ROAD RUNNING CLUB
711	Lewis	Calvert	M	14	MSEN	5	01:23:24	14	01:23:22	14	SALFORD HARRIERS & AC
1082	Arwel	Lewis	M	15	M50+	2	01:23:34	15	01:23:34	15	ERYRI HARRIERS
642	Claire	Walton	F	1	FSEN	1	01:23:46	16	01:23:39	16	WALLASEY ATHLETICS CLUB
115	Robert	Chadwick	M	16	MSEN	6	01:24:14	17	01:24:13	17	
88	Robert	Jones	M	17	MSEN	7	01:24:48	18	01:24:37	18	WREXHAM AAC
238	Keith	Scovell	M	18	M45+	1	01:24:57	19	01:24:54	19	ARROWE PARK AMBLERS
187	Matthew	Stott	M	19	MSEN	8	01:25:41	20	01:25:31	20	
554	Adrian	Williams	M	20	M40+	4	01:26:20	21	01:26:13	21	ERYRI HARRIERS
451	Sean	Cordell	M	21	M40+	5	01:26:35	22	01:26:31	22	SALFORD HARRIERS & AC
589	Robert	Burke	M	22	M45+	2	01:26:40	23	01:26:38	23	LIVERPOOL RUNNING CLUB
1061	James	Bell	M	23	MSEN	9	01:26:42	24	01:26:40	24	
637	Martin	Witty	M	24	M40+	6	01:26:52	25	01:26:46	25	DEESTRIDERS RUNNING CLUB
1174	Angus	Mackay	M	25	MU25	1	01:26:58	26	01:26:57	27	BANGOR UNIVERSITY AC
207	Paul	Ballinger	M	26	M50+	3	01:27:04	27	01:26:54	26	DENBIGH HARRIERS
1041	Vincent	Edwards	M	27	M35+	6	01:27:14	28	01:27:08	28	
1036	Peter	Davies	M	28	MU25	2	01:27:23	29	01:27:22	30	BANGOR UNIVERSITY AC
919	Luke	Parker	M	29	MU25	3	01:27:43	30	01:27:11	29	PENNY LANE STRIDERS
799	Rhian	Roxburgh	F	2	F35+	1	01:27:44	31	01:27:37	31	
510	Simon	Quick	M	30	MSEN	10	01:27:45	32	01:27:40	32	
174	Michael	Burns	M	31	M40+	7	01:27:48	33	01:27:44	33	ELLESMERE PORT
726	Jenny	Brierley	F	3	FU25	1	01:28:01	34	01:28:00	34	BANGOR UNIVERSITY AC
57	David	Nalder	M	32	M55+	1	01:28:05	35	01:28:02	35	ELLESMERE PORT
1004	Stephen	Harrison	M	33	M35+	7	01:28:27	36	01:28:14	36	FETCH EVERYONE RUNNING CLUB
1006	Steve	Broadfoot	M	34	M45+	3	01:28:30	37	01:28:28	37	NORTHERN VETERANS AC
304	Ellie	Sutcliffe	F	4	FSEN	2	01:28:38	38	01:28:32	38	
183	Scott	Butterworth	M	35	M40+	8	01:28:46	39	01:28:39	39	ERYRI HARRIERS
940	Andy	Fryer	M	36	M45+	4	01:28:51	40	01:28:44	40	
1100	Steven	Evans	M	37	M45+	5	01:29:06	41	01:29:00	41	SCUNTHORPE DUATHLON CLUB
519	Russell	Williams	M	38	M45+	6	01:29:08	42	01:29:03	42	CHEADLE RC
54	Mark	Davies	M	39	M35+	8	01:29:10	43	01:29:06	45	
855	Joe	Tillett	M	40	MSEN	11	01:29:17	44	01:29:05	43	
504	Sean	Walker	M	41	M35+	9	01:29:17	45	01:29:05	44	
1175	Gary	House	M	42	MSEN	12	01:29:27	46	01:29:17	46	
539	Liz	Mahon	F	5	FSEN	3	01:29:43	47	01:29:38	47	
101	Paul	Williams	M	43	M40+	9	01:29:46	48	01:29:42	48	SHROPSHIRE SHUFFLERS
509	Mark	Humphreys	M	44	M45+	7	01:29:56	49	01:29:51	49	CHESTER TRI CLUB
1105	Wezley	Oakley	M	45	MSEN	13	01:30:16	50	01:30:15	51	
803	Jean-Sebastien	Fortune	M	46	MSEN	14	01:30:38	51	01:29:57	50	
577	Gwyn	Roberts	M	47	M40+	10	01:30:38	52	01:30:36	54	
1057	Andrea	Rowlands	F	6	F35+	2	01:30:39	53	01:30:31	52	ERYRI HARRIERS
936	Anthony	Jones	M	48	MU25	4	01:30:42	54	01:30:33	53	
317	Neil	Plested	M	49	M50+	4	01:30:46	55	01:30:42	56	VILLAGE ROAD RUNNERS
702	Ronald	Warrender	M	50	M50+	5	01:31:05	56	01:31:04	57	SALFORD HARRIERS & AC
1135	David	Gilbert	M	51	M45+	8	01:31:15	57	01:30:41	55	
430	Stephen	Norbury	M	52	MSEN	15	01:31:19	58	01:31:12	58	
875	Mark	Flanagan	M	53	M45+	9	01:31:20	59	01:31:17	59	SUNLIGHT RUNNERS
1020	Stephen	Bellis	M	54	M55+	2	01:31:36	60	01:31:32	64	BUCKLEY RUNNERS
1142	Catherine	Hewitt	F	7	F45+	1	01:31:39	61	01:31:31	61	WREXHAM
1015	Jeff	Gifford	M	55	M45+	10	01:31:43	62	01:31:31	60	EREWASH RUNNING CLUB
701	Frank	Murray	M	56	M60+	1	01:31:44	63	01:31:41	67	SALFORD HARRIERS & AC
636	Tom	Eagle	M	57	MSEN	16	01:31:45	64	01:31:32	63	CHESTER TRI CLUB
1049	Phillippa	Morris	F	8	FSEN	4	01:31:50	65	01:31:46	68	
465	Patrik	Corrigan	M	58	M45+	11	01:31:55	66	01:31:49	69	BIRKENHEAD A.C.
1149	Andrew	Birch	M	59	M40+	11	01:32:01	67	01:31:32	62	TRISMART
247	Michael	Thelwell	M	60	M35+	10	01:32:05	68	01:31:57	71	
834	Mark	Clair	M	61	MSEN	17	01:32:09	69	01:31:38	65	LIVERPOOL
1064	Carl	Mountain	M	62	MSEN	18	01:32:13	70	01:32:01	72	LIVERPOOL RUNNING CLUB
1178	Irfon	Rowlands	M	63	M40+	12	01:32:19	71	01:32:15	74	CYBI STRIDERS
148	Fred	Maier	M	64	MU25	5	01:32:22	72	01:32:20	76	BANGOR UNIVERSITY AC
927	Paul	Jones	M	65	M35+	11	01:32:30	73	01:32:23	78	ERYRI HARRIERS
563	Daniel	Bucknole	M	66	MSEN	19	01:32:39	74	01:32:21	77	
1044	Andrew	Berry	M	67	M35+	12	01:32:40	75	01:31:51	70	
544	Lee	Mahon	M	68	MSEN	20	01:32:42	76	01:32:34	81	
871	Steve	Coleman	M	69	M45+	12	01:32:44	77	01:32:33	80	ASTLEY & TYLDSLEY ROAD RUNNERS
221	Philip	Payne	M	70	MSEN	21	01:32:48	78	01:32:32	79	
925	Stephen	Askey	M	71	M50+	6	01:32:54	79	01:32:18	75	NEWCASTLE (STAFFS) A.C.
774	Spencer	Davies	M	72	M40+	13	01:32:55	80	01:32:51	82	TELFORD ATHLETIC CLUB
753	Mark	Mayers	M	73	M40+	14	01:33:06	81	01:31:40	66	ABERGELE HARRIERS
310	Mark	Whitehead	M	74	M35+	13	01:33:14	82	01:32:05	73	
1108	Mark	Sullivan	M	75	MU25	6	01:33:23	83	01:33:05	83	PENNY LANE STRIDERS
231	Laura	Mountjoy	F	9	FU25	2	01:33:29	84	01:33:22	84	BLACKPOOL AND FYLDE
1138	Paul	Nyland	M	76	M40+	15	01:33:30	85	01:33:25	86	
889	Thomas	Beakes	M	77	MSEN	22	01:33:44	86	01:33:35	88	
759	Andrew	Nunney	M	78	MSEN	23	01:33:51	87	01:33:44	90	ROYAL NAVY

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613	Katherine	Brougham	F	10	FSEN	5	01:33:55	88	01:33:31	87	
1161	Robert	Chambers	M	79	MSEN	24	01:33:56	89	01:33:24	85	TATTENHALL RUNNERS
4	Derek	Lodge	M	80	M45+	13	01:34:01	90	01:33:59	96	LANCASHIRE POLICE RUNNING TEAM
511	Jonathan	Williams	M	81	M40+	16	01:34:05	91	01:33:48	91	WRECSAM TRI
484	Gavin	Roche	M	82	M35+	14	01:34:06	92	01:33:39	89	
710	Andrew	Roberts	M	83	M45+	14	01:34:09	93	01:33:55	94	
43	Andy	Yates	M	84	M45+	15	01:34:09	94	01:33:51	92	
433	Joanne	Henderson	F	11	FSEN	6	01:34:16	95	01:33:55	93	
1166	Adrian	Church	M	85	M35+	15	01:34:17	96	01:33:58	95	
314	Tom	Temple	M	86	M55+	3	01:34:22	97	01:34:21	98	SALFORD HARRIERS & AC
870	Andy	Seal	M	87	M45+	16	01:34:28	98	01:34:09	97	TELFORD HARRIERS
490	David	Williams	M	88	M35+	16	01:34:53	99	01:34:30	99	
140	Andy	Jones	M	89	M35+	17	01:35:00	100	01:34:54	101	NORTH WALES ROAD RUNNING CLUB
487	Duncan	Cowie	M	90	M45+	17	01:35:00	101	01:34:40	100	SINFIN RUNNING CLUB
488	Mathew	Radbourne	M	91	M35+	18	01:35:15	102	01:34:54	103	SINFIN RUNNING CLUB
665	James	Spray	M	92	MSEN	25	01:35:15	103	01:34:54	102	SINFIN RUNNING CLUB
978	Peter	Fraser	M	93	MSEN	26	01:35:45	104	01:35:26	106	WIRRAL AC
569	Ken	Bloor	M	94	M50+	7	01:35:48	105	01:35:26	105	TRENTAM RUNNING CLUB
493	Darren	Dentith	M	95	MSEN	27	01:35:49	106	01:35:36	109	
327	Paul	Swift	M	96	MSEN	28	01:35:56	107	01:35:45	110	
335	Steve	Jones	M	97	M40+	17	01:35:57	108	01:35:27	107	BIDDULPH RUNNING CLUB
360	Andrew	Baker	M	98	MSEN	29	01:35:58	109	01:35:49	112	
306	Steven	Roberts	M	99	M45+	18	01:36:09	110	01:35:18	104	
74	Vincent	Murphy	M	100	M60+	2	01:36:10	111	01:36:07	118	SALFORD HARRIERS & AC
302	Steve	Smith	M	101	M40+	18	01:36:11	112	01:35:32	108	
1066	Vicky	Williams	F	12	FSEN	7	01:36:12	113	01:35:51	113	LIVERPOOL RUNNING CLUB
1132	Helen	Macarthur	F	13	F40+	1	01:36:13	114	01:36:07	117	COLWYN BAY ATHLETICS
355	Martin	Kelly	M	102	M35+	19	01:36:17	115	01:36:06	116	VILLAGE ROAD RUNNERS
1134	Dyfed	Thomas	M	103	M35+	20	01:36:30	116	01:36:01	114	
688	Lee	Lumb	M	104	MSEN	30	01:36:31	117	01:36:22	122	
956	Daniel	Cottle	F	14	FSEN	8	01:36:31	118	01:35:48	111	
846	Mark	Jones	M	105	M40+	19	01:36:31	119	01:36:22	123	
804	Emma	Colins	F	15	F45+	2	01:36:34	120	01:36:09	120	DENBIGH HARRIERS
869	Kevin	Clark	M	106	M40+	20	01:36:40	121	01:36:30	125	
674	David	Leaver	M	107	M45+	19	01:36:45	122	01:36:35	127	
876	Iwan	Evans	M	108	MSEN	31	01:36:51	123	01:36:09	119	
