

Rhyl 10 Mile 2020

Gender/AG Results

Bib	Forename	Surname	Gender	Pos	Category	Pos	Club	Gun Time	Pos	Chip Time
406	Shaun	Jackson	Male	1.	Male 40-44	1.	Cheste Triathlon Club	0:56:36,55	1.	0:56:35,21
648	Steven	Hayes	Male	2.	Male 40-44	2.	Deestridders	0:56:40,77	2.	0:56:38,85
674	Sean	Merryweather	Male	3.	Male 21-34	1.	Wrexham Aac	0:57:09,55	3.	0:57:08,27
397	David	Morris	Male	4.	Male 35-39	1.	South Cheshire Harriers	0:57:13,55	4.	0:57:11,09
318	Paul	Jones	Male	5.	Male 50-54	1.	Shrewsbury Ac	0:57:23,13	5.	0:57:21,85
171	Byron	Edwards	Male	6.	Male 45-49	1.	Bury Ac	0:57:51,59	6.	0:57:49,24
219	Steve	Forsyth	Male	7.	Male 40-44	3.	Prestatyn Running Club	0:58:21,79	7.	0:58:20,01
204	Matthew	Taylor	Male	8.	Male 35-39	2.	South Cheshire Harriers	0:58:24,11	8.	0:58:21,93
326	Daryl	Smallwood	Male	9.	Male 21-34	2.	Newcastle Staffs Ac	0:58:36,52	9.	0:58:20,18
78	Martin	Green	Male	10.	Male 45-49	2.	North Wales Rr	0:59:04,99	10.	0:59:03,65
486	Sean	Jones	Male	11.	Male 35-39	3.	Penny Lane Striders	0:59:05,99	11.	0:59:03,93
547	Dilwyn	Powell-Jones	Male	12.	Male 35-39	4.	Eryri Harriers	0:59:06,51	12.	0:59:04,68
1	Edward	Land	Male	13.	Male 40-44	4.	Aberystwyth Athletics Club	0:59:07,63	13.	0:59:05,97
637	Chris	Pattinson	Male	14.	Male 21-34	3.	South Cheshire Harriers	0:59:36,11	14.	0:59:33,52
590	Nic	Brook	Male	15.	Male 45-49	3.	Eryri Harriers	1:00:12,68	15.	1:00:10,34
659	Oliver	Parry	Male	16.	Male 35-39	5.	Shrewsbury Ac	1:00:17,36	16.	1:00:15,15
399	James	Nicholls	Male	17.	Male 21-34	4.	South Cheshire Harriers	1:01:04,40	17.	1:01:01,08
675	Steven	Crowe	Male	18.	Male 21-34	5.	South Cheshire Harriers	1:01:04,89	18.	1:01:02,26
218	Calum James	Holmes	Male	19.	Male 21-34	6.	Blackburn Harriers And Ac	1:01:30,67	19.	1:01:28,09
593	Euros	Evans	Male	20.	Male 12-20	1.	Meirionnydd Running Club	1:02:07,61	20.	1:02:06,27
574	Ian	Edwards	Male	21.	Male 35-39	6.	Eryri Harriers	1:02:37,11	21.	1:02:35,51
631	Alan	Bodden	Male	22.	Male 21-34	7.		1:03:25,41	22.	1:03:22,41
676	Sean	Dyer	Male	23.	Male 21-34	8.	South Cheshire Harriers	1:03:38,31	23.	1:03:34,87
456	Paul	Obrien	Male	24.	Male 40-44	5.	Telford Ac	1:03:46,91	24.	1:03:42,27
375	Justin	Grattan	Male	25.	Male 45-49	4.	South Cheshire Harriers	1:04:01,49	25.	1:03:54,97
662	Gary Wyn	Davies	Male	26.	Male 21-34	9.	Aberystwyth Ac	1:04:47,75	26.	1:04:44,27
349	Russ	Gibbons	Male	27.	Male 21-34	10.	South Cheshire Harriers	1:04:55,12	27.	1:04:49,36
666	Matthew	Smith	Male	28.	Male 21-34	11.	Prestatyn Rc	1:05:12,83	28.	1:05:08,50
32	Mark	Dodd	Male	29.	Male 45-49	5.	Ellesmere Port Running Club	1:05:15,03	29.	1:05:10,89
605	Keirren	Jones	Male	30.	Male 21-34	12.	Eryri Harriers	1:05:21,17	30.	1:05:18,39
545	Lee	Roberts	Male	31.	Male 40-44	6.	Lonely Goat	1:05:49,03	31.	1:05:44,84
501	Neil	Hershaw	Male	32.	Male 55-59	1.	West Cheshire Ac	1:06:26,82	32.	1:06:22,31
640	Michael	Coyne	Male	33.	Male 45-49	6.	Eryri	1:06:28,04	33.	1:06:25,20
371	Tony	Taylor	Male	34.	Male 55-59	2.	Sandbach Striders	1:06:45,30	34.	1:06:40,46
551	Gareth	Jones	Male	35.	Male 40-44	7.		1:06:55,20	35.	1:06:51,73
198	Michael	Hutchins	Male	36.	Male 40-44	8.	Sandbach Striders	1:07:07,26	36.	1:06:57,76
130	Robert	Norman	Male	37.	Male 40-44	9.	Telford Ac	1:07:07,53	37.	1:07:02,15
432	Iwan	Evans	Male	38.	Male 40-44	10.	North Wales Road Runners	1:07:31,10	38.	1:07:29,16
477	Marc	Johnson	Male	39.	Male 21-34	13.		1:07:39,40	39.	1:06:51,70
661	Conor	Tyndall	Male	40.	Male 21-34	14.		1:08:29,88	40.	1:08:21,27
425	Peter	Duncalfe	Male	41.	Male 35-39	7.	South Cheshire Harriers	1:08:38,35	41.	1:08:29,74
518	Tony	Hyland	Male	42.	Male 50-54	2.	Ellesmere Port Rc	1:08:50,43	42.	1:08:46,29
166	Mike	Nolan	Male	43.	Male 45-49	7.		1:09:02,00	43.	1:08:59,30
673	Nigel	Grant	Male	44.	Male 55-59	3.	Penny Lane Striders	1:09:08,99	44.	1:09:04,67
511	Nick	Hayes	Male	45.	Male 45-49	8.		1:09:11,37	45.	1:09:08,97
374	Gemma	Moore	Female	1.	Female 35-39	1.	Eryri Harriers	1:09:11,50	46.	1:09:06,86
225	Jason	Lynam	Male	46.	Male 45-49	9.	Wingerworth Wobblers	1:09:26,23	47.	1:09:22,59
98	Jake	Kelsall	Male	47.	Male 21-34	15.		1:09:33,46	48.	1:09:25,64
514	Sean	Triggs	Male	48.	Male 21-34	16.	Sean Triggs	1:09:51,56	49.	1:09:35,40
579	Matthew	Johnston	Male	49.	Male 35-39	8.	Lonely Goat Rc	1:09:54,23	50.	1:09:40,09
88	Paul	Gillon	Male	50.	Male 50-54	3.	Lancaster Runners	1:10:19,71	51.	1:10:12,11
181	Craig	Viggars	Male	51.	Male 35-39	9.	Lonely Goat	1:10:25,82	52.	1:10:07,29
36	Paul	Williams	Male	52.	Male 50-54	4.	Aberystwyth A C	1:10:30,15	53.	1:10:26,80
541	Delwyn	Parry	Male	53.	Male 35-39	10.		1:10:44,97	54.	1:10:29,54
597	James	Rogers	Male	54.	Male 45-49	10.	Prestatyn Running Club	1:10:58,36	55.	1:10:55,08
