

# Colwyn Bay Metric Marathon and Half Marathon

## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
Metric Marathon									
330	Matthew Crehan	M	1.	Male 21-34	1.	St. Helens Sutton A.C.	01:29:27	01:29:30	1.
245	Paul Tatler	M	2.	Male 40-44	1.	City of Stoke AC	01:33:25	01:33:28	2.
148	Stephen Mason	M	3.	Male 45-49	1.	North Wales Road Runners	01:48:21	01:48:26	3.
284	Gemma Moore	F	1.	Female 40-44	1.	Eryri	01:48:39	01:48:43	4.
226	Jack Jones	M	4.	Male 21-34	2.	(Porthmadog)	01:49:18	01:49:22	5.
135	Steve Gadd	M	5.	Male 50-54	1.	denbigh harriers	01:50:24	01:50:31	6.
285	Iwan Evans	M	6.	Male 45-49	2.	North Wales Road Runners Club	01:50:29	01:50:33	7.
247	Dafydd Royle	M	7.	Male 21-34	3.	(Llanrwst)	01:51:47	01:51:51	8.
201	Joey Davies	M	8.	Male 35-39	1.	Deestridders running club	01:52:16	01:52:20	9.
153	Michael Roberts	M	9.	Male 55-59	1.	North Wales Road Runners Club (NWRRC)	01:53:13	01:53:19	10.
283	Chris Thomas	M	10.	Male 40-44	2.	Cybi Striders	01:56:29	01:56:38	11.
324	Andrew Walls	M	11.	Male 35-39	2.	(Southport)	01:58:07	01:58:25	12.
304	George Barnaby	M	12.	Male 21-34	4.	(Bristol)	01:58:09	01:58:33	13.
257	Lizzie Slater	F	2.	Female 45-49	1.	Nantwich	01:58:38	01:58:47	14.
183	Peter Evans	M	13.	Male 40-44	3.	(Welshpool)	01:59:00	01:59:08	15.
165	Liam Donohoe	M	14.	Male 35-39	3.	Liam Donohoe	01:59:16	01:59:24	16.
313	Catherine Jones	F	3.	Female 40-44	2.	denbigh harriers	01:59:56	02:00:03	17.
149	David Round	M	15.	Male 40-44	4.	Dudley Kingswinford Running Club	02:00:37	02:00:42	18.
176	Donna Mckenna	F	4.	Female 50-54	1.	Penny Lane Striders	02:02:22	02:02:33	19.
156	Elfed Atherton	M	16.	Male 21-34	5.	Meirionnydd Running Club	02:03:08	02:03:18	20.
202	Mal Preece	M	17.	Male 60-64	1.	NWRRC	02:03:25	02:03:30	21.
162	Andrew Ballantyne	M	18.	Male 50-54	2.	(Manchester)	02:03:48	02:03:54	22.
236	Rebecca Fitzsimmons	F	5.	Female 21-34	1.	Chorlton Runners	02:04:06	02:04:13	23.
198	Ben Hudson	M	19.	Male 45-49	3.	North Wales Road Runners Club	02:04:19	02:04:25	24.
302	Sion O'neil	M	20.	Male 50-54	3.	(Holywell)	02:04:25	02:04:32	25.
322	John Jones	M	21.	Male 65-69	1.	Eryri Harriers	02:05:20	02:05:24	26.
131	John Peaker	M	22.	Male 55-59	2.	CHESTER Tri	02:05:21	02:05:27	27.
329	Bree Sutcliffe	F	6.	Female 45-49	2.	Wirral AC	02:06:38	02:06:48	28.
297	Kevin Slattery	M	23.	Male 65-69	2.	North Wales Road Runners Club (NWRRC)	02:07:06	02:07:11	29.
208	Jack Buckley	M	24.	Male 21-34	6.	GOG Triathlon Club	02:07:04	02:07:13	30.
195	Alex Bannister	F	7.	Female 21-34	2.	Nantwich Running Club	02:07:17	02:07:27	31.

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Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