952	Keith	Andrews	M	109	M45+	20	01:36:56	124	01:36:36	128	LIVERPOOL RUNNING CLUB
900	Dafydd	Bryden	M	110	MSEN	32	01:37:02	125	01:36:21	121	
718	Huw	Owen	M	111	MSEN	33	01:37:02	126	01:36:31	126	
170	Brian	Lowndes	M	112	M60+	3	01:37:05	127	01:37:03	132	MALTBY RUNNING CLUB
144	Kevin	Slattery	M	113	M55+	4	01:37:08	128	01:36:23	124	
943	John	Richards	M	114	MSEN	34	01:37:12	129	01:37:05	135	STOCKPORT HARRIERS
91	Wayne	Brassington	M	115	MSEN	35	01:37:12	130	01:37:04	134	
532	Tom	Williams	M	116	MSEN	36	01:37:15	131	01:37:11	137	WRECSAM TRI
1062	Marc	Potter	M	117	MSEN	37	01:37:18	132	01:36:43	129	RIVERSWAY ROADRUNNERS
851	Mark	Hughes	M	118	M40+	21	01:37:23	133	01:36:48	130	CHESTER TRI CLUB
579	Jamie	Pugh	M	119	MU25	7	01:37:24	134	01:36:05	115	
1123	Ellen	Darroch	F	16	F45+	3	01:37:25	135	01:37:21	140	
883	Kevin	Phillips	M	120	M35+	21	01:37:29	136	01:37:11	138	
607	Shaun	Chillingworth	M	121	M35+	22	01:37:29	137	01:36:51	131	ROYAL AIR FORCE
326	Ian	Williams	M	122	M45+	21	01:37:37	138	01:37:04	133	MOSSLEY HILL ATHLETIC
1141	Lisa	Grantham	F	17	F35+	3	01:37:38	139	01:37:16	139	WIRRAL AC
369	Roy	Butterworth	M	123	M40+	22	01:37:44	140	01:37:25	142	ROTHERHAM HARRIERS
917	Richard	Hinds	M	124	M35+	23	01:37:47	141	01:37:24	141	
1130	Debbie	Holl	F	18	FSEN	9	01:37:47	142	01:37:33	143	
404	Gary	Gates	M	125	M40+	23	01:37:54	143	01:37:34	145	
614	Paul	Brougham	M	126	M50+	8	01:38:04	144	01:37:40	146	
1024	Paul	Harrison	M	127	M35+	24	01:38:04	145	01:37:05	136	
877	Michael	Rothery	M	128	M55+	5	01:38:08	146	01:38:06	151	CYBI STRIDERS
1114	Gwynedd	Jones	M	129	M35+	25	01:38:10	147	01:37:33	144	
345	Kevin	Shufflebottom	M	130	M45+	22	01:38:10	148	01:37:45	147	BIDDULPH RUNNING CLUB
791	Andrew	Goode	M	131	M35+	26	01:38:28	149	01:37:49	148	
182	Dawn	Nunes	F	19	FSEN	10	01:38:30	150	01:38:16	154	WEST CHESHIRE AC
615	David	Tait	M	132	MSEN	38	01:38:34	151	01:37:56	149	
1029	Gareth	Williams	M	133	M40+	24	01:38:35	152	01:38:05	150	
346	Rudolf	Hoyler	M	134	M50+	9	01:38:36	153	01:38:11	152	RUN4FUN BÜBINGEN
971	Steve	Crawley	M	135	M45+	23	01:38:37	154	01:38:15	153	SINFIN RUNNING CLUB
757	Karl	Morris	M	136	MSEN	39	01:38:38	155	01:38:29	157	
69	Matthew	Pearson	M	137	MU25	8	01:38:44	156	01:38:23	155	
153	David	Wilkinson	M	138	M35+	27	01:38:44	157	01:38:30	158	
663	Simon	Hilton	M	139	M40+	25	01:38:49	158	01:38:44	162	STOCKPORT HARRIERS
195	Paul	Brownbill	M	140	M55+	6	01:38:59	159	01:38:30	159	SOUTH CHESHIRE HARRIERS
821	Robert	Dixon	M	141	M45+	24	01:39:04	160	01:38:25	156	CARLISLE TRI CLUB
648	Paul	Sadler	M	142	MSEN	40	01:39:18	161	01:38:34	161	CLOWNE ROADRUNNERS
1160	Neil	Bailey	M	143	M40+	26	01:39:19	162	01:39:00	164	MERCIA FELL RUNNERS
190	David	Mcgrath	M	144	M55+	7	01:39:33	163	01:38:58	163	SOUTH CHESHIRE HARRIERS
708	Anthony	Howe	M	145	MSEN	41	01:39:38	164	01:38:33	160	ABERGELE HARRIERS
881	Anna	Lewis	F	20	FSEN	11	01:39:42	165	01:39:11	166	PRESTATYN RUNNING CLUB
503	Richard	Upton	M	146	M50+	10	01:39:44	166	01:39:38	171	
735	Jenny	West	F	21	FSEN	12	01:39:52	167	01:39:24	167	VILLAGE ROAD RUNNERS
736	Gary	Goodall	M	147	M35+	28	01:39:52	168	01:39:04	165	VILLAGE ROAD RUNNERS
288	Chris	Pragnell	M	148	MSEN	42	01:39:54	169	01:39:28	170	
1043	Richard	Ralley	M	149	M40+	27	01:39:55	170	01:39:50	175	
807	Kevin	Curtis	M	150	M50+	11	01:39:55	171	01:39:42	172	
756	Glenn	Parry-Jones	M	151	M40+	28	01:40:00	172	01:39:51	176	
1056	Ian	Mullin	M	152	MSEN	43	01:40:02	173	01:39:24	168	
970	Jonathan	Phillips	M	153	M45+	25	01:40:03	174	01:39:52	177	
124	Ken	Chapman	M	154	M60+	4	01:40:11	175	01:40:09	183	KIMBERWORTH STRIDERS
1035	Matthew	Shannon	M	155	MSEN	44	01:40:14	176	01:40:06	181	
1009	Trefor	Hughes-Morris	M	156	M45+	26	01:40:21	177	01:39:44	174	

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895	Richard	Dawson	M	157	MU25	9	01:40:22	178	01:39:56	179	
71	Bill	Cork	M	158	M45+	27	01:40:27	179	01:39:27	169	OSWESTRY OLYMPIANS
961	John	Suckley	M	159	M50+	12	01:40:28	180	01:40:07	182	
921	Andy	Von Hirschberg	M	160	MSEN	45	01:40:44	181	01:40:06	180	
408	Anthony	Harper	M	161	M50+	13	01:40:45	182	01:40:12	184	
993	Rory	Winterburn	M	162	MSEN	46	01:40:48	183	01:40:12	185	
62	Gareth	Ellis	M	163	M35+	29	01:40:51	184	01:40:44	188	MENAI TRACK AND FIELD
619	Sallie	Holt	F	22	FSEN	13	01:40:53	185	01:39:42	173	WALLASEY ATHLETICS CLUB
1063	Sean	Britton	M	164	MU25	10	01:40:55	186	01:40:53	190	
17	Peitr	Cutler	M	165	MSEN	47	01:40:57	187	01:40:54	191	
631	Jane	Eardley	F	23	FSEN	14	01:41:00	188	01:40:32	187	PENNY LANE STRIDERS
592	Mark	Stanbridge	M	166	M40+	29	01:41:09	189	01:41:00	193	
526	William	Price	M	167	MSEN	48	01:41:23	190	01:39:54	178	DENBIGH HARRIERS
337	Robert	Mayers	M	168	M45+	28	01:41:24	191	01:41:09	194	SOUTH CHESHIRE HARRIERS
820	Richard	Forshaw	M	169	MU25	11	01:41:31	192	01:41:19	198	
104	David	Thomas	M	170	M45+	29	01:41:36	193	01:40:51	189	
66	Phil	James	M	171	M50+	14	01:41:36	194	01:41:16	196	OSWESTRY OLYMPIANS
1125	David	Roberts	M	172	M45+	30	01:41:40	195	01:41:21	199	ELLESMERE PORT
1053	Barry	Griffith	M	173	M40+	30	01:41:42	196	01:41:17	197	
188	Janelle	Lowe	F	24	FSEN	15	01:41:43	197	01:41:24	200	
1137	Michael	Owen	M	174	MSEN	49	01:41:46	198	01:40:25	186	DENBIGH HARRIERS
1116	Robert	Neale	M	175	M55+	8	01:41:46	199	01:41:29	203	DENBIGH HARRIERS
1112	Richard	Okeefe	M	176	M35+	30	01:41:52	200	01:41:29	204	
828	Amanda	Davies	F	25	FSEN	16	01:41:58	201	01:41:25	201	TATTENHALL RUNNERS
941	Libby	Colinson	F	26	F55+	1	01:41:59	202	01:41:33	206	SHROPSHIRE SHUFFLERS
176	Dave	Toft	M	177	M40+	31	01:42:02	203	01:41:59	210	
645	Natalie	Cooper	F	27	FSEN	17	01:42:09	204	01:41:41	207	PENNY LANE STRIDERS
865	Lee	Geist	M	178	M35+	31	01:42:12	205	01:41:15	195	SPECTRUM STRIDERS
68	Arwel	Evans	M	179	MSEN	50	01:42:15	206	01:40:55	192	
683	Charles	Larsson	M	180	M40+	32	01:42:17	207	01:41:41	208	NEWCASTLE STAFFS AC
405	Roland	Bowness	M	181	M60+	5	01:42:24	208	01:42:22	218	SALFORD HARRIERS & AC
781	Del	Williams	F	28	F40+	2	01:42:33	209	01:42:24	219	CYBI STRIDERS
1115	Michael	Gashe	M	182	M40+	33	01:42:38	210	01:42:00	211	
1110	Tracey	Evans	F	29	F35+	4	01:42:38	211	01:42:00	213	
1155	Gary	Owen	M	183	M40+	34	01:42:38	212	01:42:30	220	MICHELIN AC
303	Darren	Bennett	M	184	M40+	35	01:42:39	213	01:42:31	221	MICHELIN AC
61	Paul	Stinton	M	185	M35+	32	01:42:40	214	01:42:22	217	BUCKLEY RUNNERS
442	Stephen	Loftus	M	186	M45+	31	01:42:41	215	01:41:31	205	
933	Ian	Hewitt	M	187	MSEN	51	01:42:45	216	01:42:13	215	LIVERPOOL RUNNING CLUB
817	Andrew	Dasey	M	188	MSEN	52	01:42:50	217	01:42:07	214	NEWCASTLE (STAFFS) AC
904	Peter	Tinsley	M	189	M40+	36	01:42:52	218	01:42:15	216	SOUTHPORT WATERLOO AC
475	Andrew	Boyce	M	190	MSEN	53	01:42:53	219	01:42:00	212	
505	Joyce	Atherden	F	30	F50+	1	01:42:53	220	01:42:38	223	
1026	Julien	Magniez	M	191	MSEN	54	01:42:54	221	01:41:27	202	
913	Rob	Fletcher	M	192	M35+	33	01:42:55	222	01:41:57	209	MERSEY TRI
1168	Alan	Redfern	M	193	M35+	34	01:42:59	223	01:42:32	222	
826	Stuart	Fearnis	M	194	M50+	15	01:43:00	224	01:42:58	229	
815	Simon	Greene	M	195	M55+	9	01:43:03	225	01:42:51	224	NORTHERN VETERANS AC
562	Jacek	Ogrodniczek	M	196	MSEN	55	01:43:22	226	01:43:13	235	
35	Nicholas	Shah	M	197	M45+	32	01:43:26	227	01:43:08	232	VIVID
705	Dennis	Moran	M	198	M60+	6	01:43:33	228	01:43:31	238	SALFORD HARRIERS & AC
866	Sharron	Richardson	F	31	F35+	5	01:43:35	229	01:43:09	233	SHROPSHIRE SHUFFLERS
733	Jac	Hughes	M	199	MU25	12	01:43:36	230	01:42:56	227	
528	Louise	Kerfoot-Robson	F	32	F40+	3	01:43:40	231	01:43:08	231	
689	Wayne	Holland	M	200	M35+	35	01:43:42	232	01:42:53	226	