647	Arwel	Lewis	Male	55.	Male 60-64	1.	Eryri Harriers	1:11:02,88	56.	1:11:01,10
121	Steven	Rogerson	Male	56.	Male 40-44	11.		1:11:04,50	57.	1:10:40,83
617	Myra	Jones	Female	2.	Female 35-39	2.	Valley Striders Ac	1:11:05,27	58.	1:10:58,97
25	Carl	Barnes	Male	57.	Male 21-34	17.	Widnes Running Club	1:11:16,50	59.	1:11:02,68
582	Simon	Bonfield	Male	58.	Male 50-54	5.	Abergele Harriers	1:11:24,53	60.	1:11:21,20
379	Carla	Green	Female	3.	Female 45-49	1.	North Wales Rr	1:11:30,44	61.	1:11:26,24
615	Steven	White	Male	59.	Male 35-39	11.		1:11:38,21	62.	1:11:26,49
532	James	Yarwood	Male	60.	Male 21-34	18.	Abergele Harriers	1:11:40,82	63.	1:11:37,01
156	William	Williams	Male	61.	Male 45-49	11.	Prestatyn	1:11:46,85	64.	1:11:35,19
172	Amanda	Armstrong	Female	4.	Female 35-39	3.	Prestwich Ac	1:12:00,41	65.	1:11:51,48
279	Gary	Brooks	Male	62.	Male 50-54	6.	Sheffield Rc	1:12:09,77	66.	1:12:07,12
404	Lee	Bailey	Male	63.	Male 40-44	12.		1:12:13,78	67.	1:12:07,20
116	Darren	Thompson	Male	64.	Male 50-54	7.	Prestatyn Running Club.	1:12:17,19	68.	1:12:13,86
151	Ash	Wilks	Male	65.	Male 35-39	12.	Vegan Runners	1:12:17,77	69.	1:12:11,88
538	Graham	Roberts	Male	66.	Male 60-64	2.		1:12:30,38	70.	1:12:16,92
167	Marc	Roberts	Male	67.	Male 35-39	13.	Wrexham Ac	1:12:40,15	71.	1:12:27,59
424	Catherine Tudor	Jones	Female	5.	Female 35-39	4.	Denbigh Harriers	1:12:40,15	72.	1:12:24,77
515	Matthew	Whalley	Male	68.	Male 12-20	2.	Kirkby Milers	1:12:56,09	73.	1:12:41,51
503	Philip	Ellis	Male	69.	Male 45-49	12.		1:13:11,75	74.	1:13:00,29
42	Owain	Morris	Male	70.	Male 21-34	19.		1:13:29,18	75.	1:13:24,18
649	Colin	Fellows	Male	71.	Male 40-44	13.		1:13:32,75	76.	1:13:28,43
591	Paul	Ross	Male	72.	Male 45-49	13.		1:13:52,38	77.	1:13:42,59
562	Gwyn	Robert's	Male	73.	Male 50-54	8.	Wrexham Aac	1:13:56,79	78.	1:13:47,92
520	Stephen	Weedman	Male	74.	Male 55-59	4.	Prestatyn Running Club	1:14:08,25	79.	1:14:04,61
285	Emma	Collins	Female	6.	Female 55-59	1.	Denbigh Harriers	1:14:20,12	80.	1:14:15,40
461	Steven	Roberts	Male	75.	Male 55-59	5.	Nwrrc	1:14:20,71	81.	1:14:14,73
629	Benjamin	Hudson	Male	76.	Male 40-44	14.	North Wales Road Runners	1:14:20,82	82.	1:14:10,73
53	Graeme	Telfer	Male	77.	Male 40-44	15.		1:14:40,28	83.	1:14:34,84
97	Mike	Rowland	Male	78.	Male 21-34	20.		1:15:04,01	84.	1:14:55,60
296	Jon	Davis	Male	79.	Male 45-49	14.	Oswestry Olympians	1:15:06,72	85.	1:15:04,27
625	Alister	Sullivan	Male	80.	Male 21-34	21.		1:15:07,62	86.	1:14:33,14
602	Charles	Maclachlan	Male	81.	Male 55-59	6.		1:15:15,22	87.	1:15:07,06
160	Matt	Roberts	Male	82.	Male 50-54	9.		1:15:20,58	88.	1:14:59,90
638	Daniel	Edmunds	Male	83.	Male 40-44	16.		1:15:24,92	89.	1:15:18,40

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Bib	Forename	Surname	Gender	Pos	Category	Pos	Club	Gun Time	Pos	Chip Time
639	Steve	Poupart	Male	84.	Male 40-44	17.	North Wales Road Runners	1:15:26,62	90.	1:15:14,31
352	Karl	Wainwright	Male	85.	Male 35-39	14.		1:15:27,96	91.	1:15:18,78
174	Andrew	Growcott	Male	86.	Male 35-39	15.	South Cheshire Harriers	1:15:31,34	92.	1:14:57,65
442	Richard	Costain	Male	87.	Male 21-34	22.	Penny Lane Striders	1:15:32,43	93.	1:15:21,70
633	Ian	Sadler	Male	88.	Male 60-64	3.	Penny Lane Striders	1:15:37,26	94.	1:15:25,60
458	Lee	Jones	Male	89.	Male 21-34	23.	Buckley Rc	1:15:42,04	95.	1:15:07,71
660	Stephen	Bellis	Male	90.	Male 60-64	4.	Buckley Runners	1:15:48,55	96.	1:15:44,50
566	Andrew	Barlow	Male	91.	Male 45-49	15.		1:15:57,78	97.	1:15:46,00
613	Paul	Williams	Male	92.	Male 45-49	16.	North Bolton Runners	1:16:00,00	98.	1:15:50,81
437	Jane	Jennions	Female	7.	Female 40-44	1.	Deestridders	1:16:32,34	99.	1:16:15,08
415	Kevin	Goodwin	Male	93.	Male 60-64	5.		1:16:32,91	100.	1:16:21,60
470	Chris	Sanna	Male	94.	Male 21-34	24.		1:16:36,75	101.	1:16:14,19
402	Jamie	Roberts	Male	95.	Male 40-44	18.		1:16:37,51	102.	1:16:19,12
245	Veronika	Foster	Female	8.	Female 35-39	5.	Cannock & Stafford	1:16:38,68	103.	1:16:02,83
636	Eleanor	Ashcroft	Female	9.	Female 21-34	1.		1:16:42,01	104.	1:16:33,47
658	Dawn	Atherton	Female	10.	Female 21-34	2.		1:16:44,35	105.	1:16:32,64
330	John	Higgins	Male	96.	Male 50-54	10.		1:16:44,44	106.	1:16:35,39
479	Huw	Llewelyn Jones	Male	97.	Male 21-34	25.		1:16:46,16	107.	1:15:56,73
517	Anna	Avery	Female	11.	Female 35-39	6.	Bitton Road Runners	1:16:48,96	108.	1:16:16,43
684	Gary	Martin	Male	98.	Male 50-54	11.		1:16:53,64	109.	1:16:17,19
199	John-Ashley	Sharratt	Male	99.	Male 12-20	3.		1:16:54,50	110.	1:16:43,95
616	Stephen	Coleman	Male	100.	Male 55-59	7.	Fyde Coast Runners	1:16:55,67	111.	1:16:50,48
618	Sean	Cook	Male	101.	Male 35-39	16.	Valley Striders Ac	1:16:56,51	112.	1:16:49,73
