

Bangor Half Marathon 2017

Bib	Forename	Surname	Gender	Pos	Category	Pos	Club	Gun Time	Pos	Chip Time
322	Robert	Fox	Male	1.	Male 12-20	1.	City Of York	1:25:03,35	1.	1:25:01,67
295	Bromley	Sibson	Male	2.	Male 21-34	1.		1:28:21,88	2.	1:28:19,12
241	Dan	Parry	Male	3.	Male 21-34	2.		1:29:28,02	3.	1:29:21,42
157	Robbie	Burke	Male	4.	Male 50-54	1.	Liverpool Running Club	1:30:37,53	4.	1:30:34,11
315	Ian	Ferguson	Male	5.	Male 35-39	1.	Cybi Striders	1:30:42,34	5.	
218	Chris	Murphy	Male	6.	Male 45-49	1.		1:30:46,47	6.	1:30:32,94
138	Mark	Warwick	Male	7.	Male 55-59	1.	Team Derby Runner	1:32:03,14	7.	1:32:00,63
152	Kyle	Hazelaar	Male	8.	Male 35-39	2.	Wigan & District H & Ac	1:32:27,19	8.	1:32:17,82
55	Martin	Dorrill	Male	9.	Male 50-54	2.	Kenilworth Runners	1:32:31,50	9.	1:32:26,02
183	David	Gibson	Male	10.	Male 21-34	3.		1:32:35,83	10.	1:32:14,76
320	Rob	Owen	Male	11.	Male 21-34	4.		1:32:52,80	11.	1:32:28,69
276	Ian	Gibson	Male	12.	Male 21-34	5.		1:33:10,54	12.	1:32:22,65
36	Nick	Jones	Male	13.	Male 35-39	3.		1:33:24,97	13.	1:33:07,83
70	Steven	Roberts	Male	14.	Male 50-54	3.	Nwrrc	1:33:30,63	14.	1:33:24,97
86	Emma	Bailey	Female	1.	Female 40-44	1.	Barlick Fell Runners	1:33:38,88	15.	1:33:35,84
153	Connor	Ohagan	Male	15.	Male 21-34	6.		1:33:40,65	16.	1:33:21,42
253	Lucy	Williamson	Female	2.	Female 12-20	1.	Ilkley Harriers	1:33:54,38	17.	1:33:51,10
324	Iwan	Edgar	Male	16.	Male 60-64	1.	Eryri Harriers	1:34:28,46	18.	1:34:25,16
185	Llyr	Ap Gruffydd	Male	17.	Male 21-34	7.		1:35:16,14	19.	1:34:45,18
103	Artur	Gendek	Male	18.	Male 21-34	8.		1:36:12,13	20.	1:35:40,51
321	Des	Larkin	Male	19.	Male 45-49	2.		1:36:17,69	21.	1:36:02,32
234	Paul	Cash	Male	20.	Male 40-44	1.		1:36:58,86	22.	1:36:54,24
228	Andrew	Holloway	Male	21.	Male 35-39	4.		1:37:12,65	23.	1:37:04,56
291	Clare	Jones	Female	3.	Female 35-39	1.		1:37:27,16	24.	1:37:23,22
286	Scott	Butterworth	Male	22.	Male 45-49	3.	Gog Triathlon Club	1:37:39,93	25.	1:37:24,13
67	Gethin	Jones	Male	23.	Male 21-34	9.	North Wales Road Runners	1:37:43,74	26.	1:37:38,64
50	Aaron	Haggas	Male	24.	Male 35-39	5.		1:38:00,57	27.	1:37:30,63
189	Mike	Smith	Male	25.	Male 21-34	10.		1:38:26,03	28.	1:38:10,61
323	Suzy	Cumming	Female	4.	Female 40-44	2.		1:38:31,01	29.	1:38:25,26
233	Mark	Golightly	Male	26.	Male 21-34	11.		1:39:10,13	30.	1:38:49,57
245	Anya	Lawrence	Female	5.	Female 12-20	2.	Halesowen Acc	1:40:14,65	31.	1:40:11,23
209	Leslie	Ritchie	Male	27.	Male 60-64	2.		1:40:22,33	32.	1:40:15,06