321	Jamie Williams	M	25.	Male 21-34	7.	(Bangor)	02:07:25	02:07:37	32.
40	Jack Parry-Jones	M	26.	Male 21-34	8.	(Rhyl)	02:07:27	02:07:45	33.
178	Rhodri Evans	M	27.	Male 35-39	4.	Eryri Harriers	02:08:09	02:08:18	34.
212	Martin Joy	M	28.	Male 50-54	4.	(Llandudno)	02:08:29	02:08:33	35.
325	Rebecca Mccarthy	F	8.	Female 45-49	3.	Nantwich Running Club	02:08:25	02:08:35	36.
181	Vicky Lea	F	9.	Female 40-44	3.	(Ellesmere)	02:08:44	02:08:59	37.
163	Paul A Lyth	M	29.	Male 50-54	5.	Deestridders	02:09:02	02:09:26	38.
197	Sarah Hudson	F	10.	Female 45-49	4.	North Wales Road Runners Club	02:09:21	02:09:26	39.
331	Clare Mallon	F	11.	Female 50-54	2.	west cheshire AC	02:09:44	02:09:55	40.
320	James Jones	M	30.	Male 21-34	9.	(Benllech)	02:10:18	02:10:30	41.
190	Peter Fahy	M	31.	Male 50-54	6.	Sphinx AC	02:11:08	02:11:17	42.
261	David Jones	M	32.	Male 50-54	7.	North Wales Road Runners	02:11:34	02:11:40	43.
177	Paula Reynolds	F	12.	Female 45-49	5.	(Cockshutt)	02:11:46	02:12:02	44.
146	Alex Smith	M	33.	Male 21-34	10.	Widnes Running Club	02:11:41	02:12:03	45.
256	Andrew Growcott	M	34.	Male 40-44	5.	South cheshire harriers	02:12:19	02:12:24	46.
166	Craig Wilson	M	35.	Male 40-44	6.	(Colwyn bay)	02:13:14	02:13:30	47.
332	Lisa Grantham	F	13.	Female 45-49	6.	Pensby Runners	02:13:46	02:13:56	48.
264	Stephen Ball	M	36.	Male 45-49	4.	West Cheshire Athletic club	02:13:49	02:14:01	49.
316	Kevin Clark	M	37.	Male 55-59	3.	Cybi Striders	02:13:57	02:14:05	50.
314	Sion Evans	M	38.	Male 21-34	11.	(Dinbych)	02:14:10	02:14:25	51.
144	Kristian Sayer	M	39.	Male 50-54	8.	(East Ardsley)	02:14:10	02:14:35	52.
301	Cheryl Frost	F	14.	Female 55-59	1.	nwrrc	02:15:10	02:15:15	53.
275	Victoria Williams	F	15.	Female 35-39	1.	Dudley Kingswinford Running Club	02:15:13	02:15:20	54.
222	Ben Evans	M	40.	Male 21-34	12.	(Old colwyn)	02:15:27	02:15:49	55.
281	Mark Doyle	M	41.	Male 35-39	5.	(Llandudno Junction)	02:16:53	02:17:07	56.
234	Mike Salusbury	M	42.	Male 45-49	5.	Deestridders	02:17:30	02:17:45	57.
225	Cameron Thomas	M	43.	Male 21-34	13.	(Llangefni)	02:17:52	02:18:15	58.
159	Lily van Brienen	F	16.	Female 21-34	3.	(Bangor)	02:18:04	02:18:22	59.
238	Mark Pollitt	M	44.	Male 50-54	9.	(Manchester)	02:17:55	02:18:23	60.
136	Hannah Williams	F	17.	Female 21-34	4.	(Old Colwyn, Colwyn Bay)	02:18:20	02:18:28	61.
191	Gaz Hatton	M	45.	Male 45-49	6.	(Llandudno junction)	02:18:53	02:19:07	62.
194	Natalie Roberts	F	18.	Female 50-54	3.	(Mostyn)	02:19:44	02:19:53	63.

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Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