612	Stuart	Tulloch	Male	102.	Male 50-54	12.		1:16:57,18	113.	1:16:46,39
108	Thomas	Broster	Male	103.	Male 35-39	17.		1:16:58,00	114.	1:16:38,49
65	John	Dalzell	Male	104.	Male 40-44	19.	North Wales Road Runners	1:17:02,82	115.	1:16:44,42
23	Daniel	Owens	Male	105.	Male 21-34	26.	North Wales Road Runners	1:17:02,90	116.	1:16:44,66
324	Paul	Fitzgerald	Male	106.	Male 40-44	20.	Knowsley Harriers	1:17:10,85	117.	1:16:58,67
577	Craig	Smith	Male	107.	Male 35-39	18.		1:17:40,80	118.	1:17:20,78
567	Colin	Hunt	Male	108.	Male 65-69	1.	Wrecsam Tri	1:17:48,32	119.	1:17:43,08
411	Dai	Higgins	Male	109.	Male 45-49	17.	Manchester Frontrunners	1:17:48,82	120.	1:17:33,52
619	Kim	Kelly	Female	12.	Female 40-44	2.		1:17:49,56	121.	1:17:20,20
601	Trevor	Tommy	Male	110.	Male 55-59	8.		1:17:51,82	122.	1:17:37,67
194	Emiliya	Decheva	Female	13.	Female 21-34	3.		1:17:53,11	123.	1:17:27,46
652	Chris	Sanders	Male	111.	Male 45-49	18.		1:17:56,06	124.	1:17:44,72
651	Michael	Hodson	Male	112.	Male 45-49	19.		1:17:56,38	125.	1:17:45,08
193	Mark	Smith	Male	113.	Male 40-44	21.		1:18:26,51	126.	1:18:00,61
603	Karen	Robinson	Female	14.	Female 45-49	2.		1:18:44,65	127.	1:18:30,52
230	David	Bradley	Male	114.	Male 40-44	22.		1:18:48,79	128.	1:18:31,86
483	Lee	Brooks	Male	115.	Male 40-44	23.		1:18:51,32	129.	1:18:44,80
389	Dave	Jowitt	Male	116.	Male 40-44	24.		1:18:55,11	130.	1:18:47,18
558	Jack	Strong	Male	117.	Male 21-34	27.		1:19:04,00	131.	1:18:06,34
581	Jack	Rowley	Male	118.	Male 12-20	4.		1:19:22,77	132.	1:19:03,53
632	Peter	Glover	Male	119.	Male 50-54	13.		1:19:22,91	133.	1:18:53,55
578	Terry	Lynch	Male	120.	Male 50-54	14.	Penny Lane Striders	1:19:28,36	134.	1:19:06,50
212	Ted	Ackroyd	Male	121.	Male 50-54	15.		1:19:31,82	135.	1:18:23,98
546	Ben	Hickling	Male	122.	Male 40-44	25.		1:19:38,85	136.	1:18:58,11
528	Gareth	Mula	Male	123.	Male 35-39	19.		1:19:56,48	137.	1:19:25,96
630	Thomas	Doyle	Male	124.	Male 40-44	26.		1:20:03,44	138.	1:19:06,84
669	Tim	Morgan	Male	125.	Male 45-49	20.	Buckley Rc	1:20:16,47	139.	1:20:01,04
570	Andrea	Bond	Female	15.	Female 40-44	3.	Penny Lane Striders	1:20:30,49	140.	1:20:19,18
335	Cid	Schaller	Female	16.	Female 35-39	7.		1:20:41,22	141.	1:19:35,56
621	Gill	Glover	Female	17.	Female 50-54	1.		1:20:47,27	142.	1:20:17,85
339	Andy	Williams	Male	126.	Male 21-34	28.		1:21:01,54	143.	1:19:56,17
105	Mary	Tavener	Female	18.	Female 55-59	2.	Vale Royal Ac	1:21:10,35	144.	1:20:46,42
325	Sarah	Gallacher	Female	19.	Female 35-39	8.	Gog Triathlon	1:21:12,31	145.	1:20:43,30
118	Deb	Pugh	Female	20.	Female 50-54	2.	Wrexham Aac	1:21:12,45	146.	1:20:54,80
454	Carwyn	Arnold	Male	127.	Male 45-49	21.		1:21:14,54	147.	1:20:27,29
628	Sarah	Ferguson	Female	21.	Female 40-44	4.	North Wales Road Runners	1:21:15,23	148.	1:21:05,09
327	Martin	Isherwood-Smith	Male	128.	Male 35-39	20.		1:21:22,72	149.	1:20:47,07
430	David	Griffiths	Male	129.	Male 50-54	16.	Penny Lane Striders	1:21:38,87	150.	1:21:16,49
258	Carys	Davies	Female	22.	Female 40-44	5.	Denbigh Harriers	1:21:46,45	151.	1:21:28,75
655	Gary	McGovern	Male	130.	Male 55-59	9.	Liverpool Running Bugs	1:22:00,49	152.	1:21:49,56
346	Leon	Dixon	Male	131.	Male 35-39	21.	Penny Lane Striders	1:22:04,98	153.	1:21:51,22
140	Christine	Cammillare	Female	23.	Female 35-39	9.	Deestridders	1:22:37,24	154.	1:21:39,64
79	Andy	Roberts	Male	132.	Male 35-39	22.		1:22:38,68	155.	1:22:09,84
323	Jack	Davies	Male	133.	Male 70-74	1.	Forfar Road Runners	1:22:41,55	156.	1:22:34,72
571	John	Brown	Male	134.	Male 60-64	6.	Penny Lane Striders	1:22:43,81	157.	1:22:22,35
482	Robin	Owen	Male	135.	Male 35-39	23.		1:22:55,20	158.	1:21:45,94
26	Stacey	Clark	Female	24.	Female 21-34	4.	Widnes Wasps Ladies Running Club	1:22:58,26	159.	1:22:45,17
122	Martin	Rayner	Male	136.	Male 45-49	22.		1:22:59,45	160.	1:22:54,85
45	Lee	Myddleton	Male	137.	Male 40-44	27.		1:23:03,26	161.	1:22:13,98
664	Will	Williams	Male	138.	Male 21-34	29.		1:23:09,50	162.	1:22:32,62
468	John	Jones	Male	139.	Male 60-64	7.	Abergele Harriers	1:23:16,84	163.	1:23:09,52
560	Paul	Lewtley	Male	140.	Male 40-44	28.	Deestridders	1:23:22,53	164.	1:22:25,33
471	David	Soley	Female	25.	Female 50-54	3.		1:23:24,82	165.	1:22:38,16
184	David	Bailey	Male	141.	Male 45-49	23.		1:23:28,04	166.	1:23:22,60
679	Stephen	Large	Male	142.	Male 45-49	24.	Penyffordd Run Club	1:23:29,50	167.	1:22:53,06
395	James	Painter	Male	143.	Male 35-39	24.	Sandbach Striders	1:23:31,47	168.	1:23:21,50
677	David	Jones	Male	144.	Male 45-49	25.	Abergele Harriers	1:23:32,18	169.	1:23:23,85
537	Trefor	Hughes-Morris	Male	145.	Male 50-54	17.		1:23:33,29	170.	1:23:14,12
604	Neil	Hodgkinson	Male	146.	Male 40-44	29.		1:23:36,10	171.	1:23:20,41