313	Rhi	Willmot	Female	6.	Female 21-34	1.	Cybi Striders	1:41:41,15	33.	1:41:27,79
304	Kevin	Clark	Male	28.	Male 50-54	4.	Cybi Striders	1:41:41,29	34.	1:41:27,96
117	Sam	Ostermeyer	Male	29.	Male 21-34	12.	Shopshire Shufflers	1:42:08,60	35.	1:42:04,13
251	Ryan	Willmott	Male	30.	Male 21-34	13.		1:42:14,07	36.	1:42:11,82
210	Philip	Langley	Male	31.	Male 35-39	6.		1:42:30,37	37.	1:41:26,11
272	Dave	Toft	Male	32.	Male 45-49	4.	Deestriders R C	1:42:49,91	38.	1:42:39,55
92	Gary	Jones	Male	33.	Male 45-49	5.		1:43:04,25	39.	1:42:44,96
106	Mike	Larkin	Male	34.	Male 45-49	6.		1:43:38,65	40.	1:43:22,67
198	Stephen	Roberts	Male	35.	Male 21-34	14.		1:43:46,98	41.	1:43:14,26
188	Paul	Cassidy	Male	36.	Male 35-39	7.		1:43:47,17	42.	1:43:14,46
177	Simon	Jones	Male	37.	Male 45-49	7.	Newcastle (staffs) Ac	1:43:47,43	43.	1:43:26,42
213	Andrew	Parker	Male	38.	Male 40-44	2.		1:43:49,81	44.	1:43:01,13
281	Owain	Roberts	Male	39.	Male 21-34	15.		1:44:16,83	45.	1:44:00,31
5	David	Fennah	Male	40.	Male 45-49	8.	Wetherby Runners	1:44:22,35	46.	1:44:19,90
287	Laurie	Bride	Male	41.	Male 21-34	16.		1:44:44,65	47.	1:44:29,48
263	Giuseppe	Conte	Male	42.	Male 40-44	3.		1:44:46,05	48.	1:44:31,84
327	Matthew	Dudley	Male	43.	Male 40-44	4.		1:45:00,39	49.	1:44:23,30
265	Gareth	Hughes	Male	44.	Male 40-44	5.		1:45:04,01	50.	1:44:49,77
212	Chris	Hughes	Male	45.	Male 35-39	8.		1:45:05,13	51.	1:44:52,68
226	Mark	Hammerton	Male	46.	Male 45-49	9.		1:45:10,33	52.	1:44:33,38
230	Donald	Morgan	Male	47.	Male 50-54	5.	Harrogate Harriers	1:45:13,73	53.	1:44:56,97
284	Andrea	Cody	Female	7.	Female 21-34	2.	Abergele Harriers	1:46:00,39	54.	1:45:35,14
195	Darren	Tweats	Male	48.	Male 21-34	17.		1:46:03,41	55.	1:45:54,47
23	Dafydd	Thomas	Male	49.	Male 21-34	18.		1:46:08,63	56.	1:45:48,67
314	Tomos	Lewis	Male	50.	Male 21-34	19.		1:46:17,01	57.	1:46:12,33
211	Iwan	Williams	Male	51.	Male 21-34	20.		1:46:32,61	58.	1:46:12,95
243	Nick	O'Brien	Male	52.	Male 35-39	9.		1:46:53,41	59.	1:46:43,29
13	Louise	Goodwin	Female	8.	Female 35-39	2.		1:47:25,83	60.	1:47:11,25
282	Ian	Winter	Male	53.	Male 21-34	21.		1:47:42,76	61.	1:47:34,92
310	Dyfnallt	Huws	Male	54.	Male 40-44	6.	Cybi Striders	1:47:54,43	62.	1:47:36,13
231	Simon	Collier	Male	55.	Male 21-34	22.		1:48:00,68	63.	1:47:21,77
297	Bryan	Williams	Male	56.	Male 50-54	6.		1:48:08,18	64.	1:48:02,30
132	Andy	Gilbert	Male	57.	Male 35-39	10.		1:48:18,28	65.	1:47:53,14
73	Ryan	Mills	Male	58.	Male 21-34	23.		1:48:30,27	66.	1:48:10,24
271	Phil	Highton	Male	59.	Male 45-49	10.		1:48:39,74	67.	1:48:15,23
