

# Conwy Half Marathon 2023

## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
Half Marathon									
576	Morgan Kendall	M	1.	Male 12-20	1.	Durham City Harriers & AC	1:11:55	1:11:56	1.
943	Ryan Davis	M	2.	Male 35-39	1.	Wrexham AAC	1:14:28	1:14:29	2.
3089	Simon Cole	M	3.	Male 40-44	1.	GOG Triathlon Club	1:15:25	1:15:26	3.
1674	Sam Stratford	M	4.	Male 21-34	1.	(Cambridge)	1:17:31	1:17:33	4.
2703	James Yarwood	M	5.	Male 35-39	2.	Wrexham	1:17:44	1:17:46	5.
2809	Sam Joseph	M	6.	Male 21-34	2.	Swansea Harriers AC	1:17:48	1:17:49	6.
2565	Steffan Sayer	M	7.	Male 40-44	2.	Menai Track and Field	1:18:12	1:18:13	7.
1456	Terry Jervis	M	8.	Male 45-49	1.	(Swindon)	1:18:46	1:18:47	8.
2738	James Browne	M	9.	Male 12-20	2.	(Bethesda)	1:18:53	1:19:05	9.
2955	Jonathan Kettle	M	10.	Male 45-49	2.	North Wales Road Runners Club (NWRRC)	1:19:25	1:19:26	10.
1762	Matthew Smith	M	11.	Male 21-34	3.	East Cheshire Harriers & Tameside Ac	1:19:43	1:19:45	11.
2762	Lloyd Williams	M	12.	Male 21-34	4.	Cybi Striders	1:20:05	1:20:07	12.
1244	Richard Wood	M	13.	Male 40-44	3.	South cheshire harriers	1:20:07	1:20:08	13.
2257	Jamie Shingler	M	14.	Male 45-49	3.	Ludlow Runners	1:20:50	1:20:50	14.
951	Sean Warburton	M	15.	Male 45-49	4.	Salford Harriers	1:20:52	1:20:54	15.
3145	Alex Hall	M	16.	Male 21-34	5.	Telford Harriers	1:21:04	1:21:06	16.
1978	Anthony Lynch	M	17.	Male 40-44	4.	(MANCHESTER)	1:21:06	1:21:07	17.
1202	Charles Thomas Walsh	M	18.	Male 45-49	5.	Swansea Harriers AC	1:21:44	1:21:47	18.
2912	Johan Aufdenkamp	M	19.	Male 12-20	3.	(Machynlleth)	1:21:49	1:21:49	19.
1673	Ben Stratford	M	20.	Male 21-34	6.	Delamere Spartans	1:22:01	1:22:03	20.
3079	James Bruce	M	21.	Male 21-34	7.	Deestridders R.C	1:22:04	1:22:06	21.
2276	Alison Campbell	F	1.	Female 21-34	1.	(Conwy)	1:22:05	1:22:07	22.
1968	Daniel Gahan	M	22.	Male 21-34	8.	(Conwy)	1:22:14	1:22:16	23.
2433	Darren Williams	M	23.	Male 40-44	5.	Lonely Goat RC	1:22:47	1:22:48	24.
1089	Harry Woodford	M	24.	Male 21-34	9.	(Colwyn bay)	1:23:40	1:23:40	25.
3020	Nathan James	M	25.	Male 21-34	10.	Chester Road Runners	1:23:47	1:23:51	26.
3001	Sean Davies	M	26.	Male 21-34	11.	(Conwy)	1:23:56	1:23:59	27.
780	Andy Beavers	M	27.	Male 40-44	6.	Macclesfield Harriers & AC	1:24:12	1:24:18	28.
1770	Dan Bailey	M	28.	Male 45-49	6.	(Manchester)	1:24:27	1:24:30	29.
2334	David Clarke	M	29.	Male 40-44	7.	(Swadlincote)	1:24:31	1:24:32	30.
113	Daniel Kaiser	M	30.	Male 40-44	8.	(Crewe)	1:24:47	1:24:50	31.

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872	Adam Booth	M	31.	Male 21-34	12.	Blackburn Road Runners	1:25:07	1:25:09	32.
784	Ifan Jones	M	32.	Male 21-34	13.	Cybi Striders	1:25:12	1:25:15	33.
242	Shaun Haddrell	M	33.	Male 35-39	3.	Newcastle staffs AC	1:25:17	1:25:22	34.
2425	Rhydian Jones	M	34.	Male 40-44	9.	(Bethesda)	1:25:35	1:25:39	35.
1949	Phil Hall	M	35.	Male 50-54	1.	Shrewsbury AC	1:25:36	1:25:41	36.
75	Osian Griffiths	M	36.	Male 21-34	14.	(Rhuddlan)	1:25:48	1:25:53	37.
658	Adrian Leonard	M	37.	Male 40-44	10.	GOG Triathlon Club	1:26:02	1:26:03	38.
2658	Rachel Shipley	F	2.	Female 21-34	2.	Abergele Harriers	1:26:15	1:26:16	39.
1295	Tomtom Mcmahon	M	38.	Male 40-44	11.	East cheshire Harriers and Tameside AC	1:26:17	1:26:20	40.
2368	Michael Williams	M	39.	Male 21-34	15.	(Pangbourne)	1:26:25	1:26:28	41.
2984	Iain Cameron	M	40.	Male 21-34	16.	(Liverpool)	1:26:26	1:26:31	42.
2472	Andrew Moore	M	41.	Male 12-20	4.	Wimbledon Windmilers	1:26:49	1:26:54	43.
222	Matt Worthington	M	42.	Male 40-44	12.	Sheffield RC	1:26:54	1:26:57	44.
1592	Neal Wilkinson	M	43.	Male 40-44	13.	(Wrexham)	1:26:57	1:27:03	45.
2450	Andrew Birch	M	44.	Male 50-54	2.	(Oswestry)	1:27:00	1:27:05	46.
1233	Lee Hannaford	M	45.	Male 40-44	14.	(Ely)	1:27:03	1:27:06	47.
2770	Adam Holda	M	46.	Male 40-44	15.	Trawden AC	1:27:07	1:27:09	48.
2916	Nic Brook	M	47.	Male 45-49	7.	Eryri Harriers	1:27:13	1:27:18	49.
2874	Mathew Baker	M	48.	Male 35-39	4.	(Dyserth)	1:27:19	1:27:22	50.
1422	Paul Clutterbuck	M	49.	Male 55-59	1.	Northern Masters Athletic Club	1:27:22	1:27:26	51.
2044	Aaron Biggs	M	50.	Male 21-34	17.	Wirral AC	1:27:25	1:27:29	52.
1148	Alan Treeby	M	51.	Male 40-44	16.	(Chester)	1:27:25	1:27:30	53.
2930	Jacob Rees	M	52.	Male 21-34	18.	(Oswestry)	1:27:30	1:27:36	54.
1210	Christopher Parkes Bowen	M	53.	Male 21-34	19.	Hillsborough and Rivelin Running Club	1:27:32	1:27:40	55.
270	Richard Pepper	M	54.	Male 50-54	3.	Shropshire Shufflers	1:27:37	1:27:42	56.
2258	Alice Johnston	F	3.	Female 21-34	3.	Les Croupiers RC	1:27:39	1:27:43	57.
2607	Arwel Davies	M	55.	Male 50-54	4.	Amman Valley Harriers	1:27:37	1:27:45	58.
1714	Iolo Owen	M	56.	Male 45-49	8.	(Bethesda)	1:27:40	1:27:47	59.
3130	Daniel Burton	M	57.	Male 40-44	17.	South cheshire harriers	1:27:43	1:27:57	60.
250	Peter Lowe	M	58.	Male 50-54	5.	(Childs Ercall)	1:27:56	1:27:58	61.
2461	Alex Whellans	M	59.	Male 21-34	20.	Widnes	1:27:57	1:27:59	62.
446	Tom Imlah	M	60.	Male 21-34	21.	GOG Triathlon Club	1:27:57	1:28:00	63.

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Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
2529	Jonathan Owen	M	61.	Male 45-49	9.	(Macclesfield)	1:28:00	1:28:02	64.
2941	Jake Monks	M	62.	Male 21-34	22.	(Sandbach)	1:27:56	1:28:03	65.
1213	Sarah Jones	F	4.	Female 21-34	4.	(Barrow-in-furness)	1:27:57	1:28:04	66.
1779	Graeme Tunstall	M	63.	Male 40-44	18.	GOG Triathlon Club	1:28:02	1:28:06	67.
2632	Lewis Russo	M	64.	Male 21-34	23.	(Deganwy)	1:27:35	1:28:07	68.
2417	Mark Dean	M	65.	Male 21-34	24.	(Prestatyn)	1:27:53	1:28:10	69.
220	Jack Kelbrick	M	66.	Male 21-34	25.	(Llandudno)	1:28:24	1:28:30	70.
740	Cameron Bell	M	67.	Male 21-34	26.	(Llanddulas)	1:28:25	1:28:31	71.
2122	Chris Thomas	M	68.	Male 40-44	19.	Cybi Striders	1:28:32	1:28:36	72.
449	Lee Davies	M	69.	Male 35-39	5.	Silverdale RC	1:28:21	1:28:42	73.
1794	Holly Chipman	F	5.	Female 21-34	5.	Silverdale RC	1:28:29	1:28:47	74.
2030	Oliver Birch Jones	M	70.	Male 12-20	5.	Prestatyn RC	1:28:07	1:28:50	75.
475	Philip Taylor	M	71.	Male 35-39	6.	Knowsley Harriers AC	1:27:53	1:29:00	76.
2597	Daniel Healey	M	72.	Male 21-34	27.	(Manchester)	1:28:56	1:29:02	77.
2906	Timothy Howlett	M	73.	Male 50-54	6.	(Long Eاون)	1:28:51	1:29:08	78.
2942	Andrew Storey	M	74.	Male 55-59	2.	(Liverpool)	1:29:21	1:29:26	79.
2388	Matthew Dowse	M	75.	Male 35-39	7.	Vegan Runners	1:29:24	1:29:26	80.
65	Joey Davies	M	76.	Male 35-39	8.	Deestridders	1:29:24	1:29:29	81.
2715	Anthony Davidson	M	77.	Male 35-39	9.	Buckley RC	1:29:22	1:29:34	82.
2606	Tom Aindow	M	78.	Male 21-34	28.	North Wales Road Runners Club (NWRRC)	1:29:29	1:29:35	83.
2225	Andy Mayne-Flower	M	79.	Male 45-49	10.	(nantwich)	1:29:32	1:29:37	84.
46	Ben Walley	M	80.	Male 35-39	10.	best Athletics Club	1:29:26	1:29:38	85.
131	Emma Alofs	F	6.	Female 21-34	6.	Cybi Striders	1:29:41	1:29:44	86.
1237	Darren Beach	M	81.	Male 45-49	11.	South cheshire harriers	1:29:39	1:29:53	87.
2400	Alun Brown	M	82.	Male 45-49	12.	Deganwy Rowers CYC	1:29:49	1:29:54	88.
99	Elgan Roberts	M	83.	Male 21-34	29.	(Llanrwst)	1:29:23	1:29:54	89.
2350	Jonathan Slaney	M	84.	Male 45-49	13.	South cheshire harriers	1:29:55	1:29:57	90.
1560	William Evans	M	85.	Male 40-44	20.	North Wales Road Runners Club	1:29:42	1:29:58	91.
2066	Simon Pickard	M	86.	Male 50-54	7.	Stockport Harriers & AC	1:29:50	1:29:59	92.
1313	Jamie Betts	M	87.	Male 21-34	30.	Prestatyn RC	1:29:51	1:30:02	93.
2797	Michael Bosworth	M	88.	Male 40-44	21.	Trentham Running Club	1:29:59	1:30:04	94.
526	Lewis Jones	M	89.	Male 35-39	11.	(Abergele)	1:30:18	1:30:27	95.

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1568	Elton Hood	M	90.	Male 45-49	14.	(Stoke-on-Trent)	1:30:27	1:30:40	96.
1478	Anthony Jones	M	91.	Male 21-34	31.	Gog Triathlon	1:30:50	1:30:50	97.
2802	Alfie Weeks	M	92.	Male 12-20	6.	(Wirral)	1:30:31	1:30:52	98.
2025	Chris Essex	M	93.	Male 35-39	12.	Didsbury Runners	1:30:53	1:31:06	99.
2051	Jonny Chambers	M	94.	Male 21-34	32.	(Newcastle)	1:31:13	1:31:19	100.
2877	Andrew Mearns	M	95.	Male 35-39	13.	(Tremeirchion)	1:30:30	1:31:25	101.
1271	Victoria Hopwood	F	7.	Female 21-34	7.	Whitchurch whippets	1:31:01	1:31:26	102.
2468	Wayne Davies	M	96.	Male 35-39	14.	Maldwyn Harriers	1:31:22	1:31:31	103.
1356	Matt Shickell	M	97.	Male 45-49	15.	Sandbach Striders	1:30:55	1:31:33	104.
3027	Lawrence Washington	M	98.	Male 50-54	8.	(Penrhyndeudraeth)	1:31:29	1:31:39	105.
641	Jason Lynam	M	99.	Male 50-54	9.	Wingerworth Wobblers	1:31:32	1:31:43	106.
2432	Mark Davies	M	100.	Male 40-44	22.	(Colwyn Bay)	1:31:45	1:31:46	107.
1732	Lewis Pike	M	101.	Male 21-34	33.	(Llandudno)	1:30:25	1:31:50	108.
1498	Alun Gwilym	M	102.	Male 40-44	23.	(Rhos Isaf)	1:31:51	1:31:51	109.
1506	Robin Zoka	M	103.	Male 35-39	15.	South cheshire harriers	1:31:39	1:31:52	110.
1742	Carmel Edwards	F	8.	Female 40-44	1.	Kirkby Milers AC	1:31:51	1:31:59	111.
874	Sean Baxter	M	104.	Male 21-34	34.	(Llanrug)	1:31:49	1:32:01	112.
1219	Anthony Mcgivney	M	105.	Male 35-39	16.	(Stockport)	1:32:00	1:32:11	113.
1855	James Miller	M	106.	Male 35-39	17.	(Hoylake)	1:32:10	1:32:14	114.
1535	Jay Johnson	M	107.	Male 35-39	18.	Kirkby Milers AC	1:32:12	1:32:20	115.
3107	Shayne Rookhuyzen	M	108.	Male 45-49	16.	AV Veluwe	1:32:20	1:32:24	116.
2437	Robert Hough	M	109.	Male 40-44	24.	(Warrington)	1:32:24	1:32:25	117.
354	Ryan Lench	M	110.	Male 21-34	35.	Manchester Road Runners	1:32:30	1:32:34	118.
3091	Connor Daly	M	111.	Male 21-34	36.	(London)	1:32:33	1:32:36	119.
2584	Michael Roberts	M	112.	Male 55-59	3.	(St Asaph)	1:32:29	1:32:39	120.
1620	Emyr Wile	M	113.	Male 21-34	37.	Moti Albany Road Run Club	1:32:40	1:32:54	121.
1162	Cian Parry	M	114.	Male 21-34	38.	(Deganwy)	1:32:57	1:33:07	122.
2781	Ben Shacklady	M	115.	Male 21-34	39.	GOG Triathlon Club	1:33:12	1:33:15	123.
1950	Gareth Jones	M	116.	Male 40-44	25.	(Llandudno)	1:33:08	1:33:17	124.
1909	Jonni Price	M	117.	Male 21-34	40.	N/A independant	1:33:10	1:33:17	125.
43	Lee Taylor	M	118.	Male 35-39	19.	(Manchester)	1:32:30	1:33:20	126.
871	Daniel Rodrigues	M	119.	Male 40-44	26.		1:32:09	1:33:32	127.

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1920	Dave Loader	M	120.	Male 21-34	41.	Manchester Road Runners	1:32:47	1:33:39	128.
418	James Williams	M	121.	Male 45-49	17.	Lymm Runners	1:33:09	1:33:43	129.
1391	Alan Bryson	M	122.	Male 45-49	18.	Run Free Fell Runners	1:33:39	1:33:43	130.
2937	Gareth Jones	M	123.	Male 40-44	27.	(Prestatyn)	1:33:13	1:33:45	131.
1889	Nathan Maxwell	M	124.	Male 35-39	20.	(Llandudno)	1:33:32	1:33:55	132.
2803	Arwel Evans	M	125.	Male 21-34	42.	(Bryngwran)	1:33:55	1:34:02	133.
1260	Andrew Leonard	M	126.	Male 21-34	43.	(Tarporley)	1:33:54	1:34:03	134.
1885	Jac Jones	M	127.	Male 21-34	44.	(Talsarnau)	1:33:48	1:34:07	135.
1790	Connor Barclay	M	128.	Male 21-34	45.	(Bicester)	1:33:44	1:34:08	136.
1859	Connor Shackleton	M	129.	Male 21-34	46.	(Rhyl)	1:34:00	1:34:09	137.
495	Joanne Stanfield	F	9.	Female 50-54	1.	Trentham RC	1:34:01	1:34:10	138.
2062	Andrew Carter	M	130.	Male 50-54	10.	west cheshire AC	1:33:55	1:34:12	139.
294	Lok Li	M	131.	Male 50-54	11.	Bramhall Runners	1:34:09	1:34:15	140.
1338	Marc Zeller	M	132.	Male 21-34	47.	(Bolton)	1:33:47	1:34:17	141.
1105	Lee Hawkes	M	133.	Male 50-54	12.	(Bromsgrove)	1:33:21	1:34:19	142.
2553	Thomas Mills	M	134.	Male 21-34	48.	(Warrington)	1:34:16	1:34:21	143.
2994	Gavin Hunter	M	135.	Male 40-44	28.	(Essex)	1:34:13	1:34:23	144.
2229	Ruairidh Johnstone	M	136.	Male 21-34	49.	(Gaerwen)	1:34:18	1:34:27	145.
1495	John Edwards	M	137.	Male 45-49	19.	(Abergele)	1:34:01	1:34:29	146.
1336	John Ferguson	M	138.	Male 55-59	4.	South cheshire harriers	1:34:18	1:34:31	147.
2470	Mike Kennedy	M	139.	Male 21-34	50.	East cheshire Harriers and Tameside AC	1:34:25	1:34:34	148.
2808	Iwan Evans	M	140.	Male 21-34	51.	denbigh harriers	1:33:41	1:34:37	149.
2817	Gareth Hind	M	141.	Male 40-44	29.	(Llanfairpwll)	1:34:34	1:34:38	150.
2028	Paul Jones	M	142.	Male 50-54	13.	(Henryd)	1:34:23	1:34:39	151.
297	Keith Quinton	M	143.	Male 40-44	30.	(Llandudno)	1:34:18	1:34:40	152.
2395	Hayley Simpson	F	10.	Female 21-34	8.	East cheshire Harriers and Tameside AC	1:34:43	1:34:50	153.
2999	Sion Evans	M	144.	Male 21-34	52.	(Denbigh)	1:34:42	1:34:51	154.
2593	Gari Fôn	M	145.	Male 21-34	53.	(Llanrwst)	1:34:36	1:34:54	155.
2436	David Quinn	M	146.	Male 35-39	21.	(Altrincham)	1:34:18	1:34:54	156.
3073	Taylor Jones	M	147.	Male 21-34	54.	(Wrexham)	1:34:28	1:34:58	157.
2536	Paul Stewart	M	148.	Male 50-54	14.	Hyde Village Striders	1:34:03	1:34:58	158.
1874	Osian Thomas	M	149.	Male 21-34	55.	N/A	1:34:39	1:35:11	159.

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722	Matthew Nethercott	M	150.	Male 21-34	56.	Penny Lane Striders	1:35:08	1:35:15	160.
2438	Ed Sanders	M	151.	Male 35-39	22.	Cybi Striders	1:35:04	1:35:15	161.
406	Stephen Coe	M	152.	Male 35-39	23.	(Corwen)	1:35:03	1:35:18	162.
1947	Zack Hocking	M	153.	Male 45-49	20.	(Altrincham)	1:35:09	1:35:21	163.
143	Kevin Ingham	M	154.	Male 50-54	15.	Glossopdale Harriers	1:35:13	1:35:23	164.
965	Jamie Mclellan	M	155.	Male 45-49	21.	(Great Sutton)	1:35:18	1:35:26	165.
2125	Harry Wren	M	156.	Male 35-39	24.	(Liverpool)	1:35:02	1:35:26	166.
2900	Andrew Page	M	157.	Male 45-49	22.	(Wirral)	1:34:52	1:35:29	167.
2918	Morgan Smith	M	158.	Male 21-34	57.	(Stoke)	1:34:10	1:35:29	168.
819	Gethin Owen	M	159.	Male 45-49	23.	(Betws-yn-Rhos)	1:34:21	1:35:32	169.
458	Russell Whitwell	M	160.	Male 45-49	24.	(Hawarden)	1:35:09	1:35:32	170.
2006	Gregg Plimley	M	161.	Male 45-49	25.	(Wirral)	1:34:23	1:35:36	171.
2800	Nadine Weeks	F	11.	Female 40-44	2.	UTS Run Club	1:35:17	1:35:38	172.
1339	Stevie Jones	M	162.	Male 21-34	58.	(Deganwy)	1:35:13	1:35:40	173.
625	Craig Hamer	M	163.	Male 40-44	31.	(Manchester)	1:35:30	1:35:42	174.
649	Matthew Taylor	M	164.	Male 45-49	26.	(Macclesfield)	1:35:34	1:35:44	175.
1000	Stuart Culverhouse	M	165.	Male 50-54	16.	North Wales Road Runners Club (NWRRC)	1:35:32	1:35:47	176.
323	Dave Newton	M	166.	Male 55-59	5.	Oswestry olympians	1:35:42	1:35:47	177.
3151	Michal Dziejewczynsai	M	167.	Male 21-34	59.		1:35:32	1:35:48	178.
2902	Iain Burgess	M	168.	Male 35-39	25.	(Llandudno Junction)	1:35:39	1:35:50	179.
1402	Gary Fisher	M	169.	Male 40-44	32.	Kirkby Milers AC	1:34:39	1:35:52	180.
3076	Tomos Woolway	M	170.	Male 35-39	26.	(Blaenau Ffestiniog)	1:35:40	1:35:53	181.
1633	Ciaran Longmore	M	171.	Male 21-34	60.	(Leed)	1:35:44	1:36:01	182.
2519	Dan Eames-Hughes	M	172.	Male 40-44	33.	(Colwyn Bay)	1:35:38	1:36:01	183.
3015	George Giles	M	173.	Male 21-34	61.	Ivanhoe Runners	1:35:35	1:36:03	184.
2298	Huw Harvey	M	174.	Male 21-34	62.	(Bethesda)	1:34:38	1:36:04	185.
591	John Courtney	M	175.	Male 50-54	17.	(Liverpool)	1:36:04	1:36:04	186.
288	Dave Nunnerley	M	176.	Male 40-44	34.	Lymm Runners	1:35:33	1:36:07	187.
191	Richard Costain	M	177.	Male 21-34	63.	Penny Lane Striders	1:36:04	1:36:08	188.
1771	Geraint Thomas	M	178.	Male 35-39	27.	(Pontypool)	1:35:48	1:36:11	189.
2318	Sion Jones	M	179.	Male 21-34	64.	(Gwynedd)	1:35:57	1:36:12	190.
2952	Trevor Golding	M	180.	Male 55-59	6.	(Widnes)	1:36:02	1:36:14	191.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
1555	Joe Twomey	M	181.	Male 35-39	28.	(Dumfries)	1:34:45	1:36:16	192.
16	Matthew Bartlett	M	182.	Male 35-39	29.	(Colwyn bay)	1:36:14	1:36:20	193.
588	David Caddick	M	183.	Male 55-59	7.	(Liversedge)	1:34:41	1:36:25	194.
2142	Christopher Cowley	M	184.	Male 35-39	30.	Nantwich Running Club	1:36:00	1:36:25	195.
313	Norman Titley	M	185.	Male 60-64	1.	Shropshire Shufflers	1:36:22	1:36:27	196.
125	Andrew Locke	M	186.	Male 50-54	18.	(Barnsley)	1:36:18	1:36:27	197.
2099	Joseph Clark	M	187.	Male 50-54	19.	(Llandudno)	1:36:14	1:36:30	198.
2678	Steve Rogerson	M	188.	Male 45-49	27.	(Hartlepool)	1:35:46	1:36:31	199.
140	Karl Corrick	M	189.	Male 35-39	31.	Mossley Hill Athletics Club	1:30:46	1:36:34	200.
2600	Stephen Tomlinson	M	190.	Male 21-34	65.	Knowsley Harriers AC	1:36:16	1:36:36	201.
1878	Frank Podd	M	191.	Male 50-54	20.	Bramhall Runners	1:36:43	1:36:48	202.
1601	Ross Moreton	M	192.	Male 21-34	66.	Gog Triathlon	1:36:28	1:36:51	203.
370	Tim Jones	M	193.	Male 45-49	28.	(Birkenhead)	1:36:41	1:36:53	204.
2871	Llion Jones	M	194.	Male 21-34	67.	(Caernarfon)	1:36:26	1:37:00	205.
1713	Mike Holroyd	M	195.	Male 35-39	32.	Cybi Striders	1:36:50	1:37:01	206.
2818	Carwyn Jones	M	196.	Male 40-44	35.	(Pentraeth)	1:36:49	1:37:01	207.
395	Stephen Mclean	M	197.	Male 21-34	68.	Alsager Runners	1:36:49	1:37:05	208.
206	Andrew Ballantyne	M	198.	Male 50-54	21.	(Manchester)	1:36:58	1:37:13	209.
2384	Peter Evans	M	199.	Male 40-44	36.	(Welshpool)	1:35:50	1:37:14	210.
1409	Chris Meadows	M	200.	Male 21-34	69.	(Kettering)	1:36:29	1:37:19	211.
2399	Adam Roberts	M	201.	Male 40-44	37.	Didsbury Runners	1:36:58	1:37:20	212.
2281	James Jones	M	202.	Male 21-34	70.	(Old Colwyn)	1:37:06	1:37:20	213.
2390	Wyn Thomas	M	203.	Male 35-39	33.	(Llanarth)	1:35:43	1:37:25	214.
2530	Zoe Jones	F	12.	Female 21-34	9.	Cybi Striders	1:37:17	1:37:28	215.
2889	Karon Paul Roberts	M	204.	Male 40-44	38.	Cybi Striders	1:37:03	1:37:29	216.
2594	Stephen Ellis	M	205.	Male 35-39	34.	(Llandudno)	1:37:27	1:37:33	217.
1726	Stuart Johnson	M	206.	Male 21-34	71.	Spectrum Striders	1:37:33	1:37:33	218.
1357	David Parrott	M	207.	Male 35-39	35.	(Rhos on sea)	1:37:27	1:37:35	219.
496	Allan Mcdonough	M	208.	Male 45-49	29.	Knowsley Harriers AC	1:37:15	1:37:36	220.
822	Emma Delaney	M	209.	Male 50-54	22.	(Holywell)	1:37:31	1:37:39	221.
1028	Dalton Morrissey	M	210.	Male 21-34	72.	(Llandudno)	1:37:23	1:37:39	222.
190	Paul Garstang	M	211.	Male 60-64	2.	Gog Triathlon	1:37:30	1:37:40	223.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
2954	Ross Leverton	M	212.	Male 21-34	73.	None	1:36:34	1:37:44	224.
2660	Paul Marshall	M	213.	Male 35-39	36.	Trentham RC	1:34:56	1:37:45	225.
1958	Gary Roberts	M	214.	Male 45-49	30.	Birkenhead Park Running Club	1:37:23	1:37:46	226.
31	Simon Lewis	M	215.	Male 50-54	23.	Telford Harriers	1:37:13	1:37:48	227.
483	Belinda Brennan	F	13.	Female 45-49	1.	Bramhall Runners	1:37:21	1:37:53	228.
519	Stephen L	M	216.	Male 50-54	24.	Penyffordd run club Mixed	1:36:16	1:37:53	229.
2601	Adam Flynn	M	217.	Male 35-39	37.	Knowsley Harriers AC	1:37:15	1:37:54	230.
1069	Ben Hudson	M	218.	Male 45-49	31.	North Wales Road Runners	1:37:40	1:37:55	231.
252	Warren Brown	M	219.	Male 50-54	25.	Abergele Harriers	1:37:30	1:38:00	232.
1447	Ian Cannings	M	220.	Male 65-69	1.	Wallasey AC	1:37:55	1:38:09	233.
1428	Xander Heaton	M	221.	Male 12-20	7.	Kirkby Milers Athletics Club	1:38:01	1:38:10	234.
481	Sarah Taylor	F	14.	Female 55-59	1.	Trentham RC	1:38:02	1:38:13	235.
1263	Mike Bloor	M	222.	Male 21-34	74.	best Athletics Club	1:37:44	1:38:14	236.
1709	John Higgins	M	223.	Male 55-59	8.	(Newport Shropshire)	1:38:00	1:38:15	237.
2868	Rayaz Mohammed	M	224.	Male 45-49	32.	(Manchester)	1:36:09	1:38:15	238.
2509	Matthew Joseph Coyne	M	225.	Male 40-44	39.	belle vue racers	1:37:41	1:38:15	239.
2779	Eleanor Ashcroft	F	15.	Female 21-34	10.	denbigh harriers	1:37:47	1:38:16	240.
2544	Jonathan Holt	M	226.	Male 21-34	75.	vegan runners UK	1:37:01	1:38:19	241.
1870	William Chambers	M	227.	Male 21-34	76.	(Newcastle upon Tyne)	1:37:47	1:38:23	242.
955	Vicky Napper	F	16.	Female 35-39	1.	(Shrewsbury)	1:37:54	1:38:23	243.
2636	Liam Taylor	M	228.	Male 21-34	77.	(Deganwy)	1:37:58	1:38:26	244.
2780	Tim West	M	229.	Male 50-54	26.	Stoke FIT	1:37:54	1:38:28	245.
2917	Paul Slater	M	230.	Male 50-54	27.	(Shrewsbury)	1:38:16	1:38:31	246.
1563	Becky Sleath	F	17.	Female 21-34	11.	(Conwy)	1:38:17	1:38:34	247.
2058	Warren Thomas	M	231.	Male 50-54	28.	City of Stoke AC	1:38:26	1:38:38	248.
1539	Paul Jervis	M	232.	Male 45-49	33.	Ramsbottom Running Club	1:38:35	1:38:39	249.
2056	Lee Jones	M	233.	Male 50-54	29.	Trentham RC	1:38:28	1:38:40	250.
2260	Lee Marrow	M	234.	Male 45-49	34.	vegan runners UK	1:38:24	1:38:41	251.
1298	Alex Mckeeman	M	235.	Male 21-34	78.	(Douglas)	1:38:13	1:38:42	252.
2931	Graham Lee	M	236.	Male 40-44	40.	None	1:38:10	1:38:42	253.
116	Richard Larcombe	M	237.	Male 50-54	30.	City Of Salisbury ARC	1:38:37	1:38:43	254.
728	John Mcadam	M	238.	Male 35-39	38.	(Llandudno)	1:38:41	1:38:47	255.