414	Sharon	Goldrick	Female	26.	Female 40-44	6.	Middleton Harriers	1:23:39,22	172.	1:23:34,39
345	Matt	Dutton	Male	147.	Male 40-44	30.	Penny Lane Striders	1:23:46,02	173.	1:23:32,42
382	Richie	Williams	Male	148.	Male 50-54	18.		1:24:02,56	174.	1:23:55,34
380	Lizzie	Slater	Female	27.	Female 40-44	7.	South Cheshire Harriers	1:24:09,46	175.	1:23:35,98
544	Danny	Greenough	Male	149.	Male 21-34	30.		1:24:12,02	176.	1:24:04,47
190	Joanne	Garzoni	Female	28.	Female 35-39	10.	Thunder Runners	1:24:25,78	177.	1:24:09,63
265	Dan	Deakin	Male	150.	Male 35-39	25.		1:24:28,65	178.	1:24:07,39

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162	Kay	Hatton	Female	29.	Female 55-59	3.	Nwrrc	1:24:28,87	179.	1:24:25.20
68	Paul	Dixon	Male	151.	Male 40-44	31.		1:24:33,98	180.	1:23:42,74
627	Fred	Jones	Male	152.	Male 65-69	2.	Denbigh Harriers	1:24:40,26	181.	1:24:26,98
594	Bern	Stevenson	Male	153.	Male 40-44	32.		1:24:49,43	182.	1:24:01,03
344	Sharon	Pendleton	Female	30.	Female 21-34	5.		1:24:57,31	183.	1:24:14,37
317	James	Whitley	Male	154.	Male 35-39	26.		1:24:59,26	184.	1:24:29,58
195	Anna	Hutchinson	Female	31.	Female 40-44	8.		1:25:04,58	185.	1:24:33,99
293	Clive	Palmer	Male	155.	Male 55-59	10.	Stoke Fit	1:25:16,36	186.	1:24:38,66
350	Conor	Charlton-Fiering	Male	156.	Male 21-34	31.		1:25:28,97	187.	1:24:43,92
622	Victoria	Chadwick-Dunbar	Female	32.	Female 45-49	3.	Bramhall Runners	1:25:43,04	188.	1:25:19,30
263	Greg	Wood	Male	157.	Male 40-44	33.	Mow Cop Runners	1:25:48,33	189.	1:25:41,17
165	Maxine	Marks	Female	33.	Female 45-49	4.		1:26:09,72	190.	1:26:03.20
313	Jacqui	Evans	Female	34.	Female 40-44	9.	Davenport	1:26:23,66	191.	1:25:42,87
685	Rob	Williams	Male	158.	Male 35-39	27.	Runstrong	1:26:28,21	192.	1:25:38,17
328	Andrew	Weetman	Male	159.	Male 55-59	11.	Cannock And Stafford	1:26:39,18	193.	1:26:18,51
481	Petra	Irvine	Female	35.	Female 21-34	6.		1:26:41,39	194.	1:26:36,06
131	Lucy	Beckett	Female	36.	Female 40-44	10.	South Cheshire Harriers	1:26:45,41	195.	1:26:09,52
209	Rhian	Rogers	Female	37.	Female 35-39	11.		1:26:48,98	196.	1:26:00,90
300	Robert	Taylor	Male	160.	Male 45-49	26.		1:26:51,62	197.	1:26:01,05
103	Paul	Creasey	Male	161.	Male 40-44	34.	Ellesmere Port Rc	1:26:54,98	198.	1:26:42,67
226	Maria	Lynam	Female	38.	Female 45-49	5.	Wingworth Wobblers	1:26:56,64	199.	1:26:48,52
495	Paul	Morris	Male	162.	Male 45-49	27.		1:27:07,18	200.	1:26:58,52
554	James	Carr	Male	163.	Male 21-34	32.		1:27:09,17	201.	1:26:58,04
61	Khalsa	Hughes	Female	39.	Female 35-39	12.		1:27:14,15	202.	1:26:29,05
421	Garry	Sweeney	Male	164.	Male 55-59	12.		1:27:21,98	203.	1:26:55,37
510	Craig	Moran	Male	165.	Male 21-34	33.		1:27:32,99	204.	1:26:45,80
62	Dave	Wootton	Male	166.	Male 55-59	13.	Buckley Rc	1:27:36,62	205.	1:27:02,14
319	Robert	Evans	Male	167.	Male 40-44	35.		1:27:40,07	206.	1:26:50,38
135	Shaun	Terry	Male	168.	Male 45-49	28.	Deestriders Rc	1:27:44,22	207.	1:25:39,10
66	Andrew	Eddleston	Male	169.	Male 50-54	19.		1:27:58,10	208.	1:27:34,68
429	Jo	Edwards	Female	40.	Female 55-59	4.	Vale Royal	1:28:02,37	209.	1:27:34,49
600	Mark	Newland	Male	170.	Male 35-39	28.		1:28:03,49	210.	1:27:45,10
113	Louises	Robinson	Female	41.	Female 50-54	4.	Hartshill Runners	1:28:14,27	211.	1:27:58,72
106	Rhys	Williams	Male	171.	Male 35-39	29.		1:28:16,74	212.	1:27:27,36
408	Mark	Brandish	Male	172.	Male 50-54	20.		1:28:18,17	213.	1:27:41,59
127	Hannah	Griffith	Female	42.	Female 45-49	6.	Nwrrc	1:28:41,38	214.	1:28:19,40
690	Steven	Gregson	Male	173.	Male 21-34	34.		1:28:49,16	215.	1:28:11,74
34	Cathryn	Whalley	Female	43.	Female 50-54	5.	West Cheshire Athletics Club	1:28:53,64	216.	1:28:17,86
74	Bethan Wyn	Roberts	Female	44.	Female 45-49	7.		1:28:56,36	217.	1:28:39,58
667	Paul	Cheetham	Male	174.	Male 60-64	8.		1:28:59,64	218.	1:28:49,17
157	Richard	Albel	Male	175.	Male 40-44	36.		1:28:59,98	219.	1:28:15,74
71	Heulwen	Williams	Female	45.	Female 35-39	13.		1:29:08,28	220.	1:28:24,35
635	Bethany	Fairhurst	Female	46.	Female 21-34	7.		1:29:17,10	221.	1:28:51,40
377	Aaron	Nicholas	Male	176.	Male 21-34	35.	Shropshire Shufflers	1:29:20,93	222.	1:28:28,90
522	Kimberley	Buchanan	Female	47.	Female 21-34	8.		1:29:28,08	223.	1:28:51,28
671	Lisa	Pope	Female	48.	Female 40-44	11.	Denbigh Harriers	1:29:32,34	224.	1:29:14,51
112	Paul	Jones	Male	177.	Male 55-59	14.		1:29:36,87	225.	1:28:31,28
607	Ceri	Allman	Female	49.	Female 35-39	14.		1:29:39,91	226.	1:29:14,92
606	Leigh	Allman	Male	178.	Male 35-39	30.		1:29:40,07	227.	1:29:14,93
403	Robert	Perry	Male	179.	Male 65-69	3.		1:29:44,26	228.	1:29:12,61
642	Karl	Diggle	Male	180.	Male 35-39	31.		1:29:52,66	229.	1:29:37,26