264	Paul	Neill	Male	60.	Male 45-49	11.	Warrington Running Club	1:48:43,36	68.	1:48:24,96
20	Simon	Elliott	Male	61.	Male 40-44	7.	Sudbury Joggers	1:48:54,41	69.	1:48:27,17

274	John	Macneil	Male	62.	Male 40-44	8.		1:49:07,84	70.	1:48:31,75
154	Michael	Thomas	Male	63.	Male 21-34	24.	Shrewsbury Ac	1:49:16,06	71.	1:49:00,97
109	Ryan	Buttery	Male	64.	Male 12-20	2.		1:49:32,42	72.	1:49:15,97
30	Gareth	Catherall	Male	65.	Male 40-44	9.		1:49:40,55	73.	1:49:13,40
239	Richard	Wise	Male	66.	Male 50-54	7.		1:49:56,51	74.	1:49:46,46
197	Steve	Morris	Male	67.	Male 35-39	11.		1:50:05,97	75.	1:49:59,57
216	Patrick	Hemus	Male	68.	Male 21-34	25.		1:50:15,87	76.	1:49:20,45
112	Craig	Case	Male	69.	Male 21-34	26.		1:50:18,01	77.	1:49:29,42
236	Jan	Muir	Female	9.	Female 50-54	1.		1:50:23,37	78.	1:50:21,79
77	Dean	Shafto	Male	70.	Male 35-39	12.		1:50:41,86	79.	1:49:44,98
225	Paul	Modern	Male	71.	Male 21-34	27.		1:50:47,38	80.	1:50:07,51
267	Clare	Foreman	Female	10.	Female 35-39	3.		1:50:47,42	81.	1:50:30,27
316	Ieuan	Davies	Male	72.	Male 45-49	12.		1:50:50,09	82.	1:49:59,34
190	Christine	Cammillare	Female	11.	Female 21-34	3.	Deestriders	1:50:58,88	83.	1:50:47,62
137	Janine	Gall	Female	12.	Female 45-49	1.	Team Derby Runner	1:51:10,55	84.	1:51:02,85
191	William	Wood	Male	73.		1.		1:51:13,41	85.	1:50:25,22
57	Steven	Ross	Male	74.	Male 35-39	13.	Sheffield Rc	1:51:19,19	86.	1:50:46,36
4	Alan	Newell	Male	75.	Male 45-49	13.	Abergele Harriers	1:51:29,05	87.	1:51:23,37
114	Peter	Black	Male	76.	Male 55-59	2.	Marple Runners	1:51:40,55	88.	1:51:15,78
40	David	Goddard	Male	77.	Male 21-34	28.		1:52:02,49	89.	1:51:44,74
302	James	Fisher-Jones	Male	78.	Male 12-20	3.		1:52:07,74	90.	1:51:55,89
118	Peter	Greno	Male	79.	Male 21-34	29.		1:52:20,43	91.	1:51:41,99
294	Beeza	Drew	Female	13.	Female 45-49	2.		1:52:22,96	92.	1:51:37,71
41	Martin	Warne	Male	80.	Male 21-34	30.		1:52:32,45	93.	1:52:04,42
301	Lee	Bridge	Male	81.	Male 21-34	31.		1:52:46,44	94.	1:52:34,54
193	Rachel	Owen	Female	14.	Female 35-39	4.		1:53:00,32	95.	1:52:38,81
240	Robert	Taylor	Male	82.	Male 45-49	14.		1:53:03,01	96.	1:52:13,26
14	Llion	Baines	Male	83.	Male 45-49	15.		1:53:16,26	97.	1:52:16,47
19	Debbie	Millington	Female	15.	Female 35-39	5.	Warrington Running Club	1:53:20,68	98.	1:53:02,68
131	Rachel	Wood	Female	16.	Female 40-44	3.	Bridgnorth Running Club	1:53:27,15	99.	1:53:18,22
181	Phil	Williams	Male	84.	Male 40-44	10.		1:53:59,66	100.	1:53:43,00
108	Suzanne	Rowlands	Female	17.	Female 40-44	4.		1:54:15,54	101.	1:54:07,06
