

Conwy Half Marathon 2011
Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	10K	Position	Gun Time	Position	Chip Time	Position	Club
389	Joe	Baily	M	1	MOPEN	1	00:32:42	1	01:09:59	1	01:09:59	1	Salford Harriers
1623	Matthew	Shaw	M	2	MOPEN	2	00:34:05	3	01:12:05	2	01:12:05	2	Salford Harriers
1521	Brendan	Rothery	M	3	MOPEN	3	00:33:45	2	01:13:24	3	01:13:23	3	Eryri Harriers
183	Christian	Prior	M	4	MOPEN	4	00:34:55	4	01:14:21	4	01:14:21	4	Chester Tri
243	Rob	Downs	M	5	M45+	1	00:35:06	6	01:14:56	5	01:14:55	5	Wilmslow Running Club
291	Ian	Lawton	M	6	MOPEN	5	00:35:35	8	01:15:38	6	01:15:37	6	Liverpool Harriers
1033	Jordan	Evans	M	7	MOPEN	6	00:35:52	10	01:15:40	7	01:15:39	7	Eryri Harriers
657	David	Lockett	M	8	M45+	2	00:35:03	5	01:15:52	8	01:15:51	8	Salford Harriers
323	Rob	Grantham	M	9	M35+	1	00:35:48	9	01:16:42	9	01:16:42	9	Ellesmere Port Running Club
1516	David	Hudson	M	10	M35+	2	00:35:29	7	01:17:38	10	01:17:38	10	Salford Harriers
130	John	Hunt	M	11	M45+	3	00:36:40	13	01:17:48	11	01:17:48	11	Wirral AC
70	Jon	Bowie	M	12	MOPEN	7	00:36:21	11	01:17:57	12	01:17:56	12	Trismart
840	Daniel	Bodman	M	13	MOPEN	8	00:36:38	12	01:18:07	13	01:18:04	13	aberdare valley aac
947	Hayley	Kuter	F	1	FOPEN	1	00:36:50	14	01:18:38	14	01:18:36	14	Salford Harriers
1034	Christopher	Evans	M	14	MOPEN	9	00:37:48	23	01:18:55	15	01:18:54	15	Eryri Harriers
1318	Darren	Washington	M	15	M40+	1	00:36:55	15	01:19:16	16	01:19:16	16	City of Stoke
68	Jim	Pendrill	M	16	M40+	2	00:37:06	17	01:19:46	17	01:19:46	17	Wilmslow Running Club
519	Darren	Blazier	M	17	M35+	3	00:37:16	19	01:20:22	18	01:20:21	18	ABERGELE HARRIERS
1564	Robert Ian	Renwick	M	18	M35+	4	00:37:00	16	01:20:38	19	01:20:35	19	
287	Mark	Clair	M	19	MOPEN	10	00:37:32	21	01:21:04	20	01:21:03	20	Liverpool Running Bugs
480	Daniel	Clarke	M	20	MOPEN	11	00:38:13	25	01:21:09	21	01:21:07	21	Mersey Tri
1455	Martin	Green	M	21	M35+	5	00:38:23	29	01:21:18	22	01:21:16	22	North Wales Road Runners Club
705	Keith	Boardman	M	22	M45+	4	00:37:11	18	01:21:18	23	01:21:16	23	Salford Harriers
96	Anthony	Taylor	M	23	M35+	6	00:37:51	24	01:21:26	24	01:21:24	24	Salford Harriers
1397	Rich	Collinson	M	24	MOPEN	12	00:37:29	20	01:21:50	25	01:21:49	25	Westbury Harriers
1207	Simon	Hardiman	M	25	MOPEN	13	00:38:14	26	01:22:00	26	01:21:58	26	
277	Thomas	Deluca	M	26	M45+	5	00:38:50	31	01:23:15	27	01:23:13	27	Eryri Harriers
173	David	Wright	M	27	M40+	3	00:39:14	36	01:23:17	28	01:23:14	28	Lagan Valley
1565	Andrew	Marsden	M	28	MOPEN	14	00:40:00	0	01:23:22	29	01:23:19	29	
1009	Christopher	Hollinshead	M	29	M45+	6	00:40:25	51	01:23:26	30	01:23:26	30	Stafford Harriers
1061	Arthur	Connell	M	30	MOPEN	15	00:38:20	27	01:23:29	31	01:23:29	31	
1615	Ben	Carrington	M	31	MOPEN	16	00:38:44	30	01:23:30	32	01:23:29	32	
741	Andrew	Birch	M	32	M40+	4	00:39:25	38	01:23:38	33	01:23:33	33	Trismart
1614	Mathew	Anwyll	M	33	M40+	5	00:39:17	37	01:23:43	34	01:23:40	34	Prestatyn Running Club
1167	Robert	Jones	M	34	MOPEN	17	00:39:05	35	01:23:57	35	01:23:54	35	Wrexham A.C.
1337	Andrew	Edwards	M	35	MOPEN	18	00:37:43	22	01:24:00	36	01:24:00	36	Deestriders
1405	Richard	Hunter	M	36	MOPEN	19	00:39:47	43	01:24:07	37	01:23:42	37	Shropshire Shufflers
79	Rhys	Ab Elwyn	M	37	M45+	7	00:39:53	45	01:24:15	38	01:24:12	38	Eryri Harriers
1473	Andrew	Whittingham	M	38	M40+	6	00:39:01	33	01:24:37	39	01:24:35	39	Wilmslow Running Club
147	Paul	Evans	M	39	M40+	7	00:39:39	42	01:24:43	40	01:24:40	40	Wrecsam Tri
27	Tom	Williams	M	40	MOPEN	20	00:39:01	34	01:24:48	41	01:24:46	41	Chester Tri
1633	George	Nicholls	M	41	M40+	8	00:39:36	40	01:24:53	42	01:24:51	42	Prestatyn Running Club
453	Alvin	Cooney	M	42	M35+	7	00:38:23	28	01:25:04	43	01:25:03	43	Mersey Tri
469	Jim	Bacon	M	43	MOPEN	21	00:38:57	32	01:25:09	44	01:25:08	44	Eryri Harriers
1203	Richard	Wilyman	M	44	MOPEN	22	00:40:33	54	01:25:11	45	01:25:10	45	Abergele Harriers
156	Billy	Mccartney	M	45	M35+	8	00:39:48	44	01:25:18	46	01:25:16	46	Salford Harriers
738	Andrew	Howarth	M	46	M35+	9	00:39:37	41	01:25:20	47	01:25:19	47	Chester Tri
99	Arwel	Lewis	M	47	M50+	1	00:40:11	49	01:25:27	48	01:25:27	48	Eryri Harriers
470	James	Grannan	M	48	MU20	1	00:39:34	39	01:25:31	49	01:25:30	49	Stockport Harriers
62	Neil	Cosgrove	M	49	MOPEN	23	00:40:27	52	01:25:37	50	01:25:31	50	Liverpool Running Bugs
60	Mike	Hill	M	50	M45+	8	00:40:09	48	01:25:45	51	01:25:44	51	Wilmslow Running Club
1039	Keith	Scovell	M	51	M45+	9	00:40:01	47	01:25:47	52	01:25:46	52	arrowe park amblers
187	John	Mcmaster	M	52	MOPEN	24	00:40:36	55	01:26:57	53	01:26:48	53	Skelmersdale Boundary Harriers
607	Gary	House	M	53	MOPEN	25	00:40:32	53	01:27:25	54	01:27:22	54	Chester Tri
1040	Jim	O'Connor	M	54	M40+	9	00:41:06	57	01:27:30	55	01:27:26	55	Salford Harriers
272	Andrew	Scowcroft	M	55	M35+	10	00:40:00	46	01:27:37	56	01:27:35	56	
1497	Gwyn	Roberts	M	56	M40+	10	00:40:23	50	01:27:44	57	01:27:43	57	
355	Garry	Owens	M	57	M45+	10	00:41:06	58	01:27:47	58	01:27:42	58	Oswestry Olympians
583	Ian	Landucci	M	58	M45+	11	00:40:58	56	01:27:56	59	01:27:41	59	Helsby Running Club
121	Mark	Davies	M	59	M35+	11	00:41:33	64	01:28:53	60	01:28:52	60	North Wales Road Runners Club
479	Bryan	Riley	M	60	M35+	12	00:41:48	68	01:28:57	61	01:28:52	61	Mersey Tri
472	Phillip	Lynes	M	61	MOPEN	26	00:41:09	60	01:28:59	62	01:28:57	62	
787	Sally	Gray	F	2	F35+	1	00:41:07	59	01:29:20	63	01:29:18	63	stafford harriers
590	Duncan	Cowie	M	62	M45+	12	00:42:32	80	01:29:21	64	01:29:12	64	Sinfin Running Club
1539	Irfon	Rowlands	M	63	M40+	11	00:41:39	65	01:29:29	65	01:29:26	65	Cybi Striders
773	Jonathon	Seymour	M	64	MOPEN	27	00:42:55	94	01:29:29	66	01:29:18	66	
310	Kevin	Lister	M	65	M35+	13	00:41:49	69	01:29:34	67	01:29:15	67	North East Veterans
184	Owain	Williams	M	66	MOPEN	28	00:42:34	82	01:29:39	68	01:29:23	68	
348	Steve	Smith	M	67	M40+	12	00:42:52	90	01:29:42	69	01:29:33	69	
1626	Kerry	Bliston	M	68	M35+	14	00:42:34	83	01:29:48	70	01:29:45	70	North Wales Road Runners Club
1007	Paul	Ballinger	M	69	M50+	2	00:41:13	61	01:29:50	71	01:29:47	71	denbigh harriers
312	Lee	Evans	M	70	M35+	15	00:43:36	114	01:29:55	72	01:29:51	72	Hardcore Training / Surf-Lines
856	Sean	Britton	M	71	MOPEN	29	00:43:12	104	01:29:58	73	01:29:38	73	Wirral AC
1587	Michael	Downes	M	72	M35+	16	00:42:33	81	01:30:08	74	01:29:46	74	Stone Master Marathoners
138	Scott	Wheatley	M	73	MOPEN	30	00:42:00	71	01:30:12	75	01:29:54	75	Bangor University Athletics Cl
406	Mike	Mccann	M	74	M35+	17	00:43:15	107	01:30:14	76	01:30:11	76	Penny Lane Striders
124	Peter	Clayton	M	75	M45+	13	00:42:06	72	01:30:30	77	01:30:26	77	Vale Royal AC
113	Richard	Scamans	M	76	M40+	13	00:42:37	85	01:30:30	78	01:30:25	78	North Wales Road Runners Club
1017	Simon	Quick	M	77	MOPEN	31	00:42:19	78	01:30:33	79	01:30:32	79	Buckley Runners
463	Patrick	Buxton	M	78	M35+	18	00:42:11	74	01:30:33	80	01:29:54	80	
393	Ashley	Wager	M	79	M50+	3	00:42:57	96	01:30:35	81	01:30:29	81	Eryri Harriers
1362	David	Nalder	M	80	M55+	1	00:42:08	73	01:30:42	82	01:30:33	82	Ellesmere Port Running Club
306	David	Shaw	M	81	M45+	14	00:41:21	62	01:30:42	83	01:30:40	83	Salford Harriers
916	Mark	Flanagan	M	82	M45+	15	00:43:02	98	01:30:44	84	01:30:41	84	Sunlight Runners
661	Paul	Duiker-Parker	M	83	MOPEN	32	00:42:53	93	01:30:50	85	01:30:47	85	
917	Patrik	Corrigan	M	84	M50+	4	00:42:56	95	01:30:51	86	01:30:45	86	Birkenhead AC
1149	Iain	Davies-Moore	M	85	M40+	14	00:42:41	86	01:31:00	87	01:30:34	87	Wrecsam Tri
1124	Joe	Birtwistle	M	86	MOPEN	33	00:41:49	70	01:31:01	88	01:30:04	88	
1572	John	Halliwell	M	87	M45+	16	00:43:14	105	01:31:03	89	01:30:49	89	Manchester Harriers
188	Jenny	Brierley	F	3	FOPEN	2	00:43:20	111	01:31:09	90	01:31:08	90	Bangor University Athletics Cl
1183	Dyfed Whiteside	Thomas	M	88	M35+	19	00:42:50	89	01:31:11	91	01:30:57	91	
202	James	Kirkwood	M	89	MOPEN	34	00:43:44	116	01:31:25	92	01:31:02	92	Menai Track and Field
798	Nick	Thornton	M	90	M45+	17	00:42:30	79	01:31:26	93	01:30:44	93	
982	Robert	Chambers	M	91	MOPEN	35	00:43:01	97	01:31:34	94	01:31:15	94	Tattenhall Runners
650	Chris	Gledhill	M	92	MOPEN	36	00:43:59	128	01:31:35	95	01:30:22	95	
1536	Gary	Charlton	M	93	M45+	18	00:42:47	88	01:31:38	96	01:31:17	96	'Coffee & Scones' Road Runners
1531	Katherine	Brougham	F	4	FOPEN	3	00:42:46	87	01:31:39	97	01:31:17	97	
276	Mike	Clayton	M	94	MOPEN	37	00:42:52	91	01:31:40	98	01:31:34	98	Liverpool Running Bugs
919	Ronald	Warrender	M	95	M50+	5	00:42:18	76	01:31:44	99	01:31:42	99	Salford Harriers
255	Robbie	Collins	M	96	MOPEN	38	00:43:14	106	01:31:49	100	01:31:30	100	Penny Lane Striders
685	Stephen	Coleman	M	97	M50+	6	00:44:10	141	01:31:59	101	01:31:37	101	astley & tyldesley road runner
1261	Matthew	Pearson	M	98	MOPEN	39	00:41:28	63	01:32				

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	10K	Position	Gun Time	Position	Chip Time	Position	Club