146	Jamie	Roberts	Male	181.	Male 21-34	36.		1:29:56,87	230.	1:29:48,15
104	Donald	Hale	Male	182.	Male 65-69	4.	North Wales Road Running Club	1:29:58,12	231.	1:29:54,79
109	Tracey	Broster	Female	50.	Female 45-49	8.		1:30:00,69	232.	1:29:40,97
292	Thomas	Jervis	Male	183.	Male 21-34	37.		1:30:09,26	233.	1:29:17,15
394	Adam	McMillan	Male	184.	Male 40-44	37.		1:30:13,88	234.	1:29:23,52
428	Arwel	Owen	Male	185.	Male 35-39	32.		1:30:16,74	235.	1:30:00,16
611	Mike	Pritchard	Male	186.	Male 50-54	21.		1:30:19,80	236.	1:29:31,96
236	Julie	Jones	Female	51.	Female 21-34	9.		1:30:42,27	237.	1:30:17,49
208	Andy	Jones	Male	187.	Male 21-34	38.	Penyffordd Run Club	1:30:42,41	238.	1:30:02,92
413	David	Bennion	Male	188.	Male 35-39	33.		1:30:44,33	239.	1:30:16,87
114	Brid	Denwood	Male	189.	Male 50-54	22.		1:30:46,32	240.	1:30:25,59
494	Brian	Williams	Male	190.	Male 65-69	5.	Ellesmere Port Rc	1:30:48,02	241.	1:30:38,97
448	Lyndsie	Wilson	Female	52.	Female 45-49	9.		1:30:50,16	242.	1:30:24,72
556	Martin	Lambert	Male	191.	Male 40-44	38.	Cadence Tri	1:30:55,31	243.	1:30:51,05
543	Helen	Hannam	Female	53.	Female 40-44	12.	North Wales Road Runners Club	1:31:03,40	244.	1:30:50,71
340	Elaine	Tasker	Female	54.	Female 60-64	1.		1:31:13,17	245.	1:30:35,03
438	Adam	Tidswell	Male	192.	Male 21-34	39.		1:31:14,20	246.	1:30:52,10
435	Anthony	Ainsworth	Male	193.	Male 50-54	23.		1:31:15,58	247.	1:31:00,68
133	Oliver	Westbrook	Male	194.	Male 21-34	40.		1:31:30,81	248.	1:31:20,59
463	Jeremy	Davies	Male	195.	Male 50-54	24.	Wrexham Aac	1:31:31,50	249.	1:30:58,14
311	Lara	Brearley	Female	55.	Female 35-39	15.		1:31:37,86	250.	1:30:55,76
266	Joel	Williams	Male	196.	Male 40-44	39.		1:31:39,56	251.	1:30:57,12
530	Roger	Wild	Male	197.	Male 45-49	29.	Astley & Tyldesley Road Runners	1:31:48,98	252.	1:31:34,79
412	Warren	Bennett	Male	198.	Male 50-54	25.	Manchester Frontrunners	1:31:52,06	253.	1:31:31,79
309	Len	Jackson	Male	199.	Male 60-64	9.	North Wales Road Runners	1:31:54,32	254.	1:31:44,17
175	Stefan	Jarmolowicz	Male	200.	Male 35-39	34.		1:31:54,62	255.	1:31:06,14
232	Stuart	Coe	Male	201.	Male 65-69	6.	Beaumont Running Club	1:32:05,26	256.	1:31:50,24
401	Phillip	Nolan	Male	202.	Male 35-39	35.		1:32:05,53	257.	1:31:30,33
466	Georgia	Spencer Turner	Female	56.	Female 21-34	10.		1:32:07,11	258.	1:31:42,60
586	Tony	Williams	Male	203.	Male 45-49	30.		1:32:14,21	259.	1:31:35,80
555	Sadie	Hazeldine	Female	57.	Female 21-34	11.		1:32:28,96	260.	1:31:33,18
552	Andy	Hughes	Male	204.	Male 40-44	40.		1:32:50,42	261.	1:31:58,96
654	Robert	Fryer	Male	205.	Male 65-69	7.	North Wales Road Runners	1:33:04,32	262.	1:32:49,60
536	Carol	Hughes-Morris	Female	58.	Female 45-49	10.		1:33:22,76	263.	1:33:03,65
462	Callum	Hooson	Male	206.	Male 12-20	5.		1:33:23,75	264.	1:32:52,20
304	Susanne	Evans	Female	59.	Female 45-49	11.		1:33:39,75	265.	1:33:00,05
294	Clare	Finlay	Female	60.	Female 45-49	12.		1:33:39,84	266.	1:32:59,88
388	Martin	Pritchard	Male	207.	Male 40-44	41.		1:33:52,99	267.	1:33:45,06

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Gender/AG Results

Bib	Forename	Surname	Gender	Pos	Category	Pos	Club	Gun Time	Pos	Chip Time
596	Alan	Perks	Male	208.	Male 35-39	36.		1:33:53,92	268.	1:33:29,72
158	Nikki	Wilson	Female	61.	Female 45-49	13.		1:33:59,33	269.	1:33:07,87
312	Javan	Sparks	Male	209.	Male 21-34	41.		1:34:03,31	270.	1:33:13,73
46	Rhys	Williams	Male	210.	Male 35-39	37.		1:34:10,46	271.	1:33:26,53
550	Keiron	Shone	Male	211.	Male 35-39	38.		1:34:13,30	272.	1:34:06,08
35	Malcolm	Adams	Male	212.	Male 65-69	8.	Fylde Coast Runners	1:34:19,50	273.	1:33:53,14
485	Sian	Davidson	Female	62.	Female 21-34	12.		1:34:19,70	274.	1:33:56,42
392	Peter	Andrews	Male	213.	Male 40-44	42.		1:34:24,90	275.	1:33:29,91
516	Ceri	Mearns	Female	63.	Female 21-34	13.	City Of Salisbury	1:34:31,29	276.	1:34:11,44
364	Lindsay	Bennison	Female	64.	Female 55-59	5.		1:34:40,34	277.	1:33:39,48
180	Rebecca	Viggars	Female	65.	Female 40-44	13.	Lonely Goat	1:34:41,06	278.	1:34:22,01
372	Thomas	Gibson	Male	214.	Male 21-34	42.		1:34:42,69	279.	1:34:23,06
373	Katie	Pendlebury	Female	66.	Female 21-34	14.		1:34:42,82	280.	1:34:23,65
2	Michelle	Bulmer	Female	67.	Female 40-44	14.	Warrington Running Club	1:34:44,91	281.	1:34:21,81
459	Louise	Butterworth	Female	68.	Female 50-54	6.	Middleton Harriers	1:34:45,06	282.	1:34:39,17
360	Paul	Sayer	Male	215.	Male 21-34	43.		1:34:53,97	283.	1:34:19,70
378	Geoff	Chiu	Male	216.	Male 45-49	31.	Rosendale Triathlon Club	1:34:58,23	284.	1:34:48,45
362	Paul	White	Male	217.	Male 40-44	43.		1:35:27,06	285.	1:34:53,12
610	Jak	Daffern	Male	218.	Male 21-34	44.		1:35:29,35	286.	1:35:27,38
