

Race#	Forename	Surname	Gen	Category	Club	3.5 Miles	10 Miles	Gun Time	Position
20	Matthew	Bond	M	MSENIOR	SALE HARRIERS	00:15:48	00:50:51	01:07:00	1
16	Stuart	Robinson	M	MV35	SALFORD HARRIERS	00:16:09	00:53:06	01:09:51	2
1	Russell	Bentley	M	MSENIOR	ERYRI HARRIERS	00:15:58	00:53:49	01:10:06	3
17	Ragnar	Stalsmark	M	MSENIOR	GTI FRIIDRETT	00:16:55	00:54:17	01:10:46	4
2	Alun	Vaughan	M	MV35	ERYRI HARRIERS	00:16:54	00:54:17	01:11:09	5
15	Steve	Robinson	M	MSENIOR	ROYAL AIR FORCE ATHLETICS	00:16:41	00:54:57	01:12:48	6
2935	Steffan	Sayer	M	MSENIOR	MENAI TRACK & FIELD	00:17:43	00:56:03	01:13:18	7
2518	Richard	White	M	MSENIOR	HALESOWEN ACC	00:16:55	00:55:34	01:13:25	8
12	Stephen	Page	M	MSENIOR	KENILWORTH RUNNERS	00:17:34	00:56:57	01:14:45	9
1320	Paul	Jones	M	MV45	OSWESTRY OLYMPIANS	00:17:42	00:57:05	01:14:50	10
2217	Adam	Slodowicz	M	MSENIOR	SALFORD HARRIERS	00:17:44	00:57:14	01:15:21	11
14	Ryan	Roberts	M	MSENIOR	CYBI STRIDERS	00:17:45	00:57:42	01:16:01	12
9	Christopher	Hollinshead	M	MV45	CANNOCK & STAFFORD AC	00:17:59	00:58:08	01:16:04	13
5	Rob	Downs	M	MV50	WILMSLOW RC	00:17:49	00:58:29	01:16:45	14
10	John	Lloyd	M	MV35	SALFORD HARRIERS	00:17:32	00:58:57	01:18:10	15
2909	Jim	Bacon	M	MSENIOR	ERYRI HARRIERS	00:18:42	00:59:33	01:18:18	16
1364	Ben	Keatinge	M	MSENIOR		00:18:26	00:59:44	01:18:30	17
1827	Dewi	Owen	M	MV35	ERYRI HARRIERS	00:18:43	00:59:59	01:18:34	18
1365	Mote	Keatinge	M	MSENIOR		00:18:27	00:59:45	01:18:57	19
180	Dave	Bennett	M	MV35	ELLESMERE PORT RUNNING CLUB	00:18:27	00:59:47	01:18:58	20
2044	Dewi	Roberts	M	MV45		00:18:44	01:00:03	01:19:05	21
2747	Simon	Anetts	M	MSENIOR	BANGOR UNIVERSITY ATHLETICS CL	00:18:46	00:59:53	01:19:44	22
1694	David	Morris	M	MSENIOR	SOUTH CHESHIRE HARRIERS	00:19:02	01:00:48	01:19:49	23
3	Martin	Green	M	MV40	NWRRRC	00:18:43	01:01:16	01:20:34	24
629	Gareth	Dodd	M	MSENIOR	WHITCHURCH WHIPPETS	00:18:43	01:01:04	01:20:38	25
2813	Michael	Corrales	M	MSENIOR		00:19:08	01:01:48	01:20:46	26
1010	Thomas	Harkin	M	MV40		00:19:11	01:01:43	01:21:28	27
2004	Warren	Renkel	M	MSENIOR	SOUTH CHESHIRE HARRIERS	00:18:57	01:01:26	01:21:34	28
1663	Gary	Milligan	M	MV40		00:19:08	01:01:54	01:21:34	29
955	Mark	Griffiths	M	MSENIOR	MANCHESTER YMCA HARRIERS	00:19:15	01:02:14	01:21:38	30
13	Jim	Pendrill	M	MV45	WILMSLOW RC	00:19:12	01:02:33	01:21:52	31
3020	Tom	Williams	M	MV35	CITY OF CHESTER TRIATHLON CLUB	00:18:46	01:02:23	01:21:56	32
2306	Andrew	Sudlow	M	MSENIOR	TATTENHALL RUNNERS	00:18:31	01:01:17	01:22:28	33
19	Tessa	Robinson	F	FV35	SALFORD HARRIERS	00:19:05	01:02:57	01:22:35	34
2736	John	Whitworth	M	MSENIOR		00:20:16	01:04:01	01:22:50	35
1134	Adam	Howard	M	MSENIOR	TRAWDEN ATHLETIC CLUB	00:19:49	01:04:04	01:23:43	36

3022	George	Nicholls	M	MV45	PRESTATYN RUNNING CLUB	00:20:18	01:04:02	01:23:52	37
450	Arthur	Connell	M	MSENIOR	EVOLUTION BIKES BANGOR	00:19:33	01:03:24	01:23:52	38
1250	Andy	Jones	M	MV35	WREXHAM AAC	00:19:44	01:04:14	01:23:56	39
999	Paul	Hancock	M	MV45	SOUTH CHESHIRE HARRIERS	00:19:11	01:03:28	01:23:57	40
235	Paul	Bowes	M	MV45	SHROPSHIRE SHUFFLERS	00:19:47	01:03:46	01:23:59	41
1380	Mark	Kemp	M	MV40		00:20:10	01:04:12	01:23:59	42
1692	Danny	Morris	M	MV35		00:20:03	01:03:59	01:24:02	43
971	Dafydd	Gwynn	M	MV40		00:19:37	01:03:48	01:24:12	44
18	Richard	Webster	M	MV45	WALLASEY AC	00:19:26	01:04:07	01:24:16	45
2471	Mark	Warwick	M	MV50	TEAM DERBY RUNNER	00:20:22	01:04:17	01:24:32	46
1833	Huw	Owen	M	MV35	ERYRI HARRIERS	00:19:32	01:04:12	01:24:33	47
1423	Carl	Krystek	M	MV35		00:19:24	01:03:43	01:24:37	48
1847	Garry	Owens	M	MV50	OSWESTRY OLYMPIANS	00:19:46	01:04:06	01:24:38	49
2473	Chris	Callaghan	M	MV35	BUCKLEY RUNNERS	00:20:17	01:03:51	01:24:41	50
81	Rob	Arden	M	MV35	TATTENHALL RUNNERS	00:19:44	01:04:25	01:24:48	51
643	Martin	Dorrill	M	MV45	KENILWORTH RUNNERS	00:19:40	01:03:57	01:25:06	52
2254	Thomas	Spence	M	MSENIOR	WREXHAM AAC	00:19:31	01:05:35	01:25:28	53
759	Peter	Evans	M	MSENIOR		00:20:07	01:05:04	01:25:34	54
2236	Matt	Smith	M	MSENIOR		00:20:29	01:05:17	01:25:41	55
1834	Huw	Owen	M	MV35		00:20:05	01:04:59	01:25:42	56
2950	Gary	Dover	M	MV50	GLAXO HAD HILL HARRIERS	00:20:09	01:05:15	01:25:49	57
135	Garry	Barnett	M	MV45	WESHAM ROAD RUNNERS	00:19:43	01:04:21	01:25:53	58
1392	Jonathan	Kettle	M	MV40	DIRTY DAPS MUDDY TRACKS	00:19:29	01:05:20	01:25:56	59
574	Martyn	Davies	M	MSENIOR	NEWCASTLE STAFFS AC	00:20:28	01:05:33	01:25:56	60
2010	Jonathan	Rhys	M	MV35	HARLEQUINS ORIENTEERING	00:19:38	01:05:23	01:26:03	61
310	Gareth	Burrell	M	MSENIOR	HALIFAX HARRIERS	00:20:33	01:05:32	01:26:04	62
332	Jose Luis	Caro	M	MV35	FONDEROS MALAGA	00:19:42	01:04:24	01:26:09	63
1684	Clive	Morgan	M	MV35		00:20:21	01:05:51	01:26:09	64
1346	Mark	Jones	M	MV40		00:20:55	01:05:49	01:26:10	65
507	Paul	Crolla	M	MV35		00:19:32	01:04:38	01:26:15	66
1864	Archie	Parks	M	MSENIOR		00:19:50	01:04:44	01:26:16	67
1123	Dean	Horrell	M	MU20		00:19:28	01:03:59	01:26:19	68
1659	Rory	Middleton	M	MSENIOR		00:20:02	01:04:03	01:26:20	69
1976	Jeremy	Randell	M	MV50	MEIRIONNYDD RUNNING CLUB	00:20:36	01:05:21	01:26:20	70
3023	Phil	Lynes	M	MSENIOR	GOG TRIATHLON CLUB	00:19:46	01:04:26	01:26:26	71
2875	Runner	Number 2875	M	MSENIOR		00:20:52	01:06:35	01:26:41	72
1557	Chris	March	M	MSENIOR	MANCHESTER YMCA HARRIERS	00:19:47	01:04:23	01:26:42	73

573	Malcolm	Davies	M	MSENIOR	CLWB RHEDWYR CRICIETH	00:19:41	01:05:12	01:26:43	74
2863	James	Smith	M	MSENIOR		00:20:17	01:06:20	01:26:50	75
2734	Matt	Mason	M	MSENIOR	BANGOR UNIVERSITY ATHLETICS CL	00:19:56	01:05:13	01:26:52	76
2546	Sara	Willhoit	F	FSENIOR	MERCIA	00:20:38	01:05:51	01:26:54	77
739	Iwan	Evans	M	MV35	NWRRRC	00:20:41	01:06:33	01:26:56	78
1281	Geth	Jones	M	MSENIOR	GETH	00:19:43	01:05:45	01:27:23	79
1969	Radin Farizuan	Radin Baidrul Ikram	M	MSENIOR	NIKE RUN CLUB	00:21:49	01:05:30	01:27:30	80
985	Mike	Hall	M	MV45	RED ROSE ROAD RUNNERS	00:20:27	01:06:33	01:27:32	81
1082	Mike	Hill	M	MV45	WILMSLOW RC	00:20:17	01:06:37	01:27:37	82
492	Duncan	Cowie	M	MV50	SINFIN RUNNING CLUB	00:20:34	01:06:48	01:27:39	83
2842	Tom	Briggs	M	MSENIOR		00:19:42	01:06:04	01:27:40	84
1334	Sam	Jones	M	MSENIOR	PARC BRYN BACH	00:20:08	01:04:21	01:27:41	85
924	Sally	Gray	F	FV40	CANNOCK & STAFFORD AC	00:21:03	01:07:11	01:27:46	86
589	Iain	Davies-Moore	M	MV45	WRECSAMTRI	00:20:21	01:06:03	01:27:46	87
3016	Robert	Deakin	M	MSENIOR	BIRCHFIELD HARRIERS	00:20:51	01:07:17	01:27:51	88
102	Julian	Ayres	M	MSENIOR	TRISMART	00:19:04	01:06:27	01:28:03	89
1181	Rob	Hurcomb	M	MV40		00:20:40	01:06:10	01:28:06	90
1481	Kieran	Lewis	M	MSENIOR		00:20:55	01:06:31	01:28:09	91
2975	Robert	Owens	M	MSENIOR		00:20:41	01:06:34	01:28:10	92
937	Sean	Greeves	M	MV40		00:20:33	01:06:38	01:28:13	93
2277	Ian	Stevens	M	MSENIOR	UWA HARRIERS	00:21:15	01:07:11	01:28:17	94
1854	Stefano	Pampuro	M	MSENIOR	KANALETAS	00:20:48	01:07:00	01:28:20	95
2855	Stephen	Ridgway	M	MV35		00:20:10	01:05:09	01:28:21	96
2050	Gwyn	Roberts	M	MV45		00:20:43	01:07:10	01:28:23	97
431	Jonathan	Cole	M	MV35	ELLESMERE PORT RUNNING CLUB	00:20:23	01:07:11	01:28:28	98
556	Darrell	Davies	M	MSENIOR	PRESTATYN RUNNING CLUB	00:21:28	01:06:35	01:28:34	99
2474	Danny	Waters	M	MSENIOR	THE ENDURANCE STORE	00:20:48	01:07:24	01:28:39	100
2826	Paul	Cain	M	MV45	SOUTHPORT & WATERLOO ATHLETES	00:20:49	01:06:57	01:28:39	101
1190	David	Ian	M	MV50		00:20:00	01:06:14	01:28:42	102
2158	Andy	Savage	M	MV40		00:21:13	01:07:39	01:28:43	103
1664	David	Millington	M	MV45	WREXHAM AAC	00:20:54	01:07:18	01:28:45	104
2409	John	Davies	M	MV35	WREXHAM AAC	00:20:59	01:07:35	01:28:48	105
2978	Jason	Blount	M	MV35	NEWCASTLE STAFFS AC	00:20:38	01:06:58	01:28:48	106
562	Ian	Davies	M	MSENIOR		00:20:14	01:07:00	01:28:48	107
128	Adrian	Barnes	M	MV45	SHROPSHIRE SHUFFLERS	00:20:27	01:07:05	01:28:51	108
2799	Andrea	Rowlands	F	FV40	ERYRI HARRIERS	00:20:35	01:07:05	01:28:53	109
2324	Craig	Taylor	M	MV35		00:21:13	01:07:37	01:28:54	110

787	Neil	Finegan	M	MV40	HELSEBY RUNNING CLUB	00:20:25	01:06:50	01:28:57	111
597	Andy	Dawe	M	MV45	CITY OF CHESTER TRIATHLON CLUB	00:20:20	01:07:22	01:29:11	112
2510	Kevin	Wheeler	M	MV35		00:20:17	01:06:09	01:29:12	113
2602	Brian	Wills	M	MV40	ERYRI HARRIERS	00:20:34	01:07:18	01:29:17	114
4	Tracey	Llewellyn	F	FV35	CYBI STRIDERS	00:20:40	01:07:19	01:29:18	115
2334	Steve	Taylor	M	MV55	MENAI TRACK & FIELD	00:21:01	01:07:48	01:29:18	116
1059	Harley	Henshaw	M	MSENIOR	WIRRAL AC	00:21:01	01:08:46	01:29:27	117
475	Trevor	Cording	M	MSENIOR	FYLDE COAST RUNNERS	00:21:42	01:08:46	01:29:27	118
720	Ian	Ellis	M	MV35	MALDWYN HARRIERS	00:20:04	01:06:40	01:29:28	119
1310	Martyn	Jones	M	MV35		00:20:15	01:07:31	01:29:29	120
119	Peter	Bannister	M	MV35		00:20:39	01:07:43	01:29:36	121
1507	Robert	Lloyd	M	MSENIOR	BUXTON AND DISTRICT ATHLETICS	00:20:47	01:07:18	01:29:52	122
2998	Ben	Shepherd	M	MV40		00:20:41	01:07:29	01:29:52	123
1910	Neil	Phillips	M	MV55		00:20:30	01:07:28	01:29:57	124
339	Andrew	Carter	M	MV45	WEST CHESHIRE AC	00:20:22	01:06:54	01:30:00	125
566	Kevin	Davies	M	MV50	CLAYTON-LE-MOORS	00:21:10	01:08:09	01:30:03	126
1808	Mark	O'Callaghan	M	MV35	KIRKBY MILERS AC	00:20:57	01:07:58	01:30:07	127
1765	Mark	Newns	M	MV40		00:20:58	01:06:46	01:30:10	128
70	Dean	Allison	M	MSENIOR	NWRRRC	00:21:17	01:08:31	01:30:10	129
2291	Stephen	Sto	M	MV40		00:20:47	01:08:20	01:30:11	130
1447	Peter	Lavery	M	MV35		00:19:44	01:06:00	01:30:12	131
5077	Ashley	Morris	M	MSENIOR		00:20:14	01:07:23	01:30:20	132
193	Stuart	Berry	M	MSENIOR	LYMM RUNNERS	00:21:10	01:08:27	01:30:22	133
5047	Tony	Wardle	M	MV45	SOUTH CHESHIRE HARRIERS	00:19:58	01:06:32	01:30:23	134
1474	Lee	Lewington	M	MSENIOR	LEWY	00:21:04	01:09:26	01:30:28	135
1352	Gary	Joyce	M	MV35	OLDHAM & ROYTON HARRIERS	00:21:23	01:09:10	01:30:29	136
1895	Richard	Pepper	M	MV40	SHROPSHIRE SHUFFLERS	00:21:01	01:07:52	01:30:30	137
5058	Edward	Morris	M	MSENIOR	LES CROUPIERS RC	00:20:33	01:08:23	01:30:37	138
945	Dylan	Griffith	M	MV40		00:20:00	01:08:21	01:30:39	139
2596	Vicky	Williams	F	FV35		00:20:48	01:08:41	01:30:39	140
1005	Robert	Harden	M	MSENIOR		00:19:41	01:06:39	01:30:43	141
140	Lee	Barratt	M	MV45	STOCKPORT HARRIERS	00:21:16	01:08:25	01:30:44	142
2136	Ian	Rutherford	M	MV40	HELSEBY RUNNING CLUB	00:20:50	01:08:49	01:30:46	143
2242	Steve	Smith	M	MV45	WALLASEY AC	00:20:49	01:08:31	01:30:47	144
1496	Thomas	Lister	M	MSENIOR	FLECKNEY AND KIBWORTH	00:21:12	01:08:34	01:30:52	145
2663	Martin	Wynn	M	MV50		00:21:32	01:08:36	01:30:55	146
2421	Laura	Venables	F	FSENIOR	BIDDULPH RUNNING CLUB	00:20:34	01:07:43	01:31:03	147

806	Nick	Foden	M	MSENIOR	ABERGELE HARRIERS	00:21:03	01:08:40	01:31:03	148
2215	Kevin	Slattery	M	MV60	NWRRRC	00:21:16	01:07:55	01:31:07	149
118	Cameron	Baloyi Rigby	M	MSENIOR		00:21:11	01:09:03	01:31:07	150
1151	Malcolm	Hughes	M	MV45		00:20:43	01:07:58	01:31:10	151
371	Gareth	Chaloner	M	MSENIOR	WREXHAM AAC	00:20:30	01:07:56	01:31:17	152
328	David	Card	M	MV35	OSWESTRY OLYMPIANS	00:21:05	01:09:15	01:31:24	153
154	Chris	Barton	M	MSENIOR	BARNSLEY HARRIERS	00:22:07	01:09:29	01:31:25	154
400	Adrian	Church	M	MV40		00:21:20	01:09:27	01:31:27	155
2461	Jonny	Ward	M	MSENIOR		00:21:55	01:08:36	01:31:29	156
6	Janine	Ellis	F	FV45	WILMSLOW RC	00:21:19	01:09:28	01:31:31	157
1966	Simon	Quick	M	MV35		00:21:01	01:09:05	01:31:32	158
2955	Matthew	Smith	M	MSENIOR	PRESTATYN RUNNING CLUB	00:21:28	01:09:38	01:31:34	159
2472	Lawrence	Washington	M	MV40	TIM MWS PIWS TY CWRW ALBION	00:19:59	01:05:21	01:31:38	160
3014	Phil	Scope	M	MV40	SINFIN RUNNING CLUB	00:20:59	01:09:40	01:31:41	161
1839	Mark	Owen	M	MSENIOR		00:21:58	01:10:43	01:31:42	162
1605	Claire	Mccarthy	F	FSENIOR	SHROPSHIRE SHUFFLERS	00:20:55	01:09:31	01:31:50	163
1669	Colin	Minshull	M	MV45	CITY OF CHESTER TRIATHLON CLUB	00:21:23	01:09:22	01:31:50	164
922	Lisa	Grantham	F	FV40	PENSBY RUNNERS	00:22:07	01:10:10	01:31:59	165
823	Andy	Fowler	M	MV45	STOCKPORT HARRIERS	00:21:41	01:09:38	01:32:14	166
1132	Tyler	Houlston	M	MSENIOR		00:21:52	01:10:19	01:32:18	167
972	Nia	Gwynn	F	FV35		00:21:29	01:10:12	01:32:18	168
2559	Craig	Williams	M	MSENIOR	SOUTH CHESHIRE HARRIERS	00:21:16	01:09:24	01:32:26	169
1209	Paul	Jakeways	M	MV35	WEST BROMWICH HARRIERS	00:21:41	01:10:04	01:32:29	170
1141	Chris	Hughes	M	MSENIOR	ERYRI HARRIERS	00:21:27	01:10:16	01:32:35	171
976	Elliw	Haf	F	FSENIOR	ERYRI HARRIERS	00:21:29	01:10:17	01:32:35	172
5068	Michael	Coyne	M	MV40		00:20:59	01:09:01	01:32:37	173
2866	Mike	OBrien	M	MV35	SOUTH CHESHIRE HARRIERS	00:21:23	01:09:03	01:32:47	174
227	Stewart	Bond	M	MV35	CAMBRIDGE AND COLERIDGE ATHLET	00:21:10	01:09:02	01:32:53	175
2443	Jay	Walker	M	MSENIOR		00:20:31	01:07:24	01:33:01	176
2412	James	Upton	M	MV40		00:21:41	01:10:31	01:33:06	177
2660	Michael	Wrigley	M	MV40	TRAWDEN ATHLETIC CLUB	00:20:59	01:09:59	01:33:06	178
537	Asif	Dar	M	MV35		00:22:34	01:11:27	01:33:12	179
203	Mark	Billington	M	MV50	RED ROSE ROAD RUNNERS	00:21:48	01:09:46	01:33:18	180
2463	Owen	Ward	M	MSENIOR		00:20:56	01:10:24	01:33:19	181
2538	Daniel	Wilkes	M	MSENIOR		00:20:46	01:09:22	01:33:21	182
205	Sophia	Bird	F	FU20	BIDDULPH RUNNING CLUB	00:21:26	01:11:16	01:33:24	183
2758	Andrew	Batchelor	M	MV35		00:21:59	01:10:47	01:33:28	184

944	David	Griffith	M	MV40	GOG TRIATHLON CLUB	00:21:38	01:10:48	01:33:32	185
2889	Peter	Mackey	M	MV50	RIVERSWAY ROAD RUNNERS	00:20:40	01:09:18	01:33:33	186
2952	Gary	Williams	M	MV45	ERYRI HARRIERS	00:21:24	01:09:47	01:33:36	187
567	Leon	Davies	M	MV35	NWRRRC	00:21:22	01:10:51	01:33:36	188
2614	Gary	Wilton	M	MV35	KIRKBY MILERS AC	00:20:59	01:10:48	01:33:39	189
2404	Ivor	Twiss	M	MV55	SOUTH CHESHIRE HARRIERS	00:21:31	01:10:25	01:33:45	190
2989	Alan	Steeple	M	MV40	CHORLTON RUNNERS	00:22:34	01:11:30	01:33:46	191
2477	Jodi	Waters	M	MV35	ABERGELE HARRIERS	00:21:05	01:10:29	01:33:48	192
2411	James	Upton	M	MV40	DERWENT RUNNERS	00:21:24	01:10:41	01:33:49	193
2732	James	Cooper	M	MV40		00:20:23	01:08:30	01:33:50	194
918	Ian	Grandfield	M	MV50	MARKET DRAYTON RUNNING CLUB	00:21:17	01:10:45	01:33:54	195
2993	Stephen	Spall	M	MV50	CITY OF CHESTER TRIATHLON CLUB	00:22:44	01:11:33	01:33:54	196
435	Steve	Coleman	M	MV50	ASTLEY & TYLDSLEY ROAD RUNNERS	00:21:57	01:11:16	01:33:56	197
1890	Andy	Penney	M	MV40	STYAL RUNNING CLUB	00:21:04	01:10:11	01:33:58	198
2649	Gareth	Woolmington	M	MV50		00:21:32	01:11:07	01:33:59	199
5050	Mark	Dibb	M	MV40		00:21:36	01:10:58	01:34:02	200
1525	Keith	Lunt	M	MV45	SOUTHPORT & WATERLOO ATHLETES	00:20:54	01:09:57	01:34:08	201
2672	Andy	Yates	M	MV50		00:21:42	01:11:30	01:34:13	202
1119	Matthew	Hopkins	M	MV45		00:21:58	01:10:15	01:34:16	203
245	Marc	Bradford	M	MV35	MACCLESFIELD HARRIERS	00:21:03	01:11:10	01:34:17	204
2150	James	Salt	M	MV35	ABERGELE HARRIERS	00:21:55	01:11:56	01:34:21	205
2608	Billy	Wilson	M	MSENIOR		00:21:43	01:09:43	01:34:23	206
2369	Lee	Thornton	M	MSENIOR	CANICROSS CLWYD	00:20:54	01:10:34	01:34:27	207
615	Gareth	Denham	M	MV35	GWERNYMYNYDD HAFOD HARRIERS	00:21:10	01:11:15	01:34:31	208
2797	Les	Schofield	M	MSENIOR	PENNY LANE STRIDERS	00:23:57	01:12:57	01:34:36	209
7	Bev	Ganose	F	FV50	ALTRINCHAM & DISTRICT ATHLETIC	00:21:54	01:12:05	01:34:36	210
2688	Jonny	Sewell	M	MSENIOR		00:20:54	01:11:06	01:34:41	211
2834	Eric	Ranson	M	MV45		00:21:22	01:10:42	01:34:42	212
912	Marc	Goudie	M	MSENIOR	PENNY LANE STRIDERS	00:21:27	01:10:09	01:34:46	213
2783	Chris	Sorsby	M	MV45		00:21:12	01:11:16	01:34:49	214
170	Paul	Bebb	M	MSENIOR		00:21:31	01:11:02	01:34:49	215
979	Rob	Haines	M	MV35	NEWCASTLE STAFFS AC	00:22:11	01:11:51	01:34:51	216
2545	James	Wilkinson	M	MV40		00:20:47	01:11:26	01:34:53	217
2683	Sarah	Conway	F	FSENIOR	BIRCHFIELD HARRIERS	00:23:20	01:13:02	01:34:54	218
59	Paul	Adkins	M	MV60	STOCKPORT TRI CLUB	00:23:17	01:11:36	01:34:55	219
2064	Nick	Roberts	M	MV45	CITY OF CHESTER TRIATHLON CLUB	00:22:31	01:12:12	01:34:57	220
1593	David	Maydew	M	MV50	BIDDULPH RUNNING CLUB	00:21:28	01:11:09	01:35:00	221

2131	Padraig	Ruane	M	MSENIOR	BELPARK TRIATHLON CLUB	00:22:03	01:09:23	01:35:01	222
2395	Euan	Turnbull	M	MSENIOR		00:22:25	01:10:49	01:35:04	223
736	Daniel	Evans	M	MV40		00:21:07	01:11:35	01:35:05	224
1165	Owain	Hughes	M	MSENIOR		00:23:04	01:11:58	01:35:07	225
1761	Matt	Newberry	M	MSENIOR		00:21:58	01:11:52	01:35:08	226
2192	John	Sheldon	M	MV40	LYMM RUNNERS	00:21:16	01:10:35	01:35:08	227
2702	Lloyd	Hughes	M	MSENIOR		00:23:04	01:12:01	01:35:08	228
1570	Trevort	Marshall	M	MV60		00:20:59	01:10:44	01:35:08	229
2976	Andrew	Holloway	M	MV35		00:20:55	01:11:04	01:35:10	230
5064	Deborah	Barrett-Walsh	F	FV40		00:21:17	01:11:23	01:35:10	231
789	Shane	Finney	M	MV40	SOUTH CHESHIRE HARRIERS	00:21:46	01:10:59	01:35:11	232
650	Simon	Doyle	M	MV35		00:22:35	01:10:40	01:35:14	233
1702	Karl	Morris	M	MSENIOR	NWRRRC	00:23:11	01:12:45	01:35:18	234
2689	Chris	Thomas	M	MSENIOR	CYBI STRIDERS	00:22:50	01:11:09	01:35:23	235
1528	John	Lynch	M	MV40		00:22:45	01:12:21	01:35:25	236
859	Sarah	Wilson	F	FV35	SOUTH CHESHIRE HARRIERS	00:21:54	01:11:06	01:35:27	237
2089	Pedro	Rodriguez	M	MSENIOR		00:21:56	01:11:13	01:35:27	238
928	Declan	Greaney	M	MSENIOR		00:21:03	01:11:24	01:35:29	239
2630	John	Wood	M	MV55	MICHELIN ATHLETIC CLUB	00:21:36	01:12:14	01:35:30	240
2238	Nathan	Smith	M	MSENIOR		00:21:58	01:10:00	01:35:31	241
1752	Graham	Neal	M	MV50	ATHERTON RUNNING CLUB	00:21:24	01:11:26	01:35:34	242
1881	Adey	Payne	M	MV50	WEST END RUNNERS	00:21:19	01:12:01	01:35:35	243
1821	Damian	ORourke	M	MV45	STOCKPORT HARRIERS	00:21:49	01:11:40	01:35:37	244
2899	Daniel	Williams	M	MSENIOR		00:22:23	01:12:27	01:35:38	245
1933	Luke	Potts	M	MV35	WARRINGTON ROAD RUNNERS	00:22:19	01:12:24	01:35:40	246
1226	Mark	Jessett	M	MSENIOR		00:22:33	01:11:59	01:35:42	247
1297	Josh	Jones	M	MSENIOR		00:21:38	01:12:47	01:35:45	248
204	Carol	Bird	F	FV50	BIDDULPH RUNNING CLUB	00:22:11	01:12:28	01:35:46	249
1926	Paul	Plummer	M	MV40	STOCKPORT HARRIERS	00:23:19	01:11:31	01:35:49	250
940	Paul	Gresty	M	MV35		00:22:29	01:13:15	01:36:00	251
1731	Alex	Mullarkey	M	MSENIOR		00:22:06	01:10:04	01:36:02	252
2667	Michael	Wyss	M	MSENIOR		00:21:45	01:11:14	01:36:03	253
1409	Steven	Kirkham	M	MV35	RIVERSWAY ROAD RUNNERS	00:22:10	01:11:09	01:36:04	254
1162	Steve	Hughes	M	MSENIOR		00:21:01	01:12:33	01:36:05	255
2521	Peter	Whitehead	M	MV50	FYLDE RUNNING CLUB	00:22:48	01:12:17	01:36:07	256
1561	Lauren	Marsden	F	FV40	SWINTON RUNNING CLUB	00:22:40	01:12:53	01:36:08	257
2365	Roger	Thompson	M	MV45		00:21:45	01:11:12	01:36:09	258

931	Carla	Green	F	FV40	NWRRRC	00:22:45	01:13:27	01:36:17	259
2118	Oliver	Rowe	M	MSENIOR		00:21:09	01:12:38	01:36:19	260
443	Emma	Collins	F	FV50	DENBIGH HARRIERS	00:22:38	01:13:01	01:36:22	261
910	Steven	Gore	M	MSENIOR	WESHAM ROAD RUNNERS	00:21:23	01:11:41	01:36:23	262
305	Paul	Burke	M	MV40		00:21:45	01:12:32	01:36:24	263
2285	Jamie	Stewart	M	MSENIOR	CHORLTON RUNNERS	00:21:06	01:11:04	01:36:24	264
215	Stewart	Blair	M	MV35		00:23:17	01:13:29	01:36:26	265
107	Lee	Bailey	M	MV35		00:21:55	01:11:59	01:36:30	266
66	Graeme	Alexander	M	MSENIOR	WHITCHURCH WHIPPETS	00:20:45	01:11:14	01:36:30	267
161	Rob	Batterbee	M	MSENIOR		00:21:59	01:12:44	01:36:31	268
534	Steven	Daly	M	MSENIOR		00:21:18	01:12:35	01:36:31	269
696	John	Edwards	M	MV45		00:22:28	01:12:41	01:36:38	270
1713	Michael	Mort	M	MV35		00:22:04	01:13:02	01:36:40	271
110	Tom	Bailey	M	MV45		00:22:15	01:12:19	01:36:41	272
595	Ste	Davison	M	MV40		00:22:06	01:09:29	01:36:41	273
1613	David	Mcculloch	M	MV35		00:23:06	01:12:01	01:36:41	274
1308	Llywelyn	Jones	M	MV40		00:21:45	01:11:41	01:36:43	275
445	Libby	Collinson	F	FV60	SHROPSHIRE SHUFFLERS	00:22:01	01:13:08	01:36:44	276
2448	Terry	Wall	M	MV45	TRENTHAM RUNNING CLUB	00:20:56	01:12:49	01:36:45	277
1376	Steven	Kelly	M	MSENIOR	LIVERPOOL RUNNING CLUB	00:23:42	01:13:01	01:36:45	278
75	Iain	Anderson	M	MSENIOR		00:22:00	01:10:23	01:36:46	279
523	Suzy	Cumming	F	FV40		00:22:16	01:13:04	01:36:49	280
2433	Neil	Waghorn	M	MSENIOR		00:23:09	01:13:08	01:36:56	281
1537	Stuart	Madeley	M	MV40		00:23:00	01:13:21	01:36:56	282
1408	Mike	Kirk	M	MV50	OSWESTRY OLYMPIANS	00:21:45	01:12:54	01:36:56	283
5049	Lee	Wilkinson	M	MV35	SOUTH CHESHIRE HARRIERS	00:22:27	01:13:02	01:37:00	284
1338	Simon	Jones	M	MV45	SWINDON STRIDERS	00:22:22	01:13:06	01:37:03	285
2821	John	Archer	M	MV60	WINSTON RUNNERS	00:22:28	01:13:49	01:37:06	286
2740	Nathan	Walton	M	MV45	NEWCASTLE STAFFS AC	00:22:42	01:13:50	01:37:07	287
1458	Simon	Leah	M	MSENIOR		00:20:46	01:11:31	01:37:07	288
942	Paul	Griffin	M	MV50	WINSTON RUNNERS	00:22:29	01:13:49	01:37:07	289
1095	Linden	Hiscock	F	FV40	STOCKPORT HARRIERS	00:22:59	01:13:04	01:37:10	290
1066	Simon	Heys	M	MV55	STOCKPORT HARRIERS	00:22:52	01:13:49	01:37:17	291
1149	Lisa	Hughes	F	FSENIOR		00:21:35	01:12:53	01:37:28	292
1779	Philip	Nieman	M	MV50		00:22:06	01:13:10	01:37:29	293
2049	Gwyn	Roberts	M	MV45	WREXHAM	00:22:18	01:13:44	01:37:38	294
1480	Jim	Lewis	M	MV45		00:22:09	01:13:01	01:37:39	295