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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
891	Alan Latham	M	239.	Male 45-49	35.	Deestridders	1:38:24	1:39:01	256.
2275	Ella Leonard	F	18.	Female 21-34	12.	Bangor University Athletics Club	1:38:25	1:39:05	257.
1572	Glyn Humphreys	M	240.	Male 50-54	31.	(Durham)	1:38:46	1:39:06	258.
2037	Arwel Hughes	M	241.	Male 35-39	39.	(Colwyn Bay)	1:38:36	1:39:09	259.
1744	Steve Davies	M	242.	Male 35-39	40.	Maldwyn Harriers	1:37:52	1:39:11	260.
2203	Adrian Lewis	M	243.	Male 12-20	8.	(Prestatyn)	1:38:49	1:39:14	261.
1124	Stephen Hillier	M	244.	Male 45-49	36.	West cheshire athletics club	1:39:03	1:39:19	262.
2065	Jennie Pickard	F	19.	Female 50-54	2.	Stockport Harriers & AC	1:39:01	1:39:20	263.
2022	Siwan Elenid	F	20.	Female 35-39	2.	Meirionnydd RC	1:39:01	1:39:22	264.
1062	Matthew Pearson	M	245.	Male 35-39	41.	(Oswestry)	1:39:05	1:39:25	265.
2110	Gareth Roters	M	246.	Male 21-34	79.	Hyde Village Striders	1:37:05	1:39:25	266.
403	Mark Barnes	M	247.	Male 40-44	41.	South cheshire harriers	1:39:19	1:39:32	267.
3082	Yvie Ryan	F	21.	Female 40-44	3.	UTS Run Club	1:39:13	1:39:34	268.
1317	Bethan Roberts	F	22.	Female 21-34	13.	(Penrhyn Bay)	1:38:15	1:39:35	269.
3132	Duncan Wynne	M	248.	Male 21-34	80.		1:39:16	1:39:37	270.
2473	Eddie Austin	M	249.	Male 60-64	3.	Chester Triathlon Club	1:39:07	1:39:39	271.
902	Vicki Anne Cleall	F	23.	Female 50-54	3.	Dragons Running Club (Sale )	1:38:49	1:39:40	272.
1544	Steven Ward	M	250.	Male 40-44	42.	Dragons Running Club (Sale )	1:38:45	1:39:41	273.
1820	Tom Allen	M	251.	Male 40-44	43.	Chorlton Runners	1:39:14	1:39:41	274.
128	Andy Trembling	M	252.	Male 21-34	81.	(Nottingham)	1:39:37	1:39:46	275.
337	John Jones	M	253.	Male 65-69	2.	Eryri Harriers	1:39:47	1:39:58	276.
1618	Luke Holme	M	254.	Male 35-39	42.	Start2jog	1:39:28	1:39:59	277.
440	Nick Houghton	M	255.	Male 55-59	9.	Cybi Striders	1:39:40	1:40:02	278.
1812	Johnhuw Watkin Hughes	M	256.	Male 21-34	82.	Cybi Striders	1:39:52	1:40:04	279.
2402	Martyn Davies	M	257.	Male 40-44	44.	Silverdale Running Club	1:39:47	1:40:06	280.
1945	John Peaker	M	258.	Male 55-59	10.	CHESTER Tri	1:40:00	1:40:07	281.
3095	Andrew Berry	M	259.	Male 45-49	37.	(Liverpool)	1:39:25	1:40:07	282.
1963	Glyn Jones	M	260.	Male 60-64	4.	(Pentre Halkyn)	1:39:59	1:40:08	283.
1475	Luke Clay	M	261.	Male 21-34	83.	(Sheffield)	1:39:51	1:40:10	284.
1286	Jayne Tregenza	F	24.	Female 21-34	14.	(Preston)	1:40:04	1:40:11	285.
3084	Huw Williams	M	262.	Male 21-34	84.	(Dwygyfylchi)	1:39:10	1:40:15	286.
1025	Clark Geden	M	263.	Male 21-34	85.	(Warrington)	1:39:58	1:40:15	287.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
1163	Richard Ward	M	264.	Male 35-39	43.	Sheffield Running Club	1:39:24	1:40:17	288.
1688	Paul Doran	M	265.	Male 40-44	45.	Kirkby Milers	1:40:16	1:40:24	289.
1051	Ewan Marshall	M	266.	Male 12-20	9.	(Conwy)	1:39:57	1:40:26	290.
479	Alex Challinor	M	267.	Male 21-34	86.	Silverdale Running Club	1:40:04	1:40:28	291.
661	Juantxo Everhard	M	268.	Male 21-34	87.	Silverdale RC	1:40:05	1:40:28	292.
657	Anna Williams	F	25.	Female 35-39	3.	(Pwllheli)	1:40:18	1:40:28	293.
1388	Tom Haines	M	269.	Male 50-54	32.	Nantwich Running Club	1:39:55	1:40:33	294.
709	Martin Gibson	M	270.	Male 35-39	44.	N/A	1:39:45	1:40:34	295.
2613	Duane Roberts	M	271.	Male 60-64	5.	(Lichfield)	1:40:18	1:40:35	296.
457	Peter Magee	M	272.	Male 21-34	88.	(Northwich)	1:40:02	1:40:40	297.
1783	Hugh Morgan	M	273.	Male 50-54	33.	Eryri Harriers	1:40:17	1:40:44	298.
1382	Sam Davies	M	274.	Male 21-34	89.	(Mochdre)	1:39:16	1:40:45	299.
274	Richard Binney	M	275.	Male 40-44	46.	(Llandudno)	1:40:15	1:40:45	300.
627	Iain Borsbey	M	276.	Male 45-49	38.	rock salt runners	1:39:39	1:40:47	301.
193	Mark Doyle	M	277.	Male 35-39	45.	(Llandudno)	1:40:25	1:40:50	302.
1687	Dan Gill	M	278.	Male 45-49	39.	South cheshire harriers	1:40:38	1:40:51	303.
160	Martin Joy	M	279.	Male 50-54	34.	(Llandudno)	1:40:28	1:40:53	304.
98	Patrick Hywel	M	280.	Male 40-44	47.	(Menai Bridge)	1:40:47	1:40:59	305.
2844	Arwel Lewis	M	281.	Male 65-69	3.	Eryri Harriers	1:40:58	1:41:03	306.
2317	David Maydew	M	282.	Male 55-59	11.	Biddulph Running Club	1:40:55	1:41:06	307.
187	Keith Waterhouse	M	283.	Male 45-49	40.	(Glos)	1:40:51	1:41:17	308.
373	Lizzie Slater	F	26.	Female 45-49	2.	Nantwich Running Club	1:41:05	1:41:20	309.
2554	John Summers	M	284.	Male 21-34	90.	(Leeds)	1:40:48	1:41:26	310.
2538	Tomos Hywel Pugh	M	285.	Male 21-34	91.	(Talsarnau)	1:39:45	1:41:26	311.
568	Raymie Mcwilliams	M	286.	Male 50-54	35.	Nantwich Running Club	1:41:12	1:41:27	312.
2034	Martin Owen	M	287.	Male 35-39	46.	None	1:40:58	1:41:31	313.
810	Colin Whittingham	M	288.	Male 40-44	48.	Warrington Running Club	1:40:24	1:41:35	314.
629	Andrew Mainwaring	M	289.	Male 45-49	41.	(Stockport)	1:41:05	1:41:36	315.
1177	Richard Mawdsley	M	290.	Male 50-54	36.	(Heswall)	1:41:23	1:41:37	316.
1198	Trystan Roberts	M	291.	Male 21-34	92.	(Llangernyw)	1:40:59	1:41:38	317.
2343	Josh Hughes	M	292.	Male 21-34	93.	Knowsley Harriers AC	1:41:27	1:41:47	318.
85	Adam Edwards	M	293.	Male 35-39	47.	(Ellesmere)	1:40:32	1:41:48	319.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
656	Colin Ball	M	294.	Male 40-44	49.	(Llanberis)	1:41:07	1:41:48	320.
3047	Sam Stevens	M	295.	Male 35-39	48.	Stalybridge Gingers	1:41:21	1:41:51	321.
699	Ed Hargreaves	M	296.	Male 50-54	37.	Lonely Goat RC	1:41:23	1:41:52	322.
763	Sean Harrison	M	297.	Male 21-34	94.	(Old Colwyn)	1:41:32	1:41:53	323.
8	Paul Joynson	M	298.	Male 40-44	50.	Plf run club	1:40:22	1:41:54	324.
751	Neil Beckett	M	299.	Male 45-49	42.	UTS Running Club	1:41:36	1:41:57	325.
2757	Jim Lewis	M	300.	Male 50-54	38.	(Conwy)	1:41:41	1:41:58	326.
2475	Paul Ellis	M	301.	Male 50-54	39.	(Bangor)	1:41:42	1:41:58	327.
1982	Louise Cooper	F	27.	Female 45-49	3.	UTS Running Club	1:41:45	1:41:59	328.
2556	Gethin Morgan	M	302.	Male 40-44	51.	(Llandudno Junction)	1:40:40	1:42:00	329.
1777	Nick Haywood	M	303.	Male 40-44	52.	Vale Royal AC	1:41:34	1:42:01	330.
1143	Andy Woodward	M	304.	Male 35-39	49.	(Nantwich)	1:41:28	1:42:02	331.
1797	John Lee	M	305.	Male 50-54	40.	Kirkby Milers AC	1:41:40	1:42:02	332.
1807	Andrew Kitts	M	306.	Male 40-44	53.	Kirkby Milers AC	1:41:54	1:42:02	333.
3031	Megan Hughes	F	28.	Female 45-49	4.	Eryri Harriers	1:42:00	1:42:05	334.
1453	Dean Alison	M	307.	Male 40-44	54.	(Old Colwyn)	1:41:49	1:42:08	335.
2856	Connor Thornton	M	308.	Male 21-34	95.	(Gospport)	1:41:50	1:42:11	336.
2154	Stephen Brundrett	M	309.	Male 55-59	12.	Bramhall Runners	1:42:05	1:42:12	337.
517	Matthew Woolley	M	310.	Male 50-54	41.	(Winsford)	1:41:50	1:42:14	338.
2569	Chris Bird	M	311.	Male 50-54	42.	Chester Triathlon Club	1:42:08	1:42:15	339.
2107	Matt Dickinson	M	312.	Male 35-39	50.	Hyde Village Striders	1:39:55	1:42:15	340.
1070	Jaclyn Miller	F	29.	Female 40-44	4.	Eryri Harriers	1:41:06	1:42:15	341.
3117	Matt Lloyd	M	313.	Male 21-34	96.	Severn AC	1:41:15	1:42:20	342.
2564	Karl Priddin	M	314.	Male 50-54	43.	(Wrexham)	1:41:16	1:42:20	343.
2513	Rob Johnson	M	315.	Male 50-54	44.	Lonley Goat RC	1:41:52	1:42:22	344.
1578	Alistair Johnson	M	316.	Male 35-39	51.	(Stoke)	1:41:35	1:42:23	345.
2766	Jillian Malone	F	30.	Female 40-44	5.	Chester Road Runners	1:41:16	1:42:25	346.
3063	Ignacio Pehuén Romani	M	317.	Male 21-34	97.	(Longchamps)	1:42:09	1:42:25	347.
2935	Josh Scully	M	318.	Male 21-34	98.	(CHESTER)	1:38:50	1:42:27	348.
966	Matt Spruce	M	319.	Male 40-44	55.	(Colwyn Bay)	1:42:20	1:42:28	349.
183	Stuart Furber	M	320.	Male 40-44	56.	Whitchurch whippets	1:41:54	1:42:31	350.
655	Michael Mort	M	321.	Male 40-44	57.	(Wrexham)	1:41:09	1:42:33	351.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
886	Will Shand	M	322.	Male 55-59	13.	Worthing striders	1:42:06	1:42:37	352.
3081	Conor Burgess	M	323.	Male 21-34	99.	Silverdale RC	1:42:22	1:42:40	353.
259	Ross Tutton	M	324.	Male 45-49	43.	Penyffordd run club	1:42:15	1:42:40	354.
708	Nicholas Jones	M	325.	Male 40-44	58.	Silverdale RC	1:42:23	1:42:41	355.
129	Tom Trembling	M	326.	Male 21-34	100.	Kimberley and District Striders	1:42:33	1:42:42	356.
2141	Samantha Millns	F	31.	Female 50-54	4.	Hyde Village Striders	1:40:22	1:42:42	357.
1067	Iwan Alun Griffiths	M	327.	Male 21-34	101.	(Goeslon)	1:42:04	1:42:43	358.
1288	Gethin White	M	328.	Male 50-54	45.	Civil Service Harriers	1:42:33	1:42:46	359.
2251	Andy Jones	M	329.	Male 50-54	46.	Gog Triathlon	1:42:42	1:42:48	360.
2571	Stephen Geraghty	M	330.	Male 40-44	59.	(Stoke)	1:40:51	1:42:55	361.
2913	Trevor Jones	M	331.	Male 40-44	60.	Meirionnydd Running Club	1:42:22	1:42:57	362.
1883	Jo Sharp	F	32.	Female 50-54	5.	Blackburn Road Runners	1:42:42	1:42:57	363.
346	Adrian Church	M	332.	Male 50-54	47.	(Warrington)	1:42:33	1:42:59	364.
1830	Jack Edwards	M	333.	Male 21-34	102.	(Dyserth)	1:40:19	1:42:59	365.
2929	Jason Bullock	M	334.	Male 21-34	103.	(Rhyl)	1:42:33	1:43:01	366.
5	Paul Jackson	M	335.	Male 40-44	61.	(Bow Street)	1:42:48	1:43:02	367.
1608	Jeff Jones	M	336.	Male 35-39	52.	Birmingham Swifts	1:41:18	1:43:04	368.
2277	Philip Owen	M	337.	Male 35-39	53.	(Llandudno)	1:42:43	1:43:09	369.
884	Karl Tucker	M	338.	Male 40-44	62.	(St.Helens)	1:42:09	1:43:11	370.
1281	Chris Spinks	M	339.	Male 35-39	54.	(Abergele)	1:42:43	1:43:11	371.
912	Bonamy Temple	M	340.	Male 45-49	44.	Beeston AC	1:43:03	1:43:13	372.
155	Paul Jones	M	341.	Male 21-34	104.	(Alvor)	1:42:38	1:43:16	373.
1071	Graham Roberts	M	342.	Male 21-34	105.	(Sandbach)	1:42:06	1:43:16	374.
452	Nigel Glover	M	343.	Male 55-59	14.	(Newcastle-under-Lyme)	1:42:59	1:43:18	375.
3099	Robert Baker	M	344.	Male 45-49	45.	Nantwich Running Club	1:42:10	1:43:18	376.
306	Lee Pearce	M	345.	Male 45-49	46.	Shropshire Shufflers	1:43:14	1:43:19	377.
69	Kevin Willis	M	346.	Male 40-44	63.	Zone Running Club	1:42:21	1:43:19	378.
2059	Chris Chapman	M	347.	Male 40-44	64.	(Wem)	1:43:15	1:43:21	379.
139	Georgina Walker	F	33.	Female 45-49	5.	Lymm Runners	1:42:57	1:43:22	380.
817	Samuel Lawrence	M	348.	Male 40-44	65.	Riversway Roadrunners	1:41:56	1:43:23	381.
2651	Sam Williams	M	349.	Male 21-34	106.	(Llandudno)	1:42:59	1:43:24	382.
1329	Neil Poynton	M	350.	Male 45-49	47.	(Colwyn Bay)	1:42:56	1:43:25	383.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
1185	Gareth Harries	M	351.	Male 50-54	48.	Biddulph Running Club	1:42:56	1:43:25	384.
2176	John Fay	M	352.	Male 40-44	66.	Royton road runners	1:42:54	1:43:26	385.
2353	Derek Gibbon	M	353.	Male 55-59	15.	Chester Triathlon Club	1:42:28	1:43:27	386.
1241	Richard Drury	M	354.	Male 40-44	67.	(Mynydd Isa)	1:42:25	1:43:29	387.
1351	Dianna Mannhart	F	34.	Female 40-44	6.	(Wirral)	1:43:00	1:43:37	388.
1146	Richie Williams	M	355.	Male 55-59	16.	Cybi Striders	1:43:25	1:43:38	389.
490	Morag Davies	F	35.	Female 50-54	6.	Chester Road Runners	1:43:15	1:43:39	390.
208	Miklos Biro	M	356.	Male 40-44	68.	GOG Triathlon Club	1:43:07	1:43:42	391.
2709	Tom Gilding	M	357.	Male 40-44	69.	Nantwich Running Club	1:43:24	1:43:46	392.
2496	Geraint Simpson	M	358.	Male 50-54	49.	(Ty Croes)	1:43:19	1:43:47	393.
3135	Glyn Edwards	M	359.	Male 45-49	48.		1:43:47	1:43:47	394.
628	John Williams	M	360.	Male 45-49	49.	(Abergele)	1:41:22	1:43:48	395.
823	Louise Ambler	F	36.	Female 35-39	4.	Trafford Athletics Club	1:43:27	1:43:48	396.
54	Matt Langley	M	361.	Male 40-44	70.	(Greenfield)	1:42:48	1:43:49	397.
1294	Stewart Riddle	M	362.	Male 40-44	71.	Nil	1:43:47	1:43:53	398.
2846	Mathew Jones	M	363.	Male 21-34	107.	(Mochdre)	1:43:42	1:43:55	399.
2427	Aeronwy Craig	F	37.	Female 35-39	5.	Bramhall Runners	1:42:24	1:43:56	400.
1203	Drew Darlington	M	364.	Male 21-34	108.	(Wrexham)	1:43:39	1:43:58	401.
2224	Colin Shore	M	365.	Male 50-54	50.	Stockport Tri Club	1:43:15	1:44:01	402.
607	Anna Parsons	F	38.	Female 50-54	7.	Cheshire Dragons	1:43:14	1:44:02	403.
1862	Rose Wilkinson	F	39.	Female 35-39	6.	(Liverpool)	1:43:41	1:44:04	404.
269	Mark Bell	M	366.	Male 55-59	17.	Warrington Running Club	1:43:32	1:44:06	405.
2188	Charlie Hodson	M	367.	Male 21-34	109.	(Macclesfield)	1:42:57	1:44:07	406.
3062	Phil Lloyd	M	368.	Male 40-44	72.	Chester Triathlon Club	1:42:09	1:44:12	407.
1361	Gareth Roose-Williams	M	369.	Male 21-34	110.	Lonely Goat RC	1:43:46	1:44:13	408.
2966	Gareth Owen	M	370.	Male 40-44	73.	(Rhos-On-Sea)	1:43:38	1:44:15	409.
2396	Phil Lockett	M	371.	Male 40-44	74.	(Rochdale)	1:43:19	1:44:17	410.
2637	Daniel Wood	M	372.	Male 35-39	55.	Nantwich Running Club	1:43:38	1:44:17	411.
609	Bea Suthard	F	40.	Female 40-44	7.	Northwich Running Club	1:43:54	1:44:21	412.
2319	Iwan Griffiths	M	373.	Male 35-39	56.	(Gwynedd)	1:44:09	1:44:24	413.
2186	Andrew Goater	M	374.	Male 50-54	51.	Betsi Runaways	1:43:57	1:44:28	414.
1068	Sarah Hudson	F	41.	Female 45-49	6.	North Wales Road Runners	1:44:14	1:44:29	415.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
2830	Peter Michael Winston Jones	M	375.	Male 60-64	6.	(Dwygyfylchi / Penmaenmawr.)	1:43:51	1:44:32	416.
2098	Paula Reynolds	F	42.	Female 45-49	7.	(Cockshutt)	1:42:31	1:44:32	417.
2184	Ellis Humphreys	M	376.	Male 21-34	111.	(Holyhead)	1:43:58	1:44:33	418.
438	Tom Simpson	M	377.	Male 40-44	75.	Gog Triathlon	1:44:30	1:44:35	419.
3115	Jason Wood	M	378.	Male 50-54	52.	Winston Runners	1:44:03	1:44:35	420.
857	George Evans	M	379.	Male 21-34	112.	(Erbistock)	1:44:09	1:44:45	421.
3086	Naomi Wilson	F	43.	Female 21-34	15.	(Conwy)	1:43:50	1:44:50	422.
937	Tom Hall	M	380.	Male 21-34	113.	(STOKE-ON-TRENT)	1:44:01	1:44:50	423.
504	Pab Maddox	M	381.	Male 55-59	18.	Newcastle staffs AC	1:44:13	1:44:51	424.
1011	Michael Hagan	M	382.	Male 40-44	76.	(Formby)	1:44:39	1:44:52	425.
767	Trystan Phillips	M	383.	Male 40-44	77.	(Cardigan)	1:43:51	1:44:52	426.
3035	Laura Mckenzie	F	44.	Female 40-44	8.	Betsi Runaways	1:44:41	1:44:54	427.
2702	Lee Brooks	M	384.	Male 45-49	50.	(Liverpool)	1:44:33	1:44:57	428.
1801	Rhydian Owen	M	385.	Male 21-34	114.	(Llanrwst)	1:43:53	1:44:59	429.
281	Ron Damstra	M	386.	Male 40-44	78.	(Alphen aan den Rijn)	1:44:49	1:45:00	430.
2280	Darren Dentith	M	387.	Male 50-54	53.	(Old Colwyn)	1:44:33	1:45:01	431.
4	Huw Evans	M	388.	Male 40-44	79.	(Llandudno)	1:43:24	1:45:02	432.
1550	Ricardo Castro Cesar de Sa	M	389.	Male 45-49	51.	(Conwy)	1:44:17	1:45:02	433.
2145	Simon Quick	M	390.	Male 45-49	52.	(Chester)	1:44:49	1:45:05	434.
181	David Furber	M	391.	Male 50-54	54.	(Nantwich)	1:44:28	1:45:05	435.
1602	Colette Heron	F	45.	Female 45-49	8.	Kirkby Milers	1:44:52	1:45:06	436.
2523	Frank Wilson	M	392.	Male 21-34	115.	(Stockport)	1:43:46	1:45:07	437.
233	Mick Unsworth	M	393.	Male 50-54	55.	(Manchester)	1:45:15	1:45:15	438.
474	Graham Brownhill	M	394.	Male 40-44	80.	Dragons RC ( Sale }	1:43:47	1:45:17	439.
1232	Rebekah Livsey	F	46.	Female 21-34	16.	Stockport Harriers & AC	1:44:54	1:45:20	440.
2927	Joe Ingram	M	395.	Male 21-34	116.	(Rhyl)	1:44:02	1:45:21	441.
1554	Tristan Hird	M	396.	Male 45-49	53.	(Wrexham)	1:45:13	1:45:23	442.
2840	Dawn Atherton	F	47.	Female 35-39	7.	Knowsley Harriers AC	1:44:15	1:45:24	443.
2839	John Cooney	M	397.	Male 50-54	56.	Mersey Tri	1:44:15	1:45:24	444.
2838	Peter Gillespie	M	398.	Male 60-64	7.	Holme Pierrepont RC	1:45:11	1:45:26	445.
1030	David Higginbottom	M	399.	Male 55-59	19.	Sheffield Running Club	1:44:06	1:45:28	446.
3023	Tom Cottrill	M	400.	Male 21-34	117.	(Colwyn Bay)	1:45:12	1:45:29	447.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
2465	Steve Poupart	M	401.	Male 45-49	54.	North Wales Road Runners	1:45:11	1:45:29	448.
2909	Luke Earnshaw	M	402.	Male 45-49	55.	Bangor University Athletics Club	1:45:06	1:45:33	449.
1941	Will Acklam	M	403.	Male 12-20	10.	(Preston)	1:44:56	1:45:36	450.
330	Adam Howard	M	404.	Male 40-44	81.	Trawden AC	1:39:53	1:45:37	451.
3146	Edward Turner	M	405.	Male 21-34	118.		1:41:01	1:45:39	452.
932	Matthew O'malley	M	406.	Male 35-39	57.	(Manchester)	1:44:34	1:45:40	453.
357	Andrew Growcott	M	407.	Male 40-44	82.	South cheshire harriers	1:45:27	1:45:41	454.
1383	Alex Burke	M	408.	Male 21-34	119.	(Manchester)	1:44:17	1:45:41	455.
1386	Emily Wells	F	48.	Female 21-34	17.	(Swansea)	1:45:15	1:45:42	456.
1374	Ian Campbell	M	409.	Male 50-54	57.	(Buckley)	1:43:19	1:45:44	457.
1010	John Hagan	M	410.	Male 45-49	56.	(Crosby)	1:45:34	1:45:47	458.
2253	Dan Newall	M	411.	Male 21-34	120.	(Wirral)	1:44:29	1:45:50	459.
396	John Fifer	M	412.	Male 55-59	20.	Nantwich Running Club	1:45:12	1:45:52	460.
422	Mark Johnson	M	413.	Male 45-49	57.	Nantwich Running Club	1:45:24	1:45:54	461.
59	Jack Buckley	M	414.	Male 21-34	121.	GOG Triathlon Club	1:45:25	1:45:54	462.
1583	Marc Jones	M	415.	Male 60-64	8.	Prestatyn RC	1:45:29	1:45:57	463.
2259	Sandy Johnston	M	416.	Male 70-74	1.	Les Croupiers RC	1:45:47	1:45:58	464.
290	Rich Keen	M	417.	Male 35-39	58.	Gator a c	1:45:24	1:45:59	465.
176	Andy Hewitt	M	418.	Male 50-54	58.	Chester Road Runners	1:45:24	1:45:59	466.
216	Richard Rea	M	419.	Male 35-39	59.	Stafford Harriers	1:45:11	1:46:00	467.
217	Ian Hodkinson	M	420.	Male 50-54	59.	Stafford Harriers	1:45:12	1:46:00	468.
2773	Natasha Green	F	49.	Female 21-34	18.	Nantwich Running Club	1:45:35	1:46:01	469.
2915	Dimitrios Savvopoulos	M	421.	Male 21-34	122.	Nantwich Running Club	1:45:35	1:46:01	470.
251	Steven Ross	M	422.	Male 40-44	83.	Sheffield Running Club	1:45:40	1:46:02	471.
413	Alwyn Williams	M	423.	Male 45-49	58.	Chester Road Runners	1:45:31	1:46:07	472.
1604	David Sinclair	M	424.	Male 50-54	60.	Moti Albany Road Run Club	1:45:30	1:46:12	473.
827	Philip Williams	M	425.	Male 45-49	59.	(Llandudno Junction)	1:45:41	1:46:12	474.
645	Aidan Walley	M	426.	Male 21-34	123.	(Wirral)	1:45:29	1:46:13	475.
212	Sonia Williams	F	50.	Female 35-39	8.	Cybi Striders	1:45:30	1:46:15	476.
2507	Jamie Barron	M	427.	Male 45-49	60.	(Broughton)	1:45:41	1:46:15	477.
2867	Nazam Ramzan	M	428.	Male 45-49	61.	(Manchester)	1:42:58	1:46:17	478.
2441	Simon Young	M	429.	Male 50-54	61.	Chester Road Runners	1:45:34	1:46:18	479.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
557	Chris Collings	M	430.	Male 35-39	60.	(Buckley)	1:45:37	1:46:18	480.
2452	Mike Ward	M	431.	Male 60-64	9.	(Anglesey)	1:46:00	1:46:21	481.
2105	Victoria Lea	F	51.	Female 40-44	9.	(Ellesmere)	1:44:21	1:46:22	482.
96	Colin Fellows	M	432.	Male 40-44	84.	Lonely Goat RC	1:46:00	1:46:23	483.
2190	James Foy	M	433.	Male 35-39	61.	(Salford)	1:46:02	1:46:29	484.
2562	Michael Owen	M	434.	Male 21-34	124.	(Caernarfon)	1:45:49	1:46:31	485.
2845	David Downward	M	435.	Male 21-34	125.	(Newcastle-Under-Lyme)	1:45:50	1:46:31	486.
326	Tim Richardson	M	436.	Male 55-59	21.	Moorside Racing Team	1:45:45	1:46:31	487.
2672	Jamie Williams	M	437.	Male 21-34	126.	(Bangor)	1:45:15	1:46:33	488.
2207	Robert Jones	M	438.	Male 21-34	127.	(Warrington)	1:44:55	1:46:36	489.
1755	William Williams	M	439.	Male 40-44	85.	(Rhyl)	1:44:58	1:46:38	490.
2737	David Holt	M	440.	Male 35-39	62.	The British Race Drivers Club	1:45:22	1:46:38	491.
969	Craig Heys	M	441.	Male 35-39	63.	(Stockport)	1:46:32	1:46:38	492.
2684	Gareth Jones	M	442.	Male 45-49	62.	(Hertford)	1:46:16	1:46:39	493.
551	Jennie Woods	F	52.	Female 45-49	9.	Run Knutsford	1:46:21	1:46:40	494.
2480	Paul Lyth	M	443.	Male 50-54	62.	Deestridders	1:45:10	1:46:42	495.
1903	Iwan Lewis	M	444.	Male 40-44	86.	(Gwalchmai)	1:46:00	1:46:42	496.
144	Craig Casley	M	445.	Male 50-54	63.	(Shifnal)	1:45:52	1:46:42	497.
1636	Lewis Roberts	M	446.	Male 21-34	128.	(Llandudno junction)	1:46:20	1:46:46	498.
2409	Daniel Snelson	M	447.	Male 21-34	129.	Abergele Harriers	1:46:08	1:46:46	499.
1887	Darren Cassidy	M	448.	Male 35-39	64.	(Abergele)	1:46:23	1:46:46	500.
2938	Dominika Kucminova	F	53.	Female 21-34	19.	(Wrexham)	1:46:15	1:46:47	501.
586	Catherine Lawrence	F	54.	Female 45-49	10.	(Northwich)	1:44:09	1:46:49	502.
156	Stuart Abel	M	449.	Male 45-49	63.	Fylde Coast Runners	1:45:59	1:46:51	503.
71	Paul Jakeways	M	450.	Male 45-49	64.	(Shrewsbury)	1:46:41	1:46:52	504.
753	Lewis Edwards	M	451.	Male 21-34	130.	South cheshire harriers	1:46:39	1:46:53	505.
2455	Jonathon Woods	M	452.	Male 40-44	87.	(Holyhead)	1:44:40	1:46:53	506.
2630	Liam Hargreaves	M	453.	Male 21-34	131.	(Cheadle)	1:44:43	1:46:55	507.
1918	Darren Thompson	M	454.	Male 55-59	22.	Prestatyn running club	1:46:39	1:47:00	508.
2330	Tony Sangha	M	455.	Male 55-59	23.	West cheshire athletics club	1:46:39	1:47:00	509.
349	Matt Belford	M	456.	Male 45-49	65.	(Sandbach)	1:46:39	1:47:01	510.
1327	Oliver Parry-Molloy	M	457.	Male 21-34	132.	(Llandudno)	1:45:35	1:47:01	511.



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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
25	David Jones	M	458.	Male 50-54	64.	North Wales Road Runners Club (NWRRC)	1:46:40	1:47:02	512.
141	Danny Fegan	M	459.	Male 55-59	24.	st helens striders	1:46:40	1:47:04	513.
2266	Max Thomas	M	460.	Male 40-44	88.	(Colwyn Bay)	1:46:12	1:47:05	514.
667	Philip Parry	M	461.	Male 35-39	65.	(Chirk)	1:46:36	1:47:09	515.
3121	Paul Holmes	M	462.	Male 45-49	66.	UTS Run Club	1:47:01	1:47:10	516.
1835	Alex Horton	M	463.	Male 35-39	66.	(Cardiff)	1:46:12	1:47:10	517.
300	Gavin Roche	M	464.	Male 45-49	67.	None	1:46:53	1:47:10	518.
421	Graham Bryan	M	465.	Male 40-44	89.	Deestridders R.C	1:46:33	1:47:11	519.
36	Jess Mckinlay	F	55.	Female 35-39	9.	Deestridders R.C	1:46:40	1:47:11	520.
38	Danni Davies	M	466.	Male 45-49	68.	(Manchester)	1:46:20	1:47:12	521.
511	Gwennan Henstock	F	56.	Female 45-49	11.	Buckley RC	1:46:35	1:47:13	522.
807	Neil Whatton	M	467.	Male 40-44	90.	Riversway Road Runners	1:46:54	1:47:16	523.
1800	Harri Vaughan	M	468.	Male 21-34	133.	(Llandudno)	1:46:48	1:47:17	524.
1884	Marc Rocheteau	M	469.	Male 60-64	10.	HALIFAX HARRIERS & AC	1:46:59	1:47:20	525.
3074	Aidan Ryder	M	470.	Male 12-20	11.	(Birkenhead)	1:45:26	1:47:26	526.
2975	Richard Pullin	M	471.	Male 55-59	25.	Oswestry olympians	1:46:30	1:47:29	527.
2242	Rob Chaffe	M	472.	Male 55-59	26.	(Irby)	1:47:21	1:47:29	528.
850	Bill Dargue	M	473.	Male 65-69	4.	Shropshire Shufflers	1:46:53	1:47:29	529.
1155	Kirsty Greenwood	F	57.	Female 21-34	20.	Wallasey AC	1:46:09	1:47:29	530.
1404	Daniel Menzies	M	474.	Male 45-49	69.	(Prestatyn)	1:47:11	1:47:31	531.
1320	Shane Dewhurst	M	475.	Male 21-34	134.	(Ruthin)	1:46:10	1:47:31	532.
1321	Rob Boyns	M	476.	Male 55-59	27.	(Ruthin)	1:47:14	1:47:31	533.
2592	Victoria Taylor	F	58.	Female 45-49	12.	nwrcc	1:45:57	1:47:33	534.
913	Seorse Bailey	M	477.	Male 21-34	135.	(Conwy)	1:46:54	1:47:33	535.
1248	Mark Fletcher-Robson	M	478.	Male 55-59	28.	Glossopdale Harriers	1:46:43	1:47:34	536.
1675	Pam Booth	F	59.	Female 45-49	13.	Wirral Vikings TRC	1:47:01	1:47:36	537.
1018	Adam Smith	M	479.	Male 21-34	136.	(Whitchurch)	1:46:21	1:47:37	538.
1935	Mark Jones	M	480.	Male 40-44	91.	(Conwy)	1:47:17	1:47:39	539.
3136	Hannah Williams	F	60.	Female 21-34	21.		1:47:03	1:47:41	540.
1596	Michael Scanlan	M	481.	Male 35-39	67.	(Worsley)	1:45:22	1:47:41	541.
2575	David Hartley	M	482.	Male 40-44	92.	(Chester)	1:46:06	1:47:42	542.
1965	Gary Mccullagh	M	483.	Male 50-54	65.	(flint)	1:47:26	1:47:44	543.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
1394	Joseph Chedgzoy	M	484.	Male 35-39	68.	Kirkby Milers AC	1:47:02	1:47:45	544.
2467	Michael Lemmy	M	485.	Male 50-54	66.	Chester Triathlon Club	1:47:16	1:47:47	545.
2466	Rachel Hollins	F	61.	Female 45-49	14.	Chester Triathlon Club	1:47:17	1:47:47	546.
443	Phil Jones	M	486.	Male 45-49	70.	(Bangor)	1:46:56	1:47:50	547.
698	Dom Byrom	M	487.	Male 45-49	71.	(Deganwy)	1:47:08	1:47:52	548.
1880	Rachel Kesteven	F	62.	Female 50-54	8.	Nantwich Running Club	1:47:18	1:47:54	549.
391	Chris Jones	M	488.	Male 40-44	93.	(Manchester)	1:47:34	1:47:54	550.
2500	James Roberts	M	489.	Male 21-34	137.	(Llysfaen)	1:46:27	1:47:55	551.
1084	Lewis Blackwood	M	490.	Male 21-34	138.	(London)	1:47:13	1:47:56	552.
28	David Aspey	M	491.	Male 35-39	69.	(Birkenhead)	1:46:53	1:47:56	553.
2300	Mari Elen Hughes	F	63.	Female 21-34	22.	(Pwllheli)	1:46:31	1:47:57	554.
2104	George Thomson	M	492.	Male 21-34	139.	(Conwy)	1:47:19	1:47:58	555.
963	David O'neil	M	493.	Male 45-49	72.	Chester Road Runners	1:47:40	1:48:01	556.
3131	Gavin Daly	M	494.	Male 35-39	70.		1:46:51	1:48:01	557.
1940	Andy Acklam	M	495.	Male 50-54	67.	Preston Harriers	1:47:28	1:48:08	558.
1659	Sophie Toogood	F	64.	Female 21-34	23.	Sophie Toogood	1:47:40	1:48:09	559.
1239	Matthew Owen	M	496.	Male 21-34	140.	(Colwyn Bay)	1:47:58	1:48:10	560.
114	Michael Mcdonagh	M	497.	Male 21-34	141.	(Conwy)	1:47:42	1:48:11	561.
2791	Joy Hunter	F	65.	Female 40-44	10.	buckley runners	1:47:35	1:48:11	562.
1983	Paul Cooper	M	498.	Male 45-49	73.	(Upton)	1:47:56	1:48:11	563.
2386	Leo Wheeler	M	499.	Male 21-34	142.	Silverdale Running Club	1:47:13	1:48:11	564.
2506	Dewi Atherton	M	500.	Male 35-39	71.	Meirionydd running club	1:47:25	1:48:12	565.
2364	Ian Glover	M	501.	Male 45-49	74.	Silverdale RC	1:47:15	1:48:13	566.
2394	John Owen	M	502.	Male 21-34	143.	(Bala)	1:47:39	1:48:15	567.
1980	Keir Brady	M	503.	Male 40-44	94.	The Jokers	1:47:43	1:48:18	568.
2551	Trevor Tommy	M	504.	Male 60-64	11.	(Mold)	1:46:36	1:48:18	569.
397	Andrew Hughes	M	505.	Male 55-59	29.	Bramhall Runners	1:47:58	1:48:20	570.
2837	Jane Cooper	F	66.	Female 40-44	11.	(Caernarfon)	1:46:25	1:48:23	571.
631	Gareth Day	M	506.	Male 21-34	144.	(Tongwynlais)	1:47:29	1:48:27	572.
630	Kim Hawkins	F	67.	Female 35-39	10.	(Tongwynlais)	1:47:29	1:48:27	573.
102	Sion Thomas	M	507.	Male 40-44	95.	North Wales Road Runners Club	1:48:09	1:48:27	574.
1915	Dai Evans	M	508.	Male 45-49	75.	(Mold)	1:47:57	1:48:28	575.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
2574	Luke Totty	M	509.	Male 40-44	96.	(Manchester)	1:48:00	1:48:30	576.
455	Vicky Kehoe	F	68.	Female 50-54	9.	UTS Run Club	1:48:16	1:48:31	577.
2573	Lee Wyatt	M	510.	Male 50-54	68.	(Ashton)	1:48:00	1:48:31	578.
1480	Francis Redmond	M	511.	Male 21-34	145.	Warrington Running Club	1:47:57	1:48:31	579.
2914	Helen Johnson	F	69.	Female 50-54	10.	Wirral viking racing team	1:47:56	1:48:31	580.
3092	Aiden Mccabe	M	512.	Male 21-34	146.	(Rhos On Sea)	1:47:33	1:48:32	581.
1627	Gwenno Griffiths	F	70.	Female 40-44	12.	(Llanrwst)	1:45:41	1:48:32	582.
3045	James Jones	M	513.	Male 21-34	147.	(Benllech)	1:47:55	1:48:36	583.
1927	Phil Rowlands	M	514.	Male 40-44	97.	(Chester)	1:46:24	1:48:37	584.
3044	Michael Salt	M	515.	Male 21-34	148.	(Malpas)	1:47:24	1:48:37	585.
2407	Leon Bagnall	M	516.	Male 21-34	149.	(Llandudno)	1:48:34	1:48:38	586.
892	Emma Bullough	F	71.	Female 21-34	24.	(Halifax)	1:47:24	1:48:39	587.
305	Thomas Dunn	M	517.	Male 21-34	150.	(Wrexham)	1:47:14	1:48:39	588.
2136	Connor Clark	M	518.	Male 21-34	151.	(Warrington)	1:48:05	1:48:40	589.
2234	Jane Goodwin	F	72.	Female 50-54	11.	(Manchester)	1:46:57	1:48:42	590.
2299	Nichola D'cruze	F	73.	Female 40-44	13.	Penny Lane Striders	1:47:53	1:48:44	591.
1717	Matt Helme	M	519.	Male 60-64	12.	Liverpool running club	1:47:53	1:48:44	592.
2865	Idris Mir	M	520.	Male 50-54	69.	(Manchester)	1:45:25	1:48:45	593.
424	Daniel Oakes	M	521.	Male 21-34	152.	(Lisburn)	1:47:20	1:48:46	594.
499	Jonathan King	M	522.	Male 45-49	76.	(Chester)	1:48:00	1:48:48	595.
1501	Simon Deeks	M	523.	Male 45-49	77.	(Sheffield)	1:46:59	1:48:48	596.
1165	Stuart Mccall	M	524.	Male 60-64	13.	(Wirral)	1:48:10	1:48:48	597.
830	Ben Davidson	M	525.	Male 40-44	98.	(Chester)	1:47:40	1:48:50	598.
1818	Max Elliott	M	526.	Male 12-20	12.	(Barrow in Furness)	1:48:45	1:48:54	599.
2338	James Stevenson	M	527.	Male 40-44	99.	(Llanfairfechan)	1:46:26	1:48:56	600.
2842	Paul Plummer	M	528.	Male 50-54	70.	Stockport Tri Club	1:48:25	1:48:59	601.
1406	Peter Fenney	M	529.	Male 45-49	78.	(Flint)	1:48:52	1:49:08	602.
2631	Aaron Jackson	M	530.	Male 21-34	153.	(Ellesmere Port)	1:47:26	1:49:10	603.
3098	Emma Nunnerley	F	74.	Female 45-49	15.	Lymm Runners	1:48:31	1:49:11	604.
720	Jeremy Jackson	M	531.	Male 55-59	30.	(Stockport)	1:48:00	1:49:12	605.
1677	Patrick Donohoe	M	532.	Male 55-59	31.	(Manchester)	1:48:01	1:49:13	606.
1499	James Hassan	M	533.	Male 35-39	72.	(Cardiff)	1:47:43	1:49:13	607.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
2979	Guy Thomas	M	534.	Male 55-59	32.	Sunday Detourers	1:47:31	1:49:16	608.
2698	Mark Lennon	M	535.	Male 40-44	100.	PLF	1:48:14	1:49:17	609.
2951	Chris White	M	536.	Male 21-34	154.	(Solihull)	1:48:48	1:49:18	610.
2879	Chris Sorenson	M	537.	Male 60-64	14.	Mossley Hill AC	1:48:25	1:49:20	611.
1662	Danny O'reilly	M	538.	Male 21-34	155.	(Manchester)	1:47:58	1:49:20	612.
2673	Paul Sanders	M	539.	Male 40-44	101.	Prestatyn RC	1:48:52	1:49:21	613.
1863	Chris Rhoades	M	540.	Male 40-44	102.	(Nottingham)	1:48:58	1:49:22	614.
1976	Marcus Watton	M	541.	Male 35-39	73.	(Poole)	1:48:52	1:49:22	615.
1032	Clare Finch	F	75.	Female 40-44	14.	Stockport Harriers & AC	1:48:56	1:49:23	616.
905	John Suckley	M	542.	Male 65-69	5.	Pensby Runners	1:47:59	1:49:25	617.
3069	Anthony Kelly	M	543.	Male 35-39	74.	(Oswestry)	1:48:39	1:49:25	618.
2851	Maksym Piwonski	M	544.	Male 45-49	79.	(Liverpool)	1:48:57	1:49:26	619.
3061	Ian Reid	M	545.	Male 55-59	33.	Wallasey AC	1:48:22	1:49:26	620.
620	Kieran Gilbert	M	546.	Male 35-39	75.	Silverdale RC	1:49:09	1:49:28	621.
621	Alicia Gilbert	F	76.	Female 35-39	11.	Silverdale RC	1:49:08	1:49:28	622.
3046	Syd Omar	M	547.	Male 50-54	71.	Penny Lane Striders	1:48:19	1:49:30	623.
1736	Rob Lisa	M	548.	Male 45-49	80.	Pensby Runners	1:48:51	1:49:32	624.
1459	Charlotte Hancox	F	77.	Female 21-34	25.	(Anglesey)	1:48:52	1:49:32	625.
1748	Lee Dickinson	M	549.	Male 35-39	76.	Sandbach Striders	1:49:22	1:49:33	626.
2662	Paul Plested	M	550.	Male 60-64	15.	Ellesmere Port R.C	1:48:40	1:49:34	627.
2624	Dan Ryan	M	551.	Male 21-34	156.	(St Asaph)	1:48:51	1:49:37	628.
2448	Peter Merville	M	552.	Male 60-64	16.	Sthelens striders	1:48:16	1:49:46	629.
2928	Andrew Haughton	M	553.	Male 50-54	72.	(Stockport)	1:48:37	1:49:46	630.
2893	Daniel Smith	M	554.	Male 35-39	77.	(St. Asaph)	1:49:46	1:49:46	631.
2228	Melvyn Clarke	M	555.	Male 60-64	17.	Silverdale Running Club	1:49:28	1:49:48	632.
1651	Samantha Williams	F	78.	Female 35-39	12.	(Chester)	1:49:48	1:49:48	633.
2344	Jon Hayward	M	556.	Male 35-39	78.	Black Cloak Runners	1:49:02	1:49:49	634.
2009	Charlotte Wilton-Jones	F	79.	Female 35-39	13.	North Wales Road Runners	1:49:26	1:49:49	635.
2549	Graham Walker	M	557.	Male 45-49	81.	DEESIDE AAC	1:48:54	1:49:52	636.
1079	Paul Jones	M	558.	Male 50-54	73.	(Broughton)	1:49:23	1:49:52	637.
867	Liam Astley	M	559.	Male 21-34	157.	South cheshire harriers	1:49:24	1:49:53	638.
1589	Harry Ablett	M	560.	Male 21-34	158.	(Rhuddlan)	1:48:33	1:49:54	639.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
2642	Marlaina Cadwallader	F	80.	Female 21-34	26.	Nantwich Running Club	1:48:41	1:49:54	640.
2007	Charles Porter	M	561.	Male 50-54	74.	(Rhyl)	1:48:34	1:49:54	641.
2974	Jay Murphy	M	562.	Male 40-44	103.	(Liverpool)	1:48:33	1:49:54	642.
893	Katherine Morton	F	81.	Female 35-39	14.	Nidd Valley Road Runners	1:49:28	1:49:55	643.
2886	James Fairclough	M	563.	Male 21-34	159.	Bramhall Runners	1:48:49	1:49:56	644.
2739	Kieran Lewis	M	564.	Male 21-34	160.	(Flint)	1:48:25	1:49:58	645.
2825	Greig Frankland-Wilkinson	M	565.	Male 40-44	104.	Dragons Running Club (Sale )	1:47:40	1:50:02	646.
776	Aaron Haggas	M	566.	Male 45-49	82.	(Rhos on sea)	1:47:32	1:50:03	647.
2692	Paul Burke	M	567.	Male 45-49	83.	(Manchester)	1:46:33	1:50:03	648.
1898	Piyush Pushkar	M	568.	Male 40-44	105.	(Manchester)	1:49:34	1:50:04	649.
1571	Kevin Williams	M	569.	Male 45-49	84.	(Deganwy)	1:49:06	1:50:07	650.
2352	Bradley Platt	M	570.	Male 35-39	79.	Kirkby Milers AC	1:49:55	1:50:11	651.
2696	Justin Morris-Wyatt	M	571.	Male 55-59	34.	(Rhuddlan)	1:49:45	1:50:12	652.
972	Daniel Lloyd	M	572.	Male 45-49	85.	Penyffordd run club	1:49:37	1:50:12	653.
2236	Jonathan Robertson	M	573.	Male 35-39	80.	(Chester)	1:49:59	1:50:12	654.
2604	Alison Buckley	F	82.	Female 55-59	2.	Total Run training	1:49:49	1:50:12	655.
1964	Ben Fessey	M	574.	Male 21-34	161.	Birkenhead Park Running Club	1:47:19	1:50:14	656.
561	Rob Moran	M	575.	Male 55-59	35.	Silverdale Running Club	1:49:35	1:50:21	657.
2160	Jon Mccarthy	M	576.	Male 40-44	106.	(Hawarden)	1:49:22	1:50:25	658.
2923	Praveen Raju	M	577.	Male 45-49	86.	(London)	1:48:02	1:50:26	659.
336	Alan Booth	M	578.	Male 55-59	36.	(Nantwich)	1:49:32	1:50:27	660.
1635	Phil Roberts	M	579.	Male 45-49	87.	(Llandudno junction)	1:50:03	1:50:30	661.
1411	David Howard	M	580.	Male 65-69	6.	Trawden AC	1:50:25	1:50:32	662.
575	Stuart Atherton	M	581.	Male 40-44	107.	Knowsley Harriers AC	1:49:51	1:50:32	663.
1955	Emma Ladanowski	F	83.	Female 21-34	27.	Knowsley Harriers AC	1:49:21	1:50:34	664.
1254	Andrew Doublett	M	582.	Male 55-59	37.	Red rose road runners	1:49:17	1:50:35	665.
2964	Christopher Ward	M	583.	Male 55-59	38.	(Little Neston)	1:49:34	1:50:35	666.
2327	James Lord	M	584.	Male 40-44	108.	Didsbury Runners	1:50:15	1:50:37	667.
205	Gareth Davies	F	84.	Female 45-49	16.	Penarth and Dinas runners	1:49:57	1:50:38	668.
1435	Gareth Wyatt	M	585.	Male 35-39	81.	(Rhyl)	1:48:19	1:50:38	669.
2020	Luke James	M	586.	Male 21-34	162.	Trawden AC	1:45:22	1:50:42	670.
2990	Joe Dempsey	M	587.	Male 21-34	163.	Spectrum Striders	1:50:24	1:50:43	671.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
3104	Mark Smith	M	588.	Male 35-39	82.	Silverdale RC	1:50:24	1:50:45	672.
1761	Ryan Rushton	M	589.	Male 21-34	164.	(Llandudno Junction)	1:49:38	1:50:45	673.
2961	Kate Williams	F	85.	Female 35-39	15.	(Caernarfon)	1:50:23	1:50:45	674.
3116	Adam Wixey	M	590.	Male 21-34	165.	Severn AC	1:49:41	1:50:46	675.
2240	David Lewis	M	591.	Male 50-54	75.	(Walsall)	1:50:15	1:50:47	676.
3054	Callum Metcalfe	M	592.	Male 21-34	166.	(Bangor)	1:49:46	1:50:49	677.
3057	Andy Loftus	M	593.	Male 21-34	167.	UTS Run Club	1:50:35	1:50:49	678.
265	Julie Smith	F	86.	Female 35-39	16.	(Wrexham)	1:49:32	1:50:49	679.
2764	Phil Morris	M	594.	Male 55-59	39.	Chester Road Runners	1:50:11	1:50:52	680.
2526	Elinor Cartwright	F	87.	Female 21-34	28.	(Flint)	1:50:10	1:50:56	681.
2041	Michael Connolly	M	595.	Male 40-44	109.	Knowsley Harriers AC	1:50:18	1:50:57	682.
2431	Colin Williams	M	596.	Male 55-59	40.	Builth and district running club	1:49:47	1:50:59	683.
2127	Christopher Swann	M	597.	Male 40-44	110.	South cheshire harriers	1:50:14	1:50:59	684.
2423	Neil Salt	M	598.	Male 55-59	41.	Whitchurch whippets	1:49:48	1:51:00	685.
2991	Rebecca Stringer	F	88.	Female 40-44	15.	Biddulph Running Club	1:50:12	1:51:02	686.
2992	Helen Clayton	F	89.	Female 40-44	16.	Biddulph Running Club	1:50:12	1:51:02	687.
2861	Sarah Croft	F	90.	Female 40-44	17.	(Stoke on Trent)	1:47:42	1:51:02	688.
1022	Harriett Ackers	F	91.	Female 21-34	29.	(London)	1:50:33	1:51:03	689.
2424	Georgia Spencer-Turner	F	92.	Female 21-34	30.	(Old Colwyn)	1:50:36	1:51:08	690.
467	David Williams	M	599.	Male 60-64	18.	Penny Lane Striders	1:50:18	1:51:09	691.
2494	Craig Horsfield	M	600.	Male 45-49	88.	(Ashton-under-Lyne)	1:50:25	1:51:09	692.
799	Matt Bold	M	601.	Male 50-54	76.	(Warrington)	1:50:38	1:51:10	693.
2315	Nick Watson	M	602.	Male 35-39	83.	Green Runners	1:50:19	1:51:12	694.
3090	Luke Charlton	M	603.	Male 21-34	168.		1:47:35	1:51:12	695.
887	Marc Gardner	M	604.	Male 45-49	89.	(Great Sutton)	1:50:10	1:51:13	696.
1594	Stephen Mcglinchey	M	605.	Male 50-54	77.	(Burton-upon-Trent)	1:50:51	1:51:13	697.
2504	Ian Robson	M	606.	Male 60-64	19.	Eryri Harriers	1:49:09	1:51:17	698.
672	Ian Sadler	M	607.	Male 60-64	20.	Penny Lane Striders	1:50:32	1:51:17	699.
2114	Ian Rooney	M	608.	Male 40-44	111.	(Liverpool)	1:50:03	1:51:19	700.
2115	Jamie O'brien	M	609.			(Liverpool)	1:50:03	1:51:19	701.
3021	Daniel Hawkins	M	610.	Male 12-20	13.	(Penmaenmawr)	1:48:08	1:51:20	702.
2835	Emyr Griffiths	M	611.	Male 35-39	84.	(Ruthin)	1:50:08	1:51:22	703.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
2152	Mark Clair	M	612.	Male 40-44	112.	Mersey Tri	1:49:45	1:51:23	704.
257	Johanna Mcmanus	F	93.	Female 40-44	18.	Lostock AC	1:51:06	1:51:24	705.
3055	Joy Mawby	F	94.	Female 21-34	31.	(Llanberis)	1:50:22	1:51:25	706.
1886	Bethany Page	F	95.	Female 21-34	32.	(Talsarnau)	1:51:16	1:51:34	707.
2447	Shaun Wasik	M	613.	Male 40-44	113.	(Ruthin)	1:50:15	1:51:35	708.
2355	Andy Williams	M	614.	Male 35-39	85.	(Glossop)	1:50:43	1:51:36	709.
1200	Samuel Peters	M	615.	Male 21-34	169.	(Maldon)	1:50:23	1:51:38	710.
260	Grant Mcgowan	M	616.	Male 45-49	90.	Deestridders	1:50:38	1:51:38	711.
1837	Ryan Salusbury Jones	M	617.	Male 35-39	86.	(Colwyn Bay)	1:50:22	1:51:40	712.
2477	Cheryl Frost	F	96.	Female 55-59	3.	nwrcc	1:48:52	1:51:42	713.
2293	Richard Poole	M	618.	Male 45-49	91.	Sneyd strides	1:51:10	1:51:43	714.
2670	Lee Michelle Evans	F	97.	Female 45-49	17.	denbigh harriers	1:50:24	1:51:43	715.
39	David Ransome	M	619.	Male 35-39	87.	(Manchester)	1:50:01	1:51:45	716.
1240	Sam Bradshaw	M	620.	Male 35-39	88.	(Cwm Y Glo)	1:49:30	1:51:48	717.
1266	James Paddock	M	621.	Male 21-34	170.	(Deganwy)	1:51:17	1:51:55	718.
2977	Natalie Roberts	F	98.	Female 50-54	12.	(Mostyn)	1:49:48	1:51:56	719.
2490	Kieron Mckenna	M	622.	Male 45-49	92.	Madrunners	1:50:46	1:51:59	720.
404	Dan Burton	M	623.	Male 35-39	89.	Runfree Fell Runners	1:51:08	1:51:59	721.
754	Mark Hurst	M	624.	Male 40-44	114.	Madrunners	1:50:47	1:51:59	722.
1119	Lawrence Newton	M	625.	Male 45-49	93.	Lawley running club	1:51:24	1:52:01	723.
2474	Carl Dunn	M	626.	Male 50-54	78.	(Crewe)	1:51:42	1:52:06	724.
2518	Jean-Jacques Ferguson	M	627.	Male 21-34	171.	Eryri Harriers	1:51:37	1:52:06	725.
3005	Neville Freeman	M	628.	Male 60-64	21.	(Chester)	1:51:22	1:52:06	726.
2711	Charlotte Finch	F	99.	Female 45-49	18.	(Wigan)	1:50:42	1:52:07	727.
100	Tomas Jonathan	M	629.	Male 21-34	172.	(Rhuthun)	1:51:24	1:52:07	728.
1115	Ben Sumbler	M	630.	Male 40-44	115.	(Altrincham)	1:51:59	1:52:07	729.
1126	Tom Kelbrick	M	631.	Male 21-34	173.	(Llandudno)	1:51:51	1:52:08	730.
1933	Chris Burfitt	M	632.	Male 50-54	79.	Trawden Athletic Club	1:50:45	1:52:09	731.
3068	Simon Dacey	M	633.	Male 55-59	42.	(Huyton)	1:50:49	1:52:11	732.
1711	Dale Harratt	M	634.	Male 60-64	22.	(Stockport)	1:50:29	1:52:11	733.
1721	Daniel Edwards	M	635.	Male 45-49	94.	(Mold)	1:51:14	1:52:12	734.
1468	Matthew Allman	M	636.	Male 21-34	174.	(Buckley)	1:51:11	1:52:13	735.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
2079	Daniel Ryan	M	637.	Male 40-44	116.	Sheffield Running Club	1:51:14	1:52:14	736.
1767	Helen Anayiotos	F	100.	Female 35-39	17.	Sheffield RC	1:51:55	1:52:15	737.
2826	Abigail Owen	F	101.	Female 21-34	33.	(Holyhead)	1:51:19	1:52:20	738.
2827	Martyn Cuffin	M	638.	Male 40-44	117.	(Holyhead)	1:51:19	1:52:20	739.
2925	Andrew James Leith	M	639.	Male 21-34	175.	(Melling)	1:52:09	1:52:25	740.
640	Nicola Johnston	F	102.	Female 35-39	18.	(Manchester)	1:51:18	1:52:28	741.
2196	Dan Melville	M	640.	Male 21-34	176.	(Crewe)	1:51:25	1:52:30	742.
2362	Georgia Hall	F	103.	Female 21-34	34.	(Trefnant)	1:51:34	1:52:31	743.
2156	Mark Pollitt	M	641.	Male 45-49	95.	Rochdale Tri club	1:50:51	1:52:31	744.
3049	Ant Russell	M	642.	Male 40-44	118.	(MACCLESFIELD)	1:51:36	1:52:31	745.
1867	Simon Fawcett	M	643.	Male 21-34	177.	(Prestatyn)	1:51:46	1:52:32	746.
2620	Daniel Williams	M	644.	Male 21-34	178.	(St Asaph)	1:51:50	1:52:35	747.
2625	James Williams	M	645.	Male 21-34	179.	(St Asaph)	1:51:50	1:52:36	748.
1006	Paul Rynn	M	646.	Male 45-49	96.	(Llandudno)	1:50:03	1:52:36	749.
721	Rob Machen	M	647.	Male 35-39	90.	Wirral AC	1:52:05	1:52:43	750.
2761	Tommy Talbot	M	648.	Male 21-34	180.	(Llandudno)	1:52:17	1:52:48	751.
1663	Will Stilwell	M	649.	Male 21-34	181.	(Rode Heath)	1:51:55	1:52:48	752.
2561	Sarah Brooks	F	104.	Female 50-54	13.	Abergele Harriers	1:52:19	1:52:49	753.
68	Karl Wainwright	M	650.	Male 40-44	119.	(Harlech)	1:52:08	1:52:52	754.
1398	Sion Llyr Roberts	M	651.	Male 35-39	91.	Cybi Striders	1:52:02	1:52:53	755.
1142	Jeremy Bright	M	652.	Male 55-59	43.	(Abergele)	1:52:11	1:52:54	756.
875	Thomas Harris-Higdon	M	653.	Male 21-34	182.	(Telford)	1:52:34	1:52:55	757.
2788	Olivia Jones	F	105.	Female 12-20	1.	(Dwygyfylchi)	1:52:15	1:52:56	758.
444	Peter Walters	M	654.	Male 65-69	7.	Winston Runners	1:51:34	1:52:57	759.
494	John Guest	M	655.	Male 60-64	23.	Trentham RC	1:52:00	1:52:59	760.
1987	Bryn Jones	M	656.	Male 40-44	120.	(Bala)	1:50:16	1:52:59	761.
2381	Martin Gunther	M	657.	Male 40-44	121.	Sandbach Striders	1:52:22	1:53:00	762.
2210	Gareth Evans	M	658.	Male 21-34	183.	(Wrexham)	1:52:35	1:53:00	763.
539	Graham Smith	M	659.	Male 55-59	44.	Nantwich Running Club	1:52:23	1:53:00	764.
696	Steven Roberts	M	660.	Male 55-59	45.	North Wales Road Runners	1:50:46	1:53:02	765.
2283	David Lewis	M	661.	Male 45-49	97.	(Cardiff)	1:52:15	1:53:03	766.
2289	Olivia Trimby	F	106.	Female 12-20	2.	(Cardiff)	1:52:18	1:53:05	767.