72	Adam	Reynolds	Male	219.	Male 35-39	39.		1:35:31,81	287.	1:35:21,41
205	Tim	Jones	Male	220.	Male 40-44	44.		1:35:39,77	288.	1:35:03,09
347	Isabel	Robertson	Female	69.	Female 55-59	6.	West Cheshire Athletics Club	1:35:40,68	289.	1:34:49,60
683	Lee	Fletcher	Male	221.	Male 35-39	40.		1:35:43,11	290.	1:35:00,58
115	Vicki	Poole	Female	70.	Female 35-39	16.		1:35:44,46	291.	1:35:24,74
548	Alison	Williams	Female	71.	Female 55-59	7.		1:35:49,22	292.	1:34:52,80
256	Martin	Heywood	Male	222.	Male 40-44	45.		1:35:56,79	293.	1:35:32,13
407	Felicity	Brandish	Female	72.	Female 40-44	15.	Penyffordd Run Club	1:36:04,08	294.	1:35:27,64
202	Luke	Jones	Male	223.	Male 21-34	45.		1:36:08,45	295.	1:35:09,41
314	Rima	Liucvaitiene	Female	73.	Female 21-34	15.		1:36:11,11	296.	1:35:49,13
540	Jim	Large	Male	224.	Male 60-64	10.		1:36:11,95	297.	1:35:39,90
595	Bridget	Stevenson	Female	74.	Female 45-49	14.		1:36:12,61	298.	1:35:51,36
381	Gavin	Allport	Male	225.	Male 35-39	41.		1:36:15,09	299.	1:35:42,38
179	Dafydd	Jones	Male	226.	Male 35-39	42.		1:36:20,04	300.	1:36:06,97
499	Neil	Anderson	Male	227.	Male 45-49	32.		1:36:23,92	301.	1:35:40,31
76	Simon	Dakin	Male	228.	Male 55-59	15.		1:36:32,92	302.	1:35:45,34
493	Andrew	Dowdeswell	Male	229.	Male 35-39	43.		1:36:34,17	303.	1:36:12,39
491	Chris	Powell	Male	230.	Male 35-39	44.		1:36:47,05	304.	1:36:11,27
102	David	Wallace	Male	231.	Male 45-49	33.		1:36:52,03	305.	1:36:01,99
178	Paul	Moretta	Male	232.	Male 55-59	16.		1:36:53,79	306.	1:36:22,23
436	Ian	Hayles	Male	233.	Male 45-49	34.	Hartshill Runners	1:36:54,97	307.	1:36:38,75
87	Cerys	Nicholls	Female	75.	Female 40-44	16.		1:37:10,15	308.	1:36:38,16
286	Meurig	Thomas	Male	234.	Male 50-54	26.		1:37:15,92	309.	1:36:53,82
460	Gillian	Duncliffe	Female	76.	Female 35-39	17.		1:37:16,12	310.	1:36:18,29
64	Bryn	Jones	Male	235.	Male 21-34	46.		1:37:21,30	311.	1:36:52,46
620	Kate	Somma	Female	77.	Female 45-49	15.		1:37:24,37	312.	1:36:54,81
476	Katie	Leach	Female	78.	Female 21-34	16.		1:37:24,65	313.	1:36:54,71
248	Lucy	Mcardle	Female	79.	Female 21-34	17.		1:37:24,98	314.	1:37:11,89
561	Stephen	Morley	Male	236.	Male 60-64	11.		1:37:32,81	315.	1:36:39,95
85	Phil	Latham	Male	237.	Male 50-54	27.		1:37:35,57	316.	1:36:46,83
93	Lisa	Plumb	Female	80.	Female 50-54	7.		1:37:37,39	317.	1:37:05,08
308	Mandy	Owen	Female	81.	Female 40-44	17.	North Wales Road Runners	1:37:43,62	318.	1:37:25,03
533	Cathrin	Alwen	Female	82.	Female 35-39	18.		1:37:45,43	319.	1:37:25,02
123	Sharon	Willis	Female	83.	Female 50-54	8.		1:37:51,69	320.	1:37:34,70
59	Nicola	Cunningham	Female	84.	Female 40-44	18.		1:37:56,81	321.	1:37:26,59
473	Michael	Hayton	Male	238.	Male 65-69	9.	Nwrrc	1:37:57,99	322.	1:37:45,83
148	John	Fletcher	Male	239.	Male 50-54	28.		1:38:03,22	323.	1:37:49,87
390	Sue	Jones	Female	85.	Female 55-59	8.	Cybi Striders	1:38:09,23	324.	1:37:46,51
210	Becky	Hitchens	Female	86.	Female 35-39	19.		1:38:15,07	325.	1:37:49,07
650	Liza	Francis	Female	87.	Female 40-44	19.		1:38:19,83	326.	1:37:59,56
504	Glyn	Ellis	Male	240.	Male 45-49	35.		1:38:24,65	327.	1:38:06,69
513	Ryan	Phillips	Male	241.	Male 21-34	47.		1:38:27,06	328.	1:37:23,72
687	Maurice	Hill	Male	242.	Male 55-59	17.		1:38:28,13	329.	1:37:52,81
129	Louise	Norman	Female	88.	Female 45-49	16.	Hartshill	1:38:33,45	330.	1:38:20,76
410	Matthew	Thompson	Male	243.	Male 21-34	48.		1:38:36,21	331.	1:37:32,81
152	Ross	Makin	Male	244.	Male 40-44	46.		1:38:38,39	332.	1:37:40,61
20	Robert	Kewish	Male	245.	Male 45-49	36.		1:38:40,14	333.	1:38:20,05
322	Carl	Edgington	Male	246.	Male 45-49	37.	Lawley Running Club	1:38:48,81	334.	1:38:03,49
580	Richard	Page	Male	247.	Male 35-39	45.		1:39:02,05	335.	1:38:11,41
159	Tracey	Ingham	Female	89.	Female 50-54	9.		1:39:05,70	336.	1:38:14,02
455	Paul	Houlding	Male	248.	Male 55-59	18.		1:39:06,46	337.	1:37:54,65
680	Donatela	Subice	Female	90.	Female 21-34	18.		1:39:09,27	338.	1:38:42,32
9	Helen	Howard	Female	91.	Female 50-54	10.		1:39:09,39	339.	1:38:23,19
21	Louise	Jenner	Female	92.	Female 40-44	20.	Lawley Running Club	1:39:19,87	340.	1:38:35,68
206	Arwel	Jones	Male	249.	Male 55-59	19.		1:39:21,69	341.	1:38:51,76
144	David	Fox	Male	250.	Male 35-39	46.	Lonely Goat Rc	1:39:22,68	342.	1:38:59,12
56	Eifion	Jones	Male	251.	Male 50-54	29.		1:39:29,14	343.	1:38:36,16
422	Paul	Owen	Male	252.	Male 45-49	38.		1:39:36,34	344.	1:38:28,57
238	Billiejean	Preece	Female	93.	Female 40-44	21.	Telford Harriers	1:39:45,45	345.	1:38:41,00
307	Darren	Low	Male	253.	Male 50-54	30.		1:39:51,75	346.	1:39:30,50
253	Tony	Mudkins	Male	254.	Male 40-44	47.		1:40:14,60	347.	1:39:19,87
223	Natasha	Palfrey	Female	94.	Female 40-44	22.		1:40:14,91	348.	1:39:20,56