180	Neil	Mcintyre	M	201	M45+	33	01:43:52	233	01:43:12	234	WEST CHESHIRE AC
813	Christina	Mckay	F	33	FSEN	18	01:43:55	234	01:43:15	236	
1014	Richard	Scamans	M	202	M35+	36	01:43:55	235	01:43:38	243	NORTH WALES ROAD RUNNING CLUB
129	Menna	Jones	F	34	F40+	4	01:44:00	236	01:43:25	237	CYBI STRIDERS
785	Richard	Brennand	M	203	MSEN	56	01:44:05	237	01:43:06	230	
914	Colin	Howley	M	204	MSEN	57	01:44:11	238	01:42:56	228	
679	Mark	Angel	M	205	M35+	37	01:44:12	239	01:42:52	225	
1067	Rob	Owen	M	206	MSEN	58	01:44:15	240	01:44:02	247	
97	Lee	Pownall	M	207	M40+	37	01:44:16	241	01:43:48	245	NORTH WALES ROAD RUNNING CLUB
604	Craig	Petrie	M	208	MSEN	59	01:44:21	242	01:44:10	253	
244	Dhylan	Hyland	M	209	M35+	38	01:44:23	243	01:43:33	240	
245	Ian	Hyland	M	210	MSEN	60	01:44:23	244	01:43:33	241	
239	Mike	Dilworth	M	211	M55+	10	01:44:24	245	01:43:31	239	
5	Andrew	Marson	M	212	M40+	38	01:44:25	246	01:44:12	254	
237	Debbie	Kirkman	F	35	F40+	5	01:44:25	247	01:44:04	248	RED ROSE ROAD RUNNERS
630	Emma	Lucy	F	36	FSEN	19	01:44:32	248	01:44:04	249	PENNY LANE STRIDERS
898	Michael	Letwenjuk	M	213	M45+	34	01:44:37	249	01:43:46	244	RED ROSE ROAD RUNNERS
251	Graham	Shawcroft	M	214	M55+	11	01:44:40	250	01:44:10	252	CLOWNE ROADRUNNERS
281	Brian	Poole	M	215	M55+	12	01:44:42	251	01:44:09	251	LIVERPOOL RUNNING CLUB
1077	Karl	Stanyer	M	216	MSEN	61	01:44:44	252	01:43:34	242	
692	Stephen	Hatfield	M	217	M60+	7	01:44:45	253	01:44:07	250	PRESTATYN RUNNING CLUB
134	Sean	Toms	M	218	M45+	35	01:44:45	254	01:44:24	258	
715	Michael	Hunter	M	219	M50+	16	01:44:50	255	01:44:33	261	
422	David	Madders	M	220	M35+	39	01:44:54	256	01:44:53	266	HELSEBY RUNNING CLUB
205	Alec	Robertson	M	221	M60+	8	01:44:54	257	01:44:01	246	HELSEBY RUNNING CLUB
758	Nathan	Jones	M	222	MSEN	62	01:45:04	258	01:44:55	267	BOURNVILLE HARRIERS
1012	Ian	Senior	M	223	M45+	36	01:45:08	259	01:44:17	255	
874	Carl	Dimmock	M	224	M45+	37	01:45:15	260	01:44:41	263	
612	Steve	Mee	M	225	M35+	40	01:45:16	261	01:44:18	256	
81	Ellen	Ashton	F	37	F40+	6	01:45:20	262	01:44:20	257	OSWESTRY OLYMPIANS
656	David	Munro	M	226	MSEN	63	01:45:22	263	01:45:10	275	SALFORD HARRIERS & AC
653	Stephen	Jones	M	227	M50+	17	01:45:22	264	01:45:09	273	SALFORD HARRIERS & AC
893	Sally	Bradshaw	F	38	FSEN	20	01:45:27	265	01:44:55	268	
173	Alison	Macdonald	F	39	F40+	7	01:45:28	266	01:45:10	274	ELLESMERE PORT
395	Dave	Ellis	M	228	MSEN	64	01:45:28	267	01:44:29	260	

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
1118	Ioan	Roberts	M	229	MSEN	65	01:45:33	268	01:44:59	269	
368	Calum	Pallister	M	230	M35+	41	01:45:38	269	01:44:28	259	
486	Gavin	Reeves	M	231	M35+	42	01:45:39	270	01:44:41	264	
942	Naomi	Fowlis	F	40	F45+	4	01:45:39	271	01:45:11	276	PENNY LANE STRIDERS
594	David	Gardner	M	232	M70+	1	01:45:48	272	01:45:29	281	NORTH WALES ROAD RUNNING CLUB
565	Tom	Daniels	M	233	M60+	9	01:45:51	273	01:45:49	284	SALFORD HARRIERS & AC
1144	Gary	Johnstone	M	234	M45+	38	01:45:54	274	01:45:22	279	PENSBY RUNNERS
125	Barbara	Rusling	F	41	F50+	2	01:45:56	275	01:45:25	280	MALTBY RUNNING CLUB
1000	Nick	Roberts	M	235	M40+	39	01:45:58	276	01:45:21	278	
416	Marc	Taylor	M	236	MSEN	66	01:45:58	277	01:45:03	272	
250	Roy	Marsden	M	237	M50+	18	01:46:02	278	01:45:02	271	
946	Dwynwen	Lewis	F	42	FU25	3	01:46:05	279	01:46:02	288	
161	John	Wood	M	238	M50+	19	01:46:06	280	01:45:41	283	MICHELIN AC
739	Richard	Shea	M	239	MU25	13	01:46:11	281	01:44:39	262	
879	David	Edwards	M	240	M50+	20	01:46:18	282	01:44:52	265	ABERGELE HARRIERS
918	David	Jakulis	M	241	MSEN	67	01:46:25	283	01:46:14	295	RUGBY AND NORTHAMPTON ATHLETIC
766	Philip	Taylor	M	242	M40+	40	01:46:25	284	01:46:05	290	DEESTRIDERS RUNNING CLUB
515	Howard	Williams	M	243	M45+	39	01:46:27	285	01:45:35	282	
632	Marc	Wharmby	M	244	MSEN	68	01:46:29	286	01:45:56	286	PENNY LANE STRIDERS
945	Peter	Watson	M	245	MU25	14	01:46:30	287	01:46:03	289	
333	Russell	Williams	M	246	M35+	43	01:46:30	288	01:45:02	270	
868	Lynne	Onions	F	43	F45+	5	01:46:31	289	01:46:05	291	
1073	Mick	Holt	M	247	M35+	44	01:46:31	290	01:45:19	277	WALLASEY ATHLETICS CLUB
902	Kimberley	Wilson	F	44	FSEN	21	01:46:36	291	01:46:15	297	LIVERPOOL
256	Tony	Redfern	M	248	M45+	40	01:46:42	292	01:46:12	293	MALTBY RUNNING CLUB
684	David	Butler	M	249	M45+	41	01:46:45	293	01:46:20	298	
778	Jonathan	Fisher	M	250	MSEN	69	01:46:47	294	01:46:14	296	LIVERPOOL RUNNING CLUB
859	Phil	Weedon	M	251	M45+	42	01:46:47	295	01:45:57	287	VILLAGE ROAD RUNNERS
1121	Liam	Dobbin	M	252	MSEN	70	01:46:48	296	01:45:52	285	
1146	Sally	Kenny	F	45	F35+	6	01:46:52	297	01:46:32	303	CHEADLE
1065	Ann	Ocallaghan	F	46	F40+	8	01:46:54	298	01:46:33	305	LIVERPOOL RUNNING CLUB
752	Kevin	Sutherland	M	253	M35+	45	01:46:54	299	01:46:30	302	
99	David	Caulfield	M	254	M40+	41	01:47:00	300	01:46:44	308	
257	Steven	Hibbert	M	255	M45+	43	01:47:07	301	01:46:08	292	
127	Merilin	Sikk	M	256	MSEN	71	01:47:09	302	01:46:22	300	
1072	Sandra	Connell	F	47	FSEN	22	01:47:11	303	01:46:14	294	PICTON RUNNING CLUB
142	Alex	James	M	257	MU25	15	01:47:17	304	01:46:56	311	NEWPORT RUNNING CLUB
215	Michaela	Lauder	F	48	FU25	4	01:47:20	305	01:47:10	315	CYBI STRIDERS
472	Robert	Webster	M	258	M50+	21	01:47:27	306	01:46:33	304	TATTENHALL RUNNERS
380	David	Lynan	M	259	M35+	46	01:47:28	307	01:46:21	299	PENNY LANE STRIDERS
1106	Karl	Wilcox	M	260	MSEN	72	01:47:28	308	01:46:43	307	
1113	Simon	Moorhouse	M	261	M50+	22	01:47:28	309	01:46:58	312	BUXTON AC
777	John	Roberts	M	262	M40+	42	01:47:31	310	01:46:54	310	
810	Jon	Moorhouse	M	263	M40+	43	01:47:37	311	01:47:31	324	MERSEY TRI
737	Mark	Reidford	M	264	M40+	44	01:47:38	312	01:47:01	313	
403	Daniel	Lewis	M	265	MSEN	73	01:47:41	313	01:46:28	301	SAN DOMINICANS
72	Lynne	Shepley	F	49	F50+	3	01:47:48	314	01:47:34	326	STONE MASTER MARATHONERS
852	Gareth	Ellis	M	266	M40+	45	01:47:50	315	01:47:23	320	
566	Christopher	Chambers	M	267	M40+	46	01:47:55	316	01:46:49	309	
992	Gareth	Williams	M	268	M50+	23	01:47:59	317	01:46:41	306	
1117	Conor	Roberts	M	269	MU25	16	01:48:02	318	01:47:28	323	
105	John	Walker	M	270	M40+	47	01:48:03	319	01:47:52	333	
375	John	Green	M	271	M45+	44	01:48:04	320	01:47:06	314	WARRINGTON ROADRUNNERS
330	Susannah	Brownhill	F	50	FSEN	23	01:48:05	321	01:47:15	316	
469	Mark	Cooper	M	272	MSEN	74	01:48:06	322	01:47:52	332	
126	Katie	Evans	F	51	FSEN	24	01:48:10	323	01:47:17	318	CHESTER TRI CLUB
106	Geoff	Collins	M	273	M50+	24	01:48:12	324	01:47:36	327	
560	Ste	Hughes	M	274	M40+	48	01:48:16	325	01:47:53	334	
371	John	Mcnally	M	275	M40+	49	01:48:16	326	01:47:21	319	
164	James	Duncaif	M	276	MSEN	75	01:48:20	327	01:48:04	340	
996	Mike	Randall	M	277	M40+	50	01:48:20	328	01:47:24	321	
1052	Steven	Harris	M	278	MSEN	76	01:48:23	329	01:47:36	328	
159	Alan	Mottershead	M	279	M40+	51	01:48:29	330	01:48:21	345	
660	Peter	Staves	F	52	F55+	2	01:48:32	331	01:48:09	342	
347	Daniel	Mcdermott	M	280	M35+	47	01:48:34	332	01:47:37	329	
201	Kristian	Jones	F	53	FSEN	25	01:48:34	333	01:47:17	317	
270	Edvinas	Mozuras	F	54	FU25	5	01:48:36	334	01:47:27	322	
967	Robert	Williams	M	281	M55+	13	01:48:37	335	01:48:13	343	
1083	Nicola	Richards	F	55	F35+	7	01:48:39	336	01:48:20	344	MERCIA FELL RUNNERS
843	Pam	Grant	F	56	F50+	4	01:48:43	337	01:48:00	335	MYSTERUNS OF ABERGELE
847	Jonathan	Worsley	M	282	M40+	52	01:48:49	338	01:47:39	330	
1126	Geoff	Barber	M	283	M55+	14	01:48:53	339	01:48:03	339	CROOK AND DISTRICT
829	Kevin	Smith	M	284	M45+	45	01:48:55	340	01:48:02	337	
585	Robert	Williams	M	285	M50+	25	01:48:55	341	01:48:28	348	
831	David	Lavender	M	286	MSEN	77	01:48:57	342	01:48:02	338	