155	Steve Bates	M	46.	Male 45-49	7.	vegan runners UK	02:19:47	02:19:56	64.
18	Ryan Rushton	M	47.	Male 21-34	14.	(Llandudno junction)	02:19:58	02:20:13	65.
312	Jayne Price	F	19.	Female 21-34	5.	Pensby Runners	02:20:13	02:20:23	66.
317	Charles Birkin	F	20.	Female 21-34	6.	Audley striders running club	02:20:11	02:20:39	67.
216	Paul Owen	M	48.	Male 50-54	10.	(Bangor)	02:20:37	02:20:52	68.
214	Jane Lightfoot	F	21.	Female 35-39	2.	Liverpool Running Bugs	02:21:34	02:21:53	69.
213	Tasha Carson	F	22.	Female 35-39	3.	(Deganwy)	02:24:49	02:24:58	70.
303	Isobel Jarrold	F	23.	Female 21-34	7.	(Bristol)	02:24:37	02:25:01	71.
173	John Taylor	M	49.	Male 50-54	11.	Warrington Running Club	02:24:49	02:25:06	72.
172	Laura Owen	F	24.	Female 35-39	4.	Warrington Running Club	02:24:49	02:25:06	73.
133	Catrin Owen	F	25.	Female 21-34	8.	(Llangefni)	02:25:04	02:25:28	74.
279	Yvette Adamson	F	26.	Female 45-49	7.	Betsi Runaways	02:25:16	02:25:32	75.
271	Holly Williams	F	27.	Female 35-39	5.	(St Asaph)	02:25:10	02:25:34	76.
189	Paul Quinton	M	50.	Male 60-64	2.	(Rhyl)	02:26:09	02:26:19	77.
249	Douglas Graham	M	51.	Male 45-49	8.	Black Cloak Runners	02:26:03	02:26:19	78.
186	Alex Jones	F	28.	Female 21-34	9.	(Colwyn bay)	02:26:46	02:27:06	79.
287	Ian Stainthorpe	M	52.	Male 60-64	3.	Roachdale Harriers & AC	02:27:03	02:27:21	80.
263	Gail Bamber	F	29.	Female 50-54	4.	Blackburn Road Runners	02:29:36	02:29:51	81.
309	Alex Layton	M	53.	Male 21-34	15.	(Buxton)	02:29:41	02:30:02	82.
218	Nicky Marck	M	54.	Male 40-44	7.	(Welshpool)	02:30:00	02:30:09	83.
276	Darren Hill	M	55.	Male 40-44	8.	(Prestayn)	02:29:41	02:30:10	84.
327	Cerys Nicholls	F	30.	Female 40-44	4.	(Ellesmere)	02:30:01	02:30:19	85.
242	Maksym Piwonski	M	56.	Male 45-49	9.	(Liverpool)	02:30:10	02:30:35	86.
270	Donna Jones	F	31.	Female 40-44	5.	Cybi Striders	02:30:48	02:30:58	87.
277	James Driver	M	57.	Male 21-34	16.	UTS Run Club	02:31:35	02:31:53	88.
196	Richard Davenport	M	58.	Male 45-49	10.	Nantwich Running Club	02:31:40	02:31:53	89.
241	Rhys Hearn	M	59.	Male 45-49	11.	Clwb Run Wales	02:31:35	02:31:55	90.
128	Natalie Wilde	F	32.	Female 45-49	8.	(Manchester)	02:31:38	02:31:56	91.
164	Stephen Coleman	M	60.	Male 60-64	4.	Fylde Coast Runners	02:31:55	02:32:07	92.
250	Daniel Jones	M	61.	Male 45-49	12.	(Bagillt)	02:32:58	02:33:26	93.
273	Mark Hopwood	M	62.	Male 55-59	4.	(MOLD)	02:33:24	02:33:50	94.
217	Richard Evans	M	63.	Male 40-44	9.	(Welshpool)	02:33:47	02:33:57	95.

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Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