665	Tasha	Carson	Female	95.	Female 21-34	19.		1:40:16,56	349.	1:39:48,23
63	Anthony	Hughes	Male	255.	Male 35-39	47.		1:40:18,32	350.	1:39:49,48
576	William	Gladwell	Male	256.	Male 21-34	49.		1:40:18,64	351.	1:39:15,62
276	Claire	Godfrey-Bellis	Female	96.	Female 21-34	20.		1:40:23,65	352.	1:39:43,75
644	Clare	Brookes	Female	97.	Female 50-54	11.	Mowcop	1:40:25,74	353.	1:39:42,45
441	Sue	Gardner	Female	98.	Female 55-59	9.		1:40:30,38	354.	1:40:24,74
337	Christopher	Smith	Male	257.	Male 21-34	50.		1:40:33,11	355.	1:40:09,47
368	Rich	Pink	Male	258.	Male 50-54	31.		1:40:33,26	356.	1:39:26,30

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Gender/AG Results

Bib	Forename	Surname	Gender	Pos	Category	Pos	Club	Gun Time	Pos	Chip Time
60	Jason	Cunningham	Male	259.	Male 45-49	39.		1:40:35,09	357.	1:40:04,95
110	Christopher	Jones	Male	260.	Male 21-34	51.		1:40:38,71	358.	1:39:57,58
100	Jamie	Brown	Male	261.	Male 21-34	52.		1:40:38,79	359.	1:39:57,40
117	James	Edwards	Male	262.	Male 21-34	53.		1:40:39,27	360.	1:39:58,14
101	James	Hughes	Male	263.	Male 21-34	54.		1:40:39,32	361.	1:39:58,06
692	Clive	Black	Male	264.	Male 55-59	20.		1:40:40,46	362.	1:39:33,58
645	Andrew	Mills	Male	265.	Male 50-54	32.	Mowcop	1:40:51,09	363.	1:40:07,89
191	Karen	Cresswell	Female	99.	Female 45-49	17.		1:40:51,69	364.	1:40:23,89
585	Fiona	Megarrell	Female	100.	Female 21-34	21.		1:40:51,81	365.	1:40:30,19
215	Kathryn	Roberts	Female	101.	Female 45-49	18.	Rhedwyr Hebog Runners	1:41:00,27	366.	1:40:04,12
526	Lucy	Manifold	Female	102.	Female 21-34	22.		1:41:04,09	367.	1:40:33,87
235	Emma	Hall	Female	103.	Female 35-39	20.	Hartshill	1:41:06,19	368.	1:40:51,23
572	Emma	Brookes	Female	104.	Female 45-49	19.		1:41:09,92	369.	1:40:09,58
686	Leila	Mapp	Female	105.	Female 50-54	12.	Dvt	1:41:15,97	370.	1:40:47,83
490	Emma	Tilston	Female	106.	Female 50-54	13.		1:41:21,53	371.	1:40:52,69
269	Ollie	Jones	Male	266.	Male 21-34	55.		1:41:26,81	372.	1:40:53,78
573	Nigel	Fisher	Male	267.	Male 55-59	21.		1:41:30,24	373.	1:40:30,02
656	Pau	Willis	Male	268.	Male 45-49	40.		1:41:31,23	374.	1:40:37,64
549	Lynn	Smith	Female	107.	Female 55-59	10.		1:41:48,87	375.	1:40:52,15
145	Pat	Cooke	Male	269.	Male 60-64	12.		1:41:52,37	376.	1:40:57,90
663	Geraint	Davies	Male	270.	Male 55-59	22.		1:41:54,73	377.	1:41:22,36
672	Simon	Anders	Male	271.	Male 40-44	48.		1:41:59,95	378.	1:41:31,71
598	Helen	Nightingale	Female	108.	Female 50-54	14.	South Cheshire Harriers	1:42:11,65	379.	1:41:10,04
376	Sharon	Grattan	Female	109.	Female 45-49	20.	South Cheshire Harriers	1:42:14,13	380.	1:41:11,85
164	Emma	Roberts	Female	110.	Female 50-54	15.	Bramhall Runners	1:42:17,45	381.	1:41:50,57
267	Trish	Preston	Female	111.	Female 45-49	21.	Warrington Running Club	1:42:19,41	382.	1:41:31,27
539	Lisa	Edwards	Female	112.	Female 45-49	22.		1:42:28,25	383.	1:41:50,83
469	Pat	Thomas	Female	113.	Female 60-64	2.		1:42:30,88	384.	1:41:26,48
94	Keith	Tewkesbury	Male	272.	Male 75-79	1.	Abergele Harriers	1:42:38,04	385.	1:42:30,28
447	Gemma	Beattie	Female	114.	Female 21-34	23.		1:42:38,44	386.	1:42:15,47
446	Nixi	Koltun	Female	115.	Female 21-34	24.		1:42:38,62	387.	1:42:15,59
283	Lowenna	Janssens	Female	116.	Female 35-39	21.		1:42:48,91	388.	1:42:08,62
668	Tom	Hughes	Male	273.	Male 55-59	23.		1:42:50,27	389.	1:42:00,28
4	Simon	Williams	Male	274.	Male 35-39	48.	Wrexham Aac	1:43:08,36	390.	1:42:36,94
128	Victoria	Buttery	Female	117.	Female 50-54	16.		1:43:09,17	391.	1:42:42,33
201	Gaynor	Beckett	Female	118.	Female 45-49	23.	Chester Tri Club	1:43:17,63	392.	1:42:59,67
154	Ellen	Russell	Female	119.	Female 21-34	25.		1:43:21,87	393.	1:42:44,54
443	Kate	Yeomans	Female	120.	Female 21-34	26.		1:43:22,02	394.	1:42:41,92
196	Neil	Burgoyne	Male	275.	Male 55-59	24.		1:43:27,24	395.	1:42:48,15
439	Debbie	Richardson	Female	121.	Female 50-54	17.	Vale Royal	1:43:33,33	396.	1:43:05,04
39	Kerrie	Bignall	Female	122.	Female 50-54	18.		1:43:34,26	397.	1:43:03,86
86	Paul	Bedford	Male	276.	Male 55-59	25.		1:43:39,18	398.	1:42:48,54
496	Rob	Crewe	Male	277.	Male 45-49	41.		1:43:41,25	399.	1:42:57,85
234	Sarah	Hughes	Female	123.	Female 35-39	22.	Penyffordd	1:43:42,09	400.	1:43:02,31
409	Kate	Hughes-Jenkins	Female	124.	Female 21-34	27.		1:43:58,70	401.	1:43:08,41
48	Neil	Grief	Male	278.	Male 45-49	42.		1:44:04,18	402.	1:44:01,93
329	Rachel	Shoukair	Female	125.	Female 45-49	24.		1:44:10,37	403.	1:43:31,91
338	Jill	Cumston	Female	126.	Female 50-54	19.		1:44:11,13	404.	1:43:30,52
365	Debbie	Wilson	Female	127.	Female 45-49	25.		1:44:14,40	405.	1:43:57,74
634	Stacey	Wood	Female	128.	Female 35-39	23.	Penyffordd Run Club	1:44:16,29	406.	1:43:35,99