292	Lucy	O'donnell	Female	18.	Female 35-39	6.		1:54:27,58	102.	1:54:04,97
47	Yoichi	Sawada	Male	85.	Male 55-59	3.		1:54:32,05	103.	1:53:53,05
325	Izabella	Wanat	Female	19.	Female 21-34	4.		1:54:37,89	104.	1:54:33,80
160	Harry	Williams	Male	86.	Male 12-20	4.		1:54:52,40	105.	1:53:53,13
100	Andy	Los	Male	87.	Male 21-34	32.		1:54:57,57	106.	1:54:01,94
318	Iestyn	Harris	Male	88.	Male 50-54	8.		1:55:22,13	107.	1:54:25,72
299	Dave	Scott	Male	89.	Male 45-49	16.		1:55:35,73	108.	1:55:14,02
305	Karen	Kaiser	Female	20.	Female 40-44	5.		1:55:51,23	109.	1:54:48,31
150	Paul	Davies	Male	90.	Male 45-49	17.		1:55:56,94	110.	1:54:54,32
65	Lottie	Griffiths	Female	21.	Female 21-34	5.		1:56:13,44	111.	1:55:26,67
186	John	Cooper	Male	91.	Male 45-49	18.		1:56:14,16	112.	1:55:04,81
134	Harry	Souch	Male	92.	Male 21-34	33.		1:56:17,41	113.	1:55:27,65
39	Colin	Bourne	Male	93.	Male 45-49	19.	Michelin Ac	1:56:24,33	114.	1:55:51,05
37	Kevin	Mccourt	Male	94.	Male 50-54	9.	Michelin A.c.	1:56:25,29	115.	1:55:51,91
205	Beth	Robinson	Female	22.	Female 21-34	6.		1:56:30,14	116.	1:55:54,33
256	Bev	Atkin	Female	23.	Female 35-39	7.		1:56:31,15	117.	1:56:08,98
71	Marco	Wissing	Male	95.	Male 45-49	20.		1:56:31,95	118.	1:55:57,88
249	Steven	Andrews	Male	96.	Male 45-49	21.	Barnsley Harriers	1:56:37,62	119.	1:55:50,91
110	Gareth	Sandham	Male	97.	Male 40-44	11.		1:56:41,22	120.	1:56:25,59
155	Roy	Pennington	Male	98.	Male 50-54	10.		1:56:42,37	121.	1:55:53,19
262	Michaela	Jones	Female	24.		1.		1:57:02,70	122.	1:56:26,89
24	Alex	Bush	Male	99.	Male 35-39	14.	Wrexham Acc	1:57:09,87	123.	1:57:00,88
258	Ed	Richardson	Male	100.	Male 21-34	34.		1:57:10,50	124.	1:56:21,32
125	Deborah	Clarke	Female	25.	Female 45-49	3.		1:57:18,67	125.	1:56:51,01
221	Hannah	Davies	Female	26.	Female 21-34	7.		1:57:26,97	126.	1:56:40,78
222	Michaela	Jones	Female	27.	Female 21-34	8.		1:57:28,01	127.	1:56:40,80
141	Joshua	Clarke	Male	101.	Male 12-20	5.		1:57:45,80	128.	1:56:38,56
311	Gurjinder	Sandhu	Male	102.	Male 21-34	35.		1:57:56,61	129.	1:57:30,54
54	Debbie	Streets	Female	28.	Female 40-44	6.	Kenilworth Runners	1:58:10,10	130.	1:58:02,39
252	Kevin	Curtis	Male	103.	Male 60-64	3.		1:58:18,15	131.	1:58:04,36
113	Kathryn	Howard	Female	29.	Female 21-34	9.	Lymm Runners	1:58:25,33	132.	1:57:55,84
49	Andrew	Maddock	Male	104.	Male 35-39	15.	Hyde Park Harriers	1:58:33,95	133.	1:58:00,67
260	Avinash	Madhav	Male	105.	Male 45-49	22.		1:58:43,92	134.	1:58:25,85
277	Graham	Hughes	Male	106.	Male 45-49	23.		1:59:06,64	135.	1:58:37,91