1470	Paul	Leonard	M	MV40		00:23:40	01:15:34	01:37:39	296
2621	Martin	Witty	M	MV45	DEESTRIDERS RUNNING CLUB	00:22:33	01:12:25	01:37:43	297
434	Kevin	Coleclough	M	MV35		00:24:02	01:11:41	01:37:44	298
2690	Gareth	Evans	M	MV35	ABERGELE HARRIERS	00:23:44	01:15:39	01:37:52	299
2765	Lee	Pearce	M	MV40	SHROPSHIRE SHUFFLERS	00:22:14	01:13:23	01:37:55	300
540	Bill	Dargue	M	MV55	SHROPSHIRE SHUFFLERS	00:22:22	01:13:55	01:37:56	301
1781	Christopher	Nixon	M	MV50	NEWCASTLE STAFFS TRI CLUB	00:23:31	01:12:34	01:37:58	302
1974	Derek	Randall	M	MSENIOR		00:22:17	01:13:45	01:37:59	303
2308	Andrew	Sumner	M	MV45		00:21:47	01:13:44	01:37:59	304
2391	Carmel	Triggs	F	FV35		00:23:07	01:14:18	01:38:02	305
2536	Paul	Wilcockson	M	MV35	BUCKLEY RUNNERS	00:21:43	01:12:28	01:38:07	306
2763	Emrys	Jones	M	MV55	CYBI STRIDERS	00:22:15	01:13:48	01:38:11	307
190	Chris	Berrington	M	MSENIOR		00:23:12	01:13:44	01:38:12	308
2073	Steven	Roberts	M	MV50	NWRRRC	00:21:19	01:12:47	01:38:12	309
964	Ed	Guccione	M	MSENIOR		00:22:17	01:13:26	01:38:13	310
1375	Michael	Kelly	M	MSENIOR	WALLASEY AC	00:21:56	01:11:50	01:38:14	311
2729	John	Halliwel	M	MV50	MANCHESTER HARRIERS & AC	00:21:26	01:13:41	01:38:17	312
1311	Matt	Jones	M	MV35		00:23:36	01:15:08	01:38:19	313
2199	Rachel	Shipley	F	FSENIOR	ABERGELE HARRIERS	00:23:14	01:15:17	01:38:20	314
1440	Mike	Larkin	M	MV40		00:22:15	01:13:10	01:38:22	315
1988	David	Redfern	M	MV40		00:22:11	01:13:34	01:38:23	316
1157	Peter	Hughes	M	MSENIOR		00:23:57	01:13:51	01:38:26	317
1295	John	Jones	M	MV55	ABERGELE HARRIERS	00:23:40	01:15:32	01:38:26	318
2082	Paul	Robertson	M	MV50	DELAMETE SPARTANS	00:22:12	01:11:54	01:38:27	319
3002	Gavin	Parr	M	MV35		00:23:40	01:15:30	01:38:30	320
1667	Andy	Milton	M	MSENIOR		00:22:42	01:14:37	01:38:34	321
2212	Mark	Skelton	M	MV50		00:22:30	01:13:46	01:38:35	322
1638	Brian	Mcmulkin	M	MV45	PEEL ROAD RUNNERS	00:22:52	01:15:09	01:38:37	323
1541	Liz	Mahon	F	FSENIOR		00:21:19	01:12:38	01:38:43	324
5062	Charlie	Johnson	M	MV45		00:21:26	01:13:45	01:38:44	325
86	Jane	Ashbrook	F	FV40	HELSEBY RUNNING CLUB	00:22:55	01:14:03	01:38:46	326
300	Iain	Burgess	M	MSENIOR		00:20:30	01:09:18	01:38:55	327
2036	Leslie	Ritchie	M	MV60		00:22:45	01:14:51	01:38:58	328
757	Stuart	Evans	M	MV40		00:23:37	01:15:20	01:38:59	329
3021	Phil	Ross	M	MSENIOR		00:23:23	01:14:44	01:38:59	330
704	Steven	Edwards	M	MSENIOR	ELLESMERE PORT RUNNING CLUB	00:22:55	01:15:46	01:39:11	331
103	Richard	Ayton	M	MV50		00:22:47	01:14:58	01:39:12	332

1085	Steve	Hillier	M	MV35	WEST CHESHIRE AC	00:22:53	01:13:36	01:39:14	333
654	John	Drew	M	MSENIOR		00:22:19	01:14:48	01:39:16	334
2664	Chris	Wynne	M	MV50		00:23:34	01:14:41	01:39:18	335
2744	James	Hedgman	M	MV45	TRENT PARK RUNNING CLUB	00:24:02	01:15:45	01:39:23	336
1344	Tracey	Jones	F	FSENIOR	DRAGONS RUNNING CLUB SALE	00:23:25	01:15:43	01:39:25	337
2934	Kevin	Clark	M	MV45	CYBI STRIDERS	00:21:49	01:13:59	01:39:25	338
2560	Derek	Williams	M	MV50		00:23:10	01:15:49	01:39:25	339
1642	Andrew	Mcpherson	M	MV40	FELL RUNNERS ASSOCIATION	00:23:10	01:15:50	01:39:29	340
1471	Paul	Leonard	M	MV40		00:23:41	01:15:36	01:39:32	341
1649	Andy	Melvin	M	MV45	STOCKPORT HARRIERS	00:22:26	01:14:16	01:39:38	342
1073	Kevin	Higgins	M	MV50	NWRRRC	00:22:45	01:15:50	01:39:41	343
1160	Shaun	Hughes	M	MSENIOR		00:25:39	01:15:28	01:39:41	344
725	David	Elson	M	MV40		00:22:20	01:14:40	01:39:42	345
326	Andrew	Carachi	M	MSENIOR		00:20:37	01:10:44	01:39:42	346
2861	Matthew	Taylor	M	MV35		00:22:12	01:14:28	01:39:42	347
1922	Matthew	Plant	M	MV35	TRENTHAM RUNNING CLUB	00:22:20	01:15:11	01:39:43	348
2327	Graham	Taylor	M	MSENIOR	KNOWSLEY HARRIERS AC	00:21:45	01:13:19	01:39:43	349
1590	David	Parkinson	M	MV45	Chorley AC	00:22:46	01:14:02	01:39:45	350
162	Darren	Battersby	M	MV50	ABERGELE HARRIERS	00:23:42	01:15:56	01:39:45	351
1184	Dennis	Hussey	M	MV35	SHABBARUNNERS	00:24:13	01:15:36	01:39:46	352
1787	Jeff	Norman	M	MV70	ALTRINCHAM & DISTRICT ATHLETIC	00:23:23	01:15:52	01:39:46	353
755	Steffan	Evans	M	MSENIOR	ERYRI HARRIERS	00:22:33	01:14:44	01:39:47	354
2093	Chris	Rogers	M	MSENIOR		00:23:33	01:15:16	01:39:48	355
2900	Paul	Mcwhirter	M	MV45	WARRINGTON RUNNING CLUB	00:23:08	01:14:25	01:39:50	356
598	Kenneth	Day	M	MV35		00:22:53	01:15:21	01:39:52	357
2367	Michael	Thornborough	M	MV45	ROAD RUNNERS CLUB	00:22:20	01:14:44	01:39:53	358
303	Michael	Burke	M	MSENIOR	SWINTON RUNNING CLUB	00:22:47	01:14:19	01:39:54	359
771	Chris	Falls	M	MV35	SPECTRUM STRIDERS	00:22:52	01:15:42	01:39:55	360
281	Robert	Brown	M	MV40		00:22:57	01:15:02	01:39:56	361
483	Katharine	Coton	F	FV35		00:23:07	01:15:40	01:39:59	362
329	John	Carey	M	MV40		00:22:19	01:13:42	01:39:59	363
2926	Simon	King	M	MV40		00:23:45	01:15:39	01:40:00	364
621	Stephen	Diesner	M	MV50		00:23:30	01:14:37	01:40:03	365
3013	Geoff	Brierley	M	MV40		00:23:56	01:15:21	01:40:03	366
2015	Graham	Richards	M	MSENIOR		00:23:18	01:15:09	01:40:05	367
2680	Lee	Jones	M	MV45		00:23:35	01:16:11	01:40:07	368
1635	Andrew	Mcmaster	M	MV40		00:22:51	01:15:30	01:40:12	369

1439	Des	Larkin	M	MV45		00:22:15	01:14:01	01:40:19	370
2931	Guto	Edwards	M	MV45		00:24:02	01:16:23	01:40:19	371
1055	Michael	Henderson	M	MV50		00:23:09	01:16:13	01:40:25	372
848	Janine	Gall	F	FV45	TEAM DERBY RUNNER	00:23:08	01:16:07	01:40:31	373
1533	Charles	Maclochlan	M	MV50		00:22:53	01:15:35	01:40:36	374
530	Daniel	Cuthbertson	M	MV40	PENSBY RUNNERS	00:23:09	01:15:42	01:40:38	375
1117	Paul	Hooton	M	MV35	PAUL HOOTON	00:23:18	01:16:08	01:40:41	376
907	Louise	Gordon	F	FV40	SOUTH CHESHIRE HARRIERS	00:22:42	01:15:51	01:40:42	377
974	Shaun	Haddrell	M	MSENIOR		00:22:15	01:13:56	01:40:47	378
1305	Lew	Jones	M	MSENIOR		00:22:48	01:15:33	01:40:48	379
505	Barry	Croft	M	MV40		00:21:59	01:14:51	01:40:50	380
409	Jonathan	Clarke	M	MSENIOR		00:23:24	01:15:27	01:40:55	381
2972	Kieran	Flanders	M	MSENIOR		00:24:06	01:14:21	01:40:56	382
1111	Rachel	Hollins	F	FV35	BIDDULPH RUNNING CLUB	00:23:45	01:16:17	01:40:57	383
1670	Robert	Minton	M	MSENIOR	BIDDULPH RUNNING CLUB	00:23:45	01:16:18	01:40:57	384
156	John	Bassett	M	MV50	WALLASEY AC	00:22:42	01:15:46	01:41:02	385
191	Matthew	Berrisford	M	MV45		00:24:01	01:15:25	01:41:02	386
2968	Janet	Owens	F	FV40		00:23:20	01:16:09	01:41:09	387
995	Adam	Hampson	M	MSENIOR		00:24:48	01:17:17	01:41:09	388
307	Matt	Burns	M	MV45		00:23:20	01:16:22	01:41:11	389
858	Jordan	Garaghon	M	MSENIOR		00:23:46	01:16:58	01:41:11	390
2708	Ashleigh	Parry	M	MSENIOR		00:23:12	01:15:29	01:41:13	391
1554	Simon	Mann	M	MV40		00:23:22	01:15:12	01:41:16	392
943	Robert	Griffin	M	MV45		00:22:43	01:16:04	01:41:16	393
1086	Sean	Hilton	M	MSENIOR		00:24:20	01:16:13	01:41:20	394
1194	Phil	Ikin	M	MV35		00:23:27	01:16:08	01:41:22	395
749	Mark	Evans	M	MV55	OSWESTRY OLYMPIANS	00:24:10	01:16:27	01:41:23	396
1044	Tim	Hayle	M	MSENIOR		00:23:12	01:13:41	01:41:25	397
1947	Stephen	Price	M	MSENIOR		00:23:11	01:15:27	01:41:25	398
2373	David	Threlfall	M	MV35		00:24:53	01:16:44	01:41:28	399
2234	Kevin	Smith	M	MSENIOR		00:23:31	01:15:46	01:41:35	400
293	Paul	Buky	M	MSENIOR		00:23:21	01:12:52	01:41:38	401
222	Robert	Boggild	M	MV45		00:22:37	01:16:38	01:41:43	402
977	Aaron	Haggas	M	MV35		00:23:17	01:15:50	01:41:43	403
347	Ashley	Cartwright	M	MSENIOR	WREKIN ROAD RUNNERS	00:20:37	01:11:12	01:41:44	404
2178	Stephen	Seward	M	MV40		00:23:42	01:16:41	01:41:44	405
319	Lucy	Butterworth	F	FV35		00:24:45	01:16:55	01:41:51	406

1747	David	Nalder	M	MV60	ELLESMERE PORT RUNNING CLUB	00:22:30	01:14:44	01:41:53	407
532	Lee	Dale	M	MV35		00:22:40	01:15:10	01:41:54	408
5059	Amy	Gomer	M	MSENIOR	STROUD & DISTRICT AC	00:23:23	01:17:31	01:41:57	409
177	Jude	Bek	F	FSENIOR	CHORLTON RUNNERS	00:23:24	01:14:19	01:42:01	410
1242	Mark	Johnson	M	MV35		00:23:28	01:16:23	01:42:08	411
5057	Sarah	Evershed	F	FSENIOR	SERPENTINE RUNNING CLUB	00:24:10	01:16:38	01:42:09	412
946	Gareth	Griffith	M	MSENIOR		00:23:17	01:16:05	01:42:11	413
697	Llewelyn	Edwards	M	MSENIOR		00:26:07	01:15:36	01:42:12	414
2905	Paul	Quinn	M	MV45	BUCKLEY RUNNERS	00:23:16	01:16:33	01:42:14	415
1735	Brian	Murphy	M	MV45		00:22:57	01:16:38	01:42:17	416
2721	Peter	Glover	M	MV45	WARRINGTON RUNNING CLUB	00:24:04	01:17:30	01:42:18	417
1492	Nigel	Lindop	M	MV40	BIDDULPH RUNNING CLUB	00:21:22	01:15:05	01:42:19	418
1195	John	Ineson	M	MV40		00:24:24	01:17:12	01:42:20	419
2914	Neil	Hunter	M	MV40	ST HELENS STRIDERS	00:23:20	01:16:15	01:42:22	420
2485	Emma Louise	Weall	F	FSENIOR	WIGAN PHOENIX	00:23:36	01:17:07	01:42:22	421
1368	Leonie	Keeling	F	FV35		00:23:36	01:17:20	01:42:24	422
1756	Ricky	Nelson	M	MV40		00:22:21	01:16:18	01:42:28	423
982	Caroline	Hall	F	FV45	WIRRAL AC	00:24:24	01:18:17	01:42:28	424
2249	David	South	M	MV50		00:23:28	01:16:38	01:42:29	425
1016	Tom	Harper	M	MV40		00:23:29	01:16:29	01:42:32	426
1714	Liam	Mortimer	M	MU20		00:24:21	01:16:41	01:42:32	427
2446	Magnus	Walker	M	MV50	CITY OF CHESTER TRIATHLON CLUB	00:23:33	01:16:30	01:42:34	428
1037	Paul	Hatton	M	MV45		00:24:31	01:17:54	01:42:35	429
731	Simon	England	M	MV35		00:24:39	01:18:23	01:42:38	430
1515	Anne Marie	Lord	F	FV45	OLDHAM & ROYTON HARRIERS	00:24:12	01:17:33	01:42:39	431
1721	David	Moston	M	MV40		00:23:16	01:16:22	01:42:40	432
2035	David	Rimington	M	MV35		00:23:58	01:16:33	01:42:42	433
2822	Raymond	Cassidy	M	MV40	LLAMWYR LLYN STRIDERS	00:23:54	01:17:21	01:42:46	434
1824	Ceris	Owen	M	MV60		00:23:47	01:17:56	01:42:48	435
550	Zoe	Davidson	F	FV35		00:25:16	01:16:54	01:42:52	436
2634	Rachael	Wood	F	FSENIOR	MICHELIN ATHLETIC CLUB	00:23:16	01:17:37	01:42:54	437
884	Ian	Gill	M	MV50		00:23:41	01:15:49	01:42:57	438
2138	Colin	Rutland	M	MV55		00:23:07	01:17:11	01:42:59	439
2603	Stephen	Wills	M	MSENIOR	ERYRI HARRIERS	00:24:04	01:17:03	01:43:00	440
877	Michael	Gibbons	M	MV55	BRAMHALL RUNNERS	00:24:05	01:17:56	01:43:01	441
283	Stefan	Brown	M	MV35		00:23:43	01:16:45	01:43:02	442
2495	Nadine	Weeks	F	FSENIOR		00:23:56	01:17:36	01:43:03	443

2302	Rob	Stutchfield	M	MV40		00:24:01	01:17:55	01:43:04	444
1239	Stuart	Johnson	M	MSENIOR	SPECTRUM STRIDERS	00:23:32	01:16:54	01:43:05	445
3008	Xavier	Laurent	M	MV40	OXFORD UNIVERSITY CROSS COUNTR	00:22:42	01:16:16	01:43:06	446
2944	Colin	Brown	M	MV40		00:23:46	01:16:04	01:43:07	447
1034	Chris	Hassall	M	MSENIOR	SOUTH CHESHIRE HARRIERS	00:23:34	01:15:22	01:43:07	448
82	David	Argles	M	MSENIOR		00:23:25	01:15:25	01:43:09	449
1681	Richard	Moore	M	MV35		00:22:43	01:17:51	01:43:11	450
1928	Kris	Poli	M	MV35		00:22:31	01:17:26	01:43:13	451
1825	Chris	Owen	M	MSENIOR		00:24:30	01:18:03	01:43:13	452
989	Leo	Hallihan	M	MV45		00:22:39	01:17:33	01:43:16	453
2453	Peter	Walters	M	MV55	WINSTON RUNNERS	00:23:30	01:16:12	01:43:16	454
767	Steve	Fairclough	M	MV50	BRAMHALL RUNNERS	00:23:10	01:17:54	01:43:19	455
1452	Sam	Lawrence	M	MSENIOR	RIVERSWAY ROAD RUNNERS	00:24:05	01:16:37	01:43:20	456
1657	Craig	Mickleburgh	M	MV35		00:23:48	01:17:27	01:43:20	457
1329	Robyn	Jones	M	MV50		00:24:46	01:18:38	01:43:21	458
1156	Peter	Hughes	M	MV45		00:23:36	01:17:07	01:43:22	459
2449	Ben	Walley	M	MSENIOR		00:23:49	01:17:40	01:43:22	460
2565	Euryn	Williams	M	MV50	ERYRI HARRIERS	00:23:03	01:17:07	01:43:22	461
840	Alan	French	M	MV60	WREXHAM AAC	00:23:34	01:17:10	01:43:25	462
2269	Helen	Stansfield	M	MSENIOR	WALLASEY AC	00:22:55	01:18:48	01:43:26	463
1887	Matthew	Pemrick	M	MV40	BOLTON UNITED HARRIERS	00:23:42	01:17:20	01:43:26	464
1099	Mike	Hobday	M	MV55		00:24:08	01:17:42	01:43:29	465
1658	Anthony	Middleton	M	MSENIOR		00:24:27	01:18:34	01:43:30	466
262	Jenny	Brierley	F	FSENIOR		00:23:00	01:16:48	01:43:31	467
2307	Kevin	Sullivan	M	MSENIOR		00:23:53	01:17:30	01:43:32	468
3000	Jonathan	Brown	M	MV45		00:24:25	01:17:28	01:43:33	469
1463	Geoff	Leech	M	MV45	HORWICH RMI	00:24:14	01:17:54	01:43:33	470
2896	Dave	Owen	M	MV45		00:25:06	01:18:56	01:43:36	471
1884	Michael	Pearson	M	MSENIOR		00:23:50	01:17:40	01:43:36	472
919	Jo	Grandfield	F	FV50	MARKET DRAYTON RUNNING CLUB	00:24:05	01:17:30	01:43:37	473
2329	Oliver	Clarke	M	MSENIOR	NEWCASTLE STAFFS AC	00:24:20	01:18:07	01:43:45	474
469	Mark David Arthur	Cooper	M	MSENIOR	NEWCASTLE STAFFS AC	00:24:06	01:17:22	01:43:45	475
2609	Darran	Wilson	M	MSENIOR		00:24:07	01:18:12	01:43:46	476
2800	Charlotte	Wilcock	F	FSENIOR	MIKES RUNNING CLUB	00:23:37	01:18:29	01:43:48	477
670	Nick	Dunning	M	MV45	SOUTH CHESHIRE HARRIERS	00:23:49	01:16:59	01:43:53	478
788	Nigel	Finney	M	MV50		00:24:19	01:16:36	01:43:53	479
2691	David	Gardner	M	MV75	NWRRC	00:24:39	01:19:08	01:43:55	480

1100	Dave	Hobson	M	MV50	STOCKPORT HARRIERS	00:24:25	01:16:04	01:43:56	481
1182	Owen	Hurcombe	M	MV40		00:24:15	01:16:44	01:43:57	482
2566	Gareth	Williams	M	MSENIOR		00:23:58	01:17:41	01:44:01	483
2971	Chris	Simpson	M	MV35		00:25:23	01:18:40	01:44:03	484
1706	Paul	Morris	M	MV40	SOUTH CHESHIRE HARRIERS	00:24:46	01:16:05	01:44:03	485
1755	Katy	Nelson	M	MSENIOR		00:23:51	01:18:26	01:44:06	486
1384	Earle	Kenlay	M	MV40		00:23:52	01:17:54	01:44:07	487
2761	Graham	Hill	M	MV45		00:23:28	01:17:23	01:44:08	488
815	Andrew	Forster	M	MV45		00:23:15	01:15:47	01:44:09	489
1665	Rebecca	Mills	F	FSENIOR	SWINTON RUNNING CLUB	00:23:40	01:18:31	01:44:10	490
1264	Craig	Jones	M	MV35		00:24:12	01:17:57	01:44:11	491
2196	John	Sheridan	M	MV35		00:24:10	01:18:29	01:44:14	492
1266	Daniel	Jones	M	MSENIOR		00:24:05	01:19:05	01:44:17	493
1798	Mark	Nuttall	M	MSENIOR	MANCHESTER ROAD RUNNERS	00:24:06	01:16:00	01:44:18	494
2903	Adrian	Edwards	M	MV40		00:24:20	01:17:46	01:44:18	495
1300	Ken	Jones	M	MV35		00:24:01	01:18:23	01:44:18	496
370	Nick	Chadwick	M	MV40		00:24:50	01:16:21	01:44:20	497
94	Dave	Aspinall	M	MV35		00:22:49	01:17:24	01:44:20	498
2983	Peter	James	M	MV40	GOING 4 MOLD	00:24:24	01:17:27	01:44:22	499
171	Sian	Beck	F	FV35	PRESTATYN RUNNING CLUB	00:24:24	01:18:12	01:44:23	500
2462	Matt	Ward	M	MSENIOR		00:21:01	01:14:18	01:44:23	501
2400	Jason	Turner	M	MV45	SWANSEA HARRIERS	00:22:59	01:17:14	01:44:28	502
2066	Samuel	Roberts	M	MSENIOR		00:24:23	01:18:58	01:44:29	503
2096	Mark	Rogerson	M	MV45		00:24:21	01:17:19	01:44:30	504
268	Wes	Briscoe	M	MSENIOR		00:23:02	01:18:09	01:44:34	505
461	Patrick	Cooney	M	MV55	ELLESMERE PORT RUNNING CLUB	00:25:14	01:18:09	01:44:34	506
1989	Mark	Redman	M	MV55		00:23:49	01:18:29	01:44:35	507
261	Leona Fay	Beaumont	F	FSENIOR	CHORLTON RUNNERS	00:23:31	01:15:48	01:44:37	508
2515	Jonathan	White	M	MV40	SOUTH CHESHIRE HARRIERS	00:24:21	01:19:09	01:44:38	509
2808	Huw	Thomas	M	MV45		00:24:05	01:18:11	01:44:38	510
228	Mark	Booth	M	MSENIOR		00:25:32	01:19:40	01:44:39	511
1265	Daniel	Jones	M	MSENIOR		00:23:12	01:14:22	01:44:41	512
344	Neil	Carter	M	MV50	WEST CHESHIRE AC	00:24:28	01:17:50	01:44:47	513
503	Mark	Critchley	M	MV40	VILLAGE ROADRUNNERS	00:22:57	01:16:02	01:44:48	514
493	Beverley	Coy	F	FV45		00:24:00	01:19:12	01:44:48	515
1695	David	Morris	M	MV35		00:25:19	01:18:44	01:44:49	516
2135	Alistair	Rusholme	M	MV35		00:23:06	01:18:41	01:44:50	517

717	Steven	Elks	M	MV40		00:22:47	01:16:25	01:44:51	518
1029	Tony	Hart	M	MV45	OLDHAM & ROYTON HARRIERS	00:24:47	01:18:22	01:44:53	519
1487	Sion	Leyshon	M	MSENIOR		00:24:50	01:17:46	01:44:54	520
2657	Stephen	Wright	M	MV40		00:25:20	01:18:49	01:44:55	521
390	Russ	Cheetham	M	MV50	PRESTATYN RUNNING CLUB	00:23:29	01:18:15	01:44:58	522
1469	Dave	Leonard	M	MV35		00:24:00	01:19:12	01:45:01	523
2956	David	Billington	M	MV35	CYBI STRIDERS	00:21:52	01:15:24	01:45:03	524
1737	Paul	Murphy	M	MV35		00:23:31	01:19:37	01:45:03	525
393	Keith	Chew	M	MV40		00:23:00	01:17:57	01:45:03	526
2322	Chew	Tan	F	FV35	NORTH DERBYSHIRE	00:24:46	01:18:24	01:45:05	527
2470	Ian	Warton-Woods	M	MV35	RIPLEY RUNNING CLUB	00:25:12	01:19:05	01:45:06	528
1052	Phil	Heaward	M	MSENIOR	BRAMHALL RUNNERS	00:24:15	01:17:03	01:45:07	529
2880	Christopher	Moss	M	MV50	WESHAM ROAD RUNNERS	00:24:09	01:18:26	01:45:10	530
1822	Sam	Ostermeyer	M	MSENIOR		00:22:28	01:16:44	01:45:10	531
978	Melissa	Haigh	F	FSENIOR	WERUNLIV	00:26:11	01:17:41	01:45:11	532
1424	Andrzej	Kubaszczyk	M	MV50	WHITE EAGLE RUNNING CLUB	00:24:54	01:17:33	01:45:12	533
619	Peter	Adams	M	MV40	CHORLTON RUNNERS	00:23:50	01:17:18	01:45:14	534
2743	Charlene	Jennings	M	MSENIOR		00:25:05	01:19:41	01:45:15	535
2992	Lisa	Bowen	F	FSENIOR		00:22:58	01:18:53	01:45:16	536
2287	Duncan	Stewart-Ball	M	MV35		00:25:11	01:19:24	01:45:17	537
2084	Joseph	Robinson	M	MU20	BANGOR ATHLETICS CLUB	00:25:45	01:20:21	01:45:20	538
735	Carl	Evans	M	MSENIOR	NIKE RUN CLUB CARDIFF	00:23:46	01:18:13	01:45:21	539
421	Richard	Clipperton	M	MV45		00:22:55	01:16:51	01:45:23	540
2153	Daniel	Sanchez-Masian	M	MV40		00:24:08	01:19:14	01:45:23	541
5070	Gavin	Mart	M	MV35	GOG TRIATHLON CLUB	00:24:52	01:18:40	01:45:24	542
2858	Daniel	Hennessey	M	MV40	BEAUMARIS TOWN ROAD RUNNERS	00:23:48	01:18:52	01:45:25	543
2746	Damian	Rafferty	M	MV35		00:24:23	01:19:45	01:45:25	544
2255	Alan	Spencer	M	MV55	KNOWSLEY HARRIERS AC	00:24:40	01:19:11	01:45:26	545
1970	Sheila	Rae	F	FV45	WALLASEY AC	00:24:04	01:19:11	01:45:26	546
2410	Ed	Upton	M	MV40	MARKET DRAYTON RUNNING CLUB	00:24:02	01:16:14	01:45:26	547
437	Anthony	Collier	M	MV55	STYAL RUNNING CLUB	00:24:01	01:20:18	01:45:28	548
257	Andy	Brazier	M	MV45	GOG TRIATHLON CLUB	00:25:24	01:18:08	01:45:28	549
895	Kevin	Cunningham	M	MSENIOR	St Helens Sutton	00:23:25	01:16:20	01:45:29	550
2261	Tony	Spriggs	M	MV50		00:24:49	01:19:55	01:45:31	551
317	Charles	Butterfield	M	MV35		00:24:08	01:19:28	01:45:32	552
5052	Mark	Singer	M	MV35	PENSBY RUNNERS	00:25:44	01:23:58	01:45:32	553
2148	Jim	Salisbury	M	MV40		00:25:07	01:19:36	01:45:35	554

2720	Ruth	Sullivan	F	FV40		00:24:53	01:18:49	01:45:35	555
1872	Philip	Parry	M	MV40		00:24:57	01:18:48	01:45:37	556
1293	Jim	Jones	M	MV50	HELSEBY RUNNING CLUB	00:23:55	01:18:25	01:45:37	557
2929	Rob	Monk	M	MV35		00:23:54	01:19:32	01:45:38	558
608	Rachel	Degg	F	FV40	NEWCASTLE STAFFS AC	00:24:27	01:19:34	01:45:38	559
2288	Katerina	Stiborova	F	FSENIOR		00:24:06	01:19:13	01:45:40	560
2368	Mike	Thornicroft	M	MV45		00:24:46	01:17:32	01:45:40	561
2258	Tim	Spencer	M	MV40	WARRINGTON RUNNING CLUB	00:23:24	01:18:45	01:45:43	562
682	Michael	Eason	M	MSENIOR		00:22:58	01:17:12	01:45:44	563
807	Nick	Fogarty	M	MV45	LYMM RUNNERS	00:25:23	01:18:23	01:45:44	564
672	Martin	Durrant	M	MV55	TATTENHALL RUNNERS	00:24:13	01:19:33	01:45:44	565
2326	Dave	Taylor	M	MV60	CITY OF CHESTER TRIATHLON CLUB	00:24:53	01:20:21	01:45:45	566
2040	Andy	Roberts	M	MV40		00:23:13	01:17:01	01:45:46	567
990	Jake	Halstead	M	MSENIOR		00:25:25	01:19:57	01:45:46	568
2370	Adrian	Thorp	M	MV35		00:24:55	01:17:27	01:45:47	569
2231	Jessica	Smith	F	FV35	WALLASEY AC	00:24:20	01:19:15	01:45:47	570
1383	Adrian	Kendrick	M	MV50		00:25:57	01:20:21	01:45:47	571
2850	Craig	Moore	M	MSENIOR		00:24:11	01:18:48	01:45:50	572
2213	Roger	Skidmore	M	MV55		00:24:46	01:20:15	01:45:52	573
1322	Phill	Jones	M	MV40		00:23:37	01:18:57	01:45:54	574
3012	Mark	Vaz	M	MSENIOR	RISING BROOK RUNNERS	00:24:05	01:20:07	01:45:56	575
1686	James	Morgan	M	MSENIOR		00:24:05	01:20:12	01:45:58	576
1076	Adam	Hill	M	MSENIOR	WARRINGTON RUNNING CLUB	00:23:59	01:19:02	01:45:58	577
2301	Joni	Stubbs-Thrush	F	FV35		00:24:05	01:19:21	01:45:59	578
2321	Richard	Tallis	M	MSENIOR		00:23:49	01:17:59	01:46:00	579
1330	Rodney	Jones	M	MV55	TATTENHALL RUNNERS	00:24:37	01:18:06	01:46:06	580
1940	Marc	Prewitt	M	MSENIOR		00:23:56	01:19:06	01:46:10	581
2676	Gary	Young	M	MV40		00:24:16	01:17:09	01:46:12	582
651	Thomas	Doyle	M	MV35		00:24:27	01:16:39	01:46:13	583
2364	Neil	Thompson	M	MV45		00:23:33	01:20:27	01:46:13	584
902	Lesley	Goodson	F	FV50	NWRRC	00:24:16	01:20:03	01:46:14	585
5066	Richard	Costain	M	MSENIOR		00:24:26	01:19:45	01:46:16	586
2985	Mike	Allsopp	M	MV45	MARKET DRAYTON RUNNING CLUB	00:24:29	01:16:55	01:46:17	587
1579	Lloyd	Martin	M	MV35		00:25:41	01:21:15	01:46:17	588
777	Brad	Faulks	M	MSENIOR	HOME	00:24:09	01:19:08	01:46:20	589
477	John	Corry	M	MV55	STOCKPORT TRI CLUB	00:23:50	01:20:10	01:46:21	590
1186	Dylan	Huws	M	MV55		00:24:19	01:17:58	01:46:24	591