570	Damian	Gaffney	M	105	M40+	19	00:43:29	113	01:32:52	109	01:32:42	111	
1605	David	Parsons	M	106	M50+	7	00:44:04	135	01:32:56	110	01:32:53	112	
162	Mark	Hughes	M	107	MOPEN	41	00:43:11	103	01:33:00	111	01:32:41	110	Bangor University Athletics Cl
235	William	Price	M	108	MOPEN	42	00:43:59	130	01:33:05	112	01:32:25	106	denbigh harriers
57	Alan	Cunningham	M	109	M35+	20	00:44:04	134	01:33:07	113	01:32:58	113	West Lothian Triathlon
282	Andy	Jones	M	110	M35+	21	00:43:06	101	01:33:12	114	01:33:11	114	North Wales Road Runners Club
1317	Andrew	Roberts	M	111	M45+	19	00:43:51	123	01:33:19	115	01:33:14	118	
46	Matthew	Jackson	M	112	M40+	20	00:43:45	118	01:33:19	116	01:33:13	116	Newcastle Staffs AC
481	Stephen	Askey	M	113	M55+	3	00:43:44	117	01:33:20	117	01:33:13	117	Newcastle Staffs AC
1634	Peter	Jones	M	114	M50+	8	00:43:05	99	01:33:20	118	01:33:12	115	
1374	Mark	Mayers	M	115	M40+	21	00:43:11	102	01:33:29	119	01:33:22	120	abergele harriers
1112	Peter	Hughes	M	116	M45+	20	00:44:03	132	01:33:39	120	01:33:30	121	Wrexham A.C.
326	Ian	Roche	M	117	M45+	21	00:44:05	138	01:33:45	121	01:33:40	122	
110	Dean	Connolly	M	118	MOPEN	43	00:44:55	164	01:33:54	122	01:33:43	124	
853	Tim	Watson	M	119	M45+	22	00:42:34	84	01:33:54	123	01:33:51	128	
876	Michael	Burns	M	120	M45+	23	00:44:22	145	01:34:00	124	01:33:40	123	Ellesmere Port Running Club
102	Gwynedd	Jones	M	121	M35+	22	00:43:53	124	01:34:04	125	01:33:49	126	
170	Colin Micheal	Dobbs	M	122	M35+	23	00:44:28	146	01:34:08	126	01:33:57	130	Penny Lane Striders
524	Gary	Watts	M	123	M40+	22	00:43:47	119	01:34:08	127	01:33:47	125	Chester Tri
38	Adrian	Church	M	124	M40+	23	00:44:04	133	01:34:09	128	01:33:56	129	
30	Siobhan	Evans	F	5	FOPEN	4	00:42:18	77	01:34:12	129	01:34:08	132	
1456	Andy	Yates	M	125	M45+	24	00:43:24	112	01:34:13	130	01:34:03	131	
1	Steven	Evans	M	126	M50+	9	00:44:05	136	01:34:29	131	01:34:23	137	Doncaster Running Club
544	Jason	Pierce	M	127	MOPEN	44	00:44:02	131	01:34:30	132	01:34:12	134	
1477	Norman	Titley	M	128	M45+	25	00:43:49	120	01:34:35	133	01:33:50	127	Shropshire Shufflers
1493	Daniel	Feeley	M	129	M50+	10	00:44:13	142	01:34:41	134	01:34:20	135	Buxton Running Club
256	Lynne	Callaghan	F	6	F35+	2	00:44:34	150	01:34:42	135	01:34:08	133	Trentham Running Club
557	Steven	Hayes	M	130	M35+	24	00:44:09	140	01:34:45	136	01:34:39	139	
1277	Daniel Mark	Williams	M	131	MOPEN	45	00:41:44	67	01:34:45	137	01:34:21	136	
691	Stephen	Hillier	M	132	MOPEN	46	00:44:44	158	01:34:47	138	01:34:39	138	
978	Tom	Temple	M	133	M55+	4	00:44:28	147	01:34:51	139	01:34:50	141	Salford Harriers
759	Colin	Minshull	M	134	M40+	24	00:45:28	185	01:34:59	140	01:33:22	119	Chester Tri
325	Rich	Hirons	M	135	M45+	26	00:45:07	173	01:35:03	141	01:35:00	144	Wilmslow Running Club
1483	Jonathan	Clemson	M	136	M40+	25	00:44:48	162	01:35:06	142	01:34:56	143	Preston Harriers
1089	Chris Anthony	Leamon	M	137	MOPEN	47	00:43:50	121	01:35:12	143	01:34:54	142	
1255	Andy	Seal	M	138	M45+	27	00:44:39	154	01:35:14	144	01:35:12	149	TELFORD HARRIERS
351	Christopher	Westcombe	M	139	MOPEN	48	00:44:32	148	01:35:23	145	01:35:19	150	
735	Gregg	Norry	M	140	M40+	26	00:44:47	161	01:35:24	146	01:35:04	147	
352	Simon	Taylor	M	141	M35+	25	00:44:43	156	01:35:24	147	01:34:48	140	
901	Kevin	Slattery	M	142	M55+	5	00:43:51	122	01:35:28	148	01:35:02	145	North Wales Road Runners Club
1005	Marc	Potter	M	143	M35+	26	00:44:55	165	01:35:30	149	01:35:03	146	Riversway Road Runners
680	Paul	Williams	M	144	M45+	28	00:44:44	157	01:35:39	150	01:35:35	154	Shropshire Shufflers
1315	Adair	Broughton	M	145	M35+	27	00:45:05	172	01:35:42	151	01:35:32	153	Helsby Running Club
221	Michael	Mawby	M	146	MOPEN	49	00:45:35	187	01:35:46	152	01:35:27	152	
4	Andrew	Morris	M	147	MOPEN	50	00:43:59	129	01:35:47	153	01:35:08	148	
534	Jon	Hawker	M	148	M45+	29	00:44:46	160	01:35:48	154	01:35:39	155	Ellesmere Port Running Club
213	Michael	Smith	M	149	MOPEN	51	00:45:08	174	01:36:06	155	01:35:24	151	
1425	Huw	Owen	M	150	M35+	28	00:45:04	170	01:36:11	156	01:35:57	158	
549	Karl	Morris	M	151	MOPEN	52	00:43:53	125	01:36:22	157	01:36:18	162	North Wales Road Runners Club
1059	Daniel	Bucknole	M	152	MOPEN	53	00:44:38	153	01:36:29	158	01:35:52	157	
558	Stanley	Curran	M	153	M60+	1	00:45:28	182	01:36:31	159	01:36:26	167	Salford Harriers
861	Nick	Jones	M	154	M35+	29	00:43:57	126	01:36:33	160	01:36:20	163	Eryri Harriers
82	Jason	Thomas	M	155	M35+	30	00:44:15	144	01:36:34	161	01:36:10	160	Cybi Striders
63	Mark	Owen	M	156	MOPEN	54	00:46:50	248	01:36:39	162	01:36:30	171	
1176	Stephen	Norbury	M	157	M35+	31	00:45:01	168	01:36:41	163	01:36:15	161	
610	Jacek	Ogrodniczek	M	158	MOPEN	55	00:47:19	268	01:36:44	164	01:36:30	170	
74	Magnus	Walker	M	159	M45+	30	00:45:35	189	01:36:44	165	01:36:24	165	Chester Tri
492	Stephen	Loftus	M	160	M45+	31	00:45:39	191	01:36:46	166	01:36:27	169	
857	Russ	Cheetham	M	161	M45+	32	00:45:10	175	01:36:47	167	01:36:27	168	Prestatyn Running Club
1324	Steve	Jones	M	162	M40+	27	00:45:12	176	01:36:50	168	01:35:58	159	Biddulph Running Club
296	Pete	Manning	M	163	MOPEN	56	00:46:28	227	01:36:51	169	01:36:23	164	Riversway Road Runners
1019	Gareth Rees	Ellis	M	164	M40+	28	00:45:17	180	01:36:56	170	01:36:53	182	Menai Track and Field
865	Jeremy	Mirams	M	165	M35+	32	00:45:40	193	01:36:56	171	01:36:48	179	Hallamshire Harriers Sheffield
154	Dave	Ellis	M	166	MOPEN	57	00:46:08	216	01:37:02	172	01:36:42	175	Cybi Striders
71	Ceris William	Owen	M	167	M55+	6	00:46:51	251	01:37:02	173	01:36:53	183	
1517	Emyr	Evans	M	168	M40+	29	00:44:15	143	01:37:02	174	01:36:52	180	Carneddau Triathlon Club
381	Mark	Singer	M	169	MOPEN	58	00:46:50	247	01:37:03	175	01:36:42	177	
382	Kevin	Phillips	M	170	M40+	30	00:46:50	246	01:37:03	176	01:36:42	176	
1515	Craig Thomas	Davies	M	171	M35+	33	00:46:55	254	01:37:03	177	01:36:32	172	
808	Simon	Cocksey	M	172	MOPEN	59	00:45:49	199	01:37:05	178	01:36:24	166	
1548	Andrew	Davies	M	173	MOPEN	60	00:45:15	179	01:37:06	179	01:35:51	156	
804	Peter	Cammack	M	174	M35+	34	00:46:03	210	01:37:06	180	01:36:47	178	
1045	David	Blackmore	M	175	M35+	35	00:46:47	243	01:37:12	181	01:36:32	173	
1008	Marc	Vincent	M	176	MOPEN	61	00:46:12	220	01:37:18	182	01:37:04	187	Penny Lane Striders
1570	Ian	Francis	M	177	M40+	31	00:46:33	232	01:37:21	183	01:36:59	184	Buxton AC
724	Ralph	Pawling	M	178	MOPEN	62	00:45:13	177	01:37:21	184	01:37:08	188	
631	Vicky	Unsworth	F	7	FOPEN	5	00:45:41	194	01:37:23	185	01:37:17	193	Liverpool Running Club
1535	Jane	Ashbrook	F	8	F35+	3	00:45:15	178	01:37:25	186	01:37:15	191	Helsby Running Club
1191	Susan	Fourie	F	9	F35+	4	00:46:45	240	01:37:28	187	01:37:13	190	Chester Tri
317	John	Jones	M	179	M40+	32	00:47:46	292	01:37:29	188	01:36:39	174	
513	Bree	Sutcliffe	F	10	F35+	5	00:46:25	225	01:37:31	189	01:37:16	192	Chester Tri
891	Peter	Hughes	M	180	M45+	33	00:45:42	195	01:37:32	190	01:37:02	186	
127	Matthew	Tonks	M	181	M35+	36	00:43:59	127	01:37:37	191	01:37:27	196	nuneaton harriers
1223	Trefor	Hughes-Morris	M	182	M45+	34	00:44:34	149	01:37:39	192	01:37:10	189	
1053	Darren	Dentith	M	183	M35+	37	00:45:50	201	01:37:39	193	01:37:22	194	
176	Arwyn	Williams	M	184	M35+	38	00:45:04	171	01:37:46	194	01:37:27	197	Cybi Striders
627	Steven	Roberts	M	185	M45+	35	00:44:49	163	01:37:47	195	01:37:31	199	
47	Dave	Hampson	M	186	M45+	36	00:46:11	218	01:37:48	196	01:37:25	195	St Helens Sutton AC
888	Vincent	Murphy	M	187	M65+	1	00:45:33	186	01:37:50	197	01:37:44	201	Salford Harriers
100	Neil	Battersby	M	188	M35+	39	00:44:59	166	01:37:54	198	01:37:34	200	
546	Andrew	Savage	M	189	M40+	33	00:46:33	231	01:38:00	199	01:37:31	198	
34	Matthew	Daniels	M	190	MOPEN	63	00:44:39	155	01:38:02	200	01:37:58	208	Stockport Harriers
1433	Wayne	Holland	M	191	M35+	40	00:47:09	261	01:38:06	201	01:37:56	206	STOCKPORT HARRIERS
92	Emrys Lewis	Jones	M	192	M50+	11	00:46:04	211	01:38:07	202	01:37:50	204	Cybi Striders
703	Richard	O'Keefe	M	193	M35+	41	00:46:31	230	01:38:15	203	01:38:01	209	
587	Iwan	Evans	M	194	MOPEN	64	00:45:04	169	01:38:18	204	01:38:10	210	
1598	Dylan Wyn	Jones	M	195	MOPEN	65	00:44:05	137	01:38:21	205	01:37:50	203	
1481	Janet	Edwards	F	11	F50+	1	00:46:56	255	01:38:22	206	01:38:14	212	Shropshire Shufflers
1607	Gavin	Roberts	M	196	MOPEN	66	00:46:09	217	01:38:23	207	01:37:51	205	
713	Paul	Swift	M	197	M35+	42	00:44:59	167	01:38:25	208			

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	10K	Position	Gun Time	Position	Chip Time	Position	Club