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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
152	Ryan Mitchell	M	662.	Male 40-44	122.	Chester Road Runners	1:52:23	1:53:08	768.
2531	Martin Buckley	M	663.	Male 40-44	123.	(Penrhyndeudraeth)	1:52:25	1:53:12	769.
3037	Thomas Ely	M	664.	Male 45-49	98.	(Liverpool)	1:52:46	1:53:13	770.
1367	Llion Jones	M	665.	Male 35-39	92.	(Bala)	1:51:24	1:53:15	771.
2505	Molly Hewitt	F	107.	Female 21-34	35.	Eryi Harriers Club	1:51:08	1:53:16	772.
613	Chris Dymond	M	666.	Male 60-64	24.	Razzer's runners	1:51:26	1:53:19	773.
3125	Arwel Thomas	M	667.	Male 21-34	184.		1:51:48	1:53:20	774.
716	David Tyson	M	668.	Male 60-64	25.	(Sychdyn)	1:52:45	1:53:21	775.
2252	Libby Randles	F	108.	Female 21-34	36.	(Wirral)	1:52:02	1:53:24	776.
2657	Paul Nicholls	M	669.	Male 50-54	80.	Sandbach Striders	1:53:01	1:53:25	777.
1973	Katie Baldwin	F	109.	Female 21-34	37.	(Bangor)	1:50:37	1:53:26	778.
953	Stephanie Mcbride	F	110.	Female 35-39	19.	Knowsley Harriers AC	1:51:24	1:53:30	779.
243	Professor C Wilson	M	670.	Male 60-64	26.	Lonely Goat RC	1:52:56	1:53:33	780.
358	Rob Wilson	M	671.	Male 45-49	99.	(Sandbach)	1:51:45	1:53:36	781.
1384	Wesley Oakley	M	672.	Male 45-49	100.	(Colwyn Bay)	1:52:41	1:53:38	782.
293	Tony Buzzard-Nall	M	673.	Male 45-49	101.	(Nottingham)	1:52:50	1:53:39	783.
2858	Anna Avery	F	111.	Female 40-44	19.	bitton road runners	1:53:10	1:53:41	784.
2857	Matthew Wood	M	674.	Male 35-39	93.	bitton road runners	1:53:13	1:53:44	785.
2290	Alice Luther	F	112.	Female 21-34	38.	Tri Hard Harriers	1:51:11	1:53:46	786.
553	Paul Lewtey	M	675.	Male 45-49	102.	Deestridders R.C	1:50:32	1:53:47	787.
1242	Phillip Whettlock	M	676.	Male 55-59	46.	Queensbury RC	1:52:53	1:53:51	788.
3038	Clifford Wigzell	M	677.	Male 50-54	81.	(Colwyn Bay)	1:53:10	1:53:51	789.
2316	Thomas Rooney	M	678.	Male 21-34	185.	(Colwyn Bay)	1:52:42	1:53:52	790.
1201	Dean Wilson	M	679.	Male 35-39	94.	(Wrexham)	1:52:37	1:53:52	791.
1199	Scott Peters	M	680.	Male 55-59	47.	(Hackney)	1:52:37	1:53:53	792.
3028	Matthew Birkett	M	681.	Male 21-34	186.	(Carlisle)	1:52:12	1:53:55	793.
2568	Martyn Bull	M	682.	Male 45-49	103.	(Rhyl)	1:51:54	1:53:57	794.
608	John Paiva	M	683.	Male 21-34	187.	(Liverpool)	1:53:14	1:53:58	795.
2768	Louise Durham	F	113.	Female 40-44	20.	Riversway Roadrunners	1:52:31	1:53:58	796.
2656	Gary Martin	M	684.	Male 55-59	48.	Deestridders	1:52:16	1:53:59	797.
2755	Simon Finnigan	M	685.	Male 55-59	49.	(Stalybrigde)	1:52:31	1:53:59	798.
1723	Lee Massey	M	686.	Male 45-49	104.	(Northop hall)	1:53:03	1:54:02	799.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
2654	Graham Roberts	M	687.	Male 60-64	27.	(Oswestry)	1:53:07	1:54:02	800.
429	Sam Richardson	M	688.	Male 12-20	14.	(Llandudno)	1:53:27	1:54:02	801.
2146	Jonty Goodchild	M	689.	Male 50-54	82.	Hoylelake Road Runners	1:52:47	1:54:03	802.
241	Richard Davenport	M	690.	Male 45-49	105.	Nantwich Running Club	1:53:26	1:54:04	803.
2018	Laura Ashford	F	114.	Female 35-39	20.	Chester Triathlon Club	1:53:30	1:54:05	804.
286	Oliver Martin	M	691.	Male 45-49	106.	(Horbury)	1:52:42	1:54:05	805.
386	Jose Perez	M	692.	Male 50-54	83.	Lymm Runners	1:53:30	1:54:05	806.
123	Ricky Jones	M	693.	Male 21-34	188.	(Conwy)	1:53:55	1:54:06	807.
2671	Todd Frith	M	694.	Male 35-39	95.	(Llandudno)	1:53:16	1:54:11	808.
1448	Gareth Jones	M	695.	Male 40-44	124.	denbigh harriers	1:52:29	1:54:13	809.
235	Oliver Clarke	M	696.	Male 35-39	96.	Silverdale RC	1:52:06	1:54:14	810.
2199	Ian Upton	M	697.	Male 55-59	50.	(NESTON)	1:52:48	1:54:14	811.
1689	Laura Tysvaer	F	115.	Female 40-44	21.	Manchester Triathlon Club	1:49:09	1:54:14	812.
2069	Donna Jones	F	116.	Female 40-44	22.	Cybi Striders	1:53:25	1:54:15	813.
786	Dat Phang	M	698.	Male 35-39	97.	(Chester)	1:53:26	1:54:15	814.
2552	Simon Jaundrill	M	699.	Male 40-44	125.	(Conwy)	1:52:32	1:54:17	815.
2726	Owain Lewis	M	700.	Male 35-39	98.	(Bebington)	1:52:32	1:54:17	816.
1174	Kieran O'sullivan	M	701.	Male 21-34	189.	(Birmingham)	1:53:36	1:54:18	817.
2962	Scott Whitlow	M	702.	Male 35-39	99.	(Ellesmere Port)	1:52:33	1:54:18	818.
688	Pete Brocklehurst	M	703.	Male 50-54	84.	GOG	1:53:36	1:54:18	819.
350	Rick Taylor	M	704.	Male 50-54	85.	(Stockport)	1:53:43	1:54:19	820.
2995	Katrina Barnes	F	117.	Female 45-49	19.	Macclesfield Harriers & AC	1:53:02	1:54:20	821.
3017	Gerard O'shea	M	705.	Male 45-49	107.	(Kildysart)	1:53:21	1:54:20	822.
1316	Thomas Cowden	M	706.	Male 21-34	190.	(Penrhyn bay)	1:53:00	1:54:20	823.
167	Adam Bull	M	707.	Male 55-59	51.	Fylde Coast Runners	1:53:30	1:54:21	824.
1700	Gary Tancock	M	708.	Male 55-59	52.	(Holywell)	1:53:33	1:54:22	825.
665	Elaine Davies	F	118.	Female 50-54	14.	(Pentraeth)	1:51:34	1:54:22	826.
266	Craig Carmichael	M	709.	Male 50-54	86.	Penny Lane Striders	1:53:38	1:54:25	827.
157	Emma Bishop	F	119.	Female 21-34	39.	(Penrhynside)	1:54:26	1:54:26	828.
1693	Glen Williams	M	710.	Male 21-34	191.	(Llanfairfechan)	1:53:49	1:54:28	829.
2777	Phil Wilcoxon	M	711.	Male 60-64	28.	belle vue racers	1:50:56	1:54:29	830.
2181	Russell Costigan	M	712.	Male 40-44	126.	Evolve Lifestyle Academy	1:51:12	1:54:32	831.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
394	Neil Vickers	M	713.	Male 60-64	29.	(Stockport)	1:53:57	1:54:33	832.
2214	Jen Haywood	M	714.	Male 40-44	127.	vegan runners UK	1:54:35	1:54:35	833.
1121	Alex Thomas	M	715.	Male 21-34	192.	(Llysaen)	1:53:42	1:54:39	834.
2736	Damian Culver	M	716.	Male 45-49	108.	(Llandudno junction)	1:54:25	1:54:42	835.
734	Nick Paul	M	717.	Male 60-64	30.	Skelmersdale Boundary Harriers	1:52:14	1:54:42	836.
546	Paul Cheetham	M	718.	Male 50-54	87.	Skelmersdale Boundary Harriers	1:52:14	1:54:42	837.
1937	Jayne Powell	F	120.	Female 45-49	20.	vegan runners UK	1:53:26	1:54:43	838.
936	Janet Edwards	F	121.	Female 60-64	1.	Shropshire Shufflers	1:54:19	1:54:45	839.
247	Liz Evans	F	122.	Female 70-74	1.	Gogs triathlon	1:54:30	1:54:45	840.
2301	Steven Billington	M	719.	Male 21-34	193.	(Conwy)	1:53:44	1:54:46	841.
2149	Gary Jones	M	720.	Male 40-44	128.	(Glan Conwy)	1:52:31	1:54:47	842.
1567	Ann Cheadle	F	123.	Female 35-39	21.	Silverdale RC	1:54:30	1:54:50	843.
2235	Alan Taylor	M	721.	Male 70-74	2.	(Abergele)	1:53:58	1:54:51	844.
2996	Dan Margolan	M	722.	Male 50-54	88.	(Sandbach)	1:53:33	1:54:51	845.
2023	Luke Newton	M	723.	Male 21-34	194.	(Huddersfield)	1:51:26	1:54:52	846.
761	Justin Shirra	M	724.	Male 55-59	53.	Shropshire Shufflers	1:54:07	1:54:54	847.
401	Laura Parkin	F	124.	Female 45-49	21.	Didsbury Runners	1:54:13	1:54:54	848.
976	Simon Evans	M	725.	Male 55-59	54.	(Rugeley)	1:54:10	1:54:58	849.
1759	Steve Poole	M	726.	Male 45-49	109.	(Wrexham)	1:54:02	1:55:02	850.
2015	Mari Roberts	F	125.	Female 21-34	40.	(Llanrwst)	1:54:31	1:55:07	851.
899	Martin Holyhead	M	727.	Male 21-34	195.	Essington Harriers Run Club	1:53:22	1:55:08	852.
956	Andrew Day	M	728.	Male 21-34	196.	(Bodorgan)	1:53:08	1:55:09	853.
2855	Zoe Wareing	F	126.	Female 21-34	41.	(Chorley)	1:54:02	1:55:09	854.
2491	Craig Wilkinson	M	729.	Male 40-44	129.	(Llysaen)	1:54:27	1:55:09	855.
3112	Gareth Mula	M	730.	Male 40-44	130.		1:54:36	1:55:09	856.
1450	Chris Evans	M	731.	Male 50-54	89.	denbigh harriers	1:53:25	1:55:09	857.
2687	Chris Lydon	M	732.	Male 40-44	131.	Penny Lane Striders	1:53:58	1:55:10	858.
1931	Hayley Williams	F	127.	Female 21-34	42.	(Hope)	1:54:36	1:55:11	859.
164	Michelle Carter	F	128.	Female 45-49	22.	#mrprundamentalist	1:53:51	1:55:11	860.
2689	Julian Williams	M	733.	Male 21-34	197.	(Llanrwst)	1:53:38	1:55:13	861.
1914	Karen Wileman	F	129.	Female 45-49	23.	Bramhall Runners	1:54:29	1:55:14	862.
2515	James Morgan	M	734.	Male 35-39	100.	(HOLYHEAD)	1:54:18	1:55:15	863.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
2014	Matthew Kingston	M	735.	Male 21-34	198.	Essington Harriers Running Club	1:54:13	1:55:16	864.
948	Alan Cleall	M	736.	Male 55-59	55.	Dragons Running Club (Sale )	1:54:24	1:55:19	865.
3077	Elliw Hughes	F	130.	Female 35-39	22.	(Criccieth)	1:54:11	1:55:20	866.
1376	Malcolm Hughes	M	737.	Male 55-59	56.	(Llandudno)	1:54:20	1:55:21	867.
179	Jan Muir	F	131.	Female 55-59	4.	(BENLLECH)	1:55:22	1:55:23	868.
2429	Raza Barkatali	M	738.	Male 50-54	90.	(Manchester)	1:48:18	1:55:23	869.
464	Edward Cooper	M	739.	Male 45-49	110.	(Hawarden)	1:54:29	1:55:25	870.
126	Simon Booth	M	740.	Male 60-64	31.	(Liverpool)	1:53:02	1:55:25	871.
2774	Jordan Kerr	M	741.	Male 21-34	199.	(Newcastle)	1:52:12	1:55:28	872.
17	Evan Richardson	M	742.	Male 21-34	200.	(Llandudno)	1:54:35	1:55:29	873.
2836	Sam Hutchinson	M	743.	Male 45-49	111.	belle vue racers	1:54:02	1:55:32	874.
2541	Jules Franklin	F	132.	Female 40-44	23.	(Chester)	1:54:40	1:55:33	875.
2599	Charlotte Betteridge	F	133.	Female 21-34	43.	(Chester)	1:54:40	1:55:33	876.
3118	Cameron Jones	F	134.	Female 21-34	44.	Essington Harriers	1:54:40	1:55:35	877.
2708	Jennifer Bulman	F	135.	Female 35-39	23.	Bramhall Runners	1:54:54	1:55:35	878.
2558	Ian Mcdonald	M	744.	Male 55-59	57.	(Rhos on Sea)	1:53:58	1:55:37	879.
2321	Glyn Thomas	M	745.	Male 55-59	58.	(Littleborough)	1:54:24	1:55:38	880.
3009	Paul Watson	M	746.	Male 50-54	91.	(Flint)	1:54:46	1:55:40	881.
498	Tracy King	F	136.	Female 50-54	15.	(Chester)	1:54:56	1:55:41	882.
926	Chris Haye	M	747.	Male 40-44	132.	Heaton Runners	1:54:40	1:55:42	883.
2682	Donna Griffiths	F	137.	Female 40-44	24.	Deestridders	1:54:44	1:55:43	884.
1644	Tara Wakeling	F	138.	Female 21-34	45.	(Llanberis)	1:54:40	1:55:43	885.
439	Cathryn Walley	F	139.	Female 45-49	24.	Run Knutsford	1:50:29	1:55:43	886.
1564	Peter Morgan	M	748.	Male 40-44	133.	Silverdale RC	1:53:36	1:55:43	887.
2243	Ryan Johnson-Wilcock	M	749.	Male 12-20	15.	(Nr Holywell)	1:53:54	1:55:45	888.
1426	Alan Jones	M	750.	Male 60-64	32.	Lonely Goat	1:55:15	1:55:46	889.
106	Wesley Harris	M	751.	Male 45-49	112.	Caerleon RC	1:53:14	1:55:46	890.
2464	Arwel Rhys Hearn	M	752.	Male 45-49	113.	Run Wales	1:54:06	1:55:48	891.
105	Matt Watts	M	753.	Male 45-49	114.	Cobra running and Triathlon club	1:55:13	1:55:49	892.
1250	Andy Pointon	M	754.	Male 50-54	92.	Silverdale	1:55:34	1:55:53	893.
240	Andy Reed	M	755.	Male 45-49	115.	(Stoke)	1:55:09	1:55:55	894.
1408	David Hatcher	M	756.	Male 65-69	8.	Black Cloak Runners	1:54:28	1:55:55	895.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
718	Mike Williams	M	757.	Male 50-54	93.	(Flint)	1:55:23	1:55:58	896.
2533	Ceris Owen	M	758.	Male 65-69	9.	(Wrexham)	1:55:25	1:55:58	897.
454	Dawn Winter	F	140.	Female 35-39	24.	(Penrhyn Bay)	1:55:05	1:55:59	898.
2706	James Taylor	M	759.	Male 21-34	201.	(Alfreton)	1:55:05	1:55:59	899.
1854	Andy Walsh	M	760.	Male 40-44	134.	(Ramsbottom)	1:54:30	1:56:00	900.
2383	Carl Adam Lemalle	M	761.	Male 35-39	101.	North Wales Road Runners Club (NWRRC)	1:56:00	1:56:00	901.
2232	Ann Cleave	F	141.	Female 60-64	2.	Red rose road runners	1:55:11	1:56:00	902.
3133	Kam Dosanjh	F	142.	Female 45-49	25.	Penny Lane Striders	1:55:06	1:56:01	903.
2801	Joanne Moyers	F	143.	Female 50-54	16.	Widnes Wasps LRC	1:55:47	1:56:01	904.
1782	Fiona Morgan	F	144.	Female 45-49	26.	Eryri Harriers	1:55:34	1:56:01	905.
1708	Kial Horton	M	762.	Male 21-34	202.	(Chesterfield)	1:54:56	1:56:01	906.
881	Craig Pool	M	763.	Male 40-44	135.	(Chester)	1:54:58	1:56:02	907.
20	Rebecca Lant	F	145.	Female 50-54	17.	(Market Drayton)	1:54:08	1:56:05	908.
1216	James Brands	M	764.	Male 40-44	136.	(Enfield)	1:55:14	1:56:06	909.
2567	Hsin-Ling Chen	F	146.	Female 40-44	25.	Dockside Runners	1:53:46	1:56:07	910.
774	Mike Rogers	M	765.	Male 35-39	102.	(Chester)	1:55:07	1:56:08	911.
1566	Emily Jones	F	147.	Female 21-34	46.	Les Croupiers	1:55:41	1:56:09	912.
2263	Sam Herd	M	766.	Male 21-34	203.	(Prestatyn)	1:55:13	1:56:11	913.
2262	Jennifer Lewis	F	148.	Female 45-49	27.	(Prestatyn)	1:55:11	1:56:11	914.
1704	Bob Cole	M	767.	Male 50-54	94.	Chester Road Runners	1:55:26	1:56:11	915.
2324	Kenny Cottam	M	768.	Male 21-34	204.	(Llandudno)	1:54:47	1:56:11	916.
3154	John Carey	M	769.	Male 45-49	116.		1:54:27	1:56:12	917.
1993	Robert Starzycki	M	770.	Male 40-44	137.	(Wrocław)	1:54:06	1:56:13	918.
223	Dagmara Stankiewicz	F	149.	Female 21-34	47.	Knowsley Harriers AC	1:55:01	1:56:13	919.
1123	Dan Kellar	M	771.	Male 21-34	205.	(Merthyr)	1:54:48	1:56:14	920.
332	Stacey Woodworth-Shaw	F	150.	Female 45-49	28.	Winston Runners	1:54:52	1:56:14	921.
2542	Matthew van Miert	M	772.	Male 60-64	33.	Pensby	1:54:41	1:56:17	922.
2869	Alice Butler	F	151.	Female 50-54	18.	(Manchester)	1:53:52	1:56:18	923.
3141	Theresa Kelly	F	152.	Female 21-34	48.		1:55:13	1:56:18	924.
1619	Lee Houston	M	773.	Male 21-34	206.	(Liverpool)	1:55:11	1:56:19	925.
2675	Alison Johnson	F	153.	Female 45-49	29.	Penny Lane Striders	1:55:22	1:56:19	926.
1710	Andrea Jones	F	154.	Female 45-49	30.	(Wrexham)	1:55:32	1:56:19	927.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
2749	Lily van Brienen	F	155.	Female 21-34	49.	(Rhiwlas)	1:53:17	1:56:19	928.
1603	Rob Welsby	M	774.	Male 45-49	117.	N/A	1:55:00	1:56:21	929.
1016	Andy Dove	M	775.	Male 35-39	103.	(Stockport)	1:55:02	1:56:21	930.
2088	Darren Linnell	M	776.	Male 21-34	207.	Knowsley Harriers AC	1:55:06	1:56:22	931.
2089	Kieran Horne	M	777.	Male 21-34	208.	Knowsley Harriers AC	1:55:06	1:56:22	932.
470	Steve Minshull	M	778.	Male 50-54	95.	Knowsley Harriers AC	1:55:04	1:56:22	933.
1956	Neil Brailsford	M	779.	Male 45-49	118.	Knowsley Harriers AC	1:55:04	1:56:22	934.
1345	Andrew Penney	M	780.	Male 50-54	96.	Styal Running Club	1:54:37	1:56:23	935.
898	Drew Allen	F	156.	Female 21-34	50.	Essington Harriers Run Club	1:54:40	1:56:26	936.
897	Tammy Edwards	F	157.	Female 40-44	26.	Essington Harriers	1:54:40	1:56:26	937.
2612	Helena Lee	F	158.	Female 45-49	31.	(Manchester)	1:52:49	1:56:27	938.
2638	Jenny Osborne	F	159.	Female 45-49	32.	(Manchester)	1:52:49	1:56:27	939.
2331	Ashley Wood	M	781.	Male 21-34	209.	(Wrexham)	1:56:17	1:56:27	940.
1551	Lizzie Irvine	F	160.	Female 35-39	25.	GOG Triathlon Club	1:55:33	1:56:28	941.
2940	Lewis Monks	M	782.	Male 50-54	97.	(Sandbach)	1:55:57	1:56:31	942.
2016	James Craven	M	783.	Male 21-34	210.	(Conwy)	1:55:55	1:56:33	943.
283	Anthony Brown	M	784.	Male 21-34	211.	Blackburn Road Runners	1:55:45	1:56:37	944.
11	Claire Williams	F	161.	Female 40-44	27.	(Conwy)	1:54:20	1:56:39	945.
1834	Alexander Bowden	M	785.	Male 45-49	119.	(Holmes Chapel)	1:56:06	1:56:39	946.
42	Emlyn Roberts	M	786.	Male 55-59	59.	Eryri Harriers	1:56:34	1:56:40	947.
1906	Edward Corbelli	M	787.	Male 45-49	120.	(Rhyl)	1:56:23	1:56:40	948.
1836	Ollie Jones	M	788.	Male 21-34	212.	(ST. ASAPH)	1:55:23	1:56:41	949.
787	Michelle Gelder	F	162.	Female 45-49	33.	(Holywell)	1:54:03	1:56:42	950.
1840	Ross Roberts	M	789.	Male 21-34	213.	(Prestatyn)	1:55:50	1:56:45	951.
1841	Jade Gornall	M	790.	Male 21-34	214.	(Prestatyn)	1:55:51	1:56:46	952.
2124	Richard Frankland	M	791.	Male 45-49	121.	(Warrington)	1:54:52	1:56:46	953.
2814	Craig Owens	M	792.	Male 50-54	98.	(WREXHAM)	1:55:29	1:56:46	954.
261	Scott Hughes	M	793.	Male 45-49	122.	(Chester)	1:54:22	1:56:48	955.
574	Jason Blount	M	794.	Male 45-49	123.	Silverdale RC	1:56:29	1:56:49	956.
2374	Jack Enderby	M	795.	Male 21-34	215.	(Llay)	1:54:17	1:56:49	957.
1681	Brett Cartwright	M	796.	Male 21-34	216.	(Crewe)	1:55:36	1:56:50	958.
1489	Ian King	M	797.	Male 65-69	10.	Liverpool Running Club LRC	1:56:09	1:56:56	959.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
229	Craig Roberts	M	798.	Male 45-49	124.	(Sheffield)	1:54:24	1:56:56	960.
2717	Jonathan Clarke	M	799.	Male 21-34	217.	None - N/A	1:55:37	1:56:58	961.
650	Chris Hall	M	800.	Male 40-44	138.	Audley Striders	1:55:49	1:56:58	962.
1896	Scott Williams	M	801.	Male 21-34	218.	(Penmaenmawr)	1:56:22	1:57:00	963.
1326	George Hesketh	M	802.	Male 65-69	11.	Blackley W2R	1:56:13	1:57:02	964.
3113	Tamar Loach	F	163.	Female 21-34	51.		1:55:52	1:57:04	965.
1257	Callum Roberts	M	803.	Male 21-34	219.	Chester Road Runners	1:56:08	1:57:10	966.
3108	Neil Mcluskey	M	804.	Male 40-44	139.		1:54:52	1:57:13	967.
1622	Neil Gillard	M	805.	Male 21-34	220.	(Menai bridge)	1:56:12	1:57:17	968.
3148	Peter James	M	806.	Male 35-39	104.		1:55:46	1:57:18	969.
1972	David Jolliffe	M	807.	Male 35-39	105.	GOG Triathlon Club	1:55:48	1:57:19	970.
1247	Andrew Buthfer	M	808.	Male 50-54	99.	(Calgary)	1:57:05	1:57:21	971.
2674	Richard Sutton	M	809.	Male 55-59	60.	(Alsager)	1:56:29	1:57:21	972.
2291	Jack Roberts	M	810.	Male 21-34	221.	(Rhyl)	1:56:05	1:57:21	973.
1988	Scott Wilkinson	M	811.	Male 21-34	222.	(Bradford)	1:55:42	1:57:21	974.
232	Jane Gornell	F	164.	Female 55-59	5.	(Manchester)	1:56:29	1:57:23	975.
2870	Dave Jones	M	812.	Male 45-49	125.	(Ipstones)	1:54:38	1:57:25	976.
2752	Joe Roberts	M	813.	Male 21-34	223.	(Liverpool)	1:55:44	1:57:25	977.
2907	Ruth Shepherd-Cole	F	165.	Female 21-34	52.	Biddulph Running Club	1:56:15	1:57:26	978.
3127	Buddug James	F	166.	Female 21-34	53.		1:56:17	1:57:26	979.
2641	Spencer Reynolds	F	167.	Female 45-49	34.	Wirral Vikings	1:56:15	1:57:27	980.
3071	Nicholas Barnett	M	814.	Male 40-44	140.	(Liverpool)	1:54:58	1:57:27	981.
2753	Thomas Roberts	M	815.	Male 50-54	100.	(Liverpool)	1:55:46	1:57:28	982.
1664	David Walters	M	816.	Male 35-39	106.	(Beaumaris)	1:55:08	1:57:28	983.
2973	Darryl Jones	M	817.	Male 40-44	141.	(Penmaenmawr)	1:55:24	1:57:30	984.
2217	Simon Briscoe	M	818.	Male 50-54	101.	Penyffordd run club	1:56:42	1:57:30	985.
1607	Andrew Morgan	M	819.	Male 21-34	224.	(Deeside)	1:54:03	1:57:30	986.
1961	Mark Mills	M	820.	Male 35-39	107.	Knowsley Harriers AC	1:56:11	1:57:31	987.
920	Joanna Spruce	F	168.	Female 40-44	28.	(Altrincham)	1:54:40	1:57:31	988.
743	Christine Mak	F	169.	Female 55-59	6.	(Llantwit Major)	1:56:55	1:57:32	989.
593	Andy Hartley	M	821.	Male 50-54	102.	(Manchester)	1:55:21	1:57:35	990.
541	Arthur Mackay	M	822.	Male 12-20	16.	(Wrexham)	1:54:32	1:57:36	991.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
1876	Alister Noble	M	823.	Male 21-34	225.	(Oldham)	1:55:16	1:57:37	992.
2354	Michelle Shaw	F	170.	Female 40-44	29.	South cheshire harriers	1:56:34	1:57:39	993.
1258	Paul Leonard	M	824.	Male 50-54	103.	(Cheshire)	1:57:08	1:57:40	994.
2180	Jonny Kennedy	M	825.	Male 21-34	226.	(Chester)	1:56:41	1:57:40	995.
1843	Mark Jackson	M	826.	Male 55-59	61.	Queensbury RC	1:56:28	1:57:44	996.
2640	Aled Perry	M	827.	Male 35-39	108.	(Caernarfon)	1:57:15	1:57:46	997.
2071	Daniel Jones	M	828.	Male 35-39	109.	(Llangefni)	1:56:21	1:57:46	998.
60	Claire Bardsley	F	171.	Female 40-44	30.	Start2jog	1:55:09	1:57:47	999.
292	Daniel Plant	M	829.	Male 21-34	227.	(Biddulph)	1:56:34	1:57:49	1000.
2392	Rob Jennings	M	830.	Male 40-44	142.	(Carmel, Caernarfon)	1:56:24	1:57:49	1001.
2615	Alison Allwood	F	172.	Female 35-39	26.	(Shrewsbury)	1:55:28	1:57:50	1002.
2340	Cain Muse	F	173.	Female 21-34	54.	(Caernarfon)	1:56:31	1:57:50	1003.
529	Gareth Wilkins	M	831.	Male 55-59	62.	Beaumont RC	1:56:34	1:57:51	1004.
1891	Joe Owen	M	832.	Male 21-34	228.	(Hartford)	1:56:56	1:57:51	1005.
2031	Alex Baker	M	833.	Male 21-34	229.	(Liverpool)	1:56:09	1:57:51	1006.
2960	Sarah MCGovern	F	174.	Female 35-39	27.	(LLanrug)	1:57:30	1:57:52	1007.
3030	David Parish	M	834.	Male 60-64	34.	Pensby Runners	1:55:21	1:57:56	1008.
2231	Adam Jones	M	835.	Male 21-34	230.	(Llysfaen)	1:55:52	1:57:57	1009.
1995	Arwel Pleming	M	836.	Male 35-39	110.	(Caernarfon)	1:56:28	1:57:58	1010.
3149	Claire Colgan	F	175.	Female 21-34	55.		1:53:43	1:57:58	1011.
1479	Paul Mcgregor	M	837.	Male 60-64	35.	Penny Lane Striders	1:56:21	1:57:59	1012.
2756	Andrew Rudder	M	838.	Male 55-59	63.	(Greenfield)	1:56:31	1:58:00	1013.
1261	Andy Gifford	M	839.	Male 45-49	126.	(Southport)	1:56:36	1:58:01	1014.
2250	Jayne Price	F	176.	Female 21-34	56.	Pensby Runners	1:52:24	1:58:01	1015.
1457	Jack Such	M	840.	Male 21-34	231.	(Manchester)	1:56:36	1:58:02	1016.
1129	Anthony Perkins	M	841.	Male 21-34	232.	(Bolton)	1:56:24	1:58:03	1017.
1943	Neal Butterworth	M	842.	Male 55-59	64.	Penny Lane Striders	1:57:22	1:58:09	1018.
2271	Paul Quinton	M	843.	Male 60-64	36.	(Rhyl)	1:57:49	1:58:11	1019.
2061	Mary Bawn	F	177.	Female 45-49	35.	(Wheaton Aston)	1:57:16	1:58:14	1020.
2204	Alex Garner	M	844.	Male 21-34	233.	Knowsley Harriers AC	1:56:57	1:58:16	1021.
2239	David Burgess	M	845.	Male 40-44	143.	Lonely Goat RC	1:56:00	1:58:19	1022.
2284	Stuart Trimby	M	846.	Male 45-49	127.	(Cardiff)	1:57:36	1:58:24	1023.