949	Laurie	Griffith	F	FV45	GOG TRIATHLON CLUB	00:24:01	01:20:03	01:46:28	592
282	Robert J	Brown	M	MV45	S	00:25:05	01:18:29	01:46:31	593
709	David	Edwardson	M	MV45		00:24:08	01:16:29	01:46:31	594
528	Michael	Curry	M	MV50		00:24:48	01:19:59	01:46:31	595
1422	Chris	Krawiecki	M	MV50		00:26:40	01:19:48	01:46:34	596
1995	Cheryl	Rees	F	FV40	SOUTH CHESHIRE HARRIERS	00:24:44	01:20:28	01:46:36	597
765	Zoe	Eyre	F	FV40		00:25:58	01:20:24	01:46:37	598
2295	Carlton	Street	M	MSENIOR		00:24:10	01:17:05	01:46:39	599
2034	Stephen Dean	Rigby	M	MSENIOR		00:23:41	01:19:24	01:46:40	600
2807	Gareth	Davies	M	MSENIOR		00:23:54	01:20:15	01:46:41	601
809	Andrew	Foord	M	MV35		00:24:49	01:20:01	01:46:42	602
1036	Kay	Hatton	F	FV50	NWRRRC	00:24:56	01:20:58	01:46:45	603
1793	Dan	Nosworthy	M	MV40		00:24:17	01:19:02	01:46:45	604
1625	Adam	Mcguire	M	MSENIOR		00:24:32	01:19:12	01:46:47	605
2492	Graham	Webster	M	MV55	LES CROUPIERS RC	00:23:44	01:20:13	01:46:49	606
803	Simon	Fletcher	M	MV45		00:26:58	01:20:25	01:46:52	607
302	Shaun	Burgess	M	MV45		00:23:52	01:19:34	01:46:53	608
2892	Carwyn	Williams	M	MSENIOR		00:26:55	01:20:21	01:46:53	609
2970	Dave	Raynor	M	MV50	RED ROSE ROAD RUNNERS	00:24:04	01:18:01	01:46:55	610
308	Anthony	Burrell	M	MV45		00:25:16	01:19:30	01:46:56	611
2700	Jason	Wilks	M	MV40	GREENFIELD GREYHOUNDS	00:25:39	01:18:49	01:46:57	612
2509	David	Wheatley	M	MV40	TRENTAM RUNNING CLUB	00:25:25	01:20:09	01:46:58	613
340	Damian	Carter	M	MV40	FYLDE COAST RUNNERS	00:23:51	01:20:09	01:46:59	614
831	Ian	Francis	M	MV45		00:25:35	01:21:36	01:47:00	615
292	James	Buky	M	MU20		00:23:18	01:15:14	01:47:01	616
318	Kevin	Butterfield	M	MV35		00:25:39	01:21:07	01:47:01	617
2751	Andrew	Pease	M	MV45		00:24:07	01:19:18	01:47:02	618
2203	Helen	Sieracki	F	FV50	SE FITNESS	00:24:34	01:20:59	01:47:04	619
2562	Dyfed	Williams	M	MSENIOR		00:24:19	01:20:17	01:47:05	620
372	Glyn	Chamberlain	M	MV45		00:24:37	01:19:51	01:47:06	621
2484	Mark	Wavell	M	MV40	BOSH	00:25:18	01:20:05	01:47:07	622
3026	Mark	Thompson	M	MV50		00:23:24	01:20:16	01:47:09	623
706	Vince	Edwards	M	MV60	DEESTRIDERS RUNNING CLUB	00:24:53	01:18:32	01:47:09	624
2592	Steve	Williams	M	MV40	ENVIRONMENT AGENCY HARRIERS	00:24:31	01:19:42	01:47:10	625
675	Chris	Dymond	M	MV50	RAZZERS RUNNERS	00:24:58	01:18:50	01:47:11	626
377	Anthony	Champken	M	MV55	WYE VALLEY RUNNERS	00:24:01	01:17:49	01:47:13	627
1603	George	Mccann	M	MV40	LIVERPOOL RUNNING CLUB	00:25:09	01:19:32	01:47:14	628

484	Simon	Coton	M	MV40		00:24:38	01:20:35	01:47:15	629
2707	Paul	Cross	M	MV40		00:23:53	01:19:21	01:47:19	630
2171	Darren	Seeney	M	MV45		00:23:27	01:18:42	01:47:20	631
2827	Karl	Truswell	M	MV45	BETSI RUNAWAYS	00:24:37	01:17:40	01:47:22	632
1870	Miriam Haf	Parry	F	FSENIOR	BEAUMARIS TOWN ROAD RUNNERS	00:24:23	01:20:29	01:47:23	633
1180	Emma	Huntley	F	FV35		00:25:29	01:21:23	01:47:28	634
1587	Andrew	Maton	M	MV40		00:25:23	01:19:31	01:47:30	635
2355	Neil	Thomas	M	MV40		00:25:07	01:19:51	01:47:30	636
1857	Andrew	Parker	M	MV40		00:25:01	01:20:24	01:47:33	637
2006	Emma	Rettig	F	FV35	MANCHESTER YMCA HARRIERS	00:24:14	01:21:00	01:47:34	638
1683	William	Moreno	M	MV45		00:25:58	01:22:26	01:47:37	639
1038	Kay	Hawke	F	FSENIOR		00:27:29	01:21:40	01:47:39	640
2686	Peter	Hayler	M	MV60	NORTHERN VETERANS A C	00:24:41	01:21:58	01:47:40	641
2346	Glyn	Thomas	M	MV40		00:23:42	01:18:50	01:47:41	642
1946	Rob	Price	M	MSENIOR	LAWLEY RUNNING CLUB	00:23:40	01:18:23	01:47:43	643
812	Richard	Ford	M	MV40		00:25:07	01:19:58	01:47:44	644
805	Emma	Flynn	F	FV35	SWINTON RUNNING CLUB	00:24:20	01:21:01	01:47:46	645
3011	Richard	Ward	M	MV40	RED ROSE ROAD RUNNERS	00:25:28	01:21:38	01:47:49	646
1629	Robert	Mckenzie	M	MV35		00:22:19	01:15:51	01:47:50	647
547	Helen	Davidson	F	FV40		00:23:50	01:21:13	01:47:51	648
799	Michael	Fitzpatrick	M	MV40		00:23:38	01:17:57	01:47:52	649
1411	Marc	Kirwan	M	MSENIOR		00:24:34	01:20:55	01:47:52	650
2784	Ben	Wright	M	MSENIOR		00:24:01	01:19:24	01:47:55	651
1676	Simon	Monk	M	MV35	DIGITAL CLUBBING	00:24:10	01:19:56	01:47:57	652
2849	Dickie	Felton	M	MV40		00:24:53	01:21:13	01:47:58	653
2458	Ella	Ward	F	FSENIOR	MANCHESTER ROAD RUNNERS	00:24:06	01:18:28	01:47:58	654
294	Rebecca	Buky	M	MU20		00:24:29	01:17:59	01:47:59	655
2838	Christopher	Judge	M	MSENIOR		00:27:07	01:19:33	01:48:00	656
2564	Eryl	Williams	M	MV35		00:24:00	01:19:29	01:48:03	657
1080	Matthew	Hill	M	MV40		00:26:08	01:19:49	01:48:04	658
346	Paul	Carter	M	MV40	BANGOR UNIVERSITY ATHLETICS CL	00:25:45	01:21:51	01:48:07	659
1844	Steffan	Owen	M	MV35		00:24:51	01:20:29	01:48:08	660
2671	Alex	Yates	M	MSENIOR		00:24:44	01:20:02	01:48:09	661
2347	Henk	Thomas	M	MV45		00:24:14	01:20:32	01:48:09	662
1899	Jez	Perkins	M	MV40		00:24:15	01:20:34	01:48:09	663
856	Mark	Gamblin	M	MV45	CHORLTON RUNNERS	00:24:34	01:19:44	01:48:10	664
522	Stuart	Culverhouse	M	MV40	NWRRRC	00:24:07	01:20:08	01:48:10	665

1456	Edward	Leach	M	MV40		00:24:41	01:18:27	01:48:10	666
2925	Mick	Hutchins	M	MV40	SANDBACH STRIDERS	00:24:42	01:20:54	01:48:11	667
1341	Tim	Jones	M	MV35		00:24:54	01:19:00	01:48:13	668
837	David	Freer	M	MV45	ROYTON ROAD RUNNERS	00:24:21	01:16:59	01:48:14	669
2235	Les	Smith	M	MV65		00:26:39	01:22:26	01:48:15	670
2585	Rebecca	Williams	F	FV35	SOUTH CHESHIRE HARRIERS	00:23:29	01:22:13	01:48:15	671
219	Liam	Boardman	M	MSENIOR	WARRINGTON RUNNING CLUB	00:22:51	01:19:23	01:48:17	672
125	Martyn	Barnaby	M	MV40	ABERGELE HARRIERS	00:23:52	01:20:33	01:48:23	673
427	John	Coats	M	MV50	NORTHERN VETERANS AC	00:26:02	01:22:39	01:48:23	674
687	Peter	Edkins	M	MV65		00:25:20	01:21:28	01:48:24	675
2429	Jan-Willem	Visser	M	MV45		00:25:49	01:20:03	01:48:27	676
2759	Christian	Evans	M	MV40		00:25:16	01:20:32	01:48:27	677
2415	Steffen	Van Der Wal	M	MV40		00:25:49	01:20:03	01:48:27	678
2644	Miles	Woodley	M	MV45		00:24:48	01:20:13	01:48:28	679
419	Phil	Cliff	M	MV50	SOUTH CHESHIRE HARRIERS	00:25:13	01:19:50	01:48:28	680
653	Chris	Drew	M	MV40		00:24:15	01:20:31	01:48:29	681
301	Paul	Burgess	M	MV40		00:25:11	01:19:59	01:48:30	682
369	Barry	Chadwick	M	MV45		00:23:37	01:19:39	01:48:30	683
1911	Chris	Phillipson	M	MV35		00:24:03	01:19:59	01:48:33	684
2941	Stephen	Lancashire	M	MV55		00:26:09	01:23:47	01:48:37	685
2922	Alex	Bush	M	MV35	WREXHAM AAC	00:27:16	01:19:41	01:48:42	686
376	William	Chambers	M	MSENIOR	BANGOR UNIVERSITY ATHLETICS CL	00:21:55	01:15:50	01:48:42	687
2180	Daniel	Seymour	M	MSENIOR	BELLE VUE RACERS	00:25:16	01:19:15	01:48:44	688
476	Clare	Corfield Carr	F	FSENIOR		00:24:15	01:20:45	01:48:45	689
866	Colin	Garside	M	MV40		00:25:32	01:20:40	01:48:47	690
2737	Simon	Taylor	M	MV40		00:25:44	01:21:37	01:48:47	691
1093	Nick	Hirst	M	MSENIOR		00:25:29	01:20:37	01:48:51	692
2726	Stephen	Andrews	M	MV35		00:23:04	01:20:33	01:48:51	693
3009	Hannah	Ahle	M	MSENIOR	CHORLTON RUNNERS	00:25:02	01:19:41	01:48:51	694
69	Zoe	Allan	F	FSENIOR		00:26:03	01:22:02	01:48:52	695
1671	Richard	Westwood	M	MV35	WREXHAM AAC	00:25:11	01:22:18	01:48:52	696
2130	Michael	Ruane	M	MV40		00:24:10	01:20:06	01:48:52	697
3001	Simon	Jackson	M	MV45		00:24:37	01:20:45	01:48:54	698
2309	David	Sumner	M	MV45		00:25:39	01:22:19	01:48:55	699
2804	Mark	Catterall	M	MV35		00:25:12	01:21:01	01:48:55	700
519	Marc	Cuffin	M	MV35		00:27:51	01:21:02	01:48:56	701
84	Ross	Bould	F	FV50		00:26:57	01:23:20	01:48:56	702

383	Helen	Charlesworth	F	FSENIOR		00:26:04	01:20:38	01:48:58	703
352	Mark	Carver	M	MV50		00:24:09	01:20:08	01:48:58	704
1223	Simon	Jenkins	M	MV45		00:25:38	01:22:08	01:48:59	705
1407	Ian	Kirby	M	MV45	ELLESMERE PORT RUNNING CLUB	00:25:35	01:22:16	01:49:02	706
2380	Sean	Toms	M	MV50		00:25:53	01:21:56	01:49:02	707
241	Haydn	Boyce	M	MV40		00:24:34	01:22:27	01:49:04	708
2005	Helen	Rennie	F	FSENIOR		00:25:33	01:22:57	01:49:07	709
2738	Gareth	Ellis	M	MV45		00:24:27	01:21:55	01:49:08	710
2581	Michael	Williams	M	MV35	HELSEBY RUNNING CLUB	00:25:23	01:19:52	01:49:09	711
3024	Emma	Weston	F	FV40		00:23:42	01:20:56	01:49:10	712
1401	Gareth	King	M	MSENIOR		00:24:25	01:21:17	01:49:12	713
1992	Christopher	Reed	M	MSENIOR		00:26:25	01:21:55	01:49:14	714
1838	Mark	Owen	M	MV40		00:23:30	01:20:02	01:49:15	715
2091	David	Roe	M	MSENIOR		00:24:46	01:21:07	01:49:16	716
247	Mark	Bradley	M	MV45		00:24:46	01:21:44	01:49:18	717
2658	Tim	Wright	M	MV50	RAZZERS RUNNERS	00:25:16	01:19:46	01:49:19	718
2948	Laura	Bell	M	MSENIOR		00:25:44	01:21:58	01:49:21	719
2207	Philippe	Simon	M	MV50		00:23:37	01:20:52	01:49:24	720
2791	Patrick	Lee-Browne	M	MV50		00:23:47	01:21:33	01:49:25	721
2457	Greg	Hocking	M	MV40	PENNY LANE STRIDERS	00:25:30	01:20:11	01:49:27	722
1999	Ian	Reid	M	MV50	MERSEYTRI	00:25:16	01:20:02	01:49:32	723
555	Colin	Davies	M	MV65	ALTRINCHAM & DISTRICT ATHLETIC	00:24:58	01:22:35	01:49:33	724
499	Steve	Crawley	M	MV50	SINFIN RUNNING CLUB	00:25:18	01:23:16	01:49:35	725
2193	Jaymie	Shenton	F	FV35	OLDHAM & ROYTON HARRIERS	00:24:35	01:22:19	01:49:36	726
146	Teresa	Barrett-Walsh	F	FV35		00:24:12	01:20:54	01:49:36	727
2847	Jason	Cruz	M	MV45		00:25:21	01:22:43	01:49:39	728
244	Jamie	Bradbury	M	MV35	LYMM RUNNERS	00:23:40	01:19:25	01:49:42	729
360	Stuart	Cassidy	M	MV55		00:24:36	01:21:51	01:49:42	730
1647	Eli Thorsdatter	Mella	F	FSENIOR	TEAM ELIXIA HILLEVAYG	00:25:14	01:22:54	01:49:43	731
2022	Sarah	Richards	F	FV35	SOUTHPORT & WATERLOO ATHLETES	00:24:35	01:20:43	01:49:44	732
2966	Amy	Hayes	F	FU20		00:25:22	01:22:34	01:49:47	733
474	Lucy	Corbett	F	FV35	TRENTHAM RUNNING CLUB	00:24:55	01:21:41	01:49:47	734
2507	Daniel	Whatmough	M	MSENIOR		00:24:47	01:20:27	01:49:48	735
1388	Fraser	Kerr	M	MV50		00:26:41	01:23:02	01:49:49	736
2694	John	Sharrock	M	MV55		00:26:57	01:23:42	01:49:51	737
258	Kevin	Breen	M	MV45		00:25:00	01:21:02	01:49:51	738
708	Sam	Edwards-Broome	M	MSENIOR		00:24:30	01:18:18	01:49:52	739

1983	Martin	Rayner	M	MV45		00:24:24	01:20:00	01:49:55	740
1739	Gaynor	Murray	F	FV40		00:26:03	01:23:01	01:49:56	741
52	Gary	Ackerley	M	MV35		00:25:59	01:21:31	01:49:57	742
1414	Ian	Kneale	M	MV40		00:24:53	01:21:28	01:49:57	743
1467	Charlotte	Legge	F	FSENIOR		00:24:56	01:20:41	01:49:58	744
1287	Henry	Jones	M	MU20		00:27:09	01:22:07	01:49:59	745
1618	Mike	Mcdonagh	M	MSENIOR		00:25:35	01:22:18	01:50:00	746
553	Bill	Davies	M	MSENIOR		00:24:45	01:21:22	01:50:01	747
1014	Nathan	Harney	M	MU20		00:24:19	01:20:08	01:50:03	748
2636	Stuart	Wood	M	MV55		00:25:37	01:21:59	01:50:04	749
993	Mark	Hammerton	M	MV45		00:25:49	01:21:34	01:50:04	750
2508	Rose	Wheat	F	FSENIOR		00:25:25	01:21:01	01:50:06	751
1806	Sue	OBrien	F	FV55	KNOWSLEY HARRIERS AC	00:24:43	01:23:25	01:50:08	752
2771	Nicola	Lee-Browne	F	FV50	NWRRRC	00:24:15	01:22:21	01:50:10	753
1540	Gareth	Maher	M	MSENIOR	BRAMHALL RUNNERS	00:26:22	01:24:37	01:50:10	754
2997	Dewi	Jones	M	MSENIOR		00:26:50	01:20:56	01:50:11	755
361	Annabelle	Caton	F	FSENIOR	RIVERSWAY ROAD RUNNERS	00:25:11	01:21:37	01:50:15	756
934	Sophie	Green	F	FV40		00:26:10	01:20:31	01:50:15	757
2097	Joe	Rogerson	M	MSENIOR		00:26:16	01:18:30	01:50:17	758
2622	Susann	Wolfram	F	FSENIOR		00:26:23	01:22:42	01:50:17	759
917	Penny	Graham	F	FV45	BIDDULPH RUNNING CLUB	00:24:04	01:22:01	01:50:18	760
774	Ed	Farrell	M	MV45		00:24:54	01:23:42	01:50:19	761
2455	Steven	Warburton	M	MV55		00:24:42	01:21:05	01:50:21	762
2298	Piotr	Strzesak	M	MV55	PRESTEIGNE PACERS RC	00:24:22	01:20:54	01:50:22	763
157	Paul	Bates	M	MSENIOR	MAMMOTH	00:27:14	01:25:23	01:50:24	764
5042	Lee	Eason	M	MSENIOR	WREXHAM AAC	00:22:22	01:24:45	01:50:26	765
136	Glenn	Barnett	M	MV45	NWRRRC	00:25:07	01:21:14	01:50:26	766
229	Lance	Boseley	M	MV50	TATTENHALL RUNNERS	00:25:16	01:22:57	01:50:31	767
1137	Sharon	Hudson	F	FV40		00:25:26	01:23:45	01:50:31	768
1240	Tim	Johnson	M	MV45		00:25:18	01:22:58	01:50:35	769
2033	Neil	Ridgway	M	MV55	SOUTH CHESHIRE HARRIERS	00:24:18	01:22:00	01:50:37	770
2200	Colin	Shore	M	MV40		00:25:38	01:21:31	01:50:38	771
794	Angus	Fisher	M	MSENIOR		00:25:21	01:20:15	01:50:38	772
1179	Rob	Huntbach	M	MV50	SOUTH CHESHIRE HARRIERS	00:26:50	01:21:55	01:50:41	773
2930	Maureen	Wilkins	F	FV50	STOCKPORT HARRIERS	00:25:09	01:22:18	01:50:41	774
3007	Paul	Koffman	M	MV40		00:25:35	01:21:32	01:50:42	775
2735	Tom	Lavin	M	MV55	ALTRINCHAM & DISTRICT ATHLETIC	00:26:08	01:23:12	01:50:44	776

1981	Chris	Rayner	M	MSENIOR		00:25:30	01:22:54	01:50:47	777
315	Graham	Bushnell-Wye	M	MV60	RAZZERS RUNNERS	00:24:28	01:20:22	01:50:47	778
1595	Andy	Mayne-Flower	M	MV35		00:24:33	01:20:15	01:50:48	779
515	Jon	Crowther	M	MV45	SOUTH CHESHIRE HARRIERS	00:25:36	01:20:51	01:50:48	780
1712	Gary	Mort	M	MV40	ATHERTON RUNNING CLUB	00:24:48	01:20:31	01:50:49	781
2626	Elaine	Wong	F	FU20		00:24:44	01:20:03	01:50:51	782
1803	Sean	OBeirn	M	MSENIOR		00:25:19	01:21:36	01:50:53	783
2406	Philippa	Tyson	F	FV50	SOUTH CHESHIRE HARRIERS	00:25:18	01:23:51	01:50:55	784
498	Dave	Crawley	M	MV45		00:25:26	01:22:44	01:50:55	785
2197	Dan	Sherwin	M	MSENIOR		00:26:50	01:23:41	01:50:58	786
630	Mike	Dodd	M	MSENIOR		00:24:03	01:21:34	01:51:06	787
216	Matt	Blake	M	MV40		00:26:29	01:20:50	01:51:06	788
1817	Misha	Omlo	M	MV40		00:25:50	01:21:09	01:51:10	789
529	Kevin	Curtis	M	MV55	ELLESMERE PORT RUNNING CLUB	00:25:40	01:22:42	01:51:13	790
631	Dermot	Doherty	M	MV45		00:24:11	01:21:26	01:51:13	791
1792	Claire	Northcote	F	FV55	STYAL RUNNING CLUB	00:25:32	01:24:38	01:51:14	792
2742	Simon	Ellis	M	MV55	NEWCASTLE STAFFS AC	00:25:17	01:23:21	01:51:15	793
1204	Len	Jackson	M	MV55	NWRRRC	00:25:11	01:24:20	01:51:15	794
83	Andrew	Armstrong	M	MV35		00:25:54	01:23:08	01:51:16	795
2121	Charlie	Rowlands	M	MV45	SOUTH CHESHIRE HARRIERS	00:24:53	01:22:51	01:51:18	796
1907	David	Phillips	M	MV70	ROYTON ROAD RUNNERS	00:24:46	01:24:10	01:51:18	797
1362	Jonathan	Kearsley	M	MSENIOR		00:25:54	01:23:08	01:51:19	798
1106	Andy	Holland	M	MSENIOR	WARRINGTON ROAD RUNNERS	00:25:32	01:20:45	01:51:24	799
2872	Alan	Taylor	M	MV45	WESHAM ROAD RUNNERS	00:24:40	01:21:55	01:51:25	800
1610	Thomas	Mccormick	M	MV35		00:26:23	01:24:16	01:51:26	801
2440	Georgina	Walker	F	FV40	LYMM RUNNERS	00:25:34	01:22:35	01:51:26	802
2226	David	Smith	M	MSENIOR	NEWCASTLE STAFFS AC	00:25:45	01:22:56	01:51:32	803
2354	Neil	Thomas	M	MV45	BUNGAY BLACK DOG	00:26:39	01:25:28	01:51:35	804
1526	Steven	Lyall	M	MSENIOR	GOG TRIATHLON CLUB	00:24:34	01:23:37	01:51:35	805
1133	Chris	Hoult	M	MV45	PARAFIT HOPLITES	00:25:32	01:22:57	01:51:36	806
913	Peter	Gough	M	MV45		00:25:52	01:22:22	01:51:37	807
896	John	Godding	M	MV55		00:23:53	01:20:05	01:51:38	808
1953	Julian	Pritchard	M	MV35		00:24:46	01:23:23	01:51:39	809
2491	Andrea	Webster	F	FV55	LES CROUPIERS RC	00:24:34	01:23:20	01:51:40	810
965	Kay	Guccione	F	FV35		00:24:44	01:23:41	01:51:41	811
1002	Stephen	Hanlon	M	MV50		00:25:04	01:23:16	01:51:42	812
163	Katy	Baugh	F	FSENIOR	DENBIGH HARRIERS	00:26:19	01:22:16	01:51:43	813

2425	Georgina	Vero	F	FSENIOR	RAZZERS RUNNERS	00:24:51	01:23:47	01:51:44	814
2843	Sharon	Sullivan	F	FV40	DDMT	00:24:28	01:23:41	01:51:45	815
2768	Victoria	Consterdine-Tilley	F	FV40	SOUTH CHESHIRE HARRIERS	00:25:32	01:24:10	01:51:47	816
1412	Scott	Kitteridge	M	MSENIOR	BRAMHALL RUNNERS	00:24:36	01:24:04	01:51:49	817
1050	Clive	Heathcock	M	MV55	SOUTH CHESHIRE HARRIERS	00:26:47	01:23:07	01:51:49	818
2204	Tomas	Simecek	M	MV35	PRAHA 9	00:25:46	01:23:33	01:51:49	819
925	Stephen	Gray	M	MV40		00:27:17	01:23:52	01:51:54	820
2954	Lisa	Shepherd	F	FV40		00:25:24	01:22:31	01:51:55	821
264	The C	Briffa	M	MV35		00:26:22	01:24:45	01:51:55	822
2505	Amanda	Whalley	F	FV50		00:25:55	01:23:52	01:51:57	823
1113	Sandra	Holloway	F	FV50		00:25:55	01:23:53	01:51:58	824
2604	Chris	Wills	M	MV35	KNOWSLEY HARRIERS AC	00:26:48	01:22:43	01:51:58	825
2917	Jacki	Jarvis	F	FV50	OSWESTRY OLYMPIANS	00:26:05	01:24:28	01:51:58	826
1063	Damon	Heslop	M	MV35		00:26:08	01:24:24	01:51:59	827
2253	Paul	Speed	M	MV45	BLACKLEY WALK2RUN	00:26:01	01:24:12	01:52:02	828
195	Joseph	Beswick	M	MSENIOR		00:24:14	01:19:47	01:52:03	829
857	Wendy	Gamlin	F	FV40	LYMM RUNNERS	00:26:38	01:22:53	01:52:07	830
420	Sarah	Clifford	F	FSENIOR		00:24:33	01:21:25	01:52:07	831
1193	Tim	Igoe	M	MSENIOR	HELSEBY RUNNING CLUB	00:25:35	01:21:45	01:52:08	832
892	Ollie	Glaze	M	MSENIOR		00:24:13	01:19:55	01:52:09	833
602	Nigel	Dean	M	MV40		00:25:58	01:23:07	01:52:13	834
2654	Andrew	Wright	M	MV40		00:25:57	01:23:06	01:52:13	835
296	Adam	Bull	M	MV45	FYLDE COAST RUNNERS	00:26:07	01:25:32	01:52:15	836
2577	Karl	Williams	M	MV40		00:25:01	01:21:41	01:52:15	837
2122	Gary	Rowlands	M	MSENIOR		00:23:53	01:22:00	01:52:17	838
1243	Paul	Johnson	M	MV50		00:26:16	01:22:06	01:52:19	839
2384	Mark	Tooze	M	MV45		00:25:25	01:23:36	01:52:19	840
1430	Kevin	Lamb	M	MV45		00:26:08	01:22:07	01:52:19	841
814	Alex	Forrest	M	MSENIOR		00:26:21	01:24:28	01:52:21	842
426	Ginny	Coates	F	FSENIOR		00:25:29	01:22:44	01:52:23	843
592	Louise	Davis	F	FV35		00:25:12	01:23:09	01:52:26	844
778	Keith	Fawcett	M	MV50		00:26:03	01:23:33	01:52:26	845
290	Andrew	Buky	M	MV55		00:24:24	01:21:17	01:52:27	846
2445	Liz	Walker	F	FV40		00:26:17	01:24:06	01:52:28	847
2506	John	Wharton	M	MSENIOR		00:26:12	01:24:01	01:52:30	848
202	Gavin	Billington	M	MSENIOR		00:25:18	01:24:01	01:52:31	849
1393	Adam	Kieran	M	MSENIOR		00:28:03	01:23:32	01:52:33	850

2284	Alison	Stewart	F	FV40	SE FITNESS	00:25:09	01:24:09	01:52:33	851
1841	Mimi	Owen	F	FV55	CHRISTCHURCH WHIPPETS	00:26:31	01:24:37	01:52:34	852
5053	Kenneth	Bloor	M	MV55		00:25:22	01:24:53	01:52:35	853
2419	Mathew	Vaughan	M	MV35		00:26:54	01:23:02	01:52:35	854
1795	Riaz	Nurennabi	M	MV35		00:26:03	01:24:03	01:52:36	855
2835	Sophie	Carter	F	FSENIOR		00:26:16	01:22:24	01:52:37	856
746	Katy	Evans	F	FSENIOR	OLDHAM & ROYTON HARRIERS	00:26:23	01:25:19	01:52:37	857
5061	Jason	Williams	M	MSENIOR		00:25:45	01:21:20	01:52:42	858
1937	Aeronwy	Preece-Towey	F	FSENIOR	BRAMHALL RUNNERS	00:26:09	01:25:31	01:52:44	859
1816	Carl	OMara	M	MV45		00:25:59	01:24:14	01:52:44	860
1070	Harriet	Hickey	F	FSENIOR		00:25:20	01:24:42	01:52:46	861
2245	Daniel	Snelson	M	MSENIOR	ABERGELE HARRIERS	00:25:18	01:22:40	01:52:48	862
444	Geoff	Collins	M	MV55	HELSEBY RUNNING CLUB	00:24:50	01:22:39	01:52:51	863
1112	Emma	Hollinshead	F	FV40	CANNOCK & STAFFORD AC	00:27:15	01:24:43	01:52:52	864
1668	Jenny Rose	Minshall	F	FSENIOR		00:26:53	01:23:32	01:52:52	865
2094	Peter	Rogers	M	MV55	ST ALBANS STRIDERS	00:26:22	01:24:57	01:52:53	866
1691	Dafydd	Morris	M	MV60	DEESTRIDERS RUNNING CLUB	00:24:53	01:22:12	01:52:53	867
1751	Andrew	Neal	M	MV45		00:25:44	01:23:16	01:52:54	868
2753	Richard	Jones	M	MV45		00:25:12	01:23:10	01:52:54	869
525	Michael	Cummins	M	MV45	ROADHOGGS LEICESTER	00:24:41	01:21:52	01:52:55	870
1529	Andy	Lythgoe	M	MV45		00:26:24	01:25:36	01:52:58	871
2806	Anne	Mynott	F	FV50		00:25:44	01:22:57	01:52:59	872
1000	Zoe	Hancock	F	FV35		00:25:50	01:24:09	01:53:00	873
1294	John	Jones	M	MV35		00:26:35	01:23:55	01:53:01	874
1799	Sarah	Nuttall	F	FSENIOR	WARRINGTON RUNNING CLUB	00:25:56	01:24:31	01:53:03	875
224	Lisa	Bolton	F	FSENIOR	RED ROSE ROAD RUNNERS	00:25:57	01:23:02	01:53:05	876
2949	Sid	Madge	M	MV50		00:25:44	01:22:55	01:53:05	877
101	James	Averill	M	MSENIOR		00:27:18	01:25:11	01:53:07	878
1262	Claire	Jones	F	FSENIOR		00:26:15	01:22:12	01:53:07	879
2147	Dewi	Salisbury	M	MSENIOR		00:28:17	01:24:21	01:53:07	880
2072	Stephen	Roberts	M	MSENIOR		00:28:17	01:24:22	01:53:08	881
2709	Tim	Jones	M	MV35		00:25:45	01:21:43	01:53:10	882
1524	Katherine	Lunney	F	FSENIOR	MANCHESTER ROAD RUNNERS	00:25:08	01:22:28	01:53:12	883
265	Paul	Briggs	M	MV35	STOCKPORT HARRIERS	00:26:50	01:24:36	01:53:13	884
2029	Thomas	Richardson	M	MV45		00:25:35	01:25:49	01:53:16	885
1513	Bern	Longman	M	MV45		00:25:37	01:23:44	01:53:18	886
2059	Mark	Roberts	M	MV35		00:26:15	01:23:08	01:53:20	887

1505	Mark	Lloyd	M	MV40		00:27:41	01:23:51	01:53:22	888
2055	Kevin	Roberts	M	MV40		00:25:53	01:23:27	01:53:25	889
1131	Kevin	Houghton	M	MV40		00:25:42	01:24:18	01:53:25	890
1302	Kristofer	Jones	M	MSENIOR		00:28:23	01:25:28	01:53:27	891
2928	Nigel	Fishwick	M	MV35	SANDBACH STRIDERS	00:25:59	01:24:21	01:53:28	892
710	David	Egerton	M	MV50	SOUTH CHESHIRE HARRIERS	00:26:40	01:26:27	01:53:29	893
2300	Michael	Stubbs	M	MV35		00:24:52	01:23:21	01:53:29	894
2682	Emma	Preston	F	FV40	SYTRI	00:26:12	01:25:37	01:53:30	895
2486	David	Weals	M	MV35	JCB LAKESIDE	00:27:12	01:25:33	01:53:30	896
338	Helen	Carron	F	FSENIOR		00:26:17	01:22:40	01:53:32	897
1602	Carl	Mccann	M	MV35	STYAL RUNNING CLUB	00:26:48	01:24:36	01:53:33	898
1319	Paul	Jones	M	MV40	CHESTER ROAD RUNNERS	00:28:01	01:26:35	01:53:33	899
678	Caroline	Ealey	F	FSENIOR	CHESTER ROAD RUNNERS	00:27:25	01:26:40	01:53:33	900
2275	Chris	Steggles	M	MSENIOR		00:26:02	01:23:19	01:53:34	901
2184	Mark	Seymour	M	MV45		00:26:18	01:24:35	01:53:37	902
1337	Sian	Jones	F	FSENIOR	MALDWYN HARRIERS	00:26:33	01:25:32	01:53:38	903
485	Clare	Cotterill	F	FV35	SHROPSHIRE SHUFFLERS	00:27:12	01:26:50	01:53:38	904
2617	Mike	Winstanley	M	MV65	ROCHDALE HARRIERS	00:26:47	01:23:51	01:53:38	905
2181	Fiona	Seymour	F	FV40		00:26:17	01:24:42	01:53:38	906
671	Richard	Durcan	M	MV35		00:25:58	01:24:51	01:53:39	907
833	Emma	Franklin	F	FSENIOR		00:26:39	01:25:10	01:53:41	908
2687	Mark	Peers	M	MV50		00:26:26	01:22:16	01:53:46	909
8	Ian	Harris	M	MV50	WOLVERHAMPTON & BILSTON AC	00:25:41	01:25:28	01:53:46	910
108	Martin	Bailey	M	MV50		00:25:58	01:22:34	01:53:46	911
3015	Kevin	Anderson	M	MSENIOR		00:26:31	01:25:31	01:53:49	912
520	Chris	Cullen	M	MV45	STOCKPORT TRI CLUB	00:25:51	01:23:58	01:53:50	913
458	Gary	Cook	M	MV45		00:24:28	01:23:36	01:53:51	914
2194	Brian	Sheppard	M	MV60		00:24:00	01:23:57	01:53:51	915
1800	Tim	Nuttall	M	MV40		00:27:21	01:24:44	01:53:52	916
2418	Jason	Vaughan	M	MV40		00:25:45	01:23:41	01:53:52	917
1340	Steve	Jones	M	MV50		00:25:46	01:23:43	01:53:53	918
699	Rhys	Edwards	M	MSENIOR		00:27:16	01:23:26	01:53:53	919
1551	Robert	Mandley	M	MV40		00:26:11	01:22:36	01:53:53	920
2116	Chris	Rothwell	M	MSENIOR		00:25:48	01:24:32	01:53:53	921
558	Gareth	Davies	M	MSENIOR	BLACKLEY WALK2RUN	00:27:46	01:25:42	01:53:55	922
457	David	Cook	M	MSENIOR	BLACKLEY WALK2RUN	00:27:45	01:25:42	01:53:55	923
745	Kathy	Evans	F	FV40	DENBIGH HARRIERS	00:26:22	01:24:02	01:53:56	924