1474	Gary	Thomason	M	207	M50+	12	00:45:52	205	01:38:55	220	01:38:50	225	Salford Harriers
1431	John	Walker	M	208	M45+	39	00:45:28	184	01:39:03	221	01:38:59	228	
471	Patrick	Grannan	M	209	M60+	2	00:45:54	206	01:39:08	222	01:39:06	231	Wilmslow Running Club
984	Janine	Ellis	F	14	F40+	1	00:45:49	200	01:39:08	223	01:39:06	232	Wilmslow Running Club
201	David	Owens	M	210	M35+	46	00:45:51	203	01:39:09	224	01:38:58	227	Penny Lane Striders
1200	Hans-Peter	Kubis	M	211	M50+	13	00:45:43	197	01:39:12	225	01:39:08	233	
84	Neil	Austin	M	212	MOPEN	69	00:45:28	183	01:39:16	226	01:38:37	220	
1237	Simon	Leeson	M	213	M50+	14	00:46:19	223	01:39:17	227	01:39:00	229	
1325	Kevin	Shufflebottom	M	214	M45+	40	00:45:35	188	01:39:25	228	01:38:34	219	Biddulph Running Club
719	Mark	Cooney	M	215	M40+	36	00:46:36	237	01:39:27	229	01:38:41	223	
1340	Michael	Thelwell	M	216	M35+	47	00:44:37	151	01:39:31	230	01:39:29	238	North Wales Road Runners Club
356	John Merfyn	Williams	M	217	M50+	15	00:45:56	207	01:39:36	231	01:39:13	234	Cybi Striders
219	Ken	Goftom	M	218	M55+	7	00:46:35	235	01:39:42	232	01:39:37	243	rugeley runners
1310	Peter	Kirk	M	219	MOPEN	70	00:46:07	212	01:39:45	233	01:38:51	226	
577	Barry Stuart	Griffith	M	220	M40+	37	00:47:27	271	01:39:46	234	01:39:04	230	
174	Anthony	Howe	M	221	M35+	48	00:46:58	257	01:39:46	235	01:39:38	245	Abergele Harriers
1506	Kate	Litherland	F	15	FOPEN	8	00:46:48	244	01:39:46	236	01:39:31	240	Chester Tri
1395	Andrew	Cosgrove	M	222	MOPEN	71	00:46:45	239	01:39:48	237	01:38:38	221	
145	Helen	Macarthur	F	16	F40+	2	00:45:43	196	01:39:48	238	01:39:41	246	Colwyn Bay Athletics Club
1555	Steven	Farrar	M	223	M45+	41	00:46:52	252	01:39:50	239	01:39:25	237	Cybi Striders
217	Kate	Sutton	F	17	F45+	1	00:46:11	219	01:39:51	240	01:39:49	249	Wilmslow Running Club
5	Jonathan	Tyler	M	224	MOPEN	72	00:46:29	229	01:39:54	241	01:39:20	235	
1509	Daniel	Williamson	M	225	MOPEN	73	00:48:10	312	01:39:56	242	01:39:34	242	
626	Mark	Dibb	M	226	M35+	49	00:46:27	226	01:39:59	243	01:39:47	248	
1561	Pete	Begley	M	227	M40+	38	00:46:08	214	01:40:07	244	01:39:38	244	
780	Nathan	Jones	M	228	MOPEN	74	00:46:17	222	01:40:17	245	01:39:30	239	Bournville Harriers
593	Sam	Lawrence	M	229	MOPEN	75	00:46:59	258	01:40:22	246	01:39:54	251	Riversway Road Runners
216	David	Brian	M	230	MOPEN	76	00:46:08	215	01:40:23	247	01:38:18	214	
880	Charles	Ashley	M	231	M50+	16	00:47:09	262	01:40:23	248	01:40:12	253	Wrexham A.C.
755	Steven	Kirkham	M	232	M35+	50	00:47:38	286	01:40:23	249	01:39:53	250	
1542	Jonathan	Kettle	M	233	M35+	51	00:46:53	253	01:40:25	250	01:40:17	254	
1347	Ken	Bloor	M	234	M50+	17	00:47:21	269	01:40:40	251	01:40:30	260	
1604	Kersha	Dwyer	F	18	FOPEN	9	00:47:53	297	01:40:42	252	01:40:27	258	Penny Lane Striders
582	Mark	Angel	M	235	M35+	52	00:46:34	233	01:40:47	253	01:40:39	263	
530	Julie	Harnden	F	19	F35+	6	00:47:37	284	01:40:47	254	01:40:38	262	Wrexham A.C.
1331	Andrew	Vincent	M	236	M45+	42	00:48:04	304	01:40:52	255	01:40:28	259	
778	David	Lee	M	237	MOPEN	77	00:48:41	340	01:40:56	256	01:39:32	241	
920	Asif	Dar	M	238	MOPEN	78	00:44:38	152	01:40:57	257	01:40:56	268	
376	James Michael	Williams	M	239	MOPEN	79	00:45:57	208	01:41:00	258	01:40:35	261	
1463	Ted	Smith	M	240	M45+	43	00:48:24	323	01:41:00	259	01:40:49	265	
896	Stephanie	Ellis-Williams	F	20	F35+	7	00:49:03	357	01:41:00	260	01:39:21	236	
1031	Anthony	Collier	M	241	M50+	18	00:47:39	287	01:41:02	261	01:40:54	267	Styal Running Club
290	Emma	Lawton	F	21	FOPEN	10	00:47:58	302	01:41:04	262	01:40:47	264	Penny Lane Striders
304	Andrew	Thomas	M	242	MOPEN	80	00:48:38	338	01:41:06	263	01:39:43	247	Mersey Tri
1518	Ian	Rothery	M	243	M55+	8	00:45:23	181	01:41:09	264	01:41:06	274	Cybi Striders
265	Simon	Mccarthy	M	244	MOPEN	81	00:48:19	319	01:41:14	265	01:41:00	269	
152	Mark	Williams	M	245	M45+	44	00:47:39	288	01:41:15	266	01:40:20	255	Deestridders
264	Ged	Mccarthy	M	246	M50+	19	00:48:19	320	01:41:19	267	01:41:04	271	
1216	Michael	Connor	M	247	M45+	45	00:47:16	264	01:41:23	268	01:41:05	272	Liverpool Running Bugs
1189	Gavin James	Reeves	M	248	M35+	53	00:47:29	278	01:41:25	269	01:41:15	276	Wrexham A.C.
1609	Nicholas	Wood	M	249	MOPEN	82	00:46:14	221	01:41:25	270	01:41:03	270	Mersey Tri
746	Andrew	Spooner	M	250	MOPEN	83	00:45:39	192	01:41:29	271	01:41:21	281	
548	David	Hibbert	M	251	M40+	39	00:49:17	372	01:41:29	272	01:40:22	256	
336	Marc	Musgrave	M	252	MOPEN	84	00:47:30	280	01:41:31	273	01:41:26	283	
1591	Martin	Pritchard-Howarth	M	253	M40+	40	00:47:50	295	01:41:35	274	01:40:11	252	Mersey Tri
1274	Geoff	Shaw	M	254	M55+	9	00:46:07	213	01:41:35	275	01:41:32	285	Helsby Running Club
419	Kelsey	Thurston	F	22	F35+	8	00:48:11	316	01:41:40	276	01:41:16	277	
420	Abigail	Thurston	F	23	F35+	9	00:48:12	317	01:41:40	277	01:41:17	278	
1510	Jeremy	Hawksworth	M	255	MOPEN	85	00:48:27	327	01:41:44	278	01:41:05	273	
10	Dei	Jones	M	256	M50+	20	00:48:43	343	01:41:45	279	01:41:22	282	
26	Farid	El-Jazouli	M	257	MOPEN	86	00:47:58	300	01:41:47	280	01:40:52	266	
776	Libby	Collinson	F	24	F55+	1	00:48:37	336	01:41:48	281	01:41:40	289	shropshire shufflers
476	Tim	Grace	M	258	M40+	41	00:46:38	238	01:41:49	282	01:41:21	280	Mersey Tri
460	Ernesto	Barbera	M	259	M40+	42	00:46:28	228	01:41:51	283	01:41:43	290	
28	Gareth	Dixon	M	260	MOPEN	87	00:47:42	290	01:42:04	284	01:41:51	293	
200	Bethan Dobson	Jones	F	25	FOPEN	11	00:47:48	293	01:42:05	285	01:41:50	292	Eryri Harriers
408	Phillip	Roberts	M	261	MOPEN	88	00:47:16	265	01:42:06	286	01:41:18	279	
101	Michael	Gashe	M	262	M40+	43	00:46:35	234	01:42:07	287	01:41:32	286	
384	Michael	Curry	M	263	M45+	46	00:48:33	332	01:42:08	288	01:40:22	257	
1504	David	Thomas	M	264	M45+	47	00:47:16	266	01:42:08	289	01:42:01	297	
1527	John	Wood	M	265	M55+	10	00:48:36	334	01:42:11	290	01:41:38	288	Michelin AC
1010	Wyn	Roberts-Parry	M	266	M35+	54	00:47:27	273	01:42:23	291	01:42:17	302	
253	Apsion	Pwyll Edwin	M	267	M40+	44	00:47:27	272	01:42:29	292	01:42:00	296	
367	Rob	Hardwick	M	268	M40+	45	00:48:11	315	01:42:32	293	01:42:18	303	Penny Lane Striders
372	Nick	Roberts	M	269	M40+	46	00:49:20	376	01:42:35	294	01:41:48	291	
373	David	Roberts	M	270	M50+	21	00:48:07	308	01:42:35	295	01:42:15	300	Ellesmere Port Running Club
225	Ben	Phillips	M	271	MOPEN	89	00:46:51	250	01:42:36	296	01:41:26	284	
1619	Mark	Pickard	M	272	M40+	47	00:47:35	282	01:42:39	297	01:42:17	301	Ellesmere Port Running Club
1594	Wendy	Trimbel	F	26	FOPEN	12	00:48:19	321	01:42:40	298	01:42:15	299	Eryri Harriers
639	Gavin	Roche	M	273	M35+	55	00:46:22	224	01:42:42	299	01:42:20	304	
208	Grant	Davidson	M	274	M35+	56	00:47:27	275	01:42:45	300	01:42:22	307	Mersey Tri
142	Alberto	Adriasola	M	275	M40+	48	00:49:09	363	01:42:46	301	01:41:12	275	
997	Carl	Marsh	M	276	M45+	48	00:48:28	328	01:42:51	302	01:42:44	315	
900	Mark	Hughesp	M	277	M45+	49	00:44:46	159	01:42:51	303	01:42:48	317	Chester Tri
360	Simon	Hilton	M	278	M45+	50	00:49:27	385	01:42:54	304	01:42:03	298	stockport harriers
1309	Darren	Hudson	M	279	MOPEN	90	00:48:21	322	01:42:55	305	01:42:00	295	
664	Tom	Daniels	M	280	M60+	3	00:46:46	242	01:42:57	306	01:42:53	320	Salford Harriers
281	Neal	Bailey	M	281	M40+	49	00:50:29	448	01:42:58	307	01:41:58	294	
488	David	Gardner	M	282	M70+	1	00:48:25	325	01:42:59	308	01:42:49	318	North Wales Road Runners Club
149	Benjamin	Lewis	M	283	MOPEN	91	00:47:50	296	01:42:59	309	01:42:37	312	
1235	James	Stewart	M	284	MOPEN	92	00:50:45	464	01:43:06	310	01:42:40	313	
342	Jon	Moorhouse	M	285	M40+	50	00:47:34	281	01:43:11	311	01:42:47	316	Mersey Tri
1416	Martin Paul	Witty	M	286	M40+	51	00:47:28	277	01:43:15	312	01:42:21	306	Deestridders
881	Noel	Cheseldine	M	287	M40+	52	00:48:56	353	01:43:16	313	01:42:24	308	village road runners
855	Dennis	Moran	M	288	M65+	2	00:48:10	313	01:43:17	314	01:43:05	324	Salford Harriers
927	Sean	Greeves	M	289	M35+	57	00:48:00	303	01:43:19	315	01:42:27	310	Biddulph Running Club
15	Helen	Elliott	F	27	F35+	10	00:48:04	305	01:43:19	316	01:43:13	328	
385	Sue	O'Brien	F	28	F50+	2	00:49:04	358	01:43:19	317	01:43:12	327	Widnes Wasps
898	Kelly-Ann	Percival	F	29	F35+	11	00:47:58	301	01:43:25	318	01:43:09	326	hyde village striders
1396	Paul	Plummer	M	290	M40+	53	00:47:43	291	01:43:28	319	01:		

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	10K	Position	Gun Time	Position	Chip Time	Position	Club
1257	James	Salt	M	301	MOPEN	97	00:49:45	406	01:44:21	331	01:43:47	337	
505	Alyn	Price	M	302	MOPEN	98	00:49:24	381	01:44:23	332	01:42:54	321	Wrekin Orienteers
1095	Derek	Lord	M	303	M45+	51	00:50:02	428	01:44:23	333	01:44:10	344	burnden road runners
1113	Steve	Thomasson	M	304	MOPEN	99	00:50:02	429	01:44:23	334	01:44:11	345	
319	David	Whall	M	305	M40+	57	00:48:55	351	01:44:31	335	01:43:42	334	
580	Stuart	Marshall	M	306	M35+	59	00:48:49	346	01:44:31	336	01:43:59	342	
1372	Keith	Packer	M	307	M40+	58	00:47:54	298	01:44:32	337	01:44:18	349	
1018	Jonathan	Phillips	M	308	M45+	52	00:48:28	329	01:44:33	338	01:43:25	331	
240	Amanda	Bradbury	F	31	F35+	12	00:48:50	347	01:44:33	339	01:43:43	336	Wilmslow Running Club
48	Bethan	Taylor-Jones	F	32	F45+	2	00:49:25	382	01:44:39	340	01:44:33	358	
1620	Thomas	Farrell	M	309	M35+	60	00:49:45	407	01:44:39	341	01:42:37	311	
1279	James	Saunders	M	310	M50+	24	00:46:46	241	01:44:44	342	01:44:37	361	
1137	Christopher	Bellis	M	311	MOPEN	100	00:51:37	523	01:44:45	343	01:43:19	330	
572	Daniel	George	M	312	MOPEN	101	00:51:45	539	01:44:48	344	01:44:33	357	
329	Darren	Jarman	M	313	M35+	61	00:51:43	533	01:44:48	345	01:44:31	356	
573	Gwyn	Williams	M	314	M35+	62	00:51:45	538	01:44:49	346	01:44:33	359	Shropshire shufflers
686	Luke	Wood	M	315	M35+	63	00:49:30	389	01:44:50	347	01:44:11	346	
1480	Martin	Holoan	M	316	MOPEN	102	00:49:22	378	01:44:53	348	01:44:18	348	Team Marafinn
1063	Thomas	Rowlands	M	317	MOPEN	103	00:49:09	364	01:45:00	349	01:43:32	333	
83	Christopher	Hughes	M	318	MOPEN	104	00:47:42	289	01:45:05	350	01:44:30	355	
128	Sean	Walker	M	319	M35+	64	00:43:05	100	01:45:06	351	01:44:39	362	
1589	Neil	Mcintyre	M	320	M50+	25	00:49:31	390	01:45:06	352	01:44:46	363	west cheshire ac
637	Stephen	Seward	M	321	M40+	59	00:49:32	392	01:45:07	353	01:44:30	354	
575	Chris	Flower	M	322	MOPEN	105	00:49:08	362	01:45:08	354	01:45:01	370	
1078	Peter	Tinsley	M	323	M40+	60	00:49:47	412	01:45:16	355	01:44:28	352	southportwaterlooc
528	John	Richards	M	324	MOPEN	106	00:49:23	380	01:45:17	356	01:44:25	351	Stockport Harriers
599	Keith	Mahon	M	325	M45+	53	00:49:16	369	01:45:20	357	01:44:28	353	Village road runners
668	Glenn	Parry Jones	M	326	M40+	61	00:47:28	276	01:45:23	358	01:45:09	373	
392	Jane	Eardley	F	33	FOPEN	14	00:49:58	421	01:45:23	359	01:44:50	365	Penny Lane Striders
486	David	Bullough	M	327	M35+	65	00:49:46	411	01:45:25	360	01:43:30	332	
3	Will	Pritchard	M	328	M50+	26	00:49:29	388	01:45:27	361	01:45:07	372	
1048	Ioan	Hartleb	M	329	MOPEN	107	00:49:40	398	01:45:29	362	01:43:43	335	
182	Tony	Hill	M	330	M60+	4	00:49:01	356	01:45:30	363	01:45:12	374	Cybi Striders
111	Robert	Mandley	M	331	M35+	66	00:49:19	374	01:45:30	364	01:43:50	338	
134	Graham	Hughes	M	332	M40+	62	00:51:17	498	01:45:31	365	01:44:14	347	Birkenhead AC
414	Adam	Harte	M	333	MOPEN	108	00:48:55	352	01:45:31	366	01:44:52	367	
877	Alison	Macdonald	F	34	F45+	3	00:48:59	354	01:45:34	367	01:45:14	375	Ellesmere Port Running Club
1538	Steve	Mccall	M	334	M50+	27	00:49:38	395	01:45:36	368	01:45:20	379	manchester harriers
687	Chris	Fox	M	335	MOPEN	109	00:49:29	386	01:45:40	369	01:45:01	369	