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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
3033	Gareth Hughes	M	847.	Male 40-44	144.	(Buckley)	1:57:43	1:58:26	1024.
2132	Alwyn Williams	M	848.	Male 40-44	145.	(Llanrwst)	1:57:00	1:58:27	1025.
1752	Lee Kelly	M	849.	Male 21-34	234.	(CONWY)	1:57:02	1:58:33	1026.
1850	Anna Hammond	F	178.	Female 21-34	57.	(Llandudno Junction)	1:58:16	1:58:33	1027.
2661	Nicholas Barnes	M	850.	Male 50-54	104.	(Wellington)	1:58:35	1:58:35	1028.
1287	Jack Jones	M	851.	Male 21-34	235.	(Old Colwyn)	1:57:00	1:58:36	1029.
471	Emma Wilson	F	179.	Female 21-34	58.	(Crewe)	1:57:41	1:58:37	1030.
1590	Rodney Jones	M	852.	Male 65-69	12.	Penny Lane Striders	1:57:35	1:58:37	1031.
2096	Stuart Lee	M	853.	Male 50-54	105.	(Llandudno)	1:58:12	1:58:38	1032.
1048	Nicola Jones	F	180.	Female 21-34	59.	(Porthmadog)	1:58:20	1:58:38	1033.
3106	Esther Labohm	F	181.	Female 50-54	19.	AV Veluwe	1:58:24	1:58:39	1034.
2862	Jamie Henderson	M	854.	Male 40-44	146.	South Yorkshire Police AC	1:58:08	1:58:41	1035.
1527	Stephen Roberts	M	855.	Male 35-39	111.	(Deganwy)	1:58:30	1:58:41	1036.
2792	Stephen Llewellyn	M	856.	Male 45-49	128.	(Birkenhead)	1:57:54	1:58:44	1037.
3120	Rob Evanson	M	857.	Male 45-49	129.	Nantwich Running Club	1:56:14	1:58:45	1038.
806	Katrina Wightman	F	182.	Female 40-44	31.	Huncote harriers ac	1:58:05	1:58:50	1039.
3105	Joel Whittemore	M	858.	Male 21-34	236.		1:56:20	1:58:52	1040.
3097	Phil Kendall	M	859.	Male 40-44	147.	(Llandudno Jct)	1:57:33	1:58:53	1041.
227	Carmela Pegg	F	183.	Female 40-44	32.	(Llandudno)	1:57:23	1:58:56	1042.
109	Mark Burke	M	860.	Male 40-44	148.	(Hyde)	1:57:15	1:58:58	1043.
2063	Sue Spiers	F	184.	Female 60-64	3.	Mossley Hill Athletics Club	1:58:05	1:59:01	1044.
1397	Stuart Hague	M	861.	Male 50-54	106.	West cheshire athletics club	1:57:39	1:59:01	1045.
2690	Stuart Howson	M	862.	Male 40-44	149.	(Llandudno)	1:57:27	1:59:01	1046.
2226	Ann Claire Jones	F	185.	Female 50-54	20.	Prestatyn RC	1:56:47	1:59:06	1047.
1061	Matt Briggs	M	863.	Male 35-39	112.	Ramsbottom Running Club	1:57:54	1:59:08	1048.
1921	Philip Parry	M	864.	Male 50-54	107.	(Ewloe)	1:58:03	1:59:11	1049.
946	Emma Burton	F	186.	Female 35-39	28.	Sheffield Running Club	1:58:24	1:59:11	1050.
2884	Jon Evans	M	865.	Male 55-59	65.	North Wales Road Runners	1:58:23	1:59:13	1051.
1985	Carl Hill	M	866.	Male 21-34	237.	(Barrow In Furness)	1:58:09	1:59:17	1052.
636	Nic Isherwood	F	187.	Female 45-49	36.	(Oldham)	1:56:55	1:59:18	1053.
400	Stuart Donohoe	M	867.	Male 40-44	150.	Didsbury Runners	1:58:38	1:59:18	1054.
635	Mike Bailey	M	868.	Male 50-54	108.	(Oldham)	1:56:55	1:59:19	1055.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
3083	Tony Gibson	M	869.	Male 65-69	13.	North Wales Road Runners Club	1:58:31	1:59:21	1056.
1014	Karen Smith	F	188.	Female 55-59	7.	Whitchurch whippets	1:58:00	1:59:21	1057.
1015	Tim Lanceley	M	870.	Male 55-59	66.	Whitchurch whippets	1:58:00	1:59:22	1058.
2131	Simon Kingsman	M	871.	Male 21-34	238.	(Denbigh)	1:57:54	1:59:22	1059.
2159	Lee Bridge	M	872.	Male 21-34	239.	(Prestatyn)	1:57:50	1:59:22	1060.
2412	Mark Harrop	M	873.	Male 60-64	37.	(Tarporley)	1:57:33	1:59:23	1061.
1378	Dean Shafto	M	874.	Male 40-44	151.	Walk2run Blackley	1:58:09	1:59:24	1062.
646	Kevin Maher	M	875.	Male 55-59	67.	(Salford)	1:58:36	1:59:24	1063.
1144	Peter Andrews	M	876.	Male 50-54	109.	(Nottingham)	1:58:20	1:59:27	1064.
416	Chris Wills	M	877.	Male 45-49	130.	Knowsley Harriers AC	1:57:58	1:59:27	1065.
491	Robert Skedgell	M	878.	Male 45-49	131.	Victoria Park & Tower Hamlets AC	1:56:08	1:59:29	1066.
264	Mark Mcnamara	M	879.	Male 50-54	110.	Mon milers	1:57:13	1:59:33	1067.
834	Paul Fit	M	880.	Male 45-49	132.	st helens striders	1:58:30	1:59:34	1068.
836	Paul Hanley	M	881.	Male 50-54	111.	st helens striders	1:58:32	1:59:35	1069.
3143	Audrey Stochen	F	189.	Female 45-49	37.	Birkenhead Park Running Club	1:55:46	1:59:36	1070.
2296	Anne-Marie Taylor	F	190.	Female 35-39	29.	South cheshire harriers	1:58:46	1:59:37	1071.
2559	Sinead Butler	F	191.	Female 40-44	33.	Start2jog	1:57:06	1:59:43	1072.
2560	Andy Butler	M	882.	Male 40-44	152.	Start2jog	1:57:06	1:59:43	1073.
2304	Lucy Healy	F	192.	Female 40-44	34.	(Rhos on Sea)	1:58:37	1:59:44	1074.
3002	Matthew Mccullagh	M	883.	Male 35-39	113.	(Brownhikl)	1:59:51	1:59:51	1075.
785	Amy Mccarthy	F	193.	Female 35-39	30.	Madrunners	1:58:46	1:59:53	1076.
1284	Emil Eftimov	M	884.	Male 45-49	133.	Lonely Goat RC	1:59:09	1:59:53	1077.
73	Robert Mcbretney	M	885.	Male 45-49	134.	(Southport)	1:58:32	1:59:54	1078.
2863	Wendi Evans	F	194.	Female 60-64	4.	Eryri Harriers	1:57:52	2:00:00	1079.
1531	Bryn Jones	M	886.	Male 35-39	114.	(Porthmadog)	1:59:09	2:00:00	1080.
1851	Josie Morgan	F	195.	Female 12-20	3.	(Colwyn Bay)	1:59:01	2:00:00	1081.
2109	Jordan Williams	M	887.	Male 21-34	240.	(Greasby)	1:58:21	2:00:01	1082.
14	Suzanne Darke	F	196.	Female 50-54	21.	Saddleworth Runners	1:59:01	2:00:01	1083.
3103	Alan Lock	M	888.	Male 40-44	153.	(Shrewsbury)	1:54:31	2:00:03	1084.
3102	Colin Perry	M	889.	Male 45-49	135.	(Worcester)	1:54:31	2:00:03	1085.
1211	Laura Jones	F	197.	Female 21-34	60.	Hillsborough and Rivelin Running Club	1:58:58	2:00:06	1086.
1890	Johnathan Wells	M	890.	Male 35-39	115.	Red rose road runners	1:59:34	2:00:06	1087.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
1380	Claire Skea	F	198.	Female 21-34	61.	Liverpool Running Bugs	1:58:50	2:00:08	1088.
1735	Eifion Salisbury	M	891.	Male 55-59	68.	(Wilmslow)	1:59:16	2:00:08	1089.
502	Sherine Maleque	F	199.	Female 45-49	38.	(Manchester)	1:59:40	2:00:08	1090.
2000	Garath Coulter	M	892.	Male 50-54	112.	(Warrington)	1:58:16	2:00:10	1091.
466	Steve Fairclough	M	893.	Male 55-59	69.	Bramhall Runners	1:59:05	2:00:11	1092.
2623	Harry Clarke	M	894.	Male 21-34	241.	(Buckley)	1:59:04	2:00:18	1093.
2969	Andrew Ruth	M	895.	Male 40-44	154.	(Chirk)	1:59:47	2:00:20	1094.
3078	Catrin Owen	F	200.	Female 21-34	62.	Dockside Runners	1:57:51	2:00:20	1095.
1773	Rebecca Ashton	F	201.	Female 40-44	35.	(Dudley)	1:56:51	2:00:21	1096.
1223	Will Charles	M	896.	Male 40-44	155.	Delamere Spartans	1:59:18	2:00:21	1097.
2589	Gavin Baldwin	M	897.	Male 50-54	113.	(Llandudno Junction)	1:59:44	2:00:22	1098.
2391	Helen Ryvar	F	202.	Female 40-44	36.	(Wrexham)	1:58:41	2:00:26	1099.
1215	Dominic Robertson	M	898.	Male 40-44	156.	(Glasgow)	1:58:54	2:00:27	1100.
1504	Jessica Thiel	F	203.	Female 21-34	63.	(London)	2:00:10	2:00:28	1101.
1505	Matt Giroux	M	899.	Male 21-34	242.	(Chicago, IL, USA)	2:00:10	2:00:28	1102.
3008	Mackenzie Faulkner	M	900.	Male 21-34	243.	(Stoke on Trent)	1:59:43	2:00:32	1103.
324	Sharon Richardson	F	204.	Female 45-49	39.	(Oldham)	1:59:50	2:00:36	1104.
749	Noel Williams	M	901.	Male 45-49	136.	vegan runners UK	2:00:14	2:00:36	1105.
2543	Louise Davis Owen	M	902.	Male 45-49	137.	(Deganwy)	1:59:03	2:00:38	1106.
2527	Diane Hennigan	F	205.	Female 50-54	22.	Penny Lane Striders	1:59:29	2:00:39	1107.
1441	David Delahunty	M	903.	Male 65-69	14.	(Manchester)	1:59:33	2:00:41	1108.
2040	John Gore	M	904.	Male 40-44	157.	(Ashton-under-Lyne)	1:59:04	2:00:41	1109.
1111	Nathan Green	M	905.	Male 45-49	138.	(London)	1:58:41	2:00:41	1110.
1579	Ruth Delahunty	F	206.	Female 21-34	64.	(Manchester)	1:59:35	2:00:42	1111.
249	Stephen Tocker	M	906.	Male 50-54	114.	(Conwy)	1:57:49	2:00:42	1112.
359	Gareth Amos	M	907.	Male 40-44	158.	Wilmslow RC	1:57:23	2:00:43	1113.
1829	Andrew Jackson	M	908.	Male 35-39	116.	(Wrexham)	2:00:02	2:00:44	1114.
356	Rachel Threadkell	F	207.	Female 50-54	23.	Cybi Striders	1:59:55	2:00:45	1115.
2366	Kirsty Epps	F	208.	Female 21-34	65.	Nantwich Running Club	1:59:51	2:00:46	1116.
1125	Abigail Fish	F	209.	Female 21-34	66.	(Holywell)	1:58:04	2:00:47	1117.
1865	David Postlethwaite	M	909.	Male 55-59	70.	Lions Running Community	1:59:42	2:00:49	1118.
2444	Corrie Gerrard	F	210.	Female 21-34	67.	(Manchester)	1:58:22	2:00:56	1119.

# Conwy Half Marathon 2023

## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
1657	Robert Owen-Jones	M	910.	Male 35-39	117.	(Cardiff)	1:58:00	2:00:57	1120.
2047	Ed Cartwright	M	911.	Male 45-49	139.	None	1:58:27	2:00:57	1121.
2462	Richard Appleford	M	912.	Male 45-49	140.	Caerphilly Runners	1:59:34	2:01:01	1122.
1856	Sam Such	M	913.	Male 21-34	244.	(Manchester)	1:59:35	2:01:01	1123.
2165	Angus Cleary	M	914.	Male 55-59	71.	(Manchester)	2:00:02	2:01:02	1124.
1849	Danielle Gibson	F	211.	Female 35-39	31.	Beaumont RC	1:59:52	2:01:03	1125.
1395	Sean Quick	M	915.	Male 50-54	115.	(Wrexham)	2:00:25	2:01:04	1126.
2880	Mark Cockburn	M	916.	Male 50-54	116.	(Halkyn)	1:59:41	2:01:05	1127.
2873	Mark Hopwood	M	917.	Male 55-59	72.	(Mold)	1:59:45	2:01:05	1128.
1919	Fraser Smith	M	918.	Male 55-59	73.	(Parkgate, Neston)	2:00:24	2:01:07	1129.
703	Rachel Jones	F	212.	Female 45-49	40.	None	2:00:23	2:01:08	1130.
263	Susanne Evans	F	213.	Female 45-49	41.	(Ellesmere Port)	1:59:49	2:01:09	1131.
973	Caroline Canty	F	214.	Female 45-49	42.	Bramhall Runners	2:00:28	2:01:13	1132.
991	Dan Romberg	M	919.	Male 35-39	118.	(Bethesda)	1:59:21	2:01:17	1133.
2603	Paul Roskell	M	920.	Male 21-34	245.	Penny Lane Striders	1:59:16	2:01:25	1134.
1882	Ceri Mearns	F	215.	Female 35-39	32.	(Tremeirchion)	1:59:59	2:01:25	1135.
2175	Nick Roberts	M	921.	Male 60-64	38.	Chester Road Runners	2:00:17	2:01:25	1136.
2852	Andy Morris	M	922.	Male 45-49	141.	South cheshire harriers	1:59:51	2:01:28	1137.
2896	Sophie Taylor	F	216.	Female 21-34	68.	(Newcastleupon Tyne)	1:59:54	2:01:30	1138.
880	Kingsley Chesworth	M	923.	Male 40-44	159.	(preston)	2:00:22	2:01:30	1139.
1381	David Bates	M	924.	Male 21-34	246.	West Bromwich Harriers	2:00:27	2:01:31	1140.
2102	Linda Turley	F	217.	Female 50-54	24.	Deestridders	2:00:35	2:01:32	1141.
382	Natasha Carson	F	218.	Female 35-39	33.	Gogs triathlon	2:00:26	2:01:33	1142.
1377	Shaun Holme	M	925.	Male 55-59	74.	Blackley W2R	2:00:20	2:01:35	1143.
2198	Michelle Torme	F	219.	Female 40-44	37.	(Stockport)	1:59:26	2:01:39	1144.
1542	Janet Humphreys	F	220.	Female 45-49	43.	(Conwy)	1:58:44	2:01:41	1145.
2832	Erin Evans	F	221.	Female 35-39	34.	(Llanrwst)	1:59:27	2:01:43	1146.
2751	Brian Vater	M	926.	Male 55-59	75.	(St helens)	2:00:23	2:01:43	1147.
97	James Cooper	M	927.	Male 21-34	247.	(Northwich)	1:59:55	2:01:44	1148.
697	Bridget Woodward	F	222.	Female 50-54	25.	(Brecon)	2:01:04	2:01:47	1149.
398	Martin Gill	M	928.	Male 55-59	76.	Prestatyn RC	1:59:29	2:01:48	1150.
1130	Zoe Jones	F	223.	Female 21-34	69.	(Wrexham)	2:01:29	2:01:48	1151.

# Conwy Half Marathon 2023

## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
1716	Stephane Laffly	M	929.	Male 45-49	142.	Altrincham Athletics Club	2:00:50	2:01:49	1152.
1715	Simon Rigby	M	930.	Male 21-34	248.	(Timperley)	2:00:49	2:01:50	1153.
1066	Adam Walch	M	931.	Male 35-39	119.	(Holyhead)	2:01:13	2:01:52	1154.
1747	Christian Cox	M	932.	Male 45-49	143.	Llangollen Running Club	1:58:26	2:01:53	1155.
1808	Nikki Kitts	F	224.	Female 21-34	70.	Kirkby Milers AC	2:00:54	2:01:54	1156.
2415	Christian Ward	M	933.	Male 50-54	117.	(Chester)	1:59:02	2:01:55	1157.
2976	Chris Berry	M	934.	Male 45-49	144.	(Liverpool)	2:00:40	2:02:01	1158.
2547	Paul Jones	M	935.	Male 45-49	145.	Rhedwyr Hebog Runners	2:00:22	2:02:05	1159.
427	Daniel Jones	M	936.	Male 45-49	146.	(Bagillt)	1:58:51	2:02:05	1160.
1556	Paul Young	M	937.	Male 35-39	120.	(Hawarden)	2:00:55	2:02:07	1161.
2456	Conor Morris	M	938.	Male 21-34	249.	(Birkenhead)	1:58:36	2:02:08	1162.
1021	Joshua Nelson	M	939.	Male 21-34	250.	(Colwyn Bay)	2:01:33	2:02:09	1163.
76	Simon Hooton	M	940.	Male 45-49	147.	(Conwy)	2:01:50	2:02:09	1164.
2820	Tim Martin	M	941.	Male 60-64	39.	(Clevedon)	2:00:33	2:02:10	1165.
2195	Mike Davies	M	942.	Male 21-34	251.	(Crewe)	2:01:07	2:02:12	1166.
2782	Richard Scamans	M	943.	Male 50-54	118.	nwrcc	2:01:23	2:02:17	1167.
1998	James Leyshon	M	944.	Male 21-34	252.	Knowsley Harriers AC	2:01:00	2:02:19	1168.
2029	Paul Cowell	M	945.	Male 55-59	77.	Bramhall Runners	2:01:18	2:02:20	1169.
2537	Kieran White	M	946.	Male 21-34	253.	(Oswestry)	2:00:39	2:02:22	1170.
1799	Jack Turnbull	M	947.	Male 21-34	254.	(Wigan)	2:01:18	2:02:24	1171.
2598	Graeme Decke	M	948.	Male 55-59	78.	(Denbigh)	2:01:40	2:02:29	1172.
1845	Tom Brookshaw	M	949.	Male 40-44	160.	(Nantwich)	2:01:28	2:02:32	1173.
2829	Luke Sanders	M	950.	Male 21-34	255.	(Bridgend)	1:59:04	2:02:33	1174.
597	Jack Davison	M	951.	Male 35-39	121.	(Llanelwy)	2:00:34	2:02:35	1175.
859	Harri Evans	M	952.	Male 21-34	256.	(Wrexham)	2:01:59	2:02:35	1176.
1756	Geraint Dafis	M	953.	Male 35-39	122.	(Bangor)	2:00:42	2:02:36	1177.
534	Mark O'keefe	M	954.	Male 45-49	148.	(Manchester)	2:02:11	2:02:36	1178.
273	Julian Taylor	M	955.	Male 45-49	149.	(Llandudno)	2:02:01	2:02:37	1179.
2663	Sharon Plested	F	225.	Female 55-59	8.	Ellesmere port RC	2:01:58	2:02:40	1180.
1546	Lauren Iredale	F	226.	Female 35-39	35.	(Manchester)	2:00:08	2:02:42	1181.
2572	Sian Dobson-Hughes	F	227.	Female 35-39	36.	(STOCKPORT)	2:00:08	2:02:42	1182.
1454	Mark Thompson	M	956.	Male 55-59	79.	(Liverpool)	2:01:49	2:02:45	1183.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
2760	Kevin Higgins	M	957.	Male 60-64	40.	North Wales Road Runners Club	2:02:41	2:02:50	1184.
486	Jill Phillips	F	228.	Female 60-64	5.	Trentham RC	2:02:15	2:02:53	1185.
2083	Harriet Pennington-Yates	F	229.	Female 21-34	71.	Trawden AC	1:57:35	2:02:54	1186.
2510	Christopher Snow	M	958.	Male 21-34	257.	(Rhyl)	2:00:01	2:02:55	1187.
1349	Louise Woffindin	F	230.	Female 40-44	38.	Sheffield Running Club	2:01:33	2:02:56	1188.
2590	Shameem Younis	F	231.	Female 45-49	44.	Hyde Village Striders	2:00:39	2:03:00	1189.
1149	Andy Roberts	M	959.	Male 55-59	80.	(Colwyn Bay)	2:00:54	2:03:01	1190.
2705	Dave Jones	M	960.	Male 40-44	161.	Penny Lane Striders	2:01:43	2:03:02	1191.
2349	Tom Faulkner	M	961.	Male 35-39	123.	(Southport)	2:00:56	2:03:06	1192.
1813	Martin Preston	M	962.	Male 45-49	150.	(Wirral)	1:58:02	2:03:09	1193.
2264	Njideka Agwuna	F	232.	Female 50-54	26.	Penny Lane Striders	1:59:29	2:03:10	1194.
27	Will Hapgood	M	963.	Male 21-34	258.	(Prestatyn)	2:01:13	2:03:12	1195.
1064	Michael Williams	M	964.	Male 40-44	162.	(Sunny Runcorn)	2:00:01	2:03:14	1196.
309	Laura Carter	F	233.	Female 50-54	27.	Stockport Tri Club	2:00:52	2:03:15	1197.
3110	Jessica Horne	F	234.	Female 21-34	72.	Sheffield Running Club	2:01:56	2:03:16	1198.
1439	Tim Pegg	M	965.	Male 60-64	41.	(Halifax)	2:02:04	2:03:16	1199.
2695	Jakub Kucharski	M	966.	Male 60-64	42.	(Hashtag)	2:00:49	2:03:21	1200.
3122	Sam Buckley	M	967.	Male 21-34	259.		2:00:47	2:03:23	1201.
236	Adam Thompson	M	968.	Male 50-54	119.	(London)	2:00:57	2:03:27	1202.
2633	Henry Gannon	M	969.	Male 21-34	260.	(Middleton-on-Sea)	2:03:07	2:03:28	1203.
1632	Craig Dempsey	M	970.	Male 45-49	151.	(Salford)	2:02:02	2:03:30	1204.
1667	Dan Williams	M	971.	Male 21-34	261.	Porth Eirais Runners	2:02:46	2:03:31	1205.
1145	Jonathan Ghosh	M	972.	Male 45-49	152.	(Cheadle)	2:00:49	2:03:32	1206.
2130	Carter Situ	M	973.	Male 35-39	124.	(Liverpool)	2:02:28	2:03:35	1207.
279	Rob Carrington	M	974.	Male 50-54	120.	Wolves and bilston	2:03:01	2:03:37	1208.
1706	Lucas Cobley	M	975.	Male 12-20	17.	(Rhyl)	2:01:30	2:03:37	1209.
1728	Gareth Williams	M	976.	Male 40-44	163.	Chester Road Runners	2:03:34	2:03:37	1210.
2010	Daniel Parry	M	977.	Male 35-39	125.	(Telford)	2:02:57	2:03:40	1211.
2118	Antony Collier	M	978.	Male 35-39	126.	(Telford)	2:02:59	2:03:41	1212.
2872	Mark Sutcliffe	M	979.	Male 40-44	164.	Chester Road Runners	2:02:39	2:03:42	1213.
23	Sam Davies	M	980.	Male 35-39	127.	(WREXHAM)	2:02:51	2:03:42	1214.
2094	Stuart Blackmore	M	981.	Male 45-49	153.	(Hyde)	2:01:10	2:03:43	1215.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
643	Elin Lewis	F	235.	Female 40-44	39.	Mon milers	2:03:09	2:03:50	1216.
461	Edyta Burgess	F	236.	Female 45-49	45.	Winston Runners	2:01:23	2:03:50	1217.
3144	Richard Ssunna	M	982.	Male 45-49	154.		1:59:40	2:03:50	1218.
371	Keith Grimwade	M	983.	Male 65-69	15.	(St Ives)	2:02:33	2:03:54	1219.
1122	Paul Owen	M	984.	Male 50-54	121.	(Llandudno Junction)	2:02:33	2:03:55	1220.
1429	Jon Davies	M	985.	Male 45-49	155.	(Wrexham)	2:02:53	2:03:58	1221.
1952	Frank Murphy	M	986.	Male 55-59	81.	Knowsley Harriers AC	2:01:19	2:04:00	1222.
225	Zoe Wolstencroft	F	237.	Female 21-34	73.	Knowsley Harriers AC	2:02:42	2:04:00	1223.
1959	Matt Beard	M	987.	Male 40-44	165.	(Northwich)	2:02:28	2:04:01	1224.
2854	Karen Murphy	F	238.	Female 55-59	9.	Biddulph Running Club	2:02:51	2:04:03	1225.
1793	Huw Seddon	M	988.	Male 35-39	128.	(Mold)	2:03:05	2:04:04	1226.
2404	Phil Tracey	M	989.	Male 55-59	82.	Gog Triathlon	2:02:21	2:04:04	1227.
2983	Brychan Ap Geraint	M	990.	Male 21-34	262.	denbigh harriers	2:01:43	2:04:10	1228.
1606	David Griffiths	M	991.	Male 50-54	122.	Penny Lane Striders	2:00:46	2:04:13	1229.
2681	Andrew Scott	M	992.	Male 45-49	156.	Prestatyn RC	2:02:41	2:04:14	1230.
2643	Kevin Clarke	M	993.	Male 60-64	43.	(Oldham)	2:02:17	2:04:14	1231.
2822	Jason Hocking	M	994.	Male 50-54	123.	Chester Road Runners	2:03:27	2:04:16	1232.
906	Lynda Bayley	F	239.	Female 55-59	10.	Pensby Runners	2:02:52	2:04:17	1233.
1212	Joceyln Parkes Bowen	F	240.	Female 21-34	74.	(Fleckney)	2:03:10	2:04:18	1234.
2714	Kate Jones	F	241.	Female 21-34	75.	(Llandudno)	2:02:44	2:04:19	1235.
811	Oliver Bunnell	M	995.	Male 21-34	263.	(Holywell)	2:01:39	2:04:21	1236.
3150	Sam Orme	M	996.	Male 21-34	264.		2:00:08	2:04:23	1237.
133	Dave Jones	M	997.	Male 45-49	157.	(Moreton)	2:01:20	2:04:24	1238.
1703	Sam Evans	F	242.	Female 50-54	28.	(Llanrwst)	2:01:56	2:04:25	1239.
1515	Anika Farrar	F	243.	Female 35-39	37.	(Monmouth)	2:03:02	2:04:27	1240.
234	Emma Clarke	F	244.	Female 35-39	38.	Silverdale RC	2:04:09	2:04:29	1241.
1272	Sam Hughes	M	998.	Male 21-34	265.	(Wrexham)	2:04:15	2:04:39	1242.
2748	Victoria Ploner Scrivens	F	245.	Female 50-54	29.	(Selva di Val Gardena)	2:02:27	2:04:40	1243.
505	Amy Jones	F	246.	Female 35-39	39.	(Manchester)	2:04:21	2:04:40	1244.
2548	Elin Lloyd Jones	F	247.	Female 21-34	76.	(Llandudno Junction)	2:02:57	2:04:41	1245.
1526	Mike Jones	M	999.	Male 50-54	124.	(Liverpool)	2:03:27	2:04:44	1246.
1537	Laura O'keefe	F	248.	Female 35-39	40.	Kirkby Milers AC	2:03:27	2:04:44	1247.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
2173	Clare Farley	F	249.	Female 40-44	40.	Croxteth Park Get Going	2:03:28	2:04:46	1248.
2676	Sam Catherall	M	1000.	Male 21-34	266.	(Holywell)	2:02:35	2:04:48	1249.
577	Jonathan Lamb	M	1001.	Male 55-59	83.	Lonely Goat RC	2:02:36	2:04:49	1250.
781	Dan Cathie	M	1002.	Male 45-49	158.	(Hyde)	2:03:42	2:04:49	1251.
1624	Joanna Kelly	F	250.	Female 45-49	46.	(Conwy)	2:03:44	2:04:51	1252.
1630	Nick Mccole	M	1003.	Male 45-49	159.	Kirkby Milers AC	2:03:57	2:04:53	1253.
1319	Amy Rickard	F	251.	Female 21-34	77.	(Ruthin)	2:03:32	2:04:53	1254.
2926	Chris D'albuquerque	M	1004.	Male 40-44	166.	(Lincoln)	2:02:25	2:04:56	1255.
1683	Julian Tegg	M	1005.	Male 50-54	125.	West cheshire athletics club	2:03:43	2:04:57	1256.
2618	Helen Lester	F	252.	Female 55-59	11.	Wirral Vikings TRC	2:03:43	2:04:57	1257.
1684	Angela Tegg	F	253.	Female 50-54	30.	west cheshire AC	2:03:43	2:04:58	1258.
2859	Paul Spear	M	1006.	Male 50-54	126.	Wrekin Road Runners	2:03:03	2:05:01	1259.
2375	Joel Crame	M	1007.	Male 21-34	267.	(Rowen)	2:01:58	2:05:02	1260.
3066	David Kenneth Owen	M	1008.	Male 65-69	16.	(St Helens)	2:04:15	2:05:03	1261.
2897	Ling Yang	F	254.	Female 21-34	78.	Runnershai	2:02:44	2:05:05	1262.
2499	Saul Vega	M	1009.	Male 35-39	129.	(Llysfaen)	2:03:37	2:05:05	1263.
1421	Paul White	M	1010.	Male 45-49	160.	(Dyserth)	2:01:56	2:05:05	1264.
62	John Houghton	M	1011.	Male 60-64	44.	Run Sandymoor	2:04:06	2:05:07	1265.
679	Kerrie Bignall	F	255.	Female 50-54	31.	RRC	2:03:37	2:05:07	1266.
2576	Andrew Mckenna	M	1012.	Male 50-54	127.	(Great Sutton, Ellesmere Port)	2:03:03	2:05:09	1267.
1137	Andrew Carter	M	1013.	Male 35-39	130.	Prestatyn RC	2:03:52	2:05:10	1268.
2220	Megan Jones	F	256.	Female 40-44	41.	(Mold)	2:04:44	2:05:12	1269.
2285	Douglas Graham	M	1014.	Male 45-49	161.	(Colwyn)	2:03:49	2:05:14	1270.
1838	Craig Pearce	M	1015.	Male 50-54	128.	(St Helens)	2:04:30	2:05:18	1271.
151	Gwyndaf Williams	M	1016.	Male 50-54	129.	(Ilangefni)	2:04:39	2:05:19	1272.
2256	Masako Plaistow	F	257.	Female 45-49	47.	(Wirral)	2:01:56	2:05:19	1273.
2516	Greg Taylor	M	1017.	Male 55-59	84.	(Llandudno junction)	2:04:09	2:05:20	1274.
2001	Michael Mason	M	1018.	Male 55-59	85.	(Warrington)	2:03:26	2:05:21	1275.
2725	Jeni Davies	F	258.	Female 35-39	41.	(Betws Y Coed)	2:03:38	2:05:24	1276.
1307	Stephen Balint	M	1019.	Male 65-69	17.	(Llandudno Junction)	2:02:49	2:05:25	1277.
2158	Gethin Jones	M	1020.	Male 21-34	268.	(Denbigh)	2:03:58	2:05:26	1278.
67	Matt Dyke	M	1021.	Male 21-34	269.	(Conwy)	2:03:16	2:05:31	1279.