26	Cat	Morton	Female	30.	Female 35-39	8.		1:59:13,83	136.	1:58:55,36
139	Jacqueline	Carter	Female	31.	Female 55-59	1.	Spenborough Ac	1:59:29,33	137.	1:59:11,38
98	Ian	Bath	Male	107.	Male 55-59	4.		1:59:31,19	138.	1:58:22,98
248	Daniel	Lee	Male	108.		2.		1:59:39,45	139.	1:59:01,54
247	Lorna	Macgregor	Female	32.	Female 21-34	10.		1:59:39,85	140.	1:59:00,56
279	Harriet	Hayto	Female	33.	Female 21-34	11.		1:59:40,31	141.	1:58:46,54
8	David	Morris	Male	109.	Male 35-39	16.		1:59:52,37	142.	1:59:09,40

206	Beni	Allen	Female	34.	Female 21-34	12.		2:00:10,27	143.	1:59:34,28
298	Aled	Backhouse	Male	110.	Male 21-34	36.		2:00:16,07	144.	1:59:26,84
107	Thomas	Gibbs	Male	111.	Male 21-34	37.		2:00:29,75	145.	1:59:44,84
142	Tom	Pytches	Male	112.	Male 12-20	6.		2:00:31,89	146.	2:00:12,40
182	Jason	Turner	Male	113.	Male 40-44	12.		2:00:35,74	147.	2:00:19,03
60	James	Platt	Male	114.	Male 12-20	7.		2:00:59,40	148.	2:00:05,31
187	Michael	Horton	Male	115.	Male 70-74	1.	Nsrra	2:01:46,62	149.	2:01:12,37
116	Stuart	Coe	Male	116.	Male 65-69	1.	Beaumont Running Club	2:01:51,12	150.	2:01:30,82
283	Joanne	Mather	Female	35.	Female 40-44	7.		2:02:09,36	151.	2:01:29,49
69	Rebekah	Grayson-Richardson	Female	36.	Female 35-39	9.		2:02:28,70	152.	2:02:14,30
122	Andrew	Barnard	Male	117.	Male 40-44	13.	Buckley Runners	2:02:59,54	153.	2:02:29,30
326	Sarah	Mcdonnell	Female	37.	Female 40-44	8.	Wirral Ac	2:03:10,80	154.	2:02:42,47
312	Davinder	Singh	Male	118.	Male 21-34	38.		2:03:11,44	155.	2:02:44,87
45	Steve	Newell	Male	119.	Male 50-54	11.		2:03:55,33	156.	2:02:45,25
143	Lindsey	Black	Female	38.	Female 35-39	10.		2:04:03,42	157.	2:03:43,27
202	Nina	Robinson	Female	39.	Female 21-34	13.		2:04:22,96	158.	2:03:42,32
203	Dave	Pardoe	Male	120.	Male 50-54	12.		2:04:23,88	159.	2:04:04,59
319	Shakir	Saeed	Male	121.	Male 40-44	14.		2:04:29,34	160.	2:04:21,81
44	Frances	Ross-Meadows	Female	40.	Female 45-49	4.		2:04:38,77	161.	2:03:46,77
105	Samantha	Clewlow	Female	41.	Female 21-34	14.	Stoke Fit	2:04:43,36	162.	2:04:28,97
51	Simon	Wilkins	Male	122.	Male 50-54	13.		2:04:48,00	163.	2:04:09,66
119	Tommy	Williams	Male	123.	Male 45-49	24.	Tattenhall Runners	2:05:10,44	164.	2:04:13,11
156	Lyndsey	Pleass	Female	42.	Female 21-34	15.	Chester Road Runners	2:05:11,16	165.	2:04:32,36
242	Simon	Lovell	Male	124.	Male 21-34	39.		2:05:18,56	166.	2:05:06,91
268	Martin	Lambert	Male	125.	Male 40-44	15.		2:05:19,61	167.	2:05:07,06
48	Jackie	Aspden	Female	43.	Female 50-54	2.		2:05:34,57	168.	2:04:45,34