930	Roland	Bowness	M	336	M65+	3	00:48:40	339	01:45:44	370	01:45:39	386	Salford Harriers
1067	Dave	Crawley	M	337	M40+	63	00:50:08	432	01:45:44	371	01:44:57	368	
688	Brain	Griffiths	M	338	M55+	11	00:49:35	394	01:45:47	372	01:45:26	381	Ellesmere Port Running Club
278	Alexander	Bentley	M	339	MOPEN	110	00:47:15	263	01:45:48	373	01:45:31	384	Liverpool Running Bugs
270	Conor	Roberts	M	340	MOPEN	111	00:51:36	522	01:45:48	374	01:43:55	340	
285	Alex	Vaughan	M	341	MOPEN	112	00:49:13	367	01:45:49	375	01:44:35	360	
711	Christian	Martin-Roffey	M	342	MOPEN	113	00:51:42	529	01:45:54	376	01:45:07	371	
1001	Steve	Clapperton	M	343	M35+	67	00:49:18	373	01:45:55	377	01:45:44	389	
1141	James	Bussell	M	344	MOPEN	114	00:49:39	396	01:45:55	378	01:44:21	350	
704	Christopher	Morley	M	345	M35+	68	00:48:46	345	01:45:59	379	01:45:50	393	
716	Stephen	Ridgway	M	346	MOPEN	115	00:48:25	324	01:46:00	380	01:44:50	366	
307	Dave	Taylor	M	347	M60+	5	00:49:19	375	01:46:06	381	01:44:47	364	Chester Tri
721	Richard	Marsh	M	348	M40+	64	00:48:06	307	01:46:10	382	01:46:08	403	Longdon runners
1247	Brian	Jones	M	349	M50+	28	00:47:08	260	01:46:11	383	01:45:49	392	
283	Russell	Burnham	M	350	M35+	69	00:49:44	405	01:46:11	384	01:45:58	397	Penny Lane Striders
461	Sharron	Richardson	F	35	F35+	13	00:49:12	366	01:46:17	385	01:46:10	405	Shropshire Shufflers
114	Iolo	Madoc-Jones	M	351	M40+	65	00:50:10	434	01:46:18	386	01:45:45	390	
695	Dewi Bryn	Griffiths	M	352	MOPEN	116	00:51:16	496	01:46:21	387	01:45:21	380	
951	Mike	Dilworth	M	353	M55+	12	00:50:31	450	01:46:23	388	01:45:29	383	
870	Anna	Winnard	F	36	FOPEN	15	00:48:52	349	01:46:27	389	01:45:59	398	Riversway Road Runners
1127	Clare	Page	F	37	FOPEN	16	00:49:40	399	01:46:28	390	01:45:58	396	Cheshire Fire and Rescue
612	Lee	Geist	M	354	M35+	70	00:50:58	476	01:46:28	391	01:45:14	376	
1175	Kevin Francis	Smith	M	355	M50+	29	00:51:33	515	01:46:29	392	01:46:04	400	
1043	Joyce	Atherden	F	38	F50+	3	00:49:46	410	01:46:30	393	01:46:07	402	
781	Anthony	Jones	M	356	MOPEN	117	00:48:30	331	01:46:30	394	01:45:45	391	
1002	Carol	Shaw	F	39	F45+	4	00:49:40	400	01:46:35	395	01:46:25	411	Helsby Running Club
938	Ross	Hanson	M	357	MOPEN	118	00:48:05	306	01:46:38	396	01:45:29	382	
318	Daniel	Chesworth	M	358	MOPEN	119	00:48:42	342	01:46:43	397	01:45:53	394	
1574	Paul	Cullen	M	359	M45+	54	00:50:34	455	01:46:45	398	01:45:19	377	
302	Stephen	Mchugh	M	360	M40+	66	00:50:33	454	01:46:45	399	01:45:19	378	Mersey Tri
1365	Roger	Barrett	M	361	M50+	30	00:48:37	337	01:46:51	400	01:46:17	408	Fat Lads Running Club
501	Phil	Clarke	M	362	M35+	71	00:48:44	344	01:46:54	401	01:46:34	417	
335	Jonathan Robert	Williams	M	363	MOPEN	120	00:51:52	544	01:46:56	402	01:46:11	406	
203	Emi	Murata	F	40	FOPEN	17	00:48:09	309	01:46:57	403	01:46:18	409	Herne Hill Harriers
860	Gwen	Jones	F	41	FOPEN	18	00:49:23	379	01:46:59	404	01:45:35	385	Eryri Harriers
1505	David	Lynan	M	364	M35+	72	00:47:55	299	01:46:59	405	01:46:47	426	Penny Lane Striders
404	Sean	Toms	M	365	M45+	55	00:50:00	426	01:47:00	406	01:46:05	401	
1238	Peter	Flint	M	366	M45+	56	00:48:41	341	01:47:03	407	01:47:03	432	
789	Tony	Southern	M	367	M50+	31	00:49:45	409	01:47:05	408	01:46:08	404	
1484	Jonathan	Kini	M	368	MOPEN	121	00:50:49	467	01:47:05	409	01:46:50	428	
693	Jonathan	Worsley	M	369	M45+	57	00:51:15	494	01:47:06	410	01:46:43	421	
618	Lee	Pownall	M	370	M40+	67	00:49:58	422	01:47:07	411	01:46:30	414	North Wales Road Runners Club
1164	Lee	Wakelam	M	371	MOPEN	122	00:49:56	418	01:47:09	412	01:46:56	430	
1552	Joseph	Riley	M	372	M40+	68	00:51:17	499	01:47:10	413	01:46:25	412	
765	David	Husband	M	373	M35+	73	00:50:57	475	01:47:10	414	01:45:44	388	Chester Tri
965	Richard	Upton	M	374	M50+	32	00:49:45	408	01:47:12	415	01:46:21	410	
16	Karl	Hill	M	375	MOPEN	123	00:49:14	368	01:47:14	416	01:46:32	416	
1554	Sharon	Plested	F	42	F45+	5	00:50:32	451	01:47:19	417	01:46:46	423	Ellesmere Port Running Club
1613	Nicola	Lee-Browne	F	43	F45+	6	00:50:08	433	01:47:20	418	01:46:31	415	North Wales Road Runners Club
416	Nigel	Dean	M	376	M35+	74	00:50:15	438	01:47:21	419	01:46:45	422	
641	Nicola	Smith	M	377	M45+	58	00:49:57	420	01:47:21	420	01:46:47	425	Ellesmere Port Running Club
220	Sophie	Leach	F	44	FOPEN	19	00:49:26	383	01:47:22	421	01:46:39	419	
1272	Ralph	Petts	M	378	M35+	75	00:50:52	469	01:47:22	422	01:46:39	420	
882	Tom	Bancroft	M	379	M35+	76	00:50:40	460	01:47:24	423	01:46:03	399	Abergele Harriers
1441	Nathan	Winstanley	M	380	M35+	77	00:49:41	401	01:47:24	424	01:46:47	424	
205	Michael John	Davies	M	381	M45+	59	00:49:32	391	01:47:24	425	01:46:26	413	Tattenhall Runners
531	Scott	Hendry	M	382	M35+	78	00:49:50	415	01:47:30	426	01:47:16	439	Penny Lane Striders
271	Ioan	Roberts	M	383	MOPEN	124	00:51:44	536	01:47:31	427	01:45:40	387	
567	Nicola	Swinerton	F	45	F35+	14	00:50:43	463	01:47:34	428	01:46:48	427	
1588	Adrienne	Richardson	F	46	F35+	15	00:50:40	459	01:47:40	429	01:47:06	433	
1086	Andrew	Harwood	M	384	M35+	79	00:50:16	441	01:47:42	430	01:47:07	434	
1560</													

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	10K	Position	Gun Time	Position	Chip Time	Position	Club
1379	Andrew	Dooley	M	392	M50+	34	00:50:12	436	01:48:13	442	01:48:05	452	Styal Running Club
1057	Mark	Hobson	M	393	M35+	82	00:51:05	484	01:48:17	443	01:47:58	451	
747	Carl	Dimmock	M	394	M45+	60	00:48:14	318	01:48:17	444	01:48:12	457	
1214	Sean	Gavin	M	395	M35+	83	00:47:27	274	01:48:19	445	01:48:06	454	North Wales Road Runners Club
297	Andrew	Kingham	M	396	MOPEN	125	00:51:17	497	01:48:20	446	01:47:13	436	
517	Simon	Clifton	M	397	M35+	84	00:51:35	516	01:48:31	447	01:47:28	444	Liverpool
511	Terence	Mcdonald	M	398	M35+	85	00:51:37	524	01:48:31	448	01:47:29	445	
1469	Caroline	John	F	51	F45+	7	00:51:56	551	01:48:34	449	01:47:17	440	
425	Kristian	Jones	M	399	MOPEN	126	00:53:10	622	01:48:36	450	01:46:52	429	
322	Kevin	Curtis	M	400	M55+	13	00:50:59	477	01:48:40	451	01:47:48	448	
1407	Geraint	Williams	M	401	M45+	61	00:50:21	444	01:48:41	452	01:47:02	431	Cybi Striders
383	Lisa	Davidson	F	52	F40+	3	00:51:11	492	01:48:41	453	01:48:18	458	Mersey Tri
166	Suzu	Blandford	F	53	FOPEN	23	00:49:05	359	01:48:47	454	01:48:31	463	Bangor University Athletics Cl
81	Harriet	Lowe	F	54	FOPEN	24	00:51:04	483	01:48:48	455	01:47:43	447	
1447	Stephanie	Goodchild	F	55	F45+	8	00:52:18	574	01:48:49	456	01:48:22	460	Manchester YMCA Harriers
545	Katie	Evans	F	56	FOPEN	25	00:51:16	495	01:48:53	457	01:48:23	461	Chester Tri
89	Michael	Mckinlay	M	402	MOPEN	127	00:51:18	501	01:48:55	458	01:48:10	455	
1011	Andrew	Dodd	M	403	M40+	73	00:50:06	431	01:48:56	459	01:48:06	453	Wilmslow Running Club
619	Gary	Clarke	M	404	M35+	86	00:48:54	350	01:48:58	460	01:48:32	464	Rocktart runners
1213	Peter	Rittenberg	M	405	M50+	35	00:51:42	531	01:49:01	461	01:48:44	471	Liverpool Running Bugs
341	Gillian	Doolan	F	57	F40+	4	00:49:17	371	01:49:01	462	01:48:29	462	Stockport Harriers
1264	Claire	Northcote	F	58	F50+	4	00:50:16	440	01:49:03	463	01:48:55	473	Styal Running Club
478	Daniele	Trinca	M	406	MOPEN	128	00:52:13	567	01:49:09	464	01:48:46	472	Mersey Tri
715	David	Mcnamara	M	407	M35+	87	00:49:35	393	01:49:11	465	01:49:02	478	
1467	Elizabeth	Driscoll	F	59	F40+	5	00:51:09	488	01:49:13	466	01:48:39	469	
252	Emma	Clarke	F	60	F40+	6	00:51:55	549	01:49:15	467	01:48:34	465	
522	Charlotte	Pollock	F	61	FOPEN	26	00:51:44	537	01:49:16	468	01:48:34	466	
831	Irfon	Jones	M	408	M50+	36	00:50:13	437	01:49:20	469	01:47:55	450	
980	Gary	Johnstone	M	409	M45+	62	00:49:59	425	01:49:24	470	01:49:07	481	Pensby Runners
380	Alan	Turner	M	410	M45+	63	00:51:48	540	01:49:30	471	01:49:10	483	Wilmslow Running Club
475	Geoff	Collins	M	411	M55+	14	00:50:25	447	01:49:33	472	01:49:15	485	
1385	Alan	Bennett	M	412	M50+	37	00:50:22	445	01:49:35	473	01:49:01	477	
1131	Andrew	Turnbull	M	413	MOPEN	129	00:50:37	457	01:49:37	474	01:48:39	468	Tattenhall Runners
415	Simon	Moore	M	414	MOPEN	130	00:49:17	370	01:49:40	475	01:49:01	476	
32	David	Ashcroft	M	415	M45+	64	00:50:42	462	01:49:40	476	01:48:57	475	
87	Peter	Fenn	M	416	MOPEN	131	00:52:04	556	01:49:42	477	01:48:19	459	
806	Eilian	Jones	F	62	F35+	16	00:51:01	480	01:49:44	478	01:49:26	487	
689	Menna	Jones	F	63	F40+	7	00:50:55	472	01:49:51	479	01:48:12	456	Cybi Striders
834	James	De Ferranti	M	417	MOPEN	132	00:53:51	663	01:49:52	480	01:49:11	484	
39	Joanne	Picken	F	64	F40+	8	00:51:31	512	01:49:52	481	01:49:31	488	potters trotters
722	Peter	Mc Phillips	M	418	M50+	38	00:53:19	627	01:49:53	482	01:49:04	479	
343	Mark	Madden	M	419	M35+	88	00:52:05	557	01:49:56	483	01:48:39	470	
1430	Tracey	Evans	F	65	F40+	9	00:50:55	471	01:49:58	484	01:49:39	495	
1419	Debbie	Quaëck	F	66	F40+	10	00:50:56	474	01:49:58	485	01:49:42	496	
55	Stephen	Bardman	M	420	M35+	89	00:51:23	507	01:50:01	486	01:49:43	497	
539	Francis	Mcombs	M	421	M45+	65	00:50:55	473	01:50:03	487	01:48:36	467	Liverpool Running Club
1338	Andy	Mcshane	M	422	M45+	66	00:50:24	446	01:50:05	488	01:49:09	482	Fenland Runners
1582	Helen	Owens	F	67	F35+	17	00:50:41	461	01:50:11	489	01:49:37	494	
540	Catherine	Roberts	F	68	FOPEN	27	00:50:39	458	01:50:12	490	01:49:44	498	
596	Alastair	Moralee	M	423	M50+	39	00:48:11	314	01:50:14	491	01:50:04	504	
1577	Sandra	Connell	F	69	F50+	5	00:51:52	545	01:50:16	492	01:48:56	474	picton running club
122	Carl	Bumby	M	424	M40+	74	00:49:12	365	01:50:20	493	01:50:03	503	
1571	Paula Lloyd	Jones	F	70	F40+	11	00:50:47	466	01:50:23	494	01:49:36	493	
206	Dylan	Williams	M	425	M45+	67	00:52:45	600	01:50:23	495	01:49:06	480	
1606	Liz	Hall	F	71	F35+	18	00:51:09	489	01:50:24	496	01:50:05	505	
514	Paul	Brady	M	426	M40+	75	00:49:58	423	01:50:25	497	01:50:11	507	Penny Lane Striders
844	John	Evans	M	427	M55+	15	00:51:24	508	01:50:28	498	01:50:01	502	
428	Tom	Scott	M	428	MOPEN	133	00:52:30	585	01:50:33	499	01:49:34	491	
1038	Jan	Muir	F	72	F45+	9	00:48:10	311	01:50:37	500	01:50:37	519	
1116	Adam	Langley	M	429	MOPEN	134	00:51:21	505	01:50:48	501	01:50:07	506	
885	Andrew	Marson	M	430	M40+	76	00:51:14	493	01:50:52	502	01:49:34	490	Knutsford Triathlon Club
148	Elliott	Davies	M	431	MOPEN	135	00:50:21	443	01:51:00	503	01:49:32	489	
537	Simon	Moorhouse	M	432	M50+	40	00:51:28	511	01:51:01	504	01:50:27	513	Buxton AC
1290	Adam	Bull	M	433	M40+	77	00:51:11	491	01:51:04	505	01:49:35	492	
280	Amy	Davies	F	73	FOPEN	28	00:49:41	403	01:51:09	506	01:50:20	511	Mersey Tri
1179	Hayley Ann	Winder	F	74	F35+	19	00:53:53	665	01:51:12	507	01:50:54	524	
578	Karen	Rigby	F	75	F40+	12	00:50:47	465	01:51:12	508	01:50:36	518	
1041	Simon	Longman	M	434	M60+	6	00:52:08	562	01:51:14	509	01:50:19	510	
843	Simon	Foote	M	435	M40+	78	00:54:21	692	01:51:15	510	01:49:54	501	
1076	Stephen	Crawley	M	436	M50+	41	00:50:35	456	01:51:15	511	01:50:28	515	Sinfin Running Club
1543	James	Barnes	M	437	M50+	42	00:51:39	526	01:51:19	512	01:50:51	523	UK Netrunner
1534	Danny	Jones	M	438	M35+	90	00:52:58	611	01:51:21	513	01:49:50	500	
1549	Wyn	Roberts	M	439	M45+	68	00:49:06	360	01:51:21	514	01:49:26	486	
1491	Mike	Hobday	M	440	M50+	43	00:55:25	744	01:51:22	515	01:50:22	512	Mysteruns of Abergelle
911	Tom	Jordan	M	441	MOPEN	136	00:49:50	414	01:51:23	516	01:50:54	525	Riversway Road Runners
211	Colin	O'Brien	M	442	M35+	91	00:51:22	506	01:51:23	517	01:51:09	529	Penny Lane Striders
1032	Rhian	Jones	F	76	F40+	13	00:51:36	521	01:51:23	518	01:51:06	528	
204	Tony	Jackson	M	443	M45+	69	00:52:14	570	01:51:26	519	01:50:17	509	FetchEveryone RC