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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
1580	Thomas Griffiths	M	1022.	Male 21-34	270.	(Penrhyn Bay)	2:04:08	2:05:31	1280.
2875	Leila Hanson	F	259.	Female 21-34	79.	(Rhos on Sea)	2:02:15	2:05:32	1281.
237	James Davies	M	1023.	Male 50-54	130.	(Llandudno Junction)	2:04:39	2:05:33	1282.
1087	Llinos Jones	F	260.	Female 35-39	42.	(Garndolbenmaen)	2:03:41	2:05:34	1283.
1822	Stephen Wise	M	1024.	Male 60-64	45.	Lytham St Annes Road Runners Club	2:03:50	2:05:34	1284.
1805	Pete Leak	M	1025.	Male 50-54	131.	(Ellesmere Port)	2:03:14	2:05:35	1285.
1503	Dan Deakin	M	1026.	Male 40-44	167.	(Hawarden)	2:04:10	2:05:35	1286.
428	Mark Richardson	M	1027.	Male 45-49	162.	(Llandudno)	2:04:46	2:05:38	1287.
134	Scott Garner	M	1028.	Male 50-54	132.	GOG Triathlon Club	2:04:24	2:05:38	1288.
202	Sean Derby	M	1029.	Male 21-34	271.	(Penrhyn Bay)	2:04:15	2:05:39	1289.
200	Mark Derby	M	1030.	Male 55-59	86.	(Buckley)	2:04:15	2:05:39	1290.
2002	Callum Bennett	M	1031.	Male 21-34	272.		2:04:43	2:05:40	1291.
412	Craig Rushton	M	1032.	Male 45-49	163.	(Telford)	2:04:37	2:05:41	1292.
2393	Darren Low	M	1033.	Male 50-54	133.	Deestridders	2:04:05	2:05:47	1293.
2019	Hannah Buckingham	F	261.	Female 35-39	43.	Mon milers	2:04:43	2:05:49	1294.
1825	Paul Morris	M	1034.	Male 40-44	168.	(Wrexham)	2:03:37	2:05:49	1295.
2511	Chris Copus	M	1035.	Male 65-69	18.	Maldwyn Harriers	2:04:19	2:05:49	1296.
1577	Callum Hughes	M	1036.	Male 21-34	273.	(Llandudno)	2:04:23	2:05:50	1297.
1187	David Dixon	M	1037.	Male 40-44	169.	(Wrexham)	2:04:38	2:05:52	1298.
1925	Topsy Lee	F	262.	Female 45-49	48.	(Ellesmere oort)	2:03:25	2:05:56	1299.
2775	Ella Dalton	F	263.	Female 12-20	4.	(Liverpool)	2:02:38	2:05:57	1300.
2416	Gemma Davison-Lemalle	F	264.	Female 35-39	44.	(Conwy)	2:04:29	2:05:57	1301.
1343	Richard Dodd	M	1038.	Male 50-54	134.	(Conwy)	2:03:50	2:05:57	1302.
2403	Jack Harrison	M	1039.	Male 35-39	131.	(Louth)	2:03:24	2:05:58	1303.
2570	Ian Humphreys	M	1040.	Male 55-59	87.	Macclesfield Harriers & AC	2:05:02	2:05:59	1304.
2502	Rupert Leslie	M	1041.	Male 40-44	170.	(Wrexham)	2:05:16	2:06:00	1305.
2197	Neil Hannett	M	1042.	Male 50-54	135.	Penny Lane Striders	2:04:43	2:06:03	1306.
876	Elliott Payne	M	1043.	Male 21-34	274.	(Telford)	2:05:45	2:06:05	1307.
238	Luke Dickson	M	1044.	Male 45-49	164.	(Preston)	2:03:36	2:06:07	1308.
2795	Stuart Jones	M	1045.	Male 35-39	132.	(Rhyl)	2:03:51	2:06:08	1309.
673	Les Smith	M	1046.	Male 70-74	3.	(Wrexham)	2:03:49	2:06:08	1310.
1953	Lois Wyn	F	265.	Female 21-34	80.	(Pentraetg)	2:03:20	2:06:09	1311.

# Conwy Half Marathon 2023

## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
1823	Jamie Churchman	M	1047.	Male 21-34	275.	(Prestatyn)	2:03:40	2:06:09	1312.
1399	Miriam Eaton	F	266.	Female 55-59	12.	Kirkby Milers AC	2:05:12	2:06:11	1313.
1605	Laura Gurney	F	267.	Female 21-34	81.	(Conwy)	2:05:08	2:06:13	1314.
2457	Ann-Marie Crampton	F	268.	Female 55-59	13.	Running Forever RC	2:04:51	2:06:14	1315.
436	Jonathan Machin	M	1048.	Male 50-54	136.	(Crewe)	2:05:31	2:06:16	1316.
1852	Theo Wood	M	1049.	Male 21-34	276.	(Leeds)	2:03:28	2:06:19	1317.
2890	Simon Longman	M	1050.	Male 70-74	4.	(Bangor)	2:05:23	2:06:26	1318.
2864	Hamid Taqui	M	1051.	Male 45-49	165.	(Manchester)	2:03:36	2:06:28	1319.
2042	Sean Hill	M	1052.	Male 40-44	171.	(Glan conwy)	2:03:19	2:06:30	1320.
1085	Connor King	M	1053.	Male 21-34	277.	(Llandudno)	2:03:47	2:06:31	1321.
30	Les Price	M	1054.	Male 40-44	172.	Deestridders	2:05:01	2:06:33	1322.
2279	Arthur Diaz	M	1055.	Male 50-54	137.	Chester Road Runners	2:05:29	2:06:36	1323.
390	Debra Leah	F	269.	Female 50-54	32.	Trawden Athletic Club	2:05:38	2:06:37	1324.
1029	Jonathon Varker	M	1056.	Male 55-59	88.	(Bolton)	2:04:37	2:06:37	1325.
2255	Jan Louise Hyndman-Jones	F	270.	Female 50-54	33.	Deestridders running club	2:05:41	2:06:38	1326.
1528	George Howells	M	1057.	Male 50-54	138.	Mersey Tri	2:05:02	2:06:38	1327.
537	Mike Hall	M	1058.	Male 60-64	46.	Bramhall Runners	2:05:13	2:06:39	1328.
837	Paul Levie	M	1059.	Male 45-49	166.	(Chester)	2:06:08	2:06:40	1329.
2168	Simon Heron	M	1060.	Male 45-49	167.	(Liverpool)	2:04:33	2:06:41	1330.
1160	Mike Grundy	M	1061.	Male 60-64	47.	Meols Milers	2:04:22	2:06:42	1331.
2848	Angela Hanily	F	271.	Female 55-59	14.	Prestwich Athletic	2:03:07	2:06:47	1332.
2138	Eddie Corcoran	M	1062.	Male 50-54	139.	Lonely Goat RC	2:03:07	2:06:47	1333.
663	Steve Coleman	M	1063.	Male 60-64	48.	Fylde Coast Runners	2:04:27	2:06:51	1334.
1152	Louise Toach	F	272.	Female 40-44	42.	Nantwich Running Club	2:05:53	2:06:51	1335.
175	Gareth Catherall	M	1064.	Male 45-49	168.	Porth Eirias Runners	2:06:00	2:06:52	1336.
2482	Claire Watson	F	273.	Female 45-49	49.	Nantwich Running Club	2:05:53	2:06:52	1337.
353	Cariad Roberts	F	274.	Female 40-44	43.	(Llanrwst)	2:05:34	2:06:56	1338.
108	Natalie Caughtry	F	275.	Female 21-34	82.	(Colwyn Bay)	2:04:34	2:06:56	1339.
411	Debbi Morris	F	276.	Female 45-49	50.	Wrekin Road Runners	2:05:57	2:07:01	1340.
680	Jason Clift-Jones	M	1065.	Male 35-39	133.	Lonely Goat RC	2:06:24	2:07:03	1341.
1990	Matt Ogden	M	1066.	Male 35-39	134.	(Chester)	2:03:37	2:07:04	1342.
1989	Alex Ogden	F	277.	Female 35-39	45.	(Chester)	2:03:37	2:07:04	1343.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
1692	Caitlin Atkins	F	278.	Female 21-34	83.	(Swansea)	2:05:17	2:07:06	1344.
1101	Paul Land	M	1067.	Male 50-54	140.	Skelmersdale Boundary Harriers	2:05:28	2:07:06	1345.
83	Kevin Walford	M	1068.	Male 45-49	169.	(Oak Ridge, Tennessee)	2:04:36	2:07:07	1346.
448	Daniel Seymour	M	1069.	Male 21-34	278.	(Manchester)	2:06:31	2:07:07	1347.
540	Ben Lane	M	1070.	Male 45-49	170.	(Wrexham)	2:04:03	2:07:07	1348.
828	Tom Williams	M	1071.	Male 45-49	171.	Wreccsam Tri	2:04:03	2:07:08	1349.
2326	Angharad Fletcher	F	279.	Female 45-49	51.	Chester Triathlon Club	2:06:24	2:07:08	1350.
1293	Vaida Bartulyte	F	280.	Female 35-39	46.	South cheshire harriers	2:06:03	2:07:08	1351.
916	Gwenan Williams	F	281.	Female 35-39	47.	(Llanrwst)	2:06:43	2:07:09	1352.
2294	Sam Samantha	F	282.			Sneyd Striders	2:03:46	2:07:10	1353.
2157	Nigel Sweeney	M	1072.	Male 55-59	89.	Chester Road Runners	2:06:04	2:07:10	1354.
1727	Laurie Owens	F	283.	Female 40-44	44.	Chester Road Runners	2:05:18	2:07:10	1355.
2451	Paula Rafferty	F	284.	Female 50-54	34.	(Conwy)	2:06:12	2:07:11	1356.
317	Carl Devonport	M	1073.	Male 21-34	279.	(Penrhyn Bay)	2:06:28	2:07:12	1357.
800	Emily O'brien	F	285.	Female 21-34	84.	(Old Colwyn)	2:06:32	2:07:12	1358.
197	Darren Hodgkinson	M	1074.	Male 35-39	135.	(Sandbach)	2:04:38	2:07:13	1359.
1245	Jess Bradshaw	F	286.	Female 21-34	85.	(Cwm y Glo)	2:04:56	2:07:13	1360.
2244	Robyn McLaren	F	287.	Female 21-34	86.	(Glossop)	2:07:09	2:07:14	1361.
1195	Derek Williams	M	1075.	Male 55-59	90.	(Cardiff)	2:04:51	2:07:14	1362.
2532	Kate Marshall	F	288.	Female 21-34	87.	(Liverpool)	2:05:49	2:07:16	1363.
1974	Mark Stocker	M	1076.	Male 45-49	172.	Birkenhead Park Running Club	2:03:29	2:07:19	1364.
1634	Rose Buchanan	F	289.	Female 50-54	35.	(Honiton)	2:04:49	2:07:21	1365.
1033	Laurie Burgess	F	290.	Female 21-34	88.	(Old colwyn)	2:04:30	2:07:22	1366.
122	David Bate	M	1077.	Male 40-44	173.	(Manchester)	2:06:39	2:07:22	1367.
2106	Jack Leach	M	1078.	Male 65-69	19.	(Burnley)	2:05:28	2:07:25	1368.
107	Paul Burke	M	1079.	Male 45-49	173.	(Hyde)	2:05:43	2:07:26	1369.
2524	Jane Hughes	F	291.	Female 45-49	52.	(Rhyl)	2:04:48	2:07:26	1370.
258	Dawn Stokes	F	292.	Female 45-49	53.	Nantwich Running Club	2:06:33	2:07:26	1371.
999	James Bailey	M	1080.	Male 50-54	141.	Sandbach Striders	2:05:56	2:07:28	1372.
2306	Tom Gorman	M	1081.	Male 60-64	49.	(Johnstone Scotland)	2:04:38	2:07:29	1373.
1942	Daran Millward	M	1082.	Male 50-54	142.	Silverdale RC	2:04:58	2:07:30	1374.
2629	Jack Lamb	M	1083.	Male 21-34	280.	(Chester)	2:06:21	2:07:31	1375.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
931	Bev Shawcross	F	293.	Female 55-59	15.	(Stockport)	2:05:19	2:07:32	1376.
2033	Angharad Jones	F	294.	Female 40-44	45.	(Tremadog)	2:05:42	2:07:34	1377.
120	Tony Phelan	M	1084.	Male 60-64	50.	Gog Triathlon	2:06:24	2:07:37	1378.
1469	Matthew Williams	M	1085.	Male 40-44	174.	(Telford)	2:06:11	2:07:39	1379.
977	Damien Burton	M	1086.	Male 40-44	175.	(Wrexham)	2:07:39	2:07:39	1380.
1778	James Peel	M	1087.	Male 21-34	281.	(St Asaph)	2:05:49	2:07:40	1381.
1355	Stephen Diesner	M	1088.	Male 60-64	51.	(Sandbach)	2:06:29	2:07:41	1382.
2254	Gloria Tellez	F	295.	Female 50-54	36.	(Bromborough)	2:05:54	2:07:45	1383.
1110	Lee Booth	M	1089.	Male 45-49	174.	(Penmaenmawr)	2:06:33	2:07:51	1384.
2213	Stephen Avann	M	1090.	Male 45-49	175.	(Stone)	2:05:46	2:07:53	1385.
556	Andrew Brammer	M	1091.	Male 50-54	143.	(Stone)	2:05:46	2:07:53	1386.
1238	Emma Farrall	F	296.	Female 21-34	89.	(Stoke on Trent)	2:05:34	2:07:54	1387.
2163	Row O'Neill	F	297.	Female 45-49	54.	(Wrexham)	2:06:11	2:07:54	1388.
637	Alice Doherty	F	298.	Female 21-34	90.	Chorlton Runners	2:05:19	2:07:55	1389.
1553	Leslie Edwards	M	1092.	Male 60-64	52.	Penny Lane Striders	2:05:48	2:07:57	1390.
3036	Steven Robins	M	1093.	Male 50-54	144.	(Bethesda)	2:05:22	2:07:57	1391.
1308	Chris Balint	M	1094.	Male 35-39	136.	(London)	2:05:20	2:07:58	1392.
578	Claire Abbinante	F	299.	Female 45-49	55.	(Ellesmere Port)	2:05:20	2:07:59	1393.
2754	Stuart Mills	M	1095.	Male 45-49	176.	(Llandudno)	2:08:00	2:08:00	1394.
184	Keith Williams	M	1096.	Male 50-54	145.	(Wrexham)	2:06:37	2:08:00	1395.
2958	Robert Griffin	M	1097.	Male 45-49	177.	Start2jog	2:05:25	2:08:02	1396.
2652	Andy Redmond	F	300.	Female 55-59	16.	(Rhes y Cae)	2:06:29	2:08:02	1397.
1784	Tracey Griffin	F	301.	Female 45-49	56.	Start2jog	2:05:25	2:08:02	1398.
45	Kim Monger	F	302.	Female 35-39	48.	(Leicester)	2:04:49	2:08:03	1399.
752	Cathryn Whalley	F	303.	Female 50-54	37.	West cheshire athletics club	2:07:58	2:08:04	1400.
756	Emma Truss	F	304.	Female 21-34	91.	(Buckley)	2:06:15	2:08:04	1401.
111	Michael Hewitt	M	1098.	Male 50-54	146.	(Bethesda)	2:08:05	2:08:05	1402.
1108	Sarah Thomas	F	305.	Female 40-44	46.	(Trefriw)	2:06:54	2:08:05	1403.
3072	Tony Northall	M	1099.	Male 35-39	137.	(WREXHAM)	2:07:10	2:08:06	1404.
1370	Rachel Tatlock	F	306.	Female 35-39	49.	South cheshire harriers	2:07:01	2:08:06	1405.
2408	Mark Godden	M	1100.	Male 65-69	20.	Macclesfield Harriers & AC	2:06:55	2:08:07	1406.
554	Carol Moss	F	307.	Female 55-59	17.	North Wales Road Runners	2:06:38	2:08:08	1407.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
1364	Katie Owens	F	308.	Female 45-49	57.	Mersey Tri	2:05:41	2:08:09	1408.
343	Katie Doyle	F	309.	Female 21-34	92.	(Llandudno Junction)	2:06:38	2:08:10	1409.
3080	Huw Williams	M	1101.	Male 60-64	53.	(Amlwch)	2:06:40	2:08:10	1410.
1112	Rose Marshall	F	310.	Female 40-44	47.	Silverdale RC	2:05:21	2:08:10	1411.
3032	Samantha Heath	F	311.	Female 35-39	50.	Silverdale RC	2:05:21	2:08:11	1412.
964	David Elliott	M	1102.	Male 50-54	147.	(Manchester)	2:06:04	2:08:12	1413.
1525	Christopher Scates	M	1103.	Male 55-59	91.	(Diss)	2:07:58	2:08:12	1414.
3064	Claire Joanne Herbert	F	312.	Female 45-49	58.	(dudley)	2:05:18	2:08:13	1415.
3018	Chris Newman	M	1104.	Male 35-39	138.	Chester Road Runners	2:08:02	2:08:14	1416.
2901	Bob Hind	M	1105.	Male 70-74	5.	Cybi Striders	2:05:49	2:08:15	1417.
2881	Mark Derbyshire	M	1106.	Male 40-44	176.	Deestridders R.C	2:06:59	2:08:26	1418.
1833	Angharad Fenner	F	313.	Female 21-34	93.	(Conwy)	2:06:44	2:08:33	1419.
1966	Hazel Thompson	F	314.	Female 35-39	51.	(Aberdeen)	2:05:12	2:08:34	1420.
2691	Natalie Burke	F	315.	Female 45-49	59.	(Manchester)	2:05:05	2:08:35	1421.
2108	Jo Wildsmith	F	316.	Female 21-34	94.	(Colwyn bay)	2:07:27	2:08:36	1422.
1464	Jayne Russell	F	317.	Female 45-49	60.	Kirkby Milers AC	2:08:04	2:08:38	1423.
1802	Julianne Whittingham-Jones	F	318.	Female 40-44	48.	(Wirral)	2:05:57	2:08:41	1424.
1360	James Beck	M	1107.	Male 40-44	177.	(Deeside)	2:07:28	2:08:41	1425.
211	Zoe Parry	F	319.	Female 40-44	49.	(Penmaenmawr)	2:04:24	2:08:42	1426.
1669	Dexter Phillips	M	1108.	Male 21-34	282.	Warrington Running Club	2:06:33	2:08:45	1427.
851	Ewan Yeaxlee	M	1109.	Male 21-34	283.	(Loughborough)	2:07:14	2:08:46	1428.
1449	Liza Francis	F	320.	Female 45-49	61.	denbigh harriers	2:06:26	2:08:47	1429.
1757	Anna Douglas	F	321.	Female 35-39	52.	(Lampeter)	2:06:55	2:08:48	1430.
130	Andy Lythgoe	M	1110.	Male 50-54	148.	(Bolton)	2:07:10	2:08:49	1431.
2057	Roy Haggett	M	1111.	Male 40-44	178.	(Widnes)	2:06:26	2:08:50	1432.
694	Philippa Burgess	F	322.	Female 45-49	62.	(Llanrwst)	2:07:00	2:08:51	1433.
1465	Annie Mccaffrey	F	323.	Female 60-64	6.	Kirkby Milers AC	2:08:11	2:08:52	1434.
2308	Darren Seeney	M	1112.	Male 55-59	92.	Cybi Striders	2:06:32	2:08:52	1435.
2191	John Stansfield	M	1113.	Male 45-49	178.	(Preston)	2:05:30	2:08:52	1436.
869	Hannah Ibbotson	F	324.	Female 21-34	95.	(Rhyd y foel)	2:06:51	2:08:53	1437.
1400	Ben Cross	M	1114.	Male 35-39	139.	Kirkby Milers AC	2:07:19	2:08:55	1438.
1788	Rowland Sharp	M	1115.	Male 60-64	54.	Rhedwyr Hebog Runners	2:07:14	2:08:56	1439.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
814	Stephanie Onions	F	325.	Female 40-44	50.	(Wolverhampton)	2:08:06	2:08:56	1440.
3026	Simon Connolly	M	1116.	Male 55-59	93.	Blackley Walk 2 Run	2:05:05	2:08:58	1441.
1831	Erin Hutchin	F	326.	Female 21-34	96.	(Dyserth)	2:06:17	2:08:58	1442.
2167	Richard Lawrence	M	1117.	Male 45-49	179.	(Abergele)	2:07:33	2:09:01	1443.
1816	Tim Grimes	M	1118.	Male 21-34	284.	(Colchester)	2:08:05	2:09:03	1444.
2004	Darren Nelson-Hall	M	1119.	Male 40-44	179.	(Stockport)	2:07:55	2:09:04	1445.
1977	Andrew Turner	M	1120.	Male 50-54	149.	(Stockport)	2:07:55	2:09:04	1446.
1483	Victoria Stevens	F	327.	Female 35-39	53.	(Liverpool)	2:07:34	2:09:05	1447.
178	Keith Davies	M	1121.	Male 40-44	180.	(Mynydd Isa)	2:06:31	2:09:06	1448.
2735	Catherine Culver	F	328.	Female 40-44	51.	(Llandudno junction)	2:08:50	2:09:06	1449.
952	Chloe Chapman	F	329.	Female 21-34	97.	(Llandudno Junction)	2:07:36	2:09:09	1450.
322	Robert Todd	M	1122.	Male 60-64	55.	Dragons RC ( Sale }	2:07:00	2:09:15	1451.
1902	Vicky Barker	F	330.	Female 50-54	38.	Sale Dragons Running Club	2:06:38	2:09:16	1452.
2278	Angharad Owen	F	331.	Female 35-39	54.	(Llandudno)	2:07:12	2:09:18	1453.
2898	John Edmans	M	1123.	Male 45-49	180.	(Betley)	2:08:09	2:09:19	1454.
2841	Waldemar Cielecki	M	1124.	Male 55-59	94.	(Llanfairfechan)	2:08:34	2:09:21	1455.
66	Carl Jones	M	1125.	Male 45-49	181.	(Meifod)	2:07:52	2:09:21	1456.
2585	Lewis Mullender	M	1126.	Male 21-34	285.	(St Asaph)	2:07:49	2:09:23	1457.
385	Paul Wildridge	M	1127.	Male 55-59	95.	(LIVERPOOL)	2:06:57	2:09:23	1458.
1751	Ben Richardson	M	1128.	Male 21-34	286.	(Llandudno)	2:06:04	2:09:24	1459.
1205	Phil Wheat	M	1129.	Male 65-69	21.	(Leyland)	2:06:06	2:09:26	1460.
2939	Dee Beckett	F	332.	Female 40-44	52.	(Stockport)	2:07:06	2:09:27	1461.
2644	Alastair Brown	M	1130.	Male 60-64	56.	(Llandudno)	2:07:07	2:09:28	1462.
1970	Sarah Halford	F	333.	Female 50-54	39.	Erewash Valley RC	2:07:43	2:09:32	1463.
1080	Wayne Richards	M	1131.	Male 55-59	96.	Fylde Coast Runners	2:08:28	2:09:32	1464.
2722	Aneta Peplinska-Jones	F	334.	Female 45-49	63.	(LLANDUDNO)	2:07:54	2:09:33	1465.
2733	Dariusz Synowiec	M	1132.	Male 40-44	181.	(Llandudno)	2:07:53	2:09:33	1466.
2721	Sion Jones	M	1133.	Male 40-44	182.	(LLANDUDNO)	2:07:54	2:09:33	1467.
520	Andrew Tripp	M	1134.	Male 40-44	183.	(Bath)	2:08:02	2:09:35	1468.
1645	Andras Safranko	M	1135.	Male 55-59	97.	(Chester)	2:08:09	2:09:36	1469.
1412	Paul Almond	M	1136.	Male 55-59	98.	(Tywyn)	2:07:36	2:09:37	1470.
1806	Michael Burrow	M	1137.	Male 40-44	184.	(Conwy)	2:08:38	2:09:37	1471.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
271	Izzy Cundy	F	335.	Female 45-49	64.	Nantwich Running Club	2:08:45	2:09:38	1472.
1900	Rhys Pugh	M	1138.	Male 35-39	140.	(Llandudno)	2:08:07	2:09:39	1473.
2177	Paul Murphy	M	1139.	Male 45-49	182.	(Bromborough Wirral)	2:08:00	2:09:40	1474.
1043	Samuel Walker	M	1140.	Male 21-34	287.	(Glossop)	2:07:57	2:09:42	1475.
2765	William Peedell	M	1141.	Male 21-34	288.	(Llandudno)	2:08:19	2:09:42	1476.
1814	Nicola Lewis	F	336.	Female 50-54	40.	(Wirral)	2:04:36	2:09:43	1477.
1354	Mark Bailey	M	1142.	Male 55-59	99.	Walk2run Blackley	2:08:30	2:09:45	1478.
162	Joan Cooke	F	337.	Female 50-54	41.	ASTLEY AND TYLDESLEY RUNNERS	2:07:47	2:09:45	1479.
618	Stuart Coe	M	1143.	Male 70-74	6.	Beaumont RC	2:08:27	2:09:46	1480.
652	Ruth Perkins	F	338.	Female 35-39	55.	Mile Shy Club	2:07:49	2:09:47	1481.
1785	Helen Pollard	F	339.	Female 40-44	53.	(Birmingham)	2:06:41	2:09:47	1482.
865	Rhian Hulse	F	340.	Female 21-34	98.	(Glan Conwy)	2:08:07	2:09:48	1483.
148	Nick Atkin	M	1144.	Male 55-59	100.	(Warrington)	2:08:06	2:09:49	1484.
2520	Michael Bullough	M	1145.	Male 60-64	57.	(Halifax)	2:07:25	2:09:49	1485.
219	Alan Flood	M	1146.	Male 21-34	289.	(Conwy)	2:09:08	2:09:50	1486.
2888	Francis Mellett	M	1147.	Male 60-64	58.	KHAC	2:08:45	2:09:50	1487.
1221	Catherine Venables	F	341.	Female 45-49	65.	(DUDLEY)	2:06:57	2:09:51	1488.
812	Anna Martin	F	342.	Female 50-54	42.	Heaton Runners	2:08:22	2:09:53	1489.
2113	Phil Jolley	M	1148.	Male 50-54	150.	(Warrington)	2:08:38	2:09:55	1490.
2111	Richard Berry	M	1149.	Male 45-49	183.	(Bangor)	2:07:25	2:09:55	1491.
2312	Shaun Pritchard	M	1150.	Male 50-54	151.	(Swindon)	2:07:57	2:09:55	1492.
2311	Lisa Donnelly	F	343.	Female 45-49	66.	belle vue racers	2:07:56	2:09:56	1493.
2694	Sean Gavin	M	1151.	Male 50-54	152.	(Conwy)	2:07:03	2:09:56	1494.
3153	Brengian Jones	F	344.	Female 21-34	99.		2:08:32	2:09:57	1495.
1791	Jacqueline Chapman	F	345.	Female 50-54	43.	(Stockport)	2:07:28	2:09:58	1496.
3006	Nathan Bradshaw	M	1152.	Male 35-39	141.	(Meliden)	2:08:59	2:09:59	1497.
1358	John Carman	M	1153.	Male 70-74	7.	Trawden AC	2:07:37	2:10:01	1498.
318	Michael Rice	M	1154.	Male 50-54	153.	na	2:08:50	2:10:01	1499.
1686	Jane Jones	F	346.	Female 45-49	67.	denbigh harriers	2:07:40	2:10:01	1500.
1259	Vasanth Upendra	M	1155.	Male 35-39	142.	(Chester)	2:07:33	2:10:02	1501.
1420	Maria Smith	F	347.	Female 50-54	44.	(Brighouse)	2:07:24	2:10:02	1502.
862	Michelle Swain	F	348.	Female 45-49	68.	Brighouse Bumble Bees	2:07:25	2:10:04	1503.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
1098	Peter Duncalfe	M	1156.	Male 35-39	143.	South cheshire harriers	2:08:08	2:10:04	1504.
1099	Gillian Duncalf	F	349.	Female 40-44	54.	(Haslington)	2:08:08	2:10:04	1505.
958	Lawrence Hoyle	M	1157.	Male 60-64	59.	Silverdale RC	2:08:42	2:10:05	1506.
1765	Lauren O'neill	F	350.	Female 21-34	100.	(Lowton)	2:07:29	2:10:06	1507.
2074	Glenydd Hughes	M	1158.	Male 40-44	185.	(Dwygyfichi)	2:08:02	2:10:08	1508.
1642	Tom Darbey	M	1159.	Male 35-39	144.	(Rhyl)	2:07:24	2:10:09	1509.
623	Gillian Middlemas	F	351.	Female 60-64	7.	Mon milers	2:07:35	2:10:09	1510.
824	Rich Davies	M	1160.	Male 50-54	154.	(Penyffordd)	2:09:28	2:10:10	1511.
1718	Stephen Gorman	M	1161.	Male 50-54	155.	Penny Lane Striders	2:08:31	2:10:11	1512.
3075	Peter Ryder	M	1162.	Male 35-39	145.	(Birkenhead)	2:08:13	2:10:14	1513.
2202	Elizabeth Thorne	F	352.	Female 21-34	101.	(Salisbury)	2:08:42	2:10:14	1514.
2804	Nia Rowlands	F	353.	Female 40-44	55.	Gog Triathlon	2:08:41	2:10:16	1515.
1730	Cathrin Alwen	F	354.	Female 40-44	56.	(Rhos on Sea)	2:08:43	2:10:17	1516.
3013	Neil Charlton	M	1163.	Male 55-59	101.	(LLandudno Junction)	2:08:36	2:10:17	1517.
53	Paul Tomkinson	M	1164.	Male 55-59	102.	None	2:08:42	2:10:18	1518.
773	Bryn Williams	M	1165.	Male 40-44	186.	(Chester)	2:09:17	2:10:19	1519.
543	Sara Waters	F	355.	Female 45-49	69.	Run Knutsford	2:06:53	2:10:19	1520.
2988	Tom Hughes	M	1166.	Male 55-59	103.	(Holywell)	2:09:01	2:10:20	1521.
1873	Hayley Copeman	F	356.	Female 55-59	18.	Trawden AC	2:08:40	2:10:21	1522.
1872	Colin White	M	1167.	Male 50-54	156.	Trawden AC	2:08:41	2:10:21	1523.
1290	Jamie Lea	M	1168.	Male 21-34	290.	(Old Colwyn, Conwy)	2:08:48	2:10:22	1524.
757	Lisa McClellan	F	357.	Female 45-49	70.	(Ruthin)	2:08:54	2:10:25	1525.
760	Iain McClellan	M	1169.	Male 45-49	184.	(Ruthin)	2:08:54	2:10:25	1526.
589	Julie Knall	F	358.	Female 55-59	19.	Silverdale Running Club	2:09:19	2:10:26	1527.
1401	Rachel Fisher	F	359.	Female 35-39	56.	Kirkby Milers AC	2:08:41	2:10:27	1528.
2012	Matthew Elsmore	M	1170.	Male 35-39	146.	(Telford)	2:09:46	2:10:28	1529.
1780	Gillian Brightwell	F	360.	Female 60-64	8.	Wellingborough & District AC	2:09:00	2:10:28	1530.
1720	Jeremy Dodd	M	1171.	Male 21-34	291.	(Trefriw)	2:08:03	2:10:31	1531.
1135	Mathew Creamer	M	1172.	Male 21-34	292.	(conwy)	2:10:16	2:10:31	1532.
1297	Liz Whitmarsh	F	361.	Female 40-44	57.	Ludlow Runners	2:07:56	2:10:32	1533.
1300	Claire Webb	F	362.	Female 50-54	45.	Ludlow Runners	2:07:56	2:10:32	1534.
1452	Paul Cockson	M	1173.	Male 35-39	147.	(Oldham)	2:09:17	2:10:33	1535.