2479	Dave	Watson	M	MV55	LIVERPOOL HARRIERS	00:25:02	01:25:25	01:53:57	925
2517	Paul	White	M	MV35		00:25:44	01:24:26	01:53:57	926
2990	Rhys	Jones	M	MSENIOR		00:24:06	01:22:03	01:53:57	927
2656	Lisa	Wright	F	FV45	DIRTY DAPS MUDDY TRACKS	00:24:35	01:24:51	01:53:59	928
618	Rachel	Devine	F	FV40		00:25:26	01:25:40	01:54:00	929
5060	Will	Fotheringham	M	MV40		00:25:53	01:23:21	01:54:00	930
1006	Emma	Hardy	F	FV40	WAKEFIELD RUNNING MAMAS	00:26:40	01:25:17	01:54:00	931
337	Steven	Carroll	M	MSENIOR		00:24:51	01:23:46	01:54:02	932
211	Dave	Blackmore	M	MV40		00:25:22	01:25:45	01:54:02	933
1146	Graham	Hughes	M	MV40		00:25:21	01:25:41	01:54:03	934
2837	Tudur	Roberts	M	MV35		00:26:25	01:23:53	01:54:04	935
2999	Kerry	Williams	F	FV35		00:25:59	01:23:54	01:54:04	936
304	Sarah-Louise	Burke	F	FSENIOR	LAWLEY RUNNING CLUB	00:25:13	01:24:08	01:54:07	937
1025	Suzanne	Harrison	F	FV50	SOUTH CHESHIRE HARRIERS	00:27:15	01:24:18	01:54:08	938
2901	Gordon	Hughes	M	MSENIOR		00:26:30	01:26:21	01:54:09	939
3019	Alison	Pickard	F	FV35		00:25:39	01:22:54	01:54:09	940
2439	Dean	Walker	M	MV40		00:25:40	01:22:13	01:54:09	941
939	Lee	Gregory	M	MSENIOR	KINGS HEATH RUNNING CLUB	00:26:13	01:26:01	01:54:11	942
470	Matthew	Cooper	M	MSENIOR	MACCLESFIELD HARRIERS	00:27:44	01:25:20	01:54:11	943
482	Jonathan	Costello	M	MSENIOR		00:25:38	01:25:43	01:54:16	944
1457	Peter	Leach	M	MV35		00:25:43	01:23:09	01:54:20	945
5054	Michael	Edwards	M	MV35		00:25:23	01:26:37	01:54:24	946
686	Sharon	Eaton	F	FV45	WEST CHESHIRE AC	00:26:15	01:26:36	01:54:24	947
2551	Aled	Williams	M	MSENIOR		00:24:03	01:22:24	01:54:24	948
652	Dave	Drayton-Green	M	MV45		00:26:21	01:26:02	01:54:27	949
2263	Charlotte	Standing	F	FSENIOR		00:27:02	01:25:11	01:54:28	950
2126	Sioned	Rowlands	F	FV35	ERYRI HARRIERS	00:26:06	01:24:41	01:54:29	951
2888	Chris	Law	M	MV65		00:27:41	01:25:01	01:54:30	952
2356	Rhodri	Thomas	M	MV35		00:28:22	01:26:32	01:54:31	953
389	Paul	Cheetham	M	MV55		00:24:34	01:24:08	01:54:31	954
935	Llinos	Greenhalgh	F	FSENIOR	ERYRI HARRIERS	00:24:44	01:24:47	01:54:32	955
2264	Robert	Stranding	M	MV35		00:27:08	01:23:44	01:54:35	956
531	Mared	Dafydd	M	MSENIOR		00:26:05	01:26:02	01:54:39	957
903	Louise	Goodwin	F	FV35		00:26:48	01:26:08	01:54:39	958
2829	Steven	Poupart	M	MV35	NWRRRC	00:26:38	01:25:20	01:54:41	959
91	Charles	Ashley	M	MV55	WREXHAM AAC	00:25:49	01:24:43	01:54:43	960
2988	Rachael	Leeming	F	FSENIOR		00:26:49	01:26:15	01:54:44	961

2432	Roger	Wadon	M	MV40	PRESTATYN RUNNING CLUB	00:26:36	01:24:23	01:54:44	962
626	Andrew	Dixon	M	MV55		00:26:15	01:24:39	01:54:46	963
1826	Dafydd	Owen	M	MV65	PRESTATYN RUNNING CLUB	00:25:50	01:25:30	01:54:47	964
309	Chris	Burrell	M	MV55	HALIFAX HARRIERS	00:26:06	01:26:12	01:54:47	965
271	Peter	Brook	M	MSENIOR		00:26:01	01:25:50	01:54:48	966
1527	Jason	Lynam	M	MV40		00:27:51	01:24:22	01:54:48	967
1331	Sally	Jones	F	FV45	ROCHDALE TRI	00:26:54	01:26:59	01:54:51	968
85	Chris	Ashbrook	M	MV40		00:26:34	01:24:56	01:54:51	969
992	Robert	Hamill	M	MV45		00:27:03	01:25:52	01:54:52	970
517	Andy	Cubbin	M	MV40	VILLAGE ROADRUNNERS	00:25:50	01:25:27	01:54:53	971
2739	Steve	Haycock	M	MV45	SYTRI	00:26:11	01:25:42	01:54:55	972
1175	Steve	Humphries	M	MV50		00:26:21	01:23:08	01:54:57	973
2699	Gary	Owen	M	MV45	RUN4ALL NEATH	00:27:04	01:27:37	01:54:58	974
1790	Michael	Norris	M	MV50	DEESTRIDERS RUNNING CLUB	00:26:32	01:25:35	01:54:59	975
1577	Darren	Martin	M	MV45		00:27:06	01:25:48	01:55:00	976
929	Amy	Greaves	F	FSENIOR		00:25:24	01:26:11	01:55:00	977
2575	Julian	Williams	M	MV45		00:27:04	01:25:47	01:55:01	978
1397	Sunil	Kim	M	MSENIOR		00:24:49	01:20:51	01:55:02	979
2336	Rob	Taylor-Young	M	MV50		00:25:52	01:25:27	01:55:02	980
2532	Vincent	Wickham	M	MV45	ABERGELE HARRIERS	00:24:34	01:24:05	01:55:03	981
668	Neil	Dunn	M	MSENIOR	LIVELIFELIGHT	00:26:06	01:23:27	01:55:03	982
442	Anthony	Collins	M	MV50		00:26:19	01:23:21	01:55:03	983
795	Michael	Fisher	M	MSENIOR		00:26:57	01:26:26	01:55:04	984
2060	Martin	Roberts	M	MV50		00:26:11	01:24:58	01:55:04	985
775	Justin	Farthing	M	MV40		00:28:37	01:27:10	01:55:04	986
2848	Amy	Lewis	F	FSENIOR	ABERYSTWYTH A C	00:27:04	01:24:17	01:55:11	987
2867	David	Thomas	M	MV40		00:24:40	01:24:11	01:55:17	988
1916	Sam	Pickering	M	MV40		00:26:31	01:25:54	01:55:20	989
1634	Bernie	Mcmahon	M	MV50		00:25:31	01:25:52	01:55:21	990
468	Laurence	Cooper	M	MSENIOR		00:26:43	01:25:41	01:55:21	991
1213	Thelma	James	F	FV50		00:27:12	01:24:06	01:55:21	992
1274	Ed	Jones	M	MSENIOR		00:27:25	01:27:15	01:55:21	993
1555	Kate	Manning	F	FV35		00:27:57	01:27:04	01:55:23	994
2325	Dave	Taylor	M	MV50		00:26:46	01:25:26	01:55:23	995
2982	Michael	Fazakerley	M	MSENIOR		00:27:10	01:26:47	01:55:24	996
1248	Phil	Jolley	M	MV45	WARRINGTON RUNNING CLUB	00:26:23	01:23:53	01:55:24	997
1880	Mark	Pattinson	M	MV40		00:26:51	01:26:39	01:55:25	998

1853	Stephen	Palmer	M	MV50		00:28:31	01:27:11	01:55:25	999
947	Hannah	Griffith	F	FV40	NWRRRC	00:28:30	01:26:40	01:55:28	1000
1885	Jason	Peel	M	MSENIOR		00:26:53	01:25:20	01:55:32	1001
2214	Jenny	Skues	F	FSENIOR		00:27:19	01:25:38	01:55:36	1002
2652	Mike	Wrench	M	MV45	SOUTH CHESHIRE HARRIERS	00:27:39	01:25:42	01:55:37	1003
88	Eleanor	Ashcroft	F	FSENIOR		00:27:31	01:25:35	01:55:39	1004
1012	Tom	Harmston	M	MSENIOR		00:27:35	01:27:07	01:55:41	1005
722	David	Ellison	M	MV40	SUNDERLAND STROLLERS	00:27:27	01:26:05	01:55:42	1006
1211	Mark	James	M	MV50		00:28:16	01:25:11	01:55:46	1007
2947	Chris	Etchells	M	MV35		00:25:56	01:24:01	01:55:50	1008
1777	Darryl	Nield	M	MV45		00:27:05	01:26:05	01:55:52	1009
2516	Jonathan	White	M	MV40		00:27:44	01:26:40	01:55:52	1010
1023	Mark	Harrison	M	MV40		00:27:44	01:26:19	01:55:53	1011
1398	Amanda	Kimber	F	FSENIOR	SOUTH CHESHIRE HARRIERS	00:27:40	01:25:42	01:55:53	1012
2085	Nathan	Robinson	M	MV35		00:26:07	01:23:53	01:55:54	1013
1299	Karl	Jones	M	MV40		00:25:27	01:25:35	01:55:55	1014
1951	Ruth	Prior	F	FSENIOR		00:25:26	01:24:16	01:55:55	1015
183	Jonathan	Bennett	M	MSENIOR		00:25:36	01:25:19	01:55:56	1016
941	Robert	Grierson	M	MSENIOR		00:25:20	01:24:41	01:56:01	1017
2711	Jonathan	Jones	M	MV35	RHEDWYR GLANRAFON	00:27:26	01:26:46	01:56:02	1018
2723	Gavin	Butler	M	MV45		00:27:04	01:25:45	01:56:02	1019
3028	Jonathan	Pratt	M	MSENIOR		00:28:09	01:28:26	01:56:03	1020
2911	Gordon	Gorst	M	MV45		00:25:34	01:26:20	01:56:04	1021
679	Nathan	Earl	M	MV40		00:27:04	01:26:29	01:56:04	1022
208	Claire	Bishop	F	FSENIOR	BETSI RUNAWAYS	00:27:50	01:27:07	01:56:05	1023
260	Richard	Brewer	M	MV45		00:28:28	01:29:13	01:56:08	1024
568	Lisa	Davies	M	MSENIOR		00:28:28	01:29:13	01:56:08	1025
729	Meilyr	Emrys	M	MV35		00:26:54	01:27:07	01:56:09	1026
1548	Barry	Maksymczuk	M	MV35		00:25:44	01:23:58	01:56:10	1027
609	Barbara	Delaney	F	FV40	WASHLANDS WOMENS RUNNERS	00:25:50	01:25:33	01:56:10	1028
1237	Robin	Johnson	M	MV40		00:26:41	01:26:00	01:56:11	1029
2641	Neil	Woodhouse	M	MV40		00:25:31	01:25:42	01:56:13	1030
1644	Trevor	Mcwhirter	M	MV60		00:26:35	01:26:13	01:56:14	1031
559	Gareth	Davies	M	MV35		00:25:02	01:26:14	01:56:14	1032
2252	Craig	Speakman	M	MV45		00:27:28	01:26:19	01:56:18	1033
2244	Wendy	Smith	F	FV40	SOUTH CHESHIRE HARRIERS	00:27:12	01:24:59	01:56:18	1034
2563	Dylan Lloyd	Williams	M	MV50		00:26:25	01:25:09	01:56:19	1035

1230	Dale	Johnson	M	MSENIOR		00:24:23	01:20:30	01:56:22	1036
2315	Andy	Swiss	M	MV40		00:27:36	01:26:34	01:56:23	1037
1566	Chris	Marshall	M	MV55		00:26:09	01:26:41	01:56:25	1038
1591	Karen	Mawditt	F	FV45	MARKET DRAYTON RUNNING CLUB	00:26:41	01:27:37	01:56:25	1039
273	Scott	Brooks	M	MV50	MERSEYTRI	00:26:21	01:27:33	01:56:26	1040
2278	Joe	Stevens	M	MV50		00:27:12	01:26:39	01:56:27	1041
640	Andy	Dooley	M	MV55	STYAL RUNNING CLUB	00:26:25	01:28:22	01:56:27	1042
2717	Neil	Rogers	M	MV55		00:27:22	01:25:56	01:56:28	1043
2431	Stephen	Waddington	M	MV40		00:27:15	01:27:17	01:56:30	1044
604	Emiliya	Decheva	F	FSENIOR		00:25:25	01:26:51	01:56:31	1045
80	Ceris	Ap Gwilym	F	FV35		00:26:55	01:25:27	01:56:31	1046
705	Val	Edwards	F	FV60		00:27:18	01:27:47	01:56:32	1047
1689	Steve	Morley	M	MV60		00:27:31	01:27:31	01:56:32	1048
502	Bryan	Creighton	M	MSENIOR		00:27:10	01:26:47	01:56:33	1049
129	Anthony	Barnes	M	MV45	RED ROSE ROAD RUNNERS	00:27:59	01:28:38	01:56:33	1050
1114	Germaine	Holmes	F	FV40	LYMM RUNNERS	00:26:45	01:25:10	01:56:34	1051
1159	Scott	Hughes	M	MV35		00:27:06	01:25:11	01:56:38	1052
2969	Peter	Williams	M	MV45		00:27:27	01:26:20	01:56:39	1053
1682	Andy	Moreland	M	MSENIOR		00:26:04	01:23:55	01:56:41	1054
1703	Kate	Morris	F	FSENIOR	BENTHAM BEAGLES RUNNING CLUB	00:26:34	01:26:04	01:56:42	1055
1596	Colin		M	MSENIOR		00:26:42	01:27:25	01:56:43	1056
801	Dee	Fletcher	F	FSENIOR	SOUTHVILLE RUNNING CLUB	00:26:03	01:25:12	01:56:45	1057
1961	Richard	Pugh	M	MV40		00:25:17	01:25:24	01:56:46	1058
401	Ceridwen	Churchill	F	FV35		00:25:33	01:25:01	01:56:46	1059
2377	Matthew	Tollitt	M	MV50	PENNY LANE STRIDERS	00:26:47	01:27:08	01:56:46	1060
1143	Damon	Hughes	M	MSENIOR		00:26:46	01:25:28	01:56:47	1061
1849	Paul	Owens	M	MV35		00:30:11	01:26:54	01:56:47	1062
1284	Harri	Jones	M	MU20		00:25:41	01:24:54	01:56:48	1063
1775	David	Nickolls	M	MV40	STAFFORD TRI CLUB	00:27:11	01:27:08	01:56:48	1064
1101	Marcus	Hodges	M	MV45	RHEDWYR GLANRAFON	00:27:24	01:26:54	01:56:49	1065
2874	Stephen	Price-Jones	M	MSENIOR	NWRRRC	00:25:16	01:24:37	01:56:50	1066
624	Trevor	Dines	M	MV45		00:25:52	01:24:17	01:56:51	1067
1443	Charles	Larsson	M	MV45	NEWCASTLE STAFFS AC	00:25:22	01:26:17	01:56:53	1068
2062	Neirin	Roberts	M	MV35	TATTENHALL RUNNERS	00:27:03	01:28:12	01:56:55	1069
415	Angus	Cleary	M	MV45		00:28:19	01:29:19	01:56:58	1070
1279	Gareth	Jones	M	MSENIOR		00:26:13	01:24:07	01:57:02	1071
179	Mark	Bell	M	MV45	WARRINGTON RUNNING CLUB	00:26:06	01:26:09	01:57:02	1072

1072	Jack	Higgins	M	MSENIOR		00:28:16	01:25:34	01:57:03	1073
1763	Mark	Newland	M	MSENIOR		00:25:34	01:25:35	01:57:04	1074
448	Karley	Comrie	F	FV35		00:27:57	01:27:05	01:57:04	1075
509	Lisa	Crompton	F	FV35	DRAGONS RUNNING CLUB SALE	00:27:57	01:26:42	01:57:05	1076
2958	Kevin	Philips	M	MSENIOR		00:26:34	01:26:35	01:57:07	1077
1476	Aled	Lewis	M	MV40		00:26:34	01:26:36	01:57:07	1078
587	Geoff	Davies	M	MV45		00:26:19	01:27:45	01:57:08	1079
2031	Steve	Rickard	M	MV40		00:25:51	01:26:17	01:57:09	1080
2237	Nathan	Smith	M	MV35		00:26:08	01:23:21	01:57:12	1081
2266	William	Staniard	M	MV50	MANCHESTER HARRIERS & AC	00:27:12	01:28:01	01:57:12	1082
2276	David	Stephens	M	MV35		00:28:40	01:27:29	01:57:13	1083
1136	Anthony	Howe	M	MV35	ABERGELE HARRIERS	00:28:51	01:27:49	01:57:17	1084
2132	Andrew	Rudder	M	MV45	ROCHDALE TRI	00:26:23	01:26:21	01:57:18	1085
2494	Robert	Webster	M	MV55	TATTENHALL RUNNERS	00:26:13	01:25:44	01:57:18	1086
1576	Colin	Martin	M	MV50		00:25:43	01:26:20	01:57:19	1087
2714	Robert	Mendes Da Costa	M	MU20		00:28:16	01:29:34	01:57:21	1088
1127	Thomas	Hough	M	MSENIOR		00:27:00	01:26:35	01:57:21	1089
1285	Helen	Jones	F	FV35		00:29:06	01:29:34	01:57:21	1090
1309	Maria	Jones	F	FV35		00:26:36	01:29:43	01:57:22	1091
355	Tom	Casey	M	MV50	GOG TRIATHLON CLUB	00:27:28	01:28:28	01:57:23	1092
1164	Eilir	Hughes	M	MSENIOR		00:28:08	01:28:56	01:57:25	1093
1312	Michaela	Jones	F	FSENIOR		00:29:07	01:29:32	01:57:25	1094
1485	Simon	Lewis	M	MV40	TRISMART	00:26:57	01:26:22	01:57:27	1095
312	Mary	Burton	F	FV50	LYMM RUNNERS	00:27:55	01:27:16	01:57:28	1096
172	Nigel	Beckett	M	MV45	TRISMART	00:26:57	01:26:23	01:57:28	1097
2933	Aiden	Spencer	M	MV40	CHORLTON RUNNERS	00:25:41	01:23:51	01:57:29	1098
1105	Glyn	Holcroft	M	MV65		00:28:13	01:28:14	01:57:31	1099
2396	Andy	Turner	M	MV45	BRAMHALL RUNNERS	00:27:45	01:27:25	01:57:32	1100
1725	Alan	Mountain	M	MV40		00:28:08	01:27:26	01:57:34	1101
2846	Neil	Maddocks	M	MV40		00:25:42	01:26:22	01:57:35	1102
2878	Simon	Caddick	M	MV35		00:26:33	01:26:32	01:57:37	1103
1716	Paul	Morton	M	MSENIOR		00:26:58	01:27:57	01:57:42	1104
2468	Krystina	Warrington	F	FSENIOR		00:26:05	01:27:20	01:57:43	1105
2145	Margot	Saher	F	FV35		00:28:05	01:26:39	01:57:45	1106
1811	Cary	ODonnell	M	MV55	WYTHENSHAW PARK RUN	00:26:32	01:29:25	01:57:46	1107
3030	Steve	Beynon	M	MSENIOR		00:26:13	01:24:26	01:57:49	1108
5075	Kristian	Cavanagh	M	MSENIOR		00:26:08	01:27:20	01:57:49	1109

2576	Karen	Williams	F	FV35		00:28:36	01:26:20	01:57:49	1110
2243	Ted	Smith	M	MV50		00:28:19	01:27:25	01:57:52	1111
2241	Rick	Smith	M	MV50		00:28:18	01:27:25	01:57:52	1112
2857	Peter	Morgan	M	MSENIOR		00:27:19	01:27:16	01:57:52	1113
453	Martin	Constable	M	MV50		00:26:52	01:28:42	01:57:53	1114
2512	Dave	Whitcombe	M	MV35		00:27:04	01:26:43	01:57:53	1115
645	Michael	Dovaston	M	MV35		00:26:50	01:26:47	01:57:56	1116
1473	Craig	Lewandowski	M	MSENIOR		00:27:46	01:26:25	01:57:56	1117
1549	Lou	Malone	M	MSENIOR	BLACKLEY WALK2RUN	00:27:56	01:27:38	01:57:59	1118
1748	Nicola	Nally	F	FSENIOR	RIVERSWAY ROAD RUNNERS	00:27:04	01:27:46	01:58:02	1119
1518	Conor	Loughran	M	MV35		00:26:01	01:24:42	01:58:02	1120
116	Will	Ballance	M	MSENIOR		00:26:56	01:26:23	01:58:04	1121
2239	Peter	Smith	M	MV40		00:27:03	01:25:11	01:58:05	1122
2037	Alastair	Roberts	M	MV45		00:27:15	01:28:24	01:58:07	1123
416	Clem	Clement	M	MV55	PENARTH AND DINAS RUNNERS	00:28:53	01:27:33	01:58:08	1124
2452	Frank	Walsh	M	MV50	KENILWORTH RUNNERS	00:26:44	01:28:58	01:58:11	1125
2810	Mark	Pickles	M	MV35		00:27:03	01:27:38	01:58:11	1126
2794	Kathryn	Alcorn	F	FV50		00:27:35	01:28:38	01:58:16	1127
2777	Jenny	Wray	F	FV35		00:25:48	01:28:58	01:58:16	1128
2946	Christopher	Peachey	M	MV45	CHORLTON RUNNERS	00:26:59	01:26:54	01:58:17	1129
96	Ian	Asquith	M	MSENIOR		00:27:25	01:27:16	01:58:17	1130
510	Helen	Crook	F	FV35	SHROPSHIRE SHUFFLERS	00:27:09	01:28:02	01:58:20	1131
2633	Phoebe	Wood	F	FSENIOR		00:27:48	01:27:20	01:58:21	1132
1333	Tom	Hughes	M	MV50		00:25:14	01:26:28	01:58:21	1133
2817	Bruce	Ruscoe	M	MSENIOR		00:25:53	01:26:57	01:58:22	1134
2818	Stuart	Maddocks	M	MV50		00:25:53	01:26:55	01:58:23	1135
1563	David	Marsh	M	MV55	SOUTHPORT & WATERLOO ATHLETES	00:27:31	01:30:44	01:58:25	1136
655	Charlotte	Drysdale	F	FSENIOR		00:26:16	01:25:45	01:58:25	1137
2023	Carole	Richardson	F	FV35	BEAUMARIS TOWN ROAD RUNNERS	00:28:11	01:30:06	01:58:25	1138
1207	Wayne	Jackson	M	MV35		00:24:38	01:24:44	01:58:27	1139
1425	Jakub	Kucharski	M	MV50		00:26:48	01:27:39	01:58:30	1140
5063	Rhiannon	Delves	F	FSENIOR		00:28:26	01:27:26	01:58:30	1141
5073	Samuel	Bentley	M	MSENIOR		00:28:27	01:27:25	01:58:30	1142
2127	Mark	Rowley	M	MV45		00:25:48	01:24:58	01:58:31	1143
855	Colin	Gallop	M	MV45		00:28:40	01:29:06	01:58:34	1144
2646	Stacey	Woodworth	F	FV35		00:27:20	01:27:12	01:58:37	1145
449	Peter	Condon	M	MV50		00:26:21	01:26:56	01:58:37	1146

350	Simon	Cartwright	M	MV35		00:27:35	01:29:39	01:58:38	1147
2722	Gill	Glover	F	FV45	WARRINGTON RUNNING CLUB	00:26:02	01:26:49	01:58:39	1148
2845	Andy	Roberts	M	MV35		00:26:33	01:26:40	01:58:40	1149
646	Mark	Dowber	M	MV45		00:27:33	01:29:42	01:58:42	1150
2390	Steve	Treeweeks	M	MV45	SANDBACH STRIDERS	00:27:41	01:27:45	01:58:44	1151
1514	Helen	Lonsdale	F	FV35		00:27:41	01:27:47	01:58:45	1152
1757	Terrence	Nelson	M	MSENIOR		00:30:12	01:28:50	01:58:48	1153
2715	Peter	Barnes	M	MV45		00:28:21	01:30:25	01:58:48	1154
2544	David	Wilkinson	M	MV55	LANCASTER AND MORECAMBE ATHLET	00:26:58	01:28:44	01:58:50	1155
2250	Tony	Southworth	M	MV50	WINSTON RUNNERS	00:29:50	01:27:51	01:58:50	1156
122	Raz	Barkatali	M	MV40		00:27:25	01:26:12	01:58:50	1157
616	Graham	Denney	M	MV50	TRAWDEN ATHLETIC CLUB	00:26:47	01:27:12	01:58:51	1158
1218	Ansar	Jawaid	M	MV35		00:27:28	01:26:20	01:58:51	1159
2028	Matt	Richardson	M	MSENIOR	MANCHESTER ROAD RUNNERS	00:27:42	01:27:40	01:58:53	1160
2919	Paul	Meadows	M	MSENIOR		00:26:04	01:26:26	01:58:55	1161
2730	Waseem	Safdar	M	MV35		00:27:34	01:26:07	01:58:56	1162
986	Philip	Hall	M	MV45	HYDE VILLAGE STRIDERS	00:26:44	01:26:26	01:58:57	1163
953	Jonathan	Griffiths	M	MV35		00:28:36	01:27:33	01:58:59	1164
2407	Elizabeth	Underhill	F	FSENIOR		00:27:05	01:28:45	01:59:00	1165
1125	Michael	Horton	M	MV65	NORTH STAFFS ROAD RUNNERS ASSO	00:26:51	01:28:21	01:59:01	1166
2987	Ophelia Rose	Harborne	F	FSENIOR	DENBIGH HARRIERS	00:27:13	01:26:15	01:59:03	1167
1873	Richard	Parry	M	MV40	CHESTER ROAD RUNNERS	00:28:48	01:29:23	01:59:03	1168
2282	Laura	Stevenson	F	FSENIOR	DRAGONS RUNNING CLUB SALE	00:25:23	01:25:51	01:59:04	1169
2587	Rhys	Williams	M	MV45		00:28:07	01:27:45	01:59:06	1170
2020	Steffan	Richards	M	MV40		00:29:12	01:29:16	01:59:06	1171
2257	Graeme	Spencer	M	MV45	SOUTH CHESHIRE HARRIERS	00:25:11	01:25:10	01:59:09	1172
748	Louise	Evans	F	FV55		00:26:23	01:28:53	01:59:10	1173
1723	Tom	Mothersdill	M	MSENIOR		00:27:14	01:27:52	01:59:10	1174
2074	Tony	Roberts	M	MV45		00:25:10	01:26:01	01:59:11	1175
703	Steve	Edwards	M	MV45		00:26:41	01:29:30	01:59:13	1176
2555	Barry	Williams	M	MV35		00:28:41	01:29:17	01:59:14	1177
649	Kate	Doyle	F	FV35		00:28:34	01:28:31	01:59:15	1178
761	Anthony	Evertin	M	MV35		00:28:50	01:31:07	01:59:16	1179
923	Ian	Gray	M	MV70		00:27:12	01:28:53	01:59:19	1180
1840	Michael	Owen	M	MV50	HOPLITES RUNNING CLUB	00:26:27	01:26:32	01:59:19	1181
1220	Keith	Jelly	M	MV40		00:26:55	01:27:24	01:59:21	1182
1244	Paul	Johnson-Whittle	M	MV35		00:25:26	01:24:28	01:59:21	1183

2335	Phil	Taylor	M	MV45	CITY OF CHESTER TRIATHLON CLUB	00:25:47	01:27:42	01:59:23	1184
1626	Bruce	Mckay	M	MV50		00:26:52	01:26:19	01:59:25	1185
2873	Paul	Williams	M	MV60		00:29:04	01:28:47	01:59:26	1186
2600	Kate	Williamson	F	FSENIOR		00:28:16	01:29:05	01:59:26	1187
1499	Chloe	Llewellyn	F	FV35		00:28:17	01:29:05	01:59:27	1188
192	Claire	Berry	F	FSENIOR	LYMM RUNNERS	00:27:28	01:30:21	01:59:27	1189
2864	Simon	Dawber	M	MV45	SANDBACH STRIDERS	00:26:22	01:28:03	01:59:27	1190
1944	Jo	Price	F	FV35		00:28:28	01:27:56	01:59:29	1191
2140	Craig	Rutter	M	MSENIOR		00:25:17	01:28:05	01:59:29	1192
2840	Pete	Newall	M	MV40		00:27:18	01:23:43	01:59:29	1193
2980	Katherine	Gregson	F	FSENIOR		00:27:58	01:27:57	01:59:29	1194
1122	Jon	Horne	M	MV55	BIDDULPH RUNNING CLUB	00:29:05	01:29:21	01:59:30	1195
2745	David	Owen	M	MV50		00:25:50	01:25:44	01:59:30	1196
1869	Mark	Parry	M	MSENIOR	CHESTER ROAD RUNNERS	00:26:25	01:25:57	01:59:31	1197
2270	Karl	Stanyer	M	MV45		00:27:57	01:27:25	01:59:34	1198
824	Harvey	Fowler-Williams	M	MSENIOR		00:26:55	01:27:45	01:59:34	1199
607	Soiley	Deenmahomed	M	MV50		00:25:42	01:29:17	01:59:36	1200
1573	Hannah	Mart	F	FV35		00:28:11	01:30:35	01:59:36	1201
311	Michael	Burrow	M	MSENIOR		00:26:58	01:30:00	01:59:37	1202
324	Chris	Campbell	M	MV45		00:27:16	01:26:21	01:59:39	1203
1700	Jason	Morris	M	MV45		00:27:29	01:29:29	01:59:40	1204
1464	Craig	Lees	M	MV40		00:27:29	01:29:29	01:59:40	1205
402	Kerryanne	Clancy	F	FV40	NEWCASTLE STAFFS AC	00:28:22	01:29:02	01:59:41	1206
2159	David	Savage	M	MV45		00:29:02	01:30:14	01:59:43	1207
3029	Meurig	Thomas	M	MV45	CITY OF CHESTER TRIATHLON CLUB	00:26:05	01:28:47	01:59:43	1208
2279	Jordan	Stevens	M	MSENIOR		00:25:36	01:27:30	01:59:44	1209
1704	Les	Morris	M	MV40	SOUTH CHESHIRE HARRIERS	00:26:12	01:27:21	01:59:44	1210
1604	Sean	Mccann	M	MV55	WARRINGTON ROAD RUNNERS	00:28:46	01:29:58	01:59:45	1211
715	Elen	Elias	F	FV45		00:28:37	01:28:20	01:59:47	1212
1509	Lizzie	Lodge	F	FSENIOR		00:27:56	01:29:23	01:59:48	1213
2000	Lisa	Reid	F	FV35	WARRINGTON RUNNING CLUB	00:26:30	01:26:37	01:59:48	1214
2718	Steff	Corfield	M	MV35	HOPLITES RUNNING CLUB	00:29:03	01:28:31	01:59:48	1215
853	Adam	Gallimore	M	MV45	ST HELENS STRIDERS	00:26:32	01:30:05	01:59:49	1216
2927	Chris	Higgins	M	MV55	BUCKLEY RUNNERS	00:27:33	01:26:49	01:59:50	1217
1071	Fenella	Higgins	F	FV45	BUCKLEY RUNNERS	00:27:34	01:27:11	01:59:50	1218
463	Amy	Cooper	F	FSENIOR	LYMM RUNNERS	00:27:04	01:27:04	01:59:50	1219
2260	John	Spindler	M	MV50	CHORLTON RUNNERS	00:27:03	01:27:25	01:59:51	1220

