

RunWales.com Conwy half Marathon 2013

Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
2	Benson	Olenakeri Oloisung'A	M	1	MSEN	1	Team Run-Fast	00:15:40	1	00:45:38	1	00:49:32	1	01:05:57	1	01:05:56	1
2436	Andi	Jones	M	2	M35-39	1	Stockport Harriers & AC	00:15:53	2	00:46:29	2	00:50:22	2	01:06:41	2	01:06:41	2
3	Colin	Leak	M	3	MSEN	2	Team Run-Fast	00:16:08	3	00:47:24	3	00:51:19	3	01:07:31	3	01:07:31	3
2734	Rob	Samuel	M	4	MSEN	3	Eryri Harriers	00:16:28	5	00:47:30	5	00:51:19	4	01:07:33	4	01:07:33	4
2736	Ben	Gamble	M	5	MSEN	4	Tipton Harriers	00:16:28	4	00:47:28	4	00:51:25	5	01:07:54	5	01:07:53	5
4	Thomas	Payn	M	6	MSEN	5	Team Run-Fast	00:16:30	6	00:49:04	7	00:53:07	7	01:09:54	6	01:09:53	6
2729	Tom	Charles	M	7	MSEN	6	Trafford AC	00:16:50	8	00:49:02	6	00:53:07	6	01:10:13	7	01:10:13	7
2735	Tarus	Elly	M	8	MSEN	7	Salford Harriers	00:16:49	7	00:50:09	8	00:54:05	8	01:11:02	8	01:11:01	8
2495	Brendan	Rothery	M	9	M35-39	2	Eryri Harriers	00:17:14	9	00:51:11	9	00:55:27	9	01:13:30	9	01:13:30	9
11	Jordan	Evans	M	10	MSEN	8	Eryri Harriers	00:17:52	14	00:51:59	15	00:56:14	12	01:13:55	10	01:13:54	10
16	Simon	Newton	M	11	M35-39	3	Barnsley AC	00:17:52	13	00:51:43	11	00:56:07	11	01:14:01	11	01:13:59	11
21	Jon	Dance	M	12	M35-39	4		00:17:51	12	00:51:59	13	00:56:15	13	01:14:12	12	01:14:11	12
2497	Mat	Rushbrook	M	13	M35-39	5	Knutsford Tri club	00:17:49	11	00:51:31	10	00:55:53	10	01:14:29	13	01:14:27	13
2520	Iain	Whiteside	M	14	MSEN	9	Carnethy HRC	00:17:55	15	00:51:59	12	00:56:18	14	01:14:40	14	01:14:39	14
6	Rob	Downs	M	15	M45-49	1	Wilmslow Running Club	00:17:49	10	00:51:59	14	00:56:19	15	01:14:44	15	01:14:43	15
26	Fredrik	Sohlberg	M	16	M40-44	1	Vallentuna FK - Sweden	00:18:33	20	00:53:41	16	00:58:12	16	01:16:48	16	01:16:48	16
7	Michael	Mawby	M	17	MSEN	10	Glossopdale Harriers	00:18:32	18	00:54:18	18	00:58:49	18	01:17:31	17	01:17:30	17
614	Mark	Gittins	M	18	MSEN	11	City of Chester Triathlon Club	00:18:30	17	00:54:17	17	00:58:47	17	01:17:47	18	01:17:44	18
5	Martin	Green	M	19	M35-39	6	NWRRRC	00:18:50	26	00:54:28	20	00:58:59	19	01:17:58	19	01:17:57	19
2582	Ali	Lavender	F	1	FSEN	1	Oswestry Olympians	00:18:50	25	00:54:43	21	00:59:13	21	01:18:40	20	01:18:39	20
1900	Philip	Walton	M	20	MSEN	12	Wallasey Athletic Club	00:18:32	19	00:54:55	23	00:59:34	23	01:18:47	21	01:18:46	21
8	Dave	Lemon	M	21	MSEN	13	Deeside AAC	00:17:58	16	00:54:25	19	00:59:09	20	01:18:50	22	01:18:49	22
630	Robert	Jones	M	22	MSEN	14	Wrexham Athletics Club	00:18:52	33	00:54:46	22	00:59:28	22	01:18:56	23	01:18:52	23
2590	Andrew	Whittingham	M	23	M40-44	2	Wilmslow Running Club	00:18:35	21	00:55:10	24	00:59:50	24	01:19:20	24	01:19:18	24
1418	Andy	Campbell	M	24	M35-39	7	Wreccsam Tri Club	00:18:51	32	00:55:17	25	00:59:54	25	01:19:29	25	01:19:26	25
2518	Megan	Crawford	F	2	FU25	1	Fife AC	00:18:57	36	00:55:56	29	01:00:36	30	01:19:38	26	01:19:34	26
2043	Peter	Stockdale	M	25	MSEN	15	UKNetrunner	00:18:49	24	00:56:02	30	01:00:35	29	01:19:42	27	01:19:38	27
13	Jim	Pendrill	M	26	M40-44	3	Wilmslow Running Club	00:18:49	23	00:55:37	27	01:00:11	26	01:19:49	28	01:19:48	28
9	Diane	Mccormick	F	3	F35-39	1	Wilmslow Running Club	00:18:50	29	00:55:46	28	01:00:28	28	01:20:16	29	01:20:14	29
2036	Mark	Clair	M	27	MSEN	16	Knowsley Harrier AC	00:18:50	28	00:55:34	26	01:00:20	27	01:20:35	30	01:20:33	30
10	Matt	Holt	M	28	M35-39	8	East Cheshire	00:18:50	27	00:56:09	31	01:00:53	31	01:21:05	31	01:21:03	31
699	Paul	Skipper	M	29	MSEN	17	Mersey Tri	00:19:35	44	00:56:27	32	01:01:10	32	01:21:12	32	01:21:07	32
2018	Tom	Mcgaff	M	30	M55-59	1	Wilmslow Running Club	00:19:29	40	00:56:47	34	01:01:30	33	01:21:23	33	01:21:18	33
2674	Richard	Webster	M	31	M45-49	2	Wallasey Athletic Club	00:18:53	34	00:56:45	33	01:01:34	35	01:21:28	34	01:21:26	34
1248	Dewi	Owen	M	32	M35-39	9	Eryri Harriers	00:19:18	39	00:56:49	35	01:01:33	34	01:21:36	35	01:21:33	36
1189	Andrew	Birch	M	33	M40-44	4	Trismart	00:19:36	45	00:56:56	39	01:01:46	38	01:21:36	36	01:21:29	35
2143	Mark	O'Brien	M	34	MSEN	18		00:18:51	31	00:57:25	42	01:02:09	42	01:21:59	37	01:21:55	37
2649	Andrew	Leighton	M	35	MSEN	19		00:19:32	42	00:57:02	40	01:01:52	40	01:22:02	38	01:22:00	38
20	Arthur	Connell	M	36	MSEN	20	Eryri Harriers	00:18:50	30	00:56:50	36	01:01:35	36	01:22:28	39	01:22:27	41
1034	Paul	Evans	M	37	M40-44	5	Wreccsam Tri Club	00:19:31	41	00:57:07	41	01:01:56	41	01:22:29	40	01:22:07	39
2683	Mark	Traynor	M	38	M45-49	3		00:19:43	51	00:57:36	45	01:02:25	45	01:22:34	41	01:22:23	40
2094	Karl	Ashworth	M	39	MSEN	21		00:19:39	47	00:57:33	44	01:02:23	44	01:22:37	42	01:22:31	42
2066	Jodi	Waters	M	40	M35-39	10		00:19:14	38	00:57:31	43	01:02:22	43	01:22:50	43	01:22:49	43
1288	Declan	Bulmer	M	41	MU25	1	wharfdale	00:18:58	37	00:57:51	47	01:02:40	47	01:23:09	44	01:23:07	44
2463	James	Hickinbottom	M	42	MSEN	22	Wrekin Road Runners	00:19:54	55	00:58:07	50	01:02:58	49	01:23:17	45	01:23:13	45
15	Becky	Lewis	F	4	FSEN	2		00:19:51	53	00:57:57	48	01:02:51	48	01:23:22	46	01:23:19	46
2403	Robert	Renwick	M	43	M35-39	11		00:18:46	22	00:57:41	46	01:02:39	46	01:23:33	47	01:23:29	47
1839	Xavier	Manel-La Pujol	M	44	MSEN	23	Manchester Triathlon Club	00:18:55	35	00:56:53	38	01:01:47	39	01:23:35	48	01:23:32	48
2410	Pete	Ackerley	M	45	M40-44	6	Warrington Road Runners	00:19:40	48	00:58:25	51	01:03:18	51	01:23:52	49	01:23:47	49
160	Steve	Smith	M	46	M40-44	7	Wallasey Athletic Club	00:19:40	49	00:58:07	49	01:03:03	50	01:23:57	50	01:23:53	50
1525	Jeremy	Bygrave	M	47	M40-44	8	Wilmslow Running Club	00:20:15	64	00:59:14	60	01:04:06	58	01:24:02	51	01:23:55	51
2557	Lee	Hughes	M	48	M35-39	12	Lymm runners	00:19:40	50	00:58:41	55	01:03:32	54	01:24:12	52	01:24:07	53
1206	Paul	Martin	M	49	MSEN	24	Mersey Tri	00:20:19	68	00:58:25	52	01:03:23	53	01:24:21	53	01:24:02	52

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1511	Allan	Mcvey	M	50	MSEN	25	Wilmslow Running Club	00:20:04	56	00:58:44	56	01:03:42	55	01:24:22	54	01:24:16	54
1590	Aaron	Nicholas	M	51	M45-49	4	Eryri Harriers	00:20:07	57	00:58:27	53	01:03:19	52	01:24:34	55	01:24:31	56
1789	Pete	Davis	M	52	MSEN	26		00:20:25	73	00:59:09	57	01:04:02	57	01:24:44	56	01:24:23	55
12	Arwel	Lewis	M	53	M55-59	2	Eryri Harriers	00:20:08	59	00:59:21	62	01:04:21	61	01:24:48	57	01:24:47	57
579	Huw	Owen	M	54	M35-39	13	Eryri Harriers	00:20:08	58	00:59:11	58	01:04:07	60	01:25:00	58	01:24:57	59
2578	Paul	Jones	M	55	M40-44	9	Eryri Harriers	00:20:32	77	01:00:01	74	01:04:56	71	01:25:03	59	01:24:55	58
2364	Gwyn	Roberts	M	56	M40-44	10		00:20:32	78	01:00:01	75	01:04:56	73	01:25:14	60	01:25:06	60
2194	Phil	Lynes	M	57	MSEN	27	Welsh Triathlon	00:20:09	60	00:59:39	66	01:04:41	69	01:25:17	61	01:25:12	61
2113	Andrew	Prescott	M	58	MSEN	28	Liverpool Harriers	00:20:32	80	00:59:39	65	01:04:34	64	01:25:20	62	01:25:17	63
162	Oliver	Harrison-Jones	M	59	MU25	2		00:21:05	111	00:59:52	68	01:04:36	66	01:25:23	63	01:25:14	62
1752	John	Mcmanman	M	60	M35-39	14	Liverpool Running Club	00:20:55	97	01:00:09	77	01:05:03	74	01:25:26	64	01:25:19	64
1440	Robin	Clegg	M	61	M35-39	15	Heanor RC	00:21:04	110	00:59:52	69	01:04:41	68	01:25:31	65	01:25:22	65
1108	Neil	Bullock	M	62	MSEN	29	Penny Lane Striders	00:20:11	61	00:59:20	61	01:04:28	63	01:25:33	66	01:25:28	66
2752	Matt	Gawne	M	63	MU25	3		00:20:20	70	00:59:12	59	01:04:07	59	01:25:40	67	01:25:30	67
2774	Sarah	Caskey	F	5	FU25	2	Bangor University Athletics Cl	00:20:12	62	00:59:41	67	01:04:38	67	01:25:54	68	01:25:52	68
640	Mike	Hill	M	64	M45-49	5	Wilmslow Running Club	00:20:19	69	00:59:31	64	01:04:35	65	01:25:59	69	01:25:54	69
1230	Ian	Roche	M	65	MSEN	30	Mersey Tri	00:20:17	66	01:00:00	73	01:05:04	75	01:26:09	70	01:26:04	71
748	Hugh	Dixon	M	66	M50-54	1		00:19:35	43	00:58:29	54	01:03:45	56	01:26:17	71	01:25:54	70
535	Ian	Fraser	M	67	M45-49	6	Fell Running Association	00:20:31	76	00:59:59	72	01:04:56	72	01:26:19	72	01:26:10	72
2123	Garry	Owens	M	68	M45-49	7	Oswestry Olympians	00:20:38	85	00:59:57	70	01:04:55	70	01:26:20	73	01:26:16	74
463	Sam	Orton	M	69	M35-39	16		00:19:37	46	00:56:52	37	01:01:43	37	01:26:30	74	01:26:15	73
2001	Mark	Buky	M	70	MU25	4		00:19:53	54	00:59:27	63	01:04:27	62	01:26:37	75	01:26:19	75
2394	Rhys	Ab Elwyn	M	71	M45-49	8	Eryri Harriers	00:21:16	125	01:00:39	83	01:05:43	84	01:26:41	76	01:26:35	77
1650	James	Kirkwood	M	72	MSEN	31	Menai Track & Field	00:21:46	177	01:01:14	89	01:06:12	89	01:26:46	77	01:26:33	76
2543	Myra	Jones	F	6	FSEN	3	Valley Striders	00:21:01	103	01:01:02	88	01:06:02	86	01:26:56	78	01:26:49	79
2719	John	Whitworth	M	73	MSEN	32		00:23:02	310	01:02:21	124	01:07:09	110	01:27:00	79	01:26:55	81
1508	Sean	Roberts	M	74	MU25	5		00:21:14	119	01:00:39	84	01:05:42	83	01:27:04	80	01:26:42	78
2192	Chris	Howell	M	75	M40-44	11	Newmarket Joggers	00:20:12	63	01:00:14	79	01:05:25	78	01:27:12	81	01:27:00	82
2060	Gregg	Boughey	M	76	M35-39	17		00:20:23	72	01:00:23	80	01:05:31	80	01:27:24	82	01:27:21	85
2723	Glenn	Lewis	M	77	MSEN	33		00:19:49	52	01:00:08	76	01:05:16	77	01:27:26	83	01:27:19	84
1345	Bob	Freeman	M	78	M55-59	3	West Cheshire AC	00:21:04	109	01:00:57	87	01:06:04	87	01:27:29	84	01:27:24	86
1881	Joseph	Boden	M	79	MU25	6		00:20:34	81	00:59:57	71	01:05:05	76	01:27:35	85	01:27:27	87
552	Paul	Garnett	M	80	M50-54	2	Wilmslow Running Club	00:21:33	146	01:01:32	98	01:06:34	95	01:27:48	86	01:27:41	89
2622	Simon	O'Brien	M	81	MSEN	34		00:20:38	86	01:00:43	85	01:05:51	85	01:27:52	87	01:27:31	88
2012	Lyndon	Easthope	M	82	M35-39	18	Penny Lane Striders	00:21:20	131	01:01:47	105	01:06:44	100	01:27:53	88	01:27:48	91
2722	Rob	Pearse	M	83	M40-44	12		00:20:44	89	01:00:56	86	01:06:06	88	01:27:56	89	01:27:51	92
379	Nathan	Lee	M	84	M50-54	3		00:20:32	79	01:00:30	82	01:05:32	82	01:28:04	90	01:27:01	83
1222	Duncan	Cowie	M	85	M45-49	9	Sinfin Running Club	00:21:33	147	01:01:31	97	01:06:40	98	01:28:06	91	01:27:57	93
1744	Sean	Walker	M	86	M40-44	13		00:21:33	145	01:01:42	103	01:06:44	101	01:28:11	92	01:27:59	94
1606	Mark	Williams	M	87	M45-49	10	Deestridders RC	00:20:48	91	01:01:33	99	01:06:41	99	01:28:11	93	01:28:08	97
2462	John	Richards	M	88	M35-39	19		00:21:00	101	01:01:28	96	01:06:37	97	01:28:19	94	01:28:05	96
2727	Neil	Phillips	M	89	M50-54	4		00:20:34	82	01:00:30	81	01:05:30	79	01:28:21	95	01:26:54	80
2125	Jason	Parry Jones	M	90	MSEN	35	Eryri Harriers	00:20:36	83	01:01:18	90	01:06:22	90	01:28:22	96	01:28:14	99
2008	Gareth	Davies	M	91	M35-39	20		00:21:38	164	01:01:59	110	01:06:55	106	01:28:27	97	01:28:01	95
2147	Mick	Fairs	M	92	M65-69	1	Wilmslow Running Club	00:20:43	87	01:01:22	92	01:06:31	92	01:28:36	98	01:28:29	101
2428	Graham	Screawn	M	93	M45-49	11	Wilmslow Running Club	00:20:51	94	01:01:20	91	01:06:30	91	01:28:39	99	01:28:32	102
510	Darren	Humes	M	94	MSEN	36		00:22:00	195	01:02:01	111	01:06:52	104	01:28:48	100	01:27:48	90
908	Tim	Grace	M	95	M40-44	14	Mersey Tri	00:21:14	120	01:01:23	93	01:06:36	96	01:28:53	101	01:28:41	106
1654	Philip	Scope	M	96	M40-44	15	Sinfin running club	00:21:34	149	01:02:07	116	01:07:20	117	01:29:00	102	01:28:51	109
1386	Martin	Wynn	M	97	M45-49	12		00:22:09	216	01:02:11	119	01:07:19	116	01:29:02	103	01:28:39	105
670	Andrew	Baron	M	98	MSEN	37		00:21:37	160	01:02:21	126	01:07:32	125	01:29:06	104	01:28:46	107
2499	Pete	Shipleay	M	99	MSEN	38	Sale Harriers	00:21:02	105	01:01:56	109	01:07:04	108	01:29:08	105	01:28:50	108
1292	David	Millington	M	100	M40-44	16	Wrexham Athletics Club	00:20:36	84	01:01:28	95	01:06:32	93	01:29:15	106	01:28:15	100

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919	David	Hughes	M	101	M50-54	5		00:21:50	185	01:02:25	128	01:07:38	126	01:29:16	107	01:29:06	113
2570	Gary	Houlston	M	102	M45-49	13		00:21:33	144	01:02:17	122	01:07:28	123	01:29:20	108	01:29:09	115
245	Joe	Foy	M	103	M55-59	4	West Cheshire AC	00:20:54	96	01:01:39	102	01:06:51	103	01:29:20	109	01:29:13	116
2083	Owain Hunt	Williams	M	104	MSEN	39		00:21:16	124	01:02:08	117	01:07:18	115	01:29:22	110	01:28:58	110
1003	Dave	Dodd	M	105	M35-39	21		00:20:51	93	01:02:15	121	01:07:28	122	01:29:24	111	01:29:09	114
688	Brian	Mitchell	M	106	MSEN	40		00:20:23	71	01:00:13	78	01:05:32	81	01:29:30	112	01:28:34	103
2636	Mark	Amphlett	M	107	MSEN	41	City of Chester Triathlon Club	00:22:46	279	01:02:19	123	01:07:16	113	01:29:38	113	01:28:09	98
1558	Christopher	Hibbert	M	108	M45-49	14	Manchester Harriers	00:21:10	116	01:01:38	101	01:06:55	105	01:29:38	114	01:29:30	119
322	Gary	Milligan	M	109	M40-44	17		00:21:00	102	01:02:12	120	01:07:25	121	01:29:42	115	01:29:33	121
2196	Craig	Hunt	M	110	M40-44	18	Wilmslow Running Club	00:20:43	88	01:01:43	104	01:07:03	107	01:29:42	116	01:29:37	123
2224	Stephen	Coleman	M	111	M50-54	6	Astley & Tyldesley Road Runner	00:21:18	128	01:02:26	129	01:07:45	129	01:29:43	117	01:29:31	120
1946	Gwilym	Hughes	M	112	M45-49	15		00:20:55	98	01:01:52	108	01:07:05	109	01:29:47	118	01:29:44	126
1965	Simon	Barker	M	113	MSEN	42		00:21:01	104	01:02:06	115	01:07:20	118	01:29:48	119	01:29:42	125
2191	Rob	Gilbert	M	114	M45-49	16	Wilmslow Running Club	00:21:35	151	01:02:05	113	01:07:18	114	01:29:54	120	01:29:47	127
1824	Matt	Eglen	M	115	MU25	7	Mersey Tri	00:20:19	67	01:01:47	106	01:07:11	112	01:29:56	121	01:29:37	124
180	Steve	Gadd	M	116	M40-44	19		00:21:17	126	01:02:05	112	01:07:22	120	01:29:57	122	01:29:47	128
1987	Andy	Watts	M	117	M60-64	1	Wilmslow Running Club	00:21:35	152	01:02:29	130	01:07:39	127	01:30:00	123	01:29:53	129
2426	Jason	Thomas	M	118	M40-44	20	Cybi Striders	00:20:53	95	01:01:35	100	01:06:46	102	01:30:01	124	01:29:02	112
22	Jay	Jennions	F	7	FSEN	4	Deestridders RC	00:21:36	156	01:01:43	130	01:07:48	130	01:30:04	125	01:30:01	130
396	Matthew	Ellis	M	119	M40-44	21		00:21:42	167	01:02:36	136	01:07:40	128	01:30:06	126	01:29:02	111
2580	Gavin	Roberts	M	120	MSEN	43		00:21:05	112	01:01:23	94	01:06:33	94	01:30:15	127	01:28:37	104
1313	Steve	Hillier	M	121	M35-39	22	West Cheshire AC	00:21:06	113	01:02:11	118	01:07:30	124	01:30:21	128	01:30:09	131
2405	David	Hutcheon	M	122	M40-44	22	Mersey Tri	00:21:17	127	01:02:31	134	01:07:49	131	01:30:28	129	01:30:20	132
1971	Phil	Cuthbert	M	123	M40-44	23	Wallasey Athletic Club	00:22:01	200	01:02:46	139	01:07:54	133	01:30:34	130	01:29:26	118
524	John	Leaver	M	124	M45-49	17	Pensby Runners	00:21:45	175	01:02:36	137	01:08:03	137	01:30:43	131	01:30:37	135
2633	Daniel	Edwards	M	125	MSEN	44		00:21:22	132	01:02:05	114	01:07:22	119	01:30:47	132	01:29:34	122
1423	Michael	Powell	M	126	MSEN	45		00:20:16	65	01:01:48	107	01:07:10	111	01:30:48	133	01:30:44	137
2167	Paul	Stuart	M	127	M45-49	18	Steel City Striders	00:21:03	107	01:02:43	138	01:08:11	139	01:30:51	134	01:30:40	136
600	Nick	Thornton	M	128	M45-49	19		00:21:22	134	01:03:03	147	01:08:23	146	01:30:53	135	01:30:26	134
73	Kevin	Slattery	M	129	M55-59	5	NWRRC	00:21:19	129	01:03:22	154	01:08:45	152	01:31:07	136	01:30:58	140
959	Shane	Jones	M	130	MU25	8		00:20:27	74	01:02:29	131	01:07:55	134	01:31:07	137	01:31:04	141
1804	Carl	Krystek	M	131	MSEN	46		00:22:13	222	01:03:05	149	01:08:23	147	01:31:10	138	01:30:24	133
2634	Iwan	Edgar	M	132	M55-59	6	Eryri Harriers	00:21:11	117	01:02:58	142	01:08:19	142	01:31:11	139	01:31:08	142
392	Janine	Ellis	F	8	F40-44	1	Wilmslow Running Club	00:21:36	155	01:02:23	127	01:08:58	159	01:31:15	140	01:31:09	143
593	Dave	Evans	M	133	M40-44	24	Beeston AC	00:22:55	297	01:04:28	191	01:09:29	175	01:31:16	141	01:30:46	138
845	Steve	Taylor	M	134	M55-59	7		00:21:02	106	01:02:31	135	01:07:59	135	01:31:19	142	01:31:11	144
2583	Peter M W	Jones	M	135	M50-54	7		00:21:48	182	01:03:57	172	01:09:10	163	01:31:25	143	01:31:17	147
1405	Stuart	Hancocks	M	136	MSEN	47		00:20:45	90	01:02:21	125	01:07:52	132	01:31:27	144	01:31:18	148
1820	Nathan	O'Connell	M	137	MU25	9		00:22:05	207	01:03:04	148	01:08:11	138	01:31:27	145	01:29:24	117
1021	Jak	Daffern	M	138	MU25	10		00:20:57	99	01:03:48	165	01:09:29	174	01:31:29	146	01:31:28	150
987	Michael	Burns	M	139	M45-49	20	Ellesmere Port Running Club	00:21:45	174	01:03:46	164	01:09:10	164	01:31:33	147	01:31:14	146
1550	Simon	Quick	M	140	M35-39	23	Buckley Runners	00:21:26	137	01:02:59	144	01:08:23	145	01:31:34	148	01:31:30	151
103	David	Nalder	M	141	M60-64	2	Ellesmere Port Running Club	00:21:11	118	01:03:05	150	01:08:33	148	01:31:37	149	01:31:32	153
2764	Geoffrey	Ingram	M	142	M45-49	21		00:21:52	186	01:03:30	157	01:08:57	157	01:31:38	150	01:31:13	145
2269	Russ	Platt	M	143	M45-49	22	Warrington Road Runners	00:21:36	157	01:03:31	158	01:08:58	160	01:31:39	151	01:31:33	155
1830	Liam	Maloney	M	144	M60-64	3		00:21:42	169	01:03:41	162	01:08:55	155	01:31:41	152	01:31:22	149
754	Brian	Wills	M	145	M40-44	25	Eryri Harriers	00:21:53	187	01:03:59	175	01:09:28	172	01:31:43	153	01:31:32	154
633	Jason	Vaughan	M	146	M40-44	26		00:21:23	135	01:03:06	151	01:08:21	143	01:31:48	154	01:30:49	139
70	Mark	Mayers	M	147	M40-44	27	ABERGELE HARRIERS	00:22:04	205	01:04:25	189	01:09:41	182	01:31:50	155	01:31:33	157
1540	Michael	Downes	M	148	M40-44	28	Stone Master Marathoners	00:21:03	108	01:03:02	146	01:08:41	150	01:31:54	156	01:31:48	160
697	Gareth	Morris	M	149	MSEN	48		00:21:27	138	01:03:50	166	01:09:11	165	01:31:54	157	01:31:33	156
1819	James	Salt	M	150	M35-39	24	Abergele Harriers	00:21:54	189	01:04:10	180	01:09:49	187	01:32:02	158	01:31:59	165
2044	Michael	Taylor	M	151	M40-44	29		00:21:31	140	01:03:45	163	01:09:03	161	01:32:07	159	01:31:56	164

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Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
901	Andy	Richards	M	152	MSEN	49		00:21:35	153	01:03:20	153	01:08:40	149	01:32:08	160	01:31:31	152
268	Thomas	Stone	M	153	MU25	11		00:23:10	323	01:04:45	195	01:10:02	193	01:32:21	161	01:31:53	162
2281	Gareth	Chaloner	M	154	MSEN	50	Wrexham Athletics Club	00:22:05	206	01:03:37	160	01:08:58	158	01:32:26	162	01:31:38	159
1658	Martin	Tedcastle	M	155	M40-44	30		00:22:40	263	01:04:03	178	01:09:19	167	01:32:31	163	01:31:37	158
1553	Philip	Hateley	M	156	M40-44	31	Stone Master Marathoners	00:21:44	171	01:04:03	177	01:09:38	178	01:32:34	164	01:32:27	171
1061	Malcolm	Davies	M	157	MSEN	51		00:21:34	148	01:03:26	155	01:08:51	154	01:32:35	165	01:32:26	170
1473	Beckie	Taylor	F	9	FU25	3	Bangor University Athletics Cl	00:20:48	92	01:02:56	141	01:08:21	144	01:32:36	166	01:32:34	175
747	Lisa	Morley	F	10	F40-44	2	Wrexham Athletics Club	00:21:50	184	01:04:26	190	01:09:55	192	01:32:36	167	01:32:25	168
226	Clem	Clement	M	158	M50-54	8	Penarth & Dinas Runners	00:21:48	181	01:03:55	169	01:09:20	168	01:32:37	168	01:32:16	167
549	Peter	Lavery	M	159	MSEN	52		00:21:35	150	01:02:59	143	01:08:17	141	01:32:39	169	01:31:49	161
2169	Jonathan	Kettle	M	160	M35-39	25	Eryri Harriers	00:21:22	133	01:04:12	184	01:09:50	190	01:32:42	170	01:32:32	173
2705	Ben	Lewington	M	161	MU25	12		00:21:15	121	01:03:29	156	01:09:13	166	01:32:42	171	01:32:34	174
1065	Dylan	Owen	M	162	M45-49	23	Eryri Harriers	00:21:48	179	01:04:22	188	01:09:47	185	01:32:47	172	01:32:34	176
1212	Paul	Williams	M	163	MSEN	53	Mersey Tri	00:21:41	165	01:03:38	161	01:09:05	162	01:32:48	173	01:32:31	172
964	David	Williams	M	164	M40-44	32		00:22:21	236	01:04:21	187	01:09:39	180	01:32:53	174	01:31:53	163
2706	Robert	Lewington	M	165	M50-54	9		00:21:16	122	01:02:29	132	01:08:02	136	01:33:01	175	01:32:54	183
2389	Phil	Targett	M	166	M45-49	24	Eryri Harriers	00:21:36	158	01:03:56	171	01:09:33	177	01:33:02	176	01:32:53	182
564	Paul	Plummer	M	167	M40-44	33	Stockport Harriers & AC	00:21:42	168	01:03:53	168	01:09:28	171	01:33:03	177	01:32:44	180
1905	Michael	Chevasco	M	168	MSEN	54		00:20:58	100	01:03:31	159	01:08:57	156	01:33:08	178	01:32:54	184
2162	Mark	Dibb	M	169	M40-44	34		00:21:57	191	01:04:12	182	01:09:45	184	01:33:18	179	01:33:03	187
2058	Jared	Roberts	M	170	MU25	13	Colwyn Bay AC	00:20:28	75	01:03:02	145	01:08:42	151	01:33:24	180	01:33:19	193
23	Helen	Macarthur	F	11	F45-49	1	Colwyn Bay AC	00:21:44	172	01:04:58	203	01:10:28	201	01:33:26	181	01:33:24	196
1350	Anthony	Fitzsimmons	M	171	MSEN	55		00:21:19	130	01:03:58	174	01:09:28	173	01:33:33	182	01:33:29	198
1113	Sean	Hunter	M	172	MU25	14		00:22:03	202	01:05:19	214	01:10:39	209	01:33:35	183	01:32:55	185
1688	Evan	Ryan	M	173	MSEN	56		00:21:33	143	01:03:07	152	01:08:48	153	01:33:40	184	01:33:12	191
2507	Gavin	Lawrenson	M	174	M40-44	35		00:22:10	217	01:04:53	198	01:10:20	197	01:33:41	185	01:33:06	189
2107	Adam	Howard	M	175	MSEN	57	Trawden AC	00:22:55	298	01:05:05	209	01:10:29	202	01:33:43	186	01:33:19	192
1052	Chris	Beardmore	M	176	MSEN	58		00:21:07	115	01:04:00	176	01:09:44	183	01:33:47	187	01:33:29	197
1484	Ed	Mortell	M	177	M35-39	26		00:22:47	284	01:06:02	251	01:11:18	233	01:33:47	188	01:33:33	199
2760	Peter	Bannister	M	178	M35-39	27		00:21:41	166	01:04:54	199	01:10:23	199	01:33:47	189	01:33:35	201
742	Matthew	Taylor	M	179	M35-39	28	Wilmslow Running Club	00:22:23	239	01:04:54	200	01:10:22	198	01:33:48	190	01:33:20	194
1031	Richie	O'Keeffe	M	180	M35-39	29		00:22:29	247	01:05:37	225	01:11:04	222	01:33:51	191	01:32:57	186
1392	Jason	Pierce	M	181	M35-39	30		00:21:26	136	01:03:50	167	01:09:39	179	01:33:52	192	01:33:41	204
415	Gareth Rees	Ellis	M	182	M40-44	36	Menai Track & Field	00:22:06	209	01:03:55	170	01:09:24	170	01:33:53	193	01:33:37	202
541	Lee	Griffith	M	183	M40-44	37		00:21:45	176	01:03:58	173	01:09:21	169	01:33:59	194	01:32:36	177
2262	Stephen	Bellis	M	184	M55-59	8	Buckley Runners	00:21:16	123	01:04:03	179	01:09:39	181	01:33:59	195	01:33:56	209
1462	Simon	Taylor	M	185	M35-39	31		00:22:33	255	01:05:38	227	01:11:00	220	01:34:02	196	01:33:23	195
2226	Roy	Gaskill	M	186	M45-49	25	Helsby Running Club	00:21:29	139	01:04:12	181	01:09:49	188	01:34:04	197	01:33:49	208
182	Ioan	Said	M	187	M35-39	32		00:22:30	249	01:05:29	221	01:10:47	212	01:34:12	198	01:33:04	188
54	John	Halliwel	M	188	M50-54	10	Manchester Harriers	00:22:01	197	01:05:25	218	01:10:59	219	01:34:13	199	01:34:06	216
1145	David	Pryce	M	189	M50-54	11		00:21:58	192	01:05:23	216	01:10:53	216	01:34:15	200	01:34:08	218
318	Mark	Williams	M	190	M35-39	33		00:22:36	258	01:05:22	215	01:10:58	218	01:34:15	201	01:34:06	217
717	David	Vernau	M	191	M35-39	34	Formula One Circuit Crew	00:22:42	270	01:05:51	237	01:11:20	238	01:34:16	202	01:33:58	211
2296	Amanda	Roberts	F	12	FSEN	5		00:21:48	180	01:06:10	261	01:11:26	241	01:34:18	203	01:33:58	210
1840	Jeff	Bynon	M	192	M40-44	38		00:22:43	273	01:04:51	196	01:10:13	195	01:34:22	204	01:32:40	178
1690	Neil	Robinson	M	193	MSEN	59		00:23:10	322	01:05:51	238	01:11:19	234	01:34:23	205	01:33:59	212
1514	Dave	Ellis	M	194	MSEN	60	Cybi Striders	00:22:24	241	01:06:06	256	01:11:34	248	01:34:24	206	01:34:01	213
915	David	Baker	M	195	M45-49	26	Denbigh harriers	00:22:26	243	01:06:04	254	01:11:35	249	01:34:28	207	01:34:17	224
1738	Mathew	Radbourne	M	196	M40-44	39		00:22:30	250	01:06:16	268	01:11:43	257	01:34:30	208	01:34:15	222
1736	Paul	Samuels	M	197	M35-39	35	Wrexham Athletics Club	00:22:56	300	01:06:21	272	01:11:38	252	01:34:32	209	01:33:44	206
2270	Hugh	Janney	M	198	M40-44	40	Amman Valley Harriers	00:22:40	262	01:05:37	226	01:11:14	230	01:34:35	210	01:34:18	225
1625	Gary	Clarke	M	199	M35-39	36	Oswestry Olympians	00:22:23	240	01:05:41	230	01:11:13	229	01:34:37	211	01:34:12	221
1302	Antony	Woodall	M	200	M40-44	41	Eryri Harriers	00:21:33	141	01:02:50	140	01:08:15	140	01:34:42	212	01:34:39	233

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Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
1439	Andrew	Mills	M	201	MSEN	61	Serpentine	00:22:01	198	01:05:43	233	01:11:16	232	01:34:43	213	01:34:35	230
597	Mal	Preece	M	202	M50-54	12		00:22:16	227	01:05:07	210	01:10:38	208	01:34:47	214	01:34:24	227
1727	Richard	Saunders	M	203	M50-54	13	Wallasey Athletic Club	00:21:55	190	01:05:45	235	01:11:40	253	01:34:50	215	01:34:41	234
1814	Adrian	Church	M	204	M40-44	42		00:22:35	256	01:05:24	217	01:11:01	221	01:34:50	216	01:34:15	223
1826	Andrew	Gannon	M	205	M45-49	27	Parc Newydd	00:21:47	178	01:04:51	197	01:10:31	204	01:34:51	217	01:34:38	232
1567	Jacquie	Hanmer	F	13	F45-49	2	Harborough AC	00:23:31	359	01:06:15	267	01:11:46	260	01:34:52	218	01:34:36	231
119	Paul	Norris	M	206	M55-59	9	Wilmslow Running Club	00:22:04	204	01:04:57	202	01:10:30	203	01:34:53	219	01:34:05	215
1578	James	Adney	M	207	M35-39	37	Mercia Fell Runners	00:21:37	159	01:05:08	211	01:10:39	210	01:34:55	220	01:34:45	236
2039	Peter	Carpenter	M	208	M50-54	14		00:22:15	224	01:05:15	213	01:10:43	211	01:34:56	221	01:33:43	205
1526	Dave	Loughlin	M	209	MSEN	62	Village Road Runners	00:23:47	393	01:07:06	299	01:12:27	288	01:35:00	222	01:34:20	226
2104	Steven	Evans	M	210	M50-54	15	Danum Harriers	00:22:12	221	01:06:00	249	01:11:37	251	01:35:05	223	01:34:54	242
750	Gordon	Mitchell	M	211	M35-39	38		00:21:38	163	01:04:57	201	01:10:33	206	01:35:06	224	01:34:10	220
806	Ryan	Mallinson	M	212	MSEN	63		00:22:54	295	01:05:40	229	01:10:56	217	01:35:08	225	01:33:37	203
1684	Calum	Miles	M	213	MU25	15		00:21:37	161	01:04:19	186	01:09:51	191	01:35:12	226	01:34:04	214
2086	Jamie	Stewart	M	214	MSEN	64		00:23:01	306	01:04:12	183	01:09:32	176	01:35:12	227	01:32:26	169
740	Simon	Jones	M	215	M40-44	43	Swindon Striders	00:21:58	193	01:05:57	243	01:11:33	245	01:35:13	228	01:35:09	250
1911	Brian	Sheppard	M	216	M60-64	4		00:23:40	381	01:06:18	269	01:11:47	264	01:35:13	229	01:34:47	239
2695	Alan	Brady	M	217	M60-64	5	Spectrum Striders	00:22:15	226	01:05:58	246	01:11:31	243	01:35:16	230	01:34:52	241
994	Simon	Hide	M	218	M45-49	28	Wrexham Athletics Club	00:22:49	287	01:05:05	208	01:10:47	213	01:35:20	231	01:33:45	207
1714	Thomas	Delaney	M	219	MSEN	65		00:22:06	210	01:06:14	266	01:11:51	267	01:35:20	232	01:35:14	252
1517	Jamie	Pulford	M	220	MU25	16		00:23:07	319	01:05:32	224	01:10:49	214	01:35:24	233	01:33:09	190
599	Paul	Ellis	M	221	M40-44	44		00:22:27	244	01:05:31	222	01:11:05	224	01:35:24	234	01:35:03	245
746	Ray	Butler	M	222	MSEN	66		00:22:48	285	01:05:41	231	01:11:22	239	01:35:25	235	01:34:08	219
716	Sarah	Vernau	F	14	F35-39	2	Formula One Circuit Crew	00:22:43	274	01:06:26	276	01:12:02	273	01:35:28	236	01:35:11	251
2594	Gareth	Pierce	M	223	MSEN	67		00:22:10	218	01:06:07	258	01:11:47	262	01:35:33	237	01:35:26	257
1793	Diane	Bygave	F	15	F35-39	3	Wilmslow Running Club	00:22:33	254	01:06:26	275	01:12:03	274	01:35:39	238	01:35:19	253
1828	Andrew	Spooner	M	224	MSEN	68		00:22:29	246	01:05:54	241	01:11:31	242	01:35:40	239	01:34:46	238
1783	David	Mcculloch	M	225	M35-39	39		00:22:41	264	01:05:54	240	01:11:22	240	01:35:44	240	01:34:27	228
432	Anthony	Bolton	M	226	M35-39	40		00:21:44	173	01:06:03	252	01:11:41	255	01:35:47	241	01:35:29	259
2630	Peter	Tinsley	M	227	M45-49	29	Southport Waterloo AC	00:22:42	267	01:06:37	280	01:12:12	278	01:35:48	242	01:35:36	262
1803	Martyn	Jones	M	228	M35-39	41		00:22:14	223	01:04:59	206	01:10:32	205	01:35:50	243	01:35:05	248
896	Aidan	Smith	M	229	MSEN	69		00:22:50	291	01:06:50	288	01:12:23	286	01:35:54	244	01:35:34	261
402	Paul	Collins	M	230	M45-49	30	Stockport Harriers & AC	00:21:07	114	01:05:26	220	01:11:04	223	01:36:01	245	01:35:52	267
462	Wil	Uttley	M	231	MSEN	70		00:22:39	261	01:04:30	192	01:09:47	186	01:36:03	246	01:32:11	166
39	Martin	Witty	M	232	M45-49	31	Deestridders RC	00:23:14	330	01:06:09	260	01:11:40	254	01:36:07	247	01:34:54	243
2568	Kirsty	White	F	16	F40-44	3	Royton Road runners	00:22:52	293	01:06:43	285	01:12:20	285	01:36:08	248	01:35:25	256
1802	Tracey	Llewellyn	F	17	F35-39	4	Cybi Striders	00:22:31	251	01:06:18	270	01:11:49	265	01:36:08	249	01:35:51	266
761	Darrell	Davies	M	233	MSEN	71		00:23:43	387	01:07:56	322	01:13:00	306	01:36:09	250	01:35:28	258
2541	Pieter	Buckley	M	234	M45-49	32		00:22:05	208	01:05:45	234	01:11:20	237	01:36:10	251	01:35:43	263
138	Asif	Dar	M	235	M35-39	42		00:23:51	404	01:07:16	302	01:12:52	299	01:36:11	252	01:35:57	268
2209	Emrys	Jones	M	236	M55-59	10	Cybi Striders	00:22:28	245	01:06:14	263	01:11:52	268	01:36:16	253	01:35:59	270
1070	Joe	Cavanagh	M	237	M35-39	43		00:22:32	252	01:04:59	205	01:10:23	200	01:36:17	254	01:32:51	181
1253	Andy	Jones	M	238	M40-44	45	NWRRRC	00:21:59	194	01:06:07	259	01:11:56	270	01:36:20	255	01:36:14	276
2566	Mark	Robinson	M	239	MSEN	72		00:22:15	225	01:05:25	219	01:11:06	226	01:36:20	256	01:34:55	244
159	Jessica	Lovell	F	18	F35-39	5	Wallasey Athletic Club	00:23:15	331	01:06:24	274	01:12:06	276	01:36:20	257	01:36:16	277
1158	Darren	Dentith	M	240	M40-44	46		00:23:04	314	01:06:54	290	01:12:27	289	01:36:21	258	01:35:49	265
2552	Andrew	Holland	M	241	MSEN	73	Warrington Road runners	00:22:09	215	01:06:07	257	01:11:47	261	01:36:30	259	01:36:23	280
1743	Richard	Wilkinson	M	242	MSEN	74		00:23:29	356	01:05:57	244	01:11:15	231	01:36:32	260	01:34:27	229
523	Paul	Rowland	M	243	M50-54	16	Fell Running Association	00:22:50	289	01:06:45	286	01:12:19	283	01:36:36	261	01:36:19	279
2215	Paul	Bebb	M	244	MSEN	75		00:22:47	283	01:06:26	277	01:11:55	269	01:36:37	262	01:34:45	237
1443	Trefor	Hughes-Morris	M	245	M45-49	33	Mon Relay Runners	00:22:01	199	01:05:59	247	01:11:42	256	01:36:39	263	01:35:57	269
916	Nick	Roberts	M	246	M40-44	47	City of Chester Triathlon Club	00:23:32	363	01:07:52	319	01:13:32	315	01:36:46	264	01:36:24	281
613	Alastair	Pearce	M	247	MSEN	76		00:23:07	317	01:06:39	282	01:12:18	282	01:36:48	265	01:36:05	274