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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
2970	Sue Perry	F	363.	Female 60-64	9.	(Herne Bay)	2:08:11	2:10:34	1536.
2719	Nm Williams	M	1174.	Male 60-64	60.	(Liverpool)	2:09:08	2:10:35	1537.
503	John Dixon	M	1175.	Male 55-59	104.	(NANTWICH)	2:07:18	2:10:35	1538.
1758	Elliw Jones	F	364.	Female 21-34	102.	(Criccieth)	2:08:49	2:10:37	1539.
1315	Stephanie Donald	F	365.	Female 35-39	57.	Lonely Goat RC	2:08:33	2:10:38	1540.
2117	Joe Power	M	1176.	Male 21-34	293.	Joe	2:09:10	2:10:38	1541.
1226	Sarah Jones	F	366.	Female 21-34	103.	(Old Colwyn)	2:08:19	2:10:43	1542.
1227	Daniel Hennell	M	1177.	Male 45-49	185.	North Wales Road Runners Club (NWRRC)	2:08:20	2:10:43	1543.
1512	John Pritchard-Williams	M	1178.	Male 50-54	157.	(Reading)	2:08:51	2:10:44	1544.
981	Darren Burton	M	1179.	Male 55-59	105.	(Conwy)	2:09:09	2:10:45	1545.
2591	Steve Summers	M	1180.	Male 60-64	61.	(Conwy)	2:09:27	2:10:45	1546.
1893	Neville Edwards	M	1181.	Male 45-49	186.	(Bolton)	2:10:03	2:10:47	1547.
3093	Patricia Evans	F	367.	Female 45-49	71.	(St Asaph)	2:09:40	2:10:47	1548.
345	Gillian Doolan	F	368.	Female 55-59	20.	Stockport Tri Club	2:08:24	2:10:48	1549.
982	Elliot Clarke	M	1182.	Male 45-49	187.	(Conwy)	2:09:11	2:10:48	1550.
954	Hannah Thornton	F	369.	Female 21-34	104.	(Llandudno)	2:09:15	2:10:49	1551.
2812	David Myles	M	1183.	Male 21-34	294.	(Deganwy)	2:09:54	2:10:49	1552.
854	Barry Williams	M	1184.	Male 55-59	106.	(Bangor)	2:09:10	2:10:51	1553.
2358	Rosie Rowles	F	370.	Female 21-34	105.	(Alsager)	2:10:00	2:10:53	1554.
2359	Ben Salisbury	M	1185.	Male 21-34	295.	(Alsager)	2:10:00	2:10:53	1555.
1781	Samantha Roberts	F	371.	Female 21-34	106.	(Bodedern)	2:10:01	2:10:53	1556.
2586	Finley Jones	M	1186.	Male 12-20	18.	(Llanrhose)	2:10:47	2:10:54	1557.
2090	Matthew Harrison	M	1187.	Male 21-34	296.	(Birmingham)	2:09:45	2:10:54	1558.
2550	Lea Owen	F	372.	Female 21-34	107.	(Caernarfon)	2:09:01	2:10:55	1559.
2882	David Card	M	1188.	Male 40-44	187.	Oswestry olympians	2:09:32	2:11:00	1560.
2273	Gillian Coleman Jones	F	373.	Female 21-34	108.	(Rhos on Sea)	2:08:22	2:11:10	1561.
1769	John Millington	M	1189.	Male 50-54	158.	denbigh harriers	2:09:30	2:11:14	1562.
2521	Elen Roberts	F	374.	Female 21-34	109.	Prestatyn Running Club	2:09:31	2:11:17	1563.
1074	Barry Thain	M	1190.	Male 70-74	8.	(Oswestry)	2:07:47	2:11:24	1564.
1500	Karin White	F	375.	Female 35-39	58.	(Manchester)	2:08:39	2:11:24	1565.
2179	Melissa Hannah	F	376.	Female 45-49	72.	(Chester)	2:09:54	2:11:25	1566.
2843	Shaun Mcdonnell	M	1191.	Male 50-54	159.	Northwich Running Club	2:10:22	2:11:28	1567.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
224	Alex Hearnden	M	1192.	Male 55-59	107.	(Cardiff)	2:10:59	2:11:29	1568.
3050	Gareth Davies	M	1193.	Male 35-39	148.	(Prestatyn)	2:08:52	2:11:38	1569.
638	Maria Lynam	F	377.	Female 50-54	46.	Cannon events	2:10:43	2:11:39	1570.
209	Jason Mee	M	1194.	Male 45-49	188.	(West Kirby)	2:07:26	2:11:43	1571.
2185	Chelsea Hall	F	378.	Female 21-34	110.	Nantwich Running Club	2:10:48	2:11:44	1572.
103	Zoe Danielle Stanley	F	379.	Female 35-39	59.	(Colwyn Bay)	2:10:31	2:11:45	1573.
51	Sean Capper	M	1195.	Male 55-59	108.	(Manchester)	2:10:24	2:11:46	1574.
1738	Simon Rushton	M	1196.	Male 55-59	109.	Marple Runners	2:09:26	2:11:46	1575.
2876	Liz Godwin	F	380.	Female 60-64	10.	Mossley Hill AC	2:10:53	2:11:49	1576.
960	James Pollard	M	1197.	Male 45-49	189.	Bournville Harriers	2:08:46	2:11:52	1577.
1678	Morgan Stephen	M	1198.	Male 21-34	297.	(Llangefni)	2:10:51	2:11:53	1578.
1557	Jodie Edwards	F	381.	Female 40-44	58.	Rhyl Runners	2:10:53	2:11:56	1579.
2883	Jennifer Hitchcock	F	382.	Female 35-39	60.	(Barry)	2:09:51	2:11:57	1580.
2097	Eve Lamb	F	383.	Female 21-34	111.	(Mold)	2:09:13	2:11:58	1581.
1869	Ellie Hayes	F	384.	Female 21-34	112.	(Newcastle upon Tyne)	2:11:02	2:12:03	1582.
3109	Lewis Edwards	M	1199.	Male 21-34	298.	Buckley RC	2:08:25	2:12:04	1583.
2993	Steven Warburton	M	1200.	Male 60-64	62.	(Llandudno)	2:09:36	2:12:07	1584.
750	Jane Beachell	F	385.	Female 55-59	21.	Dwygy dashers	2:10:44	2:12:09	1585.
2971	Chris Ashcroft	M	1201.	Male 60-64	63.	(NESTON)	2:09:02	2:12:13	1586.
2172	Bex Clarke	F	386.	Female 45-49	73.	Chester Road Runners	2:10:23	2:12:16	1587.
2784	Meirion Miles	M	1202.	Male 55-59	110.	Hebog	2:10:35	2:12:17	1588.
2850	Lee MCGowan	M	1203.	Male 21-34	299.	(Oswestry)	2:09:26	2:12:18	1589.
1795	Lucy Morris	F	387.	Female 21-34	113.	(Market Drayton)	2:09:04	2:12:21	1590.
648	Elaine Tasker	F	388.	Female 65-69	1.	(Ellesmere)	2:09:35	2:12:21	1591.
1533	Denise Hampson	F	389.	Female 45-49	74.	(Colwyn Bay)	2:10:13	2:12:22	1592.
527	Tilly Brown	F	390.	Female 21-34	114.	Penny Lane Striders	2:10:45	2:12:24	1593.
1094	Gareth Ross	M	1204.	Male 40-44	188.	(Chorley)	2:10:46	2:12:25	1594.
1768	Jasmin Millington	F	391.	Female 35-39	61.	Lonely Goat RC	2:10:43	2:12:27	1595.
132	Hamda Sandison	F	392.	Female 21-34	115.	Skelmersdale Boundary Harriers	2:11:10	2:12:30	1596.
1705	Jos Jones	M	1205.	Male 21-34	300.	(Prestatyn)	2:10:17	2:12:33	1597.
1035	Kelly Marshall	F	393.	Female 40-44	59.	(Rhos on sea)	2:11:16	2:12:35	1598.
2270	Michelle Grist	F	394.	Female 50-54	47.	Tewkesbury Allrunners	2:09:47	2:12:38	1599.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
459	Ellena Williams	F	395.	Female 21-34	116.	Silverdale Running Club	2:11:05	2:12:41	1600.
2076	Dominic Haynes	M	1206.	Male 40-44	189.	(St Asaph)	2:11:13	2:12:42	1601.
1157	Adelina Olaru-Breakell	F	396.	Female 35-39	62.	(Llanddulas)	2:12:43	2:12:43	1602.
2522	Denise Gregory	F	397.	Female 55-59	22.	Bramhall Runners	2:11:20	2:12:44	1603.
1466	Jason Owen	M	1207.	Male 35-39	149.	(Holyhead)	2:09:49	2:12:45	1604.
2008	Steve Morris	M	1208.	Male 40-44	190.	(Telford)	2:12:08	2:12:50	1605.
2588	Andy Simms	M	1209.	Male 45-49	190.	(Worcester)	2:10:20	2:12:51	1606.
2734	Sue Williams	F	398.	Female 50-54	48.	Deestridders	2:10:57	2:12:51	1607.
1922	Edward Leach	M	1210.	Male 50-54	160.	(Chester)	2:12:05	2:12:52	1608.
1207	John Foreman	M	1211.	Male 55-59	111.	(Chester)	2:11:16	2:12:53	1609.
560	Phil Lathaen	M	1212.	Male 50-54	161.	(Chester)	2:11:17	2:12:53	1610.
2583	Helen Hannam	F	399.	Female 45-49	75.	nwrcc	2:10:52	2:12:55	1611.
611	Phillippa Brown	F	400.	Female 21-34	117.	Silverdale RC	2:12:40	2:12:59	1612.
2288	Katya Smirnova	F	401.	Female 21-34	118.	Chester Road Runners	2:11:00	2:13:00	1613.
2046	Lisa Galloway	F	402.	Female 45-49	76.	(Runcorn)	2:11:51	2:13:07	1614.
2045	Graham Cheers	M	1213.	Male 45-49	191.	(Runcorn)	2:11:51	2:13:07	1615.
2778	Sally Cheetham	F	403.	Female 55-59	23.	belle vue racers	2:09:33	2:13:08	1616.
3152	Andrew Fisher	M	1214.	Male 55-59	112.		2:09:44	2:13:08	1617.
1039	Niamh Doran	F	404.	Female 21-34	119.	(Deganwy)	2:10:32	2:13:09	1618.
2998	Marian Kruger	M	1215.	Male 21-34	301.	(Hamburg)	2:11:38	2:13:13	1619.
2997	Anna Siede	F	405.	Female 35-39	63.	(Hamburg)	2:11:38	2:13:13	1620.
1075	Mark Thain	M	1216.	Male 40-44	191.	(Holmdel New Jersey)	2:09:38	2:13:15	1621.
2724	Jo Herron	F	406.	Female 45-49	77.	(Leighton Buzzard)	2:10:56	2:13:17	1622.
924	Emma Burton	F	407.	Female 45-49	78.	(Wrexham)	2:12:25	2:13:18	1623.
3003	Helen Bird	F	408.	Female 21-34	120.	Nantwich Triathlon Club	2:09:52	2:13:18	1624.
3004	Jack Heywood	M	1217.	Male 21-34	302.	(Crewe)	2:09:53	2:13:19	1625.
3025	Max Heywood	M	1218.	Male 21-34	303.	(Birmingham)	2:09:54	2:13:19	1626.
3007	Guy Heywood	M	1219.	Male 55-59	113.	(Frankfurt)	2:09:55	2:13:20	1627.
950	Ian Hart	M	1220.	Male 55-59	114.	Ellesmere Port Running Club	2:10:54	2:13:28	1628.
1262	Alan Bridson	M	1221.	Male 40-44	192.	Builth and district running club	2:11:37	2:13:29	1629.
765	Dyfan Phillips	M	1222.	Male 45-49	192.	None.	2:10:26	2:13:29	1630.
456	Mark Grundy	M	1223.	Male 60-64	64.	Bramhall Runners	2:11:41	2:13:30	1631.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
668	Lindsey Mcelmeel	F	409.	Female 35-39	64.	Deestridders	2:10:12	2:13:34	1632.
2208	Jenny Danher	F	410.	Female 50-54	49.	Mums 2 marathons	2:10:08	2:13:37	1633.
2484	Mary Thomas	F	411.	Female 21-34	121.	(Hyde)	2:10:26	2:13:38	1634.
2483	Daniel Zeller	M	1224.	Male 21-34	304.	(Bolton)	2:10:26	2:13:38	1635.
2320	Jane Batchelor	F	412.	Female 50-54	50.	(Barnstaple)	2:11:37	2:13:39	1636.
789	Karen James	F	413.	Female 45-49	79.	(Dudley)	2:10:45	2:13:40	1637.
1097	Paul Coates	M	1225.	Male 21-34	305.	(Grange Moor)	2:12:14	2:13:44	1638.
2463	Rosie Anthony	F	414.	Female 35-39	65.	(Mold)	2:11:54	2:13:46	1639.
2345	Ros Manger	F	415.	Female 55-59	24.	(Heswall)	2:10:19	2:13:48	1640.
1235	Clair Baldock	F	416.	Female 50-54	51.	Warrington Running Club	2:10:33	2:13:48	1641.
518	Hannah Twigg	F	417.	Female 35-39	66.	Silverdale Running Club	2:12:12	2:13:48	1642.
626	Jo Parry	F	418.	Female 45-49	80.	(Northwich)	2:11:13	2:13:52	1643.
1897	Jo Wetherill	F	419.	Female 45-49	81.	(Wakefield)	2:11:25	2:13:55	1644.
2878	Dianne Sorensen	F	420.	Female 50-54	52.	Mossley Hill AC	2:13:00	2:13:57	1645.
2621	Stephen Jones	M	1226.	Male 40-44	193.	(Buckley)	2:12:43	2:13:57	1646.
1346	Peter Blackburne	M	1227.	Male 40-44	194.	(Rhyl)	2:12:50	2:14:01	1647.
2704	Jo Richardson	F	421.	Female 65-69	2.	Running Bear Running Club	2:12:15	2:14:01	1648.
2085	Lisa Lloyd	F	422.	Female 55-59	25.	Warrington Running Club	2:10:49	2:14:03	1649.
585	Graham Denney	M	1228.	Male 55-59	115.	Trawden AC	2:12:25	2:14:07	1650.
1060	Steve Creed	M	1229.	Male 50-54	162.	(Nebo)	2:12:31	2:14:09	1651.
2428	Brian Barnes	M	1230.	Male 60-64	65.	Chorlton Runners	2:11:44	2:14:10	1652.
3043	Nick Roberts	M	1231.	Male 60-64	66.	Stockport Tri Club	2:11:40	2:14:12	1653.
87	Dylan Williams	M	1232.	Male 50-54	163.	(Conwy)	2:11:42	2:14:14	1654.
2763	Megan Thomas	F	423.	Female 21-34	122.	Penny Lane Striders	2:11:46	2:14:14	1655.
1432	Tom Rowlands	M	1233.	Male 12-20	19.	(Glan conwy)	2:12:43	2:14:16	1656.
199	Paul Cooper	M	1234.	Male 45-49	193.	(Llanrwst)	2:12:24	2:14:18	1657.
1341	Andrew Hickson	M	1235.	Male 45-49	194.	Penyffordd run club	2:12:56	2:14:18	1658.
312	Stephanie Memmory	F	424.	Female 50-54	53.	Penyffordd run club	2:12:57	2:14:19	1659.
2866	Naheem Anwar	M	1236.	Male 45-49	195.	(Manchester)	2:11:48	2:14:21	1660.
563	Geoff Collins	M	1237.	Male 65-69	22.	Helsby RC	2:11:52	2:14:22	1661.
2426	Elizabeth Walker	F	425.	Female 35-39	67.	Kirkstall Harriers	2:11:51	2:14:22	1662.
1743	Jack Bond	M	1238.	Male 21-34	306.	(Warrington)	2:13:28	2:14:22	1663.

# Conwy Half Marathon 2023

## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
1246	Amy Hamlett	F	426.	Female 21-34	123.	South cheshire harriers	2:12:03	2:14:23	1664.
1236	Rachel Beach	F	427.	Female 40-44	60.	South cheshire harriers	2:12:04	2:14:24	1665.
704	Robert Haigh	M	1239.	Male 50-54	164.	(Abergele)	2:11:58	2:14:24	1666.
1230	Danielle Perry	F	428.	Female 40-44	61.	South cheshire harriers	2:12:04	2:14:24	1667.
769	Michelle Warner	F	429.	Female 40-44	62.	Lonely Goat RC	2:11:23	2:14:25	1668.
2793	Anna Burn	F	430.	Female 40-44	63.	ETL	2:12:06	2:14:30	1669.
272	Micky Cundy	M	1240.	Male 45-49	196.	Nantwich Running Club	2:13:39	2:14:35	1670.
2919	Gwenan Williams	F	431.	Female 21-34	124.	(Cwm y glo)	2:11:16	2:14:35	1671.
1701	Dem Cole	F	432.	Female 45-49	82.	Chester Road Runners	2:12:44	2:14:36	1672.
1100	Jayne Land	F	433.	Female 50-54	54.	Kirkby Milers AC	2:13:00	2:14:36	1673.
1389	Hailan Wang	F	434.	Female 45-49	83.	Nantwich Running Club	2:12:36	2:14:38	1674.
472	Alan Cragg	M	1241.	Male 60-64	67.	Nantwich Running Club	2:13:06	2:14:41	1675.
2823	Adam Sexton	M	1242.	Male 21-34	307.	MileShyClub	2:12:50	2:14:47	1676.
2824	Kim Chambers	F	435.	Female 21-34	125.	MileShyClub	2:12:50	2:14:47	1677.
2215	Helena Grzesk	F	436.	Female 40-44	64.	Dragons Running Club (Sale )	2:12:50	2:14:47	1678.
2169	Dave Latham	M	1243.	Male 50-54	165.	(Manchester)	2:12:52	2:14:48	1679.
2807	Arron Peel	M	1244.	Male 35-39	150.	Nope	2:12:58	2:14:49	1680.
1511	Alex Coleman	M	1245.	Male 21-34	308.	(St Helier)	2:12:10	2:14:49	1681.
1510	Ian Coleman	M	1246.	Male 60-64	68.	(Deganwy)	2:12:09	2:14:49	1682.
3087	Patrick Stiefel	M	1247.	Male 40-44	195.	Nantwich Running Club	2:12:07	2:14:50	1683.
1558	Nicola Redfern	F	437.	Female 50-54	55.	Rhyl Runners	2:13:48	2:14:51	1684.
1875	Mathew Williams	M	1248.	Male 45-49	197.	(Llanfairfechan)	2:13:01	2:14:52	1685.
58	Angela Griffiths	F	438.	Female 45-49	84.	(Llanerchymedd)	2:12:27	2:14:54	1686.
1971	Sadie Morris	F	439.	Female 35-39	68.	(Dolgarrog)	2:14:17	2:14:54	1687.
2446	Anthony Woods	M	1249.	Male 50-54	166.	(Liverpool)	2:12:45	2:14:56	1688.
2799	John Spindler	M	1250.	Male 60-64	69.	(Bath)	2:12:22	2:14:57	1689.
2798	Rebekah Wilkins	F	440.	Female 40-44	65.	(Bath)	2:12:22	2:14:57	1690.
469	Nigel Dean	M	1251.	Male 50-54	167.	(Sale)	2:12:33	2:14:58	1691.
755	Andrew Wright	M	1252.	Male 45-49	198.	(Manchester)	2:12:34	2:14:59	1692.
1796	Ewa Scott	F	441.	Female 40-44	66.	Eprc	2:12:48	2:14:59	1693.
2965	Marina Owen	F	442.	Female 40-44	67.	(Llandudno)	2:12:11	2:15:02	1694.
188	Jonathan Parker	M	1253.	Male 55-59	116.	(Chapel Hill)	2:13:18	2:15:03	1695.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
1472	Suzi Bettis	F	443.	Female 50-54	56.	(Stoke on Trent)	2:13:16	2:15:03	1696.
1197	Meinir Michael	F	444.	Female 45-49	85.	(Dinbych)	2:12:44	2:15:04	1697.
900	David Poynton	M	1254.	Male 50-54	168.	Essington Harriers	2:12:55	2:15:04	1698.
1561	Sarah Ellwood	F	445.	Female 50-54	57.	Gog Triathlon	2:14:27	2:15:07	1699.
1154	Oliver Connor	M	1255.	Male 12-20	20.	(Borehamwood)	2:14:14	2:15:07	1700.
1153	Amy Keeble	F	446.	Female 12-20	5.	(Chirk)	2:14:15	2:15:08	1701.
2967	Gabriela Ayala	F	447.	Female 21-34	126.	(Guayaquil)	2:14:38	2:15:08	1702.
2164	Hope Carter	F	448.	Female 21-34	127.	(Stafford)	2:14:45	2:15:09	1703.
2323	David Macdonald	M	1256.	Male 50-54	169.	(Liverpool)	2:13:01	2:15:09	1704.
1291	Trevor Searle	M	1257.	Male 70-74	9.	Oswestry olympians	2:14:05	2:15:12	1705.
2200	Andrea Mcgee	F	449.	Female 45-49	86.	Middleton Harriers AC	2:12:10	2:15:16	1706.
2287	Jo Lee	F	450.	Female 45-49	87.	Middleton Harriers	2:12:10	2:15:16	1707.
2389	Ceinwen James	F	451.	Female 21-34	128.	(Llanarth)	2:12:38	2:15:18	1708.
2622	Rob Jones	M	1258.	Male 35-39	151.	(Chester)	2:13:53	2:15:24	1709.
602	Graham Lockett	M	1259.	Male 55-59	117.	Chorlton Runners	2:12:51	2:15:27	1710.
601	Katie Meredith	F	452.	Female 55-59	26.	Chorlton Runners	2:12:51	2:15:27	1711.
2910	Timothy Bates	M	1260.	Male 40-44	196.	(Birmingham)	2:12:34	2:15:28	1712.
870	Aaron Evanson	M	1261.	Male 40-44	197.	(Holyhead)	2:14:23	2:15:33	1713.
1461	Heather Waterson	F	453.	Female 50-54	58.	(St Asaph)	2:13:34	2:15:36	1714.
1853	Calen Jones	M	1262.	Male 35-39	152.	(Rhos on sea)	2:13:33	2:15:36	1715.
1948	Susan Maire	F	454.	Female 55-59	27.	Pensby Runners	2:12:52	2:15:36	1716.
731	Nic Morgan	F	455.	Female 50-54	59.	(Loughborough)	2:12:50	2:15:37	1717.
730	Julie Shepherd	F	456.	Female 60-64	11.	Huncote Harriers	2:12:51	2:15:37	1718.
2686	David G Hughes	M	1263.	Male 60-64	70.	(Caergwrle)	2:13:08	2:15:37	1719.
600	Deborah Luckman	F	457.	Female 50-54	60.	Blackley W2R	2:11:34	2:15:38	1720.
1283	Craig Lewis	M	1264.	Male 40-44	198.	(Barry)	2:13:32	2:15:39	1721.
582	Cassandra Alcock	F	458.	Female 35-39	69.	(Cheshire)	2:14:09	2:15:40	1722.
2189	Emily Leach	F	459.	Female 35-39	70.	(Preston)	2:12:24	2:15:45	1723.
1091	Heli Belfield	F	460.	Female 45-49	88.	Alsager Runners	2:13:01	2:15:48	1724.
432	Chris Heavey	M	1265.	Male 21-34	309.	Nantwich Running Club	2:13:16	2:15:49	1725.
1077	Joe Young	M	1266.	Male 21-34	310.	Nantwich Running Club	2:13:16	2:15:49	1726.
1073	Anna Foggo	F	461.	Female 35-39	71.	Nantwich Running Club	2:13:17	2:15:49	1727.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
1739	Joanne Dillon	F	462.	Female 35-39	72.	Penny Lane Striders	2:12:57	2:15:50	1728.
2078	Lisa Mitchell	F	463.	Female 40-44	68.	Penny Lane Striders	2:15:50	2:15:50	1729.
2385	Christopher Lloyd	M	1267.	Male 60-64	71.	(Rhyl)	2:12:50	2:15:53	1730.
375	Donna Martin	F	464.	Female 50-54	61.	Winston Runners	2:13:25	2:15:53	1731.
374	Darren Martin	M	1268.	Male 50-54	170.	Winston Runners	2:13:25	2:15:53	1732.
738	Cath Geden	F	465.	Female 50-54	62.	(Warrington)	2:13:32	2:15:59	1733.
2885	Ted Smith	M	1269.	Male 55-59	118.	(Preston)	2:14:14	2:16:01	1734.
1694	Claire Clarke	F	466.	Female 40-44	69.	Prestatyn RC	2:13:55	2:16:03	1735.
2100	Charlotte Rutherford	F	467.	Female 21-34	129.	Telford Harriers	2:14:30	2:16:05	1736.
1997	Abigail Greenow	F	468.	Female 35-39	73.	(Cambridge)	2:15:05	2:16:07	1737.
2986	Micayla Telfer	F	469.	Female 45-49	89.	(Macclesfield)	2:12:56	2:16:09	1738.
1188	Miranda Ellis	F	470.	Female 21-34	130.	(Rhos on sea)	2:12:47	2:16:12	1739.
344	Sarah Osborne	F	471.	Female 45-49	90.	Cybi Striders	2:13:33	2:16:16	1740.
1593	Ellie Crane	F	472.	Female 21-34	131.	(Conwy)	2:14:39	2:16:18	1741.
1680	Rebecca Crane	F	473.	Female 55-59	28.	(UK)	2:14:39	2:16:18	1742.
1268	Beky Ward	F	474.	Female 21-34	132.	(Holyhead)	2:14:38	2:16:18	1743.
833	Laura Roberts	F	475.	Female 35-39	74.	(Conwy)	2:13:22	2:16:22	1744.
2043	Dominic Ross	M	1270.	Male 21-34	311.	(Trefriw)	2:16:23	2:16:23	1745.
3000	Glenn Meacham	M	1271.	Male 65-69	23.	(Deganwy)	2:13:25	2:16:25	1746.
2745	Anna Hennessey	F	476.	Female 50-54	63.	Beaumaris Town Road Runners	2:13:54	2:16:26	1747.
3014	Debbie Roberts	F	477.	Female 45-49	91.	(Beaumaris)	2:13:54	2:16:26	1748.
2744	Daniel Hennessey	M	1272.	Male 50-54	171.	Beaumaris Town Road Runners	2:13:55	2:16:26	1749.
659	Paul Roberts	M	1273.	Male 50-54	172.	Trawden AC	2:15:13	2:16:27	1750.
1508	Harry Arnold Knox	M	1274.	Male 21-34	312.	(Llangollen)	2:12:49	2:16:29	1751.
93	Geraint Jones	M	1275.	Male 45-49	199.	(Mynydd Llandygai)	2:16:05	2:16:33	1752.
2485	Peter Phelan	M	1276.	Male 45-49	200.	(Wirral)	2:13:32	2:16:36	1753.
1760	Annette Poole	F	478.	Female 45-49	92.	(Wrexham)	2:14:42	2:16:36	1754.
361	Jude Blackmore	F	479.	Female 55-59	29.	Penny Lane Striders	2:13:56	2:16:36	1755.
362	Kevin White	M	1277.	Male 60-64	72.	fire service sports and athletics club	2:13:56	2:16:36	1756.
3029	Aimee Woolley	F	480.	Female 40-44	70.	belle vue racers	2:13:02	2:16:37	1757.
941	James Hulbert	M	1278.	Male 50-54	173.	(Wakefield)	2:14:56	2:16:40	1758.
1545	Kelly Bywaters	F	481.	Female 45-49	93.	Dunstable Road Runners	2:14:24	2:16:42	1759.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
2144	Dave Piercy	M	1279.	Male 65-69	24.	(Keswick)	2:13:43	2:16:43	1760.
1491	Alanya Reeves	F	482.	Female 21-34	133.	(Chirk)	2:14:19	2:16:44	1761.
2421	Amina Booth	M	1280.	Male 40-44	199.	(liverpool)	2:14:58	2:16:46	1762.
1023	Rebecca Wood	F	483.	Female 40-44	71.	(Aberaeron)	2:14:03	2:16:46	1763.
1549	Lisa Edwards	F	484.	Female 50-54	64.	(Llandudno Junction)	2:15:13	2:16:50	1764.
974	Will Cogswell	M	1281.	Male 35-39	153.	(Flint)	2:14:08	2:17:01	1765.
153	Pete Macmillen	M	1282.	Male 60-64	73.	(Conwy)	2:15:05	2:17:01	1766.
480	Debs Holliday	F	485.	Female 55-59	30.	(Wakefield)	2:14:32	2:17:03	1767.
117	Alan Owen	M	1283.	Male 50-54	174.	(Llandegfan)	2:14:50	2:17:08	1768.
564	Gavin Williams	M	1284.	Male 55-59	119.	(Llandegfan)	2:14:50	2:17:08	1769.
1916	Angela Letman	F	486.	Female 55-59	31.	Ellesmere Port R.C	2:14:13	2:17:09	1770.
2372	Alison Roberts	F	487.	Female 50-54	65.	Amlwch Arrows	2:15:20	2:17:10	1771.
1895	Brian Higgins	M	1285.	Male 60-64	74.	Penny Lane Striders	2:15:05	2:17:11	1772.
508	Nicola Williams	F	488.	Female 45-49	94.	Penny Lane Striders	2:14:33	2:17:14	1773.
1926	Sue Doyle	F	489.	Female 55-59	32.	(Colwyn Bay)	2:14:04	2:17:15	1774.
1509	Ben Hughes	M	1286.	Male 21-34	313.	(Llangollen)	2:13:36	2:17:16	1775.
2806	Steve Buckley	M	1287.	Male 45-49	201.	ETL Run Club	2:15:03	2:17:20	1776.
3128	Simon Rice	M	1288.	Male 65-69	25.		2:15:08	2:17:23	1777.
378	Amanda Ellis	F	490.	Female 50-54	66.	Wrekin Road Runners	2:15:09	2:17:23	1778.
2248	Ria Wilton	F	491.	Female 21-34	134.	Kirkby Milers AC	2:14:36	2:17:24	1779.
2440	L-J Stokes	F	492.	Female 21-34	135.	(Lancaster)	2:14:58	2:17:25	1780.
3142	Samantha Simmond	F	493.	Female 21-34	136.	Essington Harriers	2:15:38	2:17:25	1781.
2439	Kevin Clark	M	1289.	Male 55-59	120.	Cybi Striders	2:14:58	2:17:25	1782.
6	David Roberts	M	1290.	Male 55-59	121.	Lonely Goat RC	2:14:55	2:17:27	1783.
2458	Gerry Severin	M	1291.	Male 45-49	202.	(Sutton Coldfield)	2:15:29	2:17:29	1784.
1190	David Bennion	M	1292.	Male 40-44	200.	(Stafford)	2:15:44	2:17:32	1785.
1296	Sion Buckley	M	1293.	Male 21-34	314.	(Chester)	2:17:08	2:17:36	1786.
1523	Natasha Punter	F	494.	Female 50-54	67.	(Wrexham)	2:15:01	2:17:44	1787.
2718	Terry Davies	M	1294.	Male 70-74	10.	Mon milers	2:14:40	2:17:47	1788.
986	Sarah Taylor	F	495.	Female 35-39	75.	(Cheadle)	2:14:09	2:17:47	1789.
856	Nick Maiden	M	1295.	Male 55-59	122.	(Chester)	2:16:53	2:17:54	1790.
642	Hannah Wennell	F	496.	Female 45-49	95.	(Northwich)	2:14:37	2:17:56	1791.



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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
598	Darren Hewitson	M	1296.	Male 45-49	203.	(Northwich)	2:14:36	2:17:56	1792.
13	Ramzi King	F	497.	Female 21-34	137.	Stone master marathoner	2:16:27	2:17:57	1793.
2302	Catherine Leng	F	498.	Female 21-34	138.	(Liverpool)	2:16:15	2:17:57	1794.
1173	Richard Morgan	M	1297.	Male 55-59	123.	Inept runners	2:15:33	2:17:58	1795.
2378	Alan Ormesher	M	1298.	Male 50-54	175.	(Bodelwyddan)	2:15:00	2:18:03	1796.
2414	Sherie Harding	F	499.	Female 55-59	33.	(Llanddulas)	2:16:15	2:18:03	1797.
2026	Liz Gerrard	F	500.	Female 50-54	68.	(Wirral)	2:14:36	2:18:05	1798.
2376	Dawn Jones	F	501.	Female 55-59	34.	(Rhyl)	2:15:06	2:18:08	1799.
1490	Sandra Bentley	F	502.	Female 55-59	35.	Widnes Running Club	2:14:48	2:18:10	1800.
1923	Neil Rose	M	1299.	Male 55-59	124.	(Goostrey)	2:15:23	2:18:11	1801.
1763	Jamie Louise Edwards	F	503.	Female 35-39	76.	South cheshire harriers	2:15:55	2:18:14	1802.
1292	Angela Ferguson	F	504.	Female 45-49	96.	South cheshire harriers	2:15:53	2:18:14	1803.
2968	Richard Hobson-Williams	M	1300.	Male 40-44	201.	(Manchester)	2:15:53	2:18:15	1804.
616	Rachel Evanson	F	505.	Female 40-44	72.	Nantwich Running Club	2:15:23	2:18:16	1805.
460	Stuart Elsam	M	1301.	Male 35-39	154.	Nantwich Running Club	2:15:24	2:18:16	1806.
2336	Laura Allan	F	506.	Female 40-44	73.	Redcar running club	2:16:55	2:18:18	1807.
91	Gareth Perrin	M	1302.	Male 50-54	176.	Cybi Striders	2:16:31	2:18:21	1808.
2309	Helen Potter	F	507.	Female 45-49	97.	Wrekin Road Runners	2:16:50	2:18:24	1809.
2454	Ian Riley	M	1303.	Male 21-34	315.	(Liverpool)	2:17:20	2:18:27	1810.
1860	Gavin Thorman	M	1304.	Male 45-49	204.	(Caernarfon)	2:17:58	2:18:29	1811.
2325	Mark Bull	M	1305.	Male 21-34	316.	(Ludlow)	2:15:28	2:18:30	1812.
2619	Andrew Swindells	M	1306.	Male 55-59	125.	Cobra RC	2:16:07	2:18:36	1813.
1117	Laura Griffith	F	508.	Female 35-39	77.	(Llanberis)	2:17:11	2:18:37	1814.
2314	Annmaria Miller	F	509.	Female 50-54	69.	Kirkby Milers AC	2:15:48	2:18:37	1815.
218	Caitlin Harrhy	F	510.	Female 21-34	139.	Merthyr Runiing Club	2:15:06	2:18:37	1816.
497	Neil Williams	M	1307.	Male 60-64	75.	(Cheadle Hulme)	2:16:24	2:18:38	1817.
1352	Tyrone Mannhart	M	1308.	Male 12-20	21.	(Wirral)	2:18:07	2:18:41	1818.
804	Andrew Griffiths	M	1309.	Male 50-54	177.	(Mold)	2:15:14	2:18:42	1819.
2373	Peter Lessiter	M	1310.	Male 55-59	126.	ETL Run Club	2:16:18	2:18:43	1820.
2367	Kelly Evans	F	511.	Female 35-39	78.	(Abergele)	2:16:20	2:18:43	1821.
839	Philip Powell	M	1311.	Male 55-59	127.	(Rhyl)	2:16:54	2:18:44	1822.
1690	Mike Rust	M	1312.	Male 60-64	76.	Mon milers	2:15:34	2:18:46	1823.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
2035	Ellie Williams	F	512.	Female 21-34	140.	(Caernarfon)	2:15:28	2:18:48	1824.
2247	Tony Riley	M	1313.	Male 45-49	205.	Liverpool running club	2:17:12	2:18:51	1825.
1712	Joanne Sutherland	F	513.	Female 45-49	98.	Penny Lane Striders	2:17:11	2:18:51	1826.
2216	Bill Sergeson	M	1314.	Male 55-59	128.	Penny Lane Striders	2:17:12	2:18:51	1827.
1275	Greg Chaplin	M	1315.	Male 50-54	178.	(Hatton)	2:16:12	2:18:53	1828.
2980	Tracy Thomas	F	514.	Female 50-54	70.	Sunday Detourers	2:16:00	2:18:55	1829.
2038	Sammi-Jo Brook	F	515.	Female 35-39	79.	(Pwhelli)	2:16:39	2:18:56	1830.
2039	Mike Brook	M	1316.	Male 35-39	155.	(Pwllheli)	2:16:40	2:18:57	1831.
2233	Anne Usher	F	516.	Female 50-54	71.	(Manchester)	2:16:25	2:18:57	1832.
908	Mark Mason	M	1317.	Male 70-74	11.	North Wales Road Runners Club	2:17:31	2:19:00	1833.
173	Diane Mason	F	517.	Female 55-59	36.	Nantwich Running Club	2:18:09	2:19:03	1834.
1901	Clair Roberts	F	518.	Female 40-44	74.	(Colwyn bay)	2:15:27	2:19:08	1835.
1646	Lydia Potter	F	519.	Female 21-34	141.	(Conwy)	2:17:22	2:19:11	1836.
507	Sarah Clifton	F	520.	Female 21-34	142.	(Melksham)	2:17:17	2:19:14	1837.
516	Eleanor Clifton	F	521.	Female 21-34	143.	(Bath)	2:17:16	2:19:14	1838.
1034	Elizabeth Hill	F	522.	Female 40-44	75.	Huncote Harriers	2:18:31	2:19:16	1839.
1473	Alex Edwards	F	523.	Female 60-64	12.	Wrexham AAC	2:17:21	2:19:19	1840.
2080	Sydney Wavell	F	524.	Female 21-34	144.	(Abergele)	2:17:30	2:19:22	1841.
2081	Anna Holmes	F	525.	Female 45-49	99.	(Conwy)	2:17:30	2:19:23	1842.
2785	Harry Stallard	M	1318.	Male 21-34	317.	St Austell Running club	2:16:53	2:19:29	1843.
1373	Andy Stallard	M	1319.	Male 55-59	129.	Truro running club	2:16:53	2:19:29	1844.
1565	Kathy Jackson	F	526.	Female 35-39	80.	Silverdale RC	2:16:49	2:19:31	1845.
2095	Ceri Roberts	F	527.	Female 45-49	100.	(Llanfaelog)	2:16:39	2:19:34	1846.
1519	Marc Anthony Goulding	M	1320.	Male 50-54	179.	(Liverpool)	2:17:17	2:19:34	1847.
571	Clifford Saunders	M	1321.	Male 60-64	77.	(stockport)	2:16:28	2:19:35	1848.
1585	David Greenwood	M	1322.	Male 60-64	78.	Trawden AC	2:17:55	2:19:37	1849.
1488	Jacquelyn Thomas	F	528.	Female 50-54	72.	(Meols)	2:19:37	2:19:37	1850.
1930	John Owen	M	1323.	Male 55-59	130.	Deestriders R.C	2:17:07	2:19:38	1851.
80	Ana Roslan	F	529.	Female 50-54	73.	Hoylake Road Runners	2:18:04	2:19:39	1852.
79	Francesca Todd	F	530.	Female 50-54	74.	(Sutton)	2:18:05	2:19:40	1853.
766	David Hebb	M	1324.	Male 65-69	26.	Stone Master Marathoners	2:16:51	2:19:42	1854.
1731	Rachel Hudson	F	531.	Female 45-49	101.	Kirkby Milers AC	2:19:09	2:19:42	1855.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
2741	Tommy Chapman	M	1325.	Male 21-34	318.	(Stockport)	2:17:10	2:19:43	1856.
2649	Jamie Bradbury	M	1326.	Male 45-49	206.	Lymm Runners	2:18:58	2:19:48	1857.
1960	Iolo Harris	M	1327.	Male 40-44	202.	(Y Felinheli)	2:19:20	2:19:50	1858.
764	Paula Jones	F	532.	Female 60-64	13.	Clwb Run Wales	2:17:37	2:19:53	1859.
1431	Jill Harwood	F	533.	Female 50-54	75.	(Southport)	2:16:49	2:19:55	1860.
702	Elizabeth Moore	F	534.	Female 45-49	102.	Widnes Running Club	2:17:53	2:19:57	1861.
1328	Jack Bolton	M	1328.	Male 40-44	203.	(Telford)	2:18:39	2:20:06	1862.
788	Mary Bodnar	F	535.	Female 50-54	76.	(Heanor)	2:20:07	2:20:07	1863.
1451	Jane Gill	F	536.	Female 40-44	76.	(Newcastle under Lyme)	2:16:25	2:20:13	1864.
861	Charlene Price	F	537.	Female 35-39	81.	Charlene Price	2:18:25	2:20:15	1865.
739	Mark Barrow	M	1329.	Male 50-54	180.	(Wigan)	2:19:17	2:20:16	1866.
3155	Lara Goodchild	F	538.	Female 12-20	6.	Hoylake Road Runners	2:17:24	2:20:19	1867.
1643	Kay Godwin	F	539.	Female 45-49	103.	Ellesmere Port Running Club	2:18:10	2:20:19	1868.
1138	Sarah Sutton	F	540.	Female 45-49	104.	Ellesmere Port Running Club	2:16:44	2:20:19	1869.
231	Iain Jevons	M	1330.	Male 45-49	207.	(Sale)	2:18:42	2:20:20	1870.
182	Cath Jones	F	541.	Female 60-64	14.	Bramhall Runners	2:17:24	2:20:20	1871.
911	Mark Edwards	M	1331.	Male 40-44	204.	(Wrexham)	2:18:34	2:20:21	1872.
1792	Ollie Goulding	M	1332.	Male 12-20	22.	(Liverpool)	2:18:08	2:20:25	1873.
3139	David Sharpe	M	1333.	Male 40-44	205.		2:18:06	2:20:25	1874.
3138	Patrice Boulfor	F	542.	Female 21-34	145.		2:18:06	2:20:25	1875.
3	Mark Roberts	M	1334.	Male 40-44	206.	Cobra RTC	2:17:25	2:20:30	1876.
3058	Lee Lycett	M	1335.	Male 50-54	181.	Audley Striders RC	2:19:28	2:20:37	1877.
2669	Chris Jones	M	1336.	Male 55-59	131.	(Bodelwyddan)	2:19:06	2:20:38	1878.
393	Philip Davies	M	1337.	Male 55-59	132.	(Poynton)	2:18:17	2:20:40	1879.
2894	Anna Hughes	F	543.	Female 21-34	146.	Meirionnydd Running Club	2:20:17	2:20:42	1880.
137	Lyn Langford	F	544.	Female 45-49	105.	(Treuddyn)	2:16:29	2:20:44	1881.
2566	Gwennan Charlton	F	545.	Female 35-39	82.	North Wales Road Runners	2:19:12	2:20:48	1882.
92	Steve Bernasconi	M	1338.	Male 21-34	319.	Mon milers	2:17:40	2:20:48	1883.
711	Richard Brady	M	1339.	Male 45-49	208.	(Bolton)	2:19:40	2:20:50	1884.
1671	Dave Potter	M	1340.	Male 55-59	133.	(Abergele)	2:19:21	2:20:50	1885.
1576	Tim Ablett	M	1341.	Male 50-54	182.	(Rhuddlan)	2:19:21	2:20:50	1886.
276	Melanie Mckay	F	546.	Female 45-49	106.	(WAKEFIELD)	2:18:20	2:20:51	1887.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
2093	Manuela J Godden	F	547.	Female 55-59	37.	(Liverpool)	2:17:31	2:20:55	1888.
666	Stephanie Boden	M	1342.	Male 50-54	183.	(Harlech)	2:19:25	2:20:57	1889.
2269	Glyn Holcroft	M	1343.	Male 70-74	12.	(Bebington)	2:18:57	2:20:58	1890.
606	Bernadette Jervis	F	548.	Female 55-59	38.	(SOLIHULL)	2:17:52	2:21:02	1891.
603	Richard Clarke	M	1344.	Male 65-69	27.	(sandbach)	2:17:53	2:21:02	1892.
604	Shelagh Hemming	F	549.	Female 55-59	39.	(lymm)	2:17:53	2:21:02	1893.
1702	Catrina Sharrocks	F	550.	Female 40-44	77.	(Llanberis)	2:19:15	2:21:03	1894.
1425	Rebecca Pearson	F	551.	Female 21-34	147.	(Warrington)	2:18:26	2:21:04	1895.
1325	Lisa Best	F	552.	Female 35-39	83.	(Oldham)	2:18:23	2:21:04	1896.
1939	Christine Acklam	F	553.	Female 50-54	77.	Women on the Run	2:19:02	2:21:05	1897.
610	Karen Wynn	F	554.	Female 50-54	78.	Biddulph Running Club	2:19:27	2:21:07	1898.
2683	Peter Parkin	M	1345.	Male 45-49	209.	(Rhyl)	2:20:40	2:21:22	1899.
2328	Owen Gibson	M	1346.	Male 21-34	320.	(Holywell)	2:19:36	2:21:23	1900.
2360	Maria Dunn	F	555.	Female 35-39	84.	The Yellow Army	2:18:35	2:21:29	1901.
2091	Michael Ruane	M	1347.	Male 45-49	210.	(St asaph)	2:20:12	2:21:31	1902.
2068	John Wheeler	M	1348.	Male 60-64	79.	(Liverpool)	2:19:14	2:21:32	1903.
1871	Siwan Edwards	F	556.	Female 21-34	148.	(Llanfaelog)	2:18:42	2:21:36	1904.
3147	Gwion Williams	M	1349.	Male 35-39	156.		2:18:41	2:21:36	1905.
2699	Nicole Murphy	F	557.	Female 40-44	78.	(Wirral)	2:18:12	2:21:41	1906.
2221	Julie Tanner	F	558.	Female 50-54	79.	(Darlington)	2:19:05	2:21:45	1907.
1944	Emma Hughes	F	559.	Female 35-39	85.	Mon milers	2:18:38	2:21:46	1908.
2535	Glyn Phillips	M	1350.	Male 70-74	13.	(Huddersfield)	2:19:48	2:21:47	1909.
3088	Richard Startin	M	1351.	Male 45-49	211.	(Huddersfield)	2:19:48	2:21:48	1910.
1621	Nicola Sweet	F	560.	Female 45-49	107.	(Flint)	2:19:53	2:21:48	1911.
2932	Beth Roberts	F	561.	Female 21-34	149.	(Machynlleth)	2:21:24	2:21:49	1912.
947	Paul Burton	M	1352.	Male 40-44	207.	(Sheffield)	2:20:02	2:21:50	1913.
70	Ceridwen Boon	F	562.	Female 40-44	79.	Caerphilly Runners	2:18:18	2:21:52	1914.
2357	Tom Davies	M	1353.	Male 21-34	321.	(Wrexham)	2:19:58	2:21:53	1915.
2377	Mandy Blanchard	F	563.	Female 50-54	80.	(Rhyl)	2:18:51	2:21:54	1916.
2119	Evelyn Dimatulac	F	564.	Female 45-49	108.	(Wrexham)	2:19:11	2:21:54	1917.
32	Soraya Meah	F	565.	Female 60-64	15.	Penny Lane Striders	2:19:45	2:21:55	1918.
2655	Hannah Davies	F	566.	Female 21-34	150.	(Abergele)	2:20:08	2:21:56	1919.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
863	Rhona Johnson	F	567.	Female 60-64	16.	Bramhall Runners	2:20:09	2:21:58	1920.
2934	Sophie Miller	F	568.	Female 21-34	151.		2:19:15	2:22:00	1921.
2171	Samantha Maletta	F	569.	Female 50-54	81.	(Chester)	2:20:10	2:22:04	1922.
2223	Kathleen Shore	F	570.	Female 21-34	152.	Stockport Tri Club	2:19:32	2:22:06	1923.
1507	David Murray	M	1354.	Male 40-44	208.	(Nottingham)	2:20:08	2:22:08	1924.
713	Sally Cooper	F	571.	Female 50-54	82.	Ellesmere Port Running Club	2:20:05	2:22:15	1925.
1481	Liz Whitworth	F	572.	Female 35-39	86.	(Birmingham)	2:19:52	2:22:19	1926.
2948	Mark Gamblin	M	1355.	Male 55-59	134.	Chorlton Runners	2:19:51	2:22:19	1927.
1218	Wendy Darling	F	573.	Female 45-49	109.	(Hyde)	2:19:32	2:22:19	1928.
1008	John Riley	M	1356.	Male 40-44	209.	Cybi Striders	2:19:35	2:22:20	1929.
1379	Eleanor Yates	F	574.	Female 21-34	153.	(Colwyn Bay)	2:19:35	2:22:23	1930.
170	Stephen Newell	M	1357.	Male 55-59	135.	(Market Drayton)	2:16:22	2:22:24	1931.
3053	Paul Johansen	M	1358.	Male 55-59	136.	(Birkenhead)	2:21:13	2:22:26	1932.
990	Chris Romberg	M	1359.	Male 70-74	14.	(Llandudno Junction)	2:20:31	2:22:27	1933.
2908	Sian Porter	F	575.	Female 40-44	80.	Chester Road Runners	2:20:27	2:22:27	1934.
138	Louise Waldron-Kelly	F	576.	Female 45-49	110.	Blythe Bridge Running club	2:19:18	2:22:28	1935.
1534	Robert Perry	M	1360.	Male 70-74	15.	Wallasey AC	2:21:24	2:22:30	1936.
1764	Sophie Mcgrath	F	577.	Female 50-54	83.	(Stourbridge)	2:19:01	2:22:31	1937.
299	Sarah Botterill	F	578.	Female 50-54	84.	(Trefnant)	2:18:52	2:22:34	1938.
301	Sarah Grady	F	579.	Female 35-39	87.	(Conwy)	2:20:43	2:22:34	1939.
302	Bernie Grady	M	1361.	Male 60-64	80.	(Conwy)	2:20:43	2:22:35	1940.
1191	Barry Powell	M	1362.	Male 60-64	81.	(Prenton)	2:21:23	2:22:36	1941.
2834	Sara Hollis	F	580.	Female 35-39	88.	(Dwygyfylchi)	2:20:34	2:22:37	1942.
1928	Melanie English	F	581.	Female 45-49	111.	Steel City Striders RC	2:20:40	2:22:49	1943.
2789	Iona Roberts	F	582.	Female 21-34	154.	(Llanrwst)	2:21:20	2:22:52	1944.
1640	Amy Probert	F	583.	Female 40-44	81.	(Chester)	2:20:51	2:23:07	1945.
915	Georgia Holden	F	584.	Female 21-34	155.	(Halifax)	2:20:51	2:23:13	1946.
914	Katie Oscroft	F	585.	Female 21-34	156.	(HALIFAX)	2:20:51	2:23:14	1947.
1193	Helen Fairie	F	586.	Female 21-34	157.	Start2jog	2:20:35	2:23:14	1948.
775	Ruth Evans	F	587.	Female 40-44	82.	Madrunners	2:22:20	2:23:17	1949.
1518	Neil Moran	M	1363.	Male 50-54	184.	(Liverpool)	2:21:03	2:23:20	1950.
1647	Paul Honey	M	1364.	Male 55-59	137.	(Inveraray)	2:21:46	2:23:24	1951.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
177	Ian Davidson	M	1365.	Male 65-69	28.	(Birkenhead)	2:21:37	2:23:26	1952.
2987	Ben Renshaw	M	1366.	Male 21-34	322.	(Bagillt)	2:22:01	2:23:34	1953.
2297	Marie Mcevoy	F	588.	Female 45-49	112.	(Liverpool)	2:20:56	2:23:38	1954.
1832	Ady Moss	M	1367.	Male 40-44	210.	(Wrexham)	2:21:30	2:23:42	1955.
1826	Dawn Morris	F	589.	Female 35-39	89.	(Wrexham)	2:21:30	2:23:42	1956.
1543	Jo Pepper	F	590.	Female 45-49	113.	(Stretford)	2:20:58	2:23:43	1957.
662	Emma Perry	F	591.	Female 21-34	158.	Silverdale RC	2:21:27	2:23:52	1958.
1256	Tomos Hughes	M	1368.	Male 21-34	323.	(Llangollen)	2:20:14	2:23:53	1959.
1623	Hayley Edwards	F	592.	Female 35-39	90.	(Llysfaen)	2:22:07	2:23:57	1960.
410	Rebecca Davies	F	593.	Female 21-34	159.	Mon milers	2:20:50	2:23:58	1961.
296	Geraint Roberts	M	1369.	Male 50-54	185.	Clwb Run Wales	2:20:50	2:23:58	1962.
489	Ann Luckock	F	594.	Female 65-69	3.	Bramhall Runners	2:21:56	2:24:00	1963.
2086	Beryl Morgan	F	595.	Female 60-64	17.	Chester Road Runners	2:22:49	2:24:01	1964.
2361	Mark Barnes	M	1370.	Male 40-44	211.	(Rhyl)	2:22:39	2:24:02	1965.
2219	Terri Watkinson	F	596.	Female 21-34	160.	(Conwy)	2:21:24	2:24:04	1966.
2218	Jordan Watkinson	M	1371.	Male 21-34	324.	(Conwy)	2:21:25	2:24:05	1967.
2112	Rhodri Roberts	M	1372.	Male 50-54	186.	(Treffynnon)	2:22:10	2:24:06	1968.
203	Gareth Jones	M	1373.	Male 60-64	82.	(Prestatyn)	2:22:11	2:24:08	1969.
654	Ann Kent	F	597.	Female 40-44	83.	(Wirral)	2:20:31	2:24:11	1970.
2153	Hilary Sanders	F	598.	Female 50-54	85.	(Wirral)	2:22:24	2:24:17	1971.
846	Fiona Adlam	F	599.	Female 50-54	86.	(Quorn)	2:21:31	2:24:18	1972.
2645	Bethan Andrews	F	600.	Female 45-49	114.	(Llangefni)	2:23:54	2:24:19	1973.
2953	Gwennan Roberts	F	601.	Female 45-49	115.	(Llangefni)	2:23:55	2:24:20	1974.
653	James Kent	M	1374.	Male 40-44	212.	(Wirral)	2:20:43	2:24:23	1975.
2627	Allan James	M	1375.	Male 21-34	325.	(Rhyl)	2:21:22	2:24:25	1976.
2786	Ffion Davies	F	602.	Female 12-20	7.	(Llanfairfechan)	2:21:08	2:24:25	1977.
196	Mo Kelly	F	603.	Female 60-64	18.	Trawden Athletic Club	2:22:13	2:24:31	1978.
1562	Hannah Hodson-Jeffery	F	604.	Female 35-39	91.	(Bristol)	2:22:02	2:24:37	1979.
1559	Kerry Robertshaw	F	605.	Female 35-39	92.	(Old Colwyn, Colwyn Bay)	2:22:03	2:24:37	1980.
860	Carole Smith	F	606.	Female 55-59	40.	(Quorn)	2:21:23	2:24:39	1981.
733	Joanne Broadhead	F	607.	Female 55-59	41.	(Loughborough)	2:21:52	2:24:39	1982.
409	Simon Stringer	M	1376.	Male 55-59	138.	(Nantwich)	2:21:24	2:24:40	1983.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
885	Ella Povey	F	608.	Female 40-44	84.	(Wrexham)	2:22:27	2:24:42	1984.
2087	Sue Sanders	F	609.	Female 55-59	42.	Chester Road Runners	2:23:34	2:24:45	1985.
195	Sue Passmore	F	610.	Female 65-69	4.	Trawden Athletic Club	2:22:29	2:24:46	1986.
1934	Tony Green	M	1377.	Male 65-69	29.	Penny Lane Striders	2:23:29	2:24:48	1987.
2245	Kerry Ashcroft	F	611.	Female 50-54	87.	(Neston)	2:20:57	2:24:49	1988.
2387	Amanda Parker	F	612.	Female 50-54	88.	(Wallasey)	2:21:26	2:24:49	1989.
1616	Tom Lappin	M	1378.	Male 21-34	326.	(Prestatyn)	2:22:11	2:24:52	1990.
277	Carys Bunnell	F	613.	Female 55-59	43.	Holywell Blades running club	2:22:13	2:24:56	1991.
1054	Sandra Lawson	F	614.	Female 60-64	19.	Chester Road Runners	2:23:03	2:24:56	1992.
2053	Eleri Edwards	F	615.	Female 40-44	85.	Lonely Goat RC	2:22:32	2:24:58	1993.
2341	Rob Owen	M	1379.	Male 35-39	157.	Rhedwyr hebog	2:23:22	2:25:01	1994.
2418	Pat Bentley	F	616.	Female 75-79	1.	Trentham Running Club	2:23:12	2:25:03	1995.
1	Emily Bolton-Hale	F	617.	Female 40-44	86.	Marple Runners	2:21:48	2:25:09	1996.
1615	Karina Hughes	F	618.	Female 45-49	116.	(Betws-y-coed)	2:22:04	2:25:18	1997.
110	Peter Causton	M	1380.	Male 50-54	187.	(Bristol)	2:24:26	2:25:21	1998.
565	Rachel Roberts	F	619.	Female 35-39	93.	(Abergele)	2:23:55	2:25:24	1999.
2710	Elainewhitehead4@gmail.com	F	620.	Female 45-49	117.	Oldham and Royton Harriers and Athletics	2:23:44	2:25:25	2000.
1992	Maria Shaw	F	621.	Female 40-44	87.	(Stourbridge)	2:22:39	2:25:28	2001.
1844	Sian Jones	F	622.	Female 35-39	94.	(Corwen)	2:23:16	2:25:29	2002.
2070	Monika Aldelime	F	623.	Female 50-54	89.	Southport Strollers Running Club	2:23:03	2:25:30	2003.
1128	Katie Newe	F	624.	Female 45-49	118.	(PRESTATYN)	2:23:37	2:25:36	2004.
214	Rob Huntbach	M	1381.	Male 55-59	139.	Nantwich Running Club	2:24:44	2:25:37	2005.
2422	Zack Webster	M	1382.	Male 21-34	327.	(Ffynnongroyw)	2:23:17	2:25:38	2006.
463	Josie Rhisiart	F	625.	Female 45-49	119.	Clwb Run Wales	2:22:27	2:25:38	2007.
2946	Aimee Williams	F	626.	Female 21-34	161.	Clwb Run Wales	2:22:31	2:25:39	2008.
118	Pete Summers	M	1383.	Male 55-59	140.	(Long Eaton)	2:22:46	2:25:41	2009.
2546	Claire Towner	F	627.	Female 50-54	90.	Newcastle (staffs) ac	2:23:50	2:25:53	2010.
2282	Lisa Opatunde	F	628.	Female 45-49	120.	Newcastle staffs AC	2:23:50	2:25:53	2011.
2155	Michelle Carruthers	F	629.	Female 35-39	95.	(Newcastle Under Lyme)	2:23:50	2:25:53	2012.
1095	Michelle Thompstone	F	630.	Female 35-39	96.	Winston Runners	2:24:04	2:25:55	2013.
1517	Kirsty Williams	F	631.	Female 21-34	162.	(Colwyn bay)	2:22:57	2:25:58	2014.
1986	Steve Edwards	M	1384.	Male 55-59	141.	(Wrexham)	2:24:19	2:26:05	2015.