732	Graham	Yarlett	M	287	M40+	53	01:49:08	343	01:47:32	325	
1154	Jan	Muir	F	57	F45+	6	01:49:08	344	01:49:07	355	
768	John	Ratcliffe	M	288	M40+	54	01:49:09	345	01:48:33	349	CHESTER TRI CLUB
31	David	Allen	M	289	M40+	55	01:49:16	346	01:48:06	341	
985	Mark	Loveday	M	290	M40+	56	01:49:16	347	01:48:26	347	
1088	Katie	Quincey	F	58	FSEN	26	01:49:18	348	01:49:03	354	DEESIDE AAC
664	Matthew	Staff	M	291	MSEN	78	01:49:20	349	01:47:43	331	
955	Neil	Middleton	M	292	M60+	10	01:49:29	350	01:49:09	356	TRENTHAM RUNNING CLUB
655	Sian	Beck	F	59	FSEN	27	01:49:32	351	01:49:00	353	PRESTATYN RUNNING CLUB
965	Sarah	Guinan	F	60	F40+	9	01:49:34	352	01:48:47	350	
386	Aled	Williams	M	293	M40+	57	01:49:38	353	01:48:24	346	
600	Daniel	Williams	M	294	M40+	58	01:49:40	354	01:48:00	336	CRANLEIGHT T&C
118	Craig	Burnhill	M	295	M40+	59	01:49:54	355	01:49:48	364	
241	Graham	Mcvey	M	296	M40+	60	01:49:56	356	01:48:59	352	
520	Francis	Mccombs	M	297	M45+	46	01:50:01	357	01:49:36	360	LIVERPOOL RUNNING CLUB

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
1050	Bill	Stevenson	M	298	M45+	47	01:50:06	358	01:49:41	361	MICHELIN AC
440	Jen	Dickson	F	61	F5EN	28	01:50:09	359	01:49:44	363	
805	Merfyn	Williams	M	299	M45+	48	01:50:12	360	01:48:56	351	ERYRI HARRIERS
29	Clifford	Wigzell	M	300	M35+	48	01:50:22	361	01:49:44	362	
947	Barry	Cottier	M	301	M40+	61	01:50:24	362	01:49:32	359	VILLAGE ROAD RUNNERS
678	Andrew	Kelman	M	302	M35+	49	01:50:29	363	01:49:59	366	
419	Kenneth	Doherty	M	303	M50+	26	01:50:33	364	01:50:16	375	
754	Peter	Hayler	M	304	M55+	15	01:50:36	365	01:50:08	371	ROSSENDALE
48	David	Yelland	M	305	M40+	62	01:50:39	366	01:49:14	357	
398	Leonard	Jackson	M	306	M50+	27	01:50:39	367	01:50:09	373	NORTH WALES ROAD RUNNING CLUB
376	Scott	Brooks	M	307	M45+	49	01:50:45	368	01:49:29	358	
553	Robert	Beamish	M	308	M5EN	79	01:50:52	369	01:50:05	368	
135	John	Proffitt	M	309	M60+	11	01:50:58	370	01:50:51	383	CLOWNE ROADRUNNERS
353	John	Wainwright	M	310	M45+	50	01:51:06	371	01:49:49	365	
890	Lorraine	Jones	F	62	F50+	5	01:51:08	372	01:50:21	376	CYBI STRIDERS
587	Michael	Williams	M	311	M45+	51	01:51:09	373	01:50:57	385	ROCHDALE
253	James	Melling	M	312	M5EN	80	01:51:12	374	01:50:03	367	
1094	Paul	Morton	M	313	M45+	52	01:51:16	375	01:50:39	379	
1003	Karl	Jackson	M	314	M45+	53	01:51:19	376	01:50:31	377	
222	Ben	Roberts	M	315	M5EN	81	01:51:20	377	01:51:03	389	
383	Dave	Lambert	M	316	M5EN	82	01:51:21	378	01:50:06	369	
156	Alan	Bennett	M	317	M50+	28	01:51:21	379	01:51:04	391	
776	Jason	Hart	M	318	M40+	63	01:51:21	380	01:51:06	393	
477	Giles	Jones	M	319	M5EN	83	01:51:22	381	01:50:14	374	
1068	Michael	Parr	M	320	M50+	29	01:51:26	382	01:51:14	397	NEWCASTLE STAFFS AC
109	Andrew	Goodson	M	321	M45+	54	01:51:26	383	01:51:05	392	ABERGELE HARRIERS
1016	Stuart	Whitfield	M	322	M5EN	84	01:51:27	384	01:50:08	372	
1153	Oliver	Bridgman	M	323	M5EN	85	01:51:33	385	01:50:07	370	
856	Nicholas	Von Hirschberg	M	324	M5EN	86	01:51:33	386	01:50:54	384	
461	Colin	Pugh	M	325	M40+	64	01:51:33	387	01:51:01	387	
154	Iolo	Madoc-Jones	M	326	M40+	65	01:51:34	388	01:51:04	390	
783	Hamish	Freeman	M	327	M40+	66	01:51:36	389	01:51:20	399	
738	Catherine	Roberts	F	63	F5EN	29	01:51:42	390	01:51:23	401	
82	Lucy	Gabriel	F	64	F5EN	30	01:51:43	391	01:51:30	405	
994	Lawrence	Jones	M	328	M45+	55	01:51:47	392	01:50:35	378	
298	Jason	Pierce	M	329	M5EN	87	01:51:47	393	01:51:22	400	
400	Alan	Davies	M	330	M50+	30	01:51:49	394	01:50:47	382	NORTH WALES ROAD RUNNING CLUB
533	Hiram	Evans	M	331	M40+	67	01:51:49	395	01:51:45	406	
830	Lee	Carter	M	332	M40+	68	01:51:54	396	01:51:01	388	
658	Alexandra	Lyons	F	65	F5EN	31	01:51:54	397	01:51:23	402	
1055	Andrew	Mcshane	M	333	M45+	56	01:51:56	398	01:51:09	394	
938	Gwion	Llwyd	M	334	M5EN	88	01:52:02	399	01:51:13	396	
203	Jonathan	Pratt	M	335	M5EN	89	01:52:02	400	01:50:44	381	
867	Jenny	Collier	F	66	F5EN	32	01:52:03	401	01:51:24	404	
836	Alison	Meakin	F	67	F55+	3	01:52:13	402	01:51:53	410	HELSEBY RUNNING CLUB
456	Scott	Hodson	M	336	MU25	17	01:52:17	403	01:50:44	380	
30	Jayne	Hall	F	68	F45+	7	01:52:26	404	01:51:24	403	SINFIN RUNNING CLUB
625	David	Davies	M	337	M50+	31	01:52:29	405	01:52:25	421	TELFORD ATHLETIC CLUB
719	Wyn	Roberts-Parry	M	338	M35+	50	01:52:31	406	01:51:01	386	
92	Keith	Kewley	M	339	M45+	57	01:52:32	407	01:51:56	412	
1079	Johnathan	Chambers	M	340	M5EN	90	01:52:32	408	01:52:18	419	SOUTH CHESHIRE HARRIERS
770	Tony	Hill	M	341	M60+	12	01:52:37	409	01:52:01	413	CYBI STRIDERS
117	Richard	O'Brien	M	342	MU25	18	01:52:40	410	01:51:45	407	
6	Ted	Smith	M	343	M45+	58	01:52:41	411	01:52:11	417	
972	Llion	O'Callaghan	F	69	F5EN	33	01:52:42	412	01:51:53	408	
884	Mark	Fieldsend	M	344	M35+	51	01:52:44	413	01:51:17	398	
998	James	Dudley	M	345	MU25	19	01:52:44	414	01:51:10	395	
571	Susanne	Rollaston	F	70	F40+	10	01:52:47	415	01:52:23	420	
888	Matthew	Richardson	M	346	M35+	52	01:52:51	416	01:52:09	416	
628	Deryck	Hutchinson	M	347	M45+	59	01:52:54	417	01:52:49	430	KESWICK AC
45	Tammy	Lee	F	71	F5EN	34	01:52:56	418	01:52:08	415	CHESTER TRI CLUB
639	Roger	Eagle	M	348	M60+	13	01:52:57	419	01:52:44	428	
975	Paula	Roberts	F	72	F5EN	35	01:53:07	420	01:51:55	411	NORTH WALES ROAD RUNNING CLUB
169	Robert	Houghton	M	349	M55+	16	01:53:10	421	01:52:40	424	MALTBY RUNNING CLUB
394	Elizabeth	Lynan	F	73	F5EN	36	01:53:11	422	01:52:04	414	PENNY LANE STRIDERS
908	Keith	Cotton	M	350	M45+	60	01:53:15	423	01:52:59	433	WHITCHURCH WHIPPETS RC
720	David	Owens	M	351	M35+	53	01:53:19	424	01:52:46	429	PENNY LANE STRIDERS
982	Sian	Hall	F	74	F35+	8	01:53:19	425	01:51:53	409	ABERGELE HARRIERS
740	Dave	Reid	M	352	M45+	61	01:53:31	426	01:53:02	435	CHESTER TRI CLUB
864	Gary	Jenkinson	M	353	M40+	69	01:53:33	427	01:52:42	425	VILLAGE ROAD RUNNERS
651	Jill	Lewis	F	75	F45+	8	01:53:36	428	01:53:32	442	
1148	Claire	Birch	F	76	F35+	9	01:53:37	429	01:52:57	432	OSWESTRY OLYMPIANS
265	Huw	Evans	M	354	M5EN	91	01:53:38	430	01:52:43	427	
1165	Peter	Hardy	M	355	M55+	17	01:53:40	431	01:52:14	418	ABERGELE HARRIERS
1005	Gamel	Greenhalgh	M	356	M35+	54	01:53:48	432	01:53:01	434	
591	Jeremy	Jones	M	357	M45+	62	01:53:51	433	01:53:22	441	
502	Ian	Stringer	M	358	M35+	55	01:53:54	434	01:52:39	423	
840	Lisa	Carney	F	77	F5EN	37	01:53:55	435	01:52:43	426	WALLASEY ATHLETICS CLUB
1054	David	Jones	M	359	M40+	70	01:53:59	436	01:53:08	437	ROAD RUNNERS CLUB
1152	Sarah	Ball	F	78	F5EN	38	01:54:01	437	01:52:35	422	
67	Jeff	Powell	M	360	M40+	71	01:54:13	438	01:52:55	431	
958	Tony	Jackson	M	361	M45+	63	01:54:17	439	01:53:53	448	
1046	Bruce	Clapton	M	362	M40+	72	01:54:17	440	01:53:16	438	
322	Jimbo	Danby	M	363	M5EN	92	01:54:18	441	01:53:21	440	
1145	Andrew	Marsden	M	364	M5EN	93	01:54:19	442	01:54:10	452	
717	Tony	Eden	M	365	M5EN	94	01:54:20	443	01:53:42	446	DEESTRIDERS RUNNING CLUB
806	Alun	Rowlands	M	366	M50+	32	01:54:21	444	01:53:03	436	ERYRI HARRIERS
377	Katharine	Hobday	F	79	F45+	9	01:54:24	445	01:53:41	445	
427	Grace	Hart	F	80	F40+	11	01:54:26	446	01:53:33	443	TATTENHALL RUNNERS
441	Dave	Richardson	M	367	M45+	64	01:54:27	447	01:54:22	464	

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
1127	John	Hanson	M	368	M40+	73	01:54:28	448	01:54:06	451	
657	Sonja	Frank	F	81	F35+	10	01:54:29	449	01:54:02	450	
800	Steve	James	M	369	M40+	74	01:54:38	450	01:54:25	465	
863	Thomas	Stanley	M	370	MSEN	95	01:54:40	451	01:54:12	455	
963	Jacqueline	Groom	F	82	F45+	10	01:54:42	452	01:54:21	463	LIVERPOOL RUNNING CLUB
886	Craig	Unsworth	M	371	MSEN	96	01:54:42	453	01:54:21	462	LIVERPOOL RUNNING CLUB
703	Dave	Blackmore	M	372	M35+	56	01:54:46	454	01:54:15	456	