334	Laura Moores	F	33.	Female 35-39	6.	Blackburn Road Runners	02:33:58	02:34:11	96.
333	Duncan Moores	M	64.	Male 35-39	6.	Blackburn Road Runners	02:33:58	02:34:11	97.
228	Carol Bartle	F	34.	Female 60-64	1.	Ogmore phoenix runners	02:33:58	02:34:15	98.
142	Andy Morris	M	65.	Male 45-49	13.	South cheshire harriers	02:34:02	02:34:15	99.
210	Tecwyn Jones	M	66.	Male 60-64	5.	(Rhosybol)	02:34:12	02:34:37	100.
272	Sean Nixon	M	67.	Male 21-34	17.	(Stoke)	02:34:11	02:34:42	101.
258	Chelsea Parry	F	35.	Female 21-34	10.	(Holyhead)	02:35:30	02:35:34	102.
291	Matthew Turner	M	68.	Male 21-34	18.	vegan runners UK	02:35:50	02:36:04	103.
182	Jan Muir	F	36.	Female 55-59	2.	(BENLLECH)	02:36:16	02:36:19	104.
185	Roy Caine	M	69.	Male 35-39	7.	(Birkenhead)	02:35:42	02:36:26	105.
168	Sion Jones	M	70.	Male 40-44	10.	(Llandudno)	02:36:33	02:36:52	106.
167	Aneta Peplinska-Jones	F	37.	Female 45-49	9.	(Llandudno)	02:36:33	02:36:52	107.
184	Eve Lamb	F	38.	Female 12-20	1.	(Mold)	02:36:37	02:36:54	108.
224	Dan Williams	M	71.	Male 21-34	19.	Porth Eirias Runners	02:37:41	02:37:52	109.
318	Claire Williams	F	39.	Female 50-54	5.	Amlwch Arrows	02:38:04	02:38:29	110.
289	Amber Birkett	F	40.	Female 21-34	11.	(Swindon)	02:38:36	02:38:47	111.
200	Philip Moss	M	72.	Male 55-59	5.	Abergele Harriers	02:38:46	02:38:58	112.
326	Laurie Owens	F	41.	Female 40-44	6.	Chester Road Runners	02:38:44	02:38:59	113.
180	Paul Towers	M	73.	Male 40-44	11.	Run Middlewich	02:39:17	02:39:48	114.
298	Chris Kettle	M	74.	Male 50-54	12.	Northwich Running Club	02:39:46	02:40:05	115.
248	Ian Hart	M	75.	Male 55-59	6.	Ellesmere Port Running Club	02:40:02	02:40:33	116.
290	Mark Piprani	M	76.	Male 35-39	8.	Blackburn Road Runners	02:40:23	02:40:36	117.
280	Katie Doyle	F	42.	Female 21-34	12.	(Llandudno Junction)	02:40:22	02:40:36	118.
53	Deborah Luckman	F	43.	Female 50-54	6.	Blackley W2R	02:40:11	02:40:37	119.
269	Sarah Priest	F	44.	Female 50-54	7.	(Prestatyn)	02:40:30	02:40:56	120.
235	Colin Mountford	M	77.	Male 45-49	14.	(STOKE-ON-TRENT)	02:40:49	02:41:09	121.
292	Elen Jones	F	45.	Female 21-34	13.	(Bodelwyddan)	02:41:12	02:41:27	122.
311	Catrin Mather	F	46.	Female 21-34	14.	(Y Felinheli)	02:41:12	02:41:27	123.
259	Elaine Heyes	F	47.	Female 50-54	8.	Porth Eirias Runners	02:41:07	02:41:31	124.
171	Julie Reid	F	48.	Female 50-54	9.	Widnes Running Club	02:42:46	02:43:08	125.
139	Les Price	M	78.	Male 40-44	12.	Deestridders	02:43:37	02:44:02	126.
323	Huw Davies	M	79.	Male 55-59	7.	(Bangor)	02:44:34	02:45:02	127.

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Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