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Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
1608	Phil	Williams	M	248	M40-44	48		00:23:26	352	01:07:27	308	01:12:55	301	01:36:54	266	01:36:00	271
1632	Danny	Fegan	M	249	M45-49	34	St Helens Striders	00:22:55	299	01:06:56	292	01:12:33	292	01:37:00	267	01:36:28	282
1686	Christopher	Hall	M	250	M40-44	49		00:23:07	318	01:06:00	248	01:11:47	263	01:37:03	268	01:36:04	273
208	Rob	Batterbee	M	251	MSEN	77		00:22:08	213	01:05:56	242	01:11:36	250	01:37:03	269	01:36:57	292
2252	Ali	Alsaadi	M	252	M35-39	44	belle vue racers	00:22:52	292	01:06:37	281	01:12:24	287	01:37:05	270	01:36:34	283
818	Naomi	Cane	F	19	F35-39	6	Prestatyn Running Club	00:22:49	286	01:06:57	293	01:12:41	296	01:37:08	271	01:36:50	288
2680	Steven	Kirkham	M	253	M35-39	45	Riversway Roadrunners	00:23:39	377	01:06:27	278	01:12:03	275	01:37:10	272	01:34:49	240
2186	Vincent	Edwards	M	254	M40-44	50		00:23:24	348	01:06:59	296	01:12:32	291	01:37:15	273	01:35:25	255
1849	Hywel	Lloyd	M	255	MSEN	78		00:23:34	369	01:07:33	310	01:13:05	309	01:37:25	274	01:36:53	291
2383	Rob	Hall	M	256	MU25	17		00:22:41	266	01:05:46	236	01:11:13	228	01:37:26	275	01:35:31	260
1572	John	Pumford	M	257	MSEN	79		00:22:18	233	01:07:17	303	01:13:01	308	01:37:32	276	01:37:17	298
2754	Jonathan	Tyler	M	258	MSEN	80	Eryri Harriers	00:21:54	188	01:06:10	262	01:12:16	280	01:37:32	277	01:37:22	303
1704	Libby	Collinson	F	20	F55-59	1	Shropshire Shufflers	00:23:31	360	01:08:02	325	01:13:42	326	01:37:35	278	01:37:19	301
50	Terry	Poole	M	259	M50-54	17	Thornton Cleveleys RC	00:22:44	275	01:08:12	334	01:13:49	330	01:37:37	279	01:37:18	300
2434	Kevin	Higgins	M	260	M50-54	18	NWRRC	00:22:57	301	01:07:02	297	01:12:53	300	01:37:37	280	01:37:20	302
2120	Richard	Appleby	M	261	MSEN	81		00:22:46	257	01:06:04	253	01:11:33	246	01:37:37	281	01:32:42	179
1930	Robert	Boyns	M	262	M45-49	35	Boyns	00:23:21	342	01:07:53	320	01:13:38	323	01:37:43	282	01:36:40	285
348	Tom	Dowd	M	263	M35-39	46		00:22:10	219	01:04:16	185	01:09:49	189	01:37:48	283	01:33:35	200
1588	Peter	Davies	M	264	MU25	18	Bangor University Athletics Cl	00:23:12	326	01:06:01	250	01:11:20	236	01:37:49	284	01:37:39	313
1991	Paul	Carter	M	265	M35-39	47	Bangor University Athletics Cl	00:23:12	327	01:06:14	265	01:11:57	271	01:37:50	285	01:37:40	315
325	Nick	Chadwick	M	266	M35-39	48	Deestriders RC	00:23:49	398	01:08:06	328	01:13:32	314	01:37:51	286	01:36:36	284
1772	John	Tyrer	M	267	M35-39	49		00:23:18	334	01:08:16	335	01:14:01	335	01:37:52	287	01:37:35	310
2755	Michael	Alexander	M	268	M35-39	50		00:22:22	238	01:06:57	294	01:12:45	298	01:37:53	288	01:37:47	320
1809	Kevin	Day	M	269	M45-49	36	Goyt Valley Striders	00:23:56	410	01:08:11	333	01:13:46	329	01:37:53	289	01:36:51	289
1434	Tim	Charmley	M	270	M45-49	37	Tattenhall Runners	00:22:16	230	01:06:40	283	01:12:31	290	01:37:54	290	01:37:33	307
1822	James	Lee	M	271	MSEN	82		00:22:19	234	01:06:20	271	01:12:17	281	01:37:56	291	01:36:52	290
1993	Daniel	Kelly	M	272	MSEN	83		00:21:36	154	01:04:38	194	01:10:18	196	01:37:59	292	01:34:44	235
712	Emma	Lawton	F	21	FSEN	6	Penny Lane Striders	00:23:33	366	01:08:53	363	01:14:27	350	01:38:00	293	01:37:33	306
2602	Mark	Richardson	M	273	M35-39	51	bioticfit	00:22:22	237	01:05:57	245	01:11:44	258	01:38:02	294	01:37:47	319
2451	Carlo	Di Lucia	M	274	M45-49	38		00:23:17	332	01:08:20	339	01:13:54	332	01:38:03	295	01:37:44	318
2146	Joshua	Axford	M	275	MSEN	84		00:23:13	329	01:07:19	304	01:12:58	304	01:38:03	296	01:35:44	264
2255	Andrew	Parsons	M	276	M35-39	52		00:22:00	196	01:07:20	305	01:13:01	307	01:38:05	297	01:37:54	325
2303	Glyn	Taylor	M	277	M45-49	39		00:22:29	248	01:07:57	323	01:13:43	327	01:38:06	298	01:37:56	327
995	Sean	Gavin	M	278	M40-44	51	NWRRC	00:23:32	362	01:07:51	318	01:13:39	324	01:38:08	299	01:37:52	323
2138	Rhys	Griffith	M	279	MSEN	85	Hendre Lake RC	00:23:06	316	01:06:22	273	01:11:58	272	01:38:11	300	01:35:03	247
2571	William	Bibby	M	280	MU25	19		00:22:17	232	01:05:05	207	01:10:36	207	01:38:11	301	01:36:17	278
2093	John	Hammond	M	281	M35-39	53		00:24:16	469	01:09:28	386	01:14:59	375	01:38:16	302	01:37:31	305
2097	Emlyn	Owen	M	282	M35-39	54	Eryri Harriers	00:22:02	201	01:05:40	228	01:11:20	235	01:38:18	303	01:37:51	322
1385	Mark	Evans	M	283	M55-59	11	Oswestry Olympians	00:22:47	281	01:07:26	306	01:13:15	310	01:38:20	304	01:37:56	326
2240	Mark	Whitehead	M	284	M35-39	55		00:22:12	220	01:05:52	239	01:11:32	244	01:38:23	305	01:35:19	254
2081	Wayne	Norman	M	285	M35-39	56	Cybi Striders	00:22:24	242	01:06:54	289	01:12:35	293	01:38:25	306	01:36:44	287
1075	Steven	Roberts	M	286	M45-49	40	NWRRC	00:22:08	212	01:06:56	291	01:12:38	295	01:38:25	307	01:38:09	330
1370	Nick	Cuff	M	287	MU25	20		00:24:06	442	01:08:20	338	01:13:59	334	01:38:25	308	01:37:39	314
1142	Grant	Davidson	M	288	M40-44	52	Mersey Tri	00:23:18	338	01:07:49	317	01:13:37	321	01:38:31	309	01:37:43	317
2000	Mike	Metcalfe	M	289	MU25	21		00:24:14	466	01:08:17	336	01:13:52	331	01:38:31	310	01:37:41	316
2491	Jamie	Roberts	M	290	M35-39	57		00:24:25	505	01:08:21	340	01:13:42	325	01:38:35	311	01:36:02	272
1271	Dave	Hampson	M	291	M50-54	19	ST HELENS AC	00:22:45	278	01:08:07	329	01:14:20	344	01:38:43	312	01:38:21	334
1978	Stephen	Welsby	M	292	MU25	22		00:25:40	775	01:09:56	408	01:15:16	385	01:38:46	313	01:37:29	304
1631	Gerallt	Jones	M	293	MSEN	86		00:23:58	425	01:09:37	392	01:15:05	379	01:38:47	314	01:38:02	328
2584	James	Pendleton	M	294	MU25	23		00:24:30	526	01:08:04	327	01:13:35	319	01:38:47	315	01:36:41	286
1587	Steven	Hammill	M	295	M35-39	58		00:22:42	269	01:07:08	300	01:12:56	302	01:38:49	316	01:38:05	329
443	Neil	Carter	M	296	M50-54	20	West Cheshire AC	00:23:04	313	01:08:26	341	01:14:07	338	01:38:53	317	01:38:27	336
401	Peter	Middleton	M	297	MSEN	87		00:22:03	203	01:07:12	301	01:12:57	303	01:38:55	318	01:37:34	309

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Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
2769	Helen	Alexander	F	22	FSEN	7		00:22:58	302	01:07:45	314	01:13:34	316	01:38:56	319	01:37:48	321
1817	Karl	Parkinson	M	298	M35-39	59		00:23:30	357	01:08:03	326	01:13:38	322	01:38:58	320	01:37:17	299
912	Lee	Wasnidge	M	299	M45-49	41		00:22:43	272	01:08:08	331	01:14:01	336	01:38:59	321	01:38:54	346
1301	Stuart	Thomas	M	300	M35-39	60		00:21:33	142	01:04:59	204	01:11:05	225	01:39:01	322	01:38:58	350
2095	Matt	Mason	M	301	MU25	24	Bangor University Athletics Cl	00:23:12	328	01:07:46	315	01:13:35	318	01:39:05	323	01:38:55	348
1893	Eddie	Hirst	M	302	M35-39	61		00:24:13	461	01:09:18	378	01:15:03	378	01:39:06	324	01:38:53	343
2652	Dawn	Cantarelli	F	23	F45-49	3		00:22:59	304	01:09:00	366	01:14:36	359	01:39:08	325	01:38:43	341
2629	Paul	Wilson	M	303	M40-44	53	Swinton RC	00:22:16	228	01:05:11	212	01:10:51	215	01:39:09	326	01:35:03	246
2759	Paul	Buky	M	304	MSEN	88		00:23:03	312	01:07:43	313	01:13:36	320	01:39:13	327	01:38:54	344
1547	Des	Larkin	M	305	M40-44	54		00:23:44	390	01:08:28	343	01:14:08	339	01:39:13	328	01:38:13	331
2277	Philip	Pointon	M	306	M40-44	55		00:24:40	552	01:09:18	376	01:14:50	371	01:39:14	329	01:38:29	337
1286	William	Jones	M	307	M40-44	56	Metropolitan Police A.A	00:23:34	370	01:06:49	287	01:12:15	279	01:39:17	330	01:37:33	308
1696	Stephen	Pettman	M	308	M50-54	21	Riversway Roadrunners	00:23:05	315	01:06:57	295	01:12:38	294	01:39:21	331	01:36:11	275
1283	Tim	Devey	M	309	M45-49	42		00:23:23	347	01:08:33	348	01:14:09	340	01:39:21	332	01:37:38	311
979	Antony	Pryor	M	310	MSEN	89		00:24:27	510	01:09:32	390	01:15:16	386	01:39:21	333	01:39:02	351
1784	Ashley	Tomlinson	M	311	MSEN	90	Colwyn Bay AC	00:22:42	268	01:08:37	351	01:14:31	353	01:39:22	334	01:39:19	362
644	Magnus	Walker	M	312	M50-54	22	City of Chester Triathlon Club	00:22:59	303	01:08:30	346	01:14:22	345	01:39:28	335	01:39:12	358
2300	Dave	Meskill	M	313	M50-54	23		00:23:18	337	01:08:29	344	01:14:18	342	01:39:29	336	01:39:07	355
1397	Colin	Minshull	M	314	M40-44	57	City of Chester Triathlon Club	00:24:20	485	01:10:14	424	01:15:48	407	01:39:29	337	01:39:03	352
1921	Vernon	Pownall	M	315	M55-59	12	abergele harriers	00:24:03	430	01:08:40	352	01:14:27	351	01:39:30	338	01:39:08	356
2772	Keith	Montgomery	M	316	M55-59	13		00:25:18	690	01:09:18	377	01:14:35	357	01:39:36	339	01:37:11	296
1119	Simon	Hilton	M	317	M45-49	43	Stockport Harriers & AC	00:23:11	324	01:08:19	337	01:14:03	337	01:39:38	340	01:38:36	340
2182	Chris	Hughes	M	318	MSEN	91		00:23:18	336	01:08:33	349	01:14:18	343	01:39:43	341	01:38:22	335
1143	Colin	Yates	M	319	M45-49	44		00:23:41	384	01:08:08	330	01:13:34	317	01:39:43	342	01:37:17	297
765	Gary	Jones	M	320	M40-44	58		00:25:12	662	01:10:18	432	01:16:00	420	01:39:43	343	01:39:16	360
850	Daniel	Goldstein	M	321	MSEN	92		00:25:11	659	01:10:17	430	01:15:59	419	01:39:44	344	01:39:16	361
967	Paul	Quinton	M	322	M50-54	24	Mysteruns of Abergele	00:23:00	305	01:06:41	284	01:12:20	284	01:39:48	345	01:37:07	294
1800	Claudette	Fleming	F	24	FSEN	8		00:23:26	351	01:09:24	383	01:15:14	384	01:39:49	346	01:39:27	370
1488	Roisin	Murphy	M	323	MU25	25		00:23:58	423	01:10:04	415	01:15:53	413	01:39:49	347	01:39:29	372
1841	David	Bynon	M	324	MSEN	93		00:24:39	549	01:09:22	380	01:14:55	374	01:39:52	348	01:38:14	332
2461	Philip	Parry	M	325	M40-44	59		00:23:19	340	01:08:56	365	01:14:32	355	01:39:53	349	01:39:24	367
1657	Kathy	Tedcastle	F	25	FSEN	9		00:23:20	341	01:08:54	364	01:14:41	365	01:39:53	350	01:38:54	345
471	Jeremy	Jackson	M	326	M45-49	45		00:23:57	420	01:09:08	374	01:14:45	370	01:39:53	351	01:38:18	333
1432	Steve	Greenhalgh	M	327	M40-44	60		00:24:22	491	01:09:46	400	01:15:37	396	01:39:58	352	01:39:31	375
1429	Nicky	Mowat	F	26	F55-59	2	Wilmslow Running Club	00:23:25	350	01:09:23	382	01:15:02	377	01:40:01	353	01:39:21	364
2233	Katherine	Ellis	F	27	FSEN	10		00:23:56	412	01:07:33	309	01:12:44	297	01:40:01	354	01:35:06	249
2205	Andrew	Dodd	M	328	M40-44	61	Wilmslow Running Club	00:23:18	335	01:08:44	355	01:14:39	363	01:40:04	355	01:39:24	368
108	Michael	Thelwell	M	329	M35-39	62	NWRRRC	00:22:16	229	01:07:46	316	01:13:46	328	01:40:07	356	01:39:30	373
621	Ted	Smith	M	330	M45-49	46		00:24:23	497	01:10:08	417	01:15:55	414	01:40:07	357	01:39:55	387
2488	Paul	Musker	M	331	M55-59	14	Liverpool Running Club	00:23:22	343	01:08:42	353	01:14:29	352	01:40:10	358	01:38:35	339
1563	Courtney	Taylor	M	332	M55-59	15	San Domenico RC	00:23:48	396	01:09:05	370	01:14:53	373	01:40:16	359	01:39:47	384
41	Andy	Yates	M	333	M50-54	25		00:23:34	368	01:09:02	369	01:14:45	369	01:40:21	360	01:39:37	377
631	Andy	Jones	M	334	MSEN	94		00:23:33	365	01:08:08	332	01:14:17	341	01:40:25	361	01:39:14	359
2465	Philip	Brown	M	335	M35-39	63		00:23:47	394	01:08:47	357	01:14:36	358	01:40:28	362	01:38:31	338
2073	Ian	Cant	M	336	M40-44	62		00:24:05	436	01:08:48	359	01:14:42	366	01:40:34	363	01:40:25	410
2443	Amanda	Davies	F	28	FSEN	11	Tattenhall Runners	00:23:27	353	01:09:17	375	01:15:05	380	01:40:34	364	01:40:11	398
2247	Philip	D'Netto	M	337	M45-49	47	Belle Vue Racers	00:24:03	433	01:09:38	393	01:15:21	389	01:40:35	365	01:40:04	392
1155	David	Helsby	M	338	M40-44	63		00:23:45	391	01:09:50	406	01:15:46	406	01:40:36	366	01:39:21	363
1706	Dez	Mitchell	M	339	M40-44	64	glossopdale harriers	00:24:44	566	01:10:22	440	01:16:15	441	01:40:37	367	01:39:38	378
2603	Mitchell	Sheridan	M	340	M45-49	48		00:23:42	385	01:09:50	405	01:15:35	395	01:40:39	368	01:39:48	385
2040	Luke	Furieux	M	341	M40-44	65		00:23:40	380	01:09:06	373	01:15:00	376	01:40:40	369	01:40:18	403
1533	Adam	Opperman	M	342	M40-44	66		00:24:59	618	01:10:28	444	01:16:06	430	01:40:43	370	01:39:23	365
2272	Darren	Snell	M	343	M50-54	26		00:24:43	565	01:10:22	441	01:16:10	435	01:40:44	371	01:40:17	402

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Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
191	Dave	Houlker	M	344	M35-39	64		00:24:49	577	01:09:48	401	01:15:32	394	01:40:47	372	01:39:24	366
1918	Chris	Jackson	M	345	MSEN	95	Warrington Road Runners	00:23:18	339	01:08:35	350	01:14:26	349	01:40:51	373	01:39:05	354
1825	Matthew	Gordon	M	346	MSEN	96		00:21:49	183	01:06:29	279	01:12:08	277	01:40:53	374	01:40:32	413
893	Paul	Johansen	M	347	M45-49	49	wirral ac	00:24:07	444	01:09:00	367	01:14:38	362	01:40:53	375	01:39:26	369
2435	Anthony	Howe	M	348	M35-39	65	Abergele Harriers	00:24:13	460	01:10:53	482	01:16:28	456	01:40:55	376	01:40:01	391
1077	Daniel	Brotherton	M	349	M40-44	67	Stockport Harriers & AC	00:23:12	325	01:09:42	396	01:15:44	403	01:41:00	377	01:40:42	422
848	Damian	Rafferty	M	350	M35-39	66		00:22:46	280	01:08:28	342	01:14:24	347	01:41:06	378	01:40:51	428
1127	Neil	Phillips	M	351	M35-39	67		00:25:04	636	01:10:37	462	01:16:02	423	01:41:06	379	01:38:49	342
988	David	Roberts	M	352	M50-54	27	Ellesmere Port Running Club	00:23:32	361	01:10:05	416	01:16:02	422	01:41:07	380	01:40:45	424
100	David	Feakes	M	353	M50-54	28	Helsby Running Club	00:24:35	534	01:09:41	395	01:15:22	390	01:41:08	381	01:39:10	357
2285	Huma	Rahman	F	29	F45-49	4	Wilmslow Running Club	00:23:44	388	01:09:23	381	01:15:23	391	01:41:09	382	01:40:29	412
2400	Neil	Beardmore	M	354	M35-39	68	Trefriw Trail and Road Runners	00:23:45	392	01:08:50	360	01:14:43	367	01:41:09	383	01:39:45	383
2309	Jamie	Woodhouse	M	355	M45-49	50		00:24:52	581	01:11:08	496	01:16:34	461	01:41:09	384	01:40:33	415
2643	Helen	Pollitt	F	30	FSEN	12		00:24:54	588	01:10:47	474	01:16:30	458	01:41:11	385	01:40:35	416
1361	Kamen	Vaichanov	M	356	M40-44	68		00:24:29	518	01:10:31	450	01:16:23	450	01:41:14	386	01:40:41	419
468	Paul	Spriggs	M	357	M45-49	51	Wrekin Road Runners	00:24:28	517	01:10:29	447	01:16:10	437	01:41:15	387	01:39:55	386
684	Tim	Hughes	M	358	M35-39	69	Wrekin Road Runners	00:24:13	463	01:10:13	423	01:15:53	412	01:41:15	388	01:39:40	380
1500	Barry	Griffith	M	359	M40-44	69		00:24:13	462	01:10:35	459	01:16:22	449	01:41:17	389	01:40:19	406
1616	Chris	Mitchell	M	360	M35-39	70		00:22:54	294	01:08:31	347	01:14:39	364	01:41:20	390	01:41:01	435
143	Suzy	Cumming	F	31	F35-39	7		00:24:02	429	01:09:52	407	01:15:48	408	01:41:21	391	01:40:19	404
986	Alison	Macdonald	F	32	F45-49	5	Ellesmere Port Running Club	00:23:57	419	01:10:39	467	01:16:34	465	01:41:21	392	01:40:59	432
354	James	Dickinson	M	361	MSEN	97	Witney Road Runner	00:21:43	170	01:04:35	193	01:10:12	194	01:41:22	393	01:41:09	441
1318	Richard	Pepper	M	362	M40-44	70		00:22:45	277	01:07:58	324	01:14:25	348	01:41:22	394	01:40:58	431
2698	Chris	Hulse	M	363	M50-54	29	City of Chester Triathlon Club	00:23:22	345	01:10:03	413	01:16:08	432	01:41:23	395	01:40:57	429
1843	Chris	Woods	M	364	M35-39	71		00:24:49	578	01:10:10	419	01:16:05	427	01:41:24	396	01:40:38	417
1592	Declan	Martin	M	365	MSEN	98		00:24:23	496	01:09:06	371	01:14:44	368	01:41:25	397	01:38:57	349
771	Clare	Page	F	33	F35-39	8		00:24:09	452	01:10:37	463	01:16:35	467	01:41:26	398	01:41:11	442
2200	Roger	Beech	M	366	M40-44	71		00:25:42	781	01:12:06	561	01:17:33	519	01:41:30	399	01:40:57	430
872	Stephen	Seward	M	367	M40-44	72		00:24:21	489	01:10:30	448	01:16:26	453	01:41:31	400	01:41:05	439
2502	David	Griffith	M	368	M40-44	73	Colwyn Bay AC	00:23:24	349	01:09:42	397	01:15:45	405	01:41:32	401	01:41:29	451
2539	Steven	Crowe	M	369	MSEN	99		00:24:37	545	01:07:54	321	01:13:23	312	01:41:32	402	01:37:52	324
2660	Mark	Hill	M	370	MSEN	100		00:24:13	464	01:10:16	427	01:16:06	428	01:41:34	403	01:40:41	421
1875	John	Richards	M	371	MSEN	101	Stockport Harriers & AC	00:24:56	599	01:10:20	434	01:16:00	421	01:41:34	404	01:40:07	396
2080	Kevin	Phillips	M	372	M40-44	74		00:23:35	372	01:09:19	379	01:15:13	383	01:41:38	405	01:40:49	426
434	Gemma	Jennings	F	34	FSEN	13		00:26:53	1010	01:10:22	439	01:15:45	404	01:41:38	406	01:38:55	347
2569	Arfon	Bebb	M	373	M35-39	72	Eryri Harriers	00:25:10	654	01:10:31	454	01:16:16	442	01:41:41	407	01:40:22	408
773	Kyle	Williams	M	374	MU25	26		00:22:41	265	01:07:26	307	01:13:23	311	01:41:42	408	01:41:20	448
2391	Antony	Jones	M	375	MSEN	102		00:23:01	308	01:07:37	311	01:13:23	313	01:41:44	409	01:41:06	440
1245	Brad	Ehlen	M	376	M40-44	75	Spectrum Striders	00:23:40	379	01:09:50	404	01:16:02	424	01:41:46	410	01:41:02	436
2099	John	Mcnamara	M	377	M35-39	73	Liverpool Running Club	00:23:22	344	01:08:43	354	01:14:38	361	01:41:48	411	01:40:13	399
28	Jon	Evans	M	378	M45-49	52	NWRRC	00:23:54	407	01:09:29	387	01:15:29	392	01:41:54	412	01:40:28	411
1937	Paul	Muldoon	M	379	MSEN	103	Winston Runners	00:24:36	540	01:10:15	426	01:15:59	418	01:41:54	413	01:40:07	395
148	Neil	Ringstead	M	380	M40-44	76	Ellesmere Port Running Club	00:23:56	414	01:10:55	484	01:16:47	480	01:41:54	414	01:41:33	453
961	Kevin	Girdlestone	M	381	M35-39	74		00:23:47	395	01:08:47	358	01:14:37	360	01:41:55	415	01:39:58	390
109	Simeon	Farrington-Newman	M	382	M35-39	75		00:23:44	389	01:09:27	385	01:15:11	382	01:41:56	416	01:41:19	447
1233	Rory	Macnair	M	383	MSEN	104		00:22:36	259	01:06:05	255	01:11:34	247	01:41:56	417	01:37:02	293
1148	Simon	Jenkins	M	384	M40-44	77		00:25:02	629	01:10:51	478	01:16:33	460	01:41:57	418	01:39:41	381
1510	Gavin	Mendham	M	385	M60-64	6	Wilmslow Running Club	00:25:17	679	01:11:19	510	01:17:00	491	01:41:58	419	01:40:41	420
1858	Clive	Hope	M	386	M55-59	16		00:24:45	567	01:10:36	461	01:16:27	455	01:41:59	420	01:41:00	433
2359	Caroline	Rogers	F	35	F50-54	1	Spectrum Striders	00:24:19	481	01:10:22	438	01:16:26	454	01:42:00	421	01:41:13	445
2298	Ruth	Sullivan	F	36	F40-44	4		00:23:03	311	01:10:32	455	01:16:25	452	01:42:00	422	01:41:55	462
2456	Andrew	Booth	M	387	MSEN	105		00:25:00	622	01:09:00	368	01:14:34	356	01:42:06	423	01:37:38	312
1105	Bryan	Llorente	M	388	MSEN	106	Mersey Tri	00:24:22	494	01:09:56	409	01:15:43	402	01:42:10	424	01:40:49	425

RunWales.com Conwy half Marathon 2013

Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
1041	Scott	Yeates	M	389	MSEN	107		00:23:01	307	01:06:14	264	01:11:51	266	01:42:12	425	01:37:09	295
1353	Adam	Tysoe	M	390	MU25	27	Liverpool Running Club	00:23:37	373	01:09:27	384	01:15:20	388	01:42:15	426	01:40:41	418
1931	Kit	Leahy	M	391	MU25	28		00:24:04	435	01:10:09	418	01:15:55	415	01:42:18	427	01:40:06	394
2620	Joel	Green	M	392	MSEN	108		00:23:51	405	01:10:28	443	01:16:22	446	01:42:19	428	01:41:12	444
1227	Brenda	Tiedtke	F	37	F50-54	2	Prestatyn Running Club	00:24:43	563	01:11:20	513	01:17:06	492	01:42:24	429	01:41:43	456
1116	Iwan	Evans	M	393	M35-39	76		00:24:14	465	01:10:10	420	01:16:03	426	01:42:26	430	01:40:44	423
2141	David	Chuter	M	394	M50-54	30	Market Drayton Running Club	00:25:18	688	01:10:31	452	01:16:21	445	01:42:27	431	01:39:04	353
2524	Karen	Soley	F	38	F40-44	5		00:23:38	375	01:10:29	446	01:16:34	463	01:42:27	432	01:42:17	479
385	Alan	Davies	M	395	M55-59	17	NWRRC	00:24:12	458	01:11:11	500	01:17:15	501	01:42:31	433	01:41:52	461
64	Hayley	Winder	F	39	F35-39	9	Salford Harriers	00:23:56	413	01:11:03	491	01:17:13	497	01:42:33	434	01:42:29	488
220	Paul	Mason	M	396	M35-39	77	Atherton Running Club	00:24:43	562	01:10:35	457	01:16:30	459	01:42:34	435	01:41:11	443
2042	Liam	Doogan	M	397	M35-39	78		00:24:36	536	01:10:28	445	01:16:02	425	01:42:35	436	01:39:57	389
438	Stephen	Whincup	M	398	M50-54	31	South Cheshire Harriers	00:24:10	455	01:09:48	402	01:15:31	393	01:42:35	437	01:39:27	371
2144	Maxwell	Smith	M	399	MSEN	109		00:24:32	529	01:10:14	425	01:15:56	416	01:42:40	438	01:40:22	407
1391	Sally	Hoyle	F	40	FU25	4		00:24:32	532	01:10:19	433	01:16:06	429	01:42:41	439	01:40:33	414
1582	Marc	Potter	M	400	M35-39	79	Riversway Roadrunners	00:23:56	415	01:09:43	398	01:15:41	397	01:42:41	440	01:39:30	374
399	Andy	Cowden	M	401	M50-54	32	Bere Alston Trekkers	00:24:54	592	01:11:57	547	01:17:50	540	01:42:43	441	01:42:11	476
2513	Dan	Dunbabin	M	402	M35-39	80		00:24:42	560	01:10:25	442	01:16:14	440	01:42:45	442	01:40:23	409
2088	Ben	Rees	M	403	MSEN	110		00:23:49	399	01:10:16	428	01:16:09	434	01:42:47	443	01:40:19	405
1476	Andrew	Kilmister	M	404	M45-49	53		00:24:58	614	01:10:43	469	01:16:24	451	01:42:48	444	01:41:24	449
849	Liam	Wareing	M	405	MSEN	111		00:25:11	658	01:11:42	531	01:17:30	514	01:42:50	445	01:42:12	478
2565	Carwyn	Williams	M	406	MSEN	112		00:23:02	309	01:08:53	362	01:14:50	372	01:42:50	446	01:40:05	393
1651	Andrew	Raho	M	407	MSEN	113		00:21:38	162	01:10:21	436	01:16:34	462	01:42:58	447	01:42:47	505
2302	John	Godding	M	408	M55-59	18		00:23:40	382	01:10:38	466	01:16:43	474	01:42:58	448	01:42:04	470
598	Ian	Kirby	M	409	M45-49	54	Ellesmere Port Running Club	00:23:57	416	01:10:55	485	01:16:56	489	01:43:00	449	01:42:39	496
2448	Gareth	Coy	M	410	MSEN	114		00:22:16	231	01:07:03	298	01:13:00	305	01:43:01	450	01:40:14	400
2127	David	Scotcher	M	411	M45-49	55	Market Drayton Running Club	00:24:22	492	01:10:31	453	01:16:11	438	01:43:02	451	01:39:39	379
2475	David	Flood	M	412	M45-49	56	Bury AC	00:25:07	641	01:12:05	556	01:17:56	546	01:43:02	452	01:42:07	474
1095	Nigel	Jones	M	413	MSEN	115		00:25:34	754	01:10:56	487	01:16:54	486	01:43:06	453	01:39:41	382
1240	Earle	Kenlay	M	414	M40-44	78		00:22:47	282	01:08:51	361	01:15:06	381	01:43:08	454	01:42:01	466
550	Michael	Lindsay	M	415	M45-49	57	Prestatyn Running Club	00:24:08	449	01:10:38	465	01:16:41	472	01:43:10	455	01:42:20	481
880	Martin	Moore	M	416	M50-54	33	Stafford Harriers	00:24:36	539	01:11:24	516	01:17:19	506	01:43:14	456	01:42:28	485
1375	Neil	Mcintyre	M	417	M50-54	34	West Cheshire AC	00:25:48	804	01:12:28	590	01:18:22	574	01:43:15	457	01:42:32	491
2492	Darren	Croft-Griggs	M	418	M45-49	58		00:24:19	482	01:10:35	458	01:16:42	473	01:43:16	458	01:42:28	486
517	Peter	Hughes	M	419	M45-49	59		00:23:29	354	01:10:22	437	01:16:37	468	01:43:17	459	01:42:44	501
1786	Glyn	Jones	M	420	M60-64	7		00:25:10	653	01:11:57	548	01:17:40	528	01:43:19	460	01:42:37	495
1626	Anthony	Thomas	M	421	M40-44	79		00:25:06	640	01:10:52	479	01:16:39	470	01:43:21	461	01:40:09	397
1055	Gary	Cooper	M	422	M35-39	81		00:22:32	253	01:05:31	223	01:11:11	227	01:43:23	462	01:39:56	388
1716	Dawn	Kenwright	F	41	F55-59	3	Sarn Helen	00:24:05	440	01:12:02	551	01:18:06	557	01:43:23	463	01:42:58	514
1648	Victoria	Doran	F	42	FSEN	14	Telford Harriers	00:24:21	487	01:11:47	537	01:17:43	531	01:43:23	464	01:43:03	516
2096	Stephen	Lamb	M	423	M35-39	82	Riversway Roadrunners	00:25:00	619	01:10:57	488	01:16:34	464	01:43:28	465	01:40:16	401
2445	Karen	Mcneil	F	43	F40-44	6		00:24:38	547	01:12:12	575	01:18:12	562	01:43:30	466	01:43:05	519
1336	John	Hughes-Roberts	M	424	M55-59	19	Prestatyn Running Club	00:24:10	454	01:10:38	464	01:16:41	471	01:43:30	467	01:42:40	498
1297	Tony	Hart	M	425	M45-49	60	ROYTON ROAD RUNNERS	00:25:35	756	01:10:02	412	01:15:41	399	01:43:31	468	01:39:36	376
801	Craig	Chapman	M	426	M35-39	83		00:24:01	428	01:11:06	493	01:17:07	493	01:43:33	469	01:42:02	468
2115	Nigel	Holmes	M	427	M55-59	20	ivanhoe runners	00:24:25	504	01:11:12	503	01:17:20	509	01:43:33	470	01:42:50	508
2741	Mark	Jones	M	428	M40-44	80	NWRRC	00:25:03	631	01:12:03	553	01:18:09	560	01:43:34	471	01:42:31	490
2289	Nick	Scholes	M	429	MSEN	116	Sale Harriers	00:23:29	355	01:09:32	388	01:15:41	398	01:43:36	472	01:43:01	515
271	Richard	Swinford	M	430	M35-39	84	serpentine	00:24:20	484	01:10:47	470	01:16:46	479	01:43:37	473	01:40:50	427
2459	Jonathan	Owen	M	431	M35-39	85		00:24:24	498	01:10:55	486	01:16:57	490	01:43:38	474	01:42:33	493
1468	Jayne	Penrhyn Jones	F	44	F50-54	3	Prestatyn Running Club	00:24:15	467	01:11:51	540	01:17:49	539	01:43:44	475	01:43:21	533
2076	Paul	Mcard	M	432	M45-49	61		00:24:46	570	01:11:53	543	01:17:54	544	01:43:44	476	01:43:10	522
1383	Christopher	Murray	M	433	MSEN	117		00:23:38	374	01:10:33	456	01:16:38	469	01:43:45	477	01:42:09	475

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Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
1568	Chris	Roberts	M	434	MSEN	118		00:22:39	260	01:11:58	549	01:18:05	556	01:43:49	478	01:43:41	555
823	David John	Williams	M	435	M50-54	35		00:24:52	584	01:12:00	550	01:17:57	549	01:43:49	479	01:42:47	503
2189	Darren	Maher	M	436	M45-49	62		00:24:56	604	01:10:36	460	01:16:18	443	01:43:51	480	01:41:01	434
1741	Peter	Greno	M	437	MSEN	119		00:24:17	476	01:11:16	506	01:17:35	522	01:43:51	481	01:43:25	540
1722	Katy	Perrault	F	45	FSEN	15	Queens park harriers	00:25:13	671	01:11:43	534	01:17:46	535	01:43:52	482	01:42:02	467
800	Mark	Till	M	438	M35-39	86	Sneyd Striders	00:24:29	521	01:10:49	476	01:16:44	476	01:43:52	483	01:41:35	454
2126	Richard	Bacon	M	439	M70-74	1	Winston Runners	00:24:26	507	01:11:43	533	01:17:40	529	01:43:53	484	01:43:35	548
643	Neil	Williams	M	440	M45-49	63		00:24:28	512	01:10:54	483	01:16:54	487	01:43:55	485	01:41:52	460
949	Neal	Bez	M	441	MSEN	120		00:29:31	1607	01:14:26	739	01:19:46	678	01:43:55	486	01:42:20	482
672	Kevin	Shufflebottom	M	442	M45-49	64	Biddulph Running Club	00:22:44	276	01:09:06	372	01:15:18	387	01:43:55	487	01:42:51	510
96	Jan	Muir	F	46	F45-49	6		00:24:29	523	01:11:39	528	01:17:53	543	01:43:56	488	01:43:54	564
2739	Steve	Fairclough	M	443	M45-49	65	Bramhall runners	00:24:52	580	01:11:40	529	01:17:36	524	01:43:59	489	01:42:28	487
1823	Graham	Roberts	M	444	MU25	29	South Cheshire Harriers	00:25:27	723	01:12:11	569	01:18:04	555	01:44:08	490	01:42:24	483
519	Rachel	Williams	F	47	F35-39	10		00:24:24	502	01:11:10	498	01:17:14	499	01:44:09	491	01:43:30	543
520	Scott	Andrews	M	445	M40-44	81		00:24:24	501	01:11:10	499	01:17:14	500	01:44:09	492	01:43:30	544
2669	Andrew	Lavery	M	446	M35-39	87	Knowsley Harrier AC	00:24:29	524	01:10:53	480	01:16:44	477	01:44:10	493	01:41:58	463
1162	David	Melotti	M	447	MSEN	121		00:23:39	378	01:09:57	410	01:15:58	417	01:44:10	494	01:41:59	464
273	Ian	Jones	M	448	M40-44	82		00:26:01	839	01:13:08	639	01:19:14	629	01:44:12	495	01:43:47	560
1381	David	Jowitt	M	449	M35-39	88		00:22:49	288	01:11:28	522	01:17:47	538	01:44:16	496	01:44:02	570
186	Emma	Pickering	F	48	FSEN	16		00:24:08	450	01:11:03	492	01:17:20	507	01:44:18	497	01:43:52	563
1489	Roger	Skidmore	M	450	M50-54	36		00:25:23	707	01:12:56	622	01:18:52	610	01:44:20	498	01:43:44	557
1509	Andy	Cantwell	M	451	M35-39	89	Penny Lane Striders	00:24:16	470	01:11:17	507	01:17:20	508	01:44:24	499	01:42:26	484
1518	Joanne	Lacking	F	49	FSEN	17	Helsby Running Club	00:25:39	773	01:12:20	586	01:18:13	565	01:44:25	500	01:42:12	477
1888	Jane	Lindley	F	50	F45-49	7	Buckley Runners	00:24:20	486	01:11:55	544	01:18:15	567	01:44:25	501	01:44:07	577
2544	Sean	Cook	M	452	MSEN	122	Kirkstall Harriers	00:24:21	488	01:12:13	576	01:18:21	571	01:44:26	502	01:43:55	566
666	Rory	Fish	M	453	M50-54	37		00:25:38	766	01:12:03	552	01:18:07	559	01:44:27	503	01:43:25	541
1027	Lee	Thornton	M	454	MSEN	123		00:22:21	235	01:07:40	412	01:13:54	333	01:44:28	504	01:41:03	437
2682	Jon	Dolben	M	455	MSEN	124		00:24:05	438	01:10:17	429	01:16:13	439	01:44:30	505	01:41:51	459
267	Jonathan	Stone	M	456	M45-49	66		00:24:08	447	01:10:03	414	01:16:07	431	01:44:31	506	01:43:11	523
2650	Tim	Bennett	M	457	MU25	30		00:24:52	582	01:10:13	422	01:16:08	433	01:44:31	507	01:42:04	471
821	John	Finnigan	M	458	MSEN	125		00:25:10	656	01:11:42	530	01:17:45	533	01:44:36	508	01:43:58	567
556	Madeleine	Hill	F	51	F40-44	7	Dragons Running Club (sale)	00:24:18	478	01:10:49	475	01:16:49	482	01:44:36	509	01:41:28	450
2665	Owain	Morris	M	459	MU25	31		00:25:23	703	01:12:19	584	01:18:24	577	01:44:39	510	01:44:04	575
1623	Alan	Turner	M	460	M45-49	67	Wilmslow Running Club	00:23:55	409	01:10:50	477	01:17:12	496	01:44:39	511	01:44:00	569
2161	Brian Arthur	Griffiths	M	461	M55-59	21	Ellesmere Port Running Club	00:24:28	511	01:11:34	526	01:17:36	526	01:44:41	512	01:43:23	536
1989	James	Kearns	M	462	MU25	32		00:26:46	981	01:11:21	514	01:16:45	478	01:44:42	513	01:41:14	446
1152	Paul	Mason	M	463	MSEN	126		00:25:16	676	01:11:42	532	01:17:31	515	01:44:42	514	01:41:47	457
1670	Anna	Winnard	F	52	FSEN	18	Riversway Roadrunners	00:24:57	608	01:11:27	519	01:17:15	502	01:44:43	515	01:41:32	452
1976	Chris	Sorsby	M	464	M40-44	83		00:24:17	472	01:10:59	489	01:16:51	483	01:44:43	516	01:41:49	458
2387	Phillip	Owen	M	465	MSEN	127		00:24:41	558	01:09:48	403	01:15:42	401	01:44:45	517	01:41:04	438
2103	Lee	Mcnelis	M	466	M40-44	84		00:24:17	474	01:11:28	521	01:17:46	536	01:44:47	518	01:44:03	572
2117	Nathan	Jones	M	467	MSEN	128		00:24:06	441	01:10:31	451	01:16:35	466	01:44:48	519	01:42:05	472
2718	Joseph	Jones	M	468	MSEN	129		00:25:44	788	01:13:00	626	01:18:59	616	01:44:50	520	01:44:11	578
2111	Stuart	Mccallum	M	469	M45-49	68	hayle	00:23:57	418	01:11:01	490	01:17:08	494	01:44:52	521	01:44:03	574
1029	Bill	Crawshaw	M	470	M50-54	38		00:24:32	530	01:11:18	509	01:17:24	512	01:44:52	522	01:42:40	497
2019	David	Gardner	M	471	M70-74	2	NWRRC	00:24:48	572	01:12:35	595	01:18:36	591	01:44:53	523	01:43:34	546
943	Terje	Sjostrom	M	472	MSEN	130		00:24:49	575	01:12:05	558	01:17:58	552	01:44:53	524	01:43:18	527
962	Andy	Fisher	M	473	M40-44	85		00:25:43	783	01:12:52	615	01:18:52	607	01:44:54	525	01:43:39	553
963	Mike	Clark	M	474	M40-44	86		00:25:43	785	01:12:53	617	01:18:52	611	01:44:54	526	01:43:39	554
465	Andrew	Scowcroft	M	475	M35-39	90		00:25:23	706	01:12:40	602	01:18:49	603	01:44:55	527	01:44:03	571
2466	Anna	Lewis	F	53	FSEN	19		00:25:31	734	01:13:20	657	01:19:25	647	01:44:59	528	01:44:29	591
1406	Jamie	Smith	M	476	M65-69	2	Wilmslow Running Club	00:25:20	695	01:11:25	517	01:17:16	504	01:45:01	529	01:42:00	465
2627	Vicky	Ronald	F	54	F45-49	8	Colwyn Bay AC	00:25:04	635	01:12:11	568	01:18:06	558	01:45:01	530	01:42:36	494

