

Rhyl 5 and 10 Mile

North Wales Championships Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTim	GunTim	Pos.
10Mile									
217	Scott Nixon	M	1.	Male 21-34	1.	Cardiff aac	54:18	54:18	1.
323	Josh Keogh	M	2.	Male 21-34	2.	NWRRC	56:47	56:47	2.
72	Edward Land	M	3.	Male 40-44	1.	Aberystwyth AC	56:58	56:58	3.
284	James Yarwood	M	4.	Male 21-34	3.	Abergele Harriers	58:02	58:02	4.
300	Jonathan Kettle	M	5.	Male 45-49	1.	North Wales Road	58:28	58:28	5.
259	Ian Edwards	M	6.	Male 35-39	1.	Eryri Harriers	1:00:02	1:00:02	6.
365	Gareth Chaloner	M	7.	Male 40-44	2.	WrexhamAC	1:03:19	1:03:19	7.
93	Paul Williams	M	8.	Male 50-54	1.	Aberystwyth AC	1:04:36	1:04:36	8.
195	Gordon Jones	M	9.	Male 60-64	1.	Prestatyn RC	1:04:57	1:04:57	9.
356	Rachel Shipley	F	1.	Female 21-34	1.	Abergele Harriers	1:06:27	1:06:27	10.
225	Sean McCormack	M	10.	Male 55-59	1.	Abergele Harriers	1:06:52	1:06:52	11.
296	Craig Smith	M	11.	Male 45-49	2.	Prestatyn RC	1:07:26	1:07:26	12.
209	Stuart	M	12.	Male 50-54	2.	North Wales Road	1:07:59	1:07:59	13.
327	Lee Bailey	M	13.	Male 45-49	3.	Prestatyn RC	1:08:16	1:08:16	14.
324	Lee Jones	M	14.	Male 35-39	2.	Buckley RC	1:08:34	1:08:34	15.
369	Catherine Tudor	F	2.	Female 40-44	1.	Denbigh Harriers	1:10:50	1:10:50	16.
343	Jamie Tharme	M	15.	Male 40-44	3.	NWRRC	1:11:08	1:11:08	17.
219	Richard	M	16.	Male 45-49	4.	Wrexham AC	1:11:28	1:11:28	18.
278	Gwyn Roberts	M	17.	Male 50-54	3.	Wrexham AAC	1:11:29	1:11:29	19.
92	Steve Poupart	M	18.	Male 45-49	5.	North Wales Road	1:11:36	1:11:36	20.
139	Steven Roberts	M	19.	Male 55-59	2.	Nwrcc	1:11:36	1:11:36	21.
359	Tracey Breedon	F	3.	Female 40-44	2.	Aberystwyth Athletics	1:11:49	1:11:49	22.
201	Kevin Slattery	M	20.	Male 65-69	1.	NWRRC	1:12:18	1:12:18	23.
260	John Jones	M	21.	Male 60-64	2.	Abergele Harriers	1:12:40	1:12:40	24.
370	Mark Mayers	M	22.	Male 50-54	4.	Abergele harriers	1:13:12	1:13:12	25.
239	Warren Brown	M	23.	Male 45-49	6.	Abergele Harriers	1:13:40	1:13:40	26.
222	Martin Cortvriend	M	24.	Male 70-74	1.	Prestatyn RC	1:13:51	1:13:51	27.
214	David Ellis	M	25.	Male 35-39	3.	Prestatyn Running Club	1:14:21	1:14:21	28.
76	Manon Wilkinson	F	4.	Female 35-39	1.	Eryri Harriers	1:14:52	1:14:52	29.
85	Siwan Elenid	F	5.	Female 35-39	2.	Meirionnydd Running	1:14:52	1:14:52	30.
387	Ryan	M	26.	Male 12-20	1.	Buckley running club	1:16:26	1:16:26	31.
380	Gethin Jones	M	27.	Male 35-39	4.	North Wales	1:16:39	1:16:39	32.
326	Joy Hunter	F	6.	Female 40-44	3.	Buckley Runners	1:16:59	1:16:59	33.
236	Sarah Brooks	F	7.	Female 45-49	1.	Abergele Harriers	1:17:22	1:17:22	34.
198	Kay Hatton	F	8.	Female 55-59	1.	NWRRC	1:18:10	1:18:10	35.
305	Daniel Snelson	M	28.	Male 21-34	4.	Abergele Harriers	1:19:02	1:19:02	36.
204	Darren Thompson	M	29.	Male 50-54	5.	PRESTATYN RUNNING	1:19:12	1:19:12	37.
310	Phil Moss	M	30.	Male 55-59	3.	abergele harriers	1:19:32	1:19:32	38.
364	Des Davies	M	31.	Male 60-64	3.	Prestatyn rc	1:19:41	1:19:41	39.
301	Deb Pugh	F	9.	Female 55-59	2.	Wrexham AAC	1:20:06	1:20:06	40.
335	Nia Evans	F	10.	Female 45-49	2.	Meirionnydd	1:23:07	1:23:07	41.
368	Allison Reid	F	11.	Female 45-49	3.	Prestatyn RC	1:26:22	1:26:22	42.
283	Shaun Terry	M	32.	Male 45-49	7.	Deestridders	1:27:02	1:27:02	43.
311	Carol Moss	F	12.	Female 55-59	3.	Abergele Harriers	1:28:06	1:28:06	44.
379	Hannah Griffith	F	13.	Female 45-49	4.	NWRRC	1:28:44	1:28:44	45.
111	Christine	F	14.	Female 60-64	1.	Deeside AAC	1:29:36	1:29:36	46.
213	Lucy Lewis	F	15.	Female 21-34	2.	Denbigh Harriers	1:30:28	1:30:28	47.
33	Lindsey Mcelmeel	F	16.	Female 21-34	3.	Deestirders	1:33:20	1:33:20	48.
191	Sue Jones	F	17.	Female 60-64	2.	Cybi Striders	1:34:55	1:34:55	49.

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Bib	Name	Gende	Pos.	AG	Pos.	Club	ChipTim	GunTim	Pos.
321	Len Jackson	M	33.	Male 60-64	4.	North Wales Road	1:35:04	1:35:04	50.
265	Julie Roberts	F	18.	Female 55-59	4.	Denbigh Harriers	1:35:21	1:35:21	51.
346	Ann	F	19.	Female 70-74	1.	GOG Triathlon	1:35:22	1:35:22	52.
105	Susan Smith	F	20.	Female 55-59	5.	North Wales Road	1:37:44	1:37:44	53.
70	David Morris	M	34.	Male 65-69	2.	Deestridders R.C.	1:39:17	1:39:17	54.
298	Claudia Smith	F	21.	Female 21-34	4.	Abergele Harriers	1:39:24	1:39:24	55.
137	Susanne Peters	F	22.	Female 50-54	1.	Cadence tri	1:39:49	1:39:49	56.
133	Amy Jones	F	23.	Female 35-39	3.	Prestatyn running club	1:42:45	1:42:45	57.
386	Gwennan	F	24.	Female 21-34	5.	North Wales Road	1:42:58	1:42:58	58.
237	Michael Hayton	M	35.	Male 70-74	2.	NWRRC	1:43:26	1:43:26	59.
266	Martin Weetman	M	a.k.	Male 55-59	a.k.	Cannock and Stafford	46:21	46:21	a.k.
339	Philip Hardman	M	a.k.	Male 35-39	a.k.	Bolton Harriers	27:52	27:52	a.k.

Number of records: 61