231	Nicola Chiappa	F	49.	Female 50-54	10.	Lymm Runners	02:45:09	02:45:32	128.
232	Carolyn Arber	F	50.	Female 65-69	1.	Lymm Runners	02:45:09	02:45:32	129.
154	Fiona Bates	F	51.	Female 55-59	3.	Vegan Runners	02:45:39	02:45:48	130.
150	Sarah Jones	F	52.	Female 21-34	15.	North Wales Road Runners Club (NWRRC)	02:46:13	02:46:32	131.
151	Daniel Hennell	M	80.	Male 45-49	15.	North Wales Road Runners Club (NWRRC)	02:46:14	02:46:33	132.
296	Nathan Bradshaw	M	81.	Male 35-39	9.	(Towyn)	02:46:28	02:46:38	133.
121	Adam Smith	M	82.	Male 35-39	10.	(Chester)	02:46:55	02:47:13	134.
252	Emma Hughes	F	53.	Female 35-39	7.	Mon milers	02:47:22	02:47:47	135.
209	Alison Roberts	F	54.	Female 50-54	11.	Amlwch Arrows	02:47:22	02:47:47	136.
207	Gareth Perrin	M	83.	Male 50-54	13.	Cybi Striders	02:47:28	02:47:54	137.
286	Ben Renshaw	M	84.	Male 21-34	20.	(Bagillt)	02:48:24	02:48:48	138.
215	Brian Cowan	M	85.	Male 55-59	8.	Pitreavie AAC	02:48:33	02:48:52	139.
145	Jennifer Stiles	F	55.	Female 40-44	7.	Whitchurch whippets	02:49:46	02:50:02	140.
230	Dariusz Synowiec	M	86.	Male 45-49	16.	(Llandudno)	02:49:45	02:50:04	141.
308	Robert Perry	M	87.	Male 70-74	1.	Wallasey AC	02:50:23	02:50:43	142.
306	Victoria Lawson	F	56.	Female 45-49	10.	Northwich Running Club	02:50:26	02:50:43	143.
227	Chris Jones	M	88.	Male 50-54	14.	(Greenfield)	02:50:26	02:50:52	144.
161	Darren Sweeney	M	89.	Male 40-44	13.	(HOLYWELL)	02:51:43	02:52:07	145.
160	David Roberts	M	90.	Male 55-59	9.	Lonely Goat RC	02:52:42	02:53:00	146.
268	Donna Mazur	F	57.	Female 50-54	12.	Blackburn Road Runners	02:54:25	02:54:38	147.
300	Mike Simcock	M	91.	Male 55-59	10.	Northwich Running Club	02:54:40	02:54:58	148.
187	Adrian Roebuck	F	58.	Female 55-59	4.	N/A	02:55:06	02:55:27	149.
310	Huw Williams	M	92.			(Amlwch)	02:55:24	02:55:48	150.
335	Ruth Evans	F	59.	Female 40-44	8.	(Caernarfon)	02:55:49	02:55:59	151.
127	Lydia Mills	F	60.	Female 35-39	8.	Centurion RC	02:56:12	02:56:25	152.
282	Adele Hartley	F	61.	Female 21-34	16.	(York)	02:56:35	02:56:50	153.
315	Paul Houlding	M	93.	Male 55-59	11.	(Wrexham)	02:56:18	02:56:53	154.
143	Emma Wilson	F	62.	Female 35-39	9.	Widnes Running Club	02:57:19	02:57:40	155.
274	Alison Moore	F	63.	Female 50-54	13.	Blackburn Road Runners	02:57:48	02:58:03	156.
211	Emma Copeland	F	64.	Female 40-44	9.	Audley striders running club	02:58:32	02:59:01	157.
132	Rachel Hall	F	65.	Female 40-44	10.	Audley Striders RC	02:58:47	02:59:15	158.
260	Steve Bernasconi	M	94.	Male 21-34	21.	Mon milers	03:01:03	03:01:28	159.

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262	Rebecca Davies	F	66.	Female 21-34	17.	Mon milers	03:01:16	03:01:42	160.