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Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
2261	Martin	Hilton	M	477	M40-44	87	Tattenhall Runners	00:24:10	456	01:12:18	583	01:18:34	587	01:45:03	531	01:44:40	597
2510	Paolo	Tardivel	M	478	MSEN	131		00:25:55	827	01:12:15	577	01:17:58	551	01:45:04	532	01:42:49	506
1702	Joseph	Palmer	M	479	MSEN	132		00:25:55	826	01:12:15	578	01:17:57	548	01:45:04	533	01:42:49	507
1010	Rob	Antrobus	M	480	MSEN	133		00:25:53	822	01:11:34	525	01:17:33	520	01:45:07	534	01:42:41	500
340	Marc	Hughes	M	481	M40-44	88		00:25:13	669	01:12:05	557	01:18:03	554	01:45:10	535	01:43:29	542
2771	Anthony	Lowndes	M	482	M40-44	89		00:24:19	479	01:11:20	512	01:17:33	521	01:45:11	536	01:43:04	518
1252	Cliff	Morley	M	483	M50-54	39	Welling RC	00:25:38	767	01:12:59	624	01:18:49	602	01:45:11	537	01:43:21	532
1208	Mike	Hobday	M	484	M50-54	40		00:25:36	760	01:12:59	625	01:18:48	601	01:45:11	538	01:43:21	531
1730	Gareth	Burroughes	M	485	M35-39	91		00:25:27	725	01:12:38	601	01:18:43	598	01:45:13	539	01:43:22	535
762	Nicola	Davies	F	55	F50-54	4		00:25:16	677	01:12:27	589	01:18:38	592	01:45:13	540	01:44:33	593
759	Sophie	Seingier	F	56	F40-44	8	Stockport Harriers & AC	00:24:55	596	01:12:58	623	01:19:01	621	01:45:17	541	01:44:03	573
2251	Michael	Williams	M	486	M45-49	69		00:23:59	426	01:12:07	563	01:18:26	579	01:45:18	542	01:45:07	611
2439	Gavin	Roche	M	487	M35-39	92		00:24:03	431	01:10:02	411	01:16:10	436	01:45:22	543	01:43:35	550
2181	Richard	Garton	M	488	M50-54	41		00:25:24	712	01:09:45	399	01:15:41	400	01:45:23	544	01:41:40	455
698	Lesley	Goodson	F	57	F45-49	9	NWRRC	00:24:41	559	01:11:45	535	01:17:57	550	01:45:23	545	01:43:58	568
2572	Andrew	Wilson	M	489	MSEN	134		00:25:12	664	01:13:01	630	01:19:00	620	01:45:24	546	01:45:10	615
1369	Eleanor	Cliffe	F	58	FSEN	20		00:25:02	627	01:12:54	618	01:19:08	626	01:45:25	547	01:44:39	596
1009	Craig	Roberts	M	490	M35-39	93		00:25:48	802	00:00:00	0	01:18:52	608	01:45:26	548	01:44:15	581
1188	Phillip	Brougham	M	491	MSEN	135		00:25:23	705	01:12:20	587	01:18:22	573	01:45:27	549	01:43:18	526
2703	Darren	Nelson-Hall	M	492	MSEN	136		00:23:58	422	01:12:17	580	01:18:24	578	01:45:28	550	01:45:02	609
219	Ken	Bloor	M	493	M50-54	42		00:24:58	611	01:13:44	687	01:20:01	689	01:45:30	551	01:45:10	614
2137	Mark	Gamblin	M	494	M45-49	70		00:24:40	555	01:11:49	538	01:17:45	534	01:45:32	552	01:42:45	502
846	Mark	Clayton	M	495	M40-44	90	Sneyd Striders	00:24:26	506	01:10:53	481	01:16:51	484	01:45:35	553	01:42:18	480
1529	David	Williams	M	496	M35-39	94		00:25:02	628	01:12:12	574	01:18:15	568	01:45:35	554	01:42:47	504
29	Piotr	Dura	M	497	M45-49	71	Notfast RC Newark-On-Trent	00:26:29	926	01:12:12	571	01:17:52	542	01:45:35	555	01:42:07	473
844	Stephen	Gregory	M	498	MSEN	137		00:24:29	522	01:12:40	603	01:18:39	594	01:45:36	556	01:44:20	587
87	Lisa	Donovan	F	59	F40-44	9		00:24:39	550	01:13:12	644	01:19:19	635	01:45:36	557	01:45:10	616
1983	Pennie	Sandell	F	60	F45-49	10	Kenilworth Runners	00:25:27	727	01:13:07	637	01:19:05	623	01:45:36	558	01:44:43	601
137	Gemma	Hayes	F	61	FSEN	21		00:25:35	757	01:13:37	680	01:19:21	636	01:45:38	559	01:43:14	525
2145	Jason	Jones	M	499	M45-49	72		00:27:20	1112	01:14:13	720	01:19:38	667	01:45:39	560	01:43:54	565
546	Victoria	Williams	F	62	F35-39	11		00:23:17	333	01:10:47	473	01:16:55	488	01:45:40	561	01:44:54	606
2753	Dylan	Williams	M	500	M35-39	95		00:23:57	417	01:10:20	435	01:16:22	447	01:45:42	562	01:43:37	551
692	Geoff	Pennington	M	501	M60-64	8		00:25:56	829	01:12:38	598	01:18:35	589	01:45:43	563	01:44:06	576
788	Andrew	Roberts	M	502	M40-44	91		00:24:24	499	01:11:09	497	01:17:14	498	01:45:43	564	01:43:10	521
1731	Mark	Murphy	M	503	M35-39	96	Penny Lane Striders	00:24:37	546	01:12:46	612	01:19:00	619	01:45:43	565	01:44:54	607
1324	Alex	Nichols	M	504	MSEN	138		00:25:33	749	01:12:43	609	01:18:34	588	01:45:45	566	01:43:33	545
1806	Leigh	Emery	M	505	M35-39	97		00:25:37	762	01:13:35	675	01:19:25	648	01:45:49	567	01:45:14	617
2234	Rosalind	Barrett	F	63	F50-54	5	Buxton and District AC	00:25:02	626	01:12:12	573	01:18:12	563	01:45:53	568	01:43:24	537
1779	Alan	Palin	M	506	M45-49	73	Wrekin Road Runners	00:24:27	509	01:12:35	594	01:18:46	600	01:45:53	569	01:44:17	585
960	Claire	Birch	F	64	F35-39	12	Oswestry Olympians	00:25:57	831	01:13:47	692	01:19:44	675	01:45:54	570	01:44:20	586
1642	Phil	Chew	M	507	M50-54	43		00:24:29	519	01:11:19	511	01:17:31	516	01:45:54	571	01:43:46	559
1004	Sarah	Carlin	F	65	FSEN	22		00:23:59	427	01:12:10	567	01:18:21	572	01:45:56	572	01:45:32	626
2519	Mark	Jones	M	508	M35-39	98		00:24:53	586	01:11:14	504	01:17:16	503	01:45:59	573	01:42:53	512
940	Mike	Owens	M	509	M35-39	99		00:25:10	655	01:11:29	523	01:17:24	513	01:46:00	574	01:42:30	489
891	Paul	Wolfe	M	510	M45-49	74	Sneyd Striders	00:25:27	726	01:12:09	565	01:18:11	561	01:46:01	575	01:43:43	556
1469	Andy	Blair	M	511	M50-54	44	Ellesmere Port Running Club	00:22:09	214	01:13:24	665	01:19:28	651	01:46:06	576	01:45:44	638
2368	Alex	Stokoe	M	512	MU25	33		00:23:48	397	01:10:40	468	01:16:28	457	01:46:07	577	01:42:02	469
2591	Andrew	Reynolds	M	513	MSEN	139		00:25:08	645	01:12:24	588	01:18:20	569	01:46:10	578	01:43:49	562
512	William	Staniard	M	514	M45-49	75	Manchester Harriers	00:25:24	710	01:13:14	650	01:19:24	642	01:46:10	579	01:44:24	590
1627	Simon	Howard	M	515	M40-44	92	Royton Road Runners	00:24:39	551	01:13:35	676	01:19:36	665	01:46:11	580	01:45:46	639
2229	Philip	Adderley	M	516	M35-39	100		00:23:09	321	01:10:30	449	01:16:48	481	01:46:12	581	01:45:57	648
71	Carl	Dimmock	M	517	M45-49	76		00:25:00	620	01:13:13	646	01:19:25	644	01:46:15	582	01:45:32	627
1594	Mike	Foster	M	518	M45-49	77		00:25:32	745	01:14:01	704	01:20:07	696	01:46:16	583	01:45:31	624

RunWales.com Conwy half Marathon 2013

Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
1072	Craig	Hawley	M	519	M55-59	22	Penny Lane Striders	00:26:36	952	01:13:43	686	01:19:22	639	01:46:19	584	01:42:41	499
1448	Murray	Bryce	M	520	M60-64	9	Cosmic Hillbashers	00:24:17	475	01:12:06	559	01:18:30	585	01:46:22	585	01:45:56	647
2575	Jennifer	Hanson	F	66	F5EN	23	Royton Road Runners	00:25:32	746	01:13:59	702	01:20:12	702	01:46:24	586	01:45:43	636
2366	John	Fox	M	521	M35-39	101		00:24:40	553	01:13:04	633	01:19:17	630	01:46:25	587	01:45:28	623
1447	John	Malone	M	522	M55-59	23	Winston Runners	00:24:40	554	01:13:27	669	01:19:34	661	01:46:26	588	01:45:50	644
1199	Sam	Williams	M	523	MU25	34		00:24:05	437	01:08:29	345	01:14:24	346	01:46:26	589	01:43:45	558
1475	Phil	Collister	M	524	M45-49	78		00:25:31	739	01:12:16	579	01:18:28	580	01:46:27	590	01:43:20	530
1465	Stephen	Hanlon	M	525	M50-54	45		00:25:35	758	01:12:47	613	01:18:36	590	01:46:27	591	01:43:19	529
2084	Phil	Dabner	M	526	M45-49	79		00:26:37	957	01:14:08	711	01:19:46	679	01:46:28	592	01:42:51	509
2601	David	Morris	M	527	M55-59	24	Deestriders RC	00:24:11	457	01:12:38	599	01:18:42	597	01:46:29	593	01:44:23	589
1308	Christian	Eagle	M	528	M35-39	102	Stockport Harriers & AC	00:24:56	605	01:11:28	520	01:17:46	537	01:46:30	594	01:45:04	610
2742	Hannah	Dent	F	67	F5EN	24	Clapham Chasers	00:24:15	468	01:11:26	518	01:17:32	518	01:46:30	595	01:43:25	538
1618	Andrew	Ellis	M	529	M45-49	80		00:24:56	597	01:14:34	750	01:20:43	733	01:46:32	596	01:45:51	645
2658	Franck	Turmel-Josek	M	530	M40-44	93	AJBO Blois	00:24:38	548	01:12:54	619	01:19:17	631	01:46:33	597	01:45:27	622
1919	Mark	Waterall	M	531	M35-39	103		00:26:12	879	01:11:12	502	01:16:52	485	01:46:33	598	01:43:07	520
2291	Kevin	Smallwood	M	532	M40-44	94	Helsby Running Club	00:25:39	772	01:14:17	726	01:20:17	708	01:46:33	599	01:45:32	628
1548	Paul	Plested	M	533	M50-54	46	Ellesmere Port Running Club	00:24:54	589	01:13:09	642	01:19:21	637	01:46:34	600	01:45:15	619
2062	Gareth	Davies	M	534	M45-49	81		00:24:59	616	01:11:11	501	01:17:09	495	01:46:34	601	01:42:33	492
1747	Martin	Lewis	M	535	M45-49	82		00:24:28	516	01:13:06	636	01:19:25	645	01:46:37	602	01:46:03	652
2223	Seb	Janney	M	536	M40-44	95		00:24:28	514	01:13:08	641	01:19:30	654	01:46:37	603	01:46:06	654
2079	Karl	Morris	M	537	M5EN	140	NWRRC	00:24:09	451	01:13:16	654	01:19:37	666	01:46:38	604	01:46:23	670
326	Richard	Jones	M	538	M35-39	104		00:24:22	493	01:13:23	663	01:19:32	658	01:46:39	605	01:46:17	663
249	Peter	Walters	M	539	M55-59	25	Winston Runners	00:24:49	576	01:12:45	611	01:18:44	599	01:46:39	606	01:44:52	605
2749	Martyn	Parker	M	540	MU25	35	British Military Fitness	00:25:29	730	01:12:06	560	01:17:51	541	01:46:41	607	01:43:19	528
1630	Craig	Richardson	M	541	M5EN	141		00:26:49	1001	01:14:09	714	01:20:13	704	01:46:42	608	01:44:48	603
2704	Mary	Gatehouse	F	68	F35-39	13	London Heathside	00:24:29	520	01:13:33	673	01:19:42	671	01:46:42	609	01:46:25	674
1962	Robert J	Brown	M	542	M45-49	83	South Cheshire Harriers	00:24:48	574	01:12:17	581	01:18:39	593	01:46:44	610	01:45:17	620
1282	Miles	Woodley	M	543	M45-49	84		00:26:43	973	01:13:01	629	01:18:51	606	01:46:47	611	01:42:52	511
40	Martin	Wragg	M	544	M35-39	105	Mow Cop Runners	00:26:28	920	01:13:50	694	01:19:55	685	01:46:49	612	01:44:13	580
993	Stuart	Cassidy	M	545	M55-59	26		00:25:31	738	01:14:56	782	01:21:06	768	01:46:52	613	01:46:02	651
2447	Andrew	Crampton	M	546	M40-44	96		00:26:18	895	01:14:59	791	01:21:04	766	01:46:52	614	01:46:06	653
1953	John	Scholes	M	547	M45-49	85		00:25:40	774	01:14:51	778	01:20:55	752	01:46:54	615	01:46:25	675
2655	Conor	Loughran	M	548	M35-39	106		00:24:23	495	01:11:14	505	01:17:22	511	01:46:56	616	01:45:32	625
2406	Gareth	Bowen	M	549	M35-39	107		00:24:45	568	01:11:08	495	01:17:18	505	01:46:56	617	01:44:17	584
883	Curig	Owen	M	550	M5EN	142		00:24:41	557	01:12:04	555	01:19:31	656	01:46:56	618	01:45:34	630
582	Julian	Pritchard	M	551	M35-39	108		00:23:53	406	01:11:49	539	01:17:42	530	01:46:57	619	01:46:07	655
1382	Lisa	Hughes	F	69	FU25	5		00:25:50	815	01:11:52	542	01:17:40	527	01:46:58	620	01:43:03	517
1958	Tim	Billington	M	552	M50-54	47		00:23:58	424	01:12:38	597	01:18:59	615	01:47:03	621	01:46:20	667
2693	Aoin	Douglas	M	553	M40-44	97		00:25:12	663	01:12:12	572	01:18:28	582	01:47:04	622	01:44:37	595
982	Dewi	Jones	M	554	M5EN	143		00:26:10	870	01:12:36	596	01:18:23	575	01:47:06	623	01:42:53	513
1833	Paul	Rooney	M	555	M35-39	109		00:25:38	769	01:14:35	753	01:20:55	751	01:47:09	624	01:46:35	681
1422	Tony	Southern	M	556	M50-54	48		00:25:49	808	01:13:41	684	01:19:54	683	01:47:10	625	01:46:00	650
2180	Tom	Bancroft	M	557	M40-44	98	Abergele harriers	00:25:38	768	01:13:44	689	01:19:53	682	01:47:10	626	01:46:31	677
1995	Kay	Hatton	F	70	F50-54	6	NWRRC	00:25:33	748	01:14:30	745	01:20:47	741	01:47:12	627	01:47:02	705
522	Steven	Hibbert	M	558	M50-54	49		00:24:05	439	01:13:16	652	01:19:35	663	01:47:12	628	01:46:48	687
1215	Sean	O'Farrell	M	559	M45-49	86		00:25:13	670	01:13:25	666	01:19:32	660	01:47:14	629	01:47:00	700
1170	Kim	Bennett	F	71	F50-54	7	wrekin road runners	00:24:48	573	01:13:10	643	01:19:25	643	01:47:14	630	01:45:38	631
2053	David	Lynan	M	560	M40-44	99	Penny Lane Striders	00:26:41	970	01:14:36	755	01:20:56	754	01:47:15	631	01:45:15	618
1569	Julie	Riley	F	72	F45-49	11		00:26:12	876	01:12:53	616	01:18:51	605	01:47:15	632	01:44:31	592
2433	Steven	Warburton	M	561	M50-54	50		00:24:17	473	01:12:54	621	01:19:09	627	01:47:15	633	01:46:35	680
2415	James	Bruckshaw	M	562	M5EN	144		00:26:19	901	01:13:41	685	01:19:27	649	01:47:16	634	01:44:47	602
2382	John	Howard	M	563	M5EN	145		00:24:37	544	01:13:01	627	01:19:17	632	01:47:19	635	01:46:22	668
2469	Paul	Rutt	M	564	M45-49	87		00:25:31	737	01:14:29	742	01:20:41	730	01:47:19	636	01:46:49	688

RunWales.com Conwy half Marathon 2013

Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
1416	Mick	Potts	M	565	M35-39	110		00:25:37	764	01:14:35	751	01:20:54	748	01:47:20	637	01:46:45	685
2477	Mathew	Anwyl	M	566	M40-44	100	Prestatyn Running Club	00:25:26	722	01:14:28	741	01:20:39	728	01:47:20	638	01:46:50	692
1847	Tim	Wright	M	567	M50-54	51	Razzer's Runners	00:24:50	579	01:11:37	527	01:17:44	532	01:47:21	639	01:44:35	594
1808	Sarah	Waite	F	73	F35-39	14	Wilmslow Running Club	00:25:01	623	01:12:54	620	01:19:22	638	01:47:23	640	01:44:58	608
1985	Patrick	Grannan	M	568	M60-64	10	Wilmslow Running Club	00:24:58	613	01:11:55	545	01:17:55	545	01:47:23	641	01:43:25	539
1585	Graham	Bushnell-Wye	M	569	M60-64	11	Razzer's Runners	00:24:32	531	01:12:07	564	01:18:20	570	01:47:27	642	01:44:41	599
2606	Nikk	Castle	M	570	MSEN	146		00:24:19	480	01:11:23	515	01:17:32	517	01:47:27	643	01:43:35	549
37	Richard	Scamans	M	571	M40-44	101	NWRRRC	00:23:23	346	01:11:07	494	01:17:36	525	01:47:28	644	01:46:39	683
1340	Paul	Howson	M	572	M45-49	88		00:25:08	643	01:12:10	566	01:18:14	566	01:47:31	645	01:45:08	612
2432	Colin	Garside	M	573	M40-44	102		00:25:22	701	01:12:34	593	01:18:29	583	01:47:34	646	01:43:48	561
1945	David	Morton Lloyd	M	574	M50-54	52		00:25:33	750	01:14:44	768	01:20:55	750	01:47:35	647	01:47:08	708
2059	Chris	Baker	M	575	MSEN	147	Eryri Harriers	00:25:24	715	01:13:14	647	01:19:25	646	01:47:38	648	01:45:47	640
2663	James	Hartwell	M	576	M35-39	111		00:23:34	367	01:09:32	389	01:15:49	409	01:47:39	649	01:43:12	524
1778	Leon	Davies	M	577	M35-39	112		00:26:21	902	01:14:20	730	01:20:35	724	01:47:40	650	01:45:53	646
1913	Ian	Russell	M	578	MSEN	148		00:28:58	1482	01:15:08	803	01:20:34	722	01:47:41	651	01:43:35	547
843	Geoff	Collins	M	579	M55-59	27		00:25:45	790	01:13:51	695	01:20:12	700	01:47:41	652	01:46:38	682
2178	Steve	Robins	M	580	M40-44	103		00:24:08	445	01:12:04	554	01:18:24	576	01:47:44	653	01:46:24	671
1936	Brendan	Murphy	M	581	MSEN	149		00:26:00	837	01:13:54	700	01:20:21	716	01:47:44	654	01:46:30	676
2653	Mark	Radcliffe	M	582	M40-44	104		00:23:43	386	01:13:14	648	01:19:57	686	01:47:47	655	01:47:19	721
2482	Charles	Ashley	M	583	M55-59	28	Wrexham Athletics Club	00:26:06	854	01:13:27	668	01:19:31	657	01:47:50	656	01:44:17	583
1637	Paula	Hurst	F	74	FSEN	25		00:26:03	845	01:13:26	667	01:19:30	655	01:47:50	657	01:44:15	582
2175	Huw	Jones	M	584	M35-39	113		00:25:49	811	01:14:09	716	01:20:19	712	01:47:52	658	01:46:23	669
1117	Carole	Barnes	F	75	F40-44	10	Stockport Harriers & AC	00:24:36	537	01:13:47	693	01:20:06	694	01:47:52	659	01:46:51	694
1897	Stephen	Cullen	M	585	M40-44	105		00:25:49	812	01:14:57	784	01:21:13	778	01:47:55	660	01:46:59	699
2381	Andrew	Parry	M	586	M40-44	106	Buckley Runners	00:25:08	646	01:12:40	604	01:18:54	612	01:47:58	661	01:44:52	604
990	Alastair	Moralee	M	587	M50-54	53		00:25:15	674	01:13:21	660	01:19:39	669	01:47:58	662	01:46:46	686
2250	Stephen	Botham	M	588	M50-54	54	Wrecsam Tri Club	00:24:25	503	01:13:37	679	01:20:20	713	01:48:00	663	01:47:16	716
2184	Paul	Dewhurst	M	589	M50-54	55		00:25:52	585	01:14:48	771	01:21:11	774	01:48:02	664	01:46:55	697
1320	Peter	Kennedy	M	590	MSEN	150		00:24:28	513	01:13:40	682	01:20:12	703	01:48:03	665	01:47:59	755
1865	David	Harper	M	591	M45-49	89	Birkenhead ac	00:23:30	358	01:10:11	421	01:16:22	448	01:48:03	666	01:47:39	740
2637	Colin	Brown	M	592	M40-44	107		00:25:58	833	01:15:13	807	01:21:28	799	01:48:04	667	01:47:15	715
328	Simon	Williams	M	593	MSEN	151		00:24:21	490	01:13:22	662	01:19:32	659	01:48:07	668	01:47:44	744
296	Cyprian	Owen Edmunds	M	594	MU25	36		00:28:11	1293	01:16:10	856	01:22:03	831	01:48:09	669	01:45:48	642
1307	Kevin	Jones	M	595	M45-49	90		00:25:08	647	01:14:42	762	01:20:46	740	01:48:09	670	01:47:12	713
1603	Sye	Channer	M	596	M40-44	108		00:24:16	471	01:11:56	546	01:18:13	564	01:48:10	671	01:46:12	659
741	Alistair	Goodwin	M	597	M50-54	56		00:25:15	675	01:13:40	681	01:19:34	662	01:48:13	672	01:44:41	600
2654	Richard	Talbot	M	598	M50-54	57		00:25:52	818	01:14:11	718	01:20:28	720	01:48:13	673	01:46:14	661
1035	Brad	Foster	M	599	MU25	37		00:23:58	421	01:10:47	472	01:16:44	475	01:48:14	674	01:45:48	641
926	Callum	Robertson	M	600	M50-54	58		00:26:07	856	01:15:34	829	01:21:50	820	01:48:15	675	01:47:54	750
1225	Marie	Boyle	F	76	F45-49	12	Chorley triathlon and athletic	00:25:17	683	01:14:32	748	01:20:53	746	01:48:17	676	01:46:50	691
455	Simon	Crompton	M	601	M50-54	59		00:25:18	686	01:14:33	749	01:20:54	747	01:48:17	677	01:46:50	693
736	Justin	Shirra	M	602	M45-49	91	SYTri Shrewsbury	00:24:37	543	01:15:02	795	01:21:16	783	01:48:18	678	01:48:06	758
996	David	Griffiths	M	603	M40-44	109		00:26:43	975	01:13:59	703	01:19:57	687	01:48:18	679	01:44:40	598
1584	Mike	Smith	M	604	M45-49	92		00:24:08	446	01:12:11	570	01:18:29	584	01:48:20	680	01:45:44	637
711	David	Munro	M	605	M35-39	114		00:25:40	777	01:15:00	792	01:21:20	787	01:48:22	681	01:47:54	749
2179	Peter	Speake	M	606	M55-59	29	Oswestry Olympians	00:24:57	607	01:14:05	706	01:20:21	715	01:48:23	682	01:47:42	743
840	Femi	Adedeji	M	607	M45-49	93		00:26:15	890	01:14:09	715	01:20:03	692	01:48:23	683	01:45:39	633
321	Mike	Hughes	M	608	M50-54	60		00:26:10	867	01:15:20	813	01:21:40	814	01:48:23	684	01:47:19	720
2021	E	Hughes	M	609	MSEN	152		00:26:32	934	01:14:38	757	01:21:02	763	01:48:24	685	01:47:18	719
2453	Mark	Travers	M	610	M50-54	61	st albans striders	00:24:35	535	01:15:53	838	01:22:31	855	01:48:25	686	01:48:18	767
1891	Shaun	Davies	M	611	M35-39	115		00:25:03	630	01:14:51	776	01:20:56	753	01:48:25	687	01:47:17	718
651	Steven David	Mccall	M	612	M55-59	30	Manchester Harriers	00:25:24	711	01:13:53	698	01:20:10	698	01:48:26	688	01:46:40	684
1481	Andrew	Whitten	M	613	MSEN	153	L&A the fitness people	00:24:04	434	01:12:19	585	01:18:50	604	01:48:27	689	01:47:21	724

RunWales.com Conwy half Marathon 2013

Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
1834	Adrian	Read	M	614	M55-59	31	Sneyd striders	00:25:18	685	01:13:08	638	01:19:00	618	01:48:27	690	01:43:21	534
1409	Paul	Dunford	M	615	M55-59	154		00:24:03	432	01:12:17	582	01:18:52	609	01:48:27	691	01:47:20	722
1346	Gordon	McLeod	M	616	M50-54	62	Sunlight Runners	00:26:03	841	01:15:29	824	01:21:52	822	01:48:27	692	01:47:46	746
2449	Gareth	Ellis	M	617	M45-49	94		00:24:08	448	01:14:09	713	01:20:46	739	01:48:31	693	01:48:18	768
2313	Andy	Davies	M	618	M40-44	110	Stone Master Marathoners	00:26:05	852	01:14:21	732	01:20:30	721	01:48:32	694	01:47:09	709
1549	Sharon	Plested	F	77	F45-49	13	Ellesmere Port Running Club	00:24:37	541	01:14:18	728	01:20:44	735	01:48:32	695	01:47:14	714
1984	Jonathan	Nosworthy	M	619	M35-39	116		00:26:09	862	01:13:45	691	01:19:46	677	01:48:32	696	01:44:21	588
868	Paula	Pendleton-Hughes	F	78	F50-54	8		00:25:12	665	01:14:13	722	01:20:25	717	01:48:32	697	01:47:30	732
2294	Jennifer	Rose	F	79	F50-54	26		00:25:45	791	01:14:11	719	01:20:27	719	01:48:34	698	01:47:23	727
1480	Marc	Hughes	M	620	M55-59	155		00:26:47	983	01:13:24	664	01:19:27	650	01:48:37	699	01:45:39	634
68	Steven	Haswell	M	621	M40-44	111		00:27:07	1058	01:14:43	765	01:20:50	745	01:48:39	700	01:46:49	689
69	Darryl	Hyde	M	622	M40-44	112		00:27:07	1060	01:14:43	764	01:20:50	744	01:48:39	701	01:46:49	690
1598	Oliver	Parker	M	623	M50-54	156		00:26:47	983	01:11:18	508	01:17:35	523	01:48:40	702	01:45:50	643
807	Martin	Owen	M	624	M55-59	157		00:27:49	1212	01:13:06	635	01:18:39	595	01:48:41	703	01:43:38	552
2308	Louise	Steed	F	80	F40-44	11		00:26:25	911	01:14:10	717	01:20:16	706	01:48:41	704	01:45:58	649
487	Richard	Morris	M	625	M45-49	95	Ilkley Harriers	00:27:07	1057	01:16:32	884	01:22:47	868	01:48:41	705	01:47:30	735
2589	Allen	Smith	M	626	M55-59	32	Buckley Runners	00:26:03	843	01:13:45	690	01:20:03	693	01:48:41	706	01:46:54	696
2337	Michael	Hewitt	M	627	M40-44	113		00:25:17	681	01:14:23	736	01:20:38	726	01:48:42	707	01:47:12	712
2078	David	Maydew	M	628	M45-49	96	Biddulph Running Club	00:25:19	694	01:15:02	796	01:21:23	794	01:48:42	708	01:47:27	728
1401	Amy	Jones	F	81	F50-54	27	Hunters Bog Trotters	00:25:31	742	01:15:24	821	01:21:36	810	01:48:43	709	01:48:00	756
1160	Ben	Walley	M	629	M55-59	158		00:24:34	533	01:17:44	972	01:24:03	955	01:48:43	710	01:48:16	765
1276	Peter	Roberts	M	630	M55-59	33	South Cheshire Harriers	00:25:43	787	01:14:28	740	01:20:48	742	01:48:47	711	01:47:04	706
2362	Russell	Williams	M	631	M40-44	114	Cybi Striders	00:24:24	500	01:12:42	607	01:19:07	625	01:48:49	712	01:48:18	769
676	Sarah	Evershed	F	82	F50-54	28		00:26:10	868	01:14:05	708	01:20:10	699	01:48:50	713	01:46:07	657
2307	Lee	Courtney-Rowlands	M	632	M50-54	63	Skelmersdale Boundary Harriers	00:25:13	667	01:14:22	733	01:20:35	723	01:48:50	714	01:47:21	723
2508	Dave	Maddock	M	633	M55-59	159		00:25:00	621	01:15:18	811	01:21:29	801	01:48:50	715	01:48:14	763
952	Andrew	Parker	M	634	M35-39	117		00:26:07	855	01:14:56	871	01:21:12	777	01:48:53	716	01:47:41	742
101	Andrew	Nunney	M	635	M35-39	118		00:24:54	590	01:12:43	610	01:19:23	641	01:48:55	717	01:48:17	766
2014	Steve	Alder	M	636	M35-39	119		00:25:15	673	01:13:29	670	01:20:02	691	01:48:56	718	01:47:30	733
705	Chris	More	M	637	M55-59	160		00:23:56	411	01:13:22	661	01:19:43	672	01:48:56	719	01:47:56	753
1388	David	Wilkinson	M	638	M50-54	64	Lancaster and Morecambe Athlet	00:25:40	776	01:13:17	655	01:19:18	633	01:48:56	720	01:44:12	579
1013	Richard	Upton	M	639	M50-54	65		00:24:36	538	01:13:20	658	01:19:30	653	01:48:57	721	01:47:55	751
1254	Neil	Godding	M	640	M55-59	161		00:24:12	459	01:11:52	541	01:18:28	581	01:48:57	722	01:47:02	702
2031	Nick	Dunning	M	641	M55-59	162		00:25:48	800	01:14:06	709	01:20:20	714	01:48:58	723	01:47:29	731
837	Richard	Thomas	M	642	M55-59	163		00:26:18	897	01:13:01	628	01:18:55	613	01:48:58	724	01:45:39	632
56	Robert	Cator	M	643	M50-54	66	Stockport Harriers & AC	00:25:24	709	01:14:50	773	01:21:11	775	01:49:00	725	01:47:22	726
1501	Simon	Moorhouse	M	644	M50-54	67	Buxton and District AC	00:25:32	744	01:15:42	832	01:22:05	834	01:49:00	726	01:48:35	780
673	John	Gallagher	M	645	M55-59	164		00:25:02	625	01:13:44	688	01:19:53	681	01:49:01	727	01:46:56	698
2767	Carole	Morrison	F	83	F50-54	9	BIRKENHEAD AC	00:26:03	842	01:15:28	823	01:21:53	823	01:49:06	728	01:48:25	775
2172	Goronwy	Hughes	M	646	M40-44	115		00:23:51	403	01:12:31	592	01:18:55	614	01:49:09	729	01:48:42	784
2501	Laurie	Griffith	F	84	F40-44	12	Colwyn Bay AC	00:25:45	789	01:14:44	767	01:21:09	771	01:49:10	730	01:47:59	754
172	Nic	Brook	M	647	M35-39	120		00:24:41	556	01:13:53	699	01:20:17	710	01:49:10	731	01:48:45	787
601	Janine	Gall	F	85	F40-44	13	Team Derby Runner	00:26:29	927	01:15:39	831	01:22:01	827	01:49:10	732	01:47:35	737
2671	Lizzie	Poole	F	86	F40-44	14	Heanor RC	00:26:14	885	01:15:24	822	01:21:45	816	01:49:11	733	01:47:21	725
1067	Rob	Jones	M	648	M40-44	116		00:26:09	860	01:15:17	809	01:21:24	797	01:49:13	734	01:48:19	770
1758	Barney	Williams	M	649	M45-49	97		00:25:18	689	01:13:17	656	01:19:22	640	01:49:14	735	01:46:24	673
280	Clare	Fogden	F	87	F35-39	15		00:25:47	797	01:15:06	802	01:21:28	800	01:49:19	736	01:48:21	771
2290	Andrew	Deaville	M	650	M35-39	121	south cheshire harriers	00:26:31	932	01:13:08	640	01:19:11	628	01:49:22	737	01:45:32	629
1815	Alan	Johnson	M	651	M45-49	98	FETCH EVERYONE RC	00:26:37	958	01:16:14	863	01:22:19	846	01:49:22	738	01:47:38	738
985	Michael	Rogerson	M	652	M55-59	165		00:26:26	914	01:14:30	744	01:20:36	725	01:49:23	739	01:46:16	662
2230	Laura	Kirkham	F	88	F50-54	29	Riversway Roadrunners	00:24:58	610	01:13:21	659	01:19:45	676	01:49:24	740	01:46:14	660
1986	Gareth	Jones	M	653	M55-59	166		00:24:31	528	01:13:02	631	01:19:44	674	01:49:25	741	01:48:34	778
2256	Guto	Edwards	M	654	M45-49	99		00:26:33	939	01:16:02	847	01:22:02	830	01:49:25	742	01:48:41	783

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Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
2758	Lee	Hughes	M	655	M35-39	122	Lymm runners	00:23:38	376	01:14:13	721	01:20:44	737	01:49:26	743	01:49:08	803
1972	Ian	Cuthbert	M	656	M45-49	100		00:25:33	751	01:14:07	710	01:20:18	711	01:49:29	744	01:46:17	664
2085	Alain	Savoure	M	657	M5EN	167		00:26:38	960	01:16:42	895	01:22:51	872	01:49:29	745	01:48:23	773
205	Anne-Marie	Lord	F	89	F45-49	14	Oldham and Royton	00:25:41	778	01:14:14	725	01:20:59	758	01:49:31	746	01:47:33	736
2116	Anthony	Jones	M	658	MU25	38		00:24:07	443	01:10:47	471	01:17:22	510	01:49:34	747	01:46:51	695
1755	Frank	Blakeley	M	659	M40-44	117		00:26:53	1009	01:14:23	734	01:20:27	718	01:49:36	748	01:45:19	621
1226	Kevin	Smith	M	660	M50-54	68		00:25:23	708	01:15:10	805	01:21:38	812	01:49:37	749	01:48:34	779
1876	Richard	Pugh	M	661	M40-44	118		00:25:11	661	01:14:23	735	01:21:00	760	01:49:37	750	01:48:52	792
778	Jack	Jones	M	662	M5EN	168		00:22:50	290	01:11:33	524	01:17:57	547	01:49:39	751	01:49:18	808
2108	Anna	Woolgar	F	90	F35-39	16		00:27:13	1085	01:15:09	804	01:21:22	792	01:49:40	752	01:47:11	711
785	Peter	Mickleburgh	M	663	M5EN	169	UKNetrunner	00:25:04	633	01:13:57	701	01:20:41	731	01:49:40	753	01:47:44	745
1211	Mark	Dunning	M	664	M5EN	170		00:25:17	682	01:12:28	591	01:18:41	596	01:49:46	754	01:46:20	666
1231	Waldemar	Cielecki	M	665	M45-49	101	Waldemar Cielecki	00:23:50	402	01:14:14	724	01:20:42	732	01:49:48	755	01:49:41	830
775	Andy	Christian	M	666	M50-54	69	Sneyd Striders	00:25:16	678	01:13:34	674	01:19:41	670	01:49:49	756	01:46:33	678
2529	Charles	Attard	M	667	M55-59	34	nomads	00:24:48	571	01:14:41	759	01:21:09	772	01:49:50	757	01:49:37	827
897	Steve	Clapperton	M	668	M35-39	123		00:26:54	1014	01:14:46	770	01:20:57	755	01:49:50	758	01:48:07	759
2691	Alison	Pickard	F	91	F5EN	30	Black knights Tri	00:24:56	601	01:14:35	752	01:21:15	781	01:49:54	759	01:49:18	810
782	Alan	Owen	M	669	M40-44	119		00:26:22	904	01:16:36	889	01:22:56	878	01:49:54	760	01:49:36	825
2521	Antonia Jane	Ghani	F	92	F5EN	31		00:25:25	716	01:14:29	743	01:20:44	738	01:49:55	761	01:47:53	748
900	Chris	Peters	M	670	M5EN	171		00:24:55	593	01:15:23	817	01:21:54	824	01:49:58	762	01:49:22	817
1219	Jane	Eardley	F	93	F5EN	32	Penny Lane Striders	00:26:23	906	01:15:33	827	01:22:05	833	01:49:58	763	01:48:00	757
2773	Robin	Lemon	M	671	M5EN	172		00:23:50	401	01:15:23	820	01:21:52	821	01:49:59	764	01:49:21	813
2222	Ben	Hulme	M	672	M5EN	173		00:23:50	400	01:15:23	818	01:21:42	815	01:49:59	765	01:49:21	815
933	Mark	Brennan	M	673	M55-59	35	Fell Running Association	00:25:19	692	01:14:49	772	01:21:32	803	01:50:00	766	01:49:47	835
1545	Richard	Westwood	M	674	M35-39	124		00:25:48	799	01:15:31	825	01:22:06	835	01:50:02	767	01:49:24	818
2376	David	Lewis	M	675	M40-44	120	Dwygi Warriors	00:25:26	720	01:12:42	608	01:19:00	617	01:50:03	768	01:45:09	613
1314	Julie	Meyrick-Yale	F	94	F55-59	4		00:26:42	972	01:14:51	775	01:20:59	757	01:50:03	769	01:46:18	665
1281	Rob	Trafford	M	676	M5EN	174		00:26:43	976	01:13:13	645	01:19:35	664	01:50:04	770	01:46:08	658
1712	Laura	Williams	F	95	FU25	6		00:26:01	838	01:14:43	763	01:21:07	770	01:50:06	771	01:48:51	791
689	Mathew	Vaughan	M	677	M35-39	125		00:26:41	968	01:15:04	799	01:21:21	790	01:50:07	772	01:47:47	747
195	Matthew	Parsons	M	678	M35-39	126		00:26:03	846	01:14:21	731	01:20:44	736	01:50:08	773	01:47:02	703
2413	Christian	Bogstrand	M	679	M5EN	175		00:26:00	836	01:14:44	766	01:21:05	767	01:50:08	774	01:48:23	774
201	Gaz	Roberts	M	680	M40-44	121		00:27:31	1153	01:16:34	886	01:22:27	850	01:50:08	775	01:47:27	729
729	Neil	Bithell	M	681	M40-44	122		00:26:19	900	01:15:05	801	01:21:20	786	01:50:09	776	01:47:39	739
513	David	Pearce	M	682	M5EN	176		00:25:08	644	01:13:04	632	01:19:29	652	01:50:11	777	01:46:34	679
544	Richard	Line	M	683	M45-49	102	Biddulph Running Club	00:25:19	693	01:15:01	794	01:21:23	795	01:50:14	778	01:48:59	797
1477	Neil	Whittle	M	684	M5EN	177		00:24:30	525	01:12:41	606	01:19:06	624	01:50:14	779	01:48:58	796
2091	Mark	Povall	M	685	M40-44	123		00:24:18	477	01:12:49	614	01:19:18	634	01:50:16	780	01:49:33	822
1713	Sophie	Lester	F	96	F5EN	33		00:24:57	606	01:15:46	834	01:22:09	837	01:50:18	781	01:49:39	828
653	Carolyn	Hirons	F	97	F45-49	15	Wilmslow Running Club	00:26:04	847	01:16:21	872	01:22:41	862	01:50:19	782	01:49:48	836
81	Richard	Hirons	M	686	M45-49	103	Wilmslow Running Club	00:26:04	848	01:16:21	870	01:22:42	863	01:50:19	783	01:49:48	837
111	Jonathan	Parkes	M	687	M5EN	178		00:25:18	687	01:14:56	783	01:21:38	813	01:50:21	784	01:49:01	801
1782	Stephen	Gleave	M	688	M40-44	124	Prestatyn Running Club	00:25:49	809	01:15:49	836	01:21:57	826	01:50:23	785	01:48:28	776
1460	Mark	Thompson	M	689	M45-49	104		00:25:20	696	01:15:03	798	01:21:34	807	01:50:24	786	01:49:59	849
209	Neil Kwiff	Pleasant	M	690	M35-39	127		00:26:56	1020	01:15:50	837	01:22:15	841	01:50:24	787	01:49:00	799
942	Jeremy	Cole	M	691	M50-54	70		00:24:59	617	01:14:05	707	01:20:40	729	01:50:28	788	01:49:51	840
2195	Thomas	Hulbert	M	692	MU25	39	British Military Fitness	00:25:29	732	01:12:38	600	01:19:04	622	01:50:30	789	01:47:07	707
1317	Mike	Noble	M	693	M65-69	3	Stockport Harriers & AC	00:26:14	883	01:15:23	819	01:21:33	806	01:50:30	790	01:47:16	717
887	Russ	Cheetham	M	694	M45-49	105	Prestatyn Running Club	00:22:42	271	01:09:39	394	01:15:51	411	01:50:30	791	01:50:13	857
1904	Mark	Madden	M	695	M35-39	128		00:26:15	891	01:14:51	777	01:20:59	759	01:50:31	792	01:46:07	656
2618	Anthony	Collins	M	696	M45-49	106		00:25:14	672	01:14:58	788	01:21:10	773	01:50:33	793	01:48:11	762
2153	Mike	Dixon	M	697	M50-54	71		00:26:35	949	01:15:05	800	01:21:01	761	01:50:35	794	01:47:29	730
2248	Tom	Jordan	M	698	M5EN	179		00:25:01	624	01:13:14	649	01:19:39	668	01:50:41	795	01:47:30	734