1780	Dan	Nightingale	M	MV40		00:26:28	01:25:24	01:59:53	1221
1233	Helen	Johnson	F	FV35		00:29:09	01:29:44	01:59:54	1222
1796	Paul	Nurse	M	MV45		00:26:53	01:28:28	01:59:54	1223
2503	Ian	Westney	M	MV50		00:28:00	01:29:49	01:59:55	1224
921	Katalin	Grantham	F	FV40		00:26:40	01:29:41	01:59:55	1225
1558	Kelly	Marrin	F	FV40		00:27:03	01:28:32	01:59:57	1226
1778	Mark	Nield	M	MSENIOR		00:26:10	01:28:47	01:59:57	1227
62	Chris	Akroyd	M	MV45		00:26:18	01:27:59	01:59:58	1228
2967	Kevin	Davies	M	MSENIOR	KEVIN DAVIES	00:25:49	01:27:22	01:59:58	1229
250	Tom	Bradley	M	MV35		00:28:09	01:30:00	01:59:59	1230
2776	Gwyn	Williams	M	MV45		00:29:55	01:32:50	02:00:00	1231
462	Ainsley	Cooper	M	MV45	SOUTH CHESHIRE HARRIERS	00:28:41	01:28:57	02:00:00	1232
1771	Dean	Nicholls	M	MV35		00:28:43	01:29:17	02:00:01	1233
141	Nigel	Barratt	M	MV50		00:27:18	01:27:50	02:00:02	1234
1743	Steve	Myatt	M	MV45		00:25:59	01:26:44	02:00:03	1235
2280	Luke	Stevens	M	MSENIOR		00:26:30	01:23:34	02:00:03	1236
885	Shaun	Giltrap	M	MV45	BIDDULPH RUNNING CLUB	00:29:09	01:29:22	02:00:04	1237
491	Ben	Coverley	M	MSENIOR		00:24:14	01:28:57	02:00:06	1238
2344	Andrew	Thomas	M	MV40		00:26:31	01:27:08	02:00:08	1239
2727	Annette	Spencer	F	FV35		00:26:36	01:28:45	02:00:09	1240
1249	Amy	Jones	F	FV35	OSWESTRY OLYMPIANS	00:25:55	01:29:16	02:00:09	1241
1640	Liz	Mcp hail	F	FSENIOR		00:26:55	01:28:08	02:00:09	1242
149	Craig	Barstow	M	MV45	HARROGATE HARRIERS	00:26:30	01:26:37	02:00:10	1243
1759	Brian	Newall	M	MV50	LITTLEWOODS RUNNING CLUB	00:28:06	01:28:38	02:00:11	1244
2605	Lydia	Willson	F	FSENIOR	LYMM RUNNERS	00:26:33	01:26:40	02:00:12	1245
1170	Paula	Hulme	F	FV45		00:27:34	01:29:42	02:00:14	1246
1391	Angela	Kerslake	F	FV45	STOCKPORT HARRIERS	00:27:10	01:27:59	02:00:14	1247
2839	David	Griffiths	M	MSENIOR		00:25:37	01:30:08	02:00:15	1248
1138	Aled	Hughes	M	MSENIOR		00:28:18	01:30:00	02:00:16	1249
983	James	Hall	M	MV35	BRAMHALL RUNNERS	00:25:05	01:29:53	02:00:17	1250
1666	Ryan	Mills	M	MSENIOR		00:25:16	01:27:13	02:00:18	1251
1316	Nicola	Jones	F	FV35		00:27:25	01:29:19	02:00:19	1252
53	Gemma	Ackerley	F	FSENIOR	WARRINGTON RUNNING CLUB	00:28:03	01:28:38	02:00:20	1253
744	Jon	Evans	M	MV50	NWRRC	00:28:26	01:30:49	02:00:22	1254
625	Andy	Dingle	M	MV35	READING ROADRUNNERS	00:27:54	01:29:00	02:00:23	1255
2798	Kathy	Frankland	F	FV45	CITY OF CHESTER TRIATHLON CLUB	00:27:50	01:29:35	02:00:23	1256
563	Ieuan	Davies	M	MV45	CYBI STRIDERS	00:27:41	01:27:45	02:00:31	1257

288	Pork Chop	Bucknall	M	MV45		00:25:53	01:28:52	02:00:32	1258
741	Jemina	Evans	F	FSENIOR		00:27:18	01:30:12	02:00:32	1259
1516	Suan	Lord	M	MV35	RHUDDLAN	00:26:00	01:26:49	02:00:32	1260
2206	Naomi	Simmons	F	FSENIOR	CITY OF CHESTER TRIATHLON CLUB	00:27:30	01:29:53	02:00:35	1261
2733	John	Humphries	M	MV55	MYSTERUNS OFF ROAD RUNNING CLU	00:28:14	01:28:28	02:00:36	1262
1997	Martin	Jones	M	MV40	DENBIGH HARRIERS	00:27:41	01:29:36	02:00:37	1263
1013	Mark	Harney	M	MV50		00:28:28	01:30:36	02:00:37	1264
2048	Gavin	Roberts	M	MV35		00:28:50	01:28:50	02:00:37	1265
2151	Stephen	Salt	M	MV60		00:29:20	01:30:05	02:00:40	1266
1360	Ian	Kay	M	MV45		00:27:12	01:28:20	02:00:41	1267
1863	Alison	Parkinson	F	FV45	RED ROSE ROAD RUNNERS	00:26:40	01:29:00	02:00:45	1268
588	Carolyn	Davies-Moore	F	FV45		00:26:57	01:29:57	02:00:46	1269
2526	Stephen	Whittingham	M	MV50		00:26:50	01:28:49	02:00:48	1270
2379	Bryn	Tomos	M	MV50		00:28:51	01:28:58	02:00:48	1271
2067	Sandy	Roberts	F	FV55	PRESTATYN RUNNING CLUB	00:28:53	01:31:46	02:00:49	1272
642	Alevtina	Dorn	F	FSENIOR		00:29:21	01:28:36	02:00:52	1273
637	Gregory	Donovan	M	MSENIOR		00:28:12	01:29:16	02:00:52	1274
2679	Albert	Zijlstra	M	MV50		00:27:29	01:29:35	02:00:55	1275
1923	Keith	Pleasant	M	MV35	OLDHAM & ROYTON HARRIERS	00:26:17	01:30:22	02:00:56	1276
2399	Hayley	Turner	F	FSENIOR	ERYRI HARRIERS	00:28:16	01:28:29	02:00:57	1277
1772	Jane	Nicholson	F	FV45	ALTRINCHAM & DISTRICT ATHLETIC	00:27:19	01:29:44	02:01:00	1278
488	Susie	Coughlan	F	FV45		00:27:08	01:28:25	02:01:00	1279
3027	Alan	Lindsay	M	MV45		00:27:33	01:28:48	02:01:02	1280
2894	Matt	Bolton	M	MV40		00:26:24	01:28:06	02:01:03	1281
1914	Ian	Pickering	M	MV45		00:27:27	01:30:42	02:01:04	1282
356	Craig	Casley	M	MV40		00:27:01	01:28:55	02:01:06	1283
368	Martin	Cawthray	M	MV50		00:28:17	01:30:18	02:01:09	1284
1750	Hayley	Nash	F	FSENIOR		00:28:12	01:31:44	02:01:09	1285
1794	Emma	Nunnerley	F	FV35	LYMM RUNNERS	00:27:32	01:29:16	02:01:15	1286
1325	Rhodri	Jones	M	MV35		00:27:06	01:27:00	02:01:16	1287
1332	Sam	Jones	M	MV35		00:26:30	01:26:47	02:01:18	1288
381	Nick	Chapman	M	MV40		00:28:42	01:32:05	02:01:20	1289
1814	Mrs Claire	Okeefe	F	FV35		00:27:04	01:30:23	02:01:21	1290
1619	Catherine	Mcelhinney	F	FV40	SOUTHPORT & WATERLOO ATHLETES	00:27:57	01:31:24	02:01:21	1291
2823	Sue	Williams	F	FV50		00:28:06	01:29:40	02:01:22	1292
1672	Liam	Moden	M	MV45		00:28:17	01:29:06	02:01:23	1293
2943	Tom	Noonan	M	MSENIOR		00:29:40	01:30:04	02:01:23	1294

2824	Carl	Williams	M	MV50		00:28:05	01:29:39	02:01:23	1295
2704	Roman	Szumski	M	MSENIOR		00:29:04	01:31:23	02:01:23	1296
2963	Abbie	Guerrier Sadler	F	FSENIOR		00:28:54	01:30:18	02:01:24	1297
2088	Sue	Rodgers	F	FV55	PRESTATYN RUNNING CLUB	00:28:07	01:30:32	02:01:24	1298
2328	Henry	Taylor	M	MSENIOR		00:30:03	01:31:19	02:01:25	1299
1920	Richard	Pierce	M	MV50		00:28:46	01:29:46	02:01:29	1300
279	Laura	Brown	F	FSENIOR		00:28:24	01:31:18	02:01:30	1301
68	Charlotte	Ali	F	FSENIOR		00:28:39	01:29:45	02:01:31	1302
1058	Clair	Henshaw	F	FV40		00:28:45	01:32:00	02:01:32	1303
2420	Martin	Vella	M	MV45		00:28:44	01:31:58	02:01:33	1304
1985	Richard	Raynor	M	MV60	TEAMBTR	00:28:03	01:30:05	02:01:33	1305
1475	Adrian	Lewis	M	MV45		00:27:45	01:31:24	02:01:34	1306
1479	Elizabeth	Lewis	F	FV40		00:27:44	01:31:24	02:01:34	1307
2519	Rob	White	M	MSENIOR		00:27:16	01:30:30	02:01:34	1308
460	Marc	Cookson	M	MSENIOR		00:28:01	01:31:49	02:01:40	1309
2907	Gary	Talbot	M	MV45		00:26:04	01:27:20	02:01:41	1310
2793	Jonathan	Clarke	M	MV45	STYAL RUNNING CLUB	00:26:29	01:30:55	02:01:41	1311
695	Joanna	Edwards	F	FV40	PRESTATYN RUNNING CLUB	00:28:07	01:30:32	02:01:43	1312
1370	Brian	Kelly	M	MV40		00:27:16	01:28:43	02:01:47	1313
2386	Helen	Towers	F	FV45	NEWCASTLE STAFFS AC	00:28:01	01:30:00	02:01:47	1314
1315	Richard	Sim	M	MV50		00:27:22	01:28:20	02:01:47	1315
845	David	Furber	M	MV40		00:26:01	01:27:20	02:01:48	1316
72	Graham	Alton	M	MV50		00:27:33	01:29:11	02:01:52	1317
1283	Hannah	Jones	F	FV35		00:29:47	01:30:09	02:01:54	1318
5056	Jonathan	Ashby	M	MV45		00:27:44	01:29:34	02:01:54	1319
1222	Robert	Jenkins	M	MV45		00:27:45	01:28:51	02:01:56	1320
90	Laura	Ashford	F	FSENIOR	TATTENHALL RUNNERS	00:28:35	01:32:19	02:01:59	1321
1556	Woody	Manning	M	MV35		00:26:37	01:29:48	02:01:59	1322
1598	Andrew	Mcauliffe	M	MV45		00:28:03	01:29:14	02:02:02	1323
266	William	Brindley	M	MSENIOR	TIDSWELL RUNNING CLUB	00:29:08	01:31:44	02:02:04	1324
385	Jonny	Charlton	M	MV40		00:31:17	01:32:15	02:02:05	1325
1693	David	Morris	M	MV35		00:27:00	01:29:48	02:02:07	1326
2165	Andrew	Scott	M	MV40	PRESTATYN RUNNING CLUB	00:26:16	01:29:39	02:02:07	1327
821	Michael	Foulkes	M	MSENIOR		00:30:02	01:31:19	02:02:07	1328
713	Jonny	Eldridge	M	MSENIOR		00:24:06	01:25:34	02:02:08	1329
2043	David	Roberts	M	MV55		00:28:27	01:31:19	02:02:10	1330
1843	Rachel	Owen	F	FV35	RHOSNEIGR RUNNERS	00:28:42	01:29:36	02:02:10	1331

1837	Mandy	Owen	F	FV35	NWRRRC	00:26:38	01:30:12	02:02:13	1332
2120	Alun	Rowlands	M	MV55	CYBI STRIDERS	00:27:18	01:28:10	02:02:14	1333
1945	Rachel	Price	F	FV50	MARKET DRAYTON RUNNING CLUB	00:28:22	01:30:43	02:02:15	1334
1994	Anthony	Rees	M	MV65		00:27:47	01:30:02	02:02:17	1335
1831	Fiona	Owen	F	FSENIOR	ERYRI HARRIERS	00:27:31	01:32:05	02:02:22	1336
325	Karen	Campbell	F	FV40		00:28:53	01:32:07	02:02:24	1337
1754	Andy	Nelson	M	MV40		00:28:53	01:32:06	02:02:24	1338
518	Julie	Cuffin	F	FV40		00:27:54	01:27:49	02:02:25	1339
430	Alan	Coiley	M	MV50		00:27:29	01:29:54	02:02:30	1340
826	Dale	Fox-Byrne	M	MV35		00:26:59	01:27:26	02:02:30	1341
875	Craig	Giaccio	M	MV40		00:28:33	01:32:38	02:02:31	1342
1871	Nicola	Parry	F	FSENIOR		00:28:10	01:29:46	02:02:32	1343
2227	David	Smith	M	MV60		00:28:35	01:31:20	02:02:33	1344
1301	Kirstin	Jones	F	FV40		00:28:27	01:30:41	02:02:35	1345
1607	Joe	Mccaw	M	MV45		00:29:01	01:32:05	02:02:40	1346
2780	Sheldon	Hicks	M	MV45		00:27:10	01:30:06	02:02:40	1347
1018	Dale	Harratt	M	MV50		00:25:57	01:26:44	02:02:40	1348
2841	Amanda	Newall	F	FV40	CHESTER ROAD RUNNERS	00:28:09	01:29:21	02:02:42	1349
1172	Ian	Humphreys	M	MV50		00:27:17	01:30:02	02:02:43	1350
2229	Fraser	Smith	M	MV45		00:29:00	01:31:39	02:02:46	1351
1852	Barry	Palmer	M	MV35		00:28:59	01:31:47	02:02:48	1352
2225	Kevin	Ankers	M	MV35		00:26:02	01:30:05	02:02:48	1353
2222	Trevor	Smart	M	MV45		00:26:06	01:30:52	02:02:49	1354
552	Barry	Davies	M	MV45		00:28:00	01:29:54	02:02:52	1355
263	Sian	Brierley	F	FV35		00:29:34	01:33:31	02:02:56	1356
869	Sean	Gavin	M	MV40	NWRRRC	00:30:52	01:31:53	02:02:56	1357
664	Claire	Duncan	F	FV35		00:27:16	01:28:12	02:02:56	1358
1774	Wendy	Nickerson	F	FV45	STOCKPORT HARRIERS	00:29:01	01:32:13	02:02:57	1359
2032	Chris	Rider	M	MV40	MANCHESTER ROAD RUNNERS	00:26:11	01:29:10	02:02:57	1360
357	Gillian	Cassidy	F	FV50		00:28:21	01:32:12	02:03:00	1361
236	Susan	Bowes	F	FV45	SHROPSHIRE SHUFFLERS	00:27:01	01:31:28	02:03:00	1362
2119	Susan	Rowland	F	FV50		00:28:56	01:30:55	02:03:01	1363
2366	Tina	Thompson	F	FV45	BLACKLEY WALK2RUN	00:26:28	01:30:35	02:03:03	1364
2099	Ellie	Rolinson	F	FU20		00:28:44	01:33:42	02:03:03	1365
1039	Sandra	Hawken	F	FV50		00:28:21	01:32:22	02:03:05	1366
1726	Dorothy	Muldoon	F	FV50	WINSTON RUNNERS	00:28:07	01:30:05	02:03:06	1367
513	Catharine	Crossley	F	FSENIOR	MACCLESFIELD HARRIERS	00:26:29	01:31:36	02:03:13	1368

243	Jonny	Boyes	M	MV40		00:27:49	01:33:53	02:03:17	1369
459	Dave	Cookson	M	MV55		00:28:01	01:31:51	02:03:17	1370
1935	Helen	Power	F	FV40	VICTORIA PARK RUNNING CLUB	00:27:52	01:32:13	02:03:18	1371
2139	Charley	Rutter	F	FSENIOR		00:28:49	01:30:33	02:03:24	1372
994	Martin	Hammond	M	MV40	HORWICH RMI	00:27:19	01:31:11	02:03:24	1373
2915	Kate	Jayden	F	FSENIOR	SANDBACH STRIDERS	00:26:55	01:28:35	02:03:27	1374
2316	Nigel	Symms	M	MV45	NEWCASTLE STAFFS AC	00:27:37	01:31:40	02:03:29	1375
1832	Gavin	Owen	M	MSENIOR		00:29:58	01:33:06	02:03:32	1376
2371	Simon	Thorpe	M	MSENIOR		00:28:41	01:30:58	02:03:33	1377
1552	Laura	Manley	F	FV35		00:30:05	01:33:00	02:03:34	1378
2167	Siobhan	Scott	F	FV40		00:30:05	01:33:00	02:03:34	1379
1078	Emma	Hill	F	FV40		00:26:46	01:30:50	02:03:35	1380
2451	Pete	Wallroth	M	MV35	MUMMYS STAR	00:29:59	01:30:23	02:03:35	1381
2265	Barry	Stanfield	M	MV40		00:29:25	01:32:01	02:03:36	1382
1749	Sally	Napthen	F	FV50	CITY OF CHESTER TRIATHLON CLUB	00:28:30	01:31:27	02:03:37	1383
1709	Terry	Morris	M	MV45	BENTHAM BEAGLES RUNNING CLUB	00:26:25	01:27:56	02:03:38	1384
2305	Coleen	Suckling	F	FSENIOR		00:27:01	01:29:49	02:03:41	1385
2860	Peter	Jones	M	MV60		00:28:23	01:32:00	02:03:43	1386
1866	Alwyn	Parry	M	MV40		00:28:28	01:31:14	02:03:44	1387
1636	James	Mcminn	M	MSENIOR		00:29:28	01:34:54	02:03:44	1388
1087	Anna	Hinch	F	FV45		00:29:13	01:31:56	02:03:45	1389
2340	Colin	Thackray	M	MV55	NWRRRC	00:28:02	01:31:53	02:03:47	1390
2047	Runner	Number 2047	F	FSENIOR		00:30:21	01:33:32	02:03:49	1391
2991	Emma	Ralph	F	FV40		00:29:45	01:30:29	02:03:52	1392
811	Emma	Ford	F	FV40	BIDDULPH RUNNING CLUB	00:28:05	01:30:44	02:03:53	1393
793	Andy	Fisher	M	MV45	WARRINGTON RUNNING CLUB	00:27:27	01:29:55	02:03:54	1394
2640	Jamie	Woodhouse	M	MV45		00:24:40	01:30:57	02:03:55	1395
2979	Aled	Williams	M	MV35		00:30:37	01:34:43	02:03:55	1396
1126	Alice	Horwood	F	FSENIOR	LLAMWYR LLYN STRIDERS	00:30:37	01:34:44	02:03:55	1397
1444	Dave	Latham	M	MV40		00:28:40	01:32:01	02:03:56	1398
1769	Pauline	Newton	F	FV60	MARKET DRAYTON RUNNING CLUB	00:28:37	01:31:04	02:03:57	1399
685	Paul	Eaton	M	MV40		00:28:54	01:29:45	02:03:57	1400
1433	Lindsay	Lancaster	F	FV35		00:27:13	01:31:50	02:03:59	1401
1856	Liz	Park	F	FV40	OSWESTRY OLYMPIANS	00:27:23	01:29:58	02:04:00	1402
1918	Rosanna	Pickles	F	FSENIOR		00:26:55	01:31:21	02:04:00	1403
95	Will	Aspinall	M	MSENIOR		00:26:56	01:31:18	02:04:00	1404
2957	Rachel	Cook	F	FSENIOR		00:27:23	01:30:31	02:04:06	1405

2891	Sasha	Jones	F	FSENIOR		00:28:41	01:30:25	02:04:07	1406
2932	Julie	Davies	F	FV45		00:28:58	01:31:32	02:04:07	1407
2809	Alison	Mercer	F	FV50	RED ROSE ROAD RUNNERS	00:27:29	01:32:31	02:04:13	1408
2854	Owain	Thomas	M	MSENIOR		00:27:18	01:28:42	02:04:16	1409
1399	Alan	King	M	MV55		00:27:41	01:32:30	02:04:19	1410
184	Karen	Bennett	F	FV45	LYMM RUNNERS	00:29:47	01:32:24	02:04:20	1411
1522	Clare	Lowery	F	FV50	WARRINGTON RUNNING CLUB	00:28:22	01:33:08	02:04:22	1412
1958	Phillip	Proctor	M	MV45	ELLESMERE PORT RUNNING CLUB	00:27:55	01:26:14	02:04:23	1413
2916	Helen	Bainbridge	F	FV35	WRECSAMTRI	00:27:44	01:30:18	02:04:23	1414
1015	Anthony	Harper	M	MSENIOR	SOUTHPORT & WATERLOO ATHLETES	00:29:20	01:31:16	02:04:25	1415
1851	Chris	Page	M	MV50		00:28:00	01:30:27	02:04:36	1416
1724	Marie	Motley	F	FV50	PENNY LANE STRIDERS	00:28:57	01:33:01	02:04:36	1417
186	Sam	Bentall	F	FV45	PENNY LANE STRIDERS	00:28:57	01:33:01	02:04:36	1418
2068	Sara	Roberts	F	FV45		00:27:54	01:32:35	02:04:40	1419
295	Nick	Buley	M	MV40		00:28:59	01:33:10	02:04:40	1420
2447	Mark	Walker	M	MV55		00:27:50	01:31:05	02:04:40	1421
1980	Ian	Raymond	M	MV45		00:27:44	01:30:08	02:04:41	1422
298	James	Bullard	M	MSENIOR		00:29:03	01:30:47	02:04:41	1423
2450	David	Wallis	M	MV50		00:28:11	01:32:05	02:04:42	1424
67	Abir	Ali	M	MV40		00:28:27	01:31:23	02:04:43	1425
1104	Jamie	Hogan	M	MV40		00:27:17	01:29:52	02:04:45	1426
2352	Max	Thomas	M	MV35		00:28:36	01:32:09	02:04:46	1427
214	Delyth	Blackwell	F	FV40		00:30:47	01:34:20	02:04:52	1428
2436	Paul	Wainwright	M	MV55		00:29:19	01:32:48	02:04:53	1429
1931	Lauren	Porter	F	FV35		00:28:21	01:31:20	02:04:53	1430
2977	Lottie	Griffiths	F	FSENIOR		00:30:19	01:33:30	02:04:53	1431
1655	Katie	Meredith	F	FV45	CHORLTON RUNNERS	00:28:43	01:32:09	02:04:55	1432
1685	Hugh	Morgan	M	MV40		00:27:11	01:29:21	02:04:55	1433
1228	Andrew	Johnson	M	MV55		00:27:35	01:30:57	02:05:00	1434
1057	Dave	Murray	M	MSENIOR	CHORLTON RUNNERS	00:27:37	01:29:09	02:05:02	1435
130	Brian	Barnes	M	MV50	CHORLTON RUNNERS	00:27:35	01:29:10	02:05:03	1436
2299	Kara	Sttead	F	FV40	PUDSEY RUNNERS	00:29:10	01:34:08	02:05:03	1437
893	Stephen	Glover	M	MV35		00:30:26	01:36:18	02:05:04	1438
2549	Alan	Williams	M	MV55	ALTRINCHAM & DISTRICT ATHLETIC	00:28:38	01:32:11	02:05:05	1439
343	Mike	Carter	M	MV45		00:27:25	01:31:09	02:05:07	1440
2402	Richard	Turner	M	MV35		00:28:06	01:29:03	02:05:11	1441
2293	Erin	Stoll	F	FSENIOR		00:30:09	01:33:44	02:05:12	1442

1996	Leon	Bridge	M	MU20		00:28:26	01:30:18	02:05:13	1443
2343	Adrian	Thomas	M	MV40		00:29:18	01:34:40	02:05:14	1444
1356	Tony	Kane	M	MV60	ROYTON ROAD RUNNERS	00:28:57	01:31:50	02:05:15	1445
221	Robert	Boelema	M	MV50		00:27:59	01:32:40	02:05:17	1446
2201	Tracy	Shufflebottom	F	FV45	BIDDULPH RUNNING CLUB	00:29:05	01:33:48	02:05:18	1447
1103	Sabine	Hoekema	F	FV35	CLWYDIAN RANGE RUNNERS	00:28:07	01:33:30	02:05:20	1448
623	Robby	Dilworth	M	MV40		00:27:09	01:36:39	02:05:21	1449
2405	Colin	Tyrer	M	MV45		00:28:12	01:33:40	02:05:21	1450
1934	Barry	Powell	M	MV50		00:27:19	01:36:38	02:05:22	1451
2070	Sharen	Roberts	F	FV40	SWINTON RUNNING CLUB	00:29:18	01:34:46	02:05:24	1452
2749	Esme	Westmoreland	F	FSENIOR		00:28:28	01:31:27	02:05:26	1453
2769	Christian	Jones	M	MV40	SALFORD HARRIERS	00:28:11	01:33:35	02:05:29	1454
1232	Hadyn	Johnson	M	MV40	PRESTATYN RUNNING CLUB	00:27:47	01:31:48	02:05:29	1455
2358	Peter	Barnes	M	MV55	MEIRIONNYDD RUNNING CLUB	00:27:02	01:31:07	02:05:32	1456
194	Claire	Beswick	F	FV40		00:27:49	01:31:23	02:05:36	1457
71	Phillip	Allman	M	MV40		00:28:16	01:32:07	02:05:36	1458
2038	Andrew	Roberts	M	MSENIOR		00:28:23	01:31:35	02:05:37	1459
585	Sion	Davies	M	MSENIOR		00:28:23	01:31:35	02:05:37	1460
1418	Judie	Ko	F	FV50	LIVERPOOL RUNNING CLUB	00:29:52	01:32:17	02:05:38	1461
3003	Huw	Davies	M	MV45		00:27:15	01:30:28	02:05:40	1462
452	Caroline	Constable	F	FV45		00:28:44	01:34:28	02:05:40	1463
719	Keely	Elliott	F	FV40		00:29:10	01:31:32	02:05:41	1464
490	John	Courtney	M	MV40	UNATTACHED SILVER BULLETS	00:29:10	01:31:31	02:05:42	1465
2541	Simon	Wilkins	M	MV50		00:27:18	01:31:59	02:05:43	1466
1687	Richard	Morgan	M	MV45	INEPT	00:27:16	01:31:25	02:05:48	1467
1510	Terry	Long	M	MV60	PENNY LANE STRIDERS	00:28:03	01:33:26	02:05:49	1468
2938	Joseph	Hunt	M	MSENIOR		00:27:24	01:30:01	02:05:55	1469
1656	Peter	Metcalfe	M	MV40		00:26:03	01:32:33	02:05:59	1470
121	Scott	Barber	M	MV40		00:28:02	01:33:34	02:05:59	1471
2272	Michael	Starkey	M	MV50		00:28:03	01:33:35	02:05:59	1472
2865	Colin	Briody	M	MV40	FYLDE COAST RUNNERS	00:27:04	01:31:40	02:06:04	1473
269	Sally	Bromilow	F	FV40		00:28:41	01:34:51	02:06:05	1474
1789	Fran	Normansell	F	FV45		00:27:43	01:33:40	02:06:07	1475
600	Marcos	De Almeida	M	MSENIOR		00:28:49	01:33:58	02:06:08	1476
1267	David	Jones	M	MV45		00:28:09	01:32:42	02:06:09	1477
2755	Nigel	Lee	M	MV60	NEWCASTLE STAFFS AC	00:29:34	01:34:15	02:06:11	1478
724	Jon	Else	M	MV35		00:29:12	01:34:18	02:06:13	1479

1661	Adam	Miller	M	MSENIOR		00:27:59	01:33:35	02:06:15	1480
1245	Nicola	Johnston	F	FSENIOR	BLACKLEY WALK2RUN	00:27:56	01:32:48	02:06:17	1481
1584	Diane	Mason	F	FV50	SOUTH CHESHIRE HARRIERS	00:28:40	01:32:34	02:06:27	1482
846	John	Futter	M	MV40		00:27:52	01:32:36	02:06:29	1483
1850	Marika	Pacholewicz	F	FSENIOR	VICTORIA PARK RUNNING CLUB	00:28:37	01:32:29	02:06:29	1484
354	David	Casey	M	MV40	BLACKLEY WALK2RUN	00:28:00	01:33:30	02:06:30	1485
1056	Kieran	Heneghan	M	MSENIOR		00:31:35	01:31:43	02:06:37	1486
2476	Huw	Waters	M	MSENIOR		00:27:10	01:32:25	02:06:37	1487
1637	Tessa	Mcminn	F	FSENIOR		00:29:28	01:35:07	02:06:40	1488
663	Sharron	Duffy	F	FV45	HYDE VILLAGE STRIDERS	00:27:45	01:32:12	02:06:44	1489
1948	Adrian	Prince	M	MSENIOR		00:30:28	01:34:22	02:06:45	1490
2582	Michael	Williams	M	MV50	RDALE	00:24:41	01:31:45	02:06:46	1491
967	Rich	Gunn	M	MV40		00:30:40	01:36:54	02:06:49	1492
276	Danny	Brown	M	MV40		00:29:13	01:31:50	02:06:49	1493
280	Natalie	Brown	F	FSENIOR		00:29:03	01:31:51	02:06:50	1494
996	Colin	Hampson	M	MV45	RHEDWYR GLANRAFON	00:28:17	01:34:54	02:06:51	1495
2170	Lorna	Seal	F	FV45	STYAL RUNNING CLUB	00:28:51	01:33:23	02:06:52	1496
497	Adam	Crawford	M	MSENIOR		00:26:23	01:29:29	02:06:52	1497
1959	Tom	Prosser	M	MSENIOR		00:25:30	01:32:10	02:06:56	1498
441	Chris	Collings	M	MSENIOR		00:26:58	01:29:57	02:06:58	1499
363	Peter	Caulfield	M	MV70	TRENTHAM RUNNING CLUB	00:30:21	01:35:14	02:06:59	1500
1347	Mike	Jones	M	MV35		00:28:22	01:36:21	02:06:59	1501
2320	Sasha	Talbot	F	FV40	MARKET DRAYTON RUNNING CLUB	00:28:07	01:31:12	02:07:00	1502
1280	Gary	Jones	M	MSENIOR		00:28:53	01:36:21	02:07:00	1503
2710	Dave	Prosser	M	MV50	SOUTH CHESHIRE HARRIERS	00:29:30	01:34:15	02:07:01	1504
345	Paul	Carter	M	MV40		00:27:30	01:33:32	02:07:07	1505
1355	Mike	Kane	M	MV40		00:27:30	01:33:32	02:07:07	1506
73	David	Ambler	M	MV60	STOCKPORT HARRIERS	00:28:43	01:31:48	02:07:09	1507
1357	Photis	Kanellis	M	MV45		00:28:44	01:31:50	02:07:09	1508
2543	Carole	Wilkinson	F	FV55	LANCASTER AND MORECAMBE ATHLET	00:28:31	01:33:33	02:07:11	1509
870	Matthew	Gawthorpe	M	MV40		00:28:11	01:32:21	02:07:16	1510
2251	Malcolm	Sowerby	M	MV50	TRIATHLON	00:29:59	01:34:05	02:07:17	1511
1855	Nikki	Panter	F	FSENIOR	CHESTER ROAD RUNNERS	00:30:40	01:36:14	02:07:18	1512
511	Anneke	Crosby	F	FV45	RED ROSE ROAD RUNNERS	00:28:27	01:34:20	02:07:19	1513
1252	Anthony	Jones	M	MV45	WINSTON RUNNERS	00:29:23	01:33:47	02:07:20	1514
1196	Judi	Ingham	F	FV45	RED ROSE ROAD RUNNERS	00:28:27	01:34:21	02:07:21	1515
5071	Rob	Stevenson-Leggett	M	MSENIOR		00:29:30	01:32:13	02:07:22	1516

2724	Alison	Williams	F	FV50	CROSBY STORMERS	00:29:38	01:34:09	02:07:23	1517
1894	Mark	Pepper	M	MV50	MARKET DRAYTON RUNNING CLUB	00:29:09	01:32:55	02:07:23	1518
1427	Peter	Kyle	M	MV55		00:32:06	01:37:16	02:07:24	1519
5044	Kelvin	Owen	M	MSENIOR		00:29:55	01:32:35	02:07:25	1520
1883	Phil	Peake	M	MV40		00:27:42	01:32:34	02:07:27	1521
1361	Michael	Kay	M	MV45	WARRINGTON RUNNING CLUB	00:28:52	01:33:28	02:07:29	1522
1351	Robert	Jordan	M	MV45		00:28:42	01:35:19	02:07:30	1523
2083	Jon	Robins	M	MV40		00:28:28	01:35:22	02:07:30	1524
1268	Debs	Jones	F	FV50	BEAUMARIS TOWN ROAD RUNNERS	00:28:16	01:34:45	02:07:32	1525
504	John	Croall	M	MV55	LYMM RUNNERS	00:28:18	01:34:04	02:07:34	1526
1097	Tove	Hjertonsson	F	FSENIOR		00:27:53	01:32:32	02:07:34	1527
2590	Robert	Williams	M	MV55		00:28:32	01:32:41	02:07:35	1528
2286	Rob	Stewart	M	MV40		00:29:32	01:35:39	02:07:42	1529
1624	Anne	Mcgrath	F	FV35		00:28:27	01:34:23	02:07:44	1530
2762	Emma	Breen	F	FV35		00:28:28	01:34:26	02:07:45	1531
753	Sandra	Evans	F	FV45	MARKET DRAYTON RUNNING CLUB	00:29:00	01:33:06	02:07:46	1532
2330	Mal	Taylor	M	MV40	PENNY LANE STRIDERS	00:30:00	01:35:00	02:07:47	1533
2628	Cris	Wood	M	MV40		00:30:14	01:34:43	02:07:47	1534
2631	Liz	Wood	F	FV35		00:30:14	01:34:43	02:07:48	1535
3031	Paul	Hargate	M	MV40	ST HELENS STRIDERS	00:29:13	01:35:03	02:07:49	1536
2188	Rowland	Sharp	M	MV55		00:27:19	01:29:07	02:07:50	1537
1343	Tom	Jones	M	MV60	TEESDALE ATHLETIC	00:29:04	01:35:06	02:07:51	1538
548	Ian	Davidson	M	MV60		00:27:41	01:34:03	02:07:51	1539
378	Sian	Champken	F	FV45	WYE VALLEY RUNNERS	00:28:49	01:34:01	02:07:54	1540
2619	Mary	Wishart	F	FV40		00:28:17	01:32:56	02:07:54	1541
2240	Rebecca	Smith	F	FSENIOR		00:28:46	01:33:34	02:07:54	1542
1451	Claire	Lawrence	M	MV40		00:28:47	01:33:34	02:07:55	1543
1129	Deborah	Houghton	F	FV45		00:27:16	01:33:33	02:07:57	1544
2719	David John	Williams	M	MV50		00:28:02	01:35:27	02:07:58	1545
883	Paul	Gilbertson	M	MV35	LIVERPOOL RUNNING CLUB	00:29:47	01:34:18	02:07:59	1546
882	Amy	Gilbertson	F	FU20	LIVERPOOL RUNNING CLUB	00:29:50	01:34:18	02:07:59	1547
1178	Oliver	Hunt	M	MSENIOR		00:28:04	01:32:16	02:08:02	1548
2836	Francis	Filzek	M	MV60	FRANCIS FILZEK	00:27:52	01:31:00	02:08:07	1549
2061	Michael	Roberts	M	MV45	RAZZERS RUNNERS	00:29:03	01:34:29	02:08:10	1550
249	Stewart	Bradley	M	MV35		00:31:17	01:33:09	02:08:11	1551
1098	Luke	Hobbart	M	MV35		00:31:17	01:33:08	02:08:11	1552
2535	Katrina	Wightman	F	FV35	HUNCOTE HARRIERS	00:28:30	01:34:55	02:08:12	1553