741	Owain	Wynn Cowell	M	373	M40+	75	01:54:54	455	01:54:18	460	
1124	Martin	Nevin	M	374	M35+	57	01:54:54	456	01:54:29	469	
751	David	Rimington	M	375	MSEN	97	01:54:56	457	01:54:20	461	
483	Mike	Owens	M	376	MSEN	98	01:55:03	458	01:54:26	466	
286	Geoffrey	Lang	M	377	M45+	65	01:55:08	459	01:53:39	444	
312	Les	Evans	M	378	M50+	33	01:55:09	460	01:53:19	439	
328	Joe	Delaney	M	379	M55+	18	01:55:12	461	01:54:44	473	VILLAGE ROAD RUNNERS
506	Robert	Lapsley	M	380	M35+	58	01:55:13	462	01:54:00	449	
40	Andy	Cartlidge	M	381	MSEN	99	01:55:16	463	01:54:12	454	
845	Roy	Parkes	M	382	MSEN	100	01:55:17	464	01:54:57	477	WREKIN ROAD RUNNERS
1040	Andrew	Jackson	M	383	MU25	20	01:55:18	465	01:55:03	480	
415	Mark	Jones	M	384	M35+	59	01:55:22	466	01:53:51	447	
872	Andy	Bradbury	M	385	M45+	66	01:55:27	467	01:54:16	457	
318	Steffan	Willis	M	386	MU25	21	01:55:27	468	01:54:18	459	
191	Steve	Roberts	M	387	M40+	76	01:55:28	469	01:54:28	467	WRECSAM TRI
166	Barrie	Williams	M	388	M60+	14	01:55:28	470	01:54:57	476	CLOWNE ROADRUNNERS
873	Simon	Foote	M	389	M40+	77	01:55:28	471	01:54:16	458	
1021	Edwin	Kelly	M	390	MSEN	101	01:55:30	472	01:54:44	474	
765	Gwyn	Evans	M	391	M50+	34	01:55:32	473	01:55:09	483	
1131	Philip	Trow	M	392	M35+	60	01:55:35	474	01:54:40	472	
406	Nicola	Stanyer	F	83	F40+	12	01:55:38	475	01:54:28	468	BIDDULPH RUNNING CLUB
334	Donald	Pegg	M	393	M60+	15	01:55:50	476	01:54:12	453	
623	Melanie	Barker	F	84	FSEN	39	01:55:52	477	01:54:58	479	TATTENHALL RUNNERS
1047	Martin	Stirna	M	394	M55+	19	01:55:52	478	01:55:09	484	SOUTH CHESHIRE HARRIERS
283	Lorna	Royle	F	85	F40+	13	01:55:54	479	01:54:56	475	DEESTRIDERS RUNNING CLUB
677	Stephen	Jones	M	395	M35+	61	01:55:58	480	01:54:40	471	
932	Anthony	Morris	M	396	M55+	20	01:56:00	481	01:55:35	491	LIVERPOOL RUNNING CLUB
220	Paul	Davies	M	397	MSEN	102	01:56:01	482	01:54:36	470	
1069	Heidi	Jones	F	86	F45+	11	01:56:01	483	01:55:58	496	
378	Gill	Leonard	F	87	F45+	12	01:56:01	484	01:55:32	489	
122	Michael	Norris	M	398	M45+	67	01:56:02	485	01:55:05	482	DEESTRIDERS RUNNING CLUB
690	Colin	Pheasant	M	399	M55+	21	01:56:02	486	01:55:59	497	CHASE HARRIERS
1156	Alan	Johnson	M	400	M45+	68	01:56:03	487	01:55:04	481	
897	Edward	Dawson	M	401	MU25	22	01:56:03	488	01:55:37	492	
896	Lara	Goodwin	F	88	FU25	6	01:56:03	489	01:55:37	494	
573	Ian	Blakemore	M	402	M50+	35	01:56:07	490	01:55:14	485	ERYRI HARRIERS
912	Andrew	Upton	M	403	MSEN	103	01:56:08	491	01:55:17	486	
930	Russell	Cox	M	404	M50+	36	01:56:11	492	01:54:58	478	
792	Darren	Smith	M	405	M40+	78	01:56:11	493	01:55:20	487	
775	Philip	Roberts	M	406	M40+	79	01:56:11	494	01:55:21	488	
685	Edith	Gruber	F	89	FSEN	40	01:56:17	495	01:55:50	495	BANGOR UNIVERSITY WOMEN'S RUGB
531	Chris	Thomas	M	407	MSEN	104	01:56:19	496	01:56:11	500	LIVERPOOL RUNNING CLUB
769	Irfon	Jones	M	408	M50+	37	01:56:26	497	01:55:37	493	
1111	Owain	Williams	M	409	MSEN	105	01:56:28	498	01:56:06	498	
521	Christopher	Jones	M	410	M40+	80	01:56:32	499	01:56:27	505	
977	Richard	Birks	M	411	M45+	69	01:56:40	500	01:56:16	503	
535	Sara	Charles	F	90	FSEN	41	01:56:41	501	01:55:32	490	PENARTH & DINAS RUNNERS
832	Angie	Jones	F	91	F45+	13	01:56:50	502	01:56:48	513	
676	David	Williams	M	412	M45+	70	01:56:52	503	01:56:15	501	
551	Thomas	Bancroft	M	413	M35+	62	01:56:59	504	01:56:40	510	
601	Susie	Coughlan	F	92	F40+	14	01:57:02	505	01:56:47	512	
412	Phil	Thomas	M	414	M50+	38	01:57:03	506	01:56:19	504	
837	Nigel	Lee	M	415	M55+	22	01:57:05	507	01:56:45	511	NEWCASTLE(STAFFS)AC
218	Val	Edwards	F	93	F55+	4	01:57:10	508	01:56:56	514	
348	Stacey	Holt	F	94	FSEN	42	01:57:26	509	01:56:29	507	
951	Manon	Evans	F	95	FSEN	43	01:57:26	510	01:56:30	508	
492	Michael	Thirsk	M	416	M55+	23	01:57:29	511	01:57:23	522	STOCKPORT HARRIERS
861	Carole	Barnes	F	96	F35+	11	01:57:29	512	01:57:23	523	STOCKPORT HARRIERS
38	Karen	Cartlidge	F	97	F35+	12	01:57:30	513	01:56:27	506	
798	Robert	Williams	M	417	MU25	23	01:57:32	514	01:56:11	499	
659	Linda	Staves	F	98	F55+	5	01:57:36	515	01:57:13	520	LUDLOW RUNNERS
608	Nigel	Symms	M	418	M40+	81	01:57:38	516	01:56:59	517	NEWCASTLE(STAFFS)AC
98	Sarah	Jaques	F	99	FSEN	44	01:57:48	517	01:56:15	502	
447	Nardia	Alldis	F	100	FSEN	45	01:57:48	518	01:57:37	526	
392	Laura	Chambers	F	101	F35+	13	01:57:49	519	01:57:37	527	SOUTH CHESHIRE HARRIERS
773	Bernadette	Williams	F	102	F35+	14	01:57:57	520	01:57:49	530	ERYRI HARRIERS
581	Matthew	Carrington	M	419	MSEN	106	01:58:00	521	01:57:58	533	
417	Leslie	Ingram	F	103	F40+	15	01:58:03	522	01:57:05	518	DEESTRIDERS RUNNING CLUB
418	John	Ingram	M	420	M45+	71	01:58:05	523	01:57:07	519	DEESTRIDERS RUNNING CLUB
329	Dimitri	Pitton	M	421	M40+	82	01:58:11	524	01:56:35	509	NORTH WALES ROAD RUNNING CLUB
388	Vincent	O'Keeffe	M	422	M45+	72	01:58:13	525	01:57:53	531	
181	Jason	Cordingley	M	423	M35+	63	01:58:18	526	01:57:19	521	CYBI STRIDERS
444	Clare	Fogden	F	104	FSEN	46	01:58:22	527	01:56:57	515	
445	Chris	Flower	F	105	FSEN	47	01:58:22	528	01:56:57	516	
731	Catherine	Ellis	F	106	F50+	6	01:58:35	529	01:58:19	539	
219	Maggie	Hoerger	F	107	F35+	15	01:58:36	530	01:57:24	524	
779	John	Davies	M	424	M35+	64	01:58:37	531	01:57:53	532	
14	Simon	Wilcox	M	425	M35+	65	01:58:43	532	01:58:01	535	
391	Winston	Sylvester	M	426	M55+	24	01:58:44	533	01:58:10	536	TOTLEY
767	Victoria	Hughes	F	108	FSEN	48	01:58:47	534	01:57:59	534	
214	Sue	Jones	F	109	F45+	14	01:58:58	535	01:58:47	543	CYBI STRIDERS
833	James	Wigzell	M	427	MU25	24	01:59:02	536	01:57:38	528	
647	Tony	Coffey	M	428	M35+	66	01:59:02	537	01:58:18	537	LIVERPOOL RUNNING CLUB

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
463	Colin	Thackray	M	429	M50+	39	01:59:10	538	01:57:48	529	NORTH WALES ROAD RUNNING CLUB
489	Scott	Hodson	M	430	MU25	25	01:59:10	539	01:57:37	525	
694	Anthony	Lea	M	431	M45+	73	01:59:17	540	01:58:28	540	
112	Matthew	Eggerton	M	432	MSEN	107	01:59:21	541	01:58:58	544	
590	Gregg	Bougey	M	433	MSEN	108	01:59:21	542	01:58:59	545	
716	Derek	Ralphs	M	434	M45+	74	01:59:30	543	01:59:05	548	
1038	Mark	Roberts	M	435	MSEN	109	01:59:30	544	01:59:15	550	
903	Tony	Clixby	M	436	M55+	25	01:59:31	545	01:58:37	541	VILLAGE ROAD RUNNERS
514	Neil	Bastow	M	437	M45+	75	01:59:48	546	01:59:40	556	
23	Paul	Goffey	M	438	MSEN	110	01:59:50	547	01:59:05	547	
537	Dewi	Owen	M	439	M35+	67	01:59:50	548	01:58:19	538	
482	Paul	Green	M	440	M50+	40	01:59:53	549	01:58:41	542	
21	Ian	Golding	M	441	M35+	68	01:59:59	550	01:59:45	558	LITTLEWOODS RUNNING CLUB
954	Angela	Andrews	F	110	F45+	15	02:00:05	551	01:59:40	557	LIVERPOOL RUNNING CLUB
747	Kate	Lewis	F	111	F45+	16	02:00:21	552	01:59:26	554	PICTON RUNNING CLUB
344	Tracy	Shufflebottom	F	112	F40+	16	02:00:27	553	01:59:34	555	BIDDULPH RUNNING CLUB
194	Ian	Jones	M	442	M35+	69	02:00:28	554	01:59:24	552	
793	Steve	Myatt	M	443	M40+	83	02:00:31	555	01:59:02	546	
693	Richard	Raynor	M	444	M55+	26	02:00:35	556	01:59:09	549	
734	Karen	Owen	F	113	FSEN	49	02:00:49	557	01:59:57	560	
284	Phillip	Roberts	M	445	M35+	70	02:00:49	558	01:59:57	562	
722	Caren	Williams	F	114	F35+	16	02:00:50	559	02:00:42	570	ERYRI HARRIERS
1060	Jarrold	Sykes	M	446	M35+	71	02:00:51	560	01:59:22	551	
1133	Mike	Davies	M	447	M35+	72	02:00:52	561	02:00:05	565	
543	Karen	Bartlett	F	115	F40+	17	02:00:54	562	01:59:25	553	
426	John	Cleworth	M	448	MSEN	111	02:00:55	563	02:00:14	568	
443	Susan	Baker	F	116	F50+	7	02:01:02	564	02:00:43	571	CHEADLE RC
1177	Jonathan	Hardman	M	449	M35+	73	02:01:12	565	01:59:57	561	SALE HARRIERS
626	Michelle	Cobourn	F	117	FSEN	50	02:01:12	566	02:00:40	569	PENNY LANE STRIDERS