RunWales.com Conwy half Marathon 2013

Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
1407	Stephen	Jones	M	699	M35-39	129		00:25:41	779	01:14:08	712	01:20:14	705	01:50:42	796	01:45:43	635
2479	John	Smith	M	700	M40-44	125	City of Chester Triathlon Club	00:24:45	569	01:14:19	729	01:21:06	769	01:50:46	797	01:49:53	842
1539	Ron	Damstra	M	701	MSEN	180	MOR Running Club	00:25:54	825	01:16:39	893	01:23:12	894	01:50:47	798	01:50:33	876
346	Dawn Addison	Moss	F	98	F45-49	16	Biddulph Running Club	00:26:12	874	01:15:47	835	01:22:24	848	01:50:49	799	01:49:44	832
1613	Richard	Teece	M	702	M35-39	130		00:25:36	759	01:14:37	756	01:21:13	779	01:50:53	800	01:50:08	854
1577	Julian	Smout	M	703	M40-44	126		00:25:18	691	01:15:56	843	01:22:42	865	01:50:54	801	01:50:43	888
1573	Jane	Jackson	F	99	F50-54	10		00:26:43	974	01:15:18	810	01:21:37	811	01:50:54	802	01:48:10	761
1236	Daniel	Jones	M	704	MSEN	181		00:25:49	807	01:17:01	925	01:23:40	932	01:50:57	803	01:50:29	871
1860	Oliver	Jones	M	705	MU25	40		00:24:55	594	01:14:31	747	01:20:55	749	01:50:58	804	01:49:30	821
790	Tim	Jones	M	706	M35-39	131		00:25:58	832	01:14:54	780	01:21:12	776	01:51:05	805	01:49:12	805
2726	Amy	Hayes	F	100	FU25	7		00:26:48	995	01:14:58	785	01:21:02	764	01:51:07	806	01:46:24	672
1777	Tony	Craig	M	707	M45-49	107	Knowsley Harrier AC	00:24:59	615	01:14:13	723	01:20:50	743	01:51:07	807	01:49:53	844
1576	David	Morris	M	708	M35-39	132		00:26:32	935	01:14:58	789	01:21:21	788	01:51:11	808	01:48:48	789
1159	Michael	Gavin	M	709	M50-54	72		00:23:54	408	01:14:17	727	01:21:13	780	01:51:11	809	01:50:35	880
2441	Irfon	Jones	M	710	M50-54	73		00:25:24	714	01:15:14	808	01:21:47	817	01:51:12	810	01:49:48	838
869	Simon	Pendleton-Hughes	M	711	M50-54	74		00:25:13	666	01:14:53	779	01:21:22	791	01:51:12	811	01:50:10	856
1728	Rachel	Saunders	F	101	F50-54	11	Wallasey Athletic Club	00:26:36	954	01:17:46	975	01:24:10	960	01:51:14	812	01:50:32	875
1430	Geoff	Wilson	M	712	M45-49	108		00:25:31	736	01:15:11	806	01:21:34	808	01:51:19	813	01:49:17	806
989	Andrew	Hilton	M	713	M35-39	133		00:25:49	810	01:18:08	995	01:24:19	968	01:51:20	814	01:50:32	874
1725	Martin	Cheung	M	714	M45-49	109		00:25:25	719	01:15:03	797	01:21:31	802	01:51:22	815	01:49:20	811
2166	Paul	Sweeney	M	715	M35-39	134		00:25:30	733	01:16:49	909	01:23:13	897	01:51:22	816	01:50:49	893
929	Iain	Hobson	M	716	M35-39	135		00:25:59	835	01:14:58	787	01:21:27	798	01:51:23	817	01:50:02	851
2379	David	Whall	M	717	M45-49	110		00:25:05	639	01:13:40	683	01:20:08	697	01:51:29	818	01:49:01	800
685	Nick	Parums	M	718	M45-49	111		00:25:48	805	01:16:29	879	01:22:59	879	01:51:30	819	01:51:08	903
1653	Paul	Cheetham	M	719	M50-54	75		00:25:34	753	01:15:35	830	01:22:11	839	01:51:30	820	01:49:44	831
588	Paul	Skerritt	M	720	MSEN	182		00:25:43	784	01:15:20	812	01:21:50	818	01:51:31	821	01:51:15	906
1038	Mike	Thomas	M	721	M45-49	112		00:25:11	660	01:13:53	697	01:20:17	709	01:51:32	822	01:47:02	704
1611	Paul	Griffith	M	722	M40-44	127	Parafit Hoplites	00:24:31	527	01:11:46	536	01:17:59	553	01:51:32	823	01:48:55	793
1205	Carla	Green	F	102	F40-44	15	NWRRC	00:25:05	638	01:13:52	696	01:20:16	707	01:51:32	824	01:47:01	701
1107	Calen	Jones	M	723	MSEN	183		00:25:31	735	01:13:36	677	01:19:57	688	01:51:33	825	01:48:09	760
1169	Martin	Cross	M	724	M45-49	113		00:26:09	861	01:15:23	816	01:21:50	819	01:51:34	826	01:48:40	782
1204	Graham	Jackson	M	725	MSEN	184		00:25:47	798	01:16:13	862	01:23:00	881	01:51:34	827	01:50:45	890
647	Gail	Hill	F	103	F40-44	16	Wilmslow Running Club	00:26:15	887	01:16:44	900	01:23:05	886	01:51:35	828	01:49:41	829
1869	Shane	Skillin	M	726	MU25	41		00:27:18	1108	01:16:04	850	01:22:10	838	01:51:37	829	01:47:09	710
488	Lucy	Curtis	F	104	F35-39	17	Abergele Harriers	00:25:37	763	01:17:08	933	01:23:42	935	01:51:38	830	01:50:36	881
1619	Lisa	Shepherd	F	105	F40-44	17		00:25:33	752	01:15:44	833	01:22:07	836	01:51:40	831	01:50:20	864
2227	Andrew	Garner	M	727	M40-44	128		00:26:52	1007	01:15:59	846	01:22:16	843	01:51:42	832	01:49:04	802
2730	Gillian	Verdin	F	106	FU25	8		00:27:13	1088	01:16:48	907	01:23:07	888	01:51:43	833	01:48:49	790
2065	Kenny	Worrall	M	728	M40-44	129	Liverpool Running Club	00:27:10	1071	01:16:45	901	01:23:04	884	01:51:43	834	01:48:46	788
605	Katy	Evans	F	107	FSEN	34		00:26:28	921	01:16:57	918	01:23:26	912	01:51:43	835	01:51:09	904
1699	Anthony	Burrell	M	729	M45-49	114		00:26:38	962	01:17:21	944	01:23:43	936	01:51:44	836	01:51:24	912
561	Dilwyn	Roberts	M	730	M40-44	130		00:26:10	863	01:14:42	761	01:21:01	762	01:51:46	837	01:48:21	772
1372	Davide	Costanzo	M	731	M40-44	131		00:26:52	1005	01:15:58	845	01:22:15	842	01:51:46	838	01:49:08	804
1575	Steven	Roberts	M	732	M45-49	115		00:26:12	877	01:16:44	899	01:23:25	910	01:51:46	839	01:50:42	887
99	Lesley	Feakes	F	108	F45-49	17	Helsby Running Club	00:25:27	728	01:16:12	859	01:22:47	867	01:51:47	840	01:50:56	897
1006	Eric	Gibson	M	733	M45-49	116	Pensby Runners	00:25:10	652	01:14:46	769	01:21:18	785	01:51:48	841	01:50:18	861
1846	Natasha	Sestan	F	109	F40-44	18		00:27:36	1178	01:17:26	948	01:23:43	937	01:51:49	842	01:50:24	866
619	Daniel	Simmonds	M	734	MU25	42		00:22:07	211	01:05:41	232	01:11:44	259	01:51:50	843	01:50:34	877
1241	Joe	Goddard	M	735	MSEN	185		00:25:04	634	01:15:33	828	01:22:04	832	01:51:51	844	01:49:56	846
493	Richard	Sanderson	M	736	M35-39	136		00:25:33	747	01:14:04	705	01:20:39	727	01:51:53	845	01:50:13	858
464	Sean	Toms	M	737	M45-49	117		00:25:13	668	01:16:42	896	01:23:16	902	01:51:54	846	01:51:15	907
508	John	Watkins	M	738	M40-44	132		00:26:18	894	01:15:32	826	01:21:57	825	01:52:00	847	01:50:26	868
2733	Michael	Davies	M	739	M50-54	76	Tattenhall Runners	00:24:52	583	01:14:31	746	01:21:23	796	01:52:00	848	01:50:30	872

RunWales.com Conwy half Marathon 2013

Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
991	Ben	Daine	M	740	M35-39	137		00:25:48	806	01:18:08	994	01:24:18	966	01:52:01	849	01:51:12	905
894	Barry	Powell	M	741	M50-54	77	wirral ac	00:26:52	1008	01:16:18	868	01:22:31	854	01:52:02	850	01:50:35	879
288	Anne	Bleasdale-Thompson	F	110	F40-44	19		00:25:09	649	01:15:22	815	01:22:01	828	01:52:02	851	01:50:20	863
1992	Nick	Fogarty	M	742	M40-44	133		00:26:28	922	01:16:19	869	01:22:45	866	01:52:03	852	01:48:45	785
2621	Peter	Hayler	M	743	M55-59	36	Northern Veterans Athletic Clu	00:26:34	947	01:17:37	964	01:24:10	959	01:52:08	853	01:51:31	921
424	Trevor	Dilworth	M	744	M50-54	78		00:26:37	959	01:15:22	814	01:21:34	809	01:52:10	854	01:47:55	752
1455	Clinton	Hackworth	M	745	M40-44	134	Army runners	00:25:07	642	01:13:16	653	01:19:51	680	01:52:10	855	01:48:37	781
76	Andrew	Lee	M	746	MSEN	186		00:24:43	564	01:12:06	562	01:18:33	586	01:52:11	856	01:49:20	812
2158	David	Lawrie	M	747	M50-54	79		00:27:57	1242	01:16:45	902	01:22:50	870	01:52:13	857	01:47:40	741
1122	Ahmed	Youssef	M	748	M40-44	135		00:27:23	1125	01:16:16	865	01:22:30	852	01:52:14	858	01:48:15	764
1486	Owain	Morris	M	749	MSEN	187		00:26:34	944	01:14:26	738	01:20:58	756	01:52:16	859	01:49:18	807
498	Richard	Latham	M	750	MSEN	188	Biochem Geckos	00:23:41	383	01:13:31	672	01:20:07	695	01:52:18	860	01:49:18	809
2458	Andrew	Proudfoot	M	751	M50-54	80	Plymouth Coasters	00:26:25	912	01:16:08	854	01:22:35	859	01:52:21	861	01:48:29	777
1173	Kevin	Ankers	M	752	M35-39	138		00:27:31	1156	01:16:04	849	01:22:13	840	01:52:21	862	01:49:21	814
695	Paul	Martin	M	753	M40-44	136		00:26:34	946	01:16:36	888	01:23:04	885	01:52:26	863	01:50:34	878
1192	Nick	Croxford	M	754	MSEN	189		00:25:35	755	01:16:10	857	01:22:18	845	01:52:26	864	01:51:30	920
830	Miranda	Grant	F	111	FSEN	35	HBT	00:25:17	684	01:17:04	928	01:23:37	927	01:52:31	865	01:50:59	899
2558	Robert	Pullan	M	755	MSEN	190	Greenfield Greyhounds	00:26:48	992	01:17:05	929	01:23:26	911	01:52:32	866	01:49:26	819
2623	Daniel	Hennessey	M	756	M40-44	137		00:25:37	765	01:16:35	887	01:23:10	891	01:52:32	867	01:51:48	934
91	Darren	Roberts	M	757	M40-44	138		00:26:54	1012	01:16:21	871	01:22:30	853	01:52:36	868	01:49:34	824
1701	Patrick	Hale	M	758	MSEN	191		00:28:05	1280	01:18:45	1042	01:24:33	982	01:52:38	869	01:49:33	823
638	James	Wilkinson	M	759	M40-44	139		00:27:09	1067	01:16:16	866	01:22:35	858	01:52:38	870	01:48:45	786
2437	Jackie	Keasley	F	112	F55-59	5	Helsby Running Club	00:25:54	824	01:17:13	938	01:23:41	934	01:52:39	871	01:50:42	885
2342	Jackie	Peake	F	113	F45-49	18		00:27:07	1053	01:16:58	921	01:23:17	903	01:52:40	872	01:49:21	816
1835	Louise	Beetlestone	F	114	FSEN	36		00:26:40	964	01:16:13	861	01:22:41	861	01:52:42	873	01:49:26	820
1491	Joyce	Atherden	F	115	F55-59	6		00:26:28	923	01:17:29	952	01:24:01	953	01:52:46	874	01:52:06	950
902	Phillip	Roberts	M	760	MSEN	192		00:24:26	508	01:13:06	634	01:20:43	734	01:52:48	875	01:51:32	922
372	Laura	Nield	F	116	FSEN	37		00:26:48	990	01:17:06	930	01:23:26	914	01:52:50	876	01:49:44	834
371	David	South	M	761	M45-49	118		00:26:47	988	01:16:48	906	01:23:19	906	01:52:50	877	01:49:44	833
703	Karen	Mackintosh	F	117	F50-54	12	Biddulph Running Club	00:26:13	882	01:17:38	967	01:24:13	964	01:52:53	878	01:51:46	930
1046	Phil	Lawrence	M	762	M35-39	139		00:25:21	700	01:15:57	844	01:22:33	856	01:52:56	879	01:52:32	965
2681	Dan	Lawrence	M	763	MSEN	193		00:25:21	699	01:15:55	840	01:22:42	864	01:52:56	880	01:52:31	964
408	Daniel	Nosworthy	M	764	M40-44	140		00:27:01	1034	01:16:43	897	01:23:06	887	01:52:58	881	01:50:02	852
2007	Mark	Smith	M	765	M40-44	141		00:26:25	910	01:16:55	914	01:23:22	908	01:52:59	882	01:50:38	882
1332	Hayley	Gilsenan	F	118	FSEN	38		00:25:24	713	01:16:52	911	01:23:45	939	01:52:59	883	01:52:51	980
2563	Paul	Koffman	M	766	M40-44	142		00:26:29	925	01:16:37	891	01:23:11	892	01:53:02	884	01:50:40	884
25	Madeleine	Sohlberg	F	119	F40-44	20	Vallentuna FK - Sweden	00:27:00	1030	01:19:12	1072	01:25:44	1060	01:53:03	885	01:52:47	976
1175	Duncan	Mitchell	M	767	MSEN	194		00:27:35	1175	01:17:12	937	01:23:30	918	01:53:03	886	01:50:09	855
2293	Michael	Conner	M	768	MSEN	195	Spider toe running club	00:28:15	1310	01:16:25	876	01:22:56	877	01:53:03	887	01:49:53	843
1842	Martin	Rayner	M	769	M40-44	143		00:25:43	786	01:16:10	858	01:23:07	889	01:53:05	888	01:51:48	933
691	Dean	Allison	M	770	MSEN	196		00:28:35	1382	01:17:30	957	01:23:47	940	01:53:05	889	01:48:57	794
2022	Chris	Littler	M	771	MSEN	197		00:28:35	1387	01:17:30	955	01:23:47	941	01:53:06	890	01:48:57	795
1483	Shaun	Curtis-Fleckney	M	772	MU25	43		00:25:04	637	01:14:36	754	01:21:18	784	01:53:07	891	01:51:50	937
1239	Diane	Hamblett	F	120	F40-44	21		00:26:47	989	01:17:14	939	01:23:37	925	01:53:09	892	01:50:29	870
2023	Richard	Ward	M	773	MSEN	198		00:27:15	1094	01:16:49	908	01:23:15	899	01:53:09	893	01:50:50	894
2709	Tom	Lewis	M	774	MSEN	199		00:26:08	858	01:15:55	839	01:22:18	844	01:53:10	894	01:50:18	860
1524	Sian	Williams	F	121	F35-39	18		00:25:27	724	01:16:26	878	01:23:02	883	01:53:12	895	01:51:44	928
575	Robart	Griffiths	M	775	MSEN	200		00:26:47	984	01:16:26	877	01:23:01	882	01:53:12	896	01:49:36	826
1269	Peer	Ovesen	M	776	M45-49	119	West Cheshire AC	00:27:16	1100	01:17:57	983	01:24:28	976	01:53:17	897	01:51:51	938
1344	Charlotte	Standing	F	122	FU25	9		00:27:04	1050	01:17:15	941	01:23:33	919	01:53:17	898	01:51:27	917
743	Kevin	Butterfield	M	777	MSEN	201		00:25:25	718	01:16:29	881	01:23:13	895	01:53:19	899	01:52:59	984
786	David	Sumner	M	778	M40-44	144		00:25:25	717	01:16:32	882	01:23:13	896	01:53:19	900	01:52:59	985
1697	Andrew	Jackson	M	779	MSEN	202		00:27:39	1188	01:18:14	1000	01:24:49	1000	01:53:21	901	01:52:48	977

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Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
1096	Keith	Gerard	M	780	MSEN	203		00:25:32	743	01:14:58	786	01:21:21	789	01:53:22	902	01:49:58	847
2668	Mark	Lomas	M	781	M35-39	140		00:26:35	948	01:18:02	988	01:24:30	978	01:53:23	903	01:52:23	956
2619	Marc	Bayliss	M	782	M35-39	141		00:24:56	602	01:17:30	956	01:24:18	967	01:53:28	904	01:53:10	995
2332	Mark	Bradley	M	783	M45-49	120	KNOWLE AND DORRIDGE RC	00:26:13	880	01:16:56	916	01:23:09	890	01:53:33	905	01:49:00	798
1290	Fiona	Barnes	F	123	F40-44	22		00:26:26	913	01:18:08	996	01:24:38	987	01:53:38	906	01:52:27	963
1291	Matthew	Barnes	M	784	M40-44	145	Pip & Jims	00:26:24	908	01:17:56	981	01:24:37	985	01:53:38	907	01:52:26	961
2210	Sian	Beck	F	124	F35-39	19	Prestatyn Running Club	00:25:42	782	01:16:12	860	01:22:55	874	01:53:39	908	01:53:08	993
2471	Jonathan	Goddard	M	785	M50-54	81		00:25:31	740	01:16:52	912	01:23:37	924	01:53:42	909	01:53:11	997
1351	Colin	Stuhfelder	M	786	M45-49	121		00:26:12	875	01:17:07	932	01:23:41	933	01:53:43	910	01:53:01	986
1719	Stephen	Hindmarsh	M	787	M35-39	142		00:27:55	1233	01:17:58	984	01:24:21	970	01:53:44	911	01:50:27	869
870	Mark	Jessett	M	788	MSEN	204		00:28:11	1294	01:18:28	1016	01:24:55	1005	01:53:44	912	01:52:11	951
190	Andrew	Tan	M	789	M35-39	143		00:25:41	780	01:16:48	905	01:23:19	905	01:53:45	913	01:51:58	942
1649	Edward	Stokes	M	790	M35-39	144	Spectrum Striders	00:26:31	933	01:16:47	904	01:23:26	913	01:53:47	914	01:51:24	911
1604	Rachel	Butler	F	125	F50-54	13	Maldwyn Harriers	00:27:25	1129	01:18:21	1008	01:24:41	992	01:53:47	915	01:50:44	889
282	Chris	Flower	M	791	MSEN	205		00:26:54	1013	01:17:35	962	01:24:28	977	01:53:47	916	01:52:47	975
216	Michael	Gibbons	M	792	M55-59	37	Bramhall runners	00:26:27	919	01:18:36	1030	01:25:28	1037	01:53:50	917	01:52:35	968
2241	David	Pugh	M	793	M50-54	82		00:27:01	1037	01:19:34	1096	01:26:07	1088	01:53:51	918	01:53:03	990
2540	Michael	Reynolds	M	794	M35-39	145		00:26:14	886	01:16:05	852	01:22:33	857	01:53:52	919	01:51:07	901
555	Karen	Gregory	F	126	FU25	10	Serpentine	00:25:53	821	01:17:38	968	01:24:21	971	01:53:53	920	01:52:38	972
1396	Darren	Cooper	M	795	M35-39	146		00:26:15	888	01:14:50	774	01:21:33	805	01:53:56	921	01:50:39	883
654	Kirsty	Mallindine	F	127	F50-54	14		00:25:26	721	01:17:38	966	01:24:28	975	01:53:57	922	01:53:39	1022
1773	Raymond	Whitelegg	M	796	M55-59	38	Riversway Roadrunners	00:26:18	899	01:17:24	947	01:23:50	944	01:53:59	923	01:50:48	892
2035	Stephen	Johnson	M	797	M50-54	83	Riversway Roadrunners	00:27:13	1086	01:16:54	913	01:23:15	898	01:53:59	924	01:50:46	891
430	Dylan Lloyd	Williams	M	798	M45-49	122		00:26:45	977	01:16:49	910	01:23:16	901	01:54:01	925	01:50:26	867
1507	Andrew	Bibby	M	799	M50-54	84		00:28:05	1276	01:18:11	999	01:24:25	973	01:54:02	926	01:52:05	949
1848	Gavin	Butler	M	800	M45-49	123		00:27:17	1105	01:17:43	971	01:24:11	962	01:54:04	927	01:50:52	896
1325	Christian	Hook	M	801	M35-39	147		00:26:36	955	01:17:00	924	01:23:39	930	01:54:04	928	01:51:25	914
1829	Raymond	Cassidy	M	802	M40-44	146		00:27:25	1127	01:18:43	1040	01:25:02	1013	01:54:05	929	01:51:35	925
2430	Sharon	Jones	F	128	F45-49	19	Wilmslow Running Club	00:25:09	650	01:16:24	875	01:23:18	904	01:54:05	930	01:53:14	1001
2003	Anna	Dulko	F	129	FU25	11	VegeRunners	00:28:52	1459	01:20:20	1142	01:26:40	1116	01:54:05	931	01:53:29	1013
1394	Katie	Hughes	F	130	FU25	12	Shropshire Shufflers	00:26:17	893	01:17:23	945	01:23:48	942	01:54:06	932	01:51:25	913
667	Andrew	Mcauliffe	M	803	M45-49	124		00:27:30	1149	01:19:09	1067	01:25:38	1051	01:54:10	933	01:51:35	924
2661	Suzette	Pentland	F	131	F35-39	20		00:27:21	1115	01:18:29	1018	01:24:51	1003	01:54:11	934	01:51:49	935
417	Tony	Roberts	M	804	M45-49	125		00:27:01	1040	01:17:48	976	01:24:19	969	01:54:11	935	01:52:26	960
2052	Elizabeth	Lynan	F	132	F35-39	21	Penny Lane Striders	00:26:41	969	01:18:17	1004	01:24:46	997	01:54:13	936	01:52:12	952
976	Meilyr	Emrys	M	805	MSEN	206		00:27:48	1210	01:18:43	1039	01:25:30	1040	01:54:13	937	01:53:41	1024
2263	Agnes	Nemeth	F	133	FSEN	39	Chorlton Runners	00:27:07	1055	01:18:53	1048	01:25:25	1033	01:54:16	938	01:52:42	973
2041	James	Bradbury-Willis	M	806	MSEN	207	Bro Dysynni Athletics Club	00:25:36	761	01:14:41	760	01:21:15	782	01:54:18	939	01:49:56	845
337	Andrea	Webster	F	134	F55-59	7		00:25:27	729	01:16:08	855	01:22:38	860	01:54:18	940	01:49:52	841
1889	Keith	Cotton	M	807	M50-54	85	Whitchurch Whippets RC	00:26:46	980	01:17:56	982	01:24:40	991	01:54:20	941	01:52:23	955
1487	Soraya	Mason	F	135	F45-49	20	Wilmslow Running Club	00:27:17	1104	01:18:17	1003	01:24:45	996	01:54:20	942	01:51:49	936
1410	Karen	Ainsworth	F	136	F45-49	21		00:26:52	1006	01:16:58	920	01:23:16	900	01:54:20	943	01:50:00	850
1464	Helen	Ashworth	F	137	FSEN	40	Prestatyn Running Club	00:25:23	704	01:17:15	940	01:24:15	965	01:54:22	944	01:53:59	1034
2312	Mared	Dafydd	F	138	FSEN	41		00:26:04	851	01:17:38	965	01:24:11	961	01:54:23	945	01:52:24	958
1609	Darren	Jarman	M	808	M35-39	148	SYTri Shrewsbury	00:26:45	978	01:14:59	790	01:21:33	804	01:54:24	946	01:50:16	859
1787	Ally	Houghton	F	139	F40-44	23		00:28:55	1468	01:20:46	1166	01:27:06	1135	01:54:25	947	01:53:16	1004
1797	Andy	Bolton	M	809	M40-44	147		00:25:39	770	01:15:56	842	01:22:27	849	01:54:25	948	01:52:51	979
491	Richard	Westcott	M	810	M55-59	39		00:27:45	1204	01:18:38	1035	01:25:02	1015	01:54:25	949	01:51:21	908
1427	Liza	Crompton	F	140	F35-39	22		00:27:31	1152	01:19:28	1089	01:26:02	1080	01:54:26	950	01:51:45	929
1058	Graeme	Morley	M	811	M35-39	149		00:25:31	741	01:16:57	919	01:23:28	915	01:54:27	951	01:50:59	898
121	Anna Louise	Riley	F	141	F50-54	15		00:26:18	896	01:19:12	1071	01:26:01	1077	01:54:30	952	01:54:02	1036
2370	Daniel	Lawson	M	812	MSEN	208		00:24:54	591	01:14:38	758	01:21:22	793	01:54:33	953	01:52:15	954
1944	Sharon	Wright	F	142	F40-44	24	Knowsley Harrier AC	00:26:57	1022	01:17:41	970	01:24:09	957	01:54:35	954	01:51:28	918

RunWales.com Conwy half Marathon 2013

Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
1474	Jamie	Fullerton	M	813	MSEN	209	Knowsley Harrier AC	00:26:58	1023	01:17:40	969	01:24:09	958	01:54:35	955	01:51:29	919
2202	Jonathon	Doyle	M	814	MU25	44		00:25:08	648	01:17:04	927	01:23:39	929	01:54:36	956	01:53:24	1009
1739	Alison	Tetlow	F	143	F35-39	23		00:27:13	1087	01:19:17	1078	01:25:49	1064	01:54:37	957	01:52:57	983
1457	Andrew	Penney	M	815	M40-44	148		00:24:56	598	01:16:34	885	01:22:48	869	01:54:38	958	01:50:21	865
1807	David	Jones	M	816	M45-49	126	Road Runners Club	00:26:47	987	01:18:05	993	01:24:42	993	01:54:40	959	01:52:44	974
1740	Katherine	Hughes	F	144	F40-44	25		00:27:12	1084	01:19:00	1058	01:25:31	1041	01:54:41	960	01:53:02	988
924	Antony	Millington	M	817	MSEN	210		00:28:08	1284	01:18:59	1055	01:24:48	998	01:54:42	961	01:52:00	945
706	Rachel	Archer	F	145	FSEN	42		00:25:17	680	01:17:09	935	01:23:54	945	01:54:44	962	01:53:45	1027
1667	Robert	Lowther	M	818	M35-39	150	Southport Waterloo AC	00:27:41	1197	01:18:32	1025	01:25:09	1019	01:54:45	963	01:53:13	1000
2225	Adriano	Menicanti	M	819	MSEN	211		00:27:25	1132	01:17:07	931	01:23:35	922	01:54:46	964	01:50:05	853
270	Al	Priest	M	820	M35-39	151		00:28:07	1281	01:18:41	1037	01:25:01	1012	01:54:46	965	01:51:52	939
946	Ravi	Vijapurapu	M	821	MSEN	212		00:29:32	1615	01:19:22	1083	01:25:41	1054	01:54:46	966	01:53:13	998
2514	Manuela	Vicari	F	146	F35-39	24		00:25:48	801	01:18:36	1028	01:25:46	1062	01:54:47	967	01:54:13	1045
735	Debbie	Bradburn	F	147	F35-39	25		00:25:21	697	01:16:46	903	01:23:30	916	01:54:49	968	01:52:24	957
496	Riaz	Nurennabi	M	822	MSEN	213		00:27:03	1044	01:17:29	951	01:23:43	938	01:54:49	969	01:49:51	839
1414	Neil	Maddocks	M	823	M40-44	149		00:25:46	793	01:17:51	979	01:24:39	989	01:54:50	970	01:54:36	1059
1922	Rod	Jones	M	824	M55-59	40	Liverpool Running Club	00:27:15	1097	01:19:17	1079	01:25:36	1048	01:54:54	971	01:51:59	944
2105	Carla	Povall	F	148	F35-39	26		00:28:08	1285	01:34:50	1899	00:00:00	0	01:54:54	972	01:54:11	1044
833	Sharon	Willis	F	149	F45-49	22	Trentham Running Club	00:26:55	1016	01:18:44	1041	01:25:26	1035	01:54:56	973	01:53:25	1010
1734	Barbara	Kurzak	F	150	FSEN	43		00:27:07	1061	01:18:53	1046	01:25:29	1039	01:54:57	974	01:53:23	1007
1251	Kevin	Sadler	M	825	M45-49	127		00:28:18	1314	01:18:53	1047	01:25:26	1034	01:54:58	975	01:51:52	940
2340	Gary	Lewis	M	826	M35-39	152		00:26:57	1021	01:18:38	1034	01:25:18	1026	01:54:58	976	01:53:49	1029
978	Ian	Morrell	M	827	M40-44	150		00:25:50	814	01:18:03	991	01:24:25	972	01:55:00	977	01:53:51	1031
141	Neal	Smith	M	828	MSEN	214		00:25:52	817	01:19:19	1081	01:25:57	1073	01:55:01	978	01:54:47	1069
2707	Sarah	Conway	F	151	FSEN	44		00:26:54	1015	01:17:59	985	01:24:28	974	01:55:03	979	01:50:50	895
2398	Angharad	Hodgson	F	152	FU25	13		00:26:41	967	01:16:23	873	01:23:11	893	01:55:04	980	01:52:00	946
1384	Claire	Duncan	F	153	F35-39	27		00:28:20	1326	01:17:24	946	01:24:06	956	01:55:05	981	01:51:56	941
1523	Felix	Morris	M	829	M45-49	128	Bayston Hill salad Dodgers	00:26:56	1018	01:18:20	1005	01:25:06	1017	01:55:06	982	01:53:09	994
863	Andy	Walker	M	830	M40-44	151		00:26:10	869	01:19:19	1080	01:26:03	1085	01:55:06	983	01:54:32	1056
1530	Steve	Evans	M	831	MSEN	215		00:23:08	320	01:13:15	651	01:20:01	690	01:55:06	984	01:54:39	1061
1120	Mike	Murphy	M	832	MSEN	216		00:26:34	942	01:18:20	1007	01:25:10	1022	01:55:07	985	01:53:31	1015
1664	Simon	Williams	M	833	MSEN	217		00:27:10	1069	01:19:01	1061	01:25:51	1066	01:55:08	986	01:54:06	1037
2745	Ronan	Lynch	M	834	M35-39	153		00:28:52	1457	01:18:37	1033	01:24:57	1010	01:55:08	987	01:51:07	902
1665	Jemima	Cope	F	154	FU25	14		00:27:10	1070	01:19:01	1059	01:25:49	1065	01:55:08	988	01:54:06	1038
1977	Dominic	Bovis	M	835	M40-44	152		00:27:59	1252	01:17:32	958	01:23:57	946	01:55:12	989	01:50:32	873
2533	Richard	Griffin	M	836	M40-44	153		00:25:53	819	01:16:37	890	01:23:34	920	01:55:12	990	01:53:54	1032
1097	Christopher	Lees	M	837	MSEN	218		00:27:04	1049	01:18:59	1057	00:00:00	0	01:55:13	991	01:53:29	1014
123	Adam	Fields	M	838	M40-44	154		00:27:10	1072	01:17:28	950	01:24:01	954	01:55:14	992	01:51:40	927
1492	Gareth	Mula	M	839	MSEN	219		00:26:05	853	01:14:26	737	01:21:02	765	01:55:15	993	01:50:20	862
2212	Chris	Wills	M	840	M35-39	154	Knowsley Harrier AC	00:27:34	1169	01:19:02	1064	01:25:37	1049	01:55:16	994	01:53:31	1016
715	Rachel	Griffiths	F	155	F35-39	28		00:28:30	1360	01:18:24	1010	01:24:38	986	01:55:18	995	01:50:42	886
1068	Robert	Lyon	M	841	M40-44	155		00:28:38	1399	01:18:43	1038	01:25:09	1020	01:55:20	996	01:51:01	900
1866	Rhian	Hughes	F	156	FSEN	45		00:27:21	1117	01:18:10	998	01:24:31	979	01:55:23	997	01:51:23	910
2271	Bonnie	Copeland	F	157	F40-44	26		00:27:00	1029	01:19:30	1093	01:26:18	1097	01:55:23	998	01:54:53	1074
1140	Adrienne	Hall	F	158	F45-49	23		00:27:23	1122	01:19:32	1095	01:25:44	1059	01:55:24	999	01:51:25	915
2282	Steve	Clinton	M	842	M45-49	129	Wreccsam Tri Club	00:26:15	889	01:19:37	1099	01:26:19	1099	01:55:25	1000	01:53:15	1002
2615	James	Gardner	M	843	MU25	45	City of Stoke AC	00:24:56	600	01:16:40	894	01:22:50	871	01:55:26	1001	01:53:40	1023
1564	John	Grantham	M	844	M40-44	156		00:26:26	915	01:19:43	1105	01:26:14	1096	01:55:32	1002	01:54:15	1046
2353	Andrea	Morris	F	159	F45-49	24		00:28:16	1311	01:19:23	1084	01:25:42	1057	01:55:32	1003	01:53:20	1005
1570	Steve	Jones	M	845	M40-44	157		00:28:33	1381	01:20:55	1183	01:27:06	1136	01:55:34	1004	01:51:34	923
1552	Shona	Abbott	F	160	FSEN	46		00:26:59	1027	01:18:46	1043	01:25:34	1045	01:55:35	1005	01:54:16	1047
802	Robert	Drew	M	846	M60-64	12	Sneyd Striders	00:25:46	792	01:16:56	915	01:23:49	943	01:55:37	1006	01:53:22	1006
2211	David	Harding	M	847	M35-39	155	Test Eagles	00:27:21	1118	01:18:26	1013	01:24:42	994	01:55:37	1007	01:51:38	926