170	Harry Walker	M	95.	Male 60-64	6.	(Colwyn Bay)	03:02:36	03:03:12	161.
267	David Prince	M	96.	Male 45-49	17.	(Christleton, Chester)	03:03:12	03:03:42	162.
328	Anna Gordon	F	67.	Female 50-54	14.	(Abergele)	03:03:33	03:04:05	163.
278	Yvonne Boulter	F	68.	Female 50-54	15.	(Manchester)	03:04:10	03:04:37	164.
239	Stephen Hughes	M	97.	Male 45-49	18.	(Penrhyn Bay)	03:04:53	03:05:11	165.
254	Amanda Burrows	F	69.	Female 50-54	16.	Blackburn Road Runners	03:07:33	03:07:47	166.
255	Wendy Byrne	F	70.	Female 55-59	5.	Blackburn Road Runners	03:07:33	03:07:47	167.
307	Wayne Roberts	M	98.	Male 60-64	7.	(Colwyn Bay)	03:07:38	03:07:55	168.
12	Anna Morris	F	71.	Female 21-34	18.	(Manchester)	03:07:33	03:08:00	169.
293	Catrin Jones	F	72.	Female 21-34	19.	(Abergele)	03:07:45	03:08:06	170.
134	Aron Williams	M	99.	Male 21-34	22.	(Colwyn Bay)	03:07:54	03:08:14	171.
174	Rhian Hughes	F	73.	Female 12-20	2.	(Wrexham)	03:10:38	03:10:54	172.
244	Julia Ball	F	74.	Female 55-59	6.	(Llaneilian)	03:10:38	03:11:04	173.
295	Alwyn Morgan	M	100.	Male 45-49	19.	(Blackwood)	03:11:45	03:11:53	174.
299	Jackie Ellison-Simcock	F	75.	Female 50-54	17.	Northwich Running Club	03:12:17	03:12:34	175.
243	Kelly Davies	F	76.	Female 40-44	11.	Clwb Run Wales	03:12:45	03:13:11	176.
266	India Parry	F	77.	Female 21-34	20.	(Abergele)	03:14:57	03:15:29	177.
188	Matt Johnson	M	101.	Male 35-39	11.	(Wirral)	03:19:29	03:19:56	178.
192	Lizzie Kelly	F	78.	Female 35-39	10.	(Manchester)	03:22:15	03:22:48	179.
193	Liam Jones	M	102.	Male 35-39	12.	(Manchester)	03:22:17	03:22:48	180.
246	Mandy Owen	F	79.	Female 45-49	11.	(Llandudno)	03:23:22	03:23:49	181.
233	Lucie Pritchard	F	80.	Female 21-34	21.	(Towyn)	03:25:21	03:25:48	182.
141	Kate Daubney	F	81.	Female 50-54	18.	(Oswestry)	03:25:21	03:25:59	183.
253	Christine Warrington	F	82.	Female 45-49	12.	Blackburn Road Runners	03:36:20	03:36:31	184.
229	Dean Thomas	M	103.	Male 21-34	23.	Birkenhead Park Running Club	03:36:21	03:36:36	185.
203	Tracey Surrige	F	83.	Female 55-59	7.	Sandbach Striders	03:39:00	03:39:27	186.
204	Julia Dunlop	F	84.	Female 45-49	13.	Sandbach Striders	03:39:02	03:39:28	187.
129	Rebecca Cooper	F	85.	Female 65-69	2.	(Derby)	03:54:52	03:55:24	188.

Number of records: 188