8	Adrian	Thomas	M	450	M35+	74	02:01:15	567	01:59:55	559	
582	Dean	Wood	M	451	M40+	84	02:01:22	568	02:00:13	567	
268	Gareth	Thomas	M	452	M50+	41	02:01:30	569	02:00:02	563	
841	Rawdon	Jones	M	453	M35+	75	02:01:31	570	02:00:48	574	
743	Jen	Nicholls	F	118	FU25	7	02:01:41	571	02:01:14	578	WREXHAM AAC
1018	Kevin	Roberts	M	454	MSEN	112	02:01:46	572	02:01:28	580	DENBIGH HARRIERS
564	Bobbie	Mcleish	M	455	M50+	42	02:01:48	573	02:00:03	564	
474	Rebekah	Everett	F	119	FSEN	51	02:01:49	574	02:01:15	579	
593	William	Guthrie	M	456	MSEN	113	02:01:52	575	02:00:47	572	
907	Karen	Ainsworth	F	120	F40+	18	02:01:53	576	02:00:51	575	
1076	Jane	Prosser	F	121	FSEN	52	02:01:59	577	02:00:12	566	
860	Jim	Winsor	M	457	M35+	76	02:01:59	578	02:01:39	588	
473	Andrew	Roberts	M	458	M40+	85	02:02:10	579	02:01:12	576	
578	Daryl	Lucas	M	459	M45+	76	02:02:14	580	02:01:52	590	ROAD RUNNERS CLUB
293	Llewelyn	Williams	M	460	M45+	77	02:02:17	581	02:01:34	585	
937	Melanie	Williams	F	122	F45+	17	02:02:17	582	02:01:34	586	MYSTERUNS OF ABERGELE
788	Heidi	Edwards	F	123	FSEN	53	02:02:25	583	02:01:31	582	
186	Youssef	El Jazouli	M	461	M35+	77	02:02:26	584	02:02:20	594	
113	David	Sears	M	462	M60+	16	02:02:30	585	02:01:31	583	MALTBY RUNNING CLUB
276	Delyth	Jones	F	124	F35+	17	02:02:31	586	02:00:48	573	
1136	Lisa	Pope	F	125	FSEN	54	02:02:34	587	02:01:13	577	DENBIGH HARRIERS
661	Nick	Blackburn	M	463	M40+	86	02:02:38	588	02:02:04	593	
460	Peter	Chester	M	464	M45+	78	02:02:40	589	02:02:22	595	
707	Elly	Boliver	F	126	FSEN	55	02:02:42	590	02:02:02	591	
512	Adam	Nutbrown	M	465	M35+	78	02:02:48	591	02:01:31	581	
513	Doug	Blundred	M	466	M35+	79	02:02:48	592	02:01:33	584	
920	Rory	Tompsett	M	467	M40+	87	02:02:56	593	02:02:23	596	
1107	Liz	Stillo	F	127	F55+	6	02:03:00	594	02:02:44	600	GOYT VALLEY STRIDERS
990	Barry	Pierce	M	468	M60+	17	02:03:05	595	02:01:37	587	
428	Daniel	Halpin	M	469	M35+	80	02:03:06	596	02:01:41	589	
413	Ian	Morgan	M	470	M35+	81	02:03:10	597	02:02:28	598	
1037	Roger	Wadon	M	471	M35+	82	02:03:26	598	02:02:25	597	PRESTATYN RUNNING CLUB
172	Patrick	Hannon	M	472	M60+	18	02:03:31	599	02:03:15	604	
44	Budgie	Freeman	M	473	M45+	79	02:03:33	600	02:02:02	592	
128	Julie	Logan	F	128	F35+	18	02:03:54	601	02:02:43	599	PRESTATYN RUNNING CLUB
624	Mark	Bennett	M	474	M40+	88	02:04:00	602	02:03:00	601	
808	Amy	Skeath	F	129	FSEN	56	02:04:03	603	02:03:47	612	SALE DRAGONS
1019	Edward	Roberts	M	475	M45+	80	02:04:11	604	02:03:55	613	
662	Rebecca	Mckenna	F	130	FSEN	57	02:04:13	605	02:03:07	602	
198	Stephanie	Williams	F	131	FSEN	58	02:04:23	606	02:03:37	608	
462	Elaine	Heyes	F	132	F40+	19	02:04:33	607	02:03:39	609	
132	Meinir	Huws	F	133	F50+	8	02:04:37	608	02:03:10	603	ABERGELE HARRIERS
455	Debbie	Moffitt	F	134	F35+	19	02:04:45	609	02:03:30	605	
1033	Andrew	Parker	M	476	M40+	89	02:04:45	610	02:04:19	620	
1011	Paula	Wright	F	135	F50+	9	02:04:45	611	02:04:10	616	TICKHILL R & AC
83	Christine	Stimpson	F	136	F55+	7	02:04:46	612	02:04:11	617	TICKHILL R & AC
787	Elizabeth	Gartshore	F	137	F55+	8	02:04:49	613	02:03:33	607	PENSBY RUNNERS
640	David	Mann	M	477	M45+	81	02:04:49	614	02:03:39	610	BUILTH AND DISTRICT
764	Joanne	Mather	F	138	F35+	20	02:04:52	615	02:04:28	622	
16	Neil	Bryden	M	478	M45+	82	02:04:59	616	02:03:41	611	
714	Stuart	Platts	M	479	M70+	2	02:05:00	617	02:04:51	625	CLOWNE ROADRUNNERS
264	Adrian	Barsby	M	480	M50+	43	02:05:02	618	02:03:59	614	
1027	Christine	Newbury	F	139	F40+	20	02:05:04	619	02:04:17	619	LIVERPOOL RUNNING CLUB
321	Jason	Jenkins	M	481	MSEN	114	02:05:05	620	02:03:30	606	
396	Sian	Davey	F	140	FSEN	59	02:05:08	621	02:04:00	615	
145	Judith	Leslie	F	141	F50+	10	02:05:09	622	02:04:26	621	ERYRI HARRIERS
36	Jim	Gallacher	M	482	M50+	44	02:05:31	623	02:04:56	628	ROTHERHAM HARRIERS
910	Graham	Denney	M	483	M45+	83	02:05:35	624	02:04:14	618	
899	Rebecca	Bryden	F	142	FSEN	60	02:05:37	625	02:04:57	630	
397	Mathew	Davey	M	484	MSEN	115	02:05:44	626	02:04:37	623	MENAI TRACK AND FIELD
354	Niamh	Reilly	F	143	F35+	21	02:05:44	627	02:04:52	626	BIDDULPH RUNNING CLUB

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
1097	Katie	Monach	F	144	FSEN	61	02:05:58	628	02:04:57	629	
163	Steve	Birch	M	485	MSEN	116	02:05:58	629	02:04:57	631	
838	Nigel	Cotton	M	486	M40+	90	02:06:09	630	02:05:18	636	
133	Paul	Clifford	M	487	MSEN	117	02:06:09	631	02:05:55	647	
816	Kris	Ledwith	M	488	M35+	83	02:06:10	632	02:05:19	637	
901	Mike	Murray	M	489	M60+	19	02:06:10	633	02:04:58	634	FELL RUNNERS ASSOCIATION
143	David	Keeling	M	490	M45+	84	02:06:10	634	02:04:54	627	CLOWNE ROADRUNNERS
644	Mark	Lewis	M	491	M35+	84	02:06:12	635	02:05:40	643	
760	Paul	Mayers	M	492	M50+	45	02:06:15	636	02:04:47	624	
643	Zakya	Saunderson	F	145	F35+	22	02:06:16	637	02:06:10	649	
401	Erika	Dawson	F	146	F35+	23	02:06:21	638	02:05:19	638	NORTH WALES ROAD RUNNING CLUB
287	Hugh	Jones	M	493	M60+	20	02:06:27	639	02:04:57	632	
470	Damian	Harrison	M	494	M40+	91	02:06:34	640	02:05:22	639	
87	Ian	Kemp	M	495	M55+	27	02:06:34	641	02:04:57	633	
976	Neil	Worrall	M	496	MU25	26	02:06:41	642	02:05:54	646	
572	Lee	Rollaston	M	497	M40+	92	02:06:48	643	02:06:26	653	
331	Liz	Simpson	F	147	F60+	1	02:06:48	644	02:05:23	640	VILLAGE ROAD RUNNERS
885	Peter	Wooding	M	498	M40+	93	02:06:56	645	02:06:45	657	
1098	Noel	Cheseldine	M	499	M35+	85	02:06:57	646	02:06:00	648	VILLAGE ROAD RUNNERS
478	Ann-Marie	White	F	148	F35+	24	02:06:57	647	02:05:28	642	
476	Gareth	Roberts	M	500	M35+	86	02:06:57	648	02:05:28	641	
499	Dave	Edwards	M	501	M50+	46	02:06:58	649	02:05:09	635	
275	Neil	Williams	M	502	M35+	87	02:07:16	650	02:05:52	645	FFIT CONWY MEMBER
712	Ieuan	Davies	M	503	M40+	94	02:07:19	651	02:06:52	662	
454	Derek	Okseniuk	M	504	M55+	28	02:07:21	652	02:06:48	659	BLYTHE BRIDGE
464	Roy	Jardine	M	505	M60+	21	02:07:24	653	02:07:17	667	ERYRI HARRIERS
929	Deborah	Cox	F	149	F45+	18	02:07:25	654	02:06:11	650	STOCKPORT HARRIERS
1023	June	Cooke	F	150	F55+	9	02:07:26	655	02:06:24	652	PRESTATYN RUNNING CLUB
574	Ray	Power	M	506	M70+	3	02:07:26	656	02:07:21	669	
452	Barry	Haines	M	507	M45+	85	02:07:26	657	02:06:41	656	
550	Danielle	Shore	F	151	FSEN	62	02:07:28	658	02:06:12	651	
802	Rebekah	Baker	F	152	FSEN	63	02:07:30	659	02:06:49	660	
1143	Ann	Jones	F	153	F60+	2	02:07:33	660	02:06:36	655	
1179	Tom	Bestwick	M	508	MSEN	118	02:07:33	661	02:05:51	644	
338	Dawn	Addison	F	154	F45+	19	02:07:44	662	02:06:51	661	BIDDULPH RUNNING CLUB
367	Alison	Donaldson	F	155	F35+	25	02:07:47	663	02:06:36	654	
185	Helen	Eaton	F	156	F35+	26	02:07:47	664	02:07:11	665	
431	Mario	Hinkson	M	509	MSEN	119	02:07:49	665	02:07:19	668	
336	Cindy	Knight	F	157	F45+	20	02:07:50	666	02:06:57	664	BIDDULPH RUNNING CLUB
610	Philip	Lloyd	M	510	M60+	22	02:07:57	667	02:06:53	663	
989	Cheryl	Lord-Brown	F	158	F40+	21	02:08:14	668	02:07:47	678	
1101	Susan	Lewis	F	159	F40+	22	02:08:17	669	02:07:46	674	
1102	Robin	Lewis	M	511	M40+	95	02:08:17	670	02:07:46	676	
85	Sharon	Kynaston	F	160	FU25	8	02:08:21	671	02:06:47	658	ABERGELE HARRIERS
325	Helen	Baxandall	F	161	F45+	21	02:08:27	672	02:07:23	670	PRESTATYN RUNNING CLUB
761	Paul	Summerly	M	512	M50+	47	02:08:28	673	02:07:11	666	CLOWNE ROADRUNNERS
216	Susan	Calvert	F	162	F50+	11	02:08:31	674	02:07:46	675	ABERGELE HARRIERS
1176	Andy	Nicholls	M	513	M50+	48	02:08:38	675	02:08:10	681	WREXHAM
204	Barrie	Hillyer	M	514	M35+	88	02:08:41	676	02:07:47	677	
273	Deborah	Hurst	F	163	F50+	12	02:08:46	677	02:08:16	684	
274	Fran	Mills	F	164	F45+	22	02:08:46	678	02:08:16	683	
547	Roger	Davies	M	515	M55+	29	02:08:51	679	02:08:09	680	