63	Katherine	Edwards	Female	44.	Female 35-39	11.	Denbigh Harriers	2:05:36,33	169.	2:04:56,35
144	Elizabeth	Bottomley	Female	45.	Female 55-59	2.	Spenborough Ac	2:05:44,11	170.	2:05:25,65
140	Kerry	Podmore	Female	46.	Female 40-44	9.		2:05:45,69	171.	2:04:51,39
229	Alan	Owen	Male	126.	Male 45-49	25.		2:05:57,43	172.	2:05:17,02
136	Shaun	Nunn	Male	127.	Male 21-34	40.		2:06:11,88	173.	2:05:22,24
219	Shauna	Brown	Female	47.	Female 21-34	16.		2:06:27,29	174.	2:05:37,65
162	Zoe	Jones	Female	48.	Female 21-34	17.		2:06:31,56	175.	2:06:02,91
78	Simon	Sherriff	Male	128.	Male 55-59	5.		2:06:37,68	176.	2:05:31,17
99	Benjamin Sosorry	Davies-Thompson	Male	129.	Male 21-34	41.		2:07:12,36	177.	2:06:17,22
59	John	Monaghan	Male	130.	Male 45-49	26.		2:07:28,77	178.	2:07:01,10
214	Eleri	Noble	Female	49.	Female 21-34	18.		2:07:30,65	179.	2:07:01,80
217	Claire	Coles-Williams	Female	50.	Female 35-39	12.		2:07:48,21	180.	2:07:02,22
201	Paul	Wood	Male	131.	Male 21-34	42.		2:08:41,08	181.	2:07:48,48
15	David	Evanson	Male	132.	Male 21-34	43.		2:09:31,85	182.	2:09:06,78
72	Rainer	Birke	Male	133.	Male 45-49	27.		2:09:33,19	183.	2:08:54,90
76	Kevin	Goodwin	Male	134.	Male 21-34	44.		2:09:39,65	184.	2:08:39,15
84	Scott	Elvy	Male	135.	Male 21-34	45.		2:10:19,96	185.	2:09:25,60
170	Ian	Lewney	Male	136.	Male 45-49	28.		2:10:24,65	186.	2:10:09,35
171	Shaun	Lewis-Green	Male	137.	Male 55-59	6.		2:10:24,72	187.	2:10:09,72
266	Michael	Williams	Male	138.	Male 50-54	14.	Road Runners Club	2:10:28,90	188.	2:10:19,12
235	Daniel	Heaton	Male	139.	Male 21-34	46.		2:10:33,10	189.	2:09:27,78
82	Steve	Edwards	Male	140.	Male 55-59	7.		2:10:50,66	190.	2:10:16,59
97	Sarah	Matthews	Female	51.	Female 35-39	13.	Widnes Running Club	2:11:15,05	191.	2:10:46,15
300	Rhys	Parry	Male	141.	Male 35-39	17.		2:11:21,72	192.	2:10:18,28
227	Mike	Burns	Male	142.	Male 50-54	15.		2:11:33,26	193.	2:10:28,83
175	Madelyn	Baines	Female	52.	Female 21-34	19.		2:12:09,04	194.	2:11:33,00
285	Rhys	Roberts	Male	143.	Male 55-59	8.		2:12:28,31	195.	2:11:30,59
146	Mandy	Owen	Female	53.	Female 40-44	10.	Nwrrc	2:12:50,68	196.	2:12:24,89
43	Ann	Frost	Female	54.	Female 60-64	1.		2:13:18,29	197.	2:12:25,79
123	Susan	Hird	Female	55.	Female 60-64	2.		2:13:30,42	198.	2:13:07,49
102	Bethan	Jones-Owen	Female	56.	Female 21-34	20.		2:13:30,52	199.	2:12:51,04
288	Emma	Hill	Female	57.	Female 40-44	11.		2:13:44,49	200.	2:12:49,75
52	Neil	Pleasant	Male	144.	Male 40-44	16.	Oldham & Royton H & Ac	2:13:55,53	201.	2:12:59,82