431	Tony	Metcalf	M	444	M35+	92	00:53:38	643	01:51:31	520	01:49:49	499	
1544	John William	Edwards	M	445	M40+	79	00:51:07	486	01:51:32	521	01:51:15	530	
628	James	Wigzell	M	446	MOPEN	137	00:49:41	402	01:51:32	522	01:51:03	527	
468	Neil	Jenkins	M	447	M40+	80	00:54:47	718	01:51:40	523	01:50:13	508	Chester Tri
516	Eamonn	Brady	M	448	M40+	81	00:52:16	572	01:51:42	524	01:51:29	539	Penny Lane Striders
1546	Lyndon	Easthope	M	449	M35+	93	00:58:52	931	01:51:47	525	01:50:36	517	
374	Tommy	Dunning	M	450	M45+	70	00:49:56	419	01:51:48	526	01:51:41	547	
410	Chris	Ashcroft	M	451	M50+	44	00:51:10	490	01:51:53	527	01:51:27	537	
129	Gwion	Llwyd	M	452	M35+	94	00:54:38	711	01:51:53	528	01:50:34	516	
1368	Christopher	Hyndman	M	453	M35+	95	00:47:18	267	01:51:56	529	01:51:24	535	
1262	Geoff	Lang	M	454	M45+	71	00:51:50	543	01:51:56	530	01:51:34	542	
118	Andrew	Jackson	M	455	MOPEN	138	00:52:20	578	01:51:59	531	01:51:40	543	Team Andy
284	Emma	Kearney	F	77	F35+	20	00:52:09	564	01:51:59	532	01:51:48	551	Penny Lane Striders
164	Rex	Anderton	M	456	MOPEN	139	00:49:43	404	01:52:01	533	01:50:27	514	
427	Clem	Silverman	M	457	MOPEN	140	00:51:38	525	01:52:03	534	01:51:17	531	
490	Richard	Young	M	458	MOPEN	141	00:51:42	530	01:52:03	535	01:51:18	532	
1054	Marissa	Duggan	F	78	F35+	21	00:51:36	518	01:52:05	536	01:51:26	536	
1513	Brynley	Davies	M	459	MOPEN	142	00:54:49	721	01:52:06	537	01:50:45	520	
1051	Caren	Williams	F	79	F35+	22	00:51:54	547	01:52:12	538	01:51:55	554	Eryri Harriers
1528	Dominic	Coupes	M	460	M40+	82	00:53:09	621	01:52:15	539	01:50:46	521	
859	Gareth	Ellis	M	461	M40+	83	00:50:31	449	01:52:19	540	01:51:40	546	
135	Mike	Stirrup	M	462	M35+	96	00:53:43	654	01:52:21	541	01:50:50	522	
94	Meurig	Thomas	M	463	M40+</								

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	10K	Position	Gun Time	Position	Chip Time	Position	Club
242	Phil	Catton	M	870	M55+	16	00:53:13	624	01:52:45	553	01:52:07	559	
313	Emma	Bennett	F	474	F40+	15	00:51:43	534	01:52:46	554	01:51:40	545	
1583	Stephen	Cragg	M	471	M60+	7	00:52:43	598	01:52:47	555	01:52:29	569	Manchester Harriers
1540	Gareth	Jones	M	472	M40+	86	00:51:36	520	01:52:54	556	01:51:51	553	
309	Alan	Rollins	M	473	M35+	98	00:54:09	682	01:52:57	557	01:50:57	526	
1180	Katherine Louise	Connelly	F	85	F40+	16	00:51:31	514	01:52:57	558	01:52:38	576	
161	Victoria	Walls	F	86	FOPEN	32	00:50:50	468	01:52:58	559	01:52:12	564	
144	Ian	Branthwaite	M	474	M50+	147	00:53:33	635	01:52:59	560	01:52:07	560	
1612	Anthony	Challinor-Cole	M	475	MOPEN	145	00:54:25	698	01:53:01	561	01:52:23	567	
1234	Adam	Hindley	M	476	MOPEN	148	00:52:06	559	01:53:03	562	01:52:38	575	
676	Mario	Hinkson	M	477	M35+	99	00:51:48	542	01:53:10	563	01:52:06	558	
503	Gareth	Price	M	478	MOPEN	149	00:51:21	504	01:53:15	564	01:51:46	550	Wrekin Orienteers
108	Steven	Parton	M	479	MOPEN	150	00:52:39	593	01:53:16	565	01:52:01	556	
915	Leonard	Jackson	M	480	M50+	46	00:52:14	568	01:53:17	566	01:53:15	593	North Wales Road Runners Club
532	Deborah	Hawker	F	87	F40+	17	00:51:01	479	01:53:20	567	01:52:46	581	Ellesmere Port Running Club
904	Neil Garton	Jones	M	481	M40+	87	00:53:29	634	01:53:28	568	01:52:03	557	Eryri Harriers
6	Neil	Moncur	M	482	M40+	88	00:49:40	397	01:53:32	569	01:53:27	599	
833	Nia	Albiston	F	88	FOPEN	33	00:49:53	417	01:53:33	570	01:52:41	579	
207	Keith	Wood	M	483	M45+	72	00:52:19	575	01:53:35	571	01:53:05	586	
345	Sophie	Seingier	F	89	F35+	23	00:52:45	601	01:53:35	572	01:53:02	585	Stockport Harriers
1355	Neil	Bastow	M	484	M45+	73	00:52:27	583	01:53:43	573	01:53:32	603	
1215	Roy	Marsden	M	485	M55+	17	00:51:35	517	01:53:44	574	01:53:25	598	
133	Andrew	Bell	M	486	M50+	47	00:54:20	687	01:53:44	575	01:52:12	563	congleton harriers
819	Aled	Pleming	M	487	M45+	74	00:52:41	595	01:53:45	576	01:52:29	568	
750	William	Ivins	M	488	M40+	89	00:53:06	619	01:53:45	577	01:53:08	589	
370	Jerrard	Kiely	M	489	M35+	100	00:52:05	558	01:53:51	578	01:52:34	572	
1356	Richard	Pugh	M	490	M35+	101	00:52:37	591	01:53:52	579	01:52:41	578	
1526	Gemma	Brown	F	90	FOPEN	34	00:52:50	606	01:53:53	580	01:52:34	571	
1210	Teresa	Williams	F	91	F40+	18	00:53:48	658	01:53:54	581	01:52:19	566	
848	Andy	Evans	M	491	M45+	75	00:52:04	555	01:54:01	582	01:53:08	588	
1222	Jason	Nodwell	M	492	M40+	90	00:53:41	646	01:54:01	583	01:52:16	565	
1344	Andrew Philip	Chapman	M	493	M45+	76	00:51:03	481	01:54:02	584	01:53:06	587	
1610	Francis	Holmes	M	494	MOPEN	151	00:51:36	519	01:54:03	585	01:53:28	600	
1037	David	Bishop	M	495	M50+	48	00:52:30	587	01:54:05	586	01:52:54	582	
160	Chris	Jackson	M	496	MOPEN	152	00:51:40	527	01:54:06	587	01:53:20	596	
465	Sarah Kate	Verwoerd	F	92	FOPEN	35	00:51:24	509	01:54:07	588	01:53:01	583	
748	Alan	Durston	M	497	M60+	8	00:51:42	532	01:54:09	589	01:53:48	610	Ellesmere Port Running Club
1066	Alan	Davies	M	498	M55+	18	00:53:16	625	01:54:10	590	01:52:11	562	North Wales Road Runners Club
734	Sara	Ellison	F	93	F35+	24	00:53:49	659	01:54:12	591	01:52:30	570	
40	Kevin	Talbot	M	499	M45+	77	00:52:21	579	01:54:14	592	01:53:30	601	Cartrefi Conwy
696	Glyn	Holcroft	M	500	M60+	9	00:55:53	762	01:54:15	593	01:53:39	605	
800	Ian	Bithehl	M	501	M45+	78	00:54:27	699	01:54:16	594	01:53:19	595	
1204	Barry	Powel	M	502	M45+	79	00:53:52	664	01:54:17	595	01:52:40	577	
821	Jill	Palin	F	94	F40+	19	00:53:55	667	01:54:17	596	01:52:35	573	
822	Andrew	Parkin	M	503	M45+	80	00:53:55	668	01:54:18	597	01:52:35	574	
260	Mike	Roxburgh	M	504	M40+	91	00:52:08	563	01:54:18	598	01:54:06	618	Penny Lane Striders
892	Mark	Jones	M	505	MOPEN	153	00:53:03	616	01:54:19	599	01:53:50	612	
388	Hobson	Pamela	M	506	M45+	81	00:54:03	676	01:54:29	600	01:53:43	608	
1256	Thomas Edward	Hampson	M	507	MOPEN	154	00:54:53	726	01:54:30	601	01:53:36	604	
31	Paul	Kimmins	M	508	M50+	49	00:53:42	649	01:54:31	602	01:53:42	607	
1170	David	Tait	M	509	MOPEN	155	00:50:04	430	01:54:32	603	01:54:00	615	
1479	Tom	Busbridge	M	510	MOPEN	156	00:48:34	333	01:54:33	604	01:54:21	619	
700	John	Gallon	M	511	M70+	2	00:53:51	662	01:54:36	605	01:53:59	614	Helsby Running Club
17	Mike	Rose	M	512	MOPEN	157	00:52:49	605	01:54:36	606	01:53:16	594	
909	Craig	Frisby	M	513	M40+	92	00:52:35	590	01:54:39	607	01:53:10	590	
1221	Alan	Johnson	M	514	M45+	82	00:54:36	705	01:54:42	608	01:52:44	580	
210	John L	Robinson	M	515	M55+	19	00:52:15	571	01:54:48	609	01:54:34	624	
123	Anthony	Connor	M	516	M35+	102	00:52:39	594	01:54:48	610	01:54:29	621	
766	Lorraine	Jones	F	95	F50+	6	00:53:23	631	01:54:49	611	01:53:30	602	Cybi Striders
88	Jackie	Keasley	F	96	F50+	7	00:54:25	697	01:54:53	612	01:54:26	620	Helsby Running Club
462	Steven	Warburton	M	517	M50+	50	00:52:54	608	01:54:54	613	01:53:47	609	
120	Roy	Tozer	M	518	M45+	83	00:51:06	485	01:54:58	614	01:54:03	617	
729	Simon Valentine	Blain	M	519	MOPEN	158	00:56:18	787	01:55:00	615	01:53:40	606	
398	Gavin	Peever	M	520	M35+	103	00:55:37	753	01:55:07	616	01:53:01	584	
1593	Robin	Lawton	M	521	MOPEN	159	00:53:55	669	01:55:08	617	01:53:11	592	
1537	Llion	O'Callaghan	M	522	MOPEN	160	00:53:56	670	01:55:08	618	01:53:10	591	
535	Benjamin John	Clark	M	523	MU20	2	00:53:19	628	01:55:09	619	01:53:52	613	
126	Clare	Jones	F	97	FOPEN	36	00:52:19	576	01:55:17	620	01:54:36	625	
654	Jonathan	Clarke	M	524	M40+	93	00:53:43	650	01:55:23	621	01:55:02	631	Styal Running Club
300	Gwen	Cowley	F	98	FOPEN	37	00:54:20	685	01:55:25	622	01:53:21	597	
989	Paul	Nelson	M	525	M40+	94	00:53:21	629	01:55:27	623	01:55:18	642	
289	Linden	Dover	M	526	MOPEN	161	00:53:50	661	01:55:31	624	01:54:49	628	
1159	Olivier	Denis	M	527	MOPEN	162	00:52:39	592	01:55:31	625	01:54:00	616	
1585	Stuart	Jones	M	528	M45+	84	00:54:08	680	01:55:33	626	01:54:44	627	
1231	Stephen	Johnson	M	529	M45+	85	00:51:58	553	01:55:36	627	01:55:06	634	Riversway Road Runners
1563	Abigail	Willmitt	F	99	FOPEN	38	00:52:48	604	01:55:36	628	01:54:52	629	Liverpool Running Club
1366	Jeffrey	Cody	M	530	MOPEN	163	00:51:44	535	01:55:36	629	01:54:39	626	
311	Paul	Mason	M	531	MOPEN	164	00:52:07	561	01:55:46	630	01:54:32	623	
538	Peter	Hamlett	M	532	M45+	86	00:53:41	647	01:55:48	631	01:55:23	644	Northern Veterans Athletic Clu
698	Nicola	Travis	F	100	F35+	25	00:53:04	617	01:55:49	632	01:55:15	639	
1000	Mark	Pendlebury	M	533	M50+	51	00:54:23	693	01:55:54	633	01:55:17	640	Holmes Chapel Harriers
1202	Alwyn	Finch	M	534	MOPEN	165	00:54:45	716	01:55:55	634	01:54:30	622	
435	Andrew	Williams	M	535	M40+	95	00:54:29	701	01:55:55	635	01:53:50	611	
412	Bill	Stevenson	M	536	M45+	87	00:53:47	657	01:55:58	636	01:55:25	645	Michelin AC
903	Alison	Cooper	F	101	F40+	20	00:54:23	694	01:56:02	637	01:55:02	630	Riversway Road Runners
957	Karen	Munnely	F	102	F45+	10	00:54:25	696	01:56:03	638	01:55:02	632	Riversway Road Runners
943	Stephen	Mcveigh	M	537	M35+	104	00:51:20	502	01:56:14	639	01:55:49	655	Trafford AC
13	Manuel	Cogneau	M	538	M35+	105	00:52:14	569	01:56:14	640	01:55:10	637	
98	Colin	Pugh	M	539	M45+	88	00:54:05	678	01:56:15	641	01:55:51	657	
119	Dan	Hewitt	M	540	MOPEN	166	00:54:23	695	01:56:17	642	01:55:25	646	
1068	Vincent Michael	Clarke	M	541	MOPEN	167	00:50:11	435	01:56:24	643	01:55:07	636	
29	Jason	Turner	M	542	M35+	106	00:52:10	565	01:56:25	644	01:55:35	649	
858	Ruth	Ab leuan	F	103	F40+	21	00:53:43	652	01:56:26	645	01:56:08	662	
972	Barry	Cottier	M	543	M40+	96	00:54:19	684	01:56:27	646	01:55:17	641	Village Road Runners
1177	Sarah	Guinan	F	104	F40+	22	00:53:34	637	01:56:27	647	01:55:59	659	
401	David	Davies	M	544	M50+	52	00:52:44	599	01:56:27	648	01:56:25	673	Telford Athletic Running Club
692	Emily	Johnson	F	105	FOPEN	39	00:54:00	672	01:56:28	649	01:55:54	658	
718	Gill	Leonard	F	106	F50+	8	00:53:54	666	01:56:28	650	01:55:28	648	
80	William	Parry	M	545	M50+	53	00:53:37	642	01:56:30	651	01:56:18	671	
1443	Mike	Davies	M	546	M35+	107	00:51:56	550	01:56:32	652	01:56:03	660	
1035	Claire	Steedman	F	107	F40+	23	00:53:50	660					

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	10K	Position	Gun Time	Position	Chip Time	Position	Club
752	Paul	Jones	M	554	M35+	108	00:51:31	513	01:57:00	664	01:56:16	669	
421	Steve	Johnson	M	555	M40+	99	00:52:43	597	01:57:01	665	01:56:57	684	
59	Karl	Aldred	M	556	M40+	100	00:53:01	612	01:57:07	666	01:56:28	674	Spectrum Striders
337	John	Hughes	M	557	M45+	89	00:53:59	671	01:57:08	667	01:55:40	650	Skelmersdale Boundary Harriers
35	Peter	Hayler	M	558	M55+	20	00:54:21	690	01:57:13	668	01:56:57	685	Northern Veterans Athletic Clu
762	David	Archer	M	559	M60+	10	00:55:27	746	01:57:15	669	01:55:28	647	
1109	David	Neal	M	560	M50+	57	00:54:31	702	01:57:16	670	01:56:29	676	
1004	Cheryl Ann	Frost	F	111	F45+	11	00:52:23	580	01:57:17	671	01:56:15	666	North Wales Road Runners Club
1185	Lisa	Hampson	F	112	F35+	26	00:55:50	758	01:57:19	672	01:55:44	653	
1345	David	Jones	M	561	M35+	109	00:55:07	733	01:57:31	673	01:55:12	638	
1013	David	Gregory	M	562	M65+	4	00:56:14	785	01:57:33	674	01:57:17	691	Manchester Harriers
827	Andy	Bradbury	M	563	M45+	90	00:54:21	691	01:57:34	675	01:56:14	665	
1117	Matthew	Pickard	M	564	M40+	101	00:51:53	546	01:57:37	676	01:56:56	683	
708	Michelle	John	F	113	F40+	24	00:56:34	799	01:57:46	677	01:57:03	686	
136	Thomas	Blackwell	M	565	MOPEN	170	00:54:38	710	01:57:48	678	01:57:05	688	
117	Joe	Delaney	M	566	M55+	21	00:53:35	640	01:57:50	679	01:57:18	692	Village Road Runners
354	Karen	Owens	F	114	F40+	25	00:55:59	770	01:57:52	680	01:56:51	681	Oswestry Olympians
196	Robert	Bell-Davies	M	567	MOPEN	171	00:53:43	651	01:58:00	681	01:56:20	672	