530	Daniel	Jones	M	516	MSEN	120	02:08:57	680	02:07:24	671	
675	Sue	Mcindoe	F	165	F40+	23	02:08:58	681	02:08:43	688	
916	Sara	Rogers	F	166	F40+	24	02:09:01	682	02:07:26	672	WHITCHURCH WHIPPETS RC
616	Tony	Burkitt	M	517	M60+	23	02:09:07	683	02:08:44	689	
137	Claire	Gadsby	F	167	FSEN	64	02:09:12	684	02:08:11	682	PRESTATYN RUNNING CLUB
780	Kate	Waterhouse	F	168	FSEN	65	02:09:12	685	02:07:36	673	WHITCHURCH WHIPPETS RC
748	Nikki	Davies	F	169	FSEN	66	02:09:16	686	02:08:36	686	
1032	Marissa	Duggan	F	170	F35+	27	02:09:17	687	02:09:03	692	
986	Jen	Maxfield	F	171	FU25	9	02:09:18	688	02:08:51	691	
64	Helen	Ashworth	F	172	FSEN	67	02:09:19	689	02:08:18	685	PRESTATYN RUNNING CLUB
479	Elizabeth	Martin	F	173	FSEN	68	02:09:23	690	02:09:08	695	PRESTATYN RUNNING CLUB
627	Nigel	Williams	M	518	M45+	86	02:09:26	691	02:08:45	690	
233	Angela	Mason	F	174	F50+	13	02:09:37	692	02:08:03	679	
518	Hywel	Window	M	519	M35+	89	02:09:57	693	02:09:05	693	
1147	Andrea	Woodside	F	175	FSEN	69	02:09:58	694	02:09:40	701	DEWSBURY ROAD RUNNERS
28	Helen	Sainsbury	F	176	FSEN	70	02:09:58	695	02:09:40	700	
549	Janet	Bultitude	F	177	FSEN	71	02:09:58	696	02:08:42	687	
212	Lesley	French	F	178	FSEN	72	02:10:19	697	02:09:05	694	
279	Andrew	Crane	M	520	M50+	49	02:10:23	698	02:09:12	696	
1013	Asif	Dar	M	521	MSEN	121	02:10:24	699	02:09:23	698	
939	Gary	Green	M	522	M40+	96	02:10:32	700	02:09:13	697	
1078	Philip	Slack	M	523	MSEN	122	02:10:37	701	02:10:03	705	TOTLEY
1164	Rhian	Thomas	F	179	F35+	28	02:10:38	702	02:09:49	702	
797	Lynnette	Cassidy	F	180	F45+	23	02:10:52	703	02:10:07	709	STADIUM RUNNERS
11	Beniel	Vincent	M	524	M35+	90	02:10:53	704	02:09:54	703	
1031	Jessica	Arthur	F	181	FU25	10	02:10:53	705	02:10:07	708	
795	Llinos	Greenhalgh	F	182	FSEN	73	02:10:54	706	02:10:07	710	
1070	Amy	Davies	F	183	FSEN	74	02:10:54	707	02:10:10	711	
839	Helen	Robbins	F	184	F55+	10	02:11:08	708	02:09:32	699	WHITCHURCH WHIPPETS RC
249	Mark	Strickland	M	525	M45+	87	02:11:11	709	02:10:32	712	
248	Anne	Strickland	F	185	F45+	24	02:11:12	710	02:10:33	714	
55	Mladenka	Hooper	F	186	FSEN	75	02:11:17	711	02:11:15	722	PRESTATYN RUNNING CLUB
9	Teresa	Bryden	F	187	F45+	25	02:11:21	712	02:10:04	706	
542	Anthony	Weaver	M	526	M40+	97	02:11:31	713	02:09:59	704	
880	Lisa	Gittins	F	188	F40+	25	02:11:31	714	02:10:53	718	
1091	Bridget	Jones	F	189	FSEN	76	02:11:40	715	02:11:20	724	
494	Paul	Edwards	M	527	M45+	88	02:11:42	716	02:10:06	707	
771	Yvonne	Shirley	F	190	FSEN	77	02:11:43	717	02:11:35	728	

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
706	Andrew	Williams	M	528	M40+	98	02:11:48	718	02:10:35	715	
742	Mai-Britt	Korndal	F	191	F5EN	78	02:11:50	719	02:11:40	730	
988	Steven	John	M	529	M35+	91	02:12:02	720	02:11:24	726	
1	Ian	Owens	M	530	M45+	89	02:12:05	721	02:10:32	713	
794	Anthony	Smith	M	531	M55+	30	02:12:08	722	02:11:16	723	
1162	Henrietta hung	Whitehead	F	192	F55+	11	02:12:14	723	02:11:25	727	CLOWNE ROADRUNNERS
666	Peter	Wynn	M	532	M55+	31	02:12:20	724	02:12:02	734	
497	Vit	Vintr	M	533	M35+	92	02:12:28	725	02:11:37	729	
364	Nia	Morgan	F	193	F40+	26	02:12:29	726	02:10:41	717	
363	Steven	Morgan	M	534	M40+	99	02:12:29	727	02:10:40	716	
548	Jessica	Loveland	F	194	F5EN	79	02:12:31	728	02:11:12	720	
438	Martyn	Evans	M	535	M50+	50	02:12:34	729	02:11:06	719	
32	Mark	Smith	M	536	M35+	93	02:12:38	730	02:11:56	731	
700	Caroline	Bell	F	195	F40+	27	02:12:39	731	02:11:15	721	
849	Daniel	Roberts	F	196	FU25	11	02:12:47	732	02:11:23	725	
909	Louise	Teesdale	F	197	F5EN	80	02:12:56	733	02:12:13	737	
213	Hannah	Naylor	F	198	F5EN	81	02:13:19	734	02:12:11	736	
481	Jenny	Loman	F	199	F35+	29	02:13:39	735	02:12:00	732	WREXHAM
1181	Mark	Weldrick	M	537	M35+	94	02:13:39	736	02:12:01	733	
277	Amanda	Harrison	F	200	FU25	12	02:13:49	737	02:12:07	735	WREXHAM AAC
586	Jack	Miller	M	538	M5EN	123	02:13:51	738	02:13:05	741	
230	Jonathan	Evans	M	539	M5EN	124	02:13:58	739	02:12:49	739	
983	Tracey	Wright	F	201	F45+	26	02:14:06	740	02:13:28	744	MENAI TRACK AND FIELD
622	Rob	Whiston	M	540	M55+	32	02:14:09	741	02:13:02	740	
100	Dewi	Griffiths	M	541	M45+	90	02:14:23	742	02:13:17	742	
439	David	Brunt	M	542	M40+	100	02:14:26	743	02:12:43	738	
727	Balakrishna	Kumar	M	543	M35+	95	02:14:27	744	02:13:38	746	
299	Catrin	Parry	F	202	F40+	28	02:14:43	745	02:13:58	748	
242	Robert	Cooper	M	544	M5EN	125	02:15:03	746	02:14:09	750	
319	Glenys	Willis	F	203	F50+	14	02:15:07	747	02:13:58	747	
448	Ruth	Elliott	F	204	F5EN	82	02:15:12	748	02:14:26	755	
446	Leigh	Campbell	M	545	M5EN	126	02:15:14	749	02:13:28	743	
384	Sian	Souness	F	205	F5EN	83	02:15:14	750	02:13:28	745	
308	Peter	Challinor	M	546	M60+	24	02:15:17	751	02:14:03	749	
588	John	Wilson	M	547	M50+	51	02:15:24	752	02:15:04	763	STOCKPORT STOMPERS
102	Catherine	Jones	F	206	F35+	30	02:15:28	753	02:14:54	757	TICKHILL R & AC
995	Jenny	Green	F	207	F45+	27	02:15:31	754	02:14:41	756	CROOK AND DISTRICT
228	John	Fox	M	548	M5EN	127	02:15:35	755	02:14:10	751	
606	Mark	Gibbs	M	549	M45+	91	02:15:46	756	02:14:14	752	
136	Charlotte	Rees	F	208	F5EN	84	02:15:51	757	02:15:03	762	
289	Mike	Thompson	M	550	M50+	52	02:15:53	758	02:14:58	760	
342	Nicole	Thompson	F	209	FU25	13	02:15:53	759	02:14:58	761	
997	Robert	Faragher	M	551	MU25	27	02:15:55	760	02:14:20	753	
999	Mark	Studley	M	552	MU25	28	02:15:55	761	02:14:20	754	
459	G.	Goulbourne	M	553	M45+	92	02:15:59	762	02:15:33	771	
232	Steve	Roberts	M	554	M50+	53	02:16:00	763	02:15:17	766	
905	Mary	Lucey	F	210	F5EN	85	02:16:12	764	02:14:57	759	
206	Norman	Phillipson	M	555	M60+	25	02:16:22	765	02:14:54	758	
41	Julian	Buchanan	M	556	M50+	54	02:16:35	766	02:15:16	765	
160	Phil	Holden	M	557	M60+	26	02:16:45	767	02:15:25	770	
853	Sarah	Manfredi	F	211	F35+	31	02:16:49	768	02:15:18	767	
854	Scott	Manfredi	M	558	M35+	96	02:16:51	769	02:15:21	768	
1030	Maria	Proano	F	212	F5EN	86	02:16:53	770	02:15:24	769	
709	David	Alldis	M	559	MU25	29	02:16:54	771	02:16:42	779	
3	Pawel	Folfasinski	M	560	M5EN	128	02:16:55	772	02:15:15	764	
844	Adele	Minshall	F	213	F50+	15	02:17:10	773	02:15:33	772	WHITCHURCH WHIPPETS RC
508	Alex	Peate	M	561	M5EN	129	02:17:18	774	02:16:33	776	
1087	Steven	Robers	M	562	M5EN	130	02:17:19	775	02:16:48	780	
646	Richard	Morgan	M	563	M40+	101	02:17:26	776	02:15:38	773	
75	Stephen	Renwick	M	564	M60+	27	02:17:27	777	02:15:59	774	
175	Phil	Williams	M	565	M60+	28	02:17:27	778	02:15:59	775	
1051	Liz	Stevenson	F	214	F50+	16	02:17:28	779	02:16:40	778	POTTERS TROTTERS
850	Janice	Mercer Edwards	F	215	F45+	28	02:17:55	780	02:17:06	783	
468	Craig	Jones	M	566	M45+	93	02:18:16	781	02:16:37	777	SUNLIGHT RUNNERS
558	Brett	Williamson	M	567	M5EN	131	02:18:20	782	02:16:58	781	CHESTER TRI CLUB
491	Richard	Hodgkins	M	568	M40+	102	02:18:31	783	02:16:59	782	
343	Ursula	Langegger-Noakes	F	216	F35+	32	02:18:44	784	02:18:06	788	
1167	Maike	Sakschewski	F	217	F5EN	87	02:18:50	785	02:17:35	786	
495	Alyn	Carrahar	M	569	M5EN	132	02:19:05	786	02:17:16	784	
1103	Sian	Williams	F	218	F5EN	88	02:19:13	787	02:17:27	785	
827	Derek	Hughes	M	570	M55+	33	02:19:28	788	02:18:18	789	
786	Anthony	Cliff	M	571	M40+	103	02:19:32	789	02:17:54	787	
1173	Katie	Dawson	F	219	F5EN	89	02:19:35	790	02:18:32	791	
822	Howell	Owens	M	572	M5EN	133	02:19:57	791	02:18:25	790	
123	Ian	Poole	M	573	M35+	97	02:20:03	792	02:18:52	793	
1169	Hayley	Peace	F	220	F5EN	90	02:20:23	793	02:18:37	792	
7	Gerallt	Thomas	M	574	M35+	98	02:20:53	794	02:20:13	797	
10	Iwan	Thomas	M	575	M45+	94	02:20:54	795	02:20:14	798	
1058	Patricia	Salisbury	F	221	F60+	3	02:20:59	796	02:20:13	796	HEARTS