474	Debi	Mcmillan	Female	129.	Female 45-49	26.	Penny Lane Striders	1:44:54,20	407.	1:44:32,95
80	Nicola	Birkett	Female	130.	Female 40-44	23.	Deestridders	1:45:01,73	408.	1:44:03,29
492	Laura	Dowdeswell	Female	131.	Female 35-39	24.	Ellesmere Port Rc	1:45:04,74	409.	1:44:54,72
82	Michael	Fraser	Male	279.	Male 60-64	13.		1:45:09,24	410.	1:44:52,46
599	Joanna	Wright	Female	132.	Female 40-44	24.	South Cheshire Harriers	1:45:09,64	411.	1:44:07,81
291	Kate	Jervis	Female	133.	Female 35-39	25.		1:45:12,43	412.	1:44:19,91
393	Melissa	Mcmillan	Female	134.	Female 35-39	26.		1:45:21,68	413.	1:44:31,22
240	Robert	Jones	Male	280.	Male 40-44	49.		1:45:31,74	414.	1:45:12,70
247	Julia	Astbury	Female	135.	Female 50-54	20.	Penyffordd Run Club	1:46:01,80	415.	1:45:35,94
626	David	Hughes	Male	281.	Male 55-59	26.		1:46:19,98	416.	1:46:02,54
623	Jon	Roberts	Male	282.	Male 50-54	33.		1:46:25,27	417.	1:45:57,31
682	Iolo	Evans	Male	283.	Male 40-44	50.	Dvt	1:46:36,05	418.	1:46:05,31
681	Ruth	Evans	Female	136.	Female 35-39	27.	Dvt	1:46:36,05	419.	1:46:06,30
587	Russell	Biggs	Female	137.	Female 45-49	27.		1:46:50,08	420.	1:46:11,67
678	Gemma	Price	Female	138.	Female 21-34	28.		1:47:05,67	421.	1:46:24,59
465	Gordon	Roberts	Male	284.	Male 60-64	14.		1:47:09,54	422.	1:46:02,97
464	Alison	Maguire	Female	139.	Female 45-49	28.		1:47:09,65	423.	1:46:02,97
136	Benn	Danson	Male	285.	Male 40-44	51.	Deestridders Rc	1:47:19,92	424.	1:45:56,81
521	Joanne	Atkinson	Female	140.	Female 45-49	29.		1:47:37,27	425.	1:47:04,14
614	Lewis	Porter	Male	286.	Male 50-54	34.		1:47:42,61	426.	1:47:08,01
351	Matthew	Farmer	Male	287.	Male 35-39	49.		1:47:46,58	427.	1:47:07,00
427	Sue	Jamieson	Female	141.	Female 45-49	30.		1:47:55,61	428.	1:47:21,68
426	Jane	Hodgkiss	Female	142.	Female 45-49	31.		1:47:55,78	429.	1:47:22,03
321	Iona	Roberts	Female	143.	Female 21-34	29.		1:47:56,08	430.	1:47:12,68
241	Sue	Fisher	Female	144.	Female 40-44	25.		1:47:59,94	431.	1:47:33,91
22	Emma	Carr	Female	145.	Female 21-34	30.	Mow Cop Runners	1:48:05,12	432.	1:47:40,99
387	Nicky	Cashman	Female	146.	Female 50-54	21.		1:48:30,71	433.	1:47:45,92
584	Jacob	Varley	Male	288.	Male 50-54	35.		1:48:38,34	434.	1:48:15,81
419	Amy	Stamp	Female	147.	Female 21-34	31.		1:48:50,04	435.	1:47:56,42
502	Lexy	Ainsworth	Female	148.	Female 35-39	28.	Cheadle Rc	1:48:50,13	436.	1:47:56,37
17	Nem	James	Male	289.	Male 21-34	56.	Prestatyn Rc	1:48:53,47	437.	1:47:50,45
444	Rachel	Morris	Female	149.	Female 35-39	29.	North Wales Road Runners	1:48:55,81	438.	1:48:42,81
588	Sophie	White	Female	150.	Female 21-34	32.		1:48:59,91	439.	1:48:26,94
169	Natalie	Everley	Female	151.	Female 35-39	30.		1:49:02,91	440.	1:48:42,70
95	John	Ogg	Male	290.	Male 40-44	52.	Quays Running Club	1:49:06,61	441.	1:48:20,59
583	Martin	Varley	Male	291.	Male 50-54	36.		1:49:16,51	442.	1:48:52,17
529	Laurie	Owens	Female	152.	Female 35-39	31.		1:49:32,12	443.	1:48:47,22
657	Nicky	Eyes	Female	153.	Female 40-44	26.		1:49:34,65	444.	1:48:48,49
237	Joe	Marks	Female	154.	Female 40-44	27.		1:49:55,32	445.	1:48:50,41

Rhyl 10 Mile 2020

Gender/AG Results

Bib	Forename	Surname	Gender	Pos	Category	Pos	Club	Gun Time	Pos	Chip Time
333	Lisa	Hampson	Female	223.	Female 45-49	43.		2:09:14,20	535.	2:08:28,32
259	Heather	Robertson	Female	224.	Female 45-49	44.		2:10:20,34	536.	2:09:19,54
302	Janine	Ludbrook	Female	225.	Female 45-49	45.		2:11:03,85	537.	2:10:23,71
297	Helen	Byrne	Female	226.	Female 45-49	46.		2:11:23,20	538.	2:10:44,22
575	Alison	Bolderson	Female	227.	Female 50-54	27.		2:11:32,21	539.	2:10:50,60
192	Angela	Smith	Female	228.	Female 35-39	39.		2:16:39,90	540.	2:16:12,16
400	Steph	Hague	Female	229.	Female 55-59	24.		2:17:17,52	541.	2:16:18,66
531	Anna	Davies	Female	230.	Female 35-39	40.		2:18:21,29	542.	2:17:55,49
147	David	Gee	Male	313.	Male 60-64	15.	Sowerby Bridge Snails	2:18:30,66	543.	2:17:30,84
252	Samantha	Wright	Female	231.	Female 45-49	47.		2:18:31,32	544.	2:17:31,29
508	Helen	Smithers	Female	232.	Female 40-44	45.	North Bolton Runners	2:18:59,00	545.	2:18:39,69
451	Charlotte	Allen	Female	233.	Female 21-34	40.	Hartshill Runners	2:18:59,47	546.	2:18:01,81
367	Sani	Koch	Female	234.	Female 35-39	41.		2:18:59,56	547.	2:17:53,18
260	Teresa	Coyle	Female	235.	Female 40-44	46.	Telford Harriers	2:21:05,50	548.	2:20:00,05
290	Jacqui	Barker	Female	236.	Female 50-54	28.		2:22:06,67	549.	2:21:03,73
289	David	Barker	Male	314.	Male 45-49	45.		2:22:14,64	550.	2:21:10,97
331	Nathan	Davies	Male	315.	Male 35-39	53.		2:22:59,80	551.	2:21:49,89
306	Sheila	Symonds	Female	237.	Female 80+	1.	Meirionnydd	3:17:44,47	552.	3:17:09,41

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