1363	David Mark	Caulfield	M	568	M40+	102	00:54:03	677	01:58:03	682	01:57:05	687	
723	Andrew	Coop	M	569	M45+	91	00:53:12	623	01:58:06	683	01:56:40	680	
1590	Debbie	Bamford	F	115	F35+	27	00:54:52	723	01:58:06	684	01:56:31	677	
1476	Dean	Allison	M	570	MOPEN	172	00:57:04	826	01:58:12	685	01:56:10	663	
172	Rob	Shepherd	M	571	MOPEN	173	00:57:05	829	01:58:12	686	01:56:04	661	
368	Jane	Hallows	F	116	F40+	26	00:53:41	645	01:58:16	687	01:57:54	712	Penny Lane Striders
736	Mrs	Pender	F	117	F45+	12	00:54:41	713	01:58:18	688	01:56:35	678	
61	Mike	Preston	M	572	M35+	110	00:54:37	706	01:58:18	689	01:57:33	697	
292	David	Owen	M	573	M45+	92	00:54:37	708	01:58:22	690	01:57:47	708	
449	Alison	Scott	F	118	F40+	27	00:54:14	683	01:58:23	691	01:57:23	693	
1194	Lee	Carter	M	574	M40+	103	00:54:05	679	01:58:27	692	01:57:11	690	
417	Chris	Spillane	M	575	M40+	104	00:52:26	582	01:58:33	693	01:57:46	707	INEPT
51	Richard	Berry	M	576	M35+	111	00:55:52	761	01:58:36	694	01:57:36	699	
50	Samantha	Berry	F	119	FOPEN	42	00:55:54	764	01:58:36	695	01:57:37	700	
390	Les	Evans	M	577	M50+	58	00:55:24	742	01:58:40	696	01:56:36	679	
1219	Rachel	Granger	F	120	F40+	28	00:56:12	783	01:58:40	697	01:56:29	675	
706	Karen	Christer	F	121	FOPEN	43	00:56:01	773	01:58:42	698	01:57:44	703	
378	Dave	Ambler	M	578	M55+	22	00:56:02	774	01:58:42	699	01:57:44	704	Stockport Harriers
223	Jason	Chadwick	M	579	M35+	112	00:53:02	615	01:58:43	700	01:57:32	696	
234	Mark	Lyon	M	580	M40+	105	00:54:09	681	01:58:44	701	01:57:55	713	
507	Paula	Jones	F	122	F40+	29	00:53:23	630	01:58:44	702	01:57:59	715	
167	Mark	Wakefield	M	581	M45+	93	00:52:52	607	01:58:55	703	01:58:24	723	
293	Laurie	Griffith	F	123	F40+	30	00:57:16	840	01:58:56	704	01:57:24	694	Colwyn Bay Athletics Club
690	Roger	Wadon	M	582	M35+	113	00:55:33	749	01:59:00	705	01:56:52	682	Prestatyn Running Club
241	Richard	Shea	M	583	MOPEN	174	00:51:24	510	01:59:02	706	01:58:35	728	
131	Adrian	Gunn	M	584	MOPEN	175	00:50:52	470	01:59:03	707	01:57:48	709	
767	Laura	Larkin	F	124	FOPEN	44	00:57:00	821	01:59:06	708	01:57:08	689	
977	Peter	Davies	M	585	M35+	114	00:56:35	800	01:59:06	709	01:57:30	695	
150	Carl	Yeates	M	586	M45+	94	00:54:28	700	01:59:09	710	01:57:52	711	
908	Maxine	Brockley	F	125	F40+	31	00:55:19	739	01:59:09	711	01:58:01	716	
968	Richard	Barratt	M	587	MOPEN	176	00:54:59	729	01:59:10	712	01:58:43	730	
64	Martyn	Bramwell	M	588	MOPEN	177	00:53:44	655	01:59:10	713	01:57:55	714	
331	Helen	Higgins	F	126	F35+	28	00:55:40	755	01:59:15	714	01:57:39	701	
508	Sue	Parry	F	127	F45+	13	00:55:08	734	01:59:16	715	01:58:31	726	
426	Paul	Kavanagh	M	589	M40+	106	00:54:37	709	01:59:17	716	01:57:50	710	
543	Sarah	Worth	F	128	FOPEN	45	00:53:34	639	01:59:17	717	01:57:34	698	
1267	Sean	Cheshire	M	590	MOPEN	178	00:57:11	837	01:59:19	718	01:57:44	705	
1150	Sharon	Basford	F	129	F35+	29	00:55:06	732	01:59:20	719	01:58:52	735	Tattenhall Runners
333	Sharon	Wright	F	130	F40+	32	00:55:24	743	01:59:24	720	01:58:30	725	
624	David	Coyle	M	591	M45+	95	00:57:07	832	01:59:25	721	01:57:45	706	
1306	Raffaella Paola	Rodighiero	F	131	FOPEN	46	00:54:00	673	01:59:32	722	01:58:52	734	
294	Daniel	Argyle	M	592	MOPEN	179	00:54:44	715	01:59:32	723	01:58:04	717	
1632	Louise	Smith	F	132	FOPEN	47	00:54:57	727	01:59:34	724	01:58:06	719	
153	John	Hanson	M	593	M45+	96	00:53:45	656	01:59:37	725	01:58:08	720	
1287	Jeff	Powell	M	594	M40+	107	00:51:55	548	01:59:39	726	01:59:00	737	
547	Tim	France	M	595	MOPEN	180	00:53:01	613	01:59:40	727	01:58:44	731	
1432	Anthony	Lea	M	596	M45+	97	00:56:38	806	01:59:44	728	01:57:41	702	
441	Dave	Reid	M	597	M50+	59	00:55:31	748	01:59:45	729	01:58:26	724	Chester Tri
1075	Rosalind	Bonte	F	133	FOPEN	48	00:56:28	794	01:59:46	730	01:58:46	732	
1404	Paul	Green	M	598	M50+	60	00:55:54	765	01:59:46	731	01:58:18	722	
638	Judith	Butler	F	134	F40+	33	00:52:11	566	01:59:50	732	01:59:12	742	
768	Damian	Rafferty	M	599	M35+	115	00:53:17	626	01:59:52	733	01:59:05	741	
1201	Meirion	Owen	M	600	MOPEN	181	00:57:09	834	02:00:02	734	01:58:51	733	
248	Ranolph	Harrison	M	601	MOPEN	182	00:53:05	618	02:00:08	735	01:58:34	727	
155	Mark David Arthur	Cooper	M	602	MOPEN	183	00:54:58	728	02:00:16	736	01:59:58	758	Bangor University Athletics Cl
1597	Neil Manton	Middleton	M	603	M60+	11	00:58:47	924	02:00:17	737	01:59:14	743	Trentham Running Club
1129	Alison	Roffey	F	135	F50+	10	00:55:54	766	02:00:23	738	01:58:13	721	
1118	Colin Roy	Pheasant	M	604	M55+	23	00:55:12	735	02:00:24	739	02:00:20	764	Chase Harriers
1424	Graham	Denney	M	605	M45+	98	00:57:05	828	02:00:26	740	01:58:04	718	
518	James	Dudley	M	606	MOPEN	184	00:54:46	717	02:00:27	741	01:59:44	754	
645	Trevor	Lewis	M	607	M40+	108	00:56:08	779	02:00:28	742	01:59:44	753	
873	Paul	Morton	M	608	M50+	61	00:53:29	633	02:00:31	743	01:59:47	756	
350	Mark	Jones	M	609	M40+	109	00:56:52	818	02:00:32	744	01:59:19	744	
1042	Paul	Frith	M	610	M35+	116	00:54:48	719	02:00:33	745	01:58:40	729	
684	Vincent	O'Keefe	M	611	M45+	99	00:57:10	835	02:00:34	746	01:59:22	746	
682	Sarah	Evershed	F	136	FOPEN	49	00:55:47	757	02:00:34	747	01:59:04	740	
826	Karl	Jackson	M	612	M45+	100	00:57:50	875	02:00:39	748	01:59:00	738	
761	Glynis	Archer	F	137	F60+	1	00:57:27	848	02:00:40	749	01:58:55	736	
228	Keith Jeremy	Williams	M	613	M55+	24	00:57:00	822	02:00:42	750	01:59:29	749	Birkenhead AC
1096	Ben	Walley	M	614	MOPEN	185	00:54:02	675	02:00:45	751	01:59:39	751	
125	Richard Stuart	Westwood	M	615	MOPEN	186	00:57:14	838	02:00:47	752	01:59:24	747	
875	Philip	Roberts	M	616	M40+	110	00:55:03	731	02:00:49	753	02:00:03	759	
275	Aaron	Jones	M	617	MOPEN	187	00:52:07	560	02:00:50	754	01:59:02	739	
1074	Christine	Andrew	F	138	F50+	11	00:57:19	844	02:00:51	755	01:59:25	748	bidulph running club
608	Suzanne	Cheatle	F	139	F40+	34	00:56:29	795	02:01:02	756	02:00:20	767	
770	Michael	Rogerson	M	618	MOPEN	188	00:58:38	918	02:01:09	757	01:59:47	755	
157	Matt	Rogers	M	619	M35+	117	00:53:33	636	02:01:10	758	01:59:41	752	
1568	Gareth	Morris	M	620	MOPEN	189	00:51:59	554	02:01:11	759	02:00:24	768	
1507	Roy	Jardine	M	621	M60+	12	00:54:37	707	02:01:11	760	02:00:49	783	Eryri Harriers
1245	Carole	Griffiths	F	140	F45+	14	00:55:54	763	02:01:12	761	02:00:31	771	
386	Andrew	Dasey	M	622	MOPEN	190	00:56:45	813	02:01:17	762	02:00:25	769	Newcastle Staffs AC
42	Nick	Lowe	M	623	MOPEN	191	00:59:11	945	02:01:23	763	02:00:20	765	
621	Nigel	Syms	M	624	M45+	101	00:57:07	83					

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	10K	Position	Gun Time	Position	Chip Time	Position	Club
447	Julian	Owen	M	635	M35+	119	00:57:20	845	02:01:48	775	02:00:20	766	
288	Matthew	Cooper	M	636	MOPEN	193	00:55:57	768	02:01:51	776	01:59:39	750	
434	Neil William	Goulding	M	637	M35+	120	00:55:23	741	02:01:54	777	02:00:56	784	Skelmersdale Boundary Harriers
21	Robert	Busby	M	638	M40+	114	00:54:48	720	02:01:57	778	02:00:27	770	
1466	Alyn	Hart	M	639	M45+	104	00:53:43	653	02:02:03	779	02:01:14	791	
137	Andrew	Moody	M	640	M35+	121	00:52:42	596	02:02:04	780	02:01:37	798	
674	Simon	Howard	M	641	M40+	115	00:57:38	863	02:02:11	781	02:01:40	802	UK Netrunner
482	Nigel	Lee	M	642	M55+	26	00:58:48	927	02:02:14	782	02:01:12	790	Newcastle Staffs AC
554	Ste	Black	M	643	MOPEN	194	00:57:17	843	02:02:14	783	02:00:45	782	
921	Stephen	Tiernan	M	644	M35+	122	00:52:18	573	02:02:19	784	02:01:51	805	Riversway Road Runners
1600	Steven	Lord	M	645	M40+	116	00:53:34	638	02:02:20	785	02:00:38	775	
1128	Graeme	Alexander	M	646	M55+	27	00:57:16	841	02:02:22	786	02:00:12	763	
745	Jacqueline	Hughes	F	141	F45+	15	00:56:00	771	02:02:24	787	02:01:14	792	Pensby Runners
796	Dympna	Hopkins	F	142	F45+	16	00:56:23	791	02:02:24	788	02:00:42	779	UK Netrunner
992	Ian	Littlewood	M	647	MOPEN	195	00:55:58	769	02:02:27	789	02:00:40	777	
357	Alun	Rowlands	M	648	M55+	28	00:55:38	754	02:02:28	790	02:00:40	778	Cybi Striders
1412	John	Tee	M	649	M60+	14	00:58:02	886	02:02:31	791	02:00:38	774	bro dysynni
769	Sarah	Birtwistle	F	143	FOPEN	50	00:57:03	824	02:02:34	792	02:00:35	773	
245	Jordan	Senior	M	650	MOPEN	196	00:55:51	760	02:02:34	793	02:01:58	808	
710	Melissa	Thomas	F	144	F40+	35	00:56:06	777	02:02:42	794	02:01:10	789	Trismart
918	Carol	Hughes-Morris	F	145	F40+	36	00:56:32	797	02:02:42	795	02:01:31	795	
56	Dean Grahame	Nicholls	M	651	MOPEN	197	00:54:33	703	02:02:44	796	02:02:24	817	
1436	Simon	Wilcox	M	652	M35+	123	00:56:27	793	02:02:47	797	02:01:47	804	
662	Tom	Hillis	M	653	M40+	117	00:56:33	798	02:02:50	798	02:01:09	787	
956	Jillian	Coates	F	146	F55+	3	00:56:07	778	02:02:52	799	02:01:51	806	Riversway Road Runners
456	Gareth	Roberts	M	654	M35+	124	00:57:50	874	02:02:53	800	02:01:38	799	
190	Danny	De Reybeckill	M	655	MOPEN	198	00:56:31	796	02:02:57	801	02:01:34	796	
555	Zoe	Hancock	F	147	FOPEN	51	00:54:40	712	02:03:00	802	02:02:44	823	
1171	Angelo	Feliciello	M	656	M50+	63	00:58:18	897	02:03:01	803	02:01:39	801	
1026	Ieuan	Davies	M	657	M45+	105	00:55:15	736	02:03:06	804	02:02:12	812	Cybi Striders
699	Julien	Magniez	M	658	MOPEN	199	00:54:50	722	02:03:09	805	02:02:01	809	
274	Bryn Sionwyn	Morris	M	659	MOPEN	200	00:56:35	802	02:03:09	806	02:01:24	793	
179	Michelle Zafarina	Spain	F	148	FOPEN	52	00:56:36	804	02:03:10	807	02:01:25	794	
784	Martin	Vaughan	M	660	M50+	64	00:54:53	725	02:03:10	808	02:02:03	810	
592	David John	Williams	M	661	M50+	65	00:57:51	878	02:03:12	809	02:01:35	797	
494	Catherine	Shanley	F	149	F45+	17	00:57:36	861	02:03:14	810	02:01:10	788	
643	Mary	Hopkins	F	150	F50+	12	00:56:47	814	02:03:15	811	02:01:42	803	
1354	Emma	Kirby	F	151	FOPEN	53	00:57:32	858	02:03:17	812	02:02:49	824	
1566	Caroline	Mccracken	F	152	FOPEN	54	00:59:42	965	02:03:18	813	02:02:22	814	
625	Mike	Carlyle	M	662	M45+	106	00:56:20	789	02:03:31	814	02:03:01	826	rocktart runners
237	Nina	Mccartney	F	153	FOPEN	55	00:56:35	801	02:03:32	815	02:02:40	822	
457	Ann-Marie	White	M	663	M40+	118	00:57:50	876	02:03:38	816	02:02:24	816	
334	Daniel	Jones	M	664	MOPEN	201	01:00:03	975	02:03:39	817	02:02:14	813	
1097	Jonathan Edward	Davies	M	665	M40+	119	00:57:55	879	02:03:41	818	02:02:29	819	
733	Christopher	Jones	M	666	M45+	107	00:59:01	939	02:03:41	819	02:02:05	811	
1024	John Michael	Davies	M	667	M70+	3	00:57:57	880	02:03:42	820	02:02:30	820	
1478	Lindsey	Jones	F	154	F35+	30	01:00:03	976	02:03:42	821	02:01:39	800	
912	Ian	Kemp	M	668	M55+	29	00:58:03	887	02:03:44	822	02:02:26	818	
924	Brian	Higgins	M	669	M60+	15	00:56:18	786	02:03:45	823	02:03:25	838	Styal Running Club
679	Anna	James	F	155	F45+	18	00:56:40	808	02:03:53	824	02:03:35	842	
1445	John	Jones	M	670	M55+	30	00:57:43	866	02:03:59	825	02:02:51	825	
728	Jonathan	Jessop	M	671	M40+	120	00:58:05	889	02:04:02	826	02:03:33	841	
379	Kerry	Ismay	F	156	F35+	31	00:56:09	781	02:04:11	827	02:03:06	828	
665	Jacqueline	Ward	F	157	F45+	19	00:56:10	782	02:04:11	828	02:03:06	827	
986	Emma	Porter	F	158	FOPEN	56	00:58:31	909	02:04:11	829	02:01:52	807	
1501	Laura Kay	Thombs	F	159	FOPEN	57	00:56:22	790	02:04:14	830	02:03:19	835	
407	David	Richardson	M	672	M45+	108	00:55:50	759	02:04:14	831	02:03:10	829	
967	Sara	Cookson	F	160	F35+	32	00:58:45	922	02:04:18	832	02:02:23	815	Biddulph Running Club
91	Paul	Edwards	M	673	M40+	121	00:56:40	807	02:04:27	833	02:04:09	852	
1160	Colin	Irving	M	674	M45+	109	00:57:02	823	02:04:33	834	02:03:55	851	
1532	Paul	Brougham	M	675	M50+	66	00:56:09	780	02:04:34	835	02:03:24	837	
215	Nina	Birch	F	161	FOPEN	58	00:57:31	856	02:04:35	836	02:03:43	843	Wilmslow Running Club