2964	Magdalena	Beddoes	F	FV35		00:26:35	01:33:49	02:08:14	1554
2572	John	Williams	M	MV60	CERIST TRIATHLON	00:28:36	01:35:31	02:08:14	1555
1270	Dewi Arfon	Jones	M	MV50		00:29:54	01:34:54	02:08:15	1556
605	Colin	Deegan	M	MV45		00:30:58	01:35:02	02:08:18	1557
331	Paul	Carlile	M	MV40		00:30:55	01:35:01	02:08:18	1558
2601	Marie	Williamson	F	FV40	DERBYSHIRE DYNAMOS	00:29:01	01:34:32	02:08:19	1559
2701	Chris	Tipper	M	MV35	TRENTAM RUNNING CLUB	00:28:03	01:33:48	02:08:20	1560
139	Tristan	Barr	M	MSENIOR		00:30:50	01:33:34	02:08:23	1561
2174	Marc	Selley	M	MV45		00:31:11	01:35:35	02:08:24	1562
496	Naomi	Crane	F	FSENIOR		00:27:46	01:36:56	02:08:25	1563
2381	Susan	Tonge	F	FV55	RED ROSE ROAD RUNNERS	00:29:04	01:34:05	02:08:26	1564
689	Stewart	Edney	M	MV45		00:28:53	01:31:43	02:08:28	1565
890	Robert	Gladysz	M	MV35		00:29:30	01:34:23	02:08:29	1566
2653	Alison	Wright	F	FV45		00:31:14	01:38:06	02:08:30	1567
1876	Ruth	Parsons	F	FSENIOR	NEWCASTLE STAFFS AC	00:30:11	01:35:51	02:08:30	1568
277	Darren	Brown	M	MV40	LIVERPOOL RUNNING CLUB	00:29:19	01:34:00	02:08:32	1569
5078	Jennifer	Attard	F	FSENIOR	LIVERPOOL RUNNING CLUB	00:29:19	01:34:01	02:08:32	1570
822	Gavin	Fouracre	M	MV45		00:27:52	01:33:46	02:08:32	1571
2569	Hywel	Williams	M	MSENIOR		00:28:54	01:34:46	02:08:35	1572
1701	Jen	Morris	F	FSENIOR		00:28:54	01:34:48	02:08:35	1573
1225	Christopher	Jere	M	MV35	PARAFIT HOPLITES	00:28:41	01:32:52	02:08:36	1574
2374	Colin	Tiernan	M	MV50		00:26:49	01:31:53	02:08:37	1575
2785	Alexandra	Metcalfe	F	FSENIOR	NIKE RUN CLUB LIVERPOOL	00:28:37	01:32:28	02:08:39	1576
1823	Catrin	Owen	F	FSENIOR	NIKE RUN CLUB LIVERPOOL	00:28:36	01:32:30	02:08:39	1577
2635	Sharon	Wood	F	FV40		00:28:14	01:35:34	02:08:41	1578
800	Sharon	Flanagan	F	FV40	ATHERTON RUNNING CLUB	00:29:16	01:35:13	02:08:44	1579
2778	Colin	Kirkham	M	MV55		00:28:06	01:35:09	02:08:44	1580
323	Susan	Calvert	F	FV55	ABERGELE HARRIERS	00:28:14	01:32:32	02:08:48	1581
773	Daniel	Farrell	M	MSENIOR		00:29:05	01:34:21	02:08:49	1582
861	Amy	Garner	F	FSENIOR		00:28:09	01:33:05	02:08:53	1583
2198	Claire	Shiland	F	FSENIOR		00:28:10	01:33:07	02:08:53	1584
1145	Eleanor	Hughes	F	FSENIOR		00:28:53	01:34:01	02:08:53	1585
2271	Nicola	Stanyer	M	MV45	STOKE F.I.T	00:29:47	01:34:27	02:08:54	1586
836	Mark	Freeman	M	MV50	RAF VALLEY	00:29:29	01:34:34	02:08:55	1587
2945	Stephen	Carty	M	MSENIOR		00:28:19	01:36:02	02:08:58	1588
2054	James	Roberts	M	MV55		00:27:31	01:33:41	02:08:58	1589
2960	Tammy	Harrison-Round	F	FV35	LOSTOCK AC	00:27:50	01:35:18	02:09:01	1590

957	Rachel	Griffiths	F	FV45	MUMS TO MARATHONS	00:28:50	01:35:23	02:09:03	1591
1805	Colin	OBrien	M	MV40	PENNY LANE STRIDERS	00:30:01	01:35:43	02:09:03	1592
1807	Clare	OCallaghan	F	FSENIOR	PENNY LANE STRIDERS	00:30:39	01:35:41	02:09:07	1593
2781	Tim	Sullivan	M	MV45	RED ROSE ROAD RUNNERS	00:29:52	01:36:41	02:09:14	1594
614	Anne-Marie	Dempster	F	FV35		00:29:26	01:34:57	02:09:15	1595
1263	Colin	Jones	M	MV55		00:27:09	01:32:31	02:09:16	1596
606	Sarah	Deeks	F	FV40		00:31:08	01:37:01	02:09:19	1597
506	Ian	Croker	M	MV35		00:29:02	01:33:55	02:09:20	1598
2533	David	Wiggins	M	MV55	HELSEBY RUNNING CLUB	00:29:47	01:34:58	02:09:22	1599
1192	Chris	Igoe	M	MV50	HELSEBY RUNNING CLUB	00:29:46	01:34:58	02:09:22	1600
2534	Stephen	Wiggins	M	MSENIOR	HELSEBY RUNNING CLUB	00:29:47	01:34:58	02:09:22	1601
348	Rachel	Cartwright	F	FV35	WARRINGTON RUNNING CLUB	00:28:51	01:36:58	02:09:24	1602
1878	Girish	Patel	M	MV45	SALFORD METROPOLITAN ATHLETICS	00:30:02	01:35:44	02:09:26	1603
1108	Paul	Holland	M	MV50		00:30:01	01:35:43	02:09:26	1604
2232	Joy	Smith	F	FV50		00:29:52	01:36:01	02:09:29	1605
1415	Claire	Knight	F	FV40		00:30:26	01:36:13	02:09:30	1606
542	Nicola	Daunt	F	FV35	CITY OF CHESTER TRIATHLON CLUB	00:30:28	01:36:13	02:09:31	1607
583	Roger	Davies	M	MV60		00:29:11	01:37:38	02:09:31	1608
1971	Luke	Rafferty	M	MSENIOR		00:31:18	01:37:11	02:09:32	1609
1183	Alison	Husbands	F	FV50	BIDDULPH RUNNING CLUB	00:28:34	01:35:33	02:09:33	1610
2870	Paul	Wright	M	MV35	MUMMYS STAR	00:28:15	01:33:53	02:09:34	1611
209	David	Bishop	M	MV55		00:29:20	01:34:13	02:09:34	1612
425	Becky	Coates	F	FSENIOR	BRIDGNORTH RUNNING CLUB	00:29:57	01:34:47	02:09:41	1613
2030	Rachel	Rick	F	FV55	PENNY LANE STRIDERS	00:30:40	01:35:42	02:09:41	1614
1835	Jo	Owen	M	MSENIOR		00:27:26	01:33:49	02:09:45	1615
2906	Glen	Miller	M	MV45	GREASBY PLODDERS	00:28:38	01:35:46	02:09:48	1616
1645	Soraya	Meah	F	FV50	PENNY LANE STRIDERS	00:29:04	01:37:11	02:09:49	1617
2175	Billy	Sergeson	M	MV45	PENNY LANE STRIDERS	00:29:03	01:37:10	02:09:49	1618
2876	Brian	Hughes	M	MV50		00:29:41	01:34:55	02:09:50	1619
2921	Rachel	Tickle	F	FSENIOR	ST HELENS STRIDERS	00:29:03	01:35:16	02:09:52	1620
1622	Tim	Mcfarlane	M	MV45	CHORLTON RUNNERS	00:29:56	01:34:08	02:09:55	1621
379	Bilal	Chand	M	MV40		00:25:30	01:30:11	02:09:57	1622
1601	Steven	Mccall	M	MV55	MANCHESTER HARRIERS & AC	00:27:56	01:37:02	02:09:59	1623
1773	Jane	Nicholson	F	FV50	PENNY LANE STRIDERS	00:30:39	01:35:44	02:10:00	1624
5055	Matt	Helme	M	MV50	PENNY LANE STRIDERS	00:30:40	01:35:43	02:10:00	1625
1698	Ian	Morris	M	MV65		00:30:41	01:38:03	02:10:01	1626
1498	Nick	Livesey	M	MV40		00:28:27	01:35:07	02:10:01	1627

2065	Rebecca	Roberts	F	FSENIOR	ERYRI HARRIERS	00:28:30	01:35:08	02:10:01	1628
1369	Becca	Kelly	F	FV40		00:28:53	01:33:15	02:10:01	1629
2627	Corinne	Wood	F	FV50		00:29:19	01:36:08	02:10:01	1630
2782	Rachel	Gately	F	FSENIOR		00:31:26	01:37:07	02:10:02	1631
901	Andrew	Goodson	M	MV50		00:26:00	01:34:24	02:10:06	1632
131	Carole	Barnes	F	FV40	STOCKPORT HARRIERS	00:27:33	01:35:54	02:10:08	1633
1318	Paul	Jones	M	MV35		00:28:59	01:35:35	02:10:08	1634
1024	Stuart	Harrison	M	MSENIOR	PENNY LANE STRIDERS	00:31:46	01:36:09	02:10:10	1635
852	Susan	Gallagher	F	FSENIOR		00:29:24	01:34:11	02:10:10	1636
1921	Emma	Pitt	F	FV40		00:31:46	01:36:09	02:10:10	1637
911	Vicky	Gore	F	FV35	RED ROSE ROAD RUNNERS	00:29:07	01:35:31	02:10:10	1638
1710	Einir	Morris-Jones	F	FSENIOR		00:27:14	01:34:47	02:10:11	1639
2580	Mathew	Williams	M	MV40		00:27:47	01:32:56	02:10:12	1640
1212	Phil	James	M	MV55	OSWESTRY OLYMPIANS	00:27:08	01:34:20	02:10:14	1641
1217	Carl	Jarvis	M	MSENIOR		00:30:03	01:35:46	02:10:16	1642
2886	Alastair	Christian	M	MSENIOR		00:28:27	01:35:42	02:10:22	1643
2571	Jo	Williams	F	FV65		00:29:53	01:35:54	02:10:24	1644
2589	Rob	Williams	M	MV70		00:29:52	01:35:54	02:10:25	1645
647	Catherine	Downes	F	FV45		00:30:17	01:36:31	02:10:26	1646
1304	Laura	Jones	F	FV35	OSWESTRY OLYMPIANS	00:29:36	01:36:07	02:10:28	1647
2438	Tara	Wakfer	F	FV40		00:29:39	01:37:42	02:10:33	1648
1206	Stacey	Jackson	F	FSENIOR		00:29:23	01:33:20	02:10:33	1649
1924	Neil Andrew	Pleasant	M	MV35	OLDHAM & ROYTON HARRIERS	00:26:23	01:36:35	02:10:33	1650
2579	Martin	Williams	M	MV35		00:28:47	01:35:41	02:10:37	1651
727	David	Elstob	M	MV40		00:29:32	01:35:56	02:10:38	1652
97	Nick	Atkin	M	MV45		00:29:03	01:35:20	02:10:41	1653
1608	Francis	Mccombs	M	MV50	LIVERPOOL	00:30:24	01:36:31	02:10:41	1654
5072	Samantha	Jones	M	MSENIOR		00:29:23	01:36:06	02:10:42	1655
1272	Dominic	Jones	M	MU20		00:28:23	01:34:55	02:10:44	1656
2428	Kirsty	Vis	F	FV40	LYMM RUNNERS	00:29:48	01:36:00	02:10:45	1657
1543	Donna	Maiden	F	FV40		00:29:43	01:35:58	02:10:46	1658
2620	Paul	Wiswell	M	MV45		00:30:02	01:38:49	02:10:47	1659
2157	Kat	Saunders	F	FSENIOR	NEWCASTLE STAFFS AC	00:28:42	01:35:47	02:10:47	1660
1542	Dean	Maiden	M	MV50		00:29:42	01:35:57	02:10:48	1661
198	Ben	Bewley	M	MSENIOR	NEWCASTLE STAFFS AC	00:28:04	01:35:10	02:10:48	1662
2647	Christopher	Woollam	M	MV40		00:29:51	01:36:52	02:10:48	1663
1445	Kelly	Lavender-Smith	F	FV35	ELLESMERE PORT RUNNING CLUB	00:31:26	01:38:21	02:10:49	1664

632	Will	Doherty	M	MV55		00:29:50	01:36:52	02:10:49	1665
694	Gemma	Edwards	F	FSENIOR	ELLESMERE PORT RUNNING CLUB	00:31:25	01:38:21	02:10:49	1666
2166	Anthony	Scott	M	MV40		00:26:31	01:35:46	02:10:50	1667
2224	Anthony	Smith	M	MSENIOR		00:30:17	01:32:59	02:10:54	1668
2883	Eirian	Roberts	F	FV35		00:29:27	01:35:26	02:10:55	1669
1919	Maggie	Pierce	F	FV45		00:30:26	01:37:27	02:10:56	1670
410	Judith	Clarke	F	FV55		00:28:38	01:34:19	02:10:56	1671
1177	Martin	Hunt	M	MV50		00:29:29	01:36:42	02:10:56	1672
2152	Janine	Salter	F	FSENIOR		00:27:21	01:35:43	02:10:56	1673
808	Paul	Folly	M	MSENIOR		00:28:20	01:35:33	02:11:01	1674
2292	Deborah	Stoll	F	FV50		00:30:09	01:37:25	02:11:02	1675
60	Mudasser	Ahmed	M	MSENIOR		00:28:20	01:34:47	02:11:04	1676
832	Janet	Bankroft	F	FV35		00:30:26	01:37:41	02:11:06	1677
414	Sian	Clayton	F	FV35	WREXHAM	00:30:27	01:37:41	02:11:06	1678
2289	Matthew	Stiff	M	MV50	HEADINGTON ROAD RUNNERS	00:27:45	01:31:41	02:11:07	1679
878	Alex	Gibson	F	FV35	PARAFIT HOPLITES	00:29:10	01:35:40	02:11:08	1680
2885	Frances	Andrew	F	FV55		00:30:25	01:35:22	02:11:09	1681
2828	Amy	Wildgoose	F	FSENIOR		00:27:35	01:32:02	02:11:18	1682
2205	Angelika	Simeckova	F	FV35	PRAHA 9	00:28:46	01:38:33	02:11:18	1683
239	James	Boxall	M	MSENIOR		00:30:16	01:36:29	02:11:19	1684
406	Jill	Clark	F	FV50	HYDE VILLAGE STRIDERS	00:29:57	01:35:45	02:11:21	1685
2416	Gemma	Vardill	F	FSENIOR		00:27:15	01:35:46	02:11:23	1686
242	Mariko	Boyce	F	FSENIOR		00:28:13	01:37:18	02:11:29	1687
2936	Ian	Maddrell	M	MV35	ATHERTON RUNNING CLUB	00:29:16	01:35:14	02:11:30	1688
2685	Stephanie	Ball	F	FSENIOR	PARAFIT HOPLITES	00:29:06	01:36:24	02:11:31	1689
2487	Simon	Webb	M	MV45		00:28:42	01:37:17	02:11:34	1690
234	Carly	Bowen	F	FSENIOR		00:29:00	01:36:03	02:11:34	1691
155	Sarah	Barton	F	FSENIOR		00:31:39	01:37:03	02:11:36	1692
1372	Greg	Kelly	M	MV40	UKNETRUNNER	00:28:59	01:38:09	02:11:36	1693
1091	Daniel	Hird	M	MV35		00:30:53	01:36:07	02:11:37	1694
2853	Emma	Sargent	F	FV40		00:29:14	01:35:47	02:11:38	1695
127	Stephen	Barnard	M	MSENIOR		00:26:58	01:34:13	02:11:39	1696
2176	Nadia	Serroukh	F	FV35		00:30:55	01:38:21	02:11:39	1697
2177	Tarik	Serroukh	M	MSENIOR		00:30:54	01:38:21	02:11:40	1698
743	Joanne	Evans	F	FV35	LIVERPOOL RUNNING CLUB	00:30:17	01:37:38	02:11:42	1699
603	Paul	Dearden	M	MV35		00:25:27	01:33:40	02:11:42	1700
1967	Sheila	Quinn	F	FV55	LIVERPOOL RUNNING CLUB	00:30:21	01:37:39	02:11:42	1701

2362	Davie	Thompson	M	MSENIOR	LIVERPOOL RUNNING CLUB	00:29:50	01:37:36	02:11:42	1702
2897	Susan	Berry	F	FV50	LIVERPOOL RUNNING CLUB	00:30:16	01:37:39	02:11:43	1703
2760	John	Fogarty	M	MV45		00:29:26	01:36:00	02:11:46	1704
849	Sarah	Gallacher	F	FSENIOR		00:28:20	01:33:22	02:11:46	1705
594	Emma	Davis	F	FSENIOR	LYMM RUNNERS	00:28:10	01:37:59	02:11:50	1706
2859	Steve	Kendrick	M	MV35		00:30:39	01:36:54	02:11:52	1707
1960	Rachelle	Prothero	F	FSENIOR	WYE VALLEY RUNNERS	00:28:20	01:37:35	02:11:53	1708
1906	Katie	Phelan	F	FSENIOR		00:30:40	01:38:34	02:11:59	1709
1166	Craig	Hughes-Jones	M	MV35		00:30:41	01:38:33	02:11:59	1710
2705	Amy	Pritchard	F	FSENIOR	PARAFIT HOPLITES	00:29:06	01:36:25	02:12:00	1711
2792	Clive	Black	M	MV50		00:28:45	01:37:39	02:12:02	1712
1952	Emma	Pritchard	F	FV35		00:31:02	01:38:13	02:12:03	1713
2618	John	Wiseman	M	MV50	BRAMHALL RUNNERS	00:28:17	01:36:53	02:12:06	1714
1271	Diane	Jones	F	FV40	ABERGELE HARRIERS	00:29:55	01:36:35	02:12:09	1715
2017	Keith	Richards	M	MV55		00:30:23	01:38:38	02:12:12	1716
2143	Andras	Safranko	M	MV45		00:29:37	01:36:20	02:12:14	1717
411	Ian	Clayton	M	MV40		00:28:40	01:36:47	02:12:17	1718
226	Sean	Bond	M	MV35		00:31:28	01:39:34	02:12:18	1719
181	Don	Bennett	M	MV60	BRAMHALL RUNNERS	00:30:32	01:39:36	02:12:20	1720
1631	Hugh	Mclay	M	MV50	FYLDE COAST RUNNERS	00:31:25	01:39:33	02:12:20	1721
327	Amanda	Carbery	F	FV40		00:31:10	01:40:24	02:12:22	1722
3005	Dewi	Williams	M	MV45		00:28:14	01:35:37	02:12:25	1723
876	Christine	Gibbons	F	FV55	BRAMHALL RUNNERS	00:29:58	01:39:58	02:12:25	1724
1523	Julie	Luckman	F	FV45	OLDHAM & ROYTON HARRIERS	00:31:34	01:39:15	02:12:26	1725
407	Mike	Clark	M	MV50		00:31:52	01:38:44	02:12:26	1726
2179	Colin	Seymour	M	MV50	BELLE VUE RACERS	00:30:05	01:37:47	02:12:28	1727
2787	Stephanie	Bird	F	FV35	CHORLTON RUNNERS	00:29:34	01:37:15	02:12:32	1728
380	Jacqueline	Chapman	F	FV40		00:30:01	01:36:43	02:12:40	1729
1260	Chris	Jones	M	MV50		00:29:33	01:37:23	02:12:42	1730
1205	Paul	Jackson	M	MV50	LEIGH HARRIERS	00:29:54	01:37:24	02:12:44	1731
2332	Paul	Taylor	M	MV40		00:27:51	01:33:02	02:12:44	1732
206	Stephen	Birkett	M	MV40		00:28:10	01:34:51	02:12:45	1733
1460	Sue	Ledsom	F	FV45	ELLESMERE PORT RUNNING CLUB	00:31:30	01:40:25	02:12:53	1734
1426	Basia	Kurzak	F	FSENIOR		00:28:51	01:36:07	02:12:56	1735
1187	Andrew	Hyde	M	MSENIOR	SCARAB TRIATHLON CLUB	00:28:27	01:32:22	02:13:02	1736
2156	Sara	Satolli	F	FV35		00:28:45	01:40:12	02:13:03	1737
2893	Kurmang	Rashid	M	MV55		00:29:33	01:38:46	02:13:03	1738

1358	Catherine	Karn	F	FV50	RED ROSE ROAD RUNNERS	00:29:04	01:36:09	02:13:05	1739
2961	Sharon	Volynchook	F	FV40		00:31:22	01:38:45	02:13:06	1740
2703	Paul	Bedford	M	MV50		00:31:05	01:40:19	02:13:11	1741
2469	Philip	Warrington	M	MV60		00:29:25	01:36:55	02:13:12	1742
1390	Robert	Kerr	M	MSENIOR		00:32:42	01:38:50	02:13:16	1743
1389	Julia	Kerr	F	FSENIOR		00:32:42	01:38:50	02:13:17	1744
1446	Heidi	Laverty	F	FSENIOR		00:28:41	01:35:48	02:13:17	1745
2789	Jamie	Harris	M	MSENIOR		00:28:42	01:35:48	02:13:17	1746
2643	Peter	Wooding	M	MV45		00:31:26	01:41:09	02:13:19	1747
207	Miklos	Biro	M	MV35		00:30:50	01:39:35	02:13:20	1748
1797	Sioned	Nuss	F	FV35		00:29:43	01:37:52	02:13:25	1749
2871	Phil	Jones	M	MV35		00:30:06	01:36:45	02:13:27	1750
1957	Amy	Probert	F	FV35		00:28:26	01:36:07	02:13:28	1751
1158	Sara	Hughes	F	FSENIOR		00:31:48	01:38:37	02:13:28	1752
480	Simon	Coss	M	MSENIOR		00:29:05	01:37:08	02:13:30	1753
2274	Jules	Stead	F	FV50	PUDSEY RUNNERS	00:29:13	01:38:11	02:13:30	1754
479	Louise	Coss	F	FSENIOR		00:29:03	01:37:08	02:13:30	1755
2173	Angelina	Sellers-Hughes	F	FV35		00:30:19	01:39:12	02:13:31	1756
1153	Neil	Hughes	M	MV45		00:30:19	01:39:09	02:13:31	1757
466	Julie	Cooper	F	FV50	WARRINGTON RUNNING CLUB	00:29:10	01:35:47	02:13:37	1758
718	Ruth	Elliker	F	FV40		00:29:23	01:37:32	02:13:38	1759
1519	Dave	Lowe	M	MV35		00:29:11	01:35:47	02:13:39	1760
2638	Rachel	Woodcock	F	FV35		00:29:32	01:39:42	02:13:40	1761
2481	Jonathan	Watson	M	MV45		00:29:56	01:37:25	02:13:40	1762
1482	Lynn	Lewis	F	FV45		00:31:57	01:39:13	02:13:43	1763
2155	John	Sangster	M	MV60		00:29:02	01:35:13	02:13:45	1764
2531	Elise	Wicker	F	FSENIOR		00:29:32	01:37:16	02:13:47	1765
2994	Andrew	Beaumont	M	MV40		00:30:27	01:40:15	02:13:47	1766
2725	Lester	Gallagher	M	MV50		00:30:08	01:37:51	02:13:47	1767
785	Clare	Finch	F	FSENIOR		00:30:13	01:39:36	02:13:48	1768
1236	Neil	Johnson	M	MV35		00:31:51	01:38:39	02:13:48	1769
768	Rob	Fairest	M	MSENIOR		00:28:20	01:37:36	02:13:49	1770
1200	Paul	Islip	M	MV55		00:31:22	01:39:05	02:13:52	1771
1762	Stephen	Newell	M	MV50		00:28:57	01:35:18	02:13:54	1772
766	Marie	Fairclough	F	FV50	BRAMHALL RUNNERS	00:29:10	01:39:01	02:13:56	1773
167	Lou	Beamish	F	FV40		00:31:17	01:39:34	02:14:00	1774
2752	Caroline	Pease	F	FV50		00:31:04	01:39:17	02:14:08	1775

138	Mike	Barr	M	MV50		00:31:18	01:37:52	02:14:10	1776
2844	Jade	Morrissey	F	FSENIOR		00:29:41	01:37:11	02:14:11	1777
2953	Andrew	Kerr	M	MSENIOR		00:28:58	01:40:21	02:14:13	1778
456	Amy	Cook	F	FSENIOR		00:28:58	01:40:22	02:14:13	1779
952	Dewi	Griffiths	M	MV50	FYLDE COAST RUNNERS	00:31:08	01:38:17	02:14:15	1780
526	Jason	Cundick	M	MV40	DRAGONS RUNNING CLUB SALE	00:30:11	01:38:59	02:14:16	1781
582	Richard	Davies	M	MV40		00:29:28	01:36:28	02:14:16	1782
417	Janice	Clement	F	FV55	PENARTH AND DINAS RUNNERS	00:31:00	01:41:29	02:14:17	1783
1406	Anne	Kirby	F	FV45	ELLESMERE PORT RUNNING CLUB	00:31:31	01:41:49	02:14:18	1784
5076	Stephen	Andrews	M	MV35		00:30:21	01:38:08	02:14:18	1785
5051	Mark	Rothero	M	MV45		00:28:00	01:37:54	02:14:20	1786
2104	Richard	Rose	M	MV35		00:28:49	01:38:20	02:14:22	1787
1628	Tamsin	Mckelvey	F	FSENIOR		00:30:32	01:39:12	02:14:25	1788
1026	Gwyneth	Harrison-Shermoen	F	FSENIOR		00:30:28	01:38:52	02:14:27	1789
541	Andrew	Dasey	M	MV35	NEWCASTLE STAFFS AC	00:29:26	01:37:54	02:14:29	1790
545	Alan	Davidson	M	MV40		00:30:11	01:38:50	02:14:32	1791
233	Ron	Bowcock	M	MV45	PENNY LANE STRIDERS	00:30:11	01:38:51	02:14:32	1792
1699	Ioan	Morris	M	MV45		00:31:16	01:39:17	02:14:35	1793
1359	Claire	Kavanagh	F	FV45		00:29:17	01:37:44	02:14:35	1794
1690	Carly	Morris	F	FV35		00:31:18	01:39:18	02:14:35	1795
189	Sandra	Bentley	F	FV45	WIDNES WASPS	00:29:42	01:40:10	02:14:36	1796
1653	Drew	Mercer	M	MV50	CITY OF HULL AC	00:31:22	01:38:48	02:14:37	1797
2182	Fiona	Seymour	F	FV50	BELLE VUE RACERS	00:30:49	01:40:23	02:14:39	1798
802	Samuel	Fletcher	M	MSENIOR		00:28:48	01:32:45	02:14:41	1799
2996	Joanne	Gatcliffe	F	FV40		00:29:44	01:40:01	02:14:42	1800
2069	Sarah	Roberts	F	FSENIOR		00:29:21	01:38:44	02:14:44	1801
2499	Theresa	Welsh	F	FSENIOR		00:29:07	01:35:42	02:14:45	1802
387	Suzanne	Cheatle	F	FV40		00:32:11	01:41:27	02:14:49	1803
2467	Richie	Warriner	M	MV35		00:28:31	01:39:23	02:14:53	1804
1770	David	Niblock	M	MV55	FYLDE COAST RUNNERS	00:30:52	01:40:32	02:14:55	1805
1176	Dawn	Hunt	F	FV45		00:29:43	01:37:30	02:14:55	1806
2645	Susie	Woods	F	FV45	CITY OF CHESTER TRIATHLON CLUB	00:30:24	01:39:00	02:15:00	1807
137	Andrea	Baron	F	FV35	ABERGELE HARRIERS	00:30:36	01:38:48	02:15:00	1808
1448	Sean	Lavery	M	MSENIOR		00:32:40	01:39:23	02:15:05	1809
286	Thomas	Bryant	M	MV35		00:31:06	01:39:19	02:15:06	1810
2350	Katie	Thomas	F	FV40	LAWLEY RUNNING CLUB	00:29:56	01:39:27	02:15:06	1811
486	Andrew	Cottrell	M	MV35		00:32:39	01:39:23	02:15:06	1812

1449	Valerie	Law	F	FV45		00:32:30	01:39:22	02:15:06	1813
2363	Michael	Thompson	M	MSENIOR		00:29:56	01:39:27	02:15:07	1814
887	Sylvia	Gittins	F	FV65	LYTHAM ST ANNES ROAD RUNNERS	00:29:19	01:41:17	02:15:07	1815
1081	Michelle	Hill	F	FV40		00:30:29	01:38:14	02:15:07	1816
2869	Hannah	James	F	FV35		00:31:08	01:39:15	02:15:08	1817
2304	Rebecca	Styles	F	FV40	BRAMHALL RUNNERS	00:30:50	01:41:58	02:15:18	1818
111	Dave	Bailey	M	MV40	SPIDERTOE	00:29:27	01:38:07	02:15:18	1819
1256	Cath	Jones	F	FV50	BRAMHALL RUNNERS	00:30:49	01:41:56	02:15:19	1820
2262	Matthew	Staff	M	MV35		00:30:19	01:37:55	02:15:22	1821
2616	Julie	Winstanley	F	FV55	ELLESMERE PORT RUNNING CLUB	00:31:32	01:41:50	02:15:22	1822
1978	Emma	Ratchford	F	FV40		00:32:19	01:40:06	02:15:26	1823
1904	Colin	Pheasant	M	MV60	CHASE HARRIERS	00:30:23	01:41:51	02:15:27	1824
1150	Lynsey	Hughes	F	FSENIOR		00:31:59	01:39:39	02:15:27	1825
5045	Louisa	Godwin	F	FSENIOR		00:29:13	01:41:35	02:15:30	1826
2161	Alex	Scargill	M	MV35		00:30:18	01:39:19	02:15:32	1827
1727	Louise	Mulhern	F	FV45		00:30:20	01:39:32	02:15:32	1828
1927	Jo	Podolanski	F	FV45	BRAMHALL RUNNERS	00:30:55	01:41:39	02:15:32	1829
2868	Jon	Clare	M	MV40	BRAMHALL RUNNERS	00:30:54	01:41:38	02:15:33	1830
1728	Ultan	Mulhern	M	MV45		00:30:20	01:39:30	02:15:33	1831
2259	Phil	Spilsbury	M	MV45		00:30:34	01:39:27	02:15:37	1832
1815	Richard	OKeeffe	M	MV40		00:30:06	01:41:30	02:15:38	1833
1084	Gemma	Hillary	F	FSENIOR		00:29:51	01:39:57	02:15:38	1834
1292	Jill	Jones	F	FV40		00:30:48	01:40:44	02:15:38	1835
1174	Michael	Humphreys	M	MV50		00:30:06	01:41:30	02:15:39	1836
112	Ian	Baillie	M	MV70		00:28:34	01:37:28	02:15:41	1837
160	Matt	Batterbee	M	MSENIOR		00:31:53	01:41:01	02:15:43	1838
2281	Paula	Stevens	F	FV45	GOG TRIATHLON CLUB	00:31:10	01:40:15	02:15:43	1839
1043	Lisa	Hayhurst	F	FSENIOR	HYDE VILLAGE STRIDERS	00:31:37	01:40:56	02:15:44	1840
575	Michael	Davies	M	MV70		00:30:47	01:40:21	02:15:48	1841
2851	Jonathan Edward	Davies	M	MV45	HASH HOUSE HARRIERS	00:30:44	01:40:19	02:15:48	1842
1977	Liz	Rankin	F	FV40	WHITCHURCH WHIPPETS	00:30:35	01:41:42	02:15:50	1843
551	Amy	Davies	F	FSENIOR		00:29:52	01:38:47	02:15:52	1844
439	Andrew	Collin	M	MV60		00:29:27	01:40:06	02:15:54	1845
2593	Tayla	Williams	F	FSENIOR		00:27:55	01:37:50	02:15:54	1846
1031	Paula	Hartharn-Evans	F	FV45	MUMS TO MARATHONS	00:30:38	01:41:58	02:15:54	1847
2164	Claire	Scoots	F	FSENIOR		00:30:31	01:39:56	02:15:54	1848
429	Andrea	Cody	F	FSENIOR		00:30:31	01:39:55	02:15:55	1849