88	Gerallt	Davies	Male	145.	Male 21-34	47.		2:15:13,08	202.	2:15:06,68
269	Lisa	Dafydd	Female	58.	Female 21-34	21.	Denbigh Harriers	2:15:21,74	203.	2:14:48,16
151	Dave	Bailey	Male	146.	Male 40-44	17.		2:15:33,01	204.	2:14:45,26
289	Geoff	Senior	Male	147.	Male 50-54	16.		2:15:35,64	205.	2:14:39,73
296	Bryony	Keyse	Female	59.	Female 21-34	22.		2:15:52,22	206.	2:15:41,99
90	Wyn	Edwards	Male	148.	Male 21-34	48.		2:15:59,62	207.	2:15:43,17
246	Geraint	Llyn	Male	149.	Male 35-39	18.		2:16:10,53	208.	2:15:37,87
306	Simon	Whitehead	Male	150.	Male 50-54	17.		2:16:45,99	209.	2:15:41,47
192	Steffan	Thomas	Male	151.	Male 21-34	49.		2:16:46,88	210.	2:16:24,65
149	Heledd	Ainsworth	Female	60.	Female 12-20	3.		2:17:09,93	211.	2:16:22,43
158	Steve	King	Male	152.	Male 40-44	18.		2:17:27,09	212.	2:16:35,19
257	Amiee	Bell	Female	61.	Female 21-34	23.		2:17:54,11	213.	2:17:27,34
120	Matthew	Dowie	Male	153.	Male 21-34	50.		2:18:17,83	214.	2:17:13,32
244	Alison	Langley	Female	62.	Female 35-39	14.		2:18:40,46	215.	2:17:35,82

101	Phil	Rowlands	Male	154.	Male 35-39	19.		2:20:01,33	216.	2:19:24,37
25	Catrin	Tudur	Female	63.	Female 35-39	15.		2:21:59,08	217.	2:21:40,28
135	Jason	Cundick	Male	155.	Male 45-49	29.	Dragons Running Club	2:22:00,90	218.	2:21:11,22
89	Chris	Hildebrand	Male	156.	Male 21-34	51.		2:23:07,22	219.	2:22:11,68
165	Patricia	Edwards	Female	64.	Female 40-44	12.		2:23:13,27	220.	2:22:27,34
180	Josie	Davies	Female	65.	Female 55-59	3.	North Wales Road Runners	2:23:28,65	221.	2:23:03,46
81	Raffaella	Rodighiero	Female	66.	Female 21-34	24.		2:23:56,02	222.	2:23:05,75
68	Carlo	Briffa	Male	157.	Male 40-44	19.		2:24:14,32	223.	2:23:17,13
35	John	Futter	Male	158.	Male 45-49	30.		2:25:07,06	224.	2:24:43,59
290	Celia	Free	Female	67.	Female 45-49	5.	Gog Triathlon Club	2:25:21,68	225.	2:24:31,16
250	Shelly	Jones	Female	68.	Female 35-39	16.		2:25:31,24	226.	2:25:06,04
259	Joanne	Jordan	Female	69.	Female 35-39	17.		2:25:33,42	227.	2:24:32,47
32	Daniel	Bray	Male	159.	Male 21-34	52.		2:27:30,54	228.	2:26:24,72
309	Sophie	Thomas	Female	70.	Female 21-34	25.		2:28:02,02	229.	2:26:56,99
308	Rowena	Thomas	Female	71.	Female 21-34	26.		2:28:02,14	230.	2:26:56,82
46	Rachel	Upson-White	Female	72.	Female 35-39	18.		2:28:14,54	231.	2:27:12,71
66	Michelle	Henderson	Female	73.	Female 40-44	13.	Wrexham Aac	2:28:14,64	232.	2:27:12,81
261	Michael	Bailey	Male	160.	Male 21-34	53.		2:28:21,99	233.	2:27:26,23
254	Heledd	Owen	Female	74.	Female 21-34	27.		2:28:22,72	234.	2:27:23,98