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Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
1844	Paul	Brannan	M	848	M45-49	130	Market Drayton Running Club	00:26:48	991	01:17:09	934	01:23:40	931	01:55:41	1008	01:51:59	943
1094	Alec	Scott	M	849	MSEN	220		00:26:10	866	01:16:58	922	01:23:37	926	01:55:48	1009	01:53:39	1021
1610	Mark	Duerden	M	850	M45-49	131		00:26:33	941	01:16:38	892	01:23:24	909	01:55:48	1010	01:52:13	953
2689	Matthew	Biggs	M	851	MU25	46		00:23:35	371	01:09:33	391	01:15:49	410	01:55:49	1011	01:51:22	909
1902	Simon	Aiken	M	852	M45-49	132		00:26:48	993	01:19:23	1085	01:25:53	1069	01:55:50	1012	01:53:02	989
1435	Roger	Wadon	M	853	M40-44	158	Prestatyn Running Club	00:26:38	961	01:18:00	986	01:24:40	990	01:55:51	1013	01:51:26	916
242	Alun	Rees	M	854	MSEN	221		00:26:10	865	01:16:32	883	01:23:38	928	01:55:56	1014	01:55:16	1088
636	Janet	Wyles	F	161	F45-49	25	Wilmslow Running Club	00:27:17	1106	01:19:54	1115	01:26:31	1108	01:55:57	1015	01:53:27	1011
2697	Gemma	Brown	F	162	FSEN	47	saddleworth runners	00:29:44	1648	01:20:47	1171	01:26:59	1128	01:55:57	1016	01:52:24	959
596	Carl	Evans	M	855	MSEN	222		00:27:32	1162	01:18:31	1023	01:24:56	1008	01:55:59	1017	01:53:37	1019
2047	Mike	Wrench	M	856	M40-44	159	South Cheshire Harriers	00:28:07	1283	01:20:29	1150	01:27:11	1144	01:56:02	1018	01:54:31	1055
2199	Lisa	Carney	F	163	FSEN	48	Wallasey Athletic Club	00:26:56	1019	01:20:24	1145	01:27:08	1138	01:56:02	1019	01:55:19	1096
1311	Debbie	Crouch	F	164	F45-49	26	Lymm Runners	00:27:14	1089	01:19:43	1104	01:26:21	1100	01:56:02	1020	01:54:19	1050
2676	Gaynor	Murray	F	165	F40-44	27		00:26:26	916	01:19:31	1094	01:26:24	1103	01:56:03	1021	01:55:49	1124
2048	Suzanne	Harrison	F	166	F50-54	16	South Cheshire harriers	00:28:13	1298	01:20:28	1149	01:27:11	1143	01:56:05	1022	01:54:35	1058
2049	Amanda	Kimber	F	167	FSEN	49	South Cheshire Harriers	00:28:14	1300	01:20:30	1151	01:27:14	1149	01:56:06	1023	01:54:37	1060
1287	Richard	Milne	M	857	M45-49	133		00:26:47	986	01:18:30	1020	01:25:02	1014	01:56:14	1024	01:54:18	1049
1493	Aled	Lloyd	M	858	MSEN	223		00:25:29	731	01:16:05	851	01:22:22	847	01:56:15	1025	01:49:59	848
1868	Melville	Evans	M	859	M40-44	160		00:24:58	612	01:13:36	678	01:19:55	684	01:56:17	1026	01:55:44	1121
2409	Melanie	Devynck	F	168	FSEN	50		00:28:28	1351	01:19:52	1113	01:26:12	1094	01:56:17	1027	01:52:05	948
2217	George	Lee	M	860	M45-49	134		00:26:23	905	01:17:17	942	01:23:36	923	01:56:20	1028	01:53:15	1003
639	Leonard	Jackson	M	861	M55-59	41	NWRRC	00:26:47	982	01:19:13	1075	01:26:02	1081	01:56:20	1029	01:56:10	1143
233	Damian	Carter	M	862	M40-44	161		00:25:48	803	01:18:57	1053	01:25:53	1068	01:56:23	1030	01:55:57	1131
1899	Michael	Williams	M	863	MSEN	224		00:26:46	979	01:17:48	978	01:24:31	980	01:56:23	1031	01:53:06	991
2710	Richard	Lowe	M	864	M35-39	156	Road Runners Club	00:27:51	1223	01:18:56	1052	01:25:21	1028	01:56:28	1032	01:51:46	931
1581	Manon	Rhys	M	865	M40-44	162		00:26:36	953	01:19:39	1100	01:26:38	1112	01:56:28	1033	01:56:06	1139
2776	Alistair	Gifford-Moore	M	866	M40-44	163		00:28:23	1331	01:19:13	1074	01:25:52	1067	01:56:29	1034	01:54:53	1075
2350	Antony	Monks	M	867	MU25	47		00:27:38	1184	01:20:14	1134	01:26:29	1106	01:56:30	1035	01:52:34	967
2768	Peitr	Cutler	M	868	M35-39	157		00:27:03	1045	01:17:02	926	01:23:58	949	01:56:32	1036	01:53:13	999
360	Tom	Haynes	M	869	MU25	48		00:27:25	1131	01:18:31	1021	01:24:59	1011	01:56:33	1037	01:54:09	1043
1629	Dylan	Evans	M	870	MSEN	225		00:24:42	561	01:16:16	867	01:22:55	875	01:56:35	1038	01:55:38	1113
2685	Gethin	Morgan	M	871	MSEN	226		00:28:26	1342	01:19:42	1103	01:25:57	1074	01:56:37	1039	01:52:35	969
2239	Lisa	Wildgrube	F	169	FU25	15		00:26:09	859	01:18:24	1011	01:25:27	1036	01:56:38	1040	01:55:38	1110
1892	Clare	Kilgallon	F	170	F40-44	28	widnes wasps	00:28:30	1359	01:18:22	1009	01:25:10	1021	01:56:38	1041	01:53:07	992
1959	Megan Rose	Pownall	M	872	MU25	49	Cardiff University Harriers	00:27:00	1031	01:20:00	1120	01:26:55	1123	01:56:39	1042	01:55:16	1090
2135	John	Meredith	M	873	M55-59	42		00:27:51	1224	01:18:56	1051	01:25:33	1044	01:56:39	1043	01:53:28	1012
2378	Bleddyn	Jones	M	874	M40-44	164	Dwygi Warriors	00:25:51	816	01:16:24	874	01:22:55	876	01:56:40	1044	01:51:47	932
349	Adrian	Moreton	M	875	M45-49	135		00:28:49	1447	01:20:17	1140	01:26:39	1114	01:56:41	1045	01:52:49	978
1446	Patrick	Lee-Browne	M	876	M45-49	136		00:26:24	907	01:18:01	987	01:25:02	1016	01:56:46	1046	01:54:48	1071
2651	Alejandra	Garcia Hernandez	F	171	F40-44	29	Trentham Running Club	00:27:07	1059	01:19:02	1063	01:25:41	1055	01:56:47	1047	01:53:23	1008
1872	William	Murphy	M	877	MSEN	227		00:27:01	1039	01:19:03	1066	01:25:24	1031	01:56:48	1048	01:54:00	1035
831	Eliw	Haf	F	172	FSEN	51		00:29:12	1530	01:19:45	1108	01:26:13	1095	01:56:48	1049	01:52:57	982
1250	Louise	Davies	F	173	F35-39	29		00:27:56	1240	01:20:53	1181	01:27:25	1158	01:56:48	1050	01:55:17	1091
1504	Jonathan	Bennett	M	878	MSEN	228		00:26:49	997	01:17:34	959	01:23:59	950	01:56:49	1051	01:52:32	966
661	Dave	Hartley	M	879	MSEN	229	Ellesmere Port Running Club	00:27:06	1051	01:18:30	1019	01:25:07	1018	01:56:52	1052	01:54:22	1051
2329	Ian	Griffiths	M	880	M40-44	165		00:27:23	1124	01:18:37	1032	01:25:21	1029	01:56:53	1053	01:53:44	1025
1669	Laurie	Brough	F	174	FSEN	52	Southport Waterloo AC	00:27:43	1201	01:20:31	1152	01:27:26	1160	01:56:56	1054	01:55:22	1097
2721	Stephen	Bateman	M	881	M40-44	166		00:29:27	1600	01:22:49	1314	01:29:21	1275	01:56:57	1055	01:54:58	1077
391	Helen	Watson	F	175	F35-39	30		00:25:53	820	01:17:36	963	01:24:35	983	01:56:57	1056	01:55:16	1089
2140	Rhidian	Jones	M	882	M35-39	158		00:29:00	1487	01:20:14	1133	01:26:24	1104	01:57:01	1057	01:52:03	947
1112	Gwyn	Evans	M	883	M55-59	43	Eryri Harriers	00:24:56	603	01:16:56	917	01:24:00	952	01:57:06	1058	01:56:18	1156
835	Paul	White	M	884	M40-44	167		00:29:02	1500	01:22:05	1255	01:28:26	1215	01:57:06	1059	01:55:42	1119
803	Lisa Clair	Harman	F	176	FSEN	53		00:28:23	1332	01:18:41	1036	01:25:16	1025	01:57:07	1060	01:52:27	962

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Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
563	Mike	Dilworth	M	885	M60-64	13		00:27:08	1062	01:17:11	936	01:23:57	947	01:57:08	1061	01:52:55	981
2163	Colin	Hunt	M	886	M60-64	14	Wrecsam Tri Club	00:27:01	1036	01:19:02	1062	01:25:42	1058	01:57:09	1062	01:54:24	1052
2208	Daniel	Lynch	M	887	MU25	50		00:29:26	1598	01:19:20	1082	01:25:28	1038	01:57:09	1063	01:52:36	970
2238	Tracey	Brown	F	177	F45-49	27		00:27:09	1068	01:18:16	1001	01:24:52	1004	01:57:13	1064	01:52:36	971
971	Rose	Egan	F	178	F45-49	28		00:27:31	1154	01:20:49	1176	01:27:28	1161	01:57:13	1065	01:55:18	1094
1882	James	Gilmartin	M	888	M40-44	168		00:26:31	929	01:18:03	990	01:24:48	999	01:57:13	1066	01:56:13	1153
669	Matt	Martin	M	889	M35-39	159		00:25:39	771	01:18:17	1002	01:25:20	1027	01:57:13	1067	01:56:30	1165
980	Roger	Harrison	M	890	M55-59	44	Cheshire Hash House Harriers	00:27:32	1158	01:20:50	1177	01:27:29	1162	01:57:14	1068	01:55:19	1095
1498	Dawn	Hughes	F	179	F5EN	54		00:26:55	1017	01:18:04	992	01:24:56	1007	01:57:14	1069	01:54:17	1048
2134	Dave	Prosser	M	891	M45-49	137	South Cheshire Harriers	00:28:14	1303	01:20:28	1148	01:27:15	1150	01:57:17	1070	01:55:47	1122
2664	Peter	Hough	M	892	M60-64	15		00:23:33	364	01:08:45	356	01:14:32	354	01:57:17	1071	01:56:57	1191
1026	Andrew	Hyde	M	893	MSEN	230		00:27:22	1120	01:19:13	1073	01:25:56	1071	01:57:18	1072	01:54:54	1076
602	Matt	Griffiths	M	894	M35-39	160	Team Derby Runner	00:27:02	1042	01:19:15	1076	01:25:58	1076	01:57:19	1073	01:55:44	1120
2130	Austin	Bell	M	895	M60-64	16		00:27:31	1155	01:19:28	1090	01:26:03	1082	01:57:19	1074	01:54:39	1063
1246	Steven	Radcliffe	M	896	M45-49	138	Buxton and District AC	00:27:57	1243	01:19:28	1088	01:26:11	1092	01:57:21	1075	01:54:28	1054
560	Darren	Lucas	M	897	MSEN	231	teambtr	00:26:35	950	01:17:30	954	01:24:38	988	01:57:21	1076	01:54:47	1068
2490	Gareth	Ellis	M	898	M50-54	86		00:26:32	937	01:19:27	1087	01:26:12	1093	01:57:21	1077	01:54:59	1079
2171	Jay	James	M	899	MSEN	232		00:24:37	542	01:17:45	974	01:24:50	1001	01:57:22	1078	01:56:55	1189
2395	Dafydd	Evans	M	900	M40-44	169		00:28:14	871	01:20:16	1136	01:27:15	1153	01:57:25	1079	01:56:52	1186
2616	Nigel	Gardner	M	901	M50-54	87	City of Stoke AC	00:27:00	1028	01:19:25	1086	01:26:04	1086	01:57:30	1080	01:55:41	1117
2534	Sarah	Bowman	F	180	F35-39	31		00:26:47	985	01:17:34	961	01:24:36	984	01:57:33	1081	01:54:58	1078
1788	Gwennan	Henstock	F	181	F35-39	32		00:27:17	1102	01:18:47	1044	01:25:37	1050	01:57:33	1082	01:53:47	1028
1363	Alexis	Dinsmor	F	182	F60-64	1	Stockport Harriers & AC	00:26:58	1025	01:19:03	1065	01:26:21	1101	01:57:33	1083	01:54:47	1070
2427	Simon	Doherty	M	902	M40-44	170	Denbigh Harriers	00:25:46	796	01:17:55	980	01:24:50	1002	01:57:35	1084	01:57:05	1197
1700	David	Powell	M	903	M40-44	171		00:28:46	1435	01:21:21	1212	01:27:56	1185	01:57:36	1085	01:56:38	1170
2494	Tom	Bennett	M	904	M35-39	161		00:28:47	1441	01:21:21	1213	01:27:55	1180	01:57:36	1086	01:56:38	1173
2380	Nicholas	Abbinante	M	905	M35-39	162		00:28:46	1432	01:21:20	1210	01:27:56	1183	01:57:36	1087	01:56:37	1169
2404	Bernard	Mccarron	M	906	M45-49	139		00:26:29	924	01:20:16	1137	01:26:56	1125	01:57:38	1088	01:55:39	1115
1871	Lindsay	Driediger-Murphy	F	183	F5EN	55		00:27:55	1237	01:20:08	1129	01:27:02	1132	01:57:39	1089	01:54:52	1072
2067	Iwona	Booth	F	184	F35-39	33		00:27:10	1073	01:21:11	1204	01:28:03	1198	01:57:41	1090	01:55:48	1123
1328	Dale	Fagence	M	907	M40-44	172		00:28:46	1433	01:20:08	1128	01:26:39	1113	01:57:42	1091	01:53:01	987
690	Georgina	Walker	F	185	F35-39	34	Lymm Runners	00:25:56	828	01:17:48	977	01:24:42	995	01:57:43	1092	01:54:08	1042
1198	Claire	Cripps	F	186	F35-39	35		00:27:24	1126	01:20:05	1123	01:26:44	1118	01:57:44	1093	01:55:32	1103
1756	Andrea	Thom	F	187	F40-44	30		00:26:31	931	01:18:58	1054	01:26:03	1083	01:57:44	1094	01:56:03	1138
2156	Sean	Lavery	M	908	MSEN	233		00:32:05	1959	01:23:16	1347	01:29:02	1259	01:57:48	1095	01:54:45	1067
2564	Carys	Hogan	F	188	F5EN	56	Cybi Striders	00:25:50	813	01:18:36	1031	01:25:32	1043	01:57:48	1096	01:55:02	1082
812	Elin	Jones	F	189	F45-49	29		00:27:14	1091	01:20:17	1141	01:26:59	1130	01:57:50	1097	01:55:09	1085
1387	Emma	Ralph	F	190	F35-39	36		00:28:26	1344	01:19:15	1077	01:25:55	1070	01:57:51	1098	01:54:44	1066
1942	Kate	Johnson	F	191	F40-44	31	Spectrum Striders	00:28:15	1306	01:21:51	1244	01:28:48	1244	01:57:54	1099	01:57:06	1199
1943	Vincent	Alcock	M	909	M40-44	173	Spectrum Striders	00:28:15	1309	01:21:51	1245	01:28:48	1245	01:57:54	1100	01:57:07	1200
1194	Mari Wynn	Williams	F	192	FU25	16		00:28:02	1266	01:19:09	1068	01:25:39	1053	01:57:56	1101	01:53:35	1018
1785	Nicola	Tomlinson	F	193	F5EN	57	Colwyn Bay AC	00:28:14	1302	01:21:29	1219	01:28:18	1207	01:57:57	1102	01:56:44	1177
2610	Oriol	Muã±Oz	M	910	MSEN	234		00:26:17	892	01:18:54	1049	01:25:45	1061	01:57:58	1103	01:57:43	1217
1979	Mike	Welsby	M	911	M45-49	140	Penny Lane Striders	00:27:50	1221	01:22:12	1263	01:29:00	1255	01:58:00	1104	01:56:41	1175
1355	Kevin	Todd	M	912	MSEN	235		00:27:26	1135	01:18:35	1026	01:25:15	1023	01:58:01	1105	01:54:07	1040
1354	Jane	Entwistle	F	194	F5EN	58		00:27:26	1136	01:18:35	1027	01:25:15	1024	01:58:02	1106	01:54:08	1041
2515	Nigel	Rawlings	M	913	M55-59	45	Manchester Harriers	00:26:18	898	01:18:09	997	01:25:42	1056	01:58:03	1107	01:56:14	1154
2101	Antony	Wilson	M	914	MU25	51		00:26:34	945	01:17:30	953	01:23:57	948	01:58:06	1108	01:53:34	1017
1164	Sam	Wareing	M	915	MSEN	236		00:26:49	996	01:19:11	1069	01:26:03	1084	01:58:07	1109	01:55:26	1100
1909	Matthew	Swift	M	916	MU25	52	STUDIO19	00:26:50	1003	01:16:59	923	01:23:35	921	01:58:08	1110	01:54:39	1062
1374	Chris	Binns	M	917	M35-39	163		00:28:41	1415	01:21:28	1217	01:28:09	1202	01:58:09	1111	01:53:50	1030
928	Kate	Doyle	F	195	F35-39	37	Chorlton Runners	00:28:52	1455	01:21:55	1248	01:28:34	1228	01:58:10	1112	01:55:53	1126
634	Philip	Grace	M	918	M45-49	141		00:26:49	999	01:21:11	1205	01:28:18	1208	01:58:13	1113	01:57:55	1234

RunWales.com Conwy half Marathon 2013

Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
439	Philippa	Tyson	F	196	F50-54	17	South Cheshire Harriers	00:27:57	1241	01:19:51	1110	01:26:19	1098	01:58:13	1114	01:53:38	1020
796	Huw	Owens	M	919	MSEN	237	Careers Wales NW running club	00:27:49	1215	01:21:47	1239	01:29:27	1279	01:58:13	1115	01:53:11	996
1128	Linda	Orborn	F	197	F35-39	38		00:28:03	1267	01:20:06	1125	01:27:00	1131	01:58:15	1116	01:55:57	1130
1186	Barry	Williams	M	920	M35-39	164		00:28:15	1308	01:20:48	1172	01:27:45	1175	01:58:15	1117	01:55:26	1098
570	Colin	Thackray	M	921	M50-54	88	NWRRRC	00:27:47	1208	01:21:03	1192	01:27:53	1179	01:58:16	1118	01:56:47	1178
1123	John	Mcadam	M	922	MSEN	238		00:28:56	1471	01:19:59	1118	01:26:06	1087	01:58:17	1119	01:53:44	1026
1655	Anna	Mackenzie	F	198	FU25	17		00:27:43	1202	01:20:12	1132	01:26:57	1126	01:58:19	1120	01:55:37	1109
473	Julie	Lucas	F	199	F50-54	18	Wilmslow Running Club	00:27:18	1109	01:21:10	1202	01:28:04	1200	01:58:21	1121	01:55:52	1125
530	Craig	Frisby	M	923	M40-44	174		00:26:49	998	01:20:37	1157	01:27:29	1163	01:58:22	1122	01:56:02	1137
1060	David	Jolly	M	924	M45-49	142		00:28:28	1348	01:20:54	1182	01:27:12	1145	01:58:24	1123	01:53:55	1033
456	Paul	Rynn	M	925	M35-39	165		00:28:31	1366	01:18:31	1022	01:24:56	1006	01:58:24	1124	01:54:41	1065
2218	Robert	Windscheffel	M	926	M35-39	166		00:27:53	1228	01:19:11	1070	01:26:01	1078	01:58:25	1125	01:55:10	1086
2013	Stanley	Harrison	M	927	M60-64	17	sneyd striders	00:27:15	1098	01:19:51	1111	01:26:40	1117	01:58:27	1126	01:56:13	1151
714	Paul	Prince	M	928	MSEN	239		00:28:03	1269	01:19:29	1091	01:25:56	1072	01:58:32	1127	01:54:06	1039
62	Matthew	Cooper	M	929	MSEN	240		00:27:59	1251	01:20:42	1162	01:27:12	1146	01:58:34	1128	01:55:42	1118
1365	Francis	Mccombs	M	930	M45-49	143	Liverpool Running Club	00:27:20	1113	01:19:01	1060	01:25:57	1075	01:58:35	1129	01:56:13	1149
2672	Richard	Henderson	M	931	M45-49	144		00:27:21	1114	01:18:26	1014	01:25:25	1032	01:58:35	1130	01:56:50	1183
642	Liz	Folan	F	200	F40-44	32		00:29:06	1513	01:22:18	1279	01:29:00	1256	01:58:38	1131	01:56:44	1176
1502	Dawn	Parker	M	932	M45-49	145		00:28:09	1287	01:21:59	1249	01:28:46	1240	01:58:38	1132	01:56:47	1179
2033	Paul	Griffin	M	933	M45-49	146	Winston Runners	00:28:01	1261	01:21:33	1223	01:28:27	1216	01:58:39	1133	01:56:51	1184
1360	John	Futter	M	934	M40-44	175		00:26:04	850	01:16:07	853	01:22:59	880	01:58:39	1134	01:56:48	1182
2005	Tim	Bonner	M	935	MSEN	241		00:27:49	1213	01:20:25	1146	01:27:09	1141	01:58:40	1135	01:56:38	1172
862	Mary	Evans	F	201	F50-54	19	Kinsale/Riverstick AC	00:27:15	1096	01:20:38	1159	01:27:12	1148	01:58:42	1136	01:54:40	1064
2355	Jill	Andrea	F	202	F50-54	20		00:29:10	1524	01:21:49	1242	01:28:40	1234	01:58:43	1137	01:57:01	1193
1565	Roger	Dugan	M	936	M45-49	147	Shropshire Shufflers	00:28:38	1400	01:21:36	1230	01:28:30	1223	01:58:44	1138	01:56:58	1192
1305	Scott	Brooks	M	937	M50-54	89	Mersey Tri	00:27:26	1133	01:21:40	1232	01:28:30	1220	01:58:45	1139	01:56:33	1167
1757	Steven	Moss	M	938	M40-44	176		00:29:05	1509	01:21:47	1238	01:28:35	1230	01:58:45	1140	01:56:48	1181
1949	Geraint	Whitham	M	939	MSEN	242		00:27:03	1043	01:18:24	1012	01:25:48	1063	01:58:45	1141	01:57:39	1215
2317	Medi	Parry	F	203	FSEN	59		00:27:45	1207	01:20:33	1153	01:27:12	1147	01:58:47	1142	01:55:11	1087
783	Jonathon	Blackburn	M	940	MSEN	243		00:28:46	1430	01:21:00	1186	01:27:34	1167	01:58:51	1143	01:55:01	1081
2311	Claire	Plunkett	F	204	F35-39	39	Halifax Harriers	00:28:03	1271	01:22:28	1289	01:29:08	1267	01:58:54	1144	01:57:45	1218
1196	Samantha	Berry	F	205	FSEN	60		00:29:33	1617	01:22:48	1309	01:29:33	1292	01:58:54	1145	01:56:01	1136
1296	Angie	Hart	F	206	F40-44	33	ROYTON ROAD RUNNERS	00:28:24	1335	01:20:34	1154	01:27:21	1157	01:58:55	1146	01:55:00	1080
2304	Philip	Warrington	M	941	M55-59	46		00:28:00	1258	01:21:02	1191	01:27:40	1173	01:58:58	1147	01:56:27	1162
2072	Alun	Rowlands	M	942	M55-59	47	Cybi Striders	00:27:27	1138	01:20:17	1139	01:27:16	1151	01:58:59	1148	01:55:54	1128
2361	Kate	Williams	F	207	F40-44	34		00:27:14	1093	01:20:46	1164	01:27:19	1155	01:59:00	1149	01:55:35	1107
203	Keith	Pleasant	M	943	M35-39	167		00:28:05	1278	01:22:53	1317	01:29:30	1286	01:59:00	1150	01:57:38	1214
2715	Sandra	Riley	F	208	F40-44	35	Village Road Runners	00:27:15	1095	01:20:47	1168	01:27:20	1156	01:59:00	1151	01:55:37	1108
727	Mike	Johnson	M	944	M35-39	168		00:27:52	1225	01:19:42	1101	01:26:58	1127	01:59:03	1152	01:58:02	1238
1185	Vincent	Wickham	M	945	M40-44	177		00:24:55	595	01:15:01	793	01:22:01	829	01:59:05	1153	01:58:30	1256
475	Karl	Jackson	M	946	M45-49	148		00:27:07	1052	01:20:38	1158	01:27:42	1174	01:59:06	1154	01:57:55	1235
2588	John	Parry	M	947	M55-59	48		00:28:13	1299	01:21:09	1201	01:27:46	1177	01:59:09	1155	01:55:38	1111
1191	Mark	O'Callaghan	M	948	M35-39	169		00:27:01	1038	01:19:52	1112	01:26:32	1110	01:59:09	1156	01:56:54	1188
2151	Andrew	Cottrell	M	949	MSEN	244		00:32:05	1962	01:23:17	1349	01:29:04	1262	01:59:10	1157	01:56:08	1142
467	Alan	Bennett	M	950	M55-59	49		00:26:40	966	01:18:59	1056	01:26:08	1089	01:59:11	1158	01:58:05	1239
1260	James	Clayton	M	951	M35-39	170		00:28:00	1255	01:20:28	1147	01:27:06	1137	01:59:11	1159	01:55:58	1134
1923	Daniel	Jackson	M	952	MSEN	245		00:26:59	1026	01:19:44	1106	01:26:48	1120	01:59:13	1160	01:57:26	1210
1750	Nick	Sandy	M	953	M55-59	50		00:25:04	632	01:13:31	671	01:20:12	701	01:59:14	1161	01:56:54	1187
447	Mark	Harrison	M	954	M40-44	178		00:29:37	1628	01:21:21	1214	01:27:57	1186	01:59:15	1162	01:54:32	1057
2069	Dominic	Booth	M	955	M45-49	149		00:27:09	1066	01:21:10	1203	01:28:02	1192	01:59:17	1163	01:57:24	1209
860	Daniel	Sanderson	M	956	MSEN	246		00:28:20	1322	01:21:42	1235	01:28:21	1212	01:59:18	1164	01:56:20	1158
733	Nigel	Symms	M	957	M45-49	150	Newcastle (Staffs) AC	00:27:11	1077	01:21:34	1226	01:28:42	1237	01:59:20	1165	01:58:41	1262
122	Alexander	Edwards	M	958	MSEN	247		00:29:52	1670	01:20:46	1165	01:27:30	1164	01:59:21	1166	01:54:52	1073

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Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
1001	Peter	Cavanagh	M	959	MSEN	248		00:26:58	1024	01:18:02	989	01:24:57	1009	01:59:22	1167	01:55:56	1129
2279	Jacob	Daly	M	960	MSEN	249		00:26:24	909	01:15:55	841	01:22:29	851	01:59:22	1168	01:54:24	1053
1915	Karen	Owen	F	209	F35-39	40		00:28:28	1349	01:21:16	1206	01:27:31	1166	01:59:25	1169	01:55:26	1099
1047	Ian	Mauilin	M	961	M35-39	171	Sneyd Striders	00:29:21	1576	01:23:33	1375	01:30:23	1346	01:59:27	1170	01:57:11	1202
1389	Carole	Wilkinson	F	210	F50-54	21	Lancaster and Morecambe Athlet	00:26:40	965	01:20:06	1124	01:27:02	1133	01:59:28	1171	01:55:17	1092
1764	Kim	Mills	F	211	FSEN	61		00:29:21	1572	01:21:33	1225	01:28:27	1217	01:59:29	1172	01:56:10	1144
1195	Richard	Berry	M	962	M35-39	172		00:29:32	1614	01:22:49	1311	01:29:33	1293	01:59:30	1173	01:56:37	1168
1102	Louise	Goodwin	F	212	FSEN	62		00:30:28	1773	01:22:56	1320	01:29:46	1306	01:59:30	1174	01:57:29	1211
2743	Andrew	Bell	M	963	M50-54	90	congleton harriers	00:28:04	1274	01:21:00	1187	01:27:55	1182	01:59:30	1175	01:56:13	1150
533	Neil	Derrig	M	964	M45-49	151		00:27:54	1230	01:22:22	1282	01:29:02	1258	01:59:31	1176	01:57:11	1203
2100	Pauline	Newton	F	213	F60-64	2	Market Drayton Running Club	00:27:36	1177	01:19:53	1114	01:26:44	1119	01:59:32	1177	01:56:06	1140
1535	Amandeep	Josan	M	965	M35-39	173		00:29:25	1590	01:23:06	1336	01:29:49	1309	01:59:34	1178	01:56:57	1190
1759	Darren	Taylor	M	966	M45-49	152	Stafford Harriers	00:27:34	1168	01:20:49	1175	01:27:40	1170	01:59:34	1179	01:57:53	1230
1990	Wayne	Smith	M	967	M35-39	174		00:28:25	1340	01:21:04	1195	01:27:59	1189	01:59:34	1180	01:55:28	1101
445	Robert	Tudor	M	968	M35-39	175		00:28:25	1339	01:21:05	1197	01:28:00	1190	01:59:34	1181	01:55:29	1102
2242	Lynda	Clifford	F	214	F45-49	30	Winston Runners	00:27:23	1121	01:22:08	1261	01:28:52	1251	01:59:36	1182	01:57:50	1228
1371	Gareth	Jones	M	969	MSEN	250		00:28:41	1413	01:21:27	1216	01:28:06	1201	01:59:37	1183	01:55:17	1093
2600	Rachel	Howells	F	215	FSEN	63		00:29:22	1579	01:22:12	1265	01:28:49	1246	01:59:38	1184	01:56:11	1147
364	Mark	Rothero	M	970	M40-44	179		00:25:11	657	01:19:45	1107	01:26:56	1124	01:59:39	1185	01:58:25	1252
1100	Claire	Gadsby	F	216	FSEN	64	Prestatyn Running Club	00:26:04	849	01:20:36	1156	01:28:14	1203	01:59:40	1186	01:59:17	1284
1066	Andrew	Taylor	M	971	M40-44	180		00:28:32	1374	01:21:02	1190	01:28:02	1194	01:59:41	1187	01:57:14	1205
2275	Steven	Smith	M	972	M35-39	176		00:27:20	1111	01:17:26	949	01:26:10	1090	01:59:42	1188	01:55:33	1105
1083	Philip	Smith	M	973	MSEN	251		00:27:19	1110	01:17:45	973	01:26:11	1091	01:59:42	1189	01:55:34	1106
2625	Tim	Sherwood	M	974	MSEN	252		00:25:46	795	01:17:34	960	01:24:31	981	01:59:42	1190	01:55:38	1114
1597	Stephen	Palmer	M	975	M45-49	153		00:29:00	1490	01:23:33	1373	01:30:16	1342	01:59:46	1191	01:56:48	1180
2165	Paul	Kimmins	M	976	M50-54	91		00:26:02	840	01:18:20	1006	01:25:22	1030	01:59:47	1192	01:58:08	1242
931	Andrew	Scott	M	977	M35-39	177		00:27:55	1236	01:21:53	1247	01:28:47	1241	01:59:48	1193	01:57:48	1224
284	Hayley	Morris	F	217	FU25	18		00:29:21	1570	01:22:39	1303	01:29:28	1282	01:59:50	1194	01:56:31	1166
1506	Polly	Bibby	F	218	FSEN	65		00:28:09	1288	01:18:32	1024	01:25:38	1052	01:59:50	1195	01:57:53	1231
2702	Michael	Davies	M	978	MSEN	253		00:26:33	940	01:18:36	1029	01:25:35	1047	01:59:50	1196	01:56:26	1161
2408	Alex	Brammer	M	979	MSEN	254		00:29:04	1505	01:21:32	1221	01:28:21	1213	01:59:53	1197	01:55:53	1127
2273	Gernot	Kuester	M	980	M35-39	178		00:28:14	1305	01:19:42	1102	01:26:34	1111	01:59:53	1198	01:55:07	1084
2187	Robert	Grocutt	M	981	M50-54	92		00:26:12	878	01:16:03	848	01:22:54	873	01:59:54	1199	01:56:11	1148
693	Dan	Hu	M	982	MSEN	255		00:27:40	1190	01:22:05	1256	01:28:39	1233	01:59:56	1200	01:57:20	1207
934	Trevor	Smart	M	983	M45-49	154		00:25:54	823	01:20:46	1167	01:28:01	1191	01:59:57	1201	01:58:44	1264
694	Nicole	Richards	F	219	FU25	19		00:27:41	1194	01:22:07	1259	01:28:41	1236	01:59:57	1202	01:57:22	1208
1458	Stewart	Hamilton-Arrandale	M	984	M35-39	179		00:29:31	1604	01:22:09	1262	01:29:02	1257	01:59:58	1203	01:55:40	1116
1451	Paul	Jones	M	985	M35-39	180		00:26:10	872	01:21:41	1233	01:28:31	1225	01:59:59	1204	01:58:59	1272
2121	Jonny	Charlton	M	986	M40-44	181		00:31:11	1877	01:21:32	1222	01:27:56	1184	02:00:00	1205	01:55:03	1083
388	David	Whitfield	M	987	M35-39	181	Newcastle Tri Club	00:29:00	1493	01:23:51	1396	01:30:46	1373	02:00:01	1206	01:59:20	1285
2061	Michelle	Whitfield	F	220	FSEN	66		00:29:00	1494	01:23:52	1398	01:30:46	1374	02:00:01	1207	01:59:20	1286
2608	Toni	Britland	F	221	FSEN	67		00:26:48	994	01:20:07	1126	01:26:54	1122	02:00:04	1208	01:57:45	1221
573	Jessica	Stacey	M	988	MSEN	256		00:27:27	1140	01:22:35	1297	01:29:33	1291	02:00:05	1209	01:57:54	1233
574	Marisa	Elliott	F	222	FSEN	68		00:27:34	1166	01:20:41	1161	01:28:02	1193	02:00:05	1210	01:58:00	1237
166	Jonathan	Martin	M	989	MSEN	257		00:29:59	1693	01:20:47	1169	01:27:31	1165	02:00:06	1211	01:55:38	1112
2056	Bobbie	Hickman	F	223	F40-44	36	Potters Trotters	00:28:00	1256	01:21:41	1234	01:28:30	1221	02:00:12	1212	01:57:13	1204
2611	Kat	Court	F	224	FSEN	69		00:28:46	1436	01:20:08	1127	01:26:39	1115	02:00:13	1213	01:55:33	1104
2357	Moyna	Richey	F	225	F40-44	37		00:27:38	1185	01:21:36	1229	01:28:31	1226	02:00:14	1214	01:58:06	1241
1016	Andy	Swiss	M	990	M35-39	182		00:28:38	1403	01:21:34	1227	01:28:34	1229	02:00:15	1215	01:57:04	1196
779	SiācN	Mattison	F	226	FSEN	70		00:29:00	1488	01:22:49	1312	01:29:05	1264	02:00:15	1216	01:56:11	1146
1300	Jason	Revill	M	991	M40-44	182	Astley & Tyldesley Road Runner	00:28:27	1346	01:21:00	1188	01:27:36	1168	02:00:20	1217	01:56:13	1152
1994	James	Harwood	M	992	M35-39	183	Canicross Anglesey	00:28:58	1477	01:22:16	1276	01:28:58	1252	02:00:21	1218	01:56:08	1141
1428	Mark	Jones	M	993	M35-39	184		00:29:04	1506	01:22:20	1281	01:28:50	1248	02:00:22	1219	01:56:23	1160

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Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
179	Lisa	Hamilton	F	227	F5EN	71		00:29:32	1611	01:22:08	1260	01:29:04	1261	02:00:28	1220	01:56:10	1145
1836	Garry	Tann	M	994	M55-59	51	Mysteruns of Abergele	00:28:58	1480	01:20:53	1180	01:27:40	1171	02:00:29	1221	01:55:57	1132
1837	Jonathan	Cooper	M	995	M45-49	155		00:28:58	1481	01:20:53	1179	01:27:40	1172	02:00:29	1222	01:55:57	1133
2002	Claire	Williams	F	228	F45-49	31	Canicross Anglesey	00:28:58	1479	01:22:16	1274	01:28:59	1253	02:00:30	1223	01:56:18	1157
2173	Rachel	Adams	F	229	F40-44	38		00:27:27	1139	01:21:33	1224	01:28:48	1243	02:00:31	1224	01:59:08	1275
1229	Emma	Hardy	F	230	F35-39	41	Wakefield Running Mamas	00:27:39	1187	01:22:48	1310	01:29:54	1315	02:00:36	1225	01:59:44	1293
745	Hayley	Tuite	F	231	F5EN	72		00:28:39	1405	01:21:38	1231	01:28:21	1210	02:00:36	1226	01:58:06	1240
2170	Sarah	Leah	F	232	F40-44	39	Stockport Harriers & AC	00:28:24	1336	01:23:16	1346	01:30:26	1350	02:00:36	1227	01:59:10	1278
822	Paul	Taylor	M	996	M35-39	185		00:27:21	1116	01:20:04	1122	01:27:10	1142	02:00:36	1228	01:56:51	1185
2431	David	Horrocks	M	997	M5EN	258		00:26:03	844	01:19:35	1097	01:26:30	1107	02:00:39	1229	01:58:24	1251
1940	Jason	Cruz	M	998	M40-44	183		00:27:49	1217	01:23:14	1344	01:30:11	1336	02:00:43	1230	02:00:29	1326
1516	Calum	Stronach	M	999	MU25	53		00:26:11	873	01:20:20	1143	01:27:05	1134	02:00:44	1231	01:57:16	1206
1456	Andy	Birks	M	1000	M45-49	156		00:28:23	1334	01:22:35	1295	01:29:27	1280	02:00:44	1232	01:57:58	1236
2068	Adam	Miller	M	1001	MU25	54		00:28:02	1262	01:22:02	1251	01:29:08	1266	02:00:45	1233	01:58:11	1244
2236	Lisa	Hampson	F	233	F35-39	42		00:27:49	1214	01:21:50	1243	01:28:40	1235	02:00:45	1234	01:57:01	1194
1150	Sophia	Mason	F	234	F5EN	73		00:27:54	1232	01:21:36	1228	01:28:44	1239	02:00:46	1235	01:57:51	1229
497	Janet	Leighton	F	235	F45-49	32		00:29:06	1511	01:23:18	1355	01:30:03	1325	02:00:47	1236	01:58:36	1259
1873	Dave	Ambler	M	1002	M60-64	18	Stockport Harriers & AC	00:29:05	1508	01:23:17	1350	01:30:02	1323	02:00:47	1237	01:58:36	1258
917	Richard	Morgan	M	1003	M45-49	157		00:27:07	1054	01:20:58	1185	01:28:19	1209	02:00:48	1238	01:58:16	1248
2155	Richard	Amies	M	1004	M45-49	158		00:27:55	1239	01:20:52	1178	01:27:48	1178	02:00:49	1239	01:56:27	1163
1544	Edith	Gruber	F	236	F5EN	74	Cybi Striders	00:28:49	1448	01:23:52	1397	01:31:04	1392	02:00:52	1240	01:58:23	1250
646	Stephen	Owen	M	1005	M35-39	186		00:26:30	928	01:19:29	1092	01:26:25	1105	02:00:52	1241	01:57:45	1219
1980	Stuart	Davies	M	1006	M45-49	159		00:28:42	1417	01:23:05	1335	01:30:08	1329	02:00:55	1242	01:59:13	1279
2316	Dilys	Owen	F	237	F50-54	22		00:29:20	1565	01:23:18	1353	01:30:13	1337	02:00:56	1243	01:58:12	1245
1171	Joe	Smyth	M	1007	M5EN	259		00:25:46	794	01:12:41	605	01:19:43	673	02:00:57	1244	01:56:21	1159
2283	Robert	Bell-Davies	M	1008	M35-39	187		00:27:55	1234	01:18:56	1050	01:25:35	1046	02:01:00	1245	01:56:38	1171
1331	Denise	Zachariasz	F	238	F40-44	40	Spectrum Striders	00:26:32	936	01:20:16	1138	01:27:19	1154	02:01:01	1246	01:58:38	1261
1466	Mark	Jones	M	1009	M40-44	184		00:25:22	702	01:19:49	1109	01:27:16	1152	02:01:02	1247	02:00:25	1321
1801	Paul	Smith	M	1010	M5EN	260		00:29:20	1566	01:23:02	1329	01:29:17	1273	02:01:02	1248	01:56:40	1174
2738	Martin	Johnson	M	1011	M50-54	93		00:27:29	1148	01:19:58	1117	01:26:53	1121	02:01:03	1249	01:55:58	1135
1916	Richard	Davies	M	1012	M40-44	185		00:28:20	1323	01:23:10	1340	01:30:09	1330	02:01:03	1250	01:59:47	1298
95	Andre	Bright	M	1013	M5EN	261		00:27:29	1145	01:19:57	1116	01:27:08	1139	02:01:04	1251	01:58:48	1268
489	Keith	Chew	M	1014	M40-44	186		00:25:21	698	01:16:15	864	01:23:30	917	02:01:08	1252	01:59:53	1301
2237	Louise	Acher	F	239	F5EN	75	Epsom Allsorts	00:27:36	1179	01:22:26	1285	01:29:31	1289	02:01:10	1253	01:59:44	1295
2460	Richard	Hughes	M	1015	M5EN	262		00:30:03	1703	01:22:39	1304	01:29:13	1271	02:01:14	1254	01:56:17	1155
221	Mark	Walker	M	1016	M55-59	52		00:27:52	1226	01:22:18	1278	01:29:12	1270	02:01:15	1255	01:57:49	1226
51	Chris	Kobylecki	M	1017	M35-39	188		00:27:08	1063	01:22:16	1275	01:29:03	1260	02:01:17	1256	02:00:19	1318
1101	Gareth	Davies	M	1018	M5EN	263		00:24:19	483	01:16:29	880	01:24:00	951	02:01:18	1257	02:01:04	1353
1929	Damian	Heavey	M	1019	M35-39	189	Lowton Sparrows	00:28:11	1292	01:20:47	1170	01:27:45	1176	02:01:19	1258	01:57:01	1195
1536	Caroline	Lambert	F	240	F5EN	76		00:29:25	1592	01:23:36	1378	01:30:34	1360	02:01:20	1259	01:58:44	1265
730	Sam	Hughes	M	1020	MU25	55		00:29:19	1558	01:23:37	1380	01:30:16	1341	02:01:20	1260	01:58:09	1243
701	Michael	Rogers	M	1021	M5EN	264		00:25:56	830	01:18:28	1017	01:26:24	1102	02:01:22	1261	01:59:21	1287
1377	Helen	Moffat	F	241	F45-49	33		00:28:42	1419	01:23:33	1372	01:30:39	1370	02:01:24	1262	01:59:15	1281
1376	Carol	Bedwell	F	242	F45-49	34		00:28:42	1420	01:23:32	1368	01:30:39	1369	02:01:24	1263	01:59:16	1282
2523	Gareth	Rogers	M	1022	M5EN	265		00:26:50	1004	01:19:36	1098	01:26:32	1109	02:01:24	1264	01:56:29	1164
2082	Ieuan	Davies	M	1023	M45-49	160	Cybi Striders	00:29:17	1552	01:23:56	1403	01:30:49	1377	02:01:24	1265	01:59:14	1280
547	Nicola	Rees	F	243	F45-49	35	Meirionnydd Running Club	00:28:28	1347	01:22:31	1292	01:29:39	1297	02:01:27	1266	01:57:42	1216
2472	Helen	Bainbridge	F	244	F35-39	43		00:28:53	1461	01:21:18	1208	01:28:17	1206	02:01:28	1267	01:57:45	1220
1880	Emma	Evans	F	245	F35-39	44		00:27:43	1200	01:23:27	1363	01:30:37	1365	02:01:28	1268	02:01:01	1350
1948	Keith	Jones	M	1024	M50-54	94		00:28:24	1337	01:22:42	1307	01:29:42	1301	02:01:29	1269	01:58:35	1257
426	Jason	Matthews	M	1025	M35-39	190	bridgnorth running club	00:27:01	1035	01:22:59	1325	01:29:56	1319	02:01:31	1270	02:00:26	1322
176	Ciaran	Lynch	M	1026	M40-44	187		00:28:51	1454	01:22:12	1266	01:28:59	1254	02:01:32	1271	01:57:31	1212
1886	Dylan	Jones	M	1027	M50-54	95		00:28:20	1325	01:22:15	1270	01:29:14	1272	02:01:33	1272	01:58:47	1267