763	Harriet	Brown	F	222	F5EN	91	02:21:14	797	02:20:20	799	
157	Neil	Coulson	M	576	M40+	104	02:21:17	798	02:19:55	794	
823	Teemu	Metsala	M	577	M35+	99	02:21:25	799	02:20:26	800	
332	Mike	Shinks	M	578	M40+	105	02:21:43	800	02:20:12	795	
1048	Steve	Griffiths	M	579	M35+	100	02:22:13	801	02:20:27	801	
208	Mark	Jones	M	580	M5EN	134	02:22:25	802	02:20:43	802	
49	Susan	Critchley	F	223	F40+	29	02:22:40	803	02:21:37	806	
372	Daniel	Crookes	M	581	M40+	106	02:22:51	804	02:21:11	803	NORTHERN VETERANS AC
668	Chris	Jones	M	582	M5EN	135	02:22:59	805	02:22:01	808	
432	Stuart	Hughes	M	583	M5EN	136	02:23:07	806	02:21:51	807	
450	Martin	Johnson	M	584	M45+	95	02:23:17	807	02:21:33	805	

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
449	Peter	Wareham	M	585	M50+	55	02:23:17	808	02:21:31	804	
811	Peter	Vernon	M	586	M45+	96	02:23:21	809	02:22:21	810	SHROPSHIRE SHUFFLERS
1151	Rachel	Jenkins	F	224	F5EN	92	02:23:25	810	02:22:55	813	
1150	Lee	Jones	M	587	M35+	101	02:23:25	811	02:22:55	814	
297	Iwan	Jones	M	588	M5EN	137	02:23:31	812	02:22:38	811	
411	Tim	Evans	M	589	M35+	102	02:23:50	813	02:22:38	812	
179	Sian	Roberts	F	225	FU25	14	02:23:50	814	02:22:20	809	
150	Colin	Tucker	M	590	M40+	107	02:24:03	815	02:23:21	817	
819	Rachel	Cooper	F	226	F5EN	93	02:24:11	816	02:22:58	815	
309	Bryan	Griffiths	M	591	M35+	103	02:24:13	817	02:23:00	816	
261	Malcolm	Hughes	M	592	M40+	108	02:24:18	818	02:23:53	819	
260	Alison	Hughes	F	227	F40+	30	02:24:18	819	02:23:56	820	
857	Julie	Richards	F	228	F50+	17	02:24:49	820	02:23:40	818	
1085	Peter	Horsler	M	593	M5EN	138	02:25:21	821	02:24:22	821	
301	Karen	Horsler	F	229	F40+	31	02:25:21	822	02:24:22	822	VEGAN RUNNERS
1170	Carole	Jones	F	230	F35+	33	02:25:38	823	02:24:48	826	
320	Karen	Bancroft	F	231	F50+	18	02:25:45	824	02:24:41	825	PRESTATYN RUNNING CLUB
638	Beverly	Hendricks	F	232	F45+	29	02:25:45	825	02:24:39	824	PRESTATYN RUNNING CLUB
538	Sera	Griffith	F	233	F5EN	94	02:25:52	826	02:24:22	823	
349	Leon	Thomson	M	594	M35+	104	02:25:59	827	02:25:01	827	
263	Jordan	Griffin	M	595	M5EN	139	02:26:57	828	02:26:00	830	
964	Christian	Withers	M	596	M5EN	140	02:27:02	829	02:25:23	828	
687	Linda	Woodall	F	234	F45+	30	02:27:07	830	02:25:43	829	MICHELIN AC
496	Helen	Barsby	F	235	F45+	31	02:27:20	831	02:26:16	831	
984	Ciaran	Mckenna	M	597	M5EN	141	02:27:35	832	02:26:30	833	
358	Wayne	Haynes	M	598	M5EN	142	02:27:40	833	02:26:26	832	
818	Ellen	Lowndes	F	236	F5EN	95	02:28:25	834	02:28:09	837	
63	Ann	Ablett	F	237	F55+	12	02:29:07	835	02:28:10	838	BUCKLEY RUNNERS
561	Linda	Williams	F	238	F50+	19	02:29:18	836	02:28:13	839	PRESTATYN RUNNING CLUB
258	Faye	Barker	F	239	F35+	34	02:29:19	837	02:28:06	835	
315	Eleanor	Barker	F	240	F5EN	96	02:29:33	838	02:28:18	841	
882	Ken	Gofton	M	599	M55+	34	02:29:40	839	02:27:53	834	RUGELEY ROAD RUNNERS
784	Shirley	Gofton	F	241	F45+	32	02:29:40	840	02:28:16	840	RUGELEY ROAD RUNNERS
934	Nigel	Chaplin	M	600	M35+	105	02:29:44	841	02:28:19	842	
962	James	Lane	M	601	M45+	97	02:29:44	842	02:28:07	836	
350	John	Lever	M	602	M50+	56	02:30:09	843	02:29:12	845	
151	Sean	Tucker	M	603	MU25	30	02:30:19	844	02:29:36	847	
1122	Margaret	Williams	F	242	F70+	1	02:30:24	845	02:28:52	843	
1158	Katie	Nicodemus	F	243	F5EN	97	02:30:26	846	02:29:48	852	
991	Deanna	Keogh	F	244	F35+	35	02:30:26	847	02:29:48	851	
1096	Nicola	Jones	F	245	F5EN	98	02:30:30	848	02:29:17	846	
498	Jane	Morgan	F	246	F40+	32	02:30:54	849	02:29:05	844	
84	Susan	Scott	F	247	F45+	33	02:31:09	850	02:30:35	854	TICKHILL R & AC
524	Anne	Lumsden	F	248	F5EN	99	02:31:09	851	02:29:47	848	
324	Caroline	Hodgson	F	249	F35+	36	02:31:10	852	02:29:48	850	
409	Karen	Newson	F	250	F35+	37	02:31:10	853	02:29:47	849	
568	Laura	Hall	F	251	FU25	15	02:31:12	854	02:30:22	853	NORTON CANNES RC
33	Jane	Riley	F	252	F40+	33	02:31:18	855	02:30:36	855	
1034	Jane	Mccard	F	253	F35+	38	02:31:57	856	02:30:41	856	KINGS HEATH RUNNING CLUB
1042	Simon	Manby	M	604	M5EN	143	02:31:57	857	02:30:42	857	KINGS HEATH RUNNING CLUB
374	Nicky	Birkinshaw	F	254	F45+	34	02:32:29	858	02:31:54	863	TICKHILL R & AC
536	Mark	Critchley	M	605	M35+	106	02:32:29	859	02:31:37	861	VILLAGE ROAD RUNNERS
399	Patricia	Linney	F	255	F55+	13	02:32:52	860	02:31:14	858	
599	David	Brown	M	606	M45+	98	02:32:53	861	02:31:15	859	
691	Dave	Lewis	M	607	M40+	109	02:32:54	862	02:31:17	860	
1163	Hazel	Barlow	F	256	F45+	35	02:33:06	863	02:31:42	862	MICHELIN AC
269	Joanne	Carter	F	257	F35+	39	02:33:16	864	02:32:45	865	
393	Alison	Hill	F	258	F40+	34	02:33:56	865	02:32:51	866	PRESTATYN RUNNING CLUB
878	Clive	Smallwood	M	608	M5EN	144	02:33:59	866	02:33:40	869	
931	Lukasz	Dobrzanski	M	609	M5EN	145	02:34:21	867	02:32:41	864	
79	Elizabeth	Fryer	F	259	F5EN	100	02:34:50	868	02:33:24	867	
80	Stephanie	Johnson	F	260	F5EN	101	02:34:50	869	02:33:25	868	
56	Brian	Heywood	M	610	M50+	57	02:34:58	870	02:34:06	870	
266	Sara	Evans	F	261	F5EN	102	02:35:36	871	02:34:41	873	
267	Jinnie	Burson	F	262	F5EN	103	02:35:36	872	02:34:42	874	
1090	Nicola	Jones	F	263	F5EN	104	02:35:44	873	02:34:30	872	
323	Melissa	Bowen	F	264	F5EN	105	02:35:45	874	02:34:11	871	
1092	Liffy	Cowles	F	265	F5EN	106	02:35:48	875	02:35:00	876	
255	Gwenda	Marshall	F	266	F50+	20	02:36:05	876	02:34:57	875	
1157	Sarah	Thompson	F	267	F5EN	107	02:36:53	877	02:35:04	877	
141	Wendy	Green	F	268	F35+	40	02:37:27	878	02:36:07	878	
1139	Denise	Albutt	F	269	F55+	14	02:37:53	879	02:37:06	879	
108	John	Albutt	M	611	M55+	35	02:37:54	880	02:37:08	880	
1180	Maria	Jakulis	F	270	FU25	16	02:38:11	881	02:38:00	884	
22	Robert	Hughes	M	612	M50+	58	02:38:24	882	02:37:44	883	
1022	Albie	Fox	F	271	F60+	4	02:38:49	883	02:37:19	881	
1109	Christine	Parry	F	272	F50+	21	02:39:10	884	02:37:20	882	
698	Catherine	Creedon	F	273	F35+	41	02:39:51	885	02:38:28	885	MICHELIN AC
699	Chris	Smith	M	613	M40+	110	02:39:58	886	02:38:36	887	MICHELIN AC
697	Beryl	Smith	F	274	F45+	36	02:39:58	887	02:38:36	886	MICHELIN AC
1120	Nigel	Riley	M	614	M45+	99	02:42:13	888	02:41:51	888	
525	Ralph	Cheetam	M	615	M50+	59	02:43:46	889	02:43:40	892	
103	Amanda	Thomas	F	275	F40+	35	02:43:53	890	02:42:29	889	
114	Trish	Giles	M	616	M45+	100	02:43:53	891	02:42:29	890	
750	Carol	Evans	F	276	F35+	42	02:45:10	892	02:43:34	891	
704	Helen	Smith	F	277	F35+	43	02:45:31	893	02:44:20	893	
197	Grace	Bristow	F	278	FU25	17	02:46:50	894	02:45:19	895	
382	Adam	Heavens	M	617	M5EN	146	02:46:52	895	02:45:17	894	
583	John	Gledhill	M	618	M40+	111	02:48:02	896	02:46:27	896	
584	Wendy	Gledhill	F	279	F40+	36	02:48:03	897	02:46:27	897	

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Gun Time	Position	Chip Time	Position	Club
196	Lynne	Lloyd Jones	F	280	FSEN	108	02:48:56	898	02:47:25	898	
94	Caroline	Killaheene	F	281	FSEN	109	02:49:12	899	02:47:38	900	
1171	Julie	Brunt	F	282	F50+	22	02:49:16	900	02:47:30	899	
296	Andrew	Mcleod	M	619	MSEN	147	02:50:04	901	02:48:42	901	
672	Alicia	Thorp	F	283	FU25	18	02:50:48	902	02:50:06	902	
1059	Ria	Bright	F	284	F40+	37	02:59:54	903	02:58:26	903	SADDLEWORTH RC
744	John	Vaughan	M	620	M40+	112	03:21:33	904	03:19:45	904	
922	David	Morgan	M	621	M40+	113	03:21:34	905	03:19:46	905	
362	Sharon	Jones	F	285	F40+	38	03:22:27	906	03:20:37	906	
1089	Alexandra	O Reilly	F	DNF	FSEN	DNF	DNF	DNF	DNF	DNF	
167	Anthony	Duncaf	M	DNF	M35+	DNF	DNF	DNF	DNF	DNF	
1172	Annwen	Williams	F	DNF	F45+	DNF	DNF	DNF	DNF	DNF	
1159	Mark	Stewart	M	DNF	M40+	DNF	DNF	DNF	DNF	DNF	
1007	Joe	Bailey	M	DNF	MU25	DNF	DNF	DNF	DNF	DNF	SALFORD HARRIERS & AC
168	Jeni	Duncaf	F	DNF	F35+	DNF	DNF	DNF	DNF	DNF	
906	Ikram	Akram	M	DNF	MSEN	DNF	DNF	DNF	DNF	DNF	