204	Sharon	Pardoe	Female	75.	Female 45-49	6.		2:29:05,07	235.	2:28:47,25
22	Bethan	Medlicott	Female	76.	Female 21-34	28.		2:29:36,96	236.	2:29:03,07
163	Alex	Flint	Male	161.	Male 21-34	54.		2:29:47,38	237.	2:28:55,11
159	Aggy	York	Female	77.	Female 35-39	19.	Labc Runners	2:30:12,01	238.	2:29:40,07
104	Samantha	Richard	Female	78.	Female 45-49	7.	Labc Runners	2:30:12,08	239.	2:29:40,05
10	Josephine	Johnson	Female	79.	Female 45-49	8.		2:30:37,55	240.	2:29:53,62
17	Nicola	Birkett	Female	80.	Female 35-39	20.		2:30:58,18	241.	2:29:57,88
255	Lynn	Jones	Female	81.	Female 40-44	14.		2:31:13,00	242.	2:30:22,47
129	Becky	Barnwell	Female	82.	Female 21-34	29.		2:32:58,28	243.	2:32:43,06
200	Kevin	Maguire	Male	162.	Male 70-74	2.	Winston Runners	2:34:17,40	244.	2:33:56,59
224	Kathrine	James	Female	83.	Female 40-44	15.		2:35:15,68	245.	2:34:30,07
27	Miriam	Wasik-Evans	Female	84.	Female 21-34	30.		2:36:17,19	246.	2:35:58,47
31	James	Thomas	Male	163.	Male 21-34	55.		2:37:26,24	247.	2:36:19,79
223	David	Parker	Male	164.	Male 60-64	4.		2:39:35,96	248.	2:38:45,84
53	Steve	Bullows	Male	165.	Male 55-59	9.	Hyde Striders	2:41:14,88	249.	2:40:20,02
62	Phil	Catton	Male	166.	Male 60-64	5.		2:41:17,34	250.	2:40:32,63
64	Gareth	Roberts	Male	167.	Male 65-69	2.		2:41:17,86	251.	2:40:32,94
83	Keith	Tubman	Male	168.	Male 70-74	3.		2:41:58,52	252.	2:40:51,86
172	Helen	Fuller	Female	85.	Female 45-49	9.		2:42:07,76	253.	2:41:08,24
173	Colette	Halpenny	Female	86.	Female 40-44	16.		2:42:08,10	254.	2:41:08,19
115	Colin	Stuhlfelder	Male	169.	Male 40-44	20.		2:42:45,88	255.	2:41:37,10
34	Kathleen	Mellor	Female	87.	Female 55-59	4.	Stoke Fit	2:44:13,06	256.	2:43:04,33
184	Salima	Behillil	Female	88.	Female 21-34	31.		2:44:18,32	257.	2:44:07,50
38	Peter	Carroll	Male	170.	Male 21-34	56.		2:46:51,83	258.	2:45:57,09
196	Katie	Hannah	Female	89.	Female 21-34	32.		2:49:21,43	259.	2:48:24,61
87	Gary	Bailey	Male	171.	Male 40-44	21.	Barlick Fell Runners	2:52:38,72	260.	2:52:16,43
167	Dane	Stokes	Male	172.	Male 21-34	57.		2:53:12,49	261.	2:52:04,36
93	Einir	Roberts	Female	90.	Female 21-34	33.		2:54:22,75	262.	2:54:03,75
33	Shaz	Whitfield	Female	91.	Female 45-49	10.	Stokefit	2:54:35,00	263.	2:53:26,35
42	Brittany	Budden	Female	92.	Female 12-20	4.		2:59:59,56	264.	2:58:56,77
238	Olwyn	Jones	Female	93.	Female 40-44	17.		3:16:32,18	265.	3:15:31,34
273	Catrin	Hughes	Female	94.	Female 21-34	34.		3:16:32,20	266.	3:16:19,47
237	Louise	Williams	Female	95.	Female 45-49	11.		3:16:32,25	267.	3:15:31,05