316	Alison	Butler	F	FV35		00:30:39	01:41:59	02:15:55	1850
1367	Kathryn	Keeling	F	FSENIOR		00:31:30	01:41:45	02:15:58	1851
780	Rachel	Fell	F	FV40		00:30:54	01:39:49	02:16:06	1852
373	Richard	Chamberlain	M	MV50		00:30:31	01:38:04	02:16:10	1853
182	Harold	Bennett	M	MV50		00:31:34	01:40:28	02:16:12	1854
834	Sharon	Fraser	F	FV45	ELLESMERE PORT RUNNING CLUB	00:31:35	01:43:05	02:16:14	1855
2172	Jacqueline	Seeney	F	FV50		00:29:57	01:39:40	02:16:18	1856
960	Sioned	Griffiths	F	FSENIOR		00:31:19	01:39:12	02:16:22	1857
1898	Jennifer	Perkins	M	MV40		00:30:20	01:39:42	02:16:23	1858
2629	Hannah	Wood	F	FSENIOR		00:31:43	01:40:46	02:16:23	1859
335	Paul	Carr	M	MV60	ST HELENS STRIDERS	00:29:12	01:37:56	02:16:25	1860
2460	Gary	Ward	M	MSENIOR	ST HELENS STRIDERS	00:29:11	01:37:54	02:16:25	1861
1943	Hayley	Price	F	FV35		00:29:32	01:39:43	02:16:27	1862
862	Anastasia	Garnett	F	FSENIOR		00:31:48	01:40:17	02:16:28	1863
1582	Jessica	Loveland	F	FV35		00:31:43	01:40:38	02:16:31	1864
844	Ann	Frost	F	FV55		00:31:18	01:40:23	02:16:34	1865
1586	Sarah	Massey	F	FV40		00:29:01	01:38:23	02:16:36	1866
1504	Jennifer	Lloyd	F	FV35		00:30:53	01:41:03	02:16:38	1867
1568	Kate	Marshall	F	FSENIOR		00:30:30	01:40:33	02:16:38	1868
272	Liz	Brookes	F	FV50		00:29:51	01:39:07	02:16:40	1869
1652	Shuang	Meng	F	FSENIOR		00:32:08	01:41:29	02:16:42	1870
2831	Kai	Samlofski	M	MV40		00:29:35	01:37:22	02:16:42	1871
2830	Dave	Antrobus	M	MV45	CITY OF CHESTER TRIATHLON CLUB	00:29:36	01:37:23	02:16:43	1872
1979	Jason	Raven	M	MSENIOR		00:26:17	01:38:46	02:16:43	1873
2107	David	Ross	M	MV40		00:31:07	01:41:42	02:16:44	1874
2112	Judith	Ross	F	FV45		00:31:12	01:41:41	02:16:44	1875
1171	Elaine	Hulse	F	FV50	ELLESMERE PORT RUNNING CLUB	00:31:53	01:43:05	02:16:45	1876
230	Carolyn	Bott	F	FV50	ELLESMERE PORT RUNNING CLUB	00:31:48	01:43:05	02:16:46	1877
516	Terry	Crowther	M	MV40		00:29:48	01:38:27	02:16:47	1878
2803	Ant	Woodbine	F	FU20		00:32:17	01:41:51	02:16:48	1879
514	Hannah	Crowther	F	FSENIOR	CHORLTON RUNNERS	00:29:46	01:38:25	02:16:48	1880
2995	Cai	Roberts	M	MSENIOR		00:31:25	01:40:41	02:16:49	1881
2918	Kelly	Alford	F	FSENIOR		00:31:25	01:40:39	02:16:49	1882
54	Kenneth	Ackers	M	MV60	MIDDLETON HARRIERS	00:31:58	01:41:03	02:16:51	1883
2080	Isabel	Robertson	F	FV50		00:32:25	01:42:21	02:16:53	1884
2057	Lynne	Roberts	F	FV55		00:31:08	01:42:43	02:16:58	1885
1697	George	Morris	M	MSENIOR		00:30:41	01:41:29	02:16:59	1886

1478	Claire	Lewis	F	FV40		00:30:49	01:41:32	02:16:59	1887
2591	Russell	Williams	M	MSENIOR		00:27:06	01:33:59	02:17:03	1888
2351	Liz	Thomas	F	FV45		00:30:20	01:39:44	02:17:05	1889
364	Peter	Causton	M	MV45		00:30:06	01:39:45	02:17:10	1890
5048	Kathleen	Cooper	F	FV35		00:29:52	01:40:29	02:17:13	1891
1348	Rebecca	Jones-Reading	F	FV45		00:31:08	01:41:28	02:17:15	1892
1651	Stephanie	Mememory	F	FV45		00:34:15	01:43:36	02:17:17	1893
792	Rory	Fish	M	MV50		00:31:49	01:41:00	02:17:21	1894
3025	Michelle	Pearson	F	FV40		00:30:35	01:42:29	02:17:22	1895
565	Josie	Davies	F	FV50	NWRRRC	00:28:10	01:39:33	02:17:24	1896
1109	Paul	Holland	M	MV45		00:28:29	01:41:03	02:17:25	1897
2796	Paul	Sanders	M	MSENIOR	GOG TRIATHLON CLUB	00:28:46	01:40:20	02:17:28	1898
1130	Nicole	Van Den Wittenboer	F	FV45	DRAGONS RUNNING CLUB SALE	00:30:06	01:41:21	02:17:31	1899
2185	Nichola	Seymour	F	FV35		00:31:59	01:41:39	02:17:32	1900
2310	Helen	Sumner	F	FSENIOR		00:32:00	01:41:40	02:17:33	1901
2697	Catherine	Hayle	F	FV35		00:31:20	01:40:27	02:17:35	1902
2361	Sally	Thomas-Davies	F	FSENIOR		00:30:46	01:40:10	02:17:36	1903
1768	Chris	Newton	M	MSENIOR		00:30:51	01:40:07	02:17:37	1904
1520	Hayley	Lowe	F	FV40		00:30:50	01:41:36	02:17:46	1905
1809	Katy	OConnor	F	FV50	LYMM RUNNERS	00:30:24	01:42:21	02:17:51	1906
2218	Jenna	Small	F	FSENIOR		00:31:09	01:41:33	02:17:59	1907
117	Nina	Ballard	F	FV45		00:31:41	01:39:11	02:17:59	1908
1654	Helen	Meredith	F	FV40		00:29:47	01:38:20	02:18:01	1909
1461	George	Lee	M	MV45		00:29:12	01:40:00	02:18:03	1910
2856	Roy	Haggett	M	MV35		00:29:39	01:38:30	02:18:04	1911
2940	Ian	Cassidy	M	MSENIOR		00:26:55	01:39:28	02:18:07	1912
113	Ceri	Baker	F	FSENIOR		00:30:38	01:41:41	02:18:08	1913
2766	Jade	Johnson	F	FSENIOR		00:32:10	01:41:40	02:18:09	1914
590	Charlotte	Davis	F	FSENIOR	RIVERSWAY ROAD RUNNERS	00:30:36	01:42:17	02:18:09	1915
1718	Jo	Moss	F	FSENIOR		00:32:12	01:41:42	02:18:10	1916
2008	Darren	Rhodes	M	MV40		00:26:55	01:38:00	02:18:11	1917
2511	John	Whitby	M	MV45		00:31:11	01:42:14	02:18:12	1918
2423	Ffion	Verburg	F	FV50	CYBI STRIDERS	00:29:11	01:40:26	02:18:16	1919
2520	Jessica	Whitehead	F	FSENIOR		00:30:15	01:40:58	02:18:17	1920
1730	Stephen	Mullan	M	MSENIOR		00:30:15	01:40:58	02:18:17	1921
2117	Ian	Rothwell	M	MV40		00:28:10	01:40:42	02:18:23	1922
791	Diane	Fish	F	FV50		00:31:50	01:41:01	02:18:25	1923

1421	Collette	Kolokotroni	M	MV35	MUMS TO MARATHONS	00:30:39	01:42:18	02:18:25	1924
2268	Caron	Stanley	F	FV45	HYDE VILLAGE STRIDERS	00:31:46	01:43:24	02:18:28	1925
644	Chris	Dorrington	M	MV45	HYDE VILLAGE STRIDERS	00:31:47	01:43:25	02:18:28	1926
423	Craig	Cluney	M	MV45	LRC	00:29:49	01:38:16	02:18:31	1927
2058	Marc	Roberts	M	MSENIOR		00:29:36	01:36:22	02:18:35	1928
1028	Carol	Hart	F	FV50	SWINTON RUNNING CLUB	00:32:43	01:44:22	02:18:43	1929
2144	Chris	Sagar	M	MV45	HYDE VILLAGE STRIDERS	00:30:46	01:42:16	02:18:47	1930
438	Helen	Collier	F	FV35		00:29:27	01:41:20	02:18:48	1931
684	Helen	Eaton	F	FV40		00:30:36	01:43:03	02:18:48	1932
2825	Carla	Lauder	F	FV35		00:31:13	01:40:28	02:18:51	1933
2599	David	Williamson	M	MV40		00:30:06	01:41:03	02:18:52	1934
570	Llinos	Davies	F	FV35	RUN4ALL RUNNING CLUB	00:30:34	01:40:58	02:19:00	1935
617	Rachel	Dennison	F	FSENIOR	CHORLTON RUNNERS	00:29:49	01:41:38	02:19:07	1936
2887	Georgia	Smith	F	FSENIOR		00:27:22	01:37:18	02:19:10	1937
1438	Daniel	Landek	M	MSENIOR		00:28:07	01:41:22	02:19:12	1938
2772	Jude	Evans	F	FV45	MEIRIONNYDD RUNNING CLUB	00:32:10	01:44:04	02:19:15	1939
391	Lifeng	Chen	F	FV35		00:30:32	01:42:54	02:19:21	1940
278	Jennifer	Brown	F	FV40		00:29:37	01:41:09	02:19:26	1941
2216	Richard	Sleight	M	MV35		00:26:00	01:37:04	02:19:26	1942
1497	Emily	Littlehales	F	FSENIOR		00:31:50	01:43:54	02:19:27	1943
2659	Karina	Wrigley	F	FV35		00:28:22	01:38:58	02:19:34	1944
569	Llinos	Davies	F	FV55		00:30:07	01:40:50	02:19:39	1945
702	Sion	Edwards	M	MSENIOR		00:27:17	01:39:26	02:19:41	1946
291	Annabelle	Buky	F	FV55	ANDREW BUKY	00:30:41	01:42:00	02:19:41	1947
899	Adele	Gold	F	FV40	KIRKBY MILERS AC	00:31:01	01:40:53	02:19:42	1948
1592	Allison	Maybrey	F	FV40		00:30:38	01:43:34	02:19:43	1949
395	Alex	Chialton	F	FSENIOR		00:31:01	01:40:54	02:19:43	1950
454	Mary	Conway	F	FV55	RED ROSE ROAD RUNNERS	00:29:00	01:42:44	02:19:46	1951
557	Francesca	Davies	F	FV40	ELLESMERE PORT RUNNING CLUB	00:31:52	01:44:03	02:19:48	1952
65	John	Albutt	M	MV60		00:31:43	01:42:22	02:19:49	1953
648	Tanya	Downes	F	FV40	HELSEBY RUNNING CLUB	00:30:35	01:42:48	02:19:49	1954
1041	Colin	Hawkins	M	MV45	BUCKLEY RUNNERS	00:30:53	01:42:49	02:19:56	1955
1707	Pauline	Morris	F	FSENIOR		00:31:15	01:43:33	02:19:56	1956
2128	Susan	Royal	F	FV50	VILLAGE HYDE STRIDERS	00:31:49	01:42:29	02:19:59	1957
1168	David	Hulbert	M	MV40		00:32:30	01:44:34	02:20:04	1958
1767	Paul	Newsome	M	MSENIOR		00:30:54	01:43:47	02:20:05	1959
1402	Tony	King	M	MV60		00:31:31	01:42:07	02:20:13	1960

201	Pip	Billings	F	FV40		00:32:16	01:44:29	02:20:26	1961
1214	Lindsay	Janyckyj	F	FSENIOR		00:31:41	01:42:45	02:20:27	1962
1363	Jackie	Keasley	F	FV55	HELSEBY RUNNING CLUB	00:30:36	01:42:48	02:20:34	1963
776	Jo	Farwell	F	FV45	HELSEBY RUNNING CLUB	00:30:35	01:42:48	02:20:34	1964
2129	Liz	Royles	F	FV35		00:30:09	01:44:25	02:20:34	1965
1583	Tuni	Masi	M	MV35		00:30:34	01:41:28	02:20:35	1966
1810	Liz	OConnor	F	FV35		00:30:34	01:41:28	02:20:35	1967
1254	Callum	Jones	M	MSENIOR		00:28:55	01:41:40	02:20:36	1968
3018	Ceri	Jones	F	FSENIOR	NWRRRC	00:29:50	01:38:48	02:20:44	1969
756	Darren	Griss	M	MSENIOR	NWRRRC	00:29:45	01:38:46	02:20:44	1970
2819	Hero	Douglas	F	FU20		00:33:47	01:46:34	02:20:47	1971
1019	Carl	Harris	M	MSENIOR		00:29:37	01:39:06	02:20:48	1972
1905	Antony	Phelan	M	MV50		00:30:45	01:41:45	02:20:49	1973
1740	Peter	Murray	M	MV40	HYDE VILLAGE STRIDERS	00:31:03	01:42:26	02:20:52	1974
1936	Michelle	Powner	F	FV50	TRENTHAM RUNNING CLUB	00:32:21	01:45:50	02:20:53	1975
2625	Magdalena	Wolynska	F	FSENIOR		00:31:17	01:41:51	02:20:53	1976
956	Paul	Griffiths	M	MV45		00:29:44	01:40:44	02:20:56	1977
1321	Peter	Jones	M	MV45		00:29:44	01:40:44	02:20:57	1978
5065	Elizabeth	Burnside	M	FV45		00:30:30	01:42:22	02:21:00	1979
451	Brian	Connell	M	MV50		00:31:38	01:42:38	02:21:01	1980
1007	Sue	Hargreaves	F	FV45		00:31:40	01:42:40	02:21:01	1981
289	Rebecca	Budski	F	FV40		00:29:26	01:42:54	02:21:02	1982
2111	Helen	Ross	F	FV35		00:29:25	01:42:16	02:21:04	1983
1128	Bethan	Houghton	F	FV40		01:41:05	00:00:00	02:21:06	1984
1155	Paul	Hughes	M	MV45		00:29:21	01:41:02	02:21:08	1985
144	Gemma	Barrett	F	FSENIOR		00:29:24	01:41:56	02:21:10	1986
661	Jonathan	Duffy	M	MV50		00:31:51	01:46:05	02:21:11	1987
2920	Liz	Phillips	M	MV35	ROYTON ROAD RUNNERS	00:32:53	01:45:22	02:21:11	1988
1609	Jeanette	Mccormack	M	MV55	KIRKBY STORMERS	00:30:24	01:44:01	02:21:14	1989
2939	Craig	Etchells	M	MV40		00:30:39	01:43:12	02:21:15	1990
1373	Ian	Kelly	M	MV55		00:29:34	01:40:28	02:21:19	1991
969	Marie	Guttridge	F	FV35		00:30:25	01:44:01	02:21:21	1992
274	Catherine	Broom	F	FV50		00:33:55	01:47:01	02:21:22	1993
353	Helen	Casbon	F	FV45	EYE COMMUNITY RUNNERS	00:31:15	01:44:29	02:21:23	1994
1432	Amanda	Lancaster	F	FSENIOR	CITY OF CHESTER TRIATHLON CLUB	00:31:16	01:41:30	02:21:25	1995
546	Ann	Davidson	F	FV60	PURPLE PATCH RUNNERS	00:29:18	01:39:15	02:21:26	1996
549	Sharon	Davidson	F	FV35	PURPLE PATCH RUNNERS	00:29:18	01:39:16	02:21:26	1997

2388	Ian	Trencher	M	MV35		00:30:53	01:43:54	02:21:29	1998
1420	Katie	Kocik	F	FSENIOR		00:32:09	01:43:53	02:21:32	1999
2812	Tereza	Hubackova	M	MSENIOR		00:31:09	01:42:20	02:21:34	2000
742	Joanne	Evans	F	FV45		00:34:06	01:45:24	02:21:35	2001
1641	Amanda	Mcphee	F	FV35		00:30:39	01:43:54	02:21:36	2002
5074	Mark	Kenny	M	MSENIOR		00:29:56	01:41:23	02:21:39	2003
1646	Louise	Melbourne	F	FV45		00:33:41	01:46:06	02:21:40	2004
153	Vicki	Bartlett	F	FV40		00:29:59	01:43:32	02:21:41	2005
2757	Adrian	Williams	M	MV35		00:29:59	01:43:32	02:21:41	2006
2114	Amanda	Rosser	M	MSENIOR	READING ROADRUNNERS	00:30:19	01:43:55	02:21:44	2007
1581	Tracey	Martin	F	FV35	WIDNES WASPS	00:31:46	01:44:18	02:21:48	2008
2598	Rachael	Williams	F	FSENIOR		00:32:22	01:46:19	02:21:48	2009
2556	Carla	Williams	F	FSENIOR		00:32:23	01:46:20	02:21:48	2010
1517	Maria	Lorenzini	F	FV45		00:33:21	01:45:48	02:21:49	2011
636	Sarah	Done	F	FV40		00:32:52	01:44:39	02:21:50	2012
635	Christian	Done	M	MV40		00:32:51	01:44:39	02:21:50	2013
2973	John	Dickson	M	MV60		00:30:27	01:44:12	02:21:51	2014
674	Halandra	Dyer	F	FU20		00:30:55	01:44:07	02:21:51	2015
2319	Deborah	Tagg	F	FV50		00:32:57	01:45:08	02:21:53	2016
2965	Sarah	Marriott	F	FV35		00:30:12	01:45:47	02:21:54	2017
2024	Carole	Richardson	F	FV35	BEAUMARIS TOWN ROAD RUNNERS	00:30:02	01:45:47	02:21:55	2018
1096	Jacqueline	Hislop	F	FV45	WREXHAM AAC	00:30:48	01:41:40	02:21:57	2019
673	Jason	Dwan	M	MV40	BUCKLEY RUNNERS	00:30:54	01:42:49	02:21:57	2020
2552	Andrew	Williams	M	MV45		00:30:56	01:43:35	02:22:01	2021
963	Ben	Grundy	M	MV60		00:29:23	01:37:27	02:22:03	2022
889	Douglas	Gladwin	M	MV50	BUNGAY BLACK DOG	00:30:49	01:43:56	02:22:04	2023
1253	Ben	Jones	M	MSENIOR		00:31:04	01:44:36	02:22:05	2024
1758	Megan	New	F	FV40	ABERGELE HARRIERS	00:29:21	01:42:01	02:22:08	2025
1490	Michelle	Lindfield	F	FV35		00:29:24	01:42:05	02:22:08	2026
2357	Richard	Thomas	M	MV45		00:30:29	01:48:54	02:22:10	2027
1466	Simon	Leeson	M	MV50		00:29:19	01:39:09	02:22:13	2028
1465	Abigail	Leeson	F	FSENIOR		00:29:18	01:39:08	02:22:13	2029
472	Susan	Copper	F	FSENIOR		00:31:54	01:44:47	02:22:18	2030
2105	Kevin	Roskell	M	MSENIOR		00:32:09	01:43:41	02:22:20	2031
55	Shelagh	Ackers	F	FV55	MIDDLETON HARRIERS	00:32:18	01:46:38	02:22:27	2032
2021	Emma	Richards	F	FSENIOR		00:31:06	01:45:37	02:22:31	2033
120	Maria	Banwell	F	FV45		00:30:55	01:43:02	02:22:32	2034

2360	Steffan	Thomas	M	MSENIOR	RHOSNEIGR RUNNERS	00:29:18	01:40:36	02:22:33	2035
2385	Charla	Torkington	F	FV35	BRAMHALL RUNNERS	00:31:30	01:45:31	02:22:34	2036
2383	Kevin	Tooby	M	MV55		00:32:21	01:46:38	02:22:37	2037
1061	Turbo	Henthorn	M	MV55		00:32:16	01:45:08	02:22:40	2038
865	Laura	Garrod	F	FSENIOR	BLACKLEY WALK2RUN	00:32:16	01:45:08	02:22:40	2039
818	Craig	Fothergill	M	MV45		00:31:43	01:41:16	02:22:42	2040
997	Thomas	Hampton	M	MV55	VICTORIA PARK RUNNING CLUB	00:30:48	01:44:01	02:22:45	2041
2345	Ben	Thomas	M	MSENIOR		00:28:07	01:36:32	02:22:47	2042
2103	Garnet	Ronander	M	MV40		00:31:34	01:43:35	02:22:49	2043
2890	Katie	Allen	F	FV35		00:31:25	01:42:53	02:22:53	2044
586	Susie	Davies	F	FV35		00:31:24	01:42:52	02:22:53	2045
1221	Katie	Jones	F	FSENIOR		00:31:25	01:42:52	02:22:54	2046
487	Donna	Cottrell	F	FSENIOR	MUMS TO MARATHONS	00:32:42	01:45:58	02:22:54	2047
1915	Keith	Pickering	M	MV55		00:29:08	01:45:08	02:22:54	2048
980	Julie	Haldon	F	FV35	MUMS TO MARATHONS	00:32:42	01:45:59	02:22:55	2049
142	Peter	Barratt	M	MV35		00:31:57	01:45:29	02:22:59	2050
2712	Tracy	Chaplin	F	FV35		00:31:57	01:45:29	02:22:59	2051
1215	Roy	Jardine	M	MV65	ERYRI HARRIERS	00:30:12	01:45:44	02:23:01	2052
2902	Leon	Valdes	M	MV45		00:28:29	01:42:05	02:23:02	2053
1046	Jonathan	Hazlehurst	M	MSENIOR		00:29:23	01:41:48	02:23:04	2054
920	Julie	Grandidge	F	FSENIOR		00:30:33	01:44:41	02:23:05	2055
1435	Jayne	Land	F	FV45		00:31:57	01:46:22	02:23:10	2056
246	Fiona	Bradley	F	FV40		00:31:31	01:45:45	02:23:10	2057
159	Michelle	Batho	F	FV45		00:33:00	01:44:54	02:23:11	2058
2442	Hannah	Walker	F	FSENIOR		00:33:00	01:44:54	02:23:11	2059
1437	Paul	Land	M	MV45		00:31:57	01:46:22	02:23:11	2060
627	Gary	Dixon	M	MV50	100 MARATHON CLUB	00:31:31	01:44:04	02:23:14	2061
134	Carmel	Barnett	F	FV55	ELLESMERE PORT RUNNING CLUB	00:31:56	01:46:02	02:23:14	2062
3010	Amy	Croxton	F	FSENIOR		00:28:09	01:40:05	02:23:14	2063
1345	Wayne	Jones	M	MV55		00:30:49	01:43:04	02:23:18	2064
752	Sally	Evans	F	FV40		00:32:27	01:46:16	02:23:26	2065
660	Jasmine	Duffy	F	FSENIOR	HYDE VILLAGE STRIDERS	00:31:27	01:43:23	02:23:26	2066
1521	Steve	Lowe	M	MV55	NEWCASTLE STAFFS AC	00:31:20	01:43:50	02:23:30	2067
2247	Marcus	Somerfield	M	MV50	CHRISTCHURCH WHIPPETS	00:27:21	01:42:32	02:23:33	2068
1189	Paul	Hynes	M	MV50	HYDE VILLAGE STRIDERS	00:31:47	01:44:11	02:23:34	2069
1891	Mags	Pennington	F	FV40		00:29:38	01:44:38	02:23:34	2070
1477	Carl	Lewis	M	MSENIOR		00:30:08	01:45:11	02:23:36	2071

2786	Claire	Mitchell	F	FSENIOR		00:29:35	01:41:13	02:23:37	2072
1083	Sarah	Hill	F	FV35		00:31:35	01:46:06	02:23:42	2073
1054	Eric	Henderson	M	MV35		00:27:11	01:41:07	02:23:42	2074
2459	Emma	Ward	F	FSENIOR		00:30:36	01:43:30	02:23:58	2075
1786	Maria	Norfolk	F	FSENIOR		00:30:37	01:43:31	02:23:58	2076
2025	David	Richardson	M	MV50		00:31:10	01:47:56	02:24:02	2077
168	Peter	Beardsley	M	MV45		00:28:58	01:41:44	02:24:02	2078
349	Sarah	Cartwright	F	FV45	SHROPSHIRE SHUFFLERS	00:31:01	01:45:15	02:24:06	2079
723	Matthew	Elsdon	M	MV40		00:31:52	01:46:46	02:24:09	2080
2109	Frankie	Ross	F	FV45		00:33:47	01:49:44	02:24:20	2081
1121	Polly	Hornby	F	FV35		00:32:06	01:45:00	02:24:22	2082
2359	Sabrina	Thomas	F	FSENIOR	LAWLEY RUNNING CLUB	00:31:04	01:46:28	02:24:27	2083
593	Simon	Davis	M	MV35		00:34:08	01:48:11	02:24:35	2084
1472	Ruth	Lester	F	FV40		00:32:24	01:47:27	02:24:39	2085
966	Debbie	Guest	F	FV40	WARRINGTON RUNNING CLUB	00:32:25	01:47:27	02:24:39	2086
213	Nicola	Blacknell	F	FV40		00:31:35	01:44:55	02:24:42	2087
212	Daniel	Blacknell	M	MV45		00:31:34	01:44:54	02:24:42	2088
2233	Julie	Smith	F	FV35		00:30:41	01:41:50	02:24:45	2089
2490	Sam	Webber	M	MSENIOR		00:32:12	01:46:42	02:24:55	2090
2489	Helen	Webber	F	FV55		00:32:21	01:46:42	02:24:55	2091
2413	Sue	Utting	F	FV65		00:32:20	01:46:43	02:24:56	2092
2290	Martin	Stirna	M	MV60	SOUTH CHESHIRE HARRIERS	00:33:43	01:46:33	02:24:58	2093
915	Claire	Graham	F	FV40		00:33:39	01:46:34	02:25:05	2094
2202	Lee	Shuttleworth	M	MV40		00:31:03	01:46:05	02:25:05	2095
447	Sally	Comfort	F	FV35		00:31:09	01:45:17	02:25:07	2096
1930	Laila	Popper	F	FV45		00:33:43	01:49:02	02:25:12	2097
2904	Sarah	Williams	F	FSENIOR		00:32:29	01:49:01	02:25:29	2098
1612	Matthew	Mccullagh	M	MSENIOR		00:32:10	01:44:35	02:25:34	2099
2767	Jon Andrew	Liptrot	M	MSENIOR		00:32:09	01:44:36	02:25:35	2100
217	Holly	Blakemore	F	FSENIOR	WARRINGTON RUNNING CLUB	00:31:36	01:47:10	02:25:43	2101
1296	Joseph	Jones	M	MV50		00:30:48	01:43:32	02:25:44	2102
2393	Naiomi	Tudor	F	FSENIOR		00:30:56	01:46:12	02:25:48	2103
564	Jacqui	Davies	F	FV50	MUMS TO MARATHONS	00:32:09	01:48:20	02:25:51	2104
1615	Sarah	Mcdermott	F	FV35	LYMM RUNNERS	00:32:00	01:48:10	02:25:52	2105
2773	Jackie	Birks	F	FV45		00:32:30	01:45:20	02:25:52	2106
100	Jeanette	Attwood	F	FV45		00:32:09	01:48:19	02:25:54	2107
819	Linda	Fothergill	F	FV45		00:31:43	01:48:26	02:25:57	2108

1436	Nikki	Land	F	FSENIOR		00:29:47	01:41:15	02:26:01	2109
2583	Nigel	Williams	M	MV50		00:32:10	01:48:38	02:26:14	2110
2881	Aadil	Fazal	M	MSENIOR		00:32:21	01:47:11	02:26:27	2111
104	Jessica	Bagguley	F	FSENIOR		00:31:09	01:45:45	02:26:30	2112
1545	Rachel	Mairs	F	FSENIOR	LIVERPOOL RUNNING CLUB	00:31:16	01:47:08	02:26:33	2113
830	Cinead	France	F	FV40		00:31:20	01:45:17	02:26:33	2114
543	Sara	Davey	F	FSENIOR		00:33:09	01:48:11	02:26:34	2115
404	Helen	Clark	F	FV45	BRAMHALL RUNNERS	00:33:42	01:48:21	02:26:35	2116
1544	Rob	Maiden	M	MV45		00:32:11	01:48:31	02:26:37	2117
1148	Leon	Hughes	M	MSENIOR		00:29:40	01:45:19	02:26:50	2118
2698	Sarina	Gaughan	F	FSENIOR		00:30:20	01:45:24	02:26:54	2119
1493	Katy	Lines	F	FSENIOR		00:30:29	01:43:40	02:26:57	2120
1867	Eurwyn	Parry	M	MV45		00:31:40	01:46:00	02:26:57	2121
1941	Allen	Price	M	MV65	BIRCHFIELD HARRIERS	00:32:37	01:51:05	02:27:04	2122
813	Jo	Foreman	M	MSENIOR		00:30:28	01:43:14	02:27:06	2123
1198	Mandy	Isherwood	F	FV55		00:31:57	01:44:44	02:27:10	2124
2728	Tomos	Parry	M	MSENIOR		00:31:53	01:46:52	02:27:10	2125
1199	Roger	Isherwood	M	MV50		00:31:54	01:44:42	02:27:10	2126
2092	Kate	Roe	F	FV50		00:32:05	01:48:10	02:27:12	2127
232	Chris	Bounds	M	MV45		00:29:35	01:45:30	02:27:23	2128
3004	John	Hatton	M	MV70	NWRRRC	00:33:23	01:50:46	02:27:25	2129
1506	Michelle	Lloyd	F	FV40	BLACKLEY WALK2RUN	00:35:25	01:54:17	02:27:36	2130
398	Joanne	Chorlton	F	FSENIOR		00:32:23	01:48:19	02:27:37	2131
1488	Kristen	Lim	F	FSENIOR		00:31:50	01:48:36	02:27:39	2132
692	Denise	Edwards	F	FV45	DAVENHAM RUNNING BUDDIES	00:32:00	01:47:52	02:27:44	2133
1017	Carol	Harratt	F	FV50		00:31:47	01:48:08	02:27:44	2134
2597	Karen	Williams	M	MV35	BETSI RUNAWAYS	00:32:07	01:46:47	02:27:52	2135
1042	Sarah	Hayes	F	FV55		00:31:49	01:46:50	02:27:55	2136
2434	Tim	Wain-Hobson	M	MV60		00:31:41	01:45:20	02:28:09	2137
1842	Kelvin	Owen	M	MSENIOR		00:30:55	01:45:55	02:28:12	2138
841	Amanda	French	F	FV55		00:33:16	01:50:36	02:28:22	2139
839	Peter	Freestone	M	MV70		00:31:46	01:48:33	02:28:22	2140
2081	Kae	Robertson	F	FSENIOR		00:32:57	01:47:25	02:28:22	2141
906	Jody	Gordon	M	MV40		00:29:00	01:44:32	02:28:23	2142
2248	Eva	Soos	F	FV40		00:34:07	01:50:52	02:28:25	2143
1291	Janette	Jones	F	FV50	SOUTH CHESHIRE HARRIERS	00:33:21	01:49:48	02:28:28	2144
740	Janet	Evans	F	FV45	SOUTH CHESHIRE HARRIERS	00:33:19	01:50:01	02:28:29	2145

1734	Mandy	Mundy	F	FV45	MUMS TO MARATHONS	00:31:12	01:46:58	02:28:33	2146
1459	Michael	Ledgerton	M	MV45		00:30:55	01:47:10	02:28:36	2147
2612	Lee	Wilson	F	FSENIOR		00:32:15	01:47:51	02:28:40	2148
2942	Jim	Noonan	M	MV50	SHROPSHIRE SHUFFLERS	00:33:16	01:50:01	02:28:43	2149
1154	Neville	Hughes	M	MV50		00:27:21	01:40:16	02:28:49	2150
1502	Ian	Lloyd	M	MV60		00:32:14	01:48:25	02:28:50	2151
798	Fiona	Ashworth	F	FV40	WINSTON RUNNERS	00:34:48	01:50:23	02:28:55	2152
231	Jason	Botterill	M	MV40		00:30:35	01:45:28	02:28:56	2153
2882	Dan	Arrowsmith	M	MV35		00:34:50	01:49:39	02:29:04	2154
2110	Gareth	Ross	M	MV35	REVOLUTION RUNNING	00:31:19	01:48:12	02:29:09	2155
5046	James	Kelso	M	MV50		00:30:53	01:45:42	02:29:21	2156
1991	Andy	Reed	M	MV35		00:26:22	01:36:17	02:29:31	2157
1956	John	Pritchard-Williams	M	MV40		00:31:08	01:48:43	02:29:35	2158
758	Terry	Evans	M	MV55		00:31:10	01:49:11	02:29:37	2159
2811	Janet	Bisson	F	FV50	NEWCASTLE STAFFS AC	00:31:55	01:49:40	02:29:40	2160
1040	Andy	Hawkins	M	MV45		00:33:15	01:50:00	02:29:41	2161
2912	Ashley	Lewandowski	F	FSENIOR		00:31:52	01:46:17	02:29:42	2162
2513	Charles	White	M	MV60		00:31:22	01:47:26	02:29:46	2163
827	Adele	Fox-Byrne	F	FSENIOR		00:31:16	01:47:03	02:29:48	2164
1115	Karen	Holmes	F	FV40		00:33:16	01:51:15	02:29:49	2165
2041	Bethan Wyn	Roberts	F	FV45		00:30:46	01:49:21	02:29:50	2166
1064	Abigail	Hewitt	F	FSENIOR		00:30:29	01:46:26	02:29:54	2167
1965	Rob	Queen	M	MV45		00:35:09	01:51:14	02:29:55	2168
1067	Stuart	Heys	M	MSENIOR		00:31:16	01:48:11	02:29:56	2169
1413	Rob	Kittler	M	MV40	SUTTON LEPRECHAUNS	00:32:31	01:49:47	02:29:58	2170
255	Andrew	Brammer	M	MV40		00:32:27	01:49:43	02:29:58	2171
1483	Rachel	Lewis	F	FSENIOR		00:32:24	01:49:54	02:29:59	2172
2187	Karen	Sharman	F	FV45		00:32:25	01:50:59	02:30:05	2173
2053	Jade	Roberts	F	FSENIOR		00:34:35	01:51:09	02:30:12	2174
1349	Lynn	Jones-Tooke	F	FSENIOR		00:33:13	01:51:00	02:30:15	2175
2389	Sam	Trevor	F	FV35	BRIDGNORTH RUNNING CLUB	00:33:03	01:49:24	02:30:27	2176
886	Jaclyn	Ginn	F	FSENIOR		00:33:03	01:50:07	02:30:28	2177
693	Dominic	Edwards	M	MV35		00:31:07	01:46:32	02:30:30	2178
782	Lynsey	Fenwick	F	FSENIOR		00:34:20	01:51:14	02:30:31	2179
825	Lesley	Fox	F	FV60		00:34:19	01:51:14	02:30:31	2180
1077	Deborah	Hill	F	FV40	ST HELENS STRIDERS	00:33:21	01:50:58	02:30:38	2181
779	Joseph	Fearn	M	MV35		00:32:31	01:50:27	02:30:42	2182