RunWales.com Conwy half Marathon 2013

Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
2551	Jenny	Skues	F	246	FU25	20		00:29:54	1676	01:24:52	1456	01:31:58	1437	02:01:34	1273	02:00:06	1307
2553	Katy	Skues	F	247	FU25	21		00:29:54	1677	01:24:52	1457	01:31:57	1436	02:01:34	1274	02:00:06	1309
939	Heidi	Roden	F	248	F40-44	41	Meirionnydd Running Club	00:28:30	1362	01:22:53	1316	01:29:47	1308	02:01:34	1275	01:57:50	1227
251	Sarah	Dzien	F	249	FSEN	77		00:28:18	1317	01:22:37	1301	01:29:39	1296	02:01:35	1276	01:58:15	1246
2278	Samantha	Dillon	F	250	FSEN	78		00:27:12	1081	01:21:04	1193	01:28:36	1232	02:01:35	1277	02:01:01	1351
1217	Sean	McNulty	M	1028	M35-39	191		00:26:31	930	01:20:35	1155	01:27:37	1169	02:01:36	1278	01:59:34	1290
2064	Jacqueline	Davies	F	251	F40-44	42		00:27:10	1074	01:21:49	1241	01:28:43	1238	02:01:36	1279	01:57:36	1213
772	Clive	Baldwin	M	1029	M50-54	96		00:27:42	1199	01:20:56	1184	01:27:59	1188	02:01:37	1280	01:58:55	1271
811	Hazel	Smith	F	252	F40-44	43		00:29:53	1675	01:23:15	1345	01:30:11	1334	02:01:37	1281	01:58:27	1254
2747	Robert	Stevenson-Leggett	M	1030	MSEN	266		00:31:18	1888	01:23:57	1404	01:30:31	1358	02:01:38	1282	01:57:48	1223
1663	Phil	Peake	M	1031	M40-44	188	Team Extreme	00:28:19	1318	01:22:13	1267	01:29:10	1268	02:01:40	1283	01:58:49	1269
1634	Gareth	Jones	M	1032	M45-49	161		00:28:17	1313	01:22:57	1322	01:29:54	1318	02:01:40	1284	02:00:33	1329
367	Amanda	Lysons	F	253	F35-39	45	Wrekin Road Runners	00:28:53	1463	01:23:56	1401	01:30:56	1385	02:01:41	1285	02:00:01	1305
2425	Jason	Hearne	M	1033	MSEN	267	Vegan Runners	00:29:12	1534	01:23:32	1367	01:30:10	1333	02:01:46	1286	01:57:08	1201
2124	Karen	Owens	F	254	F40-44	44	Oswestry Olympians	00:29:11	1527	01:24:31	1438	01:31:37	1423	02:01:49	1287	02:00:35	1332
1177	Katie	Ogden	F	255	FSEN	79		00:26:27	918	01:22:23	1283	01:29:43	1303	02:01:50	1288	02:00:29	1327
1098	Zoe	Hancock	F	256	F35-39	46		00:27:00	1032	01:20:10	1131	01:27:26	1159	02:01:50	1289	01:59:05	1274
842	Joanne	Irons	F	257	FSEN	80		00:27:29	1147	01:20:42	1163	01:28:02	1197	02:01:51	1290	01:59:46	1297
1316	Lindsey	Bellis	F	258	FSEN	81	Deestriders RC	00:28:23	1333	01:21:19	1209	01:28:15	1205	02:01:53	1291	01:57:06	1198
657	Hannah	Milton	F	259	FSEN	82	Steel City Striders	00:27:07	1056	01:21:20	1211	01:28:24	1214	02:01:59	1292	01:58:15	1247
2220	Nigel	Barratt	M	1034	M50-54	97		00:28:23	1330	01:22:27	1288	01:29:18	1274	02:02:01	1293	01:59:16	1283
2016	Katie	Dawson	F	260	F35-39	47		00:28:12	1295	01:23:39	1382	01:30:26	1349	02:02:02	1294	01:59:58	1303
999	Caroline	Loevner	F	261	FSEN	83		00:28:22	1327	01:23:47	1389	01:30:36	1364	02:02:02	1295	01:58:36	1260
1367	Claire	Stanistreet	F	262	FSEN	84	Penny Lane Striders	00:29:07	1517	01:22:31	1293	01:29:30	1284	02:02:06	1296	01:59:00	1273
2392	Gareth	Williams	M	1035	M55-59	53		00:28:53	1462	01:22:37	1302	01:29:42	1302	02:02:06	1297	01:57:54	1232
1878	Darren	Lomax	M	1036	M35-39	192		00:26:32	938	01:21:06	1198	01:28:03	1199	02:02:16	1298	02:00:44	1336
1326	Sarah	Roche	F	263	FSEN	85		00:28:28	1350	01:23:29	1365	01:30:35	1362	02:02:17	1299	02:00:06	1308
1885	Nicola	Daunt	F	264	F35-39	48	City of Chester Triathlon Club	00:30:17	1739	01:23:19	1358	01:29:54	1314	02:02:18	1300	01:59:27	1288
2374	Kathy	Baron	F	265	F55-59	8		00:28:45	1428	01:23:53	1399	01:31:03	1390	02:02:19	1301	02:00:40	1335
1879	Mandy	Owen	F	266	F35-39	49		00:28:07	1282	01:23:31	1366	01:30:40	1371	02:02:20	1302	02:01:27	1374
2775	Ian	Jones	M	1037	MSEN	268		00:27:34	1167	01:22:15	1273	01:29:29	1283	02:02:22	1303	01:59:43	1292
2527	Christine	Andrew	F	267	F50-54	23	Biddulph Running Club	00:29:15	1544	01:23:04	1332	01:29:37	1295	02:02:22	1304	01:57:48	1225
1138	Jeffrey	Turner	M	1038	M50-54	98		00:29:32	1610	01:25:08	1472	01:32:01	1443	02:02:22	1305	02:00:50	1342
518	Dan	Farrell	M	1039	MSEN	269		00:29:03	1502	01:22:19	1280	01:28:49	1247	02:02:26	1306	01:58:28	1255
718	Alison	Perrins	F	268	F40-44	45		00:27:41	1193	01:22:57	1321	01:30:25	1347	02:02:26	1307	02:01:08	1358
1571	Neil	Bassford	M	1040	M55-59	54		00:29:01	1498	01:22:17	1277	01:28:47	1242	02:02:26	1308	01:58:26	1253
1687	Nathan	Barrett	M	1041	MU25	56		00:27:22	1119	01:20:02	1121	01:27:09	1140	02:02:27	1309	01:59:57	1302
2421	Mark	Moore	M	1042	M50-54	99		00:29:16	1549	01:25:07	1468	01:31:58	1438	02:02:29	1310	02:00:44	1337
234	Lydia	Owen Edmunds	F	269	FSEN	86		00:30:03	1702	01:25:04	1464	01:31:50	1429	02:02:31	1311	02:00:08	1310
376	Anthony	Roome	M	1043	M35-39	193		00:27:58	1244	01:22:02	1252	01:29:22	1276	02:02:31	1312	02:00:54	1345
377	Cheryl	Male	F	270	F40-44	46	Run in Wirral	00:27:58	1247	01:22:02	1250	01:29:23	1278	02:02:32	1313	02:00:56	1346
1761	Hannah	Woods	F	271	F35-39	50	Run in Wirral	00:28:03	1268	01:22:02	1253	01:29:45	1304	02:02:34	1314	02:00:57	1348
1086	Lukas	Jones	M	1044	M40-44	189		00:28:00	1257	01:22:27	1287	01:29:47	1307	02:02:34	1315	02:00:46	1339
389	Andrew	Johnson	M	1045	M55-59	55		00:28:33	1380	01:23:07	1338	01:30:19	1344	02:02:35	1316	01:59:44	1296
2690	Barry	Douglas	M	1046	M55-59	56		00:28:32	1378	01:24:16	1422	01:31:30	1415	02:02:38	1317	02:00:12	1313
1304	Ann-Marie	White	F	272	F40-44	47		00:27:32	1160	01:20:48	1174	01:27:58	1187	02:02:39	1318	01:59:58	1304
2420	John	Hill	M	1047	M45-49	162		00:27:33	1163	01:22:34	1294	01:29:46	1305	02:02:40	1319	02:00:29	1325
1818	Dewi	Roberts	M	1048	MU25	57		00:27:12	1079	01:17:20	943	01:24:12	963	02:02:42	1320	01:57:47	1222
258	Ian	Clayton	M	1049	M40-44	190		00:28:32	1372	01:23:45	1387	01:30:55	1383	02:02:43	1321	02:00:49	1341
2688	Annabel	King	F	273	FSEN	87		00:27:08	1065	01:22:14	1269	01:29:35	1294	02:02:43	1322	02:01:14	1364
879	John	Jones	M	1050	M55-59	57	Prestatyn Running Club	00:27:18	1107	01:22:42	1306	01:29:50	1310	02:02:44	1323	02:01:20	1367
1856	Chris	Moore	M	1051	M50-54	100		00:29:03	1504	01:23:27	1364	01:30:04	1327	02:02:45	1324	01:58:43	1263
2328	Cath	Lawrence	F	274	F35-39	51		00:27:25	1128	01:23:21	1360	01:30:38	1368	02:02:46	1325	02:02:00	1392

RunWales.com Conwy half Marathon 2013

Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
1059	Petra	Ashton	F	275	F45-49	36		00:28:27	1345	01:21:23	1215	01:28:28	1219	02:02:48	1326	01:58:18	1249
1969	Richard	Davies	M	1052	MSEN	270		00:28:26	1343	01:21:05	1196	01:28:02	1196	02:02:51	1327	01:58:46	1266
2480	John	Vaughan	M	1053	M40-44	191		00:28:20	1324	01:23:38	1381	01:30:48	1376	02:02:53	1328	02:01:49	1381
2268	Mary	Bawn	F	276	F35-39	52		00:28:13	1297	01:23:01	1328	01:30:17	1343	02:02:54	1329	02:01:13	1362
1020	Michael	Thirsk	M	1054	M55-59	58	Stockport Harriers & AC	00:27:51	1222	01:22:35	1298	01:29:30	1288	02:02:56	1330	02:01:17	1365
2266	Anna	Potter	F	277	F5EN	88		00:28:35	1385	01:21:47	1237	01:28:51	1250	02:02:58	1331	01:58:52	1270
1810	Mark	Tamlin	M	1055	M40-44	192	Team Pie	00:29:03	1503	01:24:26	1434	01:31:35	1419	02:03:01	1332	02:01:27	1373
1338	Denice	Harris	F	278	F45-49	37	sneyd striders	00:27:41	1198	01:23:41	1383	01:30:58	1386	02:03:06	1333	02:00:57	1349
1419	Anne	Steel	F	279	F35-39	53		00:27:50	1220	01:22:48	1308	01:30:04	1326	02:03:07	1334	02:01:07	1355
1811	Paul	Turgoose	M	1056	M45-49	163		00:27:11	1076	01:21:04	1194	01:28:36	1231	02:03:07	1335	02:02:33	1419
421	John	Copeland	M	1057	M45-49	164		00:28:24	1338	01:22:03	1254	01:29:05	1265	02:03:09	1336	01:59:10	1276
585	Cosima	Axford	F	280	F5EN	89		00:30:04	1705	01:25:05	1467	01:31:51	1431	02:03:09	1337	02:00:47	1340
453	Chris	Worthington	M	1058	M40-44	193		00:29:12	1535	01:23:56	1402	01:31:01	1388	02:03:09	1338	02:01:54	1388
2139	Tony	Lomax	M	1059	M55-59	59		00:28:50	1451	01:24:14	1418	01:31:07	1394	02:03:11	1339	02:01:08	1356
2164	Christopher	Unsworth	M	1060	M55-59	60		00:28:50	1450	01:24:14	1419	01:31:07	1395	02:03:11	1340	02:01:08	1357
1928	Clare	Lowry	F	281	F50-54	24	Widnes Wasps	00:28:47	1445	01:23:08	1339	01:29:59	1321	02:03:15	1341	01:59:44	1294
1666	Paul	Johnson	M	1061	MSEN	271		00:28:31	1368	01:22:41	1305	01:29:32	1290	02:03:17	1342	02:00:37	1334
495	Steve	Wynne	M	1062	MSEN	272		00:30:05	1706	01:24:31	1437	01:31:22	1407	02:03:18	1343	02:00:17	1315
568	Jessica	Brown	F	282	FU25	22		00:27:14	1092	01:22:28	1291	01:28:54	1317	02:03:19	1344	02:02:27	1413
567	Lucy	Williams	F	283	F5EN	90		00:27:14	1090	01:22:28	1290	01:29:52	1312	02:03:20	1345	02:02:27	1415
1329	Dermot	Doherty	M	1063	M40-44	194		00:29:01	1496	01:25:28	1499	01:32:19	1459	02:03:27	1346	02:02:08	1397
1256	Jane	Roberts	F	284	F50-54	25	Chester Road Runners	00:28:40	1410	01:23:49	1392	01:30:51	1380	02:03:27	1347	02:00:31	1328
1327	Pete	Nicholson	M	1064	MSEN	273		00:29:01	1497	01:25:28	1497	01:32:19	1458	02:03:28	1348	02:02:09	1398
2746	Julie	Jackson	F	285	F35-39	54		00:28:29	1357	01:25:34	1506	01:32:47	1489	02:03:28	1349	02:02:24	1410
38	Roger	Bisland	M	1065	M35-39	194		00:28:47	1444	01:22:06	1257	01:29:05	1263	02:03:29	1350	01:59:10	1277
2549	Stephen	Thomas	M	1066	MSEN	274	Parafit Hoptites	00:28:04	1272	01:22:56	1319	01:30:09	1332	02:03:33	1351	02:00:56	1347
440	Ceri	Murray	M	1067	MU25	58		00:27:31	1151	01:22:36	1299	01:29:53	1313	02:03:33	1352	02:02:20	1406
1056	Kirsty	Gornall	F	286	F40-44	48		00:28:55	1470	01:24:02	1406	01:31:05	1393	02:03:36	1353	02:00:19	1319
2538	Antony	Howarth	M	1068	M35-39	195		00:24:09	453	01:10:18	431	01:16:20	444	02:03:37	1354	02:03:08	1439
1244	Vicki	Hughes	F	287	F35-39	55		00:28:02	1265	01:23:01	1326	01:30:19	1345	02:03:40	1355	02:01:25	1372
1659	Jayne	Cordingley	F	288	F35-39	56	Village Cheadle	00:29:24	1584	01:24:33	1440	01:31:28	1413	02:03:40	1356	01:59:33	1289
1751	Stuart	Hammersley	M	1069	M60-64	19		00:28:01	1259	01:23:42	1384	01:31:19	1405	02:03:42	1357	02:02:28	1416
1424	Claudine	Milligan	F	289	F40-44	49		00:29:51	1667	01:25:49	1519	01:32:51	1496	02:03:48	1358	02:02:52	1432
1011	Andy	Griffiths	M	1070	M40-44	195		00:30:20	1749	01:24:55	1458	01:31:51	1432	02:03:48	1359	02:00:15	1314
1187	Paul	Walker	M	1071	MSEN	275		00:27:43	1203	01:21:18	1207	01:28:30	1222	02:03:50	1360	02:01:39	1379
854	Keith	Simpson	M	1072	M40-44	196		00:29:18	1557	01:22:35	1296	01:29:30	1285	02:03:53	1361	02:00:08	1311
1863	Nathan	Cave	M	1073	M35-39	196		00:26:13	881	01:18:27	1015	01:25:31	1042	02:03:53	1362	02:00:28	1324
2699	Chris	Pritchard	M	1074	MSEN	276		00:27:35	1173	01:22:53	1315	01:30:56	1384	02:03:57	1363	02:01:53	1387
2253	Jennie'S	Rooney	F	290	F5EN	91	Liverpool Running Club	00:27:16	1099	01:23:35	1377	01:30:16	1340	02:03:58	1364	02:00:53	1344
2407	Frankie	Smith	M	1075	M45-49	165	Liverpool Running Club	00:27:28	1142	01:23:47	1390	01:30:29	1352	02:03:58	1365	02:01:04	1352
1339	Eve	Howard	F	291	F35-39	57		00:28:47	1438	01:25:34	1505	01:32:25	1464	02:03:59	1366	02:00:19	1317
2372	Neil	Prior	M	1076	M45-49	166		00:27:33	1165	01:21:28	1218	01:28:34	1227	02:04:02	1367	02:00:28	1323
1494	Paul	Anderson	M	1077	M40-44	197		00:30:29	1787	01:24:56	1460	01:31:56	1435	02:04:07	1368	02:00:45	1338
1574	Sabine	Hoekema	F	292	F35-39	58		00:28:04	1273	01:22:59	1324	01:30:09	1331	02:04:08	1369	02:00:11	1312
884	Sue	Cowley	F	293	F45-49	38		00:28:12	1296	01:24:18	1427	01:32:03	1444	02:04:08	1370	02:03:38	1463
2136	Gillian	Haworth	F	294	F40-44	50	BIOTICFIT	00:27:59	1250	01:26:10	1535	01:33:31	1529	02:04:08	1371	02:03:48	1469
1601	Dan	De Cruz	M	1078	MU25	59		00:27:35	1174	01:21:06	1200	01:28:21	1211	02:04:09	1372	02:02:44	1427
1273	Ian	Brice	M	1079	M45-49	167		00:27:08	1064	01:23:03	1331	01:30:07	1328	02:04:10	1373	01:59:52	1300
1373	Eamonn	Brady	M	1080	M45-49	168	Penny Lane Striders	00:29:21	1575	01:23:18	1354	01:30:38	1367	02:04:12	1374	02:00:35	1331
1110	Jonathan	Toft	M	1081	MSEN	277	Penny Lane Striders	00:29:21	1569	01:23:17	1348	01:30:37	1366	02:04:12	1375	02:00:35	1333
1319	Philip	Chadwick	M	1082	M40-44	198		00:28:45	1426	01:23:05	1334	01:30:31	1357	02:04:14	1376	02:01:58	1390
339	Elizabeth	Webster	F	295	F5EN	92		00:26:42	971	01:22:07	1258	01:29:30	1287	02:04:16	1377	01:59:50	1299
2319	Steven	Clark	M	1083	MSEN	278		00:27:25	1130	01:21:52	1246	01:29:10	1269	02:04:19	1378	02:01:14	1363

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Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
2648	Scott	Boulton	M	1084	M40-44	199		00:28:02	1263	01:24:33	1439	01:31:42	1424	02:04:20	1379	02:02:40	1425
2150	Deborah	Jones	F	296	F35-39	59		00:27:27	1141	01:23:02	1330	01:30:14	1339	02:04:22	1380	02:01:59	1391
2028	Paul	Folly	M	1085	MSEN	279		00:28:35	1383	01:23:33	1374	01:30:31	1355	02:04:23	1381	01:59:41	1291
1137	Lisa	Turner	F	297	F45-49	39		00:29:32	1612	01:25:08	1474	01:32:03	1445	02:04:24	1382	02:02:51	1430
2015	Sarah	Priest	F	298	F40-44	51		00:28:29	1353	01:24:07	1412	01:31:18	1402	02:04:25	1383	02:03:13	1446
2034	Paul	Cooper	M	1086	MSEN	280		00:27:04	1046	01:23:18	1357	01:30:47	1375	02:04:28	1384	02:03:21	1450
129	Stephen	Murfin	M	1087	M35-39	197	Didcot Runners	00:27:55	1235	01:22:15	1271	01:29:22	1277	02:04:30	1385	02:00:50	1343
2423	Cheryl	Williams	F	299	F35-39	60		00:28:01	1260	01:24:48	1452	01:32:05	1449	02:04:31	1386	02:02:07	1395
539	Debra	Williams	F	300	F40-44	52		00:28:55	1469	01:23:04	1333	01:30:11	1335	02:04:32	1387	02:00:21	1320
1534	Alun	Edwards	M	1088	M45-49	169		00:26:39	963	01:22:58	1323	01:30:27	1351	02:04:35	1388	02:02:59	1436
2692	Neil	Swinerton	M	1089	M45-49	170	merseyside fire service	00:28:32	1376	01:24:16	1421	01:31:29	1414	02:04:36	1389	02:02:10	1399
2756	Alexander	Taylor	M	1090	MU25	60		00:28:19	1320	01:23:17	1351	01:30:33	1359	02:04:37	1390	02:02:24	1411
324	Tracy	Shufflebottom	F	301	F45-49	40	Biddulph Running Club	00:28:56	1473	01:25:41	1510	01:32:32	1471	02:04:37	1391	02:01:35	1378
140	Anna	Jones	F	302	FSEN	93	Denbigh Harriers	00:28:08	1286	01:25:55	1522	01:33:06	1513	02:04:42	1392	02:04:10	1486
2245	Adam	Knight	M	1091	M40-44	200		00:29:14	1539	01:26:16	1542	01:33:22	1525	02:04:43	1393	02:02:29	1417
1709	Paul	Clifford	M	1092	M45-49	171		00:26:21	903	01:22:14	1268	01:30:02	1324	02:04:43	1394	02:03:42	1466
450	Sarah	Miles	F	303	F35-39	61	Wilmslow Running Club	00:28:55	1466	01:25:34	1504	01:32:44	1487	02:04:44	1395	02:02:12	1403
992	Sharon	Owen	F	304	FSEN	94		00:27:34	1170	01:24:19	1428	01:31:54	1433	02:04:46	1396	02:04:25	1495
877	Emma	Colford	F	305	FSEN	95		00:27:38	1182	01:23:33	1369	01:30:36	1363	02:04:48	1397	02:01:18	1366
250	Lee	Mccourt	M	1093	M35-39	198	Manchester Harriers	00:28:18	1316	01:22:37	1300	01:29:42	1300	02:04:49	1398	02:01:29	1375
1790	Richard	Davies	M	1094	MSEN	281		00:27:36	1176	01:24:09	1414	01:31:23	1410	02:04:50	1399	02:03:45	1468
1748	Paul	Brannan	M	1095	M35-39	199		00:29:10	1525	01:23:48	1391	01:30:41	1372	02:04:50	1400	02:01:08	1359
1795	Arfon	Roberts	M	1096	M50-54	101	Parafit Hoplites	00:31:00	1853	01:26:30	1555	01:33:13	1521	02:04:57	1401	02:01:55	1389
2464	Denise	King	F	306	F40-44	53		00:27:59	1253	01:23:19	1359	01:30:49	1378	02:04:58	1402	02:01:49	1382
1862	Claire	Rowlands	F	307	FSEN	96		00:27:58	1245	01:24:39	1445	01:32:10	1451	02:04:58	1403	02:04:13	1488
1485	Richard	Pitt	M	1097	M35-39	200		00:27:12	1082	01:23:23	1361	01:30:53	1382	02:04:59	1404	02:03:39	1464
2684	Jason	Dankenbring	M	1098	M35-39	201		00:27:33	1164	01:21:01	1189	01:28:30	1224	02:05:00	1405	02:02:07	1396
363	Aled	Pleming	M	1099	M45-49	172		00:29:14	1540	01:24:30	1436	01:31:34	1417	02:05:01	1406	02:01:13	1361
1042	Kelli	Pope	F	308	FSEN	97		00:25:58	834	01:18:52	1045	01:26:01	1079	02:05:07	1407	02:00:04	1306
852	Jeff	Bryant	M	1100	M50-54	102	Surf Lines	00:27:23	1123	01:24:48	1453	01:31:59	1441	02:05:07	1408	02:03:24	1456
2659	Russell	Williams	M	1101	MSEN	282		00:27:31	1157	01:22:27	1286	01:29:59	1322	02:05:11	1409	02:02:35	1420
1267	Steven	Campbell	M	1102	M35-39	202		00:29:52	1673	01:26:42	1562	01:33:52	1548	02:05:12	1410	02:02:37	1422
1270	Tim	Doswell	M	1103	M40-44	201	NYP Tri	00:29:52	1672	01:26:41	1561	01:33:52	1547	02:05:12	1411	02:02:36	1421
2537	Katie	Thomas	F	309	FSEN	98		00:30:58	1843	01:27:12	1584	01:33:59	1554	02:05:12	1412	02:03:20	1449
1080	Adrienne	Fisher	F	310	F40-44	54		00:28:46	1434	01:25:00	1461	01:32:30	1468	02:05:12	1413	02:04:30	1496
589	Andrew	Osborne	M	1104	M35-39	203		00:28:43	1424	01:23:33	1371	01:31:04	1391	02:05:13	1414	02:03:14	1447
128	Adrian	Thomas	M	1105	M40-44	202		00:30:20	1753	01:26:01	1528	01:33:17	1522	02:05:14	1415	02:01:35	1377
1551	Kieran	Heneghan	M	1106	MSEN	283		00:28:43	1422	01:23:33	1370	01:31:03	1389	02:05:14	1416	02:03:15	1448
207	Jacqueline	Fowler	F	311	F50-54	26	Meirionnydd Running Club	00:29:09	1520	01:25:46	1513	01:33:06	1516	02:05:15	1417	02:03:08	1438
1796	Alex	Lumley	F	312	FSEN	99		00:29:34	1620	01:25:22	1489	01:32:35	1474	02:05:19	1418	02:02:27	1414
770	Mike	Davies	M	1107	M35-39	204		00:27:45	1206	01:24:22	1430	01:31:59	1442	02:05:25	1419	02:04:16	1489
769	Tammy	Lee	F	313	FSEN	100		00:27:45	1205	01:24:21	1429	01:31:59	1440	02:05:25	1420	02:04:16	1490
1109	Hannah	Garlinge	F	314	FU25	23		00:28:20	1321	01:23:44	1385	01:31:00	1387	02:05:27	1421	02:03:37	1462
1348	Gary	Dowling	M	1108	M45-49	173	Peel Road Runners	00:29:09	1522	01:23:33	1376	01:30:26	1348	02:05:31	1422	02:00:18	1316
981	Ian	Wills	M	1109	M40-44	203	Harpwood Harriers	00:30:05	1707	01:25:56	1523	01:32:37	1480	02:05:33	1423	02:02:01	1393
151	Robert	Hurley	M	1110	M50-54	103	Wrekin Road Runners	00:28:02	1264	01:24:12	1417	01:31:48	1428	02:05:37	1424	02:03:57	1477
1074	Sharon	Blest	F	315	F50-54	27	Sneyd Striders	00:29:25	1593	01:26:37	1558	01:33:57	1551	02:05:38	1425	02:03:23	1455
1912	Emma	Hardy	F	316	FSEN	101		00:29:26	1596	01:24:36	1442	01:31:37	1422	02:05:38	1426	02:01:32	1376
1262	Drew	Mercer	M	1111	M50-54	104	City of Hull AC	00:30:46	1820	01:26:18	1545	01:33:01	1509	02:05:40	1427	02:00:34	1330
2473	Glynne	Parry	M	1112	M65-69	4		00:29:18	1553	01:26:52	1569	01:34:08	1557	02:05:40	1428	02:03:52	1472
1671	Alun	Jones	M	1113	M55-59	61		00:28:14	1304	01:25:17	1479	01:32:39	1483	02:05:42	1429	02:03:35	1461
281	Jacqueline	Hislop	F	317	F45-49	41	Wrexham Athletics Club	00:29:07	1516	01:25:19	1486	01:32:38	1481	02:05:43	1430	02:02:32	1418
2567	Rebecca	Robinson	F	318	FSEN	102		00:27:58	1246	01:25:28	1498	01:32:41	1484	02:05:43	1431	02:02:04	1394

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Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
2070	Glen	Miller	M	1114	M45-49	174		00:28:00	1254	01:23:07	1337	01:30:34	1361	02:05:43	1432	02:03:08	1440
2593	Alan	Flood	M	1115	MU25	61		00:24:53	587	01:20:41	1160	01:28:28	1218	02:05:43	1433	02:05:19	1527
2679	Nicola	Williams	M	1116	M40-44	204		00:28:55	1467	01:25:47	1515	01:32:58	1499	02:05:44	1434	02:03:10	1445
841	Glyn	Holcroft	M	1117	M60-64	20		00:29:55	1681	01:27:56	1627	01:34:49	1589	02:05:46	1435	02:03:41	1465
930	Pete	Butterworth	M	1118	M40-44	205		00:28:35	1384	01:24:17	1424	01:31:27	1412	02:05:47	1436	02:03:30	1457
2666	Brian	Connell	M	1119	M50-54	105		00:31:00	1847	01:29:55	1719	01:36:20	1657	02:05:48	1437	02:02:40	1424
696	Simon	Sherriff	M	1120	M50-54	106		00:29:55	1679	01:25:08	1471	01:32:14	1455	02:05:51	1438	02:01:50	1384
532	Andrew	Coup	M	1121	M45-49	175		00:27:16	1101	01:24:02	1408	01:31:44	1425	02:05:52	1439	02:03:33	1459
2010	Matt	Hail	M	1122	MSEN	284		00:26:53	1011	01:22:24	1284	01:29:41	1299	02:05:53	1440	02:01:10	1360
2717	Rebecca	Ames	F	319	FSEN	103		00:29:55	1680	01:24:29	1435	01:31:37	1421	02:05:55	1441	02:01:06	1354
256	Graham	Denney	M	1123	M45-49	176		00:28:54	1464	01:24:25	1432	01:31:33	1416	02:05:58	1442	02:02:12	1402
2613	Gary	Manning	M	1124	M40-44	206		00:29:58	1688	01:24:45	1450	01:32:12	1452	02:05:58	1443	02:03:21	1452
351	Clive	Black	M	1125	M45-49	177		00:28:41	1416	01:25:03	1463	01:32:28	1465	02:05:58	1444	02:03:21	1451
1400	Tommy	Quirk	M	1126	M45-49	178		00:27:12	1080	01:23:50	1394	01:31:20	1406	02:06:00	1445	02:05:39	1537
2701	Georgie	Lefjord	F	320	FU25	24		00:28:22	1329	01:24:18	1426	01:31:18	1404	02:06:03	1446	02:01:23	1370
2700	Paul	Biggs	M	1127	MU25	62		00:28:22	1328	01:24:17	1423	01:31:16	1401	02:06:03	1447	02:01:23	1368
1454	Richard	Bond	M	1128	MSEN	285		00:29:47	1653	01:24:50	1455	01:31:36	1420	02:06:04	1448	02:01:23	1369
2264	Samantha	Knight	M	1129	M40-44	207		00:29:14	1541	01:26:16	1543	01:33:25	1526	02:06:04	1449	02:03:50	1471
345	Joanne	Walsh	F	321	F45-49	42	Rochdale Harriers and AC	00:29:01	1495	01:25:48	1516	01:32:45	1488	02:06:07	1450	02:02:22	1409
2595	Steve	Slack	M	1130	MSEN	286		00:26:08	857	01:20:20	1144	01:28:51	1249	02:06:07	1451	02:04:00	1478
2306	Andrew	Buky	M	1131	M55-59	62		00:26:37	956	01:24:07	1413	01:31:55	1434	02:06:08	1452	02:03:07	1437
1050	Nia	Jones	F	322	F35-39	62		00:29:34	1619	01:25:25	1492	01:32:31	1469	02:06:08	1453	02:01:24	1371
1561	Rhys	Williams	M	1132	M40-44	208		00:28:05	1277	01:23:45	1386	01:31:15	1400	02:06:08	1454	02:02:12	1401
1479	Judith	Clarke	F	323	F55-59	9		00:29:47	1658	01:25:48	1517	01:32:50	1494	02:06:08	1455	02:01:48	1380
871	Matthew	Stiff	M	1133	M45-49	179	Headington Road Runners	00:29:49	1664	01:25:48	1518	01:32:51	1495	02:06:09	1456	02:01:49	1383
167	Janice	Wainwright	F	324	F45-49	43	Chase harriers	00:28:31	1369	01:25:29	1500	01:33:01	1508	02:06:10	1457	02:04:08	1484
892	Bevil	Yeo	M	1134	M35-39	205		00:30:23	1759	01:25:16	1478	01:32:21	1461	02:06:17	1458	02:02:24	1412
521	Becky	Rutter	F	325	FSEN	104		00:28:36	1389	01:24:44	1449	01:32:18	1457	02:06:19	1459	02:02:39	1423
2609	Patrick	Hannon	M	1135	M65-69	5		00:29:20	1564	01:27:13	1585	01:34:47	1583	02:06:19	1460	02:05:08	1517
1018	Jackie	Martin	F	326	F45-49	44		00:29:52	1671	01:24:17	1425	01:31:09	1397	02:06:22	1461	02:01:52	1386
2346	Jacqueline	Ward	F	327	F50-54	28		00:29:15	1545	01:24:44	1448	01:32:17	1456	02:06:23	1462	02:02:13	1404
2114	Kerry	Ismay	F	328	F40-44	55		00:29:17	1551	01:24:47	1451	01:32:19	1460	02:06:24	1463	02:02:17	1405
2110	Silvia	Masiero	F	329	FSEN	105		00:28:31	1371	01:25:51	1521	01:33:08	1519	02:06:26	1464	02:04:54	1508
1680	Clare	Loughran	F	330	FSEN	106	Fitco	00:29:26	1597	01:25:22	1490	01:32:36	1477	02:06:30	1465	02:02:51	1431
1399	Jack	Black	M	1136	M45-49	180		00:28:51	1453	01:26:45	1563	01:33:59	1553	02:06:30	1466	02:03:45	1467
1238	Maria	Banwell	F	331	F45-49	45		00:28:54	1465	01:25:26	1494	01:32:41	1485	02:06:32	1467	02:02:51	1429
2260	Sean	Cox	M	1137	M40-44	209	Bolton tri club	00:27:01	1041	01:20:00	1119	01:28:15	1204	02:06:35	1468	02:02:11	1400
2550	Shirley	Campbell	F	332	F55-59	10		00:30:01	1698	01:25:41	1511	01:32:59	1502	02:06:36	1469	02:03:31	1458
492	Ross	Makin	M	1138	M35-39	206		00:27:41	1196	01:24:55	1459	01:32:23	1462	02:06:39	1470	02:04:59	1512
571	Pauline	Eccles	F	333	FSEN	107		00:28:58	1478	01:25:21	1487	01:32:30	1467	02:06:40	1471	02:03:53	1473
1249	Neil	Bastow	M	1139	M45-49	181	FETCH EVERYONE RC	00:27:28	1144	01:23:50	1393	01:31:14	1398	02:06:40	1472	02:04:13	1487
1703	Colin	Hampson	M	1140	M45-49	182		00:28:30	1363	01:25:13	1476	01:32:38	1482	02:06:41	1473	02:04:55	1510
2468	Ian	Maddrell	M	1141	M35-39	207	Atherton Running Club	00:28:30	1364	01:24:49	1454	01:32:36	1478	02:06:44	1474	02:03:56	1476
1672	Cath	Owens	F	334	F35-39	63	FitCo	00:28:50	1452	01:25:22	1488	01:32:35	1476	02:06:49	1475	02:03:10	1443
2574	Huw	Davies	M	1142	M45-49	183		00:29:32	1609	01:25:32	1502	01:32:48	1491	02:06:50	1476	02:02:46	1428
2628	Sam	Jones	M	1143	MSEN	287		00:28:57	1474	01:23:13	1342	01:30:31	1356	02:06:54	1477	02:02:22	1408
2573	Sian	Price	F	335	FU25	25		00:28:56	1472	01:23:13	1343	01:30:30	1354	02:06:54	1478	02:02:22	1407
2129	Silke	Schweizer	F	336	FSEN	108		00:30:39	1806	01:26:03	1529	01:33:08	1518	02:06:57	1479	02:01:51	1385
1071	Andy	Jones	M	1144	M45-49	184		00:27:40	1191	01:27:14	1587	01:35:02	1600	02:06:57	1480	02:05:27	1532
2673	Llinos	Greenhalgh	F	337	FSEN	109		00:30:29	1782	01:28:24	1647	01:35:37	1622	02:06:58	1481	02:04:24	1494
225	Janice	Clement	F	338	F55-59	11	Penarth & Dinas Runners	00:30:33	1793	01:27:37	1606	01:34:51	1592	02:07:00	1482	02:03:55	1475
904	John	Lovegrove	M	1145	M35-39	208		00:30:24	1762	01:25:32	1503	01:32:31	1470	02:07:01	1483	02:03:09	1442
2384	Gemma	Baron	F	339	FSEN	110		00:28:47	1439	01:26:15	1538	01:33:29	1528	02:07:01	1484	02:05:22	1529

RunWales.com Conwy half Marathon 2013

Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
45	Karl	Jones	M	1146	M35-39	209		00:30:07	1716	01:22:49	1313	01:29:51	1311	02:07:04	1485	02:03:10	1444
763	Michael	Fitzpatrick	M	1147	M35-39	210		00:27:26	1134	01:23:13	1341	01:31:08	1396	02:07:05	1486	02:04:38	1501
1791	Leanne	Davies	F	340	F5EN	111		00:28:30	1361	01:26:28	1552	01:33:32	1531	02:07:07	1487	02:06:03	1551
641	Eleanor	Larkham	F	341	F35-39	64		00:28:32	1373	01:24:02	1407	01:31:35	1418	02:07:08	1488	02:03:08	1441
1398	Johnny	Hetherington	M	1148	M45-49	185		00:28:36	1388	01:26:35	1557	01:33:48	1544	02:07:10	1489	02:04:20	1492
2763	Gabriel	Cullaigh	M	1149	MU25	63		00:27:10	1075	01:21:43	1236	01:29:41	1298	02:07:12	1490	02:03:22	1454
774	Kate	Christian	F	342	F50-54	29	Sneyd Striders	00:29:21	1577	01:26:09	1534	01:33:22	1524	02:07:17	1491	02:05:01	1515
1580	Vicky	Morris	F	343	F45-49	46	Maldwyn Harriers	00:29:08	1519	01:26:16	1541	01:33:37	1533	02:07:21	1492	02:04:18	1491
1857	Stuart	Whitby	M	1150	M55-59	63		00:30:39	1805	01:27:55	1626	01:35:20	1609	02:07:21	1493	02:03:49	1470
2478	Andrea	Baron	F	344	F5EN	112		00:29:12	1533	01:27:14	1589	01:34:37	1578	02:07:22	1494	02:06:46	1567
2555	Richard	Parry	M	1151	M40-44	210		00:29:31	1606	01:27:35	1602	01:34:41	1581	02:07:23	1495	02:04:45	1504
650	Joe	Green	M	1152	MU25	64		00:28:16	1312	01:24:04	1411	01:31:48	1427	02:07:24	1496	02:05:59	1548
755	David	Sillitoe	M	1153	MSEN	288		00:29:32	1608	01:25:08	1473	01:32:03	1446	02:07:25	1497	02:05:52	1544
1299	Sarah	Manfredi	F	345	F40-44	56		00:28:40	1411	01:25:19	1484	01:32:49	1492	02:07:28	1498	02:04:34	1499
409	Gemma	Nosworthy	F	346	F35-39	65		00:28:39	1408	01:25:18	1483	01:32:50	1493	02:07:28	1499	02:04:33	1498
1596	Edward	Wilson	M	1154	MU25	65		00:26:50	1002	01:24:14	1420	01:31:44	1426	02:07:32	1500	02:06:16	1557
534	Guy	Froggatt	M	1155	M40-44	211		00:27:54	1231	01:24:26	1433	01:32:04	1447	02:07:33	1501	02:05:14	1523
394	Debbie	Heaton	F	347	F40-44	57		00:29:28	1601	01:27:02	1577	01:34:24	1568	02:07:37	1502	02:06:52	1569
1417	Kerry	Baker	F	348	F5EN	113		00:29:43	1644	01:26:59	1574	01:34:34	1576	02:07:37	1503	02:05:45	1539
1426	Katharine	Hobday	F	349	F50-54	30		00:29:43	1645	01:27:00	1575	01:34:34	1575	02:07:38	1504	02:05:46	1540
1278	Megan	Lester	F	350	F5EN	114		00:28:43	1423	01:26:28	1551	01:33:57	1550	02:07:38	1505	02:05:15	1524
1864	Angus	Graham	M	1156	M50-54	107	North East Veterans Athletic C	00:30:13	1726	01:26:03	1530	01:33:04	1511	02:07:38	1506	02:03:33	1460
2154	George	Crowther	M	1157	MSEN	289		00:28:37	1395	01:24:38	1444	01:32:06	1450	02:07:39	1507	02:02:42	1426
501	Alexandra	Bagnall	F	351	F5EN	115	Betsi Runaway	00:27:29	1146	01:22:54	1318	01:30:29	1353	02:07:40	1508	02:04:41	1502
2500	Stacey	Jackson	F	352	F5EN	116		00:28:39	1409	01:25:17	1482	01:32:35	1473	02:07:43	1509	02:03:54	1474
1543	Michael	Williams	M	1158	M45-49	186	Rochdale Harriers and AC	00:24:28	515	01:20:09	1130	01:27:55	1181	02:07:44	1510	02:07:30	1589
2292	Dave	Bailey	M	1159	M35-39	211	Spider toe running club	00:28:19	1319	01:25:27	1495	01:33:06	1514	02:07:46	1511	02:04:36	1500
920	Nick	Thatcher	M	1160	M50-54	108		00:27:55	1238	01:26:22	1549	01:33:52	1546	02:07:48	1512	02:05:51	1543
1499	Rebecca	Heron	F	353	F5EN	117		00:27:34	1171	01:25:07	1469	01:33:00	1505	02:07:49	1513	02:06:18	1558
398	Gail	Murgatroyd	F	354	F40-44	58		00:29:27	1599	01:27:00	1576	01:34:24	1567	02:07:54	1514	02:07:08	1576
1503	Mike	Burns	M	1161	M45-49	187		00:31:07	1868	01:27:59	1630	01:34:52	1593	02:07:54	1515	02:02:52	1433
2004	Kirsty	Lloyd	F	355	F5EN	118		00:30:41	1811	01:28:09	1637	01:35:07	1604	02:07:55	1516	02:02:55	1434
2778	Ruth	Davies	F	356	F45-49	47		00:30:41	1810	01:28:09	1638	01:35:06	1603	02:07:56	1517	02:02:56	1435
2348	Julie	Watson	F	357	F50-54	31	Biddulph Running Club	00:30:06	1710	01:29:23	1698	01:36:25	1665	02:08:02	1518	02:05:01	1516
1184	Martin	Williams	M	1162	M35-39	212		00:28:15	1307	01:24:10	1415	01:31:18	1403	02:08:03	1519	02:05:13	1522
1303	Andrew	Pollock	M	1163	M70-74	3	Denby Dale Travellers	00:28:53	1460	01:25:25	1493	01:33:01	1507	02:08:04	1520	02:06:07	1553
1721	Andrew	Wood	M	1164	MSEN	290	Spectrum Striders	00:28:45	1427	01:26:24	1550	01:34:08	1558	02:08:04	1521	02:06:13	1555
2024	Nigel	Chaplin	M	1165	M35-39	213		00:27:04	1048	01:23:51	1395	01:31:22	1409	02:08:07	1522	02:04:47	1505
1154	Sally	Tawhai	F	358	F5EN	119		00:28:29	1356	01:23:24	1362	01:30:53	1381	02:08:07	1523	02:04:09	1485
1966	Barry	Jones	M	1166	MSEN	291		00:28:26	1341	01:21:06	1199	01:28:02	1195	02:08:08	1524	02:04:02	1480
2607	Jed	Jones	M	1167	MSEN	292		00:28:10	1291	01:25:51	1520	01:34:47	1584	02:08:09	1525	02:07:12	1580
628	Richard	Boyd	M	1168	MSEN	293		00:28:59	1485	01:28:27	1652	01:36:13	1654	02:08:11	1526	02:07:18	1582
2720	David	Goulden	M	1169	M35-39	214	Racing Snake Dave	00:30:20	1750	01:25:42	1512	01:33:00	1504	02:08:12	1527	02:04:30	1497
590	Caroline	Mcalindon	F	359	F45-49	48		00:32:57	2026	01:46:31	2125	00:00:00	0	02:08:13	1528	02:04:22	1493
1520	Steven	Westwell	M	1170	MU25	66		00:31:14	1883	01:27:51	1621	01:34:54	1594	02:08:13	1529	02:05:01	1514
1973	Rhian	Owen	F	360	F5EN	120		00:29:24	1588	01:26:08	1532	01:33:37	1534	02:08:14	1530	02:05:18	1526
1745	Lynsey	Britton	F	361	F5EN	121		00:29:36	1624	01:27:08	1580	01:34:02	1556	02:08:14	1531	02:04:04	1483
67	Nick	Bowler	M	1171	M40-44	212	FETCH EVERYONE RC	00:29:45	1650	01:27:37	1605	01:34:46	1582	02:08:18	1532	02:04:57	1511
1711	Margaret	James	F	362	F50-54	32		00:29:18	1555	01:25:17	1481	01:32:57	1497	02:08:18	1533	02:06:34	1563
2367	Micheal	Marsh	M	1172	MSEN	294		00:27:30	1150	01:23:18	1356	01:30:50	1379	02:08:20	1534	02:07:29	1588
1884	Catherine	Ripley	F	363	F5EN	122		00:29:01	1499	01:28:26	1651	01:36:05	1648	02:08:21	1535	02:08:18	1618
610	Sandy	Roberts	F	364	F55-59	12	Prestatyn Running Club	00:31:43	1935	01:27:42	1612	01:34:39	1580	02:08:23	1536	02:04:01	1479
635	Yasmin	Bakshi	F	365	F5EN	123		00:29:48	1662	01:27:15	1590	01:34:47	1585	02:08:24	1537	02:06:30	1562