1012	Gail	Hill	F	162	F35+	33	00:57:31	857	02:04:35	837	02:03:44	844	Wilmslow Running Club
1015	Julie	Lucas	F	163	F45+	20	00:57:31	854	02:04:35	838	02:03:45	845	Wilmslow Running Club
726	Russell	Cox	M	676	M50+	67	00:56:00	772	02:04:36	839	02:03:32	839	
1558	Simon	Smith	M	677	M40+	122	00:56:37	805	02:04:41	840	02:03:51	849	Gainsborough and Morton Stride
452	Michael	Thirsk	M	678	M55+	31	00:56:43	811	02:04:42	841	02:03:49	848	stockport harriers
1182	Rhian Whiteside	Thomas	F	164	F35+	34	00:57:23	847	02:04:45	842	02:03:20	836	
485	Michael	Coyle	M	679	MOPEN	202	00:55:22	740	02:04:49	843	02:04:11	853	
1030	Ken	Robbins	M	680	M60+	16	00:58:39	919	02:04:54	844	02:02:37	821	Whitchurch Whippets
500	Jonathan	Pratt	M	681	MOPEN	203	00:53:36	641	02:05:00	845	02:03:18	834	
222	Nigel	Gardner	M	682	M50+	68	00:54:01	674	02:05:01	846	02:03:46	846	City of Stoke
246	Greg	Whitehead	M	683	MOPEN	204	00:52:54	609	02:05:03	847	02:03:54	850	
364	Ian	Worthy	M	684	M55+	32	00:58:23	904	02:05:07	848	02:03:17	833	
375	Lloyd	Jones	M	685	M45+	110	00:56:44	812	02:05:10	849	02:04:53	868	
533	Michelle	Cobourn	F	165	FOPEN	59	00:55:54	767	02:05:12	850	02:04:38	861	Penny Lane Striders
797	Michael	Williams	M	686	M45+	111	00:53:39	644	02:05:16	851	02:04:50	867	Rochdale Harriers
887	Sue	Jones	F	166	F50+	13	00:57:17	842	02:05:18	852	02:03:33	840	Cybi Striders
1359	Andrew	Shuler	M	687	MOPEN	205	00:55:16	738	02:05:23	853	02:04:31	858	
466	Emma	Hollis	F	167	FOPEN	60	00:56:23	792	02:05:23	854	02:04:16	854	
36	Sharon	Mckinley	F	168	FOPEN	61	00:58:36	912	02:05:31	855	02:03:12	831	Glasgow Triathlon Club
45	Alan	Kennedy	M	688	M40+	123	00:58:35	910	02:05:32	856	02:03:12	832	wobbly williams Try-Athletes
1093	Paul	Taylor	M	689	M40+	124	00:57:05	827	02:05:33	857	02:03:11	830	
143	Ruth	Cragg	F	169	FOPEN	62	00:58:01	883	02:05:33	858	02:04:47	865	Shropshire Shufflers
714	Steven	Unsworth	M	690	M35+	125	00:49:58	424	02:05:37	859	02:05:28	877	
192	Gwilym	Jones	M	691	M40+	125	00:58:02	884	02:05:41	860	02:04:21	855	
229	Nan	Roberts	F	170	F40+	37	00:57:57	881	02:05:48	861	02:05:42	881	
620	Sian	Williams	F	171	FOPEN	63	00:58:47	925	02:05:54	862	02:03:46	847	
1576	Katy	Lewis	F	172	F45+	21	00:57:29	851	02:05:56	863	02:04:36	860	picton running club
199	Richard	West	M	692	M35+	126	00:55:35	750	02:05:58	864	02:05:15	873	
536	Dianne Lynn	Harris	F	173	F45+	22	00:57:30	853	02:06:03	865	02:04:45	864	
1198	Helen	Watson	F	174	F35+	35	00:56:48	816	02:06:12	866	02:05:41	880	
1601	Richard	Worthing	M	693	M40+	126	00:59:10	944	02:06:15	867	02:04:32	859	
864	Geth	Lloyd	M	694	MOPEN	206	00:55:26	745	02:06:15	868	02:04:48	866	
1236	Ceri Ann	Jones	F	175	FOPEN	64	01:00:33	999	02:06:18	869	02:04:29	857	
731	Spencer	Hogg	M	695	M40+	127	00:58:08	891	02:06:19	870	02:05:50	885	
1460	Niamh	Reilly	F	176	F35+	36	00:58:53	932	02:06:20	871	02:04:24	856	Biddulph Running Club
802	Andrew	Faragher	M	696	MOPEN	207	00:57:46	869	02:06:21	872	02:05:04	871	
1346	Mark	Spiden	M	697	M40+	128	00:59:57	972	02:06:22	873	02:04:39	862	
1468	Caroline	Bell	F	177	F40+	38	00:58:04	888	02:06:27	874	02:05:03	870	
209													

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	10K	Position	Gun Time	Position	Chip Time	Position	Club
1496	Lucy	Roberts	F	184	FOPEN	65	00:57:48	872	02:07:12	886	02:06:12	894	South Cheshire Harriers
467	Lisa	Jenkins	F	185	F40+	40	00:58:20	898	02:07:13	887	02:05:48	883	Ellesmere Port Running Club
1178	Simon	Kimmins	M	703	M50+	69	00:57:49	873	02:07:18	888	02:06:44	906	
579	Daniel	Sanderson	M	704	MOPEN	209	00:57:11	836	02:07:19	889	02:05:17	874	
1321	David	Mortimer	M	705	M45+	112	00:57:08	833	02:07:23	890	02:05:31	878	Cybi Striders
1617	Asha	Curry	F	186	F35+	41	00:58:58	935	02:07:25	891	02:06:45	907	
1296	Adrian	Thomas	M	706	M40+	132	00:59:32	959	02:07:28	892	02:06:03	891	
9	Jason	Redpath	M	707	M45+	113	00:58:40	920	02:07:30	893	02:05:52	886	
257	Rachel	Cook	F	187	FU20	1	00:58:58	936	02:07:33	894	02:06:16	895	
963	Tom	Kelly	M	708	M35+	128	00:55:36	752	02:07:34	895	02:07:07	913	
69	Christine	Newbury	M	709	M40+	133	00:59:12	947	02:07:34	896	02:05:53	887	Liverpool Running Club
1254	Karen	Dunning	F	188	F40+	41	01:00:58	1022	02:07:40	897	02:06:34	900	
1253	Martin	Wragg	M	710	M35+	129	01:00:58	1021	02:07:41	898	02:06:35	901	
974	Derek	Ralphs	M	711	M45+	114	00:59:08	943	02:07:41	899	02:06:04	892	
86	Alex	Laverick	M	712	MOPEN	210	01:02:41	1086	02:07:44	900	02:05:58	889	
576	Jane	Lightfoot	F	189	FOPEN	66	01:00:23	989	02:07:45	901	02:05:48	884	
793	Miles	Williams	M	713	M45+	115	00:57:46	868	02:07:59	902	02:06:43	904	
1584	Keith	Richards	M	714	M50+	70	00:59:51	971	02:08:00	903	02:05:43	882	
423	Dave	Edwards	M	715	M50+	71	00:59:24	949	02:08:05	904	02:06:10	893	
1475	John	Pritchard-Williams	M	716	M40+	134	00:56:04	775	02:08:11	905	02:06:39	902	
369	Christine	Ashworth	F	190	F40+	42	01:00:45	1010	02:08:14	906	02:06:46	908	Village Road Runners
324	Nicola	Tomlinson	F	191	FOPEN	67	00:57:16	839	02:08:23	907	02:06:51	909	Colwyn Bay Athletics Club
1148	Roger	Beech	M	717	M35+	130	00:52:30	586	02:08:28	908	02:07:38	922	
1314	Andrew	Goodson	M	718	M45+	116	00:56:05	776	02:08:30	909	02:07:18	916	Abergele Harriers
574	Daniel James	Roberts	M	719	MOPEN	211	01:00:17	982	02:08:32	910	02:06:28	899	
321	Paul	Jackson	M	720	M40+	135	00:57:36	860	02:08:34	911	02:07:09	914	Liverpool Running Bugs
783	Gerald David	Sumpter	M	721	M50+	72	01:00:32	996	02:08:37	912	02:06:43	905	Biddulph Running Club
636	Amy Louise	Jones	F	192	FU20	2	00:57:46	871	02:08:37	913	02:07:33	919	
633	Julie Anne	Jones	F	193	FU20	3	00:57:46	870	02:08:37	914	02:07:33	918	
928	Amy	Greeves	F	194	FOPEN	68	01:00:41	1006	02:08:41	915	02:06:42	903	Biddulph Running Club
1502	David	Evans	M	722	M55+	33	00:59:12	946	02:08:47	916	02:07:10	915	
163	Andy	Kenney	M	723	M35+	131	00:58:06	890	02:08:49	917	02:07:01	910	
22	Louise	Busby	F	195	F35+	42	00:59:25	952	02:08:51	918	02:07:21	917	
1499	Emma	Evans	F	196	FOPEN	69	00:59:34	961	02:08:56	919	02:08:00	927	
824	Roger	Davies	M	724	M60+	17	00:57:36	862	02:08:58	920	02:08:34	932	
1482	Sue	Clemson	F	197	F40+	43	00:57:29	850	02:09:03	921	02:07:06	912	Preston Harriers
730	Amer	Butt	M	725	M40+	136	00:58:09	892	02:09:03	922	02:08:34	933	
1408	Robert	Williams	M	726	M50+	73	00:55:15	737	02:09:03	923	02:07:36	921	Middleton Harriers
233	Percy	Hogg	M	727	M65+	5	00:56:13	784	02:09:09	924	02:07:53	926	Birkenhead AC
1465	David Peter	Taylor	M	728	M40+	137	00:59:31	958	02:09:11	925	02:07:50	925	
1464	Karen	Vernon	F	198	F45+	24	00:59:28	954	02:09:12	926	02:07:49	923	
837	Clare	Molyneux	F	199	FOPEN	70	00:59:49	970	02:09:12	927	02:07:33	920	
464	Ann	Jones	F	200	F60+	2	00:59:29	956	02:09:14	928	02:07:49	924	
678	Linos Mair	Greenhalgh	F	201	FOPEN	71	00:58:49	928	02:09:19	929	02:07:04	911	
506	Barbara	Bailey	F	202	FOPEN	72	00:56:51	817	02:09:22	930	02:09:15	945	Just B Fit
852	Sarah Helen	Parr	F	203	FOPEN	73	00:58:20	900	02:09:43	931	02:08:20	929	
273	Richard	Burnett	M	729	M45+	117	00:58:20	899	02:09:45	932	02:08:21	930	
1197	Kimberley	Heginbotham	F	204	F35+	43	01:00:28	994	02:09:59	933	02:08:50	936	
439	Mandy	Wood	F	205	FOPEN	74	01:00:11	980	02:10:06	934	02:08:59	940	
483	Tim	Wain-Hobson	M	730	M55+	34	01:01:39	1056	02:10:09	935	02:09:10	943	
493	Zakya	El Jazouli	F	206	F35+	44	01:00:09	978	02:10:14	936	02:09:19	947	
801	Natasha	Parry	F	207	F45+	25	01:00:23	993	02:10:16	937	02:09:02	941	
109	Nichola	Johnson	F	208	F40+	44	01:00:09	979	02:10:17	938	02:08:27	931	
2	Craig	Coates	M	731	MOPEN	212	00:57:38	864	02:10:20	939	02:08:11	928	
1303	Barry	Pierce	M	732	M60+	18	00:59:03	940	02:10:20	940	02:09:15	946	
1246	Colin	Tucker	M	733	M40+	138	00:57:59	882	02:10:22	941	02:09:34	952	
259	Louise	Evans	F	209	FOPEN	75	00:58:56	934	02:10:22	942	02:08:39	934	
521	Phil	Peake	M	734	M40+	139	00:59:25	951	02:10:25	943	02:08:49	935	
168	Dave	Antrobus	M	735	M40+	140	00:58:14	895	02:10:29	944	02:09:57	961	
1367	Peter	Hardy	M	736	M55+	35	01:00:18	984	02:10:34	945	02:09:33	950	Abergele Harriers
430	Phillip	Stuart	M	737	MOPEN	213	00:59:29	955	02:10:46	946	02:09:05	942	
403	Emma	Fletcher	F	210	FOPEN	76	00:59:32	960	02:10:47	947	02:08:52	938	
591	Bill	Preston	M	738	M60+	19	01:01:41	1057	02:10:51	948	02:09:29	949	UK Netrunner
1122	Alexandra	Smeed	F	211	F40+	45	01:01:57	1061	02:10:52	949	02:08:59	939	
1611	Liz	Jones	F	212	F35+	45	01:01:12	1040	02:10:59	950	02:09:11	944	
247	David	Kirkby	M	739	M45+	118	00:59:40	964	02:11:00	951	02:09:56	960	
1451	Ian	Owens	M	740	M45+	119	00:58:47	926	02:11:01	952	02:09:51	958	
553	Joanne	Moore	F	213	F45+	26	00:59:40	963	02:11:05	953	02:09:41	953	
681	Phillippa	Tyson	F	214	F45+	27	01:00:50	1015	02:11:06	954	02:10:09	965	
1145	Kate	Waterhouse	F	215	FOPEN	77	00:58:51	930	02:11:08	955	02:08:51	937	Whitchurch Whippets
1454	Mark	Freeman	M	741	M50+	74	00:57:44	867	02:11:10	956	02:10:04	964	
1569	Paul	Manning	M	742	M50+	75	01:00:41	1005	02:11:13	957	02:09:59	962	
33	Mandy	Ashcroft	F	216	F40+	46	01:01:09	1035	02:11:18	958	02:09:25	948	
116	Hannah	Gardner	F	217	FOPEN	78	00:59:24	950	02:11:21	959	02:09:59	963	
85	Pam	Wild	F	218	F35+	46	01:02:40	1084	02:11:21	960	02:09:34	951	
782	Emma	Tilston	F	219	F45+	28	01:01:12	1039	02:11:24	961	02:10:43	976	Wrecsam Tri
874	Helen	Eaton	F	220	F35+	47	00:59:47	967	02:11:27	962	02:10:44	977	
851	Susan	Calvert	F	221	F50+	14	00:59:01	938	02:11:37	963	02:09:47	957	Abergele Harriers
940	Carol	Kirk	F	222	F45+	29	01:00:57	1019	02:11:37	964	02:09:43	955	
1227	Sharon	Kynaston	F	223	FOPEN	79	01:00:41	1004	02:11:39	965	02:10:16	967	Abergele Harriers
1135	Emma	Evans	F	224	FOPEN	80	01:00:18	983	02:11:45	966	02:10:43	975	
564	David	Beech	M	743	MOPEN	214	01:00:04	977	02:11:55	967	02:09:42	954	Telford Athletic Running Club
397	Simon	Cathery	M	744	M40+	141	00:58:11	894	02:11:56	968	02:09:46	956	
1495	Cheryl	Lord-Brown	F	225	F40+	47	00:58:11	893	02:12:00	969	02:11:26	987	
1556	Liz	Brookes	F	226	F45+	30	01:00:23	992	02:12:00	970	02:11:05	985	
1485	Mario	D'Angelo	M	745	M50+	76	00:58:26	906	02:12:03	971	02:10:25	971	
1533	Colin Richard	Stuhlfelder	M	746	M35+	132	01:01:57	1062	02:12:04	972	02:09:55	959	
1471	James	Ellis	M	747	MOPEN	215	00:58:26	905	02:12:04	973	02:10:26	972	
925	Andrea	Carter	F	227	F40+	48	01:01:29	1046	02:12:08	974	02:11:03	984	Riversway Road Runners
655	Stephen	Moon	M	748	MOPEN	216	00:58:38	915	02:12:11	975	02:10:15	966	
656	Catherine	Moon	F	228	FOPEN	81	00:58:38	917	02:12:12	976	02:10:16	968	
1323	Cindy	Knight	F	229	F45+	31	01:00:45	1011	02:12:13	977	02:10:18	969	Biddulph Running Club
340	Charles	Pearson	M	749	M55+	36	01:00:02	974	02:12:14	978	02:10:48	978	Styal Running Club
838	Sandra	Blythin	F	230	F45+	32	00:59:48	969	02:12:16	979	02:10:37	974	
1065	Erika	Dawson-Davies	F	231	F40+	49	00:57:30	852	02:12:20	980	02:10:22	970	North Wales Road Runners Club
1248	Iorwerth	Roberts	M	750	M65+	6	01:01:07	1034	02:12:21	981	02:10:32	973	Eryri Harriers
779	Mark N	Jones	M	751	M40+	142	01:00:18	985	02:12:29	982	02:11:47	988	Warrington Road Runners
305	Anthony	Smith	M	752	M55+	37	01:01:02	1026	02:12:35	983	02:10:57	981	
1580	Rosie	Cadwallader	F	232	FOPEN	82	00:58:27	907	02:12:45	984	02:11:02	982	
725	Deborah	Cox	F	233	F50+	15	01:01:36	1054	02:12:51	985	02:11:47	989	
437	Laura	Weller	F	234	FOPEN	83	01:00:43	1009	02:13:01	986	02:12:29	996	
3													

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	10K	Position	Gun Time	Position	Chip Time	Position	Club