# Conwy Half Marathon 2023

## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
104	Sarah Johnson	F	632.	Female 45-49	121.	Deestridders R.C	2:24:25	2:26:20	2016.
2286	Claire Harper	F	633.	Female 45-49	122.	Deestridders	2:24:26	2:26:21	2017.
408	Nicola Evans	F	634.	Female 21-34	163.	(Abergele)	2:23:43	2:26:24	2018.
1733	Dawn Hignett	F	635.	Female 50-54	91.	Widnes Running Club	2:24:25	2:26:26	2019.
889	Andy Manfredi	M	1385.	Male 40-44	213.	(Rhyl)	2:23:52	2:26:26	2020.
2716	Rachel Owen	F	636.	Female 35-39	97.	(Llandudno)	2:25:23	2:26:27	2021.
525	Karen Ward	F	637.	Female 50-54	92.	(Prestatyn)	2:22:28	2:26:28	2022.
1181	Ruth Jones	F	638.	Female 45-49	123.	(Mold)	2:24:03	2:26:33	2023.
1846	Tracy Brookes	F	639.	Female 35-39	98.	(Pentraeth)	2:24:25	2:26:36	2024.
2174	Linda Roberts	F	640.	Female 55-59	44.	Chester Road Runners	2:24:50	2:26:42	2025.
1192	Elly Beech	F	641.	Female 40-44	88.	(Bridgnorth)	2:24:09	2:26:42	2026.
1424	Ashley Pearson	F	642.	Female 21-34	164.	(Warrington)	2:24:10	2:26:49	2027.
1176	Naomi Graham	F	643.	Female 50-54	93.	(Heswall)	2:24:42	2:26:53	2028.
988	Amy Quinn	F	644.	Female 40-44	89.	(Upton)	2:23:26	2:26:57	2029.
2957	Sean Morgan	M	1386.	Male 40-44	214.	(Prestatyn)	2:23:58	2:27:00	2030.
1072	Peter Roberts	M	1387.	Male 65-69	30.	(Sandbach)	2:24:41	2:27:07	2031.
1282	Cherim Nicholls	F	645.	Female 45-49	124.	(Barry)	2:25:04	2:27:11	2032.
2887	Hekim Hannan	M	1388.	Male 45-49	212.	(Eastham)	2:24:31	2:27:16	2033.
1991	Darron Blake	M	1389.	Male 55-59	142.	(Dudley)	2:24:29	2:27:19	2034.
1888	Elan Parry	F	646.	Female 21-34	165.	(Criccieth)	2:25:39	2:27:37	2035.
1423	Nicole Brien	F	647.	Female 21-34	166.	(Manchester)	2:24:57	2:27:39	2036.
1322	Denise Brien	F	648.	Female 50-54	94.	Blackley walk2 run	2:24:58	2:27:40	2037.
3156	Asa Wilman	M	1390.	Male 21-34	328.		2:25:23	2:27:42	2038.
2143	Kathy Morris	F	649.	Female 65-69	5.	(Keswick)	2:27:45	2:27:45	2039.
1396	Karen Mckechnie	F	650.	Female 50-54	95.	(Failsworth, Manchester)	2:25:05	2:27:47	2040.
1323	Vicky Oreilly	F	651.	Female 45-49	125.	(Manchester)	2:25:05	2:27:47	2041.
1470	Sommer Jones	F	652.	Female 21-34	167.	(Llangollen)	2:25:26	2:27:50	2042.
1471	Michelle Jones	F	653.	Female 55-59	45.	(Llangollen)	2:25:26	2:27:50	2043.
3022	Harriet Wood	F	654.	Female 21-34	168.	(Bedale)	2:25:00	2:27:51	2044.
907	Jane Mcfarlane	F	655.	Female 45-49	126.	Newcastle (staffs) ac	2:25:48	2:27:51	2045.
1766	Helen Eaton	F	656.	Female 50-54	96.	Kirkby Milers AC	2:25:19	2:27:56	2046.
2205	Ian Worthy	M	1391.	Male 65-69	31.	(Leominster)	2:24:12	2:28:01	2047.



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Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
3085	Ian Thomson	M	1392.	Male 40-44	215.	(Llandudno junction)	2:25:56	2:28:01	2048.
1037	Tara Natrass	F	657.	Female 21-34	169.	(Prestatyn)	2:28:05	2:28:05	2049.
1036	Kieran Fardoe	M	1393.	Male 21-34	329.	(Rhyl)	2:27:38	2:28:05	2050.
2723	Julie Wilson	F	658.	Female 55-59	46.	(Leighton Buzzard)	2:25:55	2:28:15	2051.
866	Phoebe Casey	F	659.	Female 21-34	170.	(Rhyl)	2:25:43	2:28:16	2052.
3129	Helen Alefounder	F	660.	Female 45-49	127.	Prestatyn RC	2:25:58	2:28:18	2053.
1737	Maria Rushton	F	661.	Female 55-59	47.	Marple Runners	2:25:58	2:28:18	2054.
445	Siobhan Magee	F	662.	Female 21-34	171.	(Shrewsbury)	2:26:04	2:28:20	2055.
1442	Sophie Peake	F	663.	Female 21-34	172.	(Llandudno)	2:26:00	2:28:24	2056.
78	Zoey Marie Smith	F	664.	Female 35-39	99.	(Conwy)	2:24:59	2:28:24	2057.
2557	Marc Williams	M	1394.	Male 35-39	158.	(L)	2:24:59	2:28:24	2058.
939	Tecwyn Roberts	M	1395.	Male 45-49	213.	(Valley)	2:26:31	2:28:25	2059.
1839	Jen Lonsdale	F	665.	Female 45-49	128.	Nantwich Running Club	2:25:43	2:28:33	2060.
56	Simon Ellison	M	1396.	Male 45-49	214.	(Penmaenmawr)	2:27:02	2:28:46	2061.
1698	Iain Myers	M	1397.	Male 50-54	188.	The Lions Running Community	2:26:56	2:28:50	2062.
1697	Ginny Woods	F	666.	Female 50-54	97.	The Lions Running Community	2:26:56	2:28:50	2063.
1267	Lucy Mcardle	F	667.	Female 21-34	173.	(Penmaenmawr)	2:25:50	2:28:51	2064.
2772	Thomas Page	M	1398.	Male 21-34	330.	(Newcastle upon Tyne)	2:25:37	2:28:55	2065.
3052	Gareth T Davies	M	1399.	Male 50-54	189.	(Cardiff)	2:26:46	2:28:58	2066.
928	Jackie Fawcett	F	668.	Female 55-59	48.	(Stockport)	2:26:47	2:29:01	2067.
1007	Sharon Berry	F	669.	Female 50-54	98.	Brighthouse Bumble Bees	2:26:23	2:29:02	2068.
2476	Nicola Griffiths	F	670.	Female 35-39	100.	Rhedwyr Hebog Runners	2:27:23	2:29:05	2069.
1385	Kate Hughes-Jenkins	F	671.	Female 21-34	174.	(Llandudno Junction)	2:27:12	2:29:08	2070.
1418	Lauren Fagan	F	672.	Female 21-34	175.	(Towyn)	2:26:00	2:29:10	2071.
146	Drew Mercer	M	1400.	Male 60-64	83.	(Camberley)	2:25:40	2:29:11	2072.
2611	David Richardson	M	1401.	Male 55-59	143.	(Little Sutton)	2:25:49	2:29:12	2073.
334	Sheela Ghosh	F	673.	Female 50-54	99.	Hoylelake Road Runners	2:26:26	2:29:14	2074.
1650	John Mercer	M	1402.	Male 55-59	144.	(Chester)	2:26:01	2:29:18	2075.
3056	Jane Blacklin	F	674.	Female 60-64	20.	Southport Waterloo AC	2:26:15	2:29:21	2076.
1330	Stephen Hughes	M	1403.	Male 45-49	215.	(Penrhyn Bay)	2:26:20	2:29:22	2077.
1301	Teemu Tomperi	M	1404.	Male 50-54	190.	(Nokia)	2:27:03	2:29:26	2078.
3114	Peredur Williams	M	1405.	Male 21-34	331.		2:27:10	2:29:27	2079.

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1641	Tim Francis	M	1406.	Male 40-44	216.	(Biddenden)	2:26:36	2:29:34	2080.
1139	Rachael Duddle	F	675.	Female 35-39	101.	(Abergele)	2:27:48	2:29:35	2081.
925	Ann O'connor	F	676.	Female 55-59	49.	Clwb Run Wales	2:26:34	2:29:35	2082.
1685	Catrin Tudur	F	677.	Female 45-49	129.	(Ruthin)	2:27:07	2:29:41	2083.
239	Helen Howard	F	678.	Female 55-59	50.	(Widnes)	2:26:51	2:29:46	2084.
3137	Mathew Johansson	M	1407.	Male 21-34	332.		2:26:50	2:29:47	2085.
89	Emma Wilson	F	679.	Female 35-39	102.	Widnes Running Club	2:27:52	2:29:55	2086.
201	John Cooper	M	1408.	Male 50-54	191.	(Mold)	2:26:52	2:29:57	2087.
1113	Heledd Griffiths	F	680.	Female 35-39	103.	(Llanrwst)	2:27:47	2:30:10	2088.
1150	Tracy Thomas	F	681.	Female 55-59	51.	(Tywyn)	2:29:06	2:30:12	2089.
442	Peter Boulton	M	1409.	Male 75-79	1.	(Macclesfield)	2:27:26	2:30:26	2090.
701	Emma Jones	F	682.	Female 45-49	130.	Rhyl Runners	2:28:32	2:30:30	2091.
2666	Ellen Hill	F	683.	Female 12-20	8.	(Charlesworth)	2:28:34	2:30:30	2092.
1076	Jacqueline Thain	F	684.	Female 65-69	6.	(Oswestry)	2:27:00	2:30:37	2093.
304	Greg Bradley	M	1410.	Male 45-49	216.	Blackley Walk2Run	2:30:33	2:30:40	2094.
2443	Nicola Gerrard	F	685.	Female 50-54	100.	Lymm Runners	2:28:08	2:30:42	2095.
690	Sophie Lucas	F	686.	Female 40-44	90.	(Llangefni)	2:27:12	2:30:43	2096.
2921	Hilary Ford	F	687.	Female 45-49	131.	(BANGOR)	2:27:12	2:30:43	2097.
1741	Steve Edwards	M	1411.	Male 55-59	145.	(Liverpool)	2:29:05	2:30:43	2098.
2811	Pamela Laidlaw-Jones	F	688.	Female 50-54	101.	(Wirral)	2:27:39	2:30:44	2099.
1629	Heidi Sperring	F	689.	Female 50-54	102.	Mums to marathons	2:27:14	2:30:44	2100.
1172	Matt Bradley	M	1412.	Male 45-49	217.	(Llandudno)	2:28:08	2:30:44	2101.
2989	Helen Spink	F	690.	Female 40-44	91.	(Wakefield)	2:28:14	2:30:45	2102.
2679	Daniel Adams	M	1413.	Male 35-39	159.	(Llandudno)	2:28:59	2:30:47	2103.
1252	S Pickering	F	691.	Female 35-39	104.	Meols Milers	2:27:51	2:30:48	2104.
2790	Heather Foden	F	692.	Female 21-34	176.	(Abergele)	2:29:01	2:30:49	2105.
1434	Gemma Finney	F	693.	Female 35-39	105.	(Stoke on Trent)	2:27:03	2:30:51	2106.
447	Steve Hobdell	M	1414.	Male 50-54	192.	(Horncastle)	2:27:58	2:30:51	2107.
1314	Kim Blakemore	F	694.	Female 35-39	106.	North Endurance	2:28:17	2:30:53	2108.
1392	Fiona Roche	F	695.	Female 50-54	103.	Nantwich Running Club	2:28:46	2:30:54	2109.
2379	Yvette Lloyd	F	696.	Female 55-59	52.	(Rhyl)	2:27:53	2:30:56	2110.
961	Janet Legget-Jones	F	697.	Female 60-64	21.	(caerwys)	2:28:46	2:31:02	2111.

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2295	Jessica Jones	F	698.	Female 21-34	177.	(Llysfaen)	2:28:07	2:31:05	2112.
2101	Kathryn Atkinson	F	699.	Female 45-49	132.	Trawden Athletic Club	2:28:09	2:31:08	2113.
2241	Adrian Lewis	M	1415.	Male 45-49	218.	(Preston)	2:27:48	2:31:09	2114.
2648	Helen Jones	F	700.	Female 45-49	133.	Llangollen Running Club	2:27:34	2:31:12	2115.
1746	Bethan Tout	F	701.	Female 40-44	92.	Llangollen Running Club	2:27:34	2:31:13	2116.
894	Lucy Szymura	F	702.	Female 40-44	93.	(Chester)	2:28:18	2:31:13	2117.
2405	Caroline Williams	F	703.	Female 40-44	94.	(Ruthin)	2:28:01	2:31:14	2118.
566	Lisa Funge	F	704.	Female 50-54	104.	Silverdale RC	2:30:08	2:31:15	2119.
1433	Debbie Bowen-Heaton	F	705.	Female 50-54	105.	(LYMM)	2:29:45	2:31:16	2120.
41	Katie Harrop	F	706.	Female 35-39	107.	(Arclid)	2:27:33	2:31:17	2121.
1106	Llinos Jones	F	707.	Female 40-44	95.	(Dwygyfylchi)	2:29:16	2:31:19	2122.
1090	Emily Griffiss	F	708.	Female 21-34	178.	(Colwyn bay)	2:28:23	2:31:19	2123.
1217	Glennis Hillier	F	709.	Female 75-79	2.	(Hyde,)	2:29:28	2:31:20	2124.
2924	Nicola de Viveiros	F	710.	Female 45-49	134.	(old colwyn)	2:28:12	2:31:23	2125.
1682	Catalina Newble	F	711.	Female 35-39	108.	Cybi Striders	2:27:46	2:31:23	2126.
2267	Esther Clements	F	712.	Female 45-49	135.	(Conwy)	2:30:50	2:31:29	2127.
2075	Allison Edghill	F	713.	Female 45-49	136.	(Glan conwy)	2:30:50	2:31:29	2128.
590	John Dobson	M	1416.	Male 55-59	146.	Silverdale RC	2:28:57	2:31:30	2129.
555	Keith Hucker	M	1417.	Male 55-59	147.	(Wallasey)	2:27:50	2:31:31	2130.
86	Tony Gibbons	M	1418.	Male 35-39	160.	(Llandudno)	2:28:40	2:31:33	2131.
983	Guy Mullarkey	M	1419.	Male 21-34	333.	(Conwy)	2:28:42	2:31:36	2132.
2140	Ian Yarwood	M	1420.	Male 55-59	148.	Dragons Sale	2:29:40	2:31:38	2133.
2369	Lisa Wade	F	714.	Female 45-49	137.	The Milesy Club	2:29:41	2:31:38	2134.
1445	Sue Williams	F	715.	Female 55-59	53.	(Betws Y Coed)	2:29:22	2:31:39	2135.
1786	Robert Gater	M	1421.	Male 35-39	161.	(Penrhyn Bay)	2:28:20	2:31:40	2136.
895	Joe Manfredi	M	1422.	Male 21-34	334.	(Rhyl)	2:29:07	2:31:41	2137.
2956	Jon Seddon	M	1423.	Male 70-74	16.	Eryri Harriers	2:28:44	2:31:51	2138.
2933	Joni Stubbs	F	716.	Female 45-49	138.	(Ilandudno)	2:29:01	2:31:57	2139.
1371	Sylvia Parsons	F	717.	Female 60-64	22.	Blackley Walk2Run	2:23:49	2:31:58	2140.
2730	Angela Holme	F	718.	Female 55-59	54.	(Oldham)	2:23:50	2:31:59	2141.
1540	Kate Robertson	F	719.	Female 35-39	109.	(Penmaenmawr)	2:30:09	2:31:59	2142.
910	Zoe Turner	F	720.	Female 50-54	106.	(Shifnal)	2:28:54	2:32:01	2143.

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1140	Rebekah Hurst	F	721.	Female 21-34	179.	(St asaph)	2:30:10	2:32:01	2144.
1208	Isobel Davidson	F	722.	Female 12-20	9.	(Liverpool)	2:29:09	2:32:06	2145.
2514	Rhys Thomas	M	1424.	Male 21-34	335.	(Gwalchmai)	2:28:53	2:32:10	2146.
572	Catherine Saunders	F	723.	Female 55-59	55.	(stockport)	2:29:04	2:32:11	2147.
617	Sarah Jenner	F	724.	Female 45-49	139.	(Stockport)	2:29:04	2:32:11	2148.
493	Rachel Lloyd	F	725.	Female 40-44	96.	Notts Women Runners	2:25:15	2:32:12	2149.
492	James Moody	M	1425.	Male 40-44	217.	(Melton Mowbray)	2:25:15	2:32:12	2150.
1917	Phil Jones	M	1426.	Male 45-49	219.	(Glan Conwy)	2:30:13	2:32:17	2151.
2274	Sally Hewitt	F	726.	Female 70-74	2.	Wellingborough and District AC	2:29:30	2:32:18	2152.
2978	Suzanna Hill	F	727.	Female 35-39	110.	(Llanberis)	2:30:14	2:32:19	2153.
1107	Morgan Thomas	M	1427.	Male 21-34	336.	(prestatyn)	2:29:13	2:32:21	2154.
387	Melissa Haigh	F	728.	Female 40-44	97.	(Leeds)	2:28:48	2:32:21	2155.
341	Cheryl Gallop	F	729.	Female 55-59	56.	(Cannock)	2:28:48	2:32:22	2156.
340	Colin Gallop	M	1428.	Male 55-59	149.	Fetcheveryone Running Club	2:28:48	2:32:22	2157.
2776	Charity Rose	F	730.	Female 21-34	180.	(Buckley)	2:30:53	2:32:24	2158.
367	Sue Mcindoe	F	731.	Female 55-59	57.	Deestridders	2:29:04	2:32:25	2159.
405	Liz Mcindoe	F	732.	Female 65-69	7.	Gog Triathlon	2:29:04	2:32:25	2160.
835	Paul Evans	M	1429.	Male 35-39	162.	(Llandudno Junction)	2:29:20	2:32:29	2161.
2847	Peter Davies	M	1430.	Male 45-49	220.	(Cardiff)	2:29:14	2:32:30	2162.
1332	Georgia Mylrea	F	733.	Female 35-39	111.	(Oldham)	2:29:49	2:32:31	2163.
1660	Laura Kirkby	F	734.	Female 40-44	98.	(Abergele)	2:29:09	2:32:34	2164.
2668	Ian Hapgood	M	1431.	Male 65-69	32.	(Prestatyn)	2:30:36	2:32:34	2165.
1009	Anna Gordon	F	735.	Female 50-54	107.	(Abergele)	2:30:07	2:32:35	2166.
2981	Nicola Scott	F	736.	Female 55-59	58.	(Barnstaple)	2:30:37	2:32:38	2167.
1012	Christopher Hagan	M	1432.	Male 50-54	193.	(Waterloo)	2:29:58	2:32:39	2168.
1251	Gary Ogden	M	1433.	Male 45-49	221.	(Wrexham)	2:30:14	2:32:43	2169.
1462	Ray Waterson	M	1434.	Male 55-59	150.	(St Asaph)	2:30:44	2:32:46	2170.
594	Yvonne Hartley	F	737.	Female 50-54	108.	(Manchester)	2:29:04	2:32:47	2171.
548	Jillian Heywood	F	738.	Female 50-54	109.	Royton road runners	2:29:31	2:32:47	2172.
2617	Duaine Hopkins	M	1435.	Male 50-54	194.	(Stockport)	2:30:00	2:32:48	2173.
1749	Shaun Barber	M	1436.	Male 55-59	151.	(Chorlton)	2:30:13	2:32:57	2174.
1750	Becky Barber	F	739.	Female 21-34	181.	(Stockport)	2:30:13	2:32:57	2175.

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1324	Kelly Neville	F	740.	Female 45-49	140.	(Oldham)	2:30:17	2:32:58	2176.
352	Alison Wingate	F	741.	Female 50-54	110.	Kirkby Milers AC	2:30:48	2:33:06	2177.
2348	Alex Willis	F	742.	Female 40-44	99.	(Southport)	2:30:48	2:33:06	2178.
1648	Andy Mcdougall	M	1437.	Male 65-69	33.	Kirkby Milers AC	2:30:16	2:33:06	2179.
1249	Gail Mcardle	F	743.	Female 50-54	111.	(Stockport)	2:30:22	2:33:09	2180.
2731	Steve Gallagher	M	1438.	Male 55-59	152.	(Middleton)	2:29:23	2:33:12	2181.
1614	Shelly Boynton	M	1439.	Male 45-49	222.	(Chester)	2:30:36	2:33:13	2182.
1804	Louise Edwards	F	744.	Female 40-44	100.	(Manchester)	2:29:31	2:33:13	2183.
1591	Anna Morris	F	745.	Female 21-34	182.	(Manchester)	2:29:19	2:33:23	2184.
321	Gary Jenkins	M	1440.	Male 55-59	153.	Essington Harriers	2:31:14	2:33:24	2185.
879	Jane Wallace-Daley	F	746.	Female 45-49	141.	(Llandudno)	2:30:26	2:33:27	2186.
2639	Lucy Mcmanoman	F	747.	Female 21-34	183.	(Longridge)	2:30:07	2:33:29	2187.
1661	William Kirkby	M	1441.	Male 40-44	218.	(Abergele)	2:30:05	2:33:29	2188.
805	Susan May	F	748.	Female 50-54	112.	Start2jog	2:30:21	2:33:32	2189.
2783	Lee Barrow	F	749.	Female 60-64	23.	(Cambridge)	2:30:46	2:33:35	2190.
2488	Dominic Edwards	M	1442.	Male 45-49	223.	(Wallasey)	2:30:36	2:33:39	2191.
583	Denise Droog	F	750.	Female 35-39	112.	(Mold)	2:29:33	2:33:48	2192.
1881	Lois Jones	F	751.	Female 21-34	184.	(Pentrefelin)	2:32:10	2:34:08	2193.
664	Rachael Parker	F	752.	Female 40-44	101.	(Liverpool)	2:33:12	2:34:09	2194.
310	Dave Reilly	M	1443.	Male 50-54	195.	Rochdale Triathlon Club	2:32:05	2:34:11	2195.
2430	Simon Turgoose	M	1444.	Male 50-54	196.	Oldham & Royton HAC	2:32:32	2:34:12	2196.
1127	Andrew Rhodes	M	1445.	Male 40-44	219.	(Rhyl)	2:32:17	2:34:15	2197.
1438	Louise Wray	F	753.	Female 35-39	113.	(Manchester)	2:31:33	2:34:16	2198.
2616	Donna Taylor	F	754.	Female 45-49	142.	(CAERNARFON)	2:32:02	2:34:20	2199.
285	Andrea Williams	F	755.	Female 50-54	113.	Gogs triathlon	2:31:26	2:34:23	2200.
1204	Steph Wheat	F	756.	Female 35-39	114.	(Stafford)	2:30:41	2:34:26	2201.
1196	Karin Melling	F	757.	Female 45-49	143.	(Wigan)	2:32:13	2:34:27	2202.
1907	Dave Dutton	M	1446.	Male 35-39	163.	(Chester)	2:31:59	2:34:29	2203.
2608	Oliver Heald	M	1447.	Male 35-39	164.	(Chester)	2:31:59	2:34:30	2204.
919	Jane Houghton	F	758.	Female 50-54	114.	Warrington Running Club	2:31:16	2:34:30	2205.
2371	Julie Goodson	F	759.	Female 40-44	102.	Silverdale Running Club	2:32:16	2:34:42	2206.
2351	Diane Brassington	F	760.	Female 50-54	115.	Silverdale RC	2:31:38	2:34:43	2207.