RunWales.com Conwy half Marathon 2013

Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
485	Jess	Till	F	366	FSEN	124		00:31:00	1849	01:27:57	1628	01:34:50	1591	02:08:25	1538	02:03:21	1453
1726	Geraint	Evans	M	1173	M50-54	109	Bro Dysynni Athletics Club	00:27:38	1186	01:25:07	1470	01:32:44	1486	02:08:35	1539	02:07:57	1608
1106	John	Harvey	M	1174	MU25	67	Sneyd Striders	00:29:56	1683	01:27:09	1582	01:34:23	1566	02:08:36	1540	02:04:48	1506
1268	Jaco	Baas	M	1175	M45-49	188		00:29:24	1583	01:26:16	1540	01:33:38	1536	02:08:39	1541	02:05:09	1518
756	Tessa	Hutton	F	367	FSEN	125		00:29:19	1562	01:26:28	1553	01:34:11	1560	02:08:40	1542	02:05:49	1542
1647	Ian	Davidson	M	1176	M55-59	64		00:29:25	1594	01:26:32	1556	01:33:50	1545	02:08:41	1543	02:07:03	1572
809	Andy	Pennell	M	1177	M45-49	189		00:29:48	1659	01:25:04	1465	01:32:12	1453	02:08:42	1544	02:04:04	1481
810	Sarah	Leatherbarrow	F	368	F50-54	33		00:29:47	1655	01:25:05	1466	01:32:13	1454	02:08:42	1545	02:04:04	1482
855	Jamie	Scahill	M	1178	M40-44	213		00:27:04	1047	01:23:59	1405	01:32:36	1479	02:08:45	1546	02:07:34	1591
2712	John	Dickson	M	1179	M55-59	65		00:30:06	1712	01:29:22	1697	01:36:34	1674	02:08:46	1547	02:07:50	1604
578	Steve	Evans	M	1180	M40-44	214		00:27:27	1137	01:22:12	1264	01:29:54	1316	02:08:50	1548	02:04:43	1503
1645	Gordon	Hughes	M	1181	MSEN	295		00:29:13	1537	01:26:21	1547	01:33:06	1515	02:08:52	1549	02:04:55	1509
2017	Roy	Haggett	M	1182	MSEN	296		00:30:54	1834	01:27:57	1629	01:34:50	1590	02:08:52	1550	02:05:27	1530
2077	Trevor	Faulkner	M	1183	M70-74	4	Wilmslow Running Club	00:30:28	1780	01:27:45	1615	01:35:15	1607	02:08:54	1551	02:07:35	1594
1760	Adele	Blinston	F	369	F45-49	49		00:29:30	1602	01:26:48	1564	01:33:58	1552	02:09:00	1552	02:04:48	1507
753	Nigel	Wilkinson	M	1184	MSEN	297	RAF TRIATHLON	00:28:38	1401	01:25:57	1524	01:34:18	1562	02:09:01	1553	02:08:32	1624
752	Kelly	Lightowler	F	370	FSEN	126	RAF TRIATHLON	00:28:38	1402	01:25:57	1525	01:34:19	1563	02:09:01	1554	02:08:32	1625
2203	Lindsey	Williams	F	371	F35-39	66		00:30:29	1786	01:27:54	1624	01:35:09	1605	02:09:02	1555	02:05:59	1547
319	John	Albutt	M	1185	M60-64	21		00:29:51	1666	01:26:48	1566	01:34:13	1561	02:09:05	1556	02:06:01	1550
2614	Meg	Smith	F	372	FU25	26		00:32:06	1963	01:33:12	1853	01:39:23	1779	02:09:06	1557	02:07:27	1586
2087	Mark	Collins	M	1186	MSEN	298		00:28:04	1275	01:25:35	1507	01:33:00	1506	02:09:08	1558	02:05:59	1549
889	Francesca	Hutcheson	F	373	F35-39	67		00:28:47	1437	01:27:45	1614	01:35:38	1624	02:09:11	1559	02:07:37	1595
1028	Shaun	Jeffrey	M	1187	M45-49	190		00:30:38	1803	01:27:02	1578	01:34:11	1559	02:09:13	1560	02:05:59	1546
2493	Nadeem	Samari	M	1188	MSEN	299		00:27:12	1078	01:24:11	1416	01:31:58	1439	02:09:15	1561	02:07:46	1602
861	Phillip	Grout	M	1189	M65-69	6		00:29:57	1685	01:28:43	1666	01:35:47	1631	02:09:18	1562	02:05:16	1525
214	Tracy	Stoneman	F	374	F35-39	68		00:29:17	1550	01:26:12	1536	01:33:46	1542	02:09:18	1563	02:05:11	1520
2486	Sharon	Marriott	F	375	FSEN	127		00:29:15	1546	01:27:14	1586	01:34:48	1588	02:09:18	1564	02:06:05	1552
2656	Chibuikem	Osuchukwu	M	1190	MSEN	300		00:27:49	1218	01:22:15	1272	01:29:56	1320	02:09:21	1565	02:06:08	1554
1595	Roger	Davies	M	1191	M60-64	22		00:29:20	1567	01:28:36	1662	01:36:21	1660	02:09:22	1566	02:08:53	1635
1636	Rachel	Hurst	F	376	FSEN	128		00:28:52	1456	01:25:31	1501	01:32:59	1500	02:09:23	1567	02:05:48	1541
671	James	Kelso	M	1192	M50-54	110		00:28:48	1446	01:25:59	1527	01:34:23	1565	02:09:25	1568	02:06:52	1570
789	Dewi	Griffiths	M	1193	M50-54	111		00:29:35	1622	01:26:08	1533	01:33:09	1520	02:09:29	1569	02:04:59	1513
2485	Lucy	Marriott	F	377	FSEN	129		00:29:15	1543	01:27:14	1588	01:34:48	1587	02:09:32	1570	02:06:18	1559
953	Martyn	Jones	M	1194	M45-49	191		00:29:23	1581	01:28:26	1650	01:35:44	1628	02:09:32	1571	02:08:53	1636
2231	Mark	Lloyd	M	1195	MSEN	301		00:30:23	1761	01:29:08	1682	01:36:26	1667	02:09:35	1572	02:05:52	1545
551	Peter	Bedford	M	1196	M60-64	23	Dragons running club (sale)	00:28:36	1390	01:24:43	1447	01:32:35	1475	02:09:38	1573	02:05:37	1536
2511	Felicity	Pickering	F	378	FU25	27		00:30:20	1755	01:29:36	1705	01:36:40	1676	02:09:39	1574	02:05:09	1519
1838	Lucy	Barnes	F	379	FSEN	130		00:28:05	1279	01:25:38	1508	01:33:17	1523	02:09:40	1575	02:08:39	1631
49	Andrew	Williams	M	1197	M45-49	192		00:29:09	1521	01:26:58	1573	01:34:36	1577	02:09:42	1576	02:07:10	1578
1130	Carlton	Street	M	1198	MU25	68		00:26:34	943	01:16:44	898	01:23:22	907	02:09:43	1577	02:05:12	1521
2054	Kait	Forrest	F	380	F45-49	50		00:29:18	1556	01:28:07	1635	01:35:49	1635	02:09:46	1578	02:08:01	1610
353	Anna	Dickinson	F	381	FSEN	131		00:29:21	1574	01:26:39	1559	01:34:25	1569	02:09:46	1579	02:07:58	1609
2128	Deborah	Scotcher	F	382	F40-44	59	Market Drayton Running Club	00:29:24	1585	01:26:19	1546	01:33:46	1543	02:09:49	1580	02:06:14	1556
1816	Michael	Bolton	M	1199	M50-54	112		00:28:32	1375	01:28:14	1640	01:35:51	1638	02:09:50	1581	02:08:16	1616
1677	Nick	Davies	M	1200	MSEN	302		00:28:37	1397	01:25:40	1509	01:33:01	1510	02:09:53	1582	02:05:28	1534
2183	Craig Thomas	Meredith	M	1201	MSEN	303		00:26:27	917	01:20:15	1135	01:26:59	1129	02:09:53	1583	02:06:42	1565
864	Mark	Scarratt	M	1202	M50-54	113		00:31:25	1902	01:28:34	1659	01:35:42	1626	02:09:54	1584	02:05:29	1535
2631	Catherine	Carney	F	383	FU25	28	SligoAC	00:32:06	1965	01:33:27	1863	01:40:18	1819	02:09:55	1585	02:08:17	1617
2496	Hugh	Mclay	M	1203	M50-54	114		00:30:51	1829	01:29:04	1680	01:36:45	1679	02:09:56	1586	02:07:39	1597
2512	Amie	Pickering	F	384	FSEN	132		00:30:20	1752	01:29:36	1706	01:36:40	1677	02:09:57	1587	02:05:27	1531
1532	Nina	Birch	F	385	FSEN	133	Wilmslow Running Club	00:29:38	1630	01:30:03	1725	01:37:39	1714	02:09:58	1588	02:07:27	1587
204	Nicholas	Evans	M	1204	MSEN	304		00:30:42	1814	01:27:52	1623	01:35:17	1608	02:10:01	1589	02:07:09	1577
1220	Tony	Hanley	M	1205	M45-49	193		00:27:32	1161	01:26:04	1531	01:34:26	1570	02:10:03	1590	02:08:02	1611

RunWales.com Conwy half Marathon 2013

Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
58	Clare	Cooper	F	386	F40-44	60	Belper Harriers	00:30:55	1837	01:29:56	1720	01:37:33	1710	02:10:05	1591	02:09:10	1643
781	Susan	Calvert	F	387	F50-54	34	Abergele Harriers	00:27:48	1211	01:25:27	1496	01:33:07	1517	02:10:08	1592	02:06:28	1561
1676	Rachel	Cook	F	388	FU25	29		00:28:43	1421	01:26:15	1539	01:33:38	1537	02:10:15	1593	02:06:21	1560
1765	Julie	Valentine	F	389	F40-44	61	Freedom Fitness	00:31:07	1870	01:29:10	1688	01:36:24	1664	02:10:16	1594	02:06:48	1568
2748	Sorin	Tudorut	M	1206	MSEN	305		00:27:00	1033	01:26:17	1544	01:33:32	1530	02:10:16	1595	02:10:05	1666
2761	Becky	Thomas	F	390	FSEN	134		00:29:00	1492	01:27:47	1617	01:35:29	1616	02:10:19	1596	02:08:12	1613
1635	Dai	Gallagher	M	1207	M50-54	115		00:28:42	1418	01:26:41	1560	01:34:31	1573	02:10:20	1597	02:09:15	1647
1955	Sarah	Chambers	F	391	F45-49	51		00:29:25	1595	01:27:08	1581	01:34:56	1597	02:10:20	1598	02:07:25	1585
2438	Stephen	Williams	M	1208	MSEN	306	NWP Sports Association	00:30:29	1784	01:27:39	1607	01:35:48	1634	02:10:21	1599	02:07:05	1573
1852	Claire	Knight	F	392	F40-44	62		00:30:17	1740	01:27:47	1618	01:35:36	1621	02:10:22	1600	02:07:31	1590
2635	Gerard	Thornton	M	1209	MSEN	307		00:28:59	1483	01:27:23	1593	01:34:56	1596	02:10:22	1601	02:08:57	1639
793	Phil	Jones	M	1210	MSEN	308	Careers Wales NW Running Club	00:27:49	1216	01:21:49	1240	01:29:28	1281	02:10:23	1602	02:05:21	1528
482	Caroline	Buckland	F	393	FSEN	135		00:30:40	1809	01:28:40	1664	01:35:45	1629	02:10:24	1603	02:05:43	1538
1622	Tony	King	M	1211	M55-59	66		00:30:08	1717	01:26:29	1554	01:33:41	1539	02:10:25	1604	02:05:28	1533
876	Wayne	Edge	M	1212	M50-54	116		00:28:18	1315	01:24:02	1409	01:31:23	1411	02:10:32	1605	02:10:00	1665
627	Litza	Gorman	F	394	FSEN	136		00:28:59	1484	01:28:28	1653	01:36:22	1662	02:10:39	1606	02:09:46	1664
1643	Sian	Thomas	F	395	F40-44	63		00:28:29	1358	01:25:17	1480	01:32:59	1501	02:10:40	1607	02:07:07	1575
2286	Chris	Law	M	1213	M55-59	67		00:28:29	1354	01:25:16	1477	01:32:58	1498	02:10:40	1608	02:07:07	1574
984	Dave	Reid	M	1214	M50-54	117	City of Chester Triathlon Club	00:29:43	1641	01:28:54	1674	01:36:30	1671	02:10:41	1609	02:07:54	1607
2288	Phil	Jones	M	1215	M35-39	215		00:30:16	1738	01:28:22	1645	01:35:51	1637	02:10:46	1610	02:06:40	1564
2546	Stephanie	Ball	F	396	FSEN	137	Parafit Hoplites	00:28:31	1367	01:27:29	1595	01:35:03	1602	02:10:47	1611	02:08:12	1614
2356	Jo	Linwood-Barnes	F	397	F35-39	69		00:29:33	1618	01:29:59	1722	01:37:28	1707	02:10:50	1612	02:09:39	1659
1926	Christobelle	Pownall	F	398	F45-49	52	abergele harriers	00:29:41	1635	01:27:33	1600	01:34:59	1598	02:10:52	1613	02:07:14	1581
302	Wayne	Roberts	M	1216	M50-54	118		00:28:14	1301	01:28:44	1669	01:36:21	1661	02:10:53	1614	02:09:40	1660
1720	Jonathan	Owen	M	1217	MSEN	309		00:29:20	1563	01:27:05	1579	01:34:56	1595	02:10:56	1615	02:06:55	1571
118	David	Andrew	M	1218	M35-39	216		00:29:48	1661	01:26:58	1572	01:34:28	1571	02:11:03	1616	02:07:34	1592
1908	Harry	Conway	M	1219	MU25	69	STUDIO19	00:29:19	1561	01:28:37	1663	01:35:49	1636	02:11:03	1617	02:07:34	1593
1707	Ashley	Edwards	M	1220	MSEN	310		00:26:36	951	01:24:03	1410	01:32:33	1472	02:11:04	1618	02:09:41	1662
2142	Kevin	Maguire	M	1221	M65-69	7	Winston Runners	00:29:45	1651	01:29:45	1709	01:37:22	1700	02:11:04	1619	02:09:15	1648
343	Andrew	Lustig	M	1222	M35-39	217		00:28:47	1442	01:28:16	1642	01:36:11	1653	02:11:06	1620	02:08:56	1637
275	Simon	Wilcox	M	1223	M40-44	215		00:28:31	1370	01:25:57	1526	01:33:39	1538	02:11:08	1621	02:08:20	1620
1780	Elliott	Roberts-Singleton	M	1224	MSEN	311		00:29:21	1573	01:26:22	1548	01:33:59	1555	02:11:11	1622	02:07:52	1605
1347	Paul	Clifford	M	1225	MSEN	312		00:29:22	1578	01:28:08	1636	01:35:43	1627	02:11:11	1623	02:10:14	1673
1037	Alison	Garbett	F	399	F50-54	35		00:30:01	1699	01:30:46	1755	01:38:14	1733	02:11:15	1624	02:10:40	1687
75	Steven	Bennett	M	1226	M50-54	119		00:31:36	1926	01:30:59	1763	01:38:20	1737	02:11:18	1625	02:08:27	1623
1151	Sue	Brierley-Hobson	F	400	F40-44	64		00:29:32	1613	01:28:33	1655	01:36:20	1658	02:11:21	1626	02:09:28	1655
2711	Bryn	Thomas	M	1227	M40-44	216		00:28:29	1352	01:25:23	1491	01:32:48	1490	02:11:21	1627	02:08:38	1630
215	Christine	Miles	F	401	F55-59	13	Bramhall runners	00:29:42	1640	01:30:18	1730	01:38:04	1729	02:11:21	1628	02:10:06	1669
74	Colin	Pheasant	M	1228	M55-59	68	Chase Harriers	00:29:15	1547	01:31:31	1781	01:39:24	1780	02:11:25	1629	02:11:21	1705
2548	Tasmin	Thomas	F	402	FU25	30	Parafit Hoplites	00:28:30	1365	01:27:29	1596	01:35:03	1601	02:11:26	1630	02:08:52	1633
1753	Glen	Payne	M	1229	MU25	70		00:27:50	1219	01:24:36	1443	01:32:59	1503	02:11:27	1631	02:08:56	1638
2301	Jonathan	Duffy	M	1230	M50-54	120	Triathlon England	00:31:26	1904	01:31:33	1783	01:38:49	1757	02:11:29	1632	02:08:40	1632
910	Martin	Harrison	M	1231	M40-44	217		00:29:41	1636	01:26:55	1571	01:34:37	1579	02:11:29	1633	02:06:46	1566
1496	Callum	Wishart	M	1232	MU25	71		00:30:19	1746	01:27:11	1583	01:34:47	1586	02:11:34	1634	02:07:53	1606
478	Ben	Harding	M	1233	MSEN	313		00:29:08	1518	01:25:46	1514	01:33:45	1541	02:11:34	1635	02:08:20	1619
277	Donna	Lane	F	403	F35-39	70		00:30:28	1778	01:29:09	1686	01:36:57	1685	02:11:36	1636	02:09:26	1653
433	Jason	Atkinson	M	1234	M40-44	218		00:30:49	1824	01:29:47	1711	01:37:25	1703	02:11:37	1637	02:09:21	1652
1415	Jason	Bromley	M	1235	MSEN	314		00:26:14	884	01:23:55	1400	01:32:04	1448	02:11:37	1638	02:11:02	1694
499	Rachel	Griffiths	F	404	F40-44	65		00:32:24	1989	01:31:57	1807	01:39:06	1762	02:11:37	1639	02:07:11	1579
2148	Pamela	Sharp	F	405	F35-39	71		00:31:11	1879	01:32:23	1825	01:39:57	1803	02:11:46	1640	02:11:29	1709
2149	Mark	Sharp	M	1236	M35-39	218		00:31:11	1878	01:32:23	1824	01:39:55	1802	02:11:47	1641	02:11:31	1711
504	Yvonne	Rigby	F	406	F35-39	72		00:31:35	1923	01:30:32	1739	01:38:12	1731	02:11:52	1642	02:09:04	1641
1874	Tegwyn	Jones	M	1237	M60-64	24		00:27:12	1083	01:23:37	1379	01:31:50	1430	02:11:54	1643	02:10:09	1671

RunWales.com Conwy half Marathon 2013

Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
1012	Nicky	Mathews	F	407	F45-49	53		00:30:50	1827	01:29:50	1717	01:37:24	1701	02:11:55	1644	02:09:37	1658
290	Ruth	Dempsey	F	408	F35-39	73		00:29:18	1554	01:28:17	1643	01:35:47	1630	02:11:56	1645	02:07:46	1601
181	Lisa	Lord	F	409	F5EN	138		00:30:31	1788	01:28:49	1671	01:36:35	1675	02:11:57	1646	02:09:15	1649
1433	Gareth	Mines	M	1238	M35-39	219		00:29:44	1647	01:27:47	1616	01:35:22	1613	02:11:58	1647	02:08:13	1615
1924	Emma	Duke-Evans	F	410	F40-44	66		00:30:57	1841	01:32:19	1819	01:39:45	1792	02:12:02	1648	02:10:21	1677
1431	Teresa	Greenhalgh	F	411	F40-44	67		00:29:11	1528	01:29:11	1689	01:36:45	1680	02:12:02	1649	02:11:19	1703
707	Caron	Moores	F	412	F50-54	36		00:29:43	1643	01:30:21	1735	01:37:46	1722	02:12:03	1650	02:10:33	1681
2160	Rebecca	Smith	F	413	F5EN	139		00:29:43	1642	01:30:21	1733	01:37:46	1720	02:12:03	1651	02:10:33	1680
2011	Jo	Williams	F	414	F35-39	74		00:31:07	1869	01:28:33	1657	01:35:47	1632	02:12:05	1652	02:07:20	1583
1404	Kate	Cox	F	415	F35-39	75		00:31:08	1872	01:28:34	1658	01:35:48	1633	02:12:06	1653	02:07:21	1584
1223	Nathan	Goodright	M	1239	M5EN	315		00:27:52	1227	01:27:27	1594	01:35:35	1620	02:12:07	1654	02:10:20	1676
1153	Joni	Stubbs-Thrush	F	416	F35-39	76		00:31:00	1854	01:29:32	1702	01:37:13	1698	02:12:08	1655	02:09:41	1661
1898	Jeremy	Dent	M	1240	M60-64	25		00:27:41	1195	01:23:01	1327	01:31:15	1399	02:12:09	1656	02:09:03	1640
1330	Kevin	Clark	M	1241	M35-39	220		00:28:09	1289	01:24:42	1446	01:32:29	1466	02:12:12	1657	02:09:26	1654
612	Emma	Nunnerley	F	417	F35-39	77		00:28:41	1414	01:28:50	1672	01:36:30	1670	02:12:14	1658	02:08:35	1628
1019	Angiolina	Leo	F	418	F45-49	54		00:30:11	1721	01:28:44	1667	01:36:19	1656	02:12:16	1659	02:07:47	1603
903	Lisa	Lovegrove	F	419	F5EN	140		00:30:23	1760	01:28:46	1670	01:36:05	1647	02:12:17	1660	02:08:24	1622
2419	Alun	Thompson	M	1242	M5EN	316		00:30:50	1828	01:30:37	1744	01:38:20	1738	02:12:20	1661	02:10:39	1686
2498	Gareth	Harrison	M	1243	M35-39	221		00:28:35	1386	01:27:39	1608	01:35:53	1642	02:12:21	1662	02:11:05	1697
820	Heidi	Shaw	F	420	F40-44	68		00:30:28	1772	01:29:53	1718	01:37:04	1693	02:12:25	1663	02:07:37	1596
2027	Dr Joe	Delaney	M	1244	M55-59	69	Village Road Runners	00:28:36	1392	01:29:30	1701	01:37:20	1699	02:12:26	1664	02:11:43	1714
2470	Roger	Isherwood	M	1245	M50-54	121		00:30:49	1822	01:28:35	1660	01:36:02	1646	02:12:29	1665	02:07:43	1598
2467	Amanda	Isherwood	F	421	F50-54	37		00:30:49	1823	01:28:36	1661	01:36:02	1645	02:12:30	1666	02:07:43	1599
815	Jaz	Livesey	M	1246	M35-39	222		00:28:58	1476	01:24:22	1431	01:33:06	1512	02:12:34	1667	02:08:33	1626
2254	Raphael	Kawonga	M	1247	M55-59	70		00:30:19	1747	01:31:29	1779	01:39:22	1777	02:12:35	1668	02:11:26	1707
331	Sylvia Elizabeth	Gittins	F	422	F65-69	1	Lytham St Annes Road Runners	00:30:22	1757	01:30:34	1740	01:38:17	1735	02:12:36	1669	02:10:19	1675
828	Llyr	Ap Rhobert	M	1248	M5EN	317		00:29:12	1531	01:27:31	1597	01:35:38	1623	02:12:44	1670	02:08:52	1634
1724	Clare	Cheung	F	423	F40-44	69		00:30:28	1779	01:29:09	1684	01:36:57	1686	02:12:44	1671	02:10:35	1684
1505	Simon	Whitehead	M	1249	M45-49	194		00:31:07	1866	01:28:13	1639	01:35:22	1611	02:12:45	1672	02:07:43	1600
1607	Susan	Gallagher	F	424	F5EN	141		00:29:30	1603	01:27:20	1591	01:34:59	1599	02:12:46	1673	02:08:10	1612
525	Cheryl	Furlong	F	425	F35-39	78		00:32:24	1988	01:31:57	1802	01:39:07	1763	02:12:47	1674	02:08:22	1621
386	Erika	Dawson-Davies	F	426	F40-44	70	NWRRC	00:27:47	1209	01:26:55	1570	01:36:00	1644	02:12:50	1675	02:12:11	1726
1261	Kate	White	F	427	F35-39	79		00:29:15	1542	01:26:52	1568	01:34:31	1572	02:12:54	1676	02:09:29	1656
529	Heather	Cunliffe	F	428	F5EN	142		00:31:01	1855	01:29:09	1685	01:36:31	1672	02:12:54	1677	02:08:34	1627
494	Rob	Archer	M	1250	M40-44	219		00:28:32	1377	01:28:26	1648	01:36:28	1669	02:13:05	1678	02:12:28	1733
347	Karen	Conduit	F	429	F55-59	14	Rochdale Harriers and AC	00:30:19	1748	01:29:49	1714	01:37:25	1702	02:13:05	1679	02:09:20	1650
344	Amanda	Thirsk	F	430	F45-49	55	Rochdale Harriers and AC	00:30:19	1745	01:29:49	1715	01:37:28	1706	02:13:05	1680	02:09:20	1651
1644	Warren	Johnson	M	1251	M40-44	220	Slinn Allstars	00:31:30	1916	01:32:01	1809	01:39:33	1789	02:13:10	1681	02:10:31	1678
2732	James	Kilgallon	M	1252	M40-44	221		00:30:37	1799	01:29:16	1691	01:36:59	1689	02:13:17	1682	02:09:45	1663
2206	Dan	Evans	M	1253	MU25	72		00:28:10	1290	01:27:44	1613	01:36:06	1651	02:13:18	1683	02:10:06	1668
1733	Rory	Jones	M	1254	MU25	73		00:29:13	1538	01:29:22	1696	01:37:03	1691	02:13:22	1684	02:10:34	1682
1562	Mark	Cooper	M	1255	M40-44	222		00:30:29	1783	01:27:50	1620	01:35:34	1618	02:13:25	1685	02:10:05	1667
2119	Viv	Sheppard	F	431	F55-59	15		00:30:22	1758	01:29:09	1683	01:36:49	1683	02:13:28	1686	02:11:49	1717
1617	Dawn	Pearson	M	1256	M40-44	223		00:30:29	1785	01:29:33	1703	01:36:57	1687	02:13:30	1687	02:09:11	1644
158	David	Underwood	M	1257	MU25	74		00:27:40	1192	01:28:00	1633	01:36:05	1649	02:13:34	1688	02:13:21	1759
139	Matthew	Parsonage	M	1258	MU25	75		00:27:40	1189	01:28:00	1632	01:36:06	1650	02:13:35	1689	02:13:22	1760
913	Girish	Pa	M	1259	M45-49	195		00:30:13	1728	01:30:41	1749	01:38:26	1746	02:13:36	1690	02:09:13	1645
957	Susan	Roberts	F	432	F45-49	56		00:30:05	1708	01:27:49	1619	01:35:22	1612	02:13:37	1691	02:08:36	1629
749	Paul	Holland	M	1260	M50-54	122		00:30:14	1731	01:30:41	1748	01:38:26	1745	02:13:37	1692	02:09:14	1646
751	Nonn	Dafydd	F	433	F5EN	143		00:31:00	1852	01:31:40	1789	01:39:12	1768	02:13:44	1693	02:10:53	1692
1438	Daniel	Watson	M	1261	M35-39	223		00:24:57	609	01:21:29	1220	01:30:14	1338	02:13:46	1694	02:11:48	1715
1088	Nigel	Williams	M	1262	M50-54	123		00:29:56	1684	01:31:23	1774	01:39:13	1770	02:13:51	1695	02:13:16	1754
2687	Naomi	Owen	F	434	FU25	31		00:30:13	1727	01:27:40	1610	01:35:21	1610	02:13:52	1696	02:11:25	1706

RunWales.com Conwy half Marathon 2013

Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
188	Stephen	Davison	M	1263	M35-39	224		00:29:58	1687	01:26:13	1537	01:34:31	1574	02:13:59	1697	02:10:09	1672
77	Justin	Dankenbring	M	1264	M40-44	224		00:29:16	1548	01:29:20	1693	01:37:02	1690	02:14:01	1698	02:11:11	1701
1947	Robert	White	M	1265	MSEN	318		00:31:14	1882	01:33:53	1874	01:41:06	1847	02:14:04	1699	02:12:15	1727
617	Katie	Hoemann	F	435	FSEN	144		00:29:19	1560	01:28:32	1654	01:36:20	1659	02:14:05	1700	02:09:10	1642
1133	Roy	Jardine	M	1266	M65-69	8	Eryri Harriers	00:29:40	1632	01:32:05	1812	01:39:49	1797	02:14:07	1701	02:13:26	1763
1723	Angharad	Fletcher	F	436	F35-39	80		00:30:29	1781	01:29:26	1699	01:37:29	1708	02:14:10	1702	02:11:41	1713
278	Duncan	Farmer	M	1267	M40-44	225		00:30:26	1767	01:28:55	1675	01:36:27	1668	02:14:11	1703	02:10:53	1691
1583	Jeff	Jones	M	1268	M45-49	196		00:30:07	1715	01:24:36	1441	01:32:24	1463	02:14:11	1704	02:11:20	1704
914	Jason	Dwan	M	1269	M35-39	225	Buckley Runners	00:28:50	1449	01:29:45	1710	01:37:27	1705	02:14:12	1705	02:11:56	1720
1513	Andy	Leater	M	1270	MSEN	319		00:30:33	1791	01:28:06	1634	01:35:53	1639	02:14:15	1706	02:09:34	1657
1017	Claire	Swiss	F	437	F35-39	81		00:30:15	1737	01:27:35	1601	01:35:10	1606	02:14:16	1707	02:11:07	1698
1139	Mathew	Williams	M	1271	M40-44	226		00:30:42	1815	01:29:47	1712	01:37:36	1713	02:14:27	1708	02:11:30	1710
1180	Jeff	Hardman	M	1272	M55-59	71		00:27:37	1181	01:27:55	1625	01:36:33	1673	02:14:29	1709	02:13:27	1764
1975	Ben	Hughes	M	1273	MSEN	320		00:29:36	1623	01:27:51	1622	01:35:35	1619	02:14:34	1710	02:11:10	1700
177	Lilia	Pegg	F	438	F35-39	82		00:30:14	1730	01:31:23	1773	01:39:58	1806	02:14:38	1711	02:11:54	1719
2731	Olivia	Shorrocks	F	439	F45-49	57		00:27:28	1143	01:23:46	1388	01:33:44	1540	02:14:43	1712	02:13:01	1748
1805	Alex	Roberts	M	1274	M35-39	226		00:25:10	651	01:20:48	1173	01:33:56	1549	02:14:46	1713	02:14:13	1784
2246	Gwilym	Pritchard	M	1275	MSEN	321		00:28:41	1412	01:26:50	1567	01:34:20	1564	02:14:49	1714	02:11:49	1716
2216	Ian	Humphreys	M	1276	M45-49	197		00:29:47	1656	01:32:15	1818	01:40:14	1816	02:14:49	1715	02:14:06	1780
1085	Sharon	Lynch	M	1277	M45-49	198		00:30:51	1830	01:31:28	1776	01:39:26	1781	02:14:51	1716	02:13:02	1749
255	Rosalind	Dyde	F	440	F55-59	16	Winston Runners	00:31:29	1915	01:30:35	1743	01:38:22	1741	02:14:54	1717	02:11:02	1695
2525	Aaron	Neal	M	1278	M40-44	227		00:29:58	1686	01:30:02	1724	01:37:56	1725	02:14:54	1718	02:10:48	1688
2373	Hazel	Clarke	F	441	F45-49	58	Telford Harriers	00:30:37	1800	01:32:06	1813	01:39:49	1796	02:14:55	1719	02:13:20	1756
2026	Peter	Smith	M	1279	M35-39	227		00:31:46	1936	01:32:02	1810	01:39:28	1784	02:15:00	1720	02:11:03	1696
1289	Hayley	Errington	F	442	F35-39	83	Buxton and District AC	00:31:00	1850	01:30:52	1761	01:38:46	1755	02:15:01	1721	02:12:08	1723
1661	Andrew	Randles	M	1280	M50-54	124		00:30:28	1776	01:28:16	1641	01:35:30	1617	02:15:02	1722	02:10:08	1670
173	Paul	Davis	M	1281	M35-39	228		00:29:47	1652	01:30:15	1727	01:38:06	1730	02:15:02	1723	02:12:39	1738
1167	Stu	Gold sack	M	1282	MSEN	322		00:28:47	1443	01:29:34	1704	01:38:30	1748	02:15:05	1724	02:13:29	1765
1295	Hannah	Blandford	F	443	FSEN	145		00:32:45	2014	01:33:24	1861	01:40:42	1835	02:15:06	1725	02:10:32	1679
608	Katie	Kelly	F	444	FSEN	146		00:28:03	1270	01:28:26	1649	01:36:41	1678	02:15:06	1726	02:13:33	1770
2297	Ian	Scutt	M	1283	M35-39	229		00:29:00	1489	01:29:04	1679	01:36:46	1681	02:15:12	1727	02:14:10	1782
1232	Jonathan	Hughes	M	1284	M45-49	199		00:30:53	1833	01:31:54	1799	01:39:17	1772	02:15:13	1728	02:11:36	1712
2724	Juliet	Fuller	F	445	F55-59	17	Hunts AC	00:30:39	1804	01:31:44	1792	01:39:26	1782	02:15:13	1729	02:10:34	1683
2280	Jennifer	Worthington	F	446	FSEN	147		00:28:44	1425	01:23:18	1352	01:31:22	1408	02:15:14	1730	02:10:16	1674
2333	Mark	Baxter	M	1285	M45-49	200	SNEYD STRIDERS	00:30:11	1722	01:30:45	1754	01:38:24	1743	02:15:15	1731	02:11:27	1708
2483	Nikki	Williams	F	447	F35-39	84		00:31:07	1865	01:31:40	1790	01:39:45	1793	02:15:16	1732	02:12:19	1729
2484	Becky	Hughes	F	448	FSEN	148		00:31:07	1867	01:31:41	1791	01:39:46	1794	02:15:16	1733	02:12:19	1728
483	Helen	Davidson	F	449	F40-44	71		00:30:40	1808	01:30:38	1747	01:38:00	1726	02:15:19	1734	02:10:37	1685
1165	Cheryl	Chaney	F	450	FSEN	149	Ploddors	00:29:59	1695	01:30:48	1758	01:38:53	1758	02:15:20	1735	02:14:32	1794
1201	Emma	Buckley	F	451	FSEN	150	Widnes Wasp Ladies R C	00:29:59	1691	01:30:48	1757	01:38:53	1759	02:15:21	1736	02:14:32	1796
652	Steve Alan	Smith	M	1286	M40-44	228		00:27:38	1183	01:28:24	1646	01:36:26	1666	02:15:23	1737	02:12:47	1741
469	Hugh	Jones	M	1287	M60-64	26	Welsh Fell Running Association	00:30:24	1764	01:31:34	1785	01:39:34	1790	02:15:24	1738	02:12:21	1730
2193	Garnet	Ronander	M	1288	M40-44	229		00:29:11	1529	01:29:21	1694	01:37:26	1704	02:15:24	1739	02:13:31	1769
441	Mandy	Tibbott	F	452	F40-44	72	South Cheshire harriers	00:30:15	1735	01:30:50	1760	01:38:32	1749	02:15:26	1740	02:10:50	1689
1831	Allan	Smith	M	1289	M80-84	1	3m gorseinon r r c	00:29:19	1559	01:31:57	1804	01:39:49	1798	02:15:28	1741	02:14:42	1799
954	Claire	Parkin	F	453	FSEN	151		00:29:49	1665	01:31:55	1800	01:39:47	1795	02:15:28	1742	02:14:48	1804
2708	Stewart	Anthony	M	1290	M35-39	230		00:29:12	1536	01:30:45	1753	01:38:13	1732	02:15:33	1743	02:10:55	1693
923	Poppy	Potter	F	454	FSEN	152		00:30:13	1729	01:30:34	1742	01:38:20	1736	02:15:34	1744	02:13:24	1761
2644	Amy	Jones	F	455	FU25	32		00:28:52	1458	01:30:25	1737	01:38:42	1752	02:15:36	1745	02:15:01	1812
2645	Julie Anne	Jones	F	456	FU25	33		00:29:05	1510	01:32:11	1816	01:40:25	1822	02:15:37	1746	02:15:02	1813
1732	Emma	Manford	F	457	FSEN	153		00:30:50	1826	01:29:49	1716	01:37:41	1717	02:15:37	1747	02:10:52	1690
1956	Tim	Bennett	M	1291	MSEN	323		00:28:36	1391	01:29:48	1713	01:37:44	1718	02:15:38	1748	02:11:16	1702
1136	Matthew	Owen	M	1292	M35-39	231		00:29:59	1689	01:29:40	1708	01:37:09	1696	02:15:43	1749	02:12:10	1724