1818	Mark	ONeill	M	MV45		00:32:52	01:51:41	02:30:45	2183
730	Joanna	England	F	FSENIOR		00:32:54	01:51:43	02:30:45	2184
2056	Kirsty	Roberts	F	FSENIOR		00:30:49	01:50:38	02:30:48	2185
1090	Paul	Hinton	M	MV40	TRENTHAM RUNNING CLUB	00:31:24	01:48:27	02:30:53	2186
1185	Hannah	Hutton	F	FSENIOR	WARRINGTON RUNNING CLUB	00:33:32	01:50:55	02:31:06	2187
1004	Kayleigh	Harden	F	FSENIOR	WARRINGTON RUNNING CLUB	00:33:32	01:50:55	02:31:06	2188
734	Alan	Evans	M	MV40		00:31:02	01:46:23	02:31:19	2189
561	Hannah	Davies	M	MSENIOR		00:34:57	01:53:35	02:31:25	2190
2637	Linda	Woodall	F	FV50	MICHELIN ATHLETIC CLUB	00:33:28	01:51:12	02:31:26	2191
5043	Philip	Dootson	M	MSENIOR		00:29:39	01:49:21	02:31:28	2192
1251	Ann	Jones	F	FV65		00:32:58	01:48:53	02:31:32	2193
747	Leeanne	Evans	F	FV35	LIVERPOOL RUNNING CLUB	00:34:20	01:49:50	02:31:33	2194
76	Amie	Andrews	F	FV40		00:34:02	01:52:33	02:31:39	2195
396	Sarah	Childs	F	FV40		00:34:02	01:52:33	02:31:40	2196
750	Natalie	Evans	F	FSENIOR		00:36:38	01:58:34	02:31:46	2197
1766	Gaynor	Newsome	F	FV50	OLDHAM & ROYTON HARRIERS	00:32:51	01:50:26	02:31:46	2198
1048	Julia	Heap	F	FV40	OLDHAM & ROYTON HARRIERS	00:32:52	01:50:27	02:31:46	2199
1717	Anthony	Moseley-Fletcher	M	MV65		00:33:32	01:51:42	02:31:49	2200
1247	Neil	Johnstone	M	MV50		00:32:18	01:52:36	02:31:51	2201
2160	Holly	Savage	F	FSENIOR		00:33:03	01:51:24	02:31:55	2202
1140	Beth	Hughes	F	FV35		00:32:29	01:49:32	02:31:56	2203
2051	Gwyneth	Roberts	F	FSENIOR		00:32:29	01:47:25	02:31:58	2204
2141	Martin	Ryan	M	MSENIOR		00:30:52	01:49:17	02:31:59	2205
1144	David	Hughes	M	MV45		00:30:42	01:48:17	02:32:06	2206
578	Nicola	Davies	F	FSENIOR		00:33:54	01:49:51	02:32:09	2207
1303	Laura	Jones	F	FSENIOR		00:33:54	01:49:51	02:32:09	2208
2558	Cerys	Williams	M	MV45		00:33:45	01:53:09	02:32:10	2209
1191	Jaci	Ide	F	FV35		00:33:46	01:53:11	02:32:10	2210
2387	Felicity	Towns	F	FV35	SOUTH DERBYSHIRE ROAD RUNNERS	00:34:57	01:52:21	02:32:12	2211
1429	Heena	Lakhani	F	FSENIOR		00:33:57	01:50:17	02:32:14	2212
1030	Jason	Hart	M	MV45		00:33:56	01:50:17	02:32:14	2213
3006	Kathryn	Hewitt	F	FV45		00:33:04	01:52:26	02:32:14	2214
1639	Hayley	McNicholas	F	FSENIOR	MUMS TO MARATHONS	00:32:36	01:51:08	02:32:15	2215
539	Anthony	DArcy	M	MSENIOR		00:30:58	01:48:23	02:32:26	2216
2514	Fay	White	F	FSENIOR		00:31:20	01:48:38	02:32:31	2217
1534	Jacquie	Macphail	F	FV50	TRENTHAM RUNNING CLUB	00:33:12	01:55:25	02:32:35	2218
147	Karen	Barrioz	F	FV35		00:33:57	01:52:15	02:32:37	2219

1861	Laura	Parkes	F	FSENIOR		00:33:57	01:52:14	02:32:37	2220
2014	Danny	Richards	M	MSENIOR	NEWPORT AND DISTRICT RUNNING C	00:33:55	01:50:50	02:32:41	2221
1450	Jaz	Lawlor	F	FSENIOR		00:34:00	01:50:53	02:32:41	2222
2984	Robin	Hartley	M	MSENIOR	WREKIN ROAD RUNNERS	00:33:59	01:50:53	02:32:41	2223
2018	Samantha	Richards	F	FSENIOR	NEWPORT AND DISTRICT RUNNING C	00:33:59	01:50:55	02:32:41	2224
1152	Melissa	Hughes	F	FSENIOR		00:33:03	01:51:14	02:32:43	2225
764	Alison	Ewing	F	FV50	WARRINGTON RUNNING CLUB	00:33:27	01:51:58	02:32:51	2226
1828	Elinor	Owen	F	FV45		00:31:19	01:50:24	02:33:04	2227
422	Gemma	Cloney	F	FSENIOR	PENSBY RUNNERS	00:33:12	01:50:28	02:33:05	2228
92	Lee	Ashton	M	MU20		00:24:29	01:54:03	02:33:14	2229
1708	Samantha	Morris	F	FV40		00:32:11	01:52:13	02:33:16	2230
560	Gerallt	Davies	M	MSENIOR		00:29:55	01:47:26	02:33:16	2231
285	Sarah	Brumfitt	F	FV40		00:31:48	01:48:46	02:33:19	2232
879	Eric	Gibson	M	MV50	PENSBY RUNNERS	00:31:46	01:48:46	02:33:20	2233
2475	Elizabeth	Waters	F	FSENIOR		00:33:41	01:50:46	02:33:21	2234
622	Erica	Dillon	F	FV35	UNATTACHED SILVER BULLETS	00:31:27	01:48:30	02:33:31	2235
1627	Laura	Mckee	F	FSENIOR		00:32:33	01:51:51	02:33:36	2236
2101	Bruce	Rolph	M	MV45		00:32:27	01:54:34	02:33:42	2237
1167	Laura	Hukin	F	FV40	CHESTER ROAD RUNNERS	00:33:17	01:55:27	02:33:49	2238
838	Mary	Freer	F	FV35	ROYTON ROAD RUNNERS	00:32:49	01:51:23	02:33:52	2239
1377	Toni	Kelly	F	FSENIOR	BLACKLEY WALK2RUN	00:32:33	01:52:47	02:33:54	2240
936	Lyndsy	Greenwood	F	FSENIOR	BLACKLEY WALK2RUN	00:32:33	01:52:47	02:33:54	2241
384	Gwennan	Charlton	F	FSENIOR		00:33:14	01:51:31	02:34:01	2242
2426	Eddie	Vine	M	MV40	EDDIE VINE	00:31:24	01:49:42	02:34:02	2243
2427	Susan	Vine	F	FV40	WHITCHURCH WHIPPETS	00:31:24	01:49:43	02:34:02	2244
1925	Cara	Plummer	F	FSENIOR		00:32:01	01:50:09	02:34:07	2245
1882	Neville	Payne	M	MV50		00:33:33	01:52:20	02:34:10	2246
2100	Nicola	Rolinson	F	FV50	BUILTH AND DISTRICT	00:32:22	01:51:10	02:34:13	2247
1732	Ken	Mullen	M	MV35		00:32:47	01:50:12	02:34:17	2248
714	Sarah	Elgahmi	F	FV35	NIKE RUN CLUB LIVERPOOL	00:32:47	01:50:12	02:34:18	2249
2884	David	Todd	M	MV40		00:32:26	01:50:11	02:34:18	2250
124	Hazel	Barlow	F	FV50	MICHELIN ATHLETIC CLUB	00:33:56	01:54:03	02:34:19	2251
105	Karen	Bagnall	M	MV40		00:34:32	01:52:33	02:34:24	2252
2077	Wyn	Roberts	M	MV40	PRESTATYN RUNNING CLUB	00:34:31	01:52:33	02:34:24	2253
342	Linda	Carter	F	FV45		00:33:13	01:52:05	02:34:27	2254
897	Julie	Godsell	F	FV50		00:31:35	01:50:38	02:34:34	2255
1688	Dave	Moriarty	M	MSENIOR		00:31:43	01:54:28	02:34:40	2256

1441	Scott	Larkin	M	MV40	VEGAN RUNNERS	00:34:50	01:53:08	02:34:49	2257
707	Wyn	Edwards	M	MSENIOR		00:27:43	01:44:52	02:34:50	2258
1874	Sarah	Parry	F	FSENIOR		00:32:16	01:51:13	02:35:00	2259
2113	Mags	Ross	F	FV40		00:35:03	01:56:39	02:35:11	2260
2615	Ann-Marie	Winfield	F	FSENIOR		00:32:51	01:50:52	02:35:12	2261
2974	Neil	Marshall	M	MV35		00:34:51	01:53:53	02:35:24	2262
1820	Sheila	Ormerod	F	FV65		00:34:58	01:55:37	02:35:33	2263
1139	Barry	Hughes	M	MV65		00:35:29	01:53:50	02:35:33	2264
667	James	Dunn	M	MSENIOR		00:37:01	01:58:33	02:35:36	2265
797	David	Fitzhugh	M	MV55		00:32:20	01:49:55	02:35:38	2266
2924	Eugy	Lim	F	FV35	KNOWSLEY HARRIERS AC	00:35:36	01:52:43	02:35:43	2267
1982	Claire	Rayner	F	FSENIOR	BRAMHALL RUNNERS	00:34:04	01:54:52	02:35:57	2268
880	Liz	Gibson	F	FV45		00:33:17	01:55:08	02:36:00	2269
1453	Vicki	Lawrence	F	FSENIOR		00:35:27	01:58:29	02:36:16	2270
1118	Jodie	Hopewell	F	FV35		00:32:58	01:52:49	02:36:20	2271
1387	Caroline	Keogh	F	FV40		00:35:25	01:56:17	02:36:24	2272
666	Gemma	Dunn	F	FSENIOR		00:32:47	01:54:18	02:36:34	2273
873	Lisa	Geraghty	F	FSENIOR		00:32:47	01:54:17	02:36:35	2274
1241	Vicky	Johnson	F	FV40		00:32:39	01:53:41	02:36:54	2275
1858	Caroline	Parker	F	FV35		00:33:05	01:53:45	02:37:09	2276
796	Laura	Fitton	F	FSENIOR		00:33:15	01:53:20	02:37:11	2277
2790	Michael	Owen	M	MV40		00:32:27	01:52:32	02:37:17	2278
1938	Holly	Prescott	F	FSENIOR		00:33:40	01:56:35	02:37:18	2279
1275	Ffion Haf	Jones	F	FU20		00:35:07	01:53:01	02:37:33	2280
2190	Catrina	Sharrocks	F	FV35		00:33:41	01:56:35	02:37:37	2281
1323	Rachel	Jones	F	FV40	BETSI RUNAWAYS	00:34:07	01:57:05	02:37:41	2282
1623	Terri	Mcgarry	F	FSENIOR		00:33:45	01:56:18	02:37:42	2283
981	Deborah	Hale	F	FV50	LAWLEY RUNNING CLUB	00:34:11	01:56:00	02:37:44	2284
2003	Jonathon	Relf	M	MV50		00:34:33	01:57:01	02:38:11	2285
2002	Angela	Relf	F	FV50		00:34:33	01:57:01	02:38:13	2286
252	Sarah	Bradshaw	F	FV40	LAWLEY RUNNING CLUB	00:33:25	01:56:38	02:38:19	2287
399	Rachel	Christie	F	FV50		00:36:36	01:57:13	02:38:29	2288
864	Denise	Garrigan	F	FV35	LIVERPOOL	00:33:54	01:58:08	02:39:02	2289
1442	Selina	Larkin	F	FSENIOR		00:34:45	01:56:44	02:39:08	2290
1489	Yinru	Lim	F	FSENIOR		00:30:36	01:51:08	02:39:13	2291
1003	Graham	Hannah	M	MV35		00:34:48	01:55:20	02:39:23	2292
948	Katie	Griffith	F	FSENIOR	NIKE RUN CLUB LIVERPOOL	00:34:47	01:55:23	02:39:24	2293

2833	Steve	Bullows	M	MV50	HYDE VILLAGE STRIDERS	00:35:31	01:57:45	02:39:26	2294
2832	Joanne	Egerton	F	FV35	HYDE VILLAGE STRIDERS	00:35:31	01:57:45	02:39:27	2295
1491	Holly	Lindop	F	FSENIOR		00:34:39	01:56:59	02:39:45	2296
362	Phil	Catton	M	MV60		00:36:38	01:59:18	02:39:45	2297
1234	Jo	Johnson	F	FV50		00:36:38	01:59:19	02:39:45	2298
2142	Rebecca	Ryan	F	FV40		00:35:39	01:58:24	02:39:52	2299
1650	Richard	Mememory	M	MV40		00:36:32	01:55:31	02:40:13	2300
669	Sharon	Dunne	F	FV40	WARRINGTON RUNNING CLUB	00:33:41	01:59:34	02:40:32	2301
599	Sarah	Day	F	FSENIOR	WARRINGTON RUNNING CLUB	00:33:34	01:59:26	02:40:32	2302
2137	Cate	Rutherford	F	FV45		00:35:19	01:59:00	02:40:49	2303
1257	Ceri	Jones	F	FSENIOR		00:35:02	01:57:18	02:40:59	2304
2417	Sally	Varley	F	FV50		00:32:13	01:53:12	02:41:11	2305
1501	Barry	Lloyd	M	MV35		00:31:48	01:56:19	02:41:15	2306
2311	Mandy	Sutton	F	FV50		00:32:47	01:56:39	02:41:22	2307
1219	Mark	Jebb	M	MV40	RUN NESTON	00:33:00	01:57:10	02:41:28	2308
464	Darren	Cooper	M	MV40		00:32:58	01:57:09	02:41:28	2309
1791	Paul	Norris	M	MV40		00:32:57	01:57:10	02:41:28	2310
2465	Dr J B	Wareing	M	MV70		00:37:01	02:01:49	02:41:51	2311
1908	Jacinta	Phillips	F	FV40	TRENTHAM RUNNING CLUB	00:34:16	01:58:28	02:42:03	2312
2805	Emma	Pickles	F	FV40		00:36:05	02:01:28	02:42:14	2313
733	Peter	Estick	M	MV75	MASSEY FERGUSON RUNNING CLUB	00:36:11	02:01:02	02:42:23	2314
851	Jane	Gallagher	F	FV50	BLACKLEY WALK2RUN	00:34:14	01:58:41	02:42:49	2315
1819	Rosaline	ONeill	F	FV55		00:34:57	01:59:52	02:42:57	2316
1033	Elizabeth	Hasell	F	FV35		00:35:27	01:58:29	02:43:03	2317
150	Nina	Barthel	F	FSENIOR	MANCHESTER FRONTRUNNERS	00:35:19	02:00:22	02:43:05	2318
196	Zoe	Beswitherick	F	FV35	MANCHESTER FRONTRUNNERS	00:35:20	02:00:25	02:43:07	2319
382	Tina	Chapman	F	FV40		00:33:52	01:54:57	02:43:09	2320
1530	Andrew	Macausland	M	MV55		00:34:36	01:58:36	02:43:18	2321
1434	Esther	Land	F	FV40	BETSI RUNAWAYS	00:34:14	01:59:55	02:43:24	2322
93	Cheryl	Ashworth Williams	F	FV55	PARAFIT HOPLITES	00:35:49	01:59:31	02:43:35	2323
2075	Treasa	Roberts	F	FV35		00:37:00	02:01:22	02:43:48	2324
1588	Kerry	Mathews	F	FSENIOR		00:35:45	01:59:36	02:43:52	2325
871	Eleanor	George	F	FSENIOR		00:33:05	01:58:47	02:43:53	2326
1746	Eddie	Naisby	M	MV80	PRESTATYN RUNNING CLUB	00:33:54	01:58:46	02:43:56	2327
2962	Ronnie	Hartle	M	MV35		00:35:58	02:02:38	02:44:22	2328
676	Angela	Eadie	F	FV40		00:34:33	02:01:59	02:44:51	2329
2414	Eric	Van Der Wal	M	MV35		00:34:54	01:52:51	02:44:53	2330

2910	Antony	Grace	M	MV40	WARRINGTON RUNNING CLUB	00:35:48	02:00:32	02:44:57	2331
2775	Andy	Wright	M	MSENIOR		00:32:11	01:56:45	02:45:00	2332
1074	Stacey	Higgins-Martin	F	FSENIOR		00:32:11	01:56:46	02:45:00	2333
1733	Caroline	Mulvaney Jones	F	FSENIOR		00:33:09	01:59:24	02:45:03	2334
1258	Ceri	Jones	M	MV40		00:34:47	02:01:56	02:45:09	2335
2764	Melissa	Ross	F	FV40		00:34:33	02:01:56	02:45:09	2336
2483	Sarah	Watson	F	FV40		00:34:46	02:01:55	02:45:09	2337
2133	Claire	Rudder	F	FV50	BLACKLEY WALK2RUN	00:37:19	02:03:27	02:45:16	2338
1379	Lisa	Kemp	F	FV40	AINSDALE STORMERS	00:35:49	02:03:48	02:45:39	2339
2230	Jay	Smith	F	FV35	LIVERPOOL RUNNING CLUB	00:35:48	02:03:47	02:45:39	2340
2039	Andrew	Roberts	M	MV45		00:28:28	01:55:30	02:45:45	2341
2009	Maxine	Rhodes	F	FV45	PONT Y PWL	00:31:43	01:57:33	02:45:47	2342
2154	Hilary	Sangster	F	FV60		00:35:21	02:01:54	02:45:57	2343
187	Nikki	Bentley	F	FSENIOR	RED ROSE ROAD RUNNERS	00:34:50	02:01:03	02:46:10	2344
2908	Shelly	Jones	F	FV35		00:36:04	02:01:26	02:46:12	2345
810	Brian	Ford	M	MV45		00:34:33	02:01:59	02:46:51	2346
712	Diane	Eke	F	FV55		00:37:53	02:02:17	02:46:51	2347
2613	Suzie	Wilson	F	FV40		00:36:17	02:04:01	02:47:26	2348
763	Sophie	Evitt	F	FV35		00:36:17	02:03:59	02:47:27	2349
2408	Catherine	Unwin	F	FV50	ROCHDALE HARRIERS	00:35:32	02:00:52	02:47:44	2350
489	Lisa	Coulthard	F	FSENIOR		00:33:27	02:00:20	02:47:55	2351
958	Ross	Griffiths	M	MSENIOR		00:33:24	02:00:16	02:47:55	2352
1107	Christina	Holland	F	FV65		00:37:15	02:03:54	02:48:01	2353
1630	Victoria	Mckibbin	F	FSENIOR		00:31:31	01:55:23	02:48:07	2354
1110	Hazel	Hollingsworth	F	FV40		00:35:01	02:01:37	02:48:14	2355
2098	Linda	Roles	F	FV50		00:34:14	01:58:18	02:48:21	2356
1500	Lucie	Llewellyn	F	FV40	MEIRIONNYDD RUNNING CLUB	00:35:49	02:02:25	02:48:36	2357
2524	Claire	Whittingham	F	FSENIOR		00:36:06	02:05:09	02:48:36	2358
2333	Sioned	Taylor	F	FSENIOR		00:36:42	02:02:23	02:48:38	2359
2595	Tracy	Williams	F	FV40	WRC	00:33:28	02:03:37	02:48:51	2360
1939	Trish	Preston	F	FV40	WARRINGTON RUNNING CLUB	00:34:23	02:04:31	02:48:52	2361
1290	Jane	Jones	F	FV40		00:30:46	02:06:36	02:49:01	2362
2314	Sofie	Swindlehurst	F	FV35	LYMM RUNNERS	00:28:17	01:56:50	02:49:01	2363
176	Shane	Bedward	M	MV50		00:34:55	02:02:08	02:49:08	2364
527	Vikki	Cunningham	F	FSENIOR		00:36:36	02:02:17	02:49:16	2365
1574	Bethany	Martin	F	FSENIOR		00:36:37	02:02:20	02:49:17	2366
1578	Jane	Martin	F	FV50	MOW COP RUNNERS	00:36:37	02:02:19	02:49:17	2367

367	Hannah	Cawthray	F	FSENIOR		00:38:23	02:07:27	02:49:25	2368
691	Dave	Edwards	M	MV55		00:37:16	02:04:38	02:49:28	2369
1560	Jane	Marsden	F	FV55	LIVERPOOL RUNNING CLUB	00:37:59	02:04:38	02:49:32	2370
1942	Bethany	Price	F	FV45		00:34:35	02:03:42	02:49:36	2371
297	Carol	Bull	F	FV45	FYLDE COAST RUNNERS	00:37:05	02:05:31	02:49:39	2372
253	Faye	Brady	F	FSENIOR		00:35:00	02:02:20	02:49:54	2373
888	Karen	Gladman	F	FV45	CHINEHAM PARK RUNNING CLUB	00:37:15	02:04:38	02:49:55	2374
275	John	Worthington	M	MV40		00:32:41	02:02:26	02:50:18	2375
601	Mark	De Blaquiere	M	MV50		00:33:18	02:01:52	02:50:21	2376
2123	John	Rowlands	M	MV65	WHITCHURCH WHIPPETS	00:37:20	02:05:24	02:50:24	2377
772	Bev	Farrar	F	FV35		00:34:02	02:06:33	02:51:25	2378
1531	Andy	Macdonald	M	MV40	ABERGELE HARRIERS	00:34:02	02:06:32	02:51:25	2379
2774	Andrew	Lustig	M	MV35	CELTIC TRI	00:34:00	02:02:59	02:51:27	2380
2498	Christopher	Welsby	M	MV45		00:40:02	02:05:32	02:51:32	2381
512	Tina	Croson	F	FV35		00:33:13	02:04:44	02:51:44	2382
2149	Patti	Salisbury	F	FV65	BIRKENHEAD AC	00:36:32	02:06:25	02:52:06	2383
351	Stacey	Carty	F	FSENIOR		00:35:36	02:02:21	02:52:25	2384
330	Amy	Carfoot	F	FSENIOR		00:34:57	02:04:00	02:52:31	2385
428	Paul	Cockson	M	MSENIOR	YMC RUNNING CLUB	00:35:10	02:03:59	02:52:31	2386
5067	Jason	Kilvert	M	MV40	INCOM	00:33:33	02:01:10	02:52:38	2387
1901	Dafydd	Pesic-Smith	M	MSENIOR		00:32:52	02:02:28	02:52:47	2388
2951	Anya	Jones	F	FSENIOR		00:39:36	02:06:11	02:53:00	2389
237	Jane	Bowler	F	FV45	RUN ENGLAND RUN LEADER	00:34:56	02:04:16	02:53:16	2390
938	Janice	Gregory	F	FV45		00:34:58	02:04:18	02:53:18	2391
2504	Kirsty	Weyman	F	FV45		00:36:59	02:03:51	02:53:20	2392
5069	Colin	Roberts	M	MV35		00:28:59	02:03:09	02:53:37	2393
835	Celia	Free	F	FV45		00:35:50	02:06:19	02:54:04	2394
1620	Lucy	Mcellin	F	FSENIOR	WARRINGTON RUNNING CLUB	00:37:02	02:09:43	02:54:20	2395
388	Graham	Cheers	M	MV40	WARRINGTON RUNNING CLUB	00:36:44	02:09:43	02:54:20	2396
2693	Caroline	Weaver	F	FV45	WARRINGTON RUNNING CLUB	00:36:44	02:09:30	02:54:20	2397
2695	Erika	Lamb	F	FV45	WARRINGTON RUNNING CLUB	00:36:44	02:09:44	02:54:20	2398
306	Dave	Burley	M	MV35	WARRINGTON RUNNING CLUB	00:37:03	02:09:30	02:54:20	2399
2862	Michael	Metcalfe	M	MSENIOR	WARRINGTON RUNNING CLUB	00:37:04	02:09:31	02:54:21	2400
536	Mark	Daniels	M	MV40	WARRINGTON RUNNING CLUB	00:37:03	02:09:45	02:54:21	2401
1550	Phil	Malone	M	MV50		00:35:48	02:09:10	02:54:24	2402
524	Gerry	Cummins	M	MV45		00:33:44	02:06:09	02:54:38	2403
218	Terrie	Blammon	F	FV40	WINSTON RUNNERS	00:34:46	02:05:38	02:54:38	2404

1705	Lynda	Morris	F	FV45	BENTHAM BEAGLES RUNNING CLUB	00:35:22	02:06:00	02:54:45	2405
751	Nic	Evans	M	MSENIOR		00:33:27	01:59:44	02:54:54	2406
914	Tom	Gould	M	MSENIOR		00:33:08	02:01:26	02:54:58	2407
220	Debbie	Boardman	F	FV45	STOCKPORT HARRIERS	00:32:57	02:04:22	02:54:59	2408
333	Emma	Carr	F	FSENIOR	NEWCASTLE STAFFS AC	00:38:12	02:07:12	02:55:02	2409
1859	David	Parker	M	MV55		00:34:29	02:05:48	02:55:12	2410
89	Judith	Ashford	F	FV50	OLDHAM & ROYTON HARRIERS	00:37:49	02:07:41	02:55:35	2411
769	Julia	Falconer-ORegan	F	FSENIOR		00:38:50	02:08:45	02:55:53	2412
2454	Louise	Waltho	F	FSENIOR	BLACKLEY WALK2RUN	00:37:35	02:10:25	02:56:08	2413
1060	Paula	Henthorn	F	FV50		00:37:35	02:10:25	02:56:08	2414
2027	Mark	Richardson	M	MV45	BLACKLEY WALK2RUN	00:37:36	02:10:24	02:56:08	2415
2403	Lee	Turner	M	MV40		00:36:24	02:06:27	02:56:25	2416
2397	Clair	Turner	F	FV40		00:36:24	02:06:25	02:56:26	2417
1216	Tim	Jarrett	M	MV40		00:36:43	02:09:48	02:56:48	2418
494	Liz	Crabtree	F	FV40		00:35:54	02:08:26	02:58:42	2419
1673	Fiona	Moen	F	FV40		00:37:40	02:12:10	02:58:57	2420
1395	Simon	Kilshaw	M	MV35		00:37:38	02:11:22	03:01:51	2421
267	Stephen	Briscoe	M	MV35		00:37:38	02:11:22	03:01:51	2422
612	Jennifer	Delaney	F	FSENIOR	MANCHESTER YMCA HARRIERS	00:40:31	02:14:52	03:02:18	2423
634	Claire	Dolan	F	FV45		00:37:54	02:13:40	03:02:32	2424
1589	Sarah	Matthews	F	FV35	WARRINGTON ROAD RUNNERS	00:37:51	02:13:34	03:02:33	2425
1972	Derek	Ralphs	M	MV50		00:37:53	02:13:40	03:02:33	2426
1929	Victoria	Poole	F	FSENIOR		00:36:51	02:15:11	03:02:37	2427
1539	Jane	Magee	F	FV55		00:37:50	02:12:49	03:03:09	2428
284	Katie	Browne	F	FSENIOR		00:39:33	02:14:58	03:03:42	2429
199	Rachael	Bickerton	F	FSENIOR		00:36:12	02:14:07	03:04:29	2430
225	Patricia	Bolton	F	FV70	BIDDULPH RUNNING CLUB	00:37:24	02:11:48	03:04:31	2431
908	Wanda	Gordon	F	FV35		00:38:24	02:17:29	03:04:34	2432
905	Anthony	Gordon	M	MV45		00:38:23	02:17:27	03:04:35	2433
1051	Jean	Heaton	F	FSENIOR		00:38:24	02:17:33	03:04:35	2434
1662	Alison	Miller	F	FSENIOR		00:38:35	02:13:35	03:04:58	2435
1075	Nicola	Higham	F	FV40		00:38:37	02:13:38	03:05:15	2436
500	Barrie	Creaser	M	MV35		00:39:08	02:15:45	03:05:22	2437
2788	Sophia	Purcell	F	FV35		00:38:29	02:16:27	03:05:29	2438
1879	Floyd	Paterson	M	MV50	HYDE VILLAGE STRIDERS	00:39:34	02:16:30	03:06:56	2439
185	Kim	Bennett	F	FV40	HYDE VILLAGE STRIDERS	00:39:34	02:16:31	03:06:56	2440
1567	Gwenda	Marshall	F	FV55	FYLDE COAST RUNNERS	00:43:20	02:21:23	03:09:51	2441

1962	Ann	Pugsley	F	FV55		00:43:21	02:21:24	03:09:52	2442
1546	Bethan	Maitland	F	FV40		00:43:19	02:21:36	03:10:58	2443
1298	Karen	Jones	F	FV40	WARRINGTON RUNNING CLUB	00:40:01	02:19:58	03:11:40	2444
1455	Carole	Hughes	F	FV45	WARRINGTON RUNNING CLUB	00:39:59	02:19:58	03:11:42	2445
1494	Nicola	Lingley-Heath	M	MSENIOR		00:40:00	02:19:59	03:11:43	2446
200	Gina	Biggs	F	FSENIOR	RED ROSE ROAD RUNNERS	00:41:41	02:22:27	03:11:58	2447
1845	Tina	Owen	F	FV45		00:40:21	02:22:25	03:14:37	2448
1776	Tracey	Walker	F	FV45	WARRINGTON RUNNING CLUB	00:39:59	02:22:34	03:15:40	2449
2706	Jo	White	F	FV40	WARRINGTON RUNNING CLUB	00:39:59	02:22:35	03:15:40	2450
432	Michelle	Cole	F	FV40		00:40:22	02:22:30	03:16:18	2451
440	James	Collin	M	MSENIOR		00:37:34	02:17:59	03:18:20	2452
2677	Lesley	Young	F	FV60	DULWICH PARK RUNNERS	00:44:14	02:27:48	03:23:22	2453
412	Karen	Clayton	F	FV45		00:41:36	02:27:26	03:26:07	2454
63	Melanie	Albiston	F	FV40		00:46:09	02:33:11	03:26:21	2455
2071	Sian	Roberts	F	FSENIOR		00:48:40	02:42:52	03:39:31	2456
1306	Lisa	Jones	F	FSENIOR		00:49:00	02:46:15	03:47:31	2457
700	Rowena	Edwards	F	FSENIOR		00:48:33	02:46:19	03:47:58	2458
932	Clive	Green	M	MV40		00:19:54	01:06:04	DNF	DNF
1227	Paul	Johansen	M	MV50		00:25:22	01:18:36	DNF	DNF
1246	Gareth	Johnstone	M	MV40		00:27:30	01:33:48	DNF	DNF
173	Rachel	Beddows	F	FV40	ELLESMERE PORT RUNNING CLUB	00:31:31	01:43:04	DNF	DNF
2561	Dewi	Williams	M	MV35	KENILWORTH RUNNERS	00:20:02	00:00:00	DNF	DNF
962	Allison	Grundy	F	FV40	TATTENHALL RUNNERS	00:21:40	00:00:00	DNF	DNF
1949	Paul	Prince	M	MSENIOR		00:24:02	00:00:00	DNF	DNF
2815	Richard	Smith	M	MV45	GOG TRIATHLON CLUB	00:25:42	00:00:00	DNF	DNF
2981	John	Smith	M	MV45	HUNTS AC	00:26:09	00:00:00	DNF	DNF
1675	Rob	Monk	M	MV55	CITY OF CHESTER TRIATHLON CLUB	00:26:17	00:00:00	DNF	DNF
2748	Jenny	Smith	F	FSENIOR		00:33:21	00:00:00	DNF	DNF
613	Rhiannon	Delves	F	FSENIOR		01:31:59	00:00:00	DNF	DNF
1719	Steven	Moss	M	MV40		00:00:00	00:00:00	DNF	DNF
1932	Emma	Potter	F	FSENIOR		00:00:00	00:00:00	DNF	DNF
2542	Anna	Wilkinson	F	FSENIOR		00:28:01	00:00:00	DNF	DNF
781	Sean	Fenney	M	MV40	BLACKLEY WALK2RUN	00:31:33	00:49:00	DNF	DNF