# Conwy Half Marathon 2023

## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
614	Robert Kewish	M	1448.	Male 50-54	197.	Silver sale RC	2:31:39	2:34:44	2208.
47	Anthony Berry	M	1449.	Male 65-69	34.	(Manchester)	2:31:11	2:34:44	2209.
2833	Adam Hobson-Williams	M	1450.	Male 35-39	165.	(Manchester)	2:32:22	2:34:44	2210.
1103	Katie Faux	F	761.	Female 21-34	185.	(Conwy)	2:32:51	2:34:46	2211.
1595	Sarah Scanlan	F	762.	Female 40-44	103.	(Worsley)	2:32:37	2:34:55	2212.
368	Sue Roberts	F	763.	Female 50-54	116.	(Clun)	2:32:54	2:34:59	2213.
2985	Daniel Stavrianos	M	1451.	Male 21-34	337.	(Aradippou)	2:31:37	2:35:06	2214.
2911	Jessica Collins	F	764.	Female 21-34	186.	Sowerby Bridge Snails RC	2:30:44	2:35:07	2215.
477	Jilly Basu	F	765.	Female 50-54	117.	(Bangor)	2:31:14	2:35:11	2216.
2166	Michelle Ahern-Gibson	F	766.	Female 40-44	104.	South Leeds Lakers	2:27:13	2:35:20	2217.
687	Sammy Hutt	F	767.	Female 21-34	187.	(Colwyn Bay)	2:34:57	2:35:22	2218.
2742	Megan Wooller	F	768.	Female 21-34	188.	(Rhos on sea)	2:34:59	2:35:25	2219.
2831	Nadine Phillips	F	769.	Female 40-44	105.	GOG Triathlon Club	2:32:31	2:35:28	2220.
1065	Philippa Pearce	F	770.	Female 55-59	59.	Porth Eirias Runners	2:32:31	2:35:28	2221.
2365	Elinor Powell	F	771.	Female 55-59	60.	(Aberystwyth)	2:33:32	2:35:28	2222.
1175	Alan.jones141205@gmail.com Jones	M	1452.	Male 50-54	198.	(Glan Conwy)	2:32:36	2:35:31	2223.
189	Meredydd Wyn Humphreys	M	1453.	Male 21-34	338.	Eryri Harriers	2:33:06	2:35:32	2224.
1059	Derek Jones	M	1454.	Male 55-59	154.	(Chirk)	2:32:35	2:35:44	2225.
1058	Nicola Jones	F	772.	Female 40-44	106.	(Ffrith)	2:32:36	2:35:44	2226.
2151	Bethan Lloyd Jones	F	773.	Female 21-34	189.	(LLANGOLLEN)	2:33:37	2:35:53	2227.
3126	Dawn Stirling	F	774.	Female 60-64	24.	M2M	2:32:29	2:35:58	2228.
1908	Emma Lonczyk	F	775.	Female 45-49	144.	Blythe Bridge Running club	2:32:51	2:36:01	2229.
136	Jane Blackwell	F	776.	Female 50-54	118.	Deestridders	2:34:08	2:36:03	2230.
797	Jason Gould	M	1455.	Male 45-49	224.	Start2jog	2:33:30	2:36:09	2231.
675	Kevin Byrom	M	1456.	Male 60-64	84.	Start2jog	2:33:31	2:36:10	2232.
145	Lee Gregory	M	1457.	Male 35-39	166.	Kings Heath Lions RC	2:34:08	2:36:11	2233.
1776	Kimberley Harrison	F	777.	Female 40-44	107.	(Sale)	2:33:10	2:36:12	2234.
1946	Paul Whitby	M	1458.	Male 50-54	199.	(Warrington)	2:33:20	2:36:17	2235.
1285	Nicola Birkett	F	778.	Female 45-49	145.	(Flint)	2:32:32	2:36:22	2236.
2677	James Whiteside	M	1459.	Male 21-34	339.	(Abergele)	2:34:20	2:36:23	2237.
3100	Marie Liehr	F	779.	Female 21-34	190.	(Manchester)	2:34:11	2:36:24	2238.
1861	Adam Lynch	M	1460.	Male 21-34	340.	(Nottingham)	2:34:33	2:36:25	2239.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
2492	Steve Haldon	M	1461.	Male 50-54	200.	(Spital)	2:32:59	2:36:28	2240.
2027	Rachel Morris	F	780.	Female 40-44	108.	North Wales Road Runners	2:34:54	2:36:31	2241.
3124	Joel Evans	M	1462.	Male 21-34	341.		2:34:48	2:36:33	2242.
1044	Liz Allison	F	781.	Female 60-64	25.	Trawden AC	2:33:21	2:36:42	2243.
2139	Ingrid Cain	F	782.	Female 65-69	8.	Dudley Kingswinford Running Club	2:34:27	2:36:42	2244.
748	David Colley	M	1463.	Male 50-54	201.	The Freelance Runners	2:34:28	2:36:42	2245.
2419	Lisa Clark	F	783.	Female 35-39	115.	(Liverpool)	2:35:01	2:36:51	2246.
1892	Kim Hopkins	F	784.	Female 45-49	146.	Birkenhead Park Running Club	2:34:42	2:36:53	2247.
1729	Carolyn Holt	F	785.	Female 60-64	26.	Penny Lane Striders	2:34:43	2:36:54	2248.
632	Eamonn Brady	M	1464.	Male 55-59	155.	Penny Lane Striders	2:34:43	2:36:54	2249.
2128	Alan Moore	M	1465.	Male 60-64	85.	Penny Lane Striders	2:34:43	2:36:54	2250.
2602	Mark Dowber	M	1466.	Male 50-54	202.	(Colwyn Bay)	2:35:22	2:36:54	2251.
1847	Emily Payne	F	786.	Female 21-34	191.	(Llanfairfechan)	2:33:37	2:36:56	2252.
1879	Lucinda Pierce	F	787.	Female 21-34	192.	(Llanerchymedd)	2:33:37	2:36:56	2253.
1858	Vito Ricciardi	M	1467.	Male 55-59	156.	(Caernarfon)	2:34:08	2:37:15	2254.
2680	Tina Read	F	788.	Female 45-49	147.	Sowerby Bridge Snails	2:32:54	2:37:17	2255.
562	Tina Young	F	789.	Female 50-54	119.	Sowerby Bridge Snails	2:32:55	2:37:17	2256.
1912	Stacey Holmes	F	790.	Female 35-39	116.	(Hyde)	2:35:44	2:37:21	2257.
3111	Jonathon Donahue	M	1468.	Male 50-54	203.		2:34:53	2:37:22	2258.
1775	Andrew Duckworth	M	1469.	Male 50-54	204.	Running Bear	2:34:24	2:37:26	2259.
434	Deborah Stubberfield	F	791.	Female 40-44	109.	Nantwich Running Club	2:34:44	2:37:37	2260.
308	Nalisha Padayachee	F	792.	Female 45-49	148.	(Llandudno Junction)	2:37:30	2:37:38	2261.
514	Lucy Scantlebury	F	793.	Female 35-39	117.	(Littleborough)	2:34:26	2:37:41	2262.
1081	Sean Thain	M	1470.	Male 40-44	220.	(Burton Latimer)	2:34:06	2:37:43	2263.
1666	Kirsty Hewitt	F	794.	Female 40-44	110.	Wellingborough & District AC	2:34:58	2:37:46	2264.
942	Lina Land	F	795.	Female 40-44	111.	Aberystwyth AC	2:33:38	2:37:50	2265.
335	Gill Jackson	F	796.	Female 50-54	120.	Stockport Tri Club	2:35:27	2:37:53	2266.
1038	Oliver May	M	1471.	Male 40-44	221.	(Nantwich)	2:35:39	2:37:57	2267.
2272	Cory Williams	M	1472.	Male 21-34	342.	(Caernarfon)	2:34:23	2:37:58	2268.
1532	Joanna Foreman	F	797.	Female 21-34	193.	(Brighton)	2:37:09	2:38:01	2269.
994	Elizabeth Kirby	F	798.	Female 55-59	61.	Nantwich Running Club	2:35:12	2:38:05	2270.
29	Rebecca Wells	F	799.	Female 21-34	194.	Red rose road runners	2:35:49	2:38:10	2271.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
528	Andrea Smith	F	800.	Female 55-59	62.	Nantwich Running Club	2:35:17	2:38:11	2272.
348	Zoe Ahearne	F	801.	Female 45-49	149.	Nantwich Running Club	2:35:18	2:38:12	2273.
3065	Janie Doyle	F	802.	Female 21-34	195.	(Bangor)	2:36:40	2:38:17	2274.
478	Richard Coulby	M	1473.	Male 55-59	157.	Bramhall Runners	2:35:22	2:38:19	2275.
1913	Ian Snailham	M	1474.	Male 65-69	35.	Clwb Run Wales	2:35:11	2:38:23	2276.
509	Karen Culshaw	F	803.	Female 45-49	150.	Penny Lane Striders	2:35:46	2:38:27	2277.
24	Louise Cairns	F	804.	Female 40-44	112.	Wigan Harriers	2:36:37	2:38:28	2278.
868	Tim Gardner	M	1475.	Male 45-49	225.	(Rhyl)	2:36:00	2:38:32	2279.
962	Laura-Anne Baxendale	F	805.	Female 40-44	113.	(Caerwys)	2:35:19	2:38:34	2280.
2743	Alex Alden	M	1476.	Male 21-34	343.	(Madrid)	2:37:30	2:38:39	2281.
1484	Jo Sopala	F	806.	Female 45-49	151.	north herts road runners	2:35:52	2:38:51	2282.
1516	Anna Bassett	F	807.	Female 60-64	27.	Anna Bassett	2:34:43	2:38:58	2283.
2060	Jessica Messenger	F	808.	Female 45-49	152.	Northwich Running Club	2:37:12	2:39:01	2284.
2596	Ali Sharp	F	809.	Female 55-59	63.	(Rhyl)	2:38:05	2:39:07	2285.
158	Anthony Howe	M	1477.	Male 45-49	226.	Abegele Harriers	2:35:52	2:39:14	2286.
1306	Lyn Todd	F	810.	Female 55-59	64.	Start2jog	2:36:07	2:39:18	2287.
841	Karolina Faithfull	F	811.	Female 40-44	114.	Skelmersdale Boundary Harriers	2:36:20	2:39:26	2288.
547	Ursula Cheetham	F	812.	Female 50-54	121.	Skelmersdale Boundary Harriers	2:36:21	2:39:26	2289.
1969	Jennifer Storr	F	813.	Female 21-34	196.	Betsi Runaways	2:36:34	2:39:30	2290.
392	Kevin Clark	M	1478.	Male 45-49	227.	(Sandbach)	2:36:40	2:39:33	2291.
1951	Lowri Jones	F	814.	Female 21-34	197.	(Llanfihangel)	2:37:31	2:39:34	2292.
2380	Steve Davidson	M	1479.	Male 35-39	167.	ETL Run Club	2:37:12	2:39:36	2293.
2397	Gemma Jones	F	815.	Female 35-39	118.	ETL Run Club	2:37:13	2:39:37	2294.
2335	Sally Heywood	F	816.	Female 55-59	65.	(Dulas)	2:36:28	2:39:40	2295.
2135	Amy Lamb	F	817.	Female 12-20	10.	(Mold)	2:36:57	2:39:42	2296.
2972	Josie Davies	F	818.	Female 60-64	28.	(Llandudno)	2:37:06	2:39:43	2297.
2246	Michael Mckeown	M	1480.	Male 60-64	86.	Market Drayton RC	2:36:41	2:39:43	2298.
678	Mandy Owen	F	819.	Female 45-49	153.	North Wales Road Runners	2:37:07	2:39:44	2299.
2794	Sarah Dunphy	F	820.	Female 40-44	115.	ETL Run Club	2:37:23	2:39:45	2300.
2370	Kristian Evans	M	1481.	Male 21-34	344.	ETL Run Club	2:37:20	2:39:45	2301.
2609	Tracey Ireland	F	821.	Female 50-54	122.	None	2:36:37	2:39:52	2302.
1413	Anthony Edwards	M	1482.	Male 21-34	345.	(Mochdre)	2:37:07	2:39:59	2303.



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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
1440	Susan Pegg	F	822.	Female 60-64	29.	(Halifax)	2:38:43	2:40:00	2304.
938	Georgina Hallett	F	823.	Female 21-34	198.	(Berkhamsted)	2:37:17	2:40:00	2305.
282	Chris Jones	M	1483.	Male 50-54	205.	(Greenfield)	2:36:52	2:40:06	2306.
1340	Jackie Mccue	F	824.	Female 45-49	154.	(Abergele)	2:36:45	2:40:07	2307.
1740	Samantha Gothard	F	825.	Female 45-49	155.	Knowsley Harriers AC	2:38:21	2:40:12	2308.
808	Emma Worthington	F	826.	Female 40-44	116.	N/A	2:37:13	2:40:21	2309.
809	James Worthington	M	1484.	Male 35-39	168.	(Conwy)	2:37:13	2:40:21	2310.
1390	Liana Haines	F	827.	Female 12-20	11.	(Stoke on Trent)	2:38:21	2:40:23	2311.
770	Louise Lindsay	F	828.	Female 45-49	156.	(Whitchurch)	2:37:34	2:40:36	2312.
1910	Bryan Griffiths	M	1485.	Male 50-54	206.	(Bethesda)	2:37:46	2:40:57	2313.
927	Sharon Foy	F	829.	Female 50-54	123.	Heaton Runners	2:38:55	2:41:07	2314.
660	Lynne Hawthornthwaite	F	830.	Female 45-49	157.	Trawden AC	2:39:12	2:41:12	2315.
2892	Sarah Seddon	F	831.	Female 55-59	66.	Warrington Running Club	2:38:01	2:41:16	2316.
363	Ian Baldock	M	1486.	Male 60-64	87.	(Llanrhos)	2:38:19	2:41:31	2317.
684	Mark Evans	M	1487.	Male 45-49	228.	Porth Eirais Runners	2:38:32	2:41:33	2318.
1309	Andy Balint	M	1488.	Male 35-39	169.	(London)	2:38:08	2:41:35	2319.
1719	Sarah Whiteley	F	832.	Female 45-49	158.	(Manchester)	2:39:31	2:41:39	2320.
161	Martin Witty	M	1489.	Male 55-59	158.	Deestridders	2:38:24	2:41:45	2321.
488	Sandra Jones	F	833.	Female 55-59	67.	(Mold)	2:39:18	2:41:46	2322.
2	Katherine Bilcliffe	F	834.	Female 35-39	119.	Cobra RTC	2:38:45	2:41:51	2323.
1170	Theresa Bodner	F	835.	Female 21-34	199.	(Conwy)	2:38:55	2:41:59	2324.
1171	Joshua White	M	1490.	Male 21-34	346.	(Conwy)	2:38:55	2:41:59	2325.
671	Nicola Wedgwood	F	836.	Female 45-49	159.	(Audley)	2:39:17	2:42:02	2326.
402	Pears Amanda	F	837.	Female 50-54	124.	Queensbury RC	2:41:00	2:42:17	2327.
2819	Katie Jones	F	838.	Female 45-49	160.	(Mold)	2:38:58	2:42:24	2328.
1104	Dylan Roberts	M	1491.	Male 45-49	229.	(Penmaenmawr)	2:40:26	2:42:28	2329.
1348	Robyn Clement	F	839.	Female 21-34	200.	(Llangefni)	2:39:24	2:42:34	2330.
165	John Albutt	M	1492.	Male 70-74	17.	(Poynton)	2:39:08	2:42:44	2331.
1529	Laura Thrift	F	840.	Female 21-34	201.	(Chester)	2:40:33	2:42:44	2332.
2212	Jeanette Jefferson	F	841.	Female 65-69	9.	(Prestatyn)	2:39:55	2:42:45	2333.
2540	Toni Wright	F	842.	Female 50-54	125.	(bangor)	2:41:12	2:43:02	2334.
1082	Sara Apa	F	843.	Female 55-59	68.	(Alsager)	2:40:22	2:43:11	2335.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
501	Andy Cowden	M	1493.	Male 60-64	88.	Bere Alston Trekkers	2:40:24	2:43:12	2336.
1086	Angelo Apa	M	1494.	Male 55-59	159.	Alsager Runners	2:40:24	2:43:12	2337.
2626	Nyree Waters	F	844.	Female 21-34	202.	(Colwyn Bay)	2:41:30	2:43:25	2338.
1625	Rob Harding	M	1495.	Male 35-39	170.	(York)	2:41:24	2:43:26	2339.
1626	Ben Scholes	M	1496.	Male 35-39	171.	(York)	2:41:24	2:43:27	2340.
1999	Paula Latham	F	845.	Female 45-49	161.	Nantwich Running Club	2:42:32	2:43:30	2341.
255	Stuart Latham	M	1497.	Male 45-49	230.	Nantwich Running Club	2:42:33	2:43:31	2342.
2148	Amanda Berry	F	846.	Female 60-64	30.	Red Rose Road Runner	2:40:06	2:43:31	2343.
3134	Nicholas Jones	M	1498.	Male 21-34	347.		2:40:28	2:43:32	2344.
844	Jane Davies	F	847.	Female 50-54	126.	(Quorn)	2:40:28	2:43:34	2345.
1083	Darren Thain	M	1499.	Male 40-44	222.	(Baschurch)	2:40:17	2:43:50	2346.
487	Julia Ball	F	848.	Female 55-59	69.	Mon milers	2:40:47	2:43:56	2347.
342	Kelly Davies	F	849.	Female 40-44	117.	Clwb Run Wales	2:40:56	2:44:03	2348.
291	Audrey Cowpland	F	850.	Female 60-64	31.	(Southport)	2:41:06	2:44:07	2349.
267	Alison Scally	F	851.	Female 55-59	70.	(Corwen)	2:41:07	2:44:08	2350.
706	Alison Webster	F	852.	Female 50-54	127.	(Liverpool)	2:35:15	2:44:09	2351.
2758	Lesley Goodall	F	853.	Female 65-69	10.	Northwich Running Club	2:42:29	2:44:17	2352.
192	Sharon Webber	F	854.	Female 50-54	128.	Trawden Athletic Club	2:42:26	2:44:27	2353.
1167	Nicola Brammer	F	855.	Female 45-49	162.	(Stone, Staffs)	2:42:29	2:44:36	2354.
1427	Paula Heaton	F	856.	Female 45-49	163.	Kirkby Milers Athletics Club	2:41:49	2:44:38	2355.
1722	Kath Davies	F	857.	Female 50-54	129.	Kirkby Milers AC	2:41:50	2:44:39	2356.
651	Rachel Rick	F	858.	Female 60-64	32.	Penny Lane Striders	2:40:57	2:44:40	2357.
2194	Eunice Nopondo	F	859.	Female 55-59	71.	Penny Lane Striders	2:40:55	2:44:40	2358.
1574	Paul Johnson	M	1500.	Male 40-44	223.	(Broughton)	2:42:31	2:44:41	2359.
1613	Janine Worthington	F	860.	Female 50-54	130.	Chester Road Runners	2:42:14	2:44:51	2360.
1302	Henna Tomperi	F	861.	Female 50-54	131.	(Nokia)	2:42:29	2:44:52	2361.
1652	Annemarie Williams	F	862.	Female 21-34	203.	(Colwyn bay)	2:44:14	2:44:56	2362.
399	Matthew Swainston	M	1501.	Male 50-54	207.	(Bingley)	2:43:38	2:44:56	2363.
1676	Julie Bullick	F	863.	Female 55-59	72.	(Halifax)	2:41:30	2:44:57	2364.
482	Nathan Hewitt	M	1502.	Male 21-34	348.	Sowerby Bridge Snails RC	2:42:10	2:44:57	2365.
1725	Vicky Chuda	F	864.	Female 45-49	164.	Croxteth Park Get Going	2:43:11	2:45:02	2366.
686	Claire Heron	F	865.	Female 50-54	132.	(Halifax)	2:41:31	2:45:06	2367.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
366	Sandra Pinder	F	866.	Female 60-64	33.	Sowerby Bridge Snails	2:41:31	2:45:06	2368.
2945	Caren Brown	F	867.	Female 50-54	133.	(Bethesda)	2:45:16	2:45:23	2369.
154	Linda Woodall	F	868.	Female 60-64	34.	Silverdale RC	2:43:06	2:45:23	2370.
172	Hazel Barlow	F	869.	Female 60-64	35.	Silverdale RC	2:43:06	2:45:23	2371.
3096	Judi Ebrell	F	870.	Female 50-54	134.	(Wirral)	2:43:16	2:45:25	2372.
3042	Cheryl Shepherd	F	871.	Female 50-54	135.	Northwich Running Club	2:43:39	2:45:25	2373.
724	Liam Jones	M	1503.	Male 21-34	349.	Black Cloak Runners	2:42:51	2:45:27	2374.
1120	Ema Williams	F	872.	Female 21-34	204.	(Holywell)	2:42:24	2:45:27	2375.
2478	Nicola Churm Booton	F	873.	Female 21-34	205.	Hebog	2:43:33	2:45:31	2376.
2539	Kev Newnes	M	1504.	Male 60-64	89.	(Llanerch-y-Medd)	2:43:57	2:45:46	2377.
707	Suzannah Dykes	F	874.	Female 50-54	136.	(Liverpool)	2:36:58	2:45:52	2378.
135	Fiona Robinson	F	875.	Female 55-59	73.	Deestridders RC	2:44:02	2:45:58	2379.
2021	Beth Powell	F	876.	Female 40-44	118.	Stockport Harriers & AC	2:42:22	2:46:00	2380.
2003	Lucy Beggs	F	877.	Female 21-34	206.	(Deganwy)	2:42:51	2:46:04	2381.
531	Chrstine Wright	F	878.	Female 55-59	74.	Heaton Runners	2:34:18	2:46:08	2382.
530	Caroline Shepherd	F	879.	Female 45-49	165.	Heaton Runners	2:34:18	2:46:08	2383.
2398	Sharon Mctigue	F	880.	Female 50-54	137.	Girls That Jeff Running Club	2:42:41	2:46:12	2384.
2605	Jane Marsden	F	881.	Female 65-69	11.	(WIRRAL)	2:43:09	2:46:24	2385.
347	Steve Kenny	M	1505.	Male 55-59	160.	Silverdale Running Club	2:43:28	2:46:33	2386.
1243	Karol Whettlock	F	882.	Female 65-69	12.	Queensbury RC	2:45:34	2:46:51	2387.
3011	Natalie Fiddian	F	883.	Female 21-34	207.	(Salford)	2:43:55	2:46:55	2388.
3034	Christine Baldock	F	884.	Female 60-64	36.	(Llanrhos)	2:43:44	2:46:56	2389.
3140	Sarah Pennell	F	885.	Female 60-64	37.	Bramhall Runners	2:42:47	2:46:56	2390.
506	Tracey Sheppard	F	886.	Female 55-59	75.	(Stockport)	2:42:47	2:46:56	2391.
163	Lynn Jones	F	887.	Female 45-49	166.	(Llandudno)	2:43:46	2:46:58	2392.
883	Janet Appleyard	F	888.	Female 65-69	13.	Oldham and Royton Harriers and Athletics	2:44:10	2:47:04	2393.
1548	Amy Boyd	F	889.	Female 40-44	119.	(Chester)	2:45:04	2:47:15	2394.
745	Louise Heppleston	M	1506.	Male 60-64	90.	Sowerby Bridge Snails RC	2:46:39	2:47:19	2395.
425	Megan Gareh	F	890.	Female 21-34	208.	(Wrexham)	2:44:28	2:47:22	2396.
426	Sharon Gareh	F	891.	Female 50-54	138.	(Wrexham)	2:44:28	2:47:22	2397.
1063	Kelvin Murphy	M	1507.	Male 21-34	350.	(Wrexham)	2:44:55	2:47:33	2398.
1102	Victoria Taylor	F	892.	Female 45-49	167.	(Chester)	2:45:44	2:47:48	2399.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
647	Kate Brown	F	893.	Female 40-44	120.	(Llysfaen)	2:44:22	2:48:00	2400.
171	Jolene Tucker	F	894.	Female 45-49	168.	(Colwyn bay)	2:44:23	2:48:00	2401.
1359	Julie Carman	F	895.	Female 65-69	14.	Trawden AC	2:45:24	2:48:21	2402.
280	Andy Turner	M	1508.	Male 50-54	208.	Bramhall Runners	2:45:56	2:48:21	2403.
1827	Tim Denton	M	1509.	Male 45-49	231.	(Prestatyn)	2:45:26	2:48:44	2404.
210	Nigel Chaplin	M	1510.	Male 45-49	232.	(Colwyn Bay)	2:46:52	2:48:56	2405.
896	Philip Mew	M	1511.	Male 45-49	233.	Essington Harriers	2:46:46	2:48:56	2406.
1444	Melody Sturgis	F	896.	Female 21-34	209.	(Conwy)	2:46:48	2:49:03	2407.
2337	Sally Clewes	F	897.	Female 55-59	76.	(Stourbridge)	2:46:04	2:49:08	2408.
2227	John Wiseman	M	1512.	Male 55-59	161.	Red rose road runners	2:46:02	2:49:28	2409.
2693	Nicola Shipway	F	898.	Female 45-49	169.	GMP	2:48:13	2:49:35	2410.
1929	Helen Fish	F	899.	Female 40-44	121.	(Sheffield)	2:47:38	2:49:47	2411.
142	David Parry	M	1513.	Male 60-64	91.	(Conwy)	2:46:39	2:49:53	2412.
1575	Jo Robinson	F	900.	Female 45-49	170.	(Chester)	2:47:43	2:49:54	2413.
1496	Rachael Wintle	F	901.	Female 40-44	122.	(Broughton)	2:47:43	2:49:54	2414.
1584	Lesley Wilkes	F	902.	Female 60-64	38.	(Hove)	2:48:21	2:50:00	2415.
377	Charles White	M	1514.	Male 65-69	36.	na	2:47:08	2:50:12	2416.
1610	Nicky Barber	F	903.	Female 55-59	77.	(Bebington)	2:46:47	2:50:17	2417.
1668	Louisa Whitfield	F	904.	Female 45-49	171.	(Penmaenmawr)	2:48:26	2:50:25	2418.
1046	Heulwen Jones	F	905.	Female 45-49	172.	(Blaenau Ffestiniog)	2:50:09	2:50:27	2419.
1045	David William James Hughes	M	1515.	Male 35-39	172.	(Blaenau Ffestiniog)	2:50:09	2:50:28	2420.
2512	Ceri Thomas	F	906.	Female 50-54	139.	(Gwalchmai)	2:50:46	2:50:46	2421.
2077	Jill Horrill	F	907.	Female 45-49	173.	(Mold)	2:48:59	2:51:01	2422.
1810	Rachael Clynes	F	908.	Female 35-39	120.	(Manchester)	2:51:20	2:51:28	2423.
1368	Angela Maher	F	909.	Female 50-54	140.	vegan runners UK	2:50:04	2:51:28	2424.
1369	Michelle Maher	F	910.	Female 50-54	141.	(Manchester)	2:50:04	2:51:28	2425.
3094	Amanda Rogers	F	911.	Female 55-59	78.	Star2Jog	2:48:37	2:51:44	2426.
996	Sioned Rowlands	F	912.	Female 21-34	210.	(Benllech)	2:49:55	2:51:55	2427.
3048	Patricia van Rooyen	F	913.	Female 50-54	142.	(Ipstones)	2:49:13	2:52:00	2428.
2891	Sally Longman	F	914.	Female 70-74	3.	(BANGOR)	2:50:46	2:52:19	2429.
465	Julie Fairclough	F	915.	Female 55-59	79.	Bramhall Runners	2:49:01	2:52:24	2430.
2182	Steven Costigan	M	1516.	Male 45-49	234.	(Preston)	2:49:07	2:52:29	2431.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
901	Claire Hegarty	F	916.	Female 45-49	174.	(Leeswood)	2:49:55	2:52:37	2432.
2055	Beck Parsons	F	917.	Female 40-44	123.	The Yellow Army	2:49:55	2:52:46	2433.
1803	Timothy Jarrett	M	1517.	Male 45-49	235.	(Norwich)	2:49:50	2:52:49	2434.
473	Claire Coulby	F	918.	Female 50-54	143.	Bramhall Runners	2:50:49	2:52:53	2435.
2582	Liam Amos	M	1518.	Male 21-34	351.	(Glossop)	2:50:10	2:52:57	2436.
940	Catherine Prince	F	919.	Female 40-44	124.	Heaton Runners	2:50:48	2:53:02	2437.
957	Kirsty Elliott	F	920.	Female 50-54	144.	Heaton runner	2:50:49	2:53:02	2438.
909	Sadie Cox	F	921.	Female 21-34	211.	(Conwy)	2:49:55	2:53:11	2439.
1894	David Pughe	M	1519.	Male 60-64	92.	(MOLD)	2:50:13	2:53:28	2440.
2064	Christopher Vaughan	M	1520.	Male 75-79	2.	The Yellow Army	2:50:48	2:53:40	2441.
268	Emma Turner	F	922.	Female 50-54	145.	Bramhall Runners	2:51:16	2:53:41	2442.
732	Catherine Mynott	F	923.	Female 55-59	80.	(Quorn)	2:50:31	2:53:48	2443.
1310	Susan Balint	F	924.	Female 65-69	15.	(Conwy)	2:50:28	2:53:55	2444.
2815	Alex Fennah	M	1521.	Male 12-20	23.	(Harrogate)	2:52:41	2:54:08	2445.
3123	Stephanie Chaplin	F	925.	Female 12-20	12.		2:52:40	2:54:08	2446.
933	Jill Cumston	F	926.	Female 50-54	146.	(Stockport)	2:52:03	2:54:12	2447.
735	Ann Hughes	F	927.	Female 40-44	125.	(Stockport)	2:52:03	2:54:12	2448.
736	Katie Palmer	F	928.	Female 40-44	126.	(Stockport)	2:52:04	2:54:12	2449.
431	Claire Mcaleavy	F	929.	Female 21-34	212.	Nantwich Running Club	2:51:17	2:54:19	2450.
2787	Rachel Davies	F	930.	Female 45-49	175.	(Llanfairfechan)	2:51:04	2:54:20	2451.
1586	Gillian Greenwood	F	931.	Female 60-64	39.	Trawden AC	2:51:40	2:54:39	2452.
587	Linda Ensby	F	932.	Female 55-59	81.	Trawden AC	2:51:40	2:54:39	2453.
298	Wendy Plant	F	933.	Female 50-54	147.	(Biddulph)	2:50:25	2:54:40	2454.
124	Genevieve Barnett	F	934.	Female 45-49	176.	Trentham Running Club	2:50:54	2:54:40	2455.
1001	Karen Northrop	F	935.	Female 60-64	40.	(Huddersfield)	2:53:07	2:55:13	2456.
1002	Dean Northrop	M	1522.	Male 55-59	162.	(Huddersfield)	2:53:08	2:55:14	2457.
1696	Jayne Hart	F	936.	Female 50-54	148.	Girls That Jeff	2:53:15	2:55:17	2458.
1979	Peter Mcpartland	M	1523.	Male 50-54	209.	(Liverpool)	2:53:16	2:55:17	2459.
985	Laura Cogswell	F	937.	Female 40-44	127.	(North Wales)	2:52:04	2:55:18	2460.
595	Katie Kinloch	F	938.	Female 45-49	177.	(Stockport)	2:51:48	2:55:24	2461.
2525	Alice Outten	F	939.	Female 21-34	213.	(Llandudno)	2:52:40	2:55:32	2462.
2356	Katie Hannah	F	940.	Female 21-34	214.	(Wrexham)	2:52:41	2:55:48	2463.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
2121	Shaun Terry	M	1524.	Male 50-54	210.	Deestridders	2:54:40	2:56:13	2464.
1026	Lizzie Kelly	F	941.	Female 35-39	121.	(Manchester)	2:54:32	2:56:43	2465.
1027	Liam Jones	M	1525.	Male 35-39	173.	(Manchester)	2:54:31	2:56:43	2466.
2481	Ben Allen	M	1526.	Male 55-59	163.	(Conwy)	2:55:03	2:57:20	2467.
441	Tansy Wilson	F	942.	Female 45-49	178.	(Oldham)	2:54:27	2:57:26	2468.
742	Hannah Campbell	F	943.	Female 35-39	122.	(Manchester)	2:53:29	2:57:33	2469.
923	Suzanne Kendrick	F	944.	Female 45-49	179.	(Wrexham)	2:56:35	2:57:34	2470.
127	Phillip White	M	1527.	Male 55-59	164.	(Glossop)	2:54:44	2:58:05	2471.
1811	Fiona Connarty	F	945.	Female 55-59	82.	Blackley W2R	2:58:20	2:58:28	2472.
2634	Janet Webb	F	946.	Female 60-64	41.	Chester Road Runners	2:56:26	2:58:30	2473.
2187	Ilona Kurta	F	947.	Female 55-59	83.	Betsi Runaways	2:55:27	2:58:36	2474.
2192	Dennis Smith	M	1528.	Male 75-79	3.	(Abergele)	2:55:27	2:58:36	2475.
168	Carol Bull	F	948.	Female 50-54	149.	Fylde Coast Runners	2:57:00	2:59:11	2476.
676	Sam Tyler	M	1529.	Male 50-54	211.	(Llandudno)	2:56:16	2:59:23	2477.
194	Tracey Mawdsley	F	949.	Female 50-54	150.	Trawden AC	2:57:52	2:59:49	2478.
1333	Julie Donly	F	950.	Female 50-54	151.	Walk2run Blackley	3:00:08	3:00:17	2479.
1877	Catherine Kelly	F	951.	Female 45-49	180.	(Holywell)	2:58:43	3:00:37	2480.
360	Paul Amos	M	1530.	Male 55-59	165.	(Glossop)	2:57:41	3:01:01	2481.
365	Anne Molloy	F	952.	Female 65-69	16.	(Halifax)	2:57:27	3:01:02	2482.
364	Carol Whitworth	F	953.	Female 55-59	84.	Sowerby Bridge Snails	2:57:26	3:01:02	2483.
49	Graeme Jones	M	1531.	Male 45-49	236.	(Birmingham)	2:57:28	3:01:06	2484.
1147	Gillian Bainbridge	F	954.	Female 45-49	181.	(Scholar Green)	2:58:42	3:01:32	2485.
2517	Anneliese Thomas	F	955.	Female 50-54	152.	(Rhyl)	2:59:00	3:02:03	2486.
1649	Rowena Leyland	F	956.	Female 40-44	128.	(Prestatyn)	2:59:10	3:02:11	2487.
847	Rebecca Chapman	F	957.	Female 21-34	215.	(Penmachno)	3:01:34	3:02:17	2488.
435	Angela Roberts	F	958.	Female 50-54	153.	(Bodelwyddan)	3:00:46	3:03:00	2489.
419	Lisa Gaut-Conway	F	959.	Female 45-49	182.	Sowerby Bridge Snails RC	2:59:37	3:03:12	2490.
2740	Samantha Hill	F	960.	Female 40-44	129.	Northwich Running Club	3:01:59	3:03:46	2491.
592	Wendy Mcdonnell	F	961.	Female 50-54	154.	Northwich Running Club	3:01:59	3:03:46	2492.
515	Emma Scantlebury	F	962.	Female 35-39	123.	(Halifax)	3:01:16	3:04:31	2493.
2727	Liane Burrell	F	963.	Female 45-49	183.	Northwich Running Club	3:02:56	3:04:44	2494.
1096	Rebecca Pierce	F	964.	Female 55-59	85.	Sheffield Running Club	3:02:40	3:04:44	2495.

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## Overall Results

Bib	Name	Gender	Pos.	AG	Pos.	Club	ChipTime	GunTime	Pos.
369	Diane Sinclair	F	965.	Female 55-59	86.	(Rhos on Sea)	3:03:22	3:05:24	2496.
693	Elwyn Sharps	M	1532.	Male 40-44	224.	Betsi Runaways	3:03:39	3:05:48	2497.
1410	Caroline Stoddart	F	966.	Female 21-34	216.	(Dunham on Trent)	3:03:47	3:05:53	2498.
725	Katies Jones	F	967.	Female 35-39	124.	Black Cloak Runners	3:03:20	3:05:55	2499.
1787	Izzie Glaze	F	968.	Female 12-20	13.	(telford)	3:03:18	3:06:18	2500.
7	Neil Glaze	M	1533.	Male 40-44	225.	(Telford)	3:03:18	3:06:18	2501.
984	Mandy Turner	F	969.	Female 55-59	87.	Brighthouse Bees	3:05:09	3:08:37	2502.
522	Janet Hughes	F	970.	Female 60-64	42.	(Holywell)	3:05:39	3:08:58	2503.
278	Eileen Ingham	F	971.	Female 70-74	4.	(Rochdale)	3:06:53	3:09:52	2504.
2347	Anne-Marie Killeen	F	972.	Female 60-64	43.	Stainland Lions Running Club	3:07:31	3:10:46	2505.
2982	Katherine Doyle	F	973.	Female 50-54	155.	(Bethesda)	3:10:33	3:12:14	2506.
328	Lawrence Taylor	M	1534.	Male 70-74	18.	Trawden AC	3:09:20	3:12:30	2507.
90	Darren Finnegan	M	1535.	Male 50-54	212.	Lonely Goat RC	3:09:45	3:12:42	2508.
1225	Rachel Cooper	F	974.	Female 21-34	217.	(Stoke-on-Trent)	3:10:33	3:13:34	2509.
355	Neil Lench	M	1536.	Male 55-59	166.	(Stoke-on-Trent)	3:10:40	3:13:36	2510.
681	Hannah Cawthray	F	975.	Female 35-39	125.	(Prestatyn)	3:13:53	3:13:53	2511.
979	Kay Elliott	F	976.	Female 60-64	44.	(Halifax)	3:10:34	3:14:02	2512.
1522	April Mcdaid	F	977.	Female 21-34	218.	Chester Road Runners	3:11:01	3:14:05	2513.
1492	Sarah Davies	F	978.	Female 40-44	130.	Chester Road Runners	3:12:02	3:14:12	2514.
3040	Kat Lang	F	979.	Female 40-44	131.	Fylde Coast Runners	3:11:36	3:14:53	2515.
3041	Amanda Bowen	F	980.	Female 50-54	156.	(Blackpool)	3:11:37	3:14:53	2516.
2193	Emma Quinn	F	981.	Female 40-44	132.	Blackpool Freedom Runners	3:11:37	3:14:53	2517.
1020	Eleanor Bryant	F	982.	Female 40-44	133.	(Lampeter)	3:12:17	3:15:00	2518.
975	Michelle Jones	F	983.	Female 50-54	157.	Brighthouse Bumbles Bees	3:12:38	3:16:06	2519.
169	Jane Magee	F	984.	Female 60-64	45.	Shropshire Shufflers	3:14:05	3:16:22	2520.
1538	Louise Jervis	F	985.	Female 50-54	158.	Ramsbottom Running Club	3:13:06	3:16:37	2521.
3119	Helen Roberts	F	986.	Female 45-49	184.	Clwb Run Wales	3:14:46	3:17:38	2522.
1857	Corinne Ricciardi	F	987.	Female 55-59	88.	Club run wales	3:14:46	3:17:38	2523.
705	Karen Clayton	F	988.	Female 50-54	159.	(Newport)	3:14:55	3:18:26	2524.
213	Clare Mead	F	989.	Female 50-54	160.	Trawden AC	3:16:55	3:18:56	2525.
1161	Preety George	F	990.	Female 45-49	185.	Dynamic Running Cairns	3:20:48	3:22:56	2526.
379	Clair Presford	F	991.	Female 55-59	89.	(Holywell)	3:21:36	3:24:56	2527.

## Conwy Half Marathon 2023

### Overall Results

<b>Bib</b>	<b>Name</b>	<b>Gender</b>	<b>Pos.</b>	<b>AG</b>	<b>Pos.</b>	<b>Club</b>	<b>ChipTime</b>	<b>GunTime</b>	<b>Pos.</b>
820	Lindsey Ashworth	F	992.	Female 55-59	90.	Chester Road Runners	3:24:29	3:25:54	2528.
2410	Debs Mcquair	F	993.	Female 50-54	161.	Chester Road Runners	3:23:39	3:25:54	2529.
246	Robert Syrett	M	1537.	Male 55-59	167.	Stoke FIT	3:25:56	3:28:18	2530.
980	Bill Elliott	M	1538.	Male 65-69	37.	(Halifax)	3:26:03	3:29:32	2531.
3016	Xavier Drury	M	a.k.	Male 21-34	a.k.	Dolphin Rescue Society	1:09:25	1:09:25	a.k.

Number of records: 2532