1003	Edward	Roberts	M	760	M45+	121	01:01:31	1048	02:13:29	997	02:13:22	1016	
1616	Jamima	Latimer	F	238	F40+	51	00:59:58	973	02:13:36	998	02:12:57	1005	
615	Paul	Islip	M	761	M50+	77	01:01:09	1036	02:13:45	999	02:12:08	991	
878	Eddie	Naisby	M	762	M70+	4	01:01:58	1065	02:13:51	1000	02:12:44	1002	Prestatyn Running Club
1459	Iwan	Thomas	M	763	M45+	122	00:58:42	921	02:13:56	1001	02:12:39	999	
1278	Jonathan	Perry	M	764	M40+	146	01:02:21	1075	02:14:02	1002	02:12:49	1004	Abergele Harriers
1488	Bridget	Jones	F	239	F45+	33	01:01:18	1042	02:14:05	1003	02:12:18	994	
1519	Helen	Jolly	F	240	F50+	17	01:02:03	1067	02:14:07	1004	02:12:48	1003	Wesham Road Runners
236	Scott	Hill	M	765	MU20	3	00:54:20	688	02:14:10	1005	02:13:05	1008	
807	Robert	Williams	M	766	MOPEN	218	01:01:42	1058	02:14:28	1006	02:13:07	1010	
1343	Julian	Smout	M	767	M40+	147	00:58:02	885	02:14:29	1007	02:13:06	1009	
854	Lynn	Cunnah-Watson	F	241	F45+	34	00:57:32	859	02:14:33	1008	02:14:29	1024	
1360	Andrew	Williams	M	768	M45+	123	01:00:22	988	02:14:43	1009	02:12:33	998	
440	Sophie	Plummer	F	242	FOPEN	85	01:02:21	1077	02:14:48	1010	02:12:43	1001	
744	Tony	Wolstenholme	M	769	M35+	133	01:04:43	1136	02:14:55	1011	02:12:41	1000	
1541	Christine	Henderson	F	243	F60+	3	01:01:45	1059	02:14:56	1012	02:13:11	1011	Whitchurch Whippets
95	Martin	Stirna	M	770	M55+	40	01:02:42	1088	02:15:01	1013	02:13:15	1013	South Cheshire Harriers
601	Dewi	Griffiths	M	771	M50+	78	01:01:46	1060	02:15:02	1014	02:13:03	1007	
1110	Antonia	Wright	F	244	F35+	48	01:02:42	1087	02:15:03	1015	02:13:16	1014	
653	Sonia	Elliman	F	245	FOPEN	86	01:05:09	1145	02:15:03	1016	02:14:22	1022	
178	Jessica	Loveland	F	246	FOPEN	87	01:01:58	1064	02:15:19	1017	02:13:15	1012	
1530	Lindsey	Hurst	F	247	FOPEN	88	01:04:36	1133	02:15:20	1018	02:14:07	1019	
709	George	Morris	M	772	MOPEN	219	00:58:22	902	02:15:22	1019	02:14:22	1023	
1440	Jamie	Milligan	M	773	M35+	134	01:00:46	1013	02:15:26	1020	02:13:22	1015	
1055	Charlotte	Jaggard	F	248	FOPEN	89	01:00:22	987	02:15:39	1021	02:14:02	1018	
169	Martin	Lewis	M	774	M45+	124	00:58:16	896	02:15:49	1022	02:15:18	1034	
1578	Sharon	Langton	F	249	F50+	18	01:01:05	1031	02:15:52	1023	02:14:30	1025	picton running club
1029	Helen	Robbins	F	250	F60+	4	01:02:07	1069	02:16:08	1024	02:13:50	1017	Whitchurch Whippets
226	Lisa	Nichols	F	251	F40+	52	01:01:03	1027	02:16:17	1025	02:15:06	1033	
966	Elaine	Doga	F	252	F40+	53	01:02:48	1091	02:16:19	1026	02:14:52	1031	
1567	Miriam	Williams	F	253	FOPEN	90	01:02:12	1071	02:16:22	1027	02:14:13	1020	
1151	Janice	Edwards	F	254	F45+	35	01:02:08	1070	02:16:25	1028	02:14:22	1021	
139	Paula	Smith	F	255	F40+	54	01:01:18	1043	02:16:28	1029	02:15:19	1035	wirral ac
964	Julie	Thompson	F	256	F50+	19	01:04:14	1125	02:16:29	1030	02:15:58	1043	
1070	Jenny	Barrow	F	257	F40+	55	01:01:34	1052	02:16:41	1031	02:14:51	1030	
1069	Stephen	Parr	M	775	M35+	135	01:01:35	1053	02:16:41	1032	02:14:52	1032	
603	Jacob	Douglas	M	776	MOPEN	220	01:02:54	1096	02:16:45	1033	02:15:23	1038	
1276	Richard	Hodgkins	M	777	M40+	148	01:00:52	1017	02:16:46	1034	02:14:47	1028	
1280	Emily	Shufflebottom	F	258	FU20	4	01:00:43	1008	02:16:46	1035	02:14:48	1029	Biddulph Running Club
1326	Tracy	Shufflebottom	F	259	F40+	56	01:00:42	1007	02:16:46	1036	02:14:46	1027	Biddulph Running Club
816	Bryn	Clarke	M	778	M50+	79	01:01:05	1032	02:16:59	1037	02:14:40	1026	
165	Rob	Whiston	M	779	M55+	41	01:02:03	1066	02:16:59	1038	02:15:28	1041	
298	Xana	Page	F	260	FOPEN	91	01:00:57	1020	02:17:01	1039	02:15:28	1039	Chester Tri
308	Janet	Taylor	F	261	F50+	20	01:00:56	1018	02:17:02	1040	02:15:28	1040	Chester Tri
239	Lynda	Shields	F	262	F50+	21	01:02:40	1085	02:17:04	1041	02:15:20	1037	
749	Rebecca	Buscombe	F	263	FOPEN	92	01:01:39	1055	02:17:13	1042	02:15:19	1036	
261	Maria	Haigh	F	264	F45+	36	01:03:16	1098	02:17:25	1043	02:16:09	1044	Birkenhead AC
805	Hannah	Garlinge	F	265	FOPEN	93	01:01:10	1038	02:17:32	1044	02:16:18	1046	
995	Nigel	Williams	M	780	M45+	125	01:02:47	1090	02:17:37	1045	02:16:47	1058	
958	Debbie	Burrows	F	266	F50+	22	01:01:30	1047	02:17:40	1046	02:16:36	1054	Riversway Road Runners
959	Mandy	Swain	F	267	F40+	57	01:01:31	1049	02:17:40	1047	02:16:37	1055	Riversway Road Runners
922	Julia	Chisnell	F	268	F45+	37	01:04:15	1126	02:17:44	1048	02:17:13	1063	
606	Ian	Hawksworth	M	781	M50+	80	01:00:50	1014	02:17:53	1049	02:16:43	1057	
1072	Sharon	Boyle	F	269	F40+	58	01:02:19	1074	02:17:58	1050	02:15:50	1042	
1550	Carl	Anderton	M	782	M40+	149	01:03:33	1105	02:17:58	1051	02:17:13	1064	
1553	John	Jackson	M	783	M60+	20	01:04:10	1120	02:18:07	1052	02:16:57	1059	
1596	Michael Ian	Ravey	M	784	M50+	81	01:01:06	1033	02:18:13	1053	02:16:23	1047	
400	Hayley	Errington	F	270	FOPEN	94	01:03:32	1104	02:18:15	1054	02:16:32	1052	
361	Joyce	Liddiard	F	271	F55+	4	01:00:16	981	02:18:16	1055	02:16:36	1053	
1557	Denise	Stewart	F	272	F55+	5	01:04:13	1123	02:18:17	1056	02:16:28	1048	
214	Alec	Cudworth	M	785	MOPEN	221	01:02:48	1092	02:18:24	1057	02:16:38	1056	
565	Elly	Boliver	F	273	FOPEN	95	01:02:50	1095	02:18:24	1058	02:16:11	1045	
566	Hugh	Jones	M	786	M60+	21	01:03:29	1102	02:18:26	1059	02:16:29	1049	Welsh Fell Runners Association
1172	Lindsey	Bellis	F	274	FOPEN	96	01:00:39	1001	02:18:31	1060	02:16:59	1060	Deestriders
1394	Claire	Parry	F	275	FOPEN	97	01:03:26	1101	02:18:40	1061	02:17:24	1065	
1079	Carl Paul	Jones	M	787	M45+	126	01:00:38	1000	02:18:43	1062	02:16:29	1050	
1114	David	Farr	M	788	M45+	127	01:00:39	1002	02:18:43	1063	02:16:30	1051	
820	Gwyn	Pleming	M	789	M35+	136	00:57:28	849	02:18:44	1064	02:17:29	1066	
1184	Sion	Griffiths	M	790	M45+	128	01:00:52	1016	02:18:59	1065	02:17:39	1068	St. Asaph Runners
1438	Gemma	Nosworthy	M	791	M35+	137	01:03:20	1100	02:19:03	1066	02:17:04	1061	
43	Bethan	Lowe	F	276	FOPEN	98	01:01:57	1063	02:19:11	1067	02:18:08	1071	
702	Tom	Johnston	M	792	M40+	150	00:59:47	966	02:19:15	1068	02:17:29	1067	
1023	David	Thomas	M	793	M35+	138	01:02:32	1082	02:19:16	1069	02:17:41	1069	
795	Sam	Bullock	M	794	MOPEN	222	01:00:31	995	02:19:17	1070	02:18:19	1075	
666	Hiram	Evans	M	795	M40+	151	01:03:52	1113	02:19:19	1071	02:17:43	1070	
1411	Andrea	Woodside	F	277	F35+	49	01:03:51	1110	02:19:29	1072	02:17:11	1062	DEWSBURY ROAD RUNNERS
24	David	Stuckey	M	796	M45+	129	00:58:50	929	02:19:47	1073	02:18:17	1073	
589	Catrin	Lewis Jones	F	278	F35+	50	01:03:35	1106	02:19:50	1074	02:18:37	1078	
268	Chris	Bullock	M	797	MOPEN	223	00:58:38	916	02:19:51	1075	02:19:18	1086	
267	Royden	Evans	M	798	M35+	139	00:58:37	914	02:19:51	1076	02:19:19	1088	
523	Andrew	Broadbent	M	799	M45+	130	01:01:04	1029	02:20:04	1077	02:18:39	1079	
867	David	Williams	M	800	M40+	152	01:02:48	1093	02:20:07	1078	02:18:40	1080	
1581	Mike	Murray	M	801	M60+	22	01:02:26	1078	02:20:11	1079	02:18:17	1074	F.R.A.
1050	Steve	Jones	M	802	MOPEN	224	00:59:03	941	02:20:16	1080	02:19:21	1090	
953	Stuart	Hughes	M	803	MOPEN	225	01:04:58	1141	02:20:21	1081	02:18:20	1076	
635	Rebecca	Lloyd	F	279	F35+	51	01:03:56	1115	02:20:22	1082	02:18:14	1072	
286	Margaret	Delaney	F	280	F60+	5	01:03:32	1103	02:20:34	1083	02:19:18	1085	Birkenhead AC
1511	Ian	Kelly	M	804	M50+	82	00:59:37	962	02:20:36	1084	02:18:29	1077	
1233	Anna	Powell	F	281	FOPEN	99	01:04:13	1124	02:20:51	1085	02:19:02	1083	
262	Peter	Chittenden	M	805	M70+	5	01:04:21	1127	02:20:54	1086	02:19:43	1094	TONE ZONE RUNNERS
1143	Jayne	Jones	F	282	F40+	59	01:02:50	1094	02:20:55	1087	02:20:42	1103	
988	Mark	Salmon	M	806	MOPEN	226	01:04:27	1129	02:21:09	1088	02:19:18	1087	
327	Elizabeth												

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	10K	Position	Gun Time	Position	Chip Time	Position	Club
1098	Jon	Else	M	816	MOPEN	229	01:00:32	997	02:22:53	1108	02:21:24	1111	
1162	Steve	Griffiths	M	817	M35+	141	01:03:51	1111	02:23:03	1109	02:20:56	1106	
1562	Kate	Wheatcroft	F	293	F35+	54	01:04:44	1137	02:23:10	1110	02:22:33	1122	Cybi Striders
673	Graham	Jones	M	818	M55+	43	01:02:26	1079	02:23:16	1111	02:21:35	1113	
561	Felicity	Towns	F	294	FOPEN	101	01:08:15	1190	02:23:20	1112	02:21:09	1108	South Derbyshire Road Runners
1111	Phil	Holden	M	819	M60+	23	01:07:51	1182	02:23:20	1113	02:21:08	1107	
497	Nick	Bowler	M	820	M35+	142	01:03:50	1109	02:23:29	1114	02:21:16	1110	
11	David	Bohl	M	821	M40+	154	01:05:32	1151	02:23:29	1115	02:21:38	1115	Liverpool Running Club
760	Annamarie	Schmidt	F	295	F50+	23	01:06:58	1169	02:23:32	1116	02:21:15	1109	
556	Rhodri	Llwyd	M	822	M35+	143	01:01:04	1028	02:23:35	1117	02:22:15	1118	
1350	Stewart	Edney	M	823	M40+	155	01:01:15	1041	02:23:41	1118	02:21:39	1116	
1107	John	Albutt	M	824	M55+	44	01:09:59	1205	02:23:44	1119	02:22:23	1119	
1293	Amy	Saunders	F	296	FOPEN	102	01:06:14	1161	02:24:07	1120	02:23:42	1131	
1292	Nick	Jones	M	825	MOPEN	230	01:06:08	1158	02:24:07	1121	02:23:43	1132	
429	Andy	Green	M	826	M45+	132	01:02:28	1081	02:24:08	1122	02:22:25	1120	
1409	Helen	Sainsbury	F	297	FOPEN	103	01:03:04	1097	02:24:20	1123	02:22:02	1117	
97	Graham	Arden	M	827	M45+	133	01:02:16	1073	02:24:22	1124	02:22:29	1121	Abergele Harriers
18	Rachel	Cheshire	F	298	FOPEN	104	01:02:05	1068	02:24:25	1125	02:22:50	1124	
413	Liz	Stevenson	F	299	F55+	7	01:05:20	1149	02:24:32	1126	02:22:49	1123	Potters Trotters
371	Chris	Scott	M	828	MOPEN	231	00:59:16	948	02:24:33	1127	02:23:04	1125	
1375	Julia	Tickridge	F	300	F50+	24	01:02:14	1072	02:25:00	1128	02:24:30	1137	Helsby Running Club
1136	Claire	Adshhead	F	301	FOPEN	105	01:05:53	1154	02:25:11	1129	02:23:35	1130	
799	Lindsay	Crowther	F	302	F55+	8	01:06:59	1170	02:25:24	1130	02:23:06	1126	
487	Paul	Farrar	M	829	M40+	156	01:04:48	1140	02:25:28	1131	02:23:20	1127	
1208	Fiona	Bradley	F	303	FOPEN	106	01:04:33	1132	02:25:37	1132	02:23:44	1133	
872	Rory	Tompsett	M	830	M40+	157	01:05:55	1156	02:25:44	1133	02:24:17	1134	Team Amigo
1174	Sally	Thomas-Davies	F	304	FOPEN	107	01:07:50	1180	02:25:52	1134	02:24:20	1135	
1273	David	Williams	M	831	M45+	134	01:07:04	1171	02:25:54	1135	02:23:33	1128	
1212	Alison	Jones	F	305	FOPEN	108	01:07:05	1172	02:25:55	1136	02:23:34	1129	
701	Matt	Thomas	M	832	MOPEN	232	00:57:23	846	02:26:11	1137	02:24:27	1136	
1014	Sean Timothy	Quick	M	833	M35+	144	01:01:01	1025	02:26:28	1138	02:24:58	1139	
1196	Scott David	Kervin	M	834	MOPEN	233	01:07:11	1173	02:26:29	1139	02:25:53	1146	
1249	Zoe	Mann	F	306	FOPEN	109	01:05:20	1148	02:26:32	1140	02:25:24	1142	
1266	Rachel Emily	Pinkerton	F	307	FOPEN	110	01:01:32	1050	02:26:36	1141	02:24:36	1138	
66	Kate	White	F	308	F35+	55	01:04:45	1139	02:26:45	1142	02:26:08	1149	Cybi Striders
586	Jane	Hassall	F	309	F40+	64	01:06:11	1160	02:27:09	1143	02:26:38	1152	
585	Jen	Godfrey	F	310	F35+	56	01:06:10	1159	02:27:09	1144	02:26:38	1153	
862	Matt	Telford	M	835	M35+	145	01:08:28	1191	02:27:15	1145	02:25:18	1141	Biddulph Running Club
193	Lynn	Roberts	F	311	F50+	25	01:09:24	1199	02:27:19	1146	02:25:01	1140	
459	Rebecca	Burton	F	312	F35+	57	01:05:50	1153	02:27:37	1147	02:25:37	1143	
106	Richard	Bramwell	M	836	MOPEN	234	01:02:34	1083	02:27:47	1148	02:25:46	1145	
37	Carwyn	John	M	837	MOPEN	235	01:05:16	1147	02:27:47	1149	02:25:38	1144	
791	Jane	Riley	F	313	F45+	40	01:07:58	1184	02:27:51	1150	02:26:32	1150	
1168	John	Lever	M	838	M55+	45	01:07:33	1177	02:27:54	1151	02:26:05	1148	
526	Ann	Roberts-Dinsley	F	314	F35+	58	01:04:42	1134	02:28:06	1152	02:26:36	1151	buxton ac
868	Medwen	Roberts	F	315	F40+	65	01:04:45	1138	02:28:18	1153	02:26:03	1147	Belle Vue Racers
458	Egle	Ciapaita	F	316	FOPEN	111	01:05:04	1143	02:28:23	1154	02:27:18	1156	
509	Jordan	Elbro	F	317	FOPEN	112	01:05:05	1144	02:28:23	1155	02:27:17	1155	
829	Willow	Manuel	F	318	FOPEN	113	01:03:43	1107	02:28:58	1156	02:27:54	1159	
1332	Helen	Clark	F	319	F40+	66	01:07:39	1179	02:29:07	1157	02:27:15	1154	
1586	Maxine	Henderson	F	320	F45+	41	01:09:31	1200	02:29:07	1158	02:28:15	1162	
1123	Sian	Cosgrove	F	321	F40+	67	01:07:23	1175	02:29:18	1159	02:27:25	1158	
495	Jonathan	Rogers	M	839	MOPEN	236	01:03:46	1108	02:29:28	1160	02:27:24	1157	
185	Mai-Britt	Korndal	F	322	F35+	59	01:05:21	1150	02:29:45	1161	02:28:04	1160	
269	Claire	Evans	F	323	F35+	60	01:06:06	1157	02:30:03	1162	02:28:12	1161	
1442	Gwenda	Marshall	F	324	F50+	26	01:07:58	1185	02:30:26	1163	02:28:27	1165	
20	Jessica	Tewson	F	325	FU20	5	01:09:02	1195	02:30:26	1164	02:29:09	1166	
171	Dan	Charleton	M	840	MOPEN	237	01:07:32	1176	02:30:28	1165	02:28:23	1163	
177	Amy	Chesney	F	326	FOPEN	114	01:07:39	1178	02:30:29	1166	02:28:23	1164	
1181	Joe	Cillen	M	841	M65+	8	01:08:10	1189	02:30:42	1167	02:29:34	1169	
227	Becci	Tyrrell	F	327	FOPEN	115	01:04:31	1131	02:31:11	1168	02:30:00	1172	
600	Martyn	Jones	M	842	M45+	135	01:08:44	1192	02:31:19	1169	02:29:52	1171	
1241	Jacqueline	Hislop	F	328	F45+	42	01:05:53	1155	02:31:35	1170	02:29:50	1170	
359	Simon	Manby	M	843	MOPEN	238	01:13:47	1227	02:31:36	1171	02:29:15	1167	Kings Heath Running Club
1341	Jane	Mccard	F	329	F35+	61	01:13:47	1226	02:31:45	1172	02:29:24	1168	Kings Heath Running Club
642	Al	Priest	M	844	M35+	146	00:58:36	911	02:32:05	1173	02:30:03	1173	BBC Running Club
644	Simon	Gainey	M	845	M35+	147	00:58:36	913	02:32:05	1174	02:30:03	1174	
23	Garry	Williams	M	846	M50+	85	01:06:42	1165	02:32:06	1175	02:30:10	1176	
889	Shirley	Gofton	F	330	F45+	43	01:09:47	1203	02:32:06	1176	02:30:08	1175	rugeley runners
1142	Nia	Hughes	F	331	FOPEN	116	01:06:14	1162	02:32:18	1177	02:30:14	1177	
1434	David	Bird	M	847	MOPEN	239	01:06:25	1163	02:32:29	1178	02:30:25	1178	
771	Laura	Mckee	F	332	FOPEN	117	01:09:14	1196	02:33:11	1179	02:30:51	1179	
1083	Victoria	Gavin	F	333	FOPEN	118	01:07:58	1187	02:33:15	1180	02:31:22	1180	
1082	Matthew	Thomson	M	848	MOPEN	240	01:08:00	1188	02:33:21	1181	02:31:27	1181	
1081	Sarah	Owen	F	334	FOPEN	119	01:07:58	1186	02:33:33	1182	02:31:40	1182	
1088	Stephen John	Owen	M	849	MOPEN	241	01:07:56	1183	02:33:33	1183	02:31:40	1183	
785	Ben	Scowen	M	850	M35+	148	01:04:25	1128	02:34:01	1184	02:32:09	1184	
839	Ian	Blythin	M	851	M45+	136	01:03:52	1112	02:34:33	1185	02:32:52	1185	
1251	Andrew	Lee	M	852	MOPEN	242	01:08:51	1193	02:34:57	1186	02:32:52	1186	
1084	Tim	Nelson	M	853	MOPEN	243	01:06:49	1166	02:35:03	1187	02:33:10	1187	
1085	Vicky	Irvine	F	335	FOPEN	120	01:06:53	1168	02:35:04	1188	02:33:13	1188	
238	Rhys	Dart	M	854	MOPEN	244	01:04:58	1142	02:35:52	1189	02:33:52	1189	
1271	Jessica	Lamb	F	336	FOPEN	121	01:08:56	1194	02:36:22	1190	02:34:21	1190	
53	Graeme	Jones	M	855	MOPEN	245	01:11:21	1217	02:36:34	1191	02:36:27	1202	
1268	Sali	Lloyd Roberts	F	337	F45+	44	01:07:15	1174	02:36:34	1192	02:34:57	1194	
1413	Patricia	Linney	F	338	F60+	6	01:10:28	1208	02:36:35	1193	02:34:34	1191	
424	Patricia	Salisbury	F	339	F65+	1	01:09:48	1204	02:36:42	1194	02:35:00	1195	hearts
330	Sam	Fireman	M	856	M35+	149	01:09:23	1197	02:36:51	1195	02:34:41	1192	
332	Jenny	O'Neill	F	340	F35+	62	01:09:23	1198	02:36:52	1196	02:34:42	1193	
504	Mike	Price	M	857	M55+	46	01:13:30	1225	02:37:09	1197	02:35:12	1196	Wrekin Orienteers
1220	Sandra	Evans	F	341	F40+	68	01:09:31	1201	02:37:30	1198	02:35:51	1197	
1297	Helen	Ingram	F	342	F45+	45	01:09:32	1202	02:37:30	1199	02:35:51	1198	Abergele Harriers
1448	Melissa Kate	Bowen	F</										

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	10K	Position	Gun Time	Position	Chip Time	Position	Club
1289	Carol	Bull	F	353	F40+	70	01:15:51	1230	02:48:15	1219	02:46:47	1220	
1522	Jade	Mottley	F	354	FOPEN	125	00:58:31	908	02:48:38	1220	02:48:27	1222	
498	Lawrence	Chambers	M	867	M40+	159	01:16:03	1231	02:48:39	1221	02:46:26	1219	
975	Melissa	Hughes	F	355	FOPEN	126	01:13:09	1223	02:50:20	1222	02:49:06	1223	
640	Matthew	Staff	M	868	M35+	151	01:00:40	1003	02:50:31	1223	02:48:11	1221	
594	Jon	Barlow	M	869	MOPEN	248	01:14:56	1229	02:50:49	1224	02:49:39	1224	
1402	Lee	Bromwich	M	870	M35+	152	01:11:20	1216	02:54:14	1225	02:52:39	1225	
132	Harri	Lowther	M	871	MOPEN	249	01:16:41	1232	02:56:26	1226	02:55:09	1227	
1327	Keith	Tubman	M	872	M65+	9	01:14:42	1228	02:56:36	1227	02:54:31	1226	
349	Nigel	Riley	M	873	M50+	90	01:22:20	1233	03:06:17	1228	03:04:44	1228	
595	Luisa	Telford	F	356	FOPEN	127	01:22:38	1234	03:09:46	1229	03:07:50	1229	Biddulph Running Club
140	Jonathan	Roberts	M	874	MOPEN	250	01:30:31	1235	03:22:13	1230	03:20:03	1230	
1228	Paul	Taylor	M	875	M35+	153	01:30:32	1236	03:22:13	1231	03:20:05	1231	
1357	Gary	Hughes	M	876	M45+	137	01:34:28	1237	03:28:12	1232	03:25:53	1232	
1339	Bill	Edwards	M	877	M50+	91	01:34:30	1238	03:28:14	1233	03:25:57	1233	conwy golf club
180	Jennifer	Wise	F	357	FOPEN	128	01:38:10	1240	03:42:13	1234	03:39:54	1234	
1094	Kirsten	Kite	F	358	F50+	28	01:38:09	1239	03:42:17	1235	03:39:58	1235	
1152	Terry	Bussell	M	878	M40+	160	01:44:09	1241	03:56:27	1236	03:54:53	1236	
1157	Katie	Belcher	F	359	FOPEN	129	01:44:12	1242	03:56:27	1237	03:54:53	1237	
559	Steve	Broadfoot	M	DNF	M45+	DNF	00:41:41	66	DNF	DNF	DNF	DNF	Northern Veterans Athletic Clu
794	Andrew	Wright	M	DNF	M35+	DNF	00:50:16	439	DNF	DNF	DNF	DNF	
409	Thomas	Richardson	M	DNF	M40+	DNF	00:51:48	541	DNF	DNF	DNF	DNF	
1199	Andrw	Wint	M	DNF	M45+	DNF	00:52:45	602	DNF	DNF	DNF	DNF	ASHBOURNE RUNNING CLUB
194	Sharon	Edwards	F	DNF	F40+	DNF	00:54:52	724	DNF	DNF	DNF	DNF	
1080	Geri	Evans	F	DNF	F35+	DNF	01:07:50	1181	DNF	DNF	DNF	DNF	
1452	Harold	Bowen	M	DNF	M50+	DNF	00:00:00	0	DNF	DNF	DNF	DNF	
1119	David	Jakulis	M	DNF	MOPEN	DNF	00:00:00	0	DNF	DNF	DNF	DNF	
1016	Peter	Sixsmith	M	DNF	M35+	DNF	00:00:00	0	DNF	DNF	DNF	DNF	
883	Daniel	Broome	M	DNF	MOPEN	DNF	00:00:00	0	DNF	DNF	DNF	DNF	
697	Tracey	Quine	F	DNF	F35+	DNF	00:00:00	0	DNF	DNF	DNF	DNF	