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Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
1103	Craig	Haran	M	1293	MSEN	324		00:29:59	1690	01:29:40	1707	01:37:09	1697	02:15:44	1750	02:12:10	1725
2411	Joanne	Grindey	F	458	FSEN	154		00:28:36	1394	01:31:48	1794	01:40:08	1811	02:15:50	1751	02:14:58	1808
2390	Paula	Elson	F	459	F40-44	73		00:28:37	1396	01:31:48	1795	01:40:08	1813	02:15:50	1752	02:14:58	1810
587	Catherine	Roberts	F	460	FSEN	155		00:30:33	1795	01:31:33	1784	01:39:12	1767	02:15:53	1753	02:12:30	1734
2334	Gordon	Stephenson	M	1294	MSEN	325		00:31:19	1892	01:37:22	1971	01:44:01	1919	02:15:55	1754	02:11:09	1699
1235	Simon	Foley	M	1295	M35-39	232		00:28:59	1486	01:27:36	1603	01:36:06	1652	02:15:57	1755	02:13:37	1771
2365	Annabelle	Buky	F	461	F55-59	18		00:30:14	1733	01:29:21	1695	01:37:44	1719	02:15:58	1756	02:14:02	1779
1179	Helen	Parker	F	462	F40-44	74		00:29:04	1507	01:31:03	1765	01:39:12	1769	02:16:00	1757	02:13:55	1776
2335	Rebecca	Budski	F	463	F40-44	75		00:30:18	1743	01:32:34	1833	01:40:27	1826	02:16:01	1758	02:14:26	1790
1445	Carol	Hughes-Morris	F	464	F40-44	76	Mon Relay Runners	00:29:00	1491	01:30:21	1732	01:38:25	1744	02:16:02	1759	02:13:55	1775
1754	Dee	Platts	M	1296	M50-54	125		00:31:03	1858	01:33:14	1855	01:40:42	1837	02:16:03	1760	02:13:55	1774
2235	Allan	Ramsay	F	465	F60-64	3	Buxton and District AC	00:29:51	1668	01:30:00	1723	01:38:01	1728	02:16:09	1761	02:12:54	1746
1490	Julianne	Downham	F	466	FSEN	156		00:27:17	1103	01:27:22	1592	01:37:04	1692	02:16:10	1762	02:14:44	1801
1894	Emma	Ginnelly	F	467	FU25	34		00:29:47	1657	01:30:42	1751	01:38:48	1756	02:16:13	1763	02:15:30	1827
948	Tracy	Wong	F	468	FSEN	157		00:30:35	1797	01:32:34	1832	01:40:05	1808	02:16:15	1764	02:14:42	1800
1683	Jadyce	Parker	F	469	FSEN	158	Fitco	00:29:39	1631	01:30:25	1736	01:38:16	1734	02:16:17	1765	02:12:37	1736
369	Terry	Evans	M	1297	M50-54	126		00:30:33	1794	01:30:26	1738	01:38:23	1742	02:16:20	1766	02:12:44	1739
1896	Jane	Riley	F	470	F50-54	38		00:31:07	1863	01:32:32	1831	01:40:17	1817	02:16:20	1767	02:13:56	1777
1039	Susan	Rowland	F	471	F45-49	59		00:32:01	1954	01:31:51	1797	01:38:33	1788	02:16:21	1768	02:12:52	1743
289	Julie	Luckman	F	472	F45-49	60	Oldham and Royton NWRRC	00:31:10	1875	01:33:11	1851	01:41:00	1844	02:16:21	1769	02:14:24	1788
1168	Josie	Davies	F	473	F50-54	39		00:29:10	1526	01:30:59	1764	01:39:08	1765	02:16:24	1770	02:15:31	1828
1264	Linos	Davies	F	474	F50-54	40		00:29:44	1649	01:29:27	1700	01:37:55	1724	02:16:25	1771	02:13:10	1752
2617	Simon	Harding	M	1298	MSEN	326		00:29:25	1591	01:29:10	1687	01:37:07	1694	02:16:27	1772	02:14:08	1781
31	Lisa	Chew	F	475	F40-44	77		00:31:56	1948	01:33:41	1867	01:41:12	1849	02:16:29	1773	02:13:07	1751
2315	Rob	Whiston	M	1299	M60-64	27		00:30:32	1789	01:31:57	1801	01:40:07	1809	02:16:29	1774	02:12:52	1744
2592	Philip	Slack	M	1300	M50-54	127		00:30:43	1817	01:31:14	1767	01:39:17	1773	02:16:32	1775	02:12:37	1735
306	Scott	Brown	M	1301	M35-39	233		00:29:49	1663	01:28:44	1668	01:36:52	1684	02:16:33	1776	02:13:30	1766
2522	Kylan	Ellis	M	1302	MU25	76		00:31:26	1907	01:30:16	1728	01:37:39	1715	02:16:38	1777	02:11:52	1718
1063	Iona	Mccall-Judson	F	476	FU25	35		00:31:32	1921	01:31:22	1770	01:39:22	1778	02:16:38	1778	02:13:26	1762
92	Derek	Ralphs	M	1303	M50-54	128		00:30:20	1751	01:36:41	1954	01:45:11	1941	02:16:41	1779	02:13:31	1768
2531	Lewis	Hensey	M	1304	MU25	77		00:31:27	1908	01:30:17	1729	01:37:39	1716	02:16:42	1780	02:11:57	1721
1718	Valerie	Law	F	477	F45-49	61		00:32:11	1974	01:32:21	1821	01:40:26	1824	02:16:43	1781	02:12:01	1722
2556	Peter	Gregory	M	1305	M35-39	234		00:29:24	1582	01:30:21	1731	01:38:21	1740	02:16:46	1782	02:12:39	1737
609	David	Williamson	M	1306	M45-49	201	Swinton RC	00:29:42	1638	01:31:20	1769	01:39:31	1786	02:16:52	1783	02:12:23	1732
1691	Ian	Kelly	M	1307	M55-59	72		00:29:03	1501	01:29:00	1678	01:36:59	1688	02:16:57	1784	02:14:16	1787
436	Kate	Williams	F	478	FSEN	159		00:32:38	2010	01:32:56	1845	01:40:34	1831	02:17:00	1785	02:12:21	1731
1176	Ann	Jones	F	479	F65-69	2		00:30:44	1818	01:31:37	1786	01:39:27	1783	02:17:03	1786	02:13:19	1755
1968	Chris	Cawood	M	1308	MSEN	327		00:30:28	1775	01:27:40	1609	01:35:53	1640	02:17:14	1787	02:13:58	1778
1421	Gillian	Brandrick	F	480	F55-59	19	Prestatyn Running Club	00:31:42	1934	01:32:09	1815	01:39:57	1805	02:17:15	1788	02:12:53	1745
885	Peter	Cowley	M	1309	M50-54	129		00:31:04	1861	01:32:38	1834	01:40:44	1839	02:17:16	1789	02:16:02	1838
1827	Rachel	Rosenthal	F	481	F40-44	78		00:31:00	1848	01:32:27	1829	01:40:23	1820	02:17:23	1790	02:16:14	1842
2243	Dawn	Hunt	F	482	F40-44	79		00:32:18	1981	01:34:21	1887	01:42:00	1872	02:17:26	1791	02:14:28	1791
825	Kurmang	Rashid	M	1310	M50-54	130		00:30:03	1704	01:33:14	1857	01:41:38	1862	02:17:29	1792	02:15:05	1817
1925	Darren	Beddard-Jones	M	1311	M40-44	230		00:27:37	1180	01:29:04	1681	01:37:30	1709	02:17:31	1793	02:14:54	1807
356	Gordon	Ramsden	M	1312	M55-59	73		00:32:59	2039	01:35:25	1913	01:43:09	1893	02:17:33	1794	02:13:43	1772
361	Philippa	Ramsden	F	483	FU25	36		00:32:59	2040	01:35:26	1914	01:43:10	1894	02:17:33	1795	02:13:43	1773
35	Eva	Christian	F	484	F40-44	80		00:31:27	1909	01:32:42	1837	01:40:18	1818	02:17:37	1796	02:12:49	1742
1710	Keith	Richards	M	1313	M50-54	131		00:32:55	2021	01:33:37	1864	01:41:52	1870	02:17:40	1797	02:12:45	1740
1293	Ken	Dale	M	1314	M50-54	132		00:32:01	1952	01:33:45	1869	01:41:17	1852	02:17:40	1798	02:13:13	1753
709	Martin	Barber	M	1315	M50-54	133		00:32:10	1971	01:33:39	1866	01:41:23	1856	02:17:40	1799	02:13:05	1750
1952	Belinda	Carp	F	485	F45-49	62	Wilmslow Running Club	00:29:37	1627	01:31:28	1777	01:39:49	1799	02:17:41	1800	02:15:12	1820
922	Steven	Harris	M	1316	M45-49	202		00:30:12	1724	01:31:10	1766	01:39:06	1761	02:17:47	1801	02:13:00	1747
310	Anna	Evans	F	486	FSEN	160		00:30:33	1796	01:31:23	1772	01:39:33	1787	02:17:49	1802	02:15:56	1835

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Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
2341	Rod	Macaulay	M	1317	M55-59	74		00:30:26	1769	01:31:25	1775	01:39:19	1774	02:17:55	1803	02:14:30	1792
2320	Rod	Hay	M	1318	M35-39	235		00:30:41	1813	01:32:28	1830	01:40:30	1830	02:17:55	1804	02:14:36	1798
2505	Andy	Gill	M	1319	MSEN	328	Zone fitness	00:26:10	864	01:26:48	1565	01:35:41	1625	02:17:57	1805	02:13:30	1767
1043	Gareth	Price	M	1320	MSEN	329		00:31:18	1889	01:32:21	1822	01:40:26	1823	02:17:58	1806	02:13:20	1757
2503	Florianne	Petit	F	487	FSEN	161		00:31:20	1896	01:32:23	1823	01:40:27	1825	02:17:58	1807	02:13:21	1758
2454	Simon	Blain	M	1321	MSEN	330		00:29:44	1646	01:25:02	1462	01:33:33	1532	02:18:00	1808	02:14:26	1789
888	Helen	Glover	F	488	FSEN	162		00:30:56	1839	01:34:01	1877	01:42:22	1880	02:18:01	1809	02:15:00	1811
1463	Clive	Waters	M	1322	M50-54	134		00:29:06	1515	01:29:00	1677	01:38:00	1727	02:18:06	1810	02:17:05	1852
1737	Alison	Husbands	F	489	FSEN	163	Biddulph Running Club	00:30:10	1719	01:32:27	1828	01:40:49	1842	02:18:08	1811	02:15:06	1818
90	John	Salsbury	M	1323	M35-39	236		00:30:18	1744	01:30:41	1750	01:38:43	1753	02:18:12	1812	02:15:20	1824
2670	Patricia	Evans	F	490	F35-39	85		00:31:10	1876	01:34:04	1880	01:42:07	1873	02:18:13	1813	02:15:52	1833
1412	Cheryl	Lord-Brown	F	491	F40-44	81		00:29:52	1669	01:30:37	1745	01:39:21	1775	02:18:19	1814	02:14:31	1793
1411	Karla	Rogers	F	492	FSEN	164		00:31:40	1930	01:33:21	1860	01:40:42	1836	02:18:20	1815	02:14:32	1795
350	Daniel	Whitworth	M	1324	MU25	78		00:29:10	1523	01:27:36	1604	01:35:58	1643	02:18:23	1816	02:15:16	1823
1527	David	Orritt	M	1325	M35-39	237		00:29:59	1696	01:31:39	1788	01:39:52	1801	02:18:24	1817	02:15:05	1816
1395	Martyn	Woodward	M	1326	M40-44	231	Hyde Village Striders	00:30:09	1930	01:33:21	1860	01:40:42	1836	02:18:24	1818	02:14:46	1803
531	Lee	Massey	M	1327	M40-44	232		00:28:39	1406	01:30:57	1762	01:39:01	1760	02:18:34	1819	02:16:14	1843
1729	Ian	Davies	M	1328	MSEN	331		00:28:36	1393	01:27:41	1611	01:35:53	1641	02:18:41	1820	02:14:15	1785
1358	Christopher	Musshafen	M	1329	MSEN	332		00:30:09	1718	01:30:09	1726	01:37:47	1723	02:18:43	1821	02:14:54	1806
150	Louise	Chambers	F	493	F40-44	82		00:31:49	1940	01:31:57	1806	01:40:07	1810	02:18:46	1822	02:15:23	1826
1069	Edward	Roberts	M	1330	M50-54	135		00:29:35	1621	01:31:49	1796	01:40:41	1834	02:18:49	1823	02:18:06	1871
2586	Claire	Toogood	F	494	FSEN	165		00:30:26	1768	01:33:38	1865	01:41:49	1867	02:18:56	1824	02:16:46	1849
1322	Rose	Wilmot	F	495	FSEN	166	Mersey Tri	00:31:19	1891	01:36:05	1935	01:45:18	1944	02:18:59	1825	02:15:56	1834
2476	Adrian	Barsby	M	1331	M50-54	136		00:27:34	1172	01:31:52	1798	01:39:51	1800	02:19:01	1826	02:17:40	1862
1087	Christine	Newbury	F	496	F40-44	83	Liverpool Running Club	00:32:08	1969	01:34:37	1893	01:42:17	1877	02:19:01	1827	02:14:10	1783
814	Maggie	Miller	F	497	F40-44	84		00:30:28	1777	01:31:29	1780	01:39:44	1791	02:19:04	1828	02:14:15	1786
254	Carron	Lane	F	498	F50-54	41	Winston Runners	00:31:28	1912	01:32:51	1841	01:40:54	1843	02:19:07	1829	02:15:15	1822
509	Donald	Johnson	M	1332	M55-59	75		00:31:00	1851	01:32:39	1835	01:40:42	1838	02:19:07	1830	02:14:48	1805
680	Tony	Bartlett	M	1333	M45-49	203		00:32:59	2038	01:34:42	1895	01:42:37	1883	02:19:09	1831	02:14:34	1797
1280	Chris	Williams	M	1334	MSEN	333	Cybi Striders	00:28:39	1404	01:28:19	1644	01:37:08	1695	02:19:09	1832	02:16:30	1845
460	Gill	Begnor	F	499	F45-49	63		00:32:01	1953	01:33:45	1870	01:41:18	1853	02:19:13	1833	02:14:46	1802
2197	Andrew	Wallis	M	1335	M35-39	238		00:29:40	1634	01:32:06	1814	01:40:08	1812	02:19:13	1834	02:16:54	1850
1612	Marian	Williams	F	500	F50-54	42		00:32:30	2002	01:34:58	1903	01:43:10	1896	02:19:14	1835	02:15:58	1836
1537	Catrin	Williams	F	501	F35-39	86		00:32:30	2001	01:34:58	1905	01:43:10	1895	02:19:16	1836	02:16:00	1837
332	Mark	O'Beirn	M	1336	MSEN	334		00:29:21	1571	01:27:59	1631	01:36:14	1655	02:19:17	1837	02:18:27	1880
1242	Jon	Beighton	M	1337	M40-44	233		00:31:19	1893	01:34:02	1878	01:42:16	1876	02:19:18	1838	02:17:35	1860
1620	Troy	Smith	M	1338	M40-44	234		00:30:10	1720	01:32:53	1842	01:40:48	1841	02:19:22	1839	02:16:10	1840
1853	Ullrich	Cox	M	1339	M50-54	137		00:36:11	2164	01:35:37	1923	01:43:11	1897	02:19:24	1840	02:15:04	1815
1436	Nicola	Battersby	F	502	F35-39	87		00:31:19	1894	01:35:15	1910	01:43:39	1908	02:19:29	1841	02:18:59	1888
1224	Dylan	Jones	M	1340	M35-39	239	Cybi Striders	00:32:03	1957	01:34:41	1894	01:43:16	1898	02:19:32	1842	02:16:46	1848
1715	Mai-Britt	Korndal	F	503	F35-39	88		00:30:27	1771	01:33:12	1852	01:41:27	1858	02:19:36	1843	02:16:11	1841
400	Sean	O'Farrell	M	1341	M50-54	138		00:31:35	1925	01:35:45	1926	01:44:15	1921	02:19:38	1844	02:18:14	1875
293	Kirsty	Leigh	F	504	FSEN	167		00:33:59	2099	01:35:50	1931	01:43:17	1899	02:19:43	1845	02:14:58	1809
1528	Iorwerth	Roberts	M	1342	M65-69	9	Eryri Harriers	00:30:40	1807	01:30:48	1756	01:38:38	1751	02:19:43	1846	02:15:02	1814
1861	Rebecca	Roberts	F	505	FSEN	168	Menai Track & Field	00:31:56	1947	01:34:23	1888	01:42:20	1879	02:19:43	1847	02:15:13	1821
2399	Sue	Porter	F	506	F45-49	64		00:31:26	1905	01:33:54	1875	01:41:50	1868	02:19:47	1848	02:15:11	1819
2530	Huw	Williams	M	1343	M40-44	235		00:30:59	1846	01:33:50	1872	01:42:07	1874	02:19:47	1849	02:18:14	1877
287	Laura	Przylipiak	F	507	FSEN	169		00:30:12	1725	01:31:48	1793	01:39:57	1804	02:19:54	1850	02:15:45	1831
723	Pam	Bland	F	508	F45-49	65	Abergavenny Roadrunners	00:29:48	1660	01:33:04	1849	01:41:24	1857	02:20:09	1851	02:17:47	1866
2188	Elaine	Watson	F	509	F50-54	43		00:29:06	1514	01:32:03	1811	01:40:23	1821	02:20:10	1852	02:17:29	1857
1746	Rob	Langley	M	1344	M40-44	236		00:30:57	1842	01:32:49	1840	01:40:44	1840	02:20:13	1853	02:15:23	1825
728	Tatwin	Owen Edmunds	M	1345	MSEN	335		00:30:06	1713	01:25:09	1475	01:33:28	1527	02:20:19	1854	02:17:59	1870
1652	Mary	Hancock	F	510	FSEN	170		00:33:02	2045	01:36:00	1934	01:44:01	1918	02:20:19	1855	02:16:07	1839

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Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
375	Michelle	Atkinson	F	511	FSEN	171		00:31:26	1903	01:33:54	1876	01:41:50	1869	02:20:19	1856	02:15:43	1830
1437	Graziano	Mustari	M	1346	MSEN	336		00:32:07	1966	01:34:27	1889	01:41:52	1871	02:20:22	1857	02:15:38	1829
2657	Uchechi	Osuchukwu	F	512	FU25	37		00:29:37	1629	01:34:53	1901	01:43:21	1903	02:20:22	1858	02:17:09	1853
1005	Kat	Cater	F	513	FSEN	172		00:30:14	1734	01:30:34	1741	01:38:21	1739	02:20:23	1859	02:18:13	1874
2338	Cheryl	Percival	F	514	FSEN	173	SOUTH CHESHIRE HARRIERS	00:30:32	1790	01:28:33	1656	01:36:47	1682	02:20:23	1860	02:15:47	1832
1794	John	Mcevoy	M	1347	MSEN	337		00:30:36	1798	01:32:11	1817	01:39:58	1807	02:20:26	1861	02:16:16	1844
1015	Mary-Ann	Burke	F	515	F65-69	3		00:31:31	1920	01:33:20	1858	01:41:33	1861	02:20:28	1862	02:18:14	1876
1560	Iwan	Rhys	M	1348	MSEN	338		00:30:06	1714	01:31:19	1768	01:39:29	1785	02:20:30	1863	02:17:31	1858
2412	James	Berry	M	1349	M50-54	139		00:32:31	2003	01:35:32	1921	01:43:20	1900	02:20:39	1864	02:16:36	1846
370	Emma	Pickup	F	516	F35-39	89		00:30:55	1836	01:34:46	1897	01:43:01	1891	02:20:41	1865	02:17:33	1859
906	Mark	Hodgkinson	M	1350	MSEN	339		00:31:25	1901	01:31:29	1778	01:39:14	1771	02:20:55	1866	02:17:46	1865
230	Andrew George	Evans	M	1351	M45-49	204		00:29:56	1682	01:29:58	1721	01:38:29	1747	02:20:56	1867	02:17:56	1869
1078	Sue	Jackson	M	1352	M40-44	237		00:31:08	1871	01:35:36	1922	01:43:33	1907	02:21:09	1868	02:19:02	1890
2102	Gareth	Jones	M	1353	MSEN	340		00:28:29	1355	01:31:23	1771	01:39:09	1766	02:21:29	1869	02:16:56	1851
2177	Sophie	Ames	F	517	FU25	38		00:30:38	1801	01:32:56	1844	01:41:01	1845	02:21:32	1870	02:16:43	1847
2422	Louise	Hulme	F	518	FSEN	174		00:31:41	1932	01:33:21	1859	01:41:45	1865	02:21:35	1871	02:17:42	1863
951	Steve	Cartwright	M	1354	M40-44	238		00:32:17	1979	01:37:11	1965	01:45:30	1955	02:21:35	1872	02:18:10	1872
732	Lee	Evans	M	1355	M35-39	240		00:33:11	2052	01:36:05	1937	01:44:01	1917	02:21:35	1873	02:17:24	1856
731	Heledd	Owen	F	519	F40-44	85		00:33:11	2051	01:36:05	1936	01:44:00	1916	02:21:36	1874	02:17:24	1855
950	Jas	Cartwright	F	520	F40-44	86		00:32:18	1980	01:37:12	1967	01:45:31	1956	02:21:36	1875	02:18:11	1873
411	Iola	Baldwin	F	521	F45-49	66		00:32:33	2005	01:36:28	1947	01:44:32	1927	02:21:37	1876	02:19:56	1903
98	Anthony	King	M	1356	M40-44	239		00:30:03	1701	01:33:09	1850	01:41:31	1859	02:21:41	1877	02:17:45	1864
859	Christopher	Bater	M	1357	MU25	79		00:27:32	1159	01:32:01	1808	01:40:11	1815	02:21:41	1878	02:20:40	1916
1218	Sharon	Toolin	F	522	F40-44	87	Hyde Village Striders	00:32:26	1991	01:37:31	1975	01:45:22	1947	02:21:43	1879	02:17:55	1868
1337	Andrew	Morris	M	1358	M45-49	205		00:29:47	1654	01:34:54	1902	01:43:01	1890	02:21:46	1880	02:20:04	1908
2092	Ian	Trencher	M	1359	M35-39	241		00:31:22	1897	01:34:36	1892	01:43:21	1902	02:21:47	1881	02:17:48	1867
1049	Elaine	Ball	F	523	F35-39	90		00:30:54	1835	01:33:01	1847	01:41:20	1854	02:21:49	1882	02:18:34	1883
1870	Brendon	Mcging	M	1360	M50-54	140		00:31:03	1859	01:33:14	1856	01:41:21	1855	02:21:53	1883	02:18:26	1879
625	Peter	Barratt	M	1361	MSEN	341		00:29:36	1626	01:31:57	1805	01:40:27	1827	02:22:02	1884	02:18:41	1884
637	Tracy	Chaplin	F	524	FSEN	175		00:29:36	1625	01:31:57	1803	01:40:28	1829	02:22:03	1885	02:18:43	1885
2295	Joseph	Jones	M	1362	M45-49	206		00:30:33	1792	01:33:14	1854	01:41:45	1866	02:22:04	1886	02:19:16	1893
1277	Samantha	Morris	F	525	F40-44	88	Rochdale Harriers and AC	00:30:21	1756	01:34:58	1904	01:43:45	1909	02:22:08	1887	02:21:02	1928
1541	Alan	Duckers	M	1363	M55-59	76		00:30:43	1816	01:28:41	1665	01:36:24	1663	02:22:11	1888	02:18:27	1881
435	Emily	Hough	F	526	FU25	39		00:32:38	2009	01:32:58	1846	01:41:07	1848	02:22:18	1889	02:17:39	1861
2662	Martin	Hammond	M	1364	M35-39	242	Horwich Harriers	00:33:09	2049	01:35:10	1906	01:43:26	1904	02:22:19	1890	02:17:21	1854
2363	Kate	Farrell	F	527	F65-69	4	Manchester YMCA Harriers	00:33:15	2057	01:39:35	2016	01:47:18	1996	02:22:20	1891	02:19:19	1894
2487	Zoe	Stockdale	F	528	FSEN	176	UKNetrunner	00:30:25	1766	01:32:26	1827	01:41:14	1850	02:22:20	1892	02:18:53	1887
1920	Ray	Prior	M	1365	M55-59	77		00:32:33	2004	01:36:20	1942	01:44:49	1931	02:22:23	1893	02:18:52	1886
279	Ceri	Jones	F	529	F45-49	67		00:33:41	2081	01:36:17	1940	01:44:18	1922	02:22:24	1894	02:19:02	1889
2446	David	Hughes	M	1366	M55-59	78		00:30:59	1844	01:34:08	1881	01:42:35	1882	02:22:35	1895	02:20:10	1911
1073	Eddie	Naisby	M	1367	M85-89	1	Prestatyn Running Club	00:32:06	1964	01:36:41	1953	01:44:59	1936	02:22:37	1896	02:19:24	1895
1769	Christine	Cranham	F	530	F40-44	89		00:31:09	1873	01:35:11	1908	01:44:21	1924	02:22:41	1897	02:19:13	1892
311	Linda	Fothergill	F	531	F45-49	68		00:33:21	2064	01:36:41	1955	01:45:50	1967	02:22:43	1898	02:20:58	1926
1149	Kris	Ferns	M	1368	MU25	80		00:29:21	1568	01:31:39	1787	01:40:38	1833	02:22:51	1899	02:21:14	1930
1471	Isabel	Day	F	532	FU25	40		00:32:33	2006	01:36:23	1944	01:44:33	1928	02:22:53	1900	02:19:13	1891
1334	Jonathan	Hannaby	M	1369	MSEN	342		00:29:24	1586	01:27:31	1598	01:35:25	1614	02:22:58	1901	02:21:59	1946
1057	Mark	Bostock	M	1370	M40-44	240		00:29:24	1587	01:27:31	1599	01:35:26	1615	02:22:58	1902	02:21:59	1947
1449	Caroline	Constable	F	533	F40-44	90		00:31:35	1924	01:35:16	1912	01:43:45	1910	02:22:59	1903	02:18:25	1878
2740	Amol	Jose	M	1371	MSEN	343		00:28:39	1407	01:34:03	1879	01:42:42	1885	02:23:00	1904	02:21:20	1931
2450	Jon	Barlow	M	1372	MSEN	344		00:31:04	1862	01:35:51	1932	01:44:20	1923	02:23:01	1905	02:22:23	1955
265	Sophie	Grenfell	F	534	F35-39	91		00:34:07	2104	01:37:54	1983	01:45:50	1966	02:23:05	1906	02:18:29	1882
316	Kathryn	Richardson	F	535	F45-49	69		00:31:30	1917	01:35:49	1929	01:43:53	1913	02:23:09	1907	02:19:56	1904
2667	Liz	Stevenson	F	536	F55-59	20	Potters Trotters	00:33:13	2054	01:38:56	2004	01:47:06	1993	02:23:15	1908	02:20:15	1912

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Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
2757	Cyprian	Owen Edmunds	M	1373	MU25	81		00:30:06	1711	01:30:44	1752	01:38:46	1754	02:23:18	1909	02:20:57	1925
595	Vicky	Nall	F	537	FSEN	177		00:35:05	2134	01:38:44	2000	01:46:27	1980	02:23:33	1910	02:19:29	1897
1557	Tesni	Rowlands	F	538	FSEN	178		00:32:10	1973	01:37:09	1963	01:45:23	1951	02:23:42	1911	02:20:08	1909
1554	Sera	Griffith	F	539	FSEN	179		00:32:10	1972	01:37:09	1964	01:45:22	1948	02:23:43	1912	02:20:09	1910
115	Ben	Edwards	M	1374	MSEN	345		00:31:03	1860	01:33:04	1848	01:41:43	1864	02:23:56	1913	02:19:28	1896
1763	Wayne	Hutton	M	1375	M40-44	241	Village Road Runners	00:27:58	1248	01:29:12	1690	01:38:35	1750	02:23:59	1914	02:22:21	1953
1693	Rachel	Warburton	F	540	F35-39	92		00:32:42	2011	01:36:33	1948	01:44:53	1932	02:24:04	1915	02:20:43	1919
663	Amy	Probert	F	541	FSEN	180		00:33:01	2044	01:36:40	1952	01:45:03	1937	02:24:07	1916	02:19:32	1899
681	Alison	Bartlett	F	542	F45-49	70		00:33:00	2041	01:36:39	1951	01:45:03	1938	02:24:07	1917	02:19:32	1898
678	Blaise	Taylor	M	1376	MU25	82		00:26:49	1000	01:28:55	1676	01:37:36	1712	02:24:11	1918	02:21:59	1945
292	Nicola	Williams	F	543	FSEN	181		00:33:56	2094	01:38:37	1996	01:46:10	1974	02:24:11	1919	02:20:02	1906
702	Bryn	Williams	M	1377	MSEN	346		00:28:47	1440	01:34:36	1891	01:43:08	1892	02:24:19	1920	02:22:15	1952
2579	Nathan	Roberts	M	1378	MSEN	347	Parafit Hoptites	00:29:42	1639	01:32:44	1838	01:41:32	1860	02:24:20	1921	02:19:49	1901
378	Sue	Reed	F	544	F40-44	91		00:32:28	1993	01:37:28	1974	01:45:57	1970	02:24:22	1922	02:21:54	1942
935	Linda	Hilder	F	545	F45-49	71		00:31:40	1929	01:33:44	1868	01:42:52	1886	02:24:23	1923	02:19:37	1900
308	Kiira Starr	Ball	F	546	FSEN	182		00:33:26	2067	01:40:56	2044	01:48:49	2026	02:24:30	1924	02:22:02	1949
327	Einir	Randall	F	547	F40-44	92		00:32:44	2013	01:38:20	1993	01:46:43	1986	02:24:32	1925	02:21:53	1940
1135	Rachel	Cheshire	F	548	FSEN	183		00:31:11	1880	01:36:08	1938	01:45:18	1943	02:24:32	1926	02:21:53	1941
1640	Ashleigh	Parry	M	1379	MU25	83		00:32:57	2027	01:35:47	1927	01:43:48	1912	02:24:33	1927	02:20:45	1920
1692	Liahll	Bruce	M	1380	MSEN	348		00:32:57	2028	01:35:48	1928	01:43:48	1911	02:24:33	1928	02:20:46	1921
2418	Gareth	Hughes	M	1381	MSEN	349		00:29:59	1697	01:29:17	1692	01:37:46	1721	02:24:36	1929	02:19:50	1902
1214	Mike	Randall	M	1382	M45-49	207	Rock & Road Cymru	00:32:43	2012	01:38:17	1991	01:46:35	1984	02:24:38	1930	02:21:58	1944
1272	Lisa	Cronin	F	549	FSEN	184	NWRRC	00:31:02	1857	01:35:10	1907	01:45:46	1965	02:24:41	1931	02:20:23	1913
2547	Cynthia	Mescher	F	550	FSEN	185		00:29:55	1678	01:34:10	1882	01:42:55	1887	02:24:42	1932	02:21:55	1943
1207	Allyson	Brown	F	551	F45-49	72		00:30:24	1763	01:37:04	1960	01:45:23	1950	02:24:44	1933	02:20:34	1914
2074	Clare	Woodland	F	552	F35-39	93		00:32:11	1975	01:37:47	1981	01:46:19	1976	02:24:45	1934	02:22:49	1958
682	Tim	Powell	M	1383	M45-49	208	Hollcott Harriers	00:31:36	1927	01:35:55	1933	01:44:22	1925	02:24:45	1935	02:19:59	1905
1461	Nicholas	Russell	M	1384	MU25	84		00:28:37	1398	01:32:55	1843	01:41:42	1863	02:24:46	1936	02:23:29	1969
2244	Martin	Hunt	M	1385	M45-49	209		00:32:19	1983	01:35:15	1911	01:45:04	1939	02:24:51	1937	02:21:52	1939
472	Shirley	Rowen	F	553	F45-49	73		00:32:30	1999	01:38:41	1997	01:47:21	1998	02:24:54	1938	02:23:43	1972
1996	Ken	Gofton	M	1386	M60-64	28	Rugeley Runners	00:31:48	1939	01:37:44	1979	01:47:10	1994	02:24:55	1939	02:23:42	1970
2214	George	Morris	M	1387	MSEN	350		00:30:59	1845	01:33:48	1871	01:42:32	1881	02:25:00	1940	02:23:07	1965
2207	Craig	Stewart	M	1388	M45-49	210		00:30:57	1840	01:34:53	1900	01:43:21	1901	02:25:06	1941	02:20:54	1924
412	Beverley	Dyer	F	554	FSEN	186		00:33:53	2090	01:38:57	2005	01:47:04	1992	02:25:07	1942	02:20:03	1907
298	Stephanie	Mememory	F	555	F40-44	93		00:31:17	1887	01:33:53	1873	01:42:19	1878	02:25:07	1943	02:21:05	1929
1895	Alwen	Kleiser	F	556	F45-49	74		00:30:25	1765	01:36:17	1939	01:44:54	1933	02:25:12	1944	02:21:01	1927
359	Jenny	Clare	F	557	F55-59	21		00:31:53	1942	01:35:28	1919	01:46:48	1988	02:25:14	1945	02:23:46	1974
313	Andrew	Goodson	M	1389	M50-54	141		00:31:53	1943	01:35:27	1916	01:46:48	1987	02:25:15	1946	02:23:47	1975
584	Dave	Farr	M	1390	M45-49	211		00:30:02	1700	01:32:25	1826	01:41:06	1846	02:25:16	1947	02:21:42	1937
965	Martyn	Jones	M	1391	M35-39	243		00:28:46	1431	01:34:17	1885	01:43:26	1905	02:25:20	1948	02:21:36	1933
1265	Jason	Berry	M	1392	M40-44	242	Dynamics Runners	00:31:51	1941	01:37:23	1972	01:46:08	1972	02:25:27	1949	02:23:51	1979
442	Stephen	Carter	M	1393	M40-44	243	South Cheshire harriers	00:32:08	1968	01:38:06	1987	01:46:27	1981	02:25:32	1950	02:20:53	1923
437	Judith	Whincup	F	558	F45-49	75	south cheshire harriers	00:32:08	1967	01:38:05	1986	01:46:26	1979	02:25:32	1951	02:20:53	1922
1378	John	Gomez	M	1394	M55-59	79		00:33:01	2042	01:37:45	1980	01:46:10	1975	02:25:32	1952	02:20:36	1915
907	Christine	Owen	F	559	F40-44	94	Meirionnydd Running Club	00:33:29	2069	01:39:05	2008	01:47:26	2001	02:25:34	1953	02:21:46	1938
2642	Kate	Wraith	F	560	FSEN	187		00:34:04	2101	01:37:12	1968	01:45:24	1952	02:25:34	1954	02:20:42	1917
2641	Mike	Rogers	M	1395	M35-39	244		00:34:04	2100	01:37:11	1966	01:45:24	1953	02:25:35	1955	02:20:43	1918
362	Russell	Jacques	M	1396	MSEN	351		00:30:11	1723	01:35:39	1925	01:44:45	1930	02:25:45	1956	02:21:59	1948
97	Darren	Hird	M	1397	M40-44	244		00:31:27	1910	01:36:37	1950	01:45:27	1954	02:25:50	1957	02:23:01	1963
116	Sophie	Stewart	F	561	FU25	41		00:32:21	1986	01:36:35	1949	01:45:23	1949	02:25:58	1958	02:23:43	1973
824	Joanne	Paletta	F	562	F40-44	95		00:33:40	2080	01:39:40	2019	01:47:56	2012	02:25:59	1959	02:21:25	1932
1982	Mark	Roberts	M	1398	MSEN	352	team andy	00:27:59	1249	01:32:21	1820	01:40:37	1832	02:26:01	1960	02:25:28	2003
905	Paul	Fallon	M	1399	M40-44	245		00:29:31	1605	01:30:21	1734	01:39:08	1764	02:26:03	1961	02:22:53	1960

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Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
2605	Julie	Castle	F	563	F50-54	44		00:31:26	1906	01:37:00	1959	01:45:42	1961	02:26:14	1962	02:22:22	1954
974	Ellie	Rolinson	F	564	FU25	42		00:33:54	2092	01:40:32	2036	01:48:48	2024	02:26:14	1963	02:21:40	1936
847	Amanda	Parkinson	F	565	F40-44	96		00:31:39	1928	01:37:59	1985	01:46:21	1978	02:26:17	1964	02:23:20	1966
562	Samantha	Sinfield	F	566	F35-39	94		00:31:31	1919	01:36:45	1956	01:45:19	1945	02:26:20	1965	02:22:37	1956
2305	Rod	Heywood	M	1400	M70-74	5	100 marathon club	00:33:16	2058	01:40:25	2034	01:48:52	2027	02:26:23	1966	02:22:51	1959
1954	Bushra	Alam	F	567	F35-39	95	village harriers	00:29:24	1589	01:34:46	1896	01:43:27	1906	02:26:26	1967	02:23:26	1968
1472	Annabelle	Lowe	F	568	FSEN	188	Aberystwyth AC	00:34:26	2117	01:39:16	2011	01:47:35	2004	02:26:35	1968	02:23:01	1962
2559	Simon	Moakes	M	1401	M35-39	245		00:34:26	2116	01:39:16	2010	01:47:35	2003	02:26:36	1969	02:23:01	1964
2089	Ann	Daniels	F	569	F50-54	45		00:36:03	2159	01:40:57	2047	01:48:49	2025	02:26:36	1970	02:21:40	1935
1934	Cesare	Rigato	M	1402	MSEN	353		00:28:32	1379	01:25:19	1485	01:33:38	1535	02:26:38	1971	02:21:38	1934
1933	Steve	Griffiths	M	1403	M35-39	246		00:31:07	1864	01:37:15	1970	01:46:07	1971	02:26:43	1972	02:25:25	2001
853	Hilary	Hollington	F	570	F60-64	4	Sneyd Striders	00:33:41	2082	01:40:13	2031	01:48:36	2020	02:26:48	1973	02:24:33	1985
938	Christopher	Jones	M	1404	M40-44	246		00:32:36	2008	01:38:10	1988	01:47:02	1991	02:26:51	1974	02:24:54	1994
1044	Susan	Bates	F	571	F50-54	46	Winston Runners	00:34:08	2106	01:43:26	2082	01:51:53	2063	02:26:51	1975	02:22:57	1961
1586	Helen	Munday	F	572	F50-54	47		00:32:56	2024	01:39:48	2022	01:47:57	2013	02:26:53	1976	02:22:13	1951
2737	Marius	Berman	M	1405	M40-44	247		00:32:56	2022	01:39:47	2021	01:47:54	2010	02:26:53	1977	02:22:13	1950
1146	Sarah	Brett	F	573	F35-39	96		00:32:56	2023	01:38:19	1992	01:46:55	1989	02:27:01	1978	02:24:43	1988
660	Graham	Jones	M	1406	M55-59	80		00:30:53	1832	01:36:21	1943	01:45:08	1940	02:27:03	1979	02:24:01	1981
878	Joanne	Colford	F	574	F40-44	97		00:32:24	1990	01:38:53	2001	01:47:46	2007	02:27:13	1980	02:23:43	1971
972	Nicola	Rolinson	F	575	F45-49	76	Builth and District	00:33:54	2091	01:40:32	2035	01:48:48	2023	02:27:16	1981	02:22:42	1957
1668	John	Rowlands	M	1407	M65-69	10	Whitchurch Whippets	00:33:01	2043	01:39:18	2012	01:47:53	2009	02:27:18	1982	02:23:48	1978
1054	Jennifer	Taylor	F	576	F40-44	98		00:32:34	2007	01:39:36	2017	01:48:25	2017	02:27:23	1983	02:24:56	1995
1950	Daniel	Nadzo	M	1408	M40-44	248		00:31:16	1886	01:36:46	1957	01:45:38	1957	02:27:28	1984	02:26:40	2013
2554	Fiona Wynne	Parry	F	577	F40-44	99		00:32:14	1976	01:38:53	2002	01:47:21	1999	02:27:31	1985	02:24:51	1993
355	Joanne	Reynolds	F	578	F50-54	48		00:32:58	2033	01:37:26	1973	01:45:52	1969	02:27:43	1986	02:23:53	1980
1602	Paul	Hinton	M	1409	M35-39	247		00:31:15	1884	01:34:15	1884	01:42:56	1889	02:27:45	1987	02:23:47	1976
2358	Andrew	Smith	M	1410	M60-64	29		00:33:10	2050	01:39:23	2014	01:47:58	2014	02:27:45	1988	02:24:10	1984
414	David	Knight	M	1411	MSEN	354		00:31:15	1885	01:34:13	1883	01:42:56	1888	02:27:45	1989	02:23:48	1977
1519	Alex	Weston	M	1412	MSEN	355		00:31:14	1881	01:31:32	1782	01:40:08	1814	02:27:47	1990	02:24:34	1986
537	Jason	Howdon	M	1413	M40-44	249		00:34:39	2118	01:39:22	2013	01:47:48	2008	02:27:49	1991	02:24:03	1983
126	Darren	Griss	M	1414	MSEN	356		00:29:12	1532	01:30:49	1759	01:40:28	1828	02:27:53	1992	02:25:33	2004
1023	Tim	Williams	M	1415	M40-44	250		00:29:41	1637	01:37:39	1978	01:47:11	1995	02:28:00	1993	02:26:50	2020
1538	Natalie	Tarry	F	579	F40-44	100		00:34:05	2103	01:41:05	2051	01:50:19	2045	02:28:05	1994	02:25:00	1997
2725	Dawn	Hayes	F	580	F40-44	101		00:35:14	2139	01:40:53	2040	01:49:24	2032	02:28:06	1995	02:23:22	1967
1144	Patricia	Yates	F	581	F50-54	49		00:31:29	1914	01:37:07	1962	01:45:51	1968	02:28:07	1996	02:25:40	2005
2639	Stacy	Mellor	F	582	FSEN	189		00:32:29	1998	01:40:00	2028	01:48:29	2018	02:28:10	1997	02:26:48	2018
1258	Kate	Wheatcroft	F	583	F35-39	97		00:32:20	1984	01:40:01	2029	01:49:05	2030	02:28:21	1998	02:24:57	1996
2424	Sonia	Wignall	F	584	F40-44	102	Abergele harriers	00:32:22	1987	01:38:54	2003	01:47:20	1997	02:28:29	1999	02:24:50	1991
303	Clare	Bunford	F	585	FSEN	190		00:32:59	2037	01:40:20	2033	01:48:58	2029	02:28:40	2000	02:26:07	2009
1053	Johan	Sjogren	M	1416	MSEN	357		00:30:50	1825	01:39:41	2020	01:48:04	2015	02:28:47	2001	02:25:19	2000
2071	Daniel	Unsworth	M	1417	MSEN	358		00:30:17	1741	01:35:28	1918	01:45:42	1960	02:28:51	2002	02:26:46	2015
1821	Alex	Jessop	M	1418	MU25	85		00:30:18	1742	01:35:27	1917	01:45:43	1963	02:28:51	2003	02:26:46	2016
2765	Max	Christian	M	1419	M35-39	248		00:30:15	1736	01:32:39	1836	01:41:15	1851	02:28:55	2004	02:25:25	2002
427	Rachael	Williams	F	586	FSEN	191		00:33:13	2055	01:38:23	1994	01:46:57	1990	02:29:06	2005	02:24:02	1982
2375	Sarah	Marriott	F	587	F35-39	98		00:32:54	2020	01:40:35	2037	01:48:56	2028	02:29:07	2006	02:24:36	1987
53	Ian	Rothwell	M	1420	M35-39	249		00:30:38	1802	01:37:05	1961	01:46:20	1977	02:29:15	2007	02:25:02	1998
301	Sara	Pickard	F	588	F45-49	77		00:33:38	2076	01:39:56	2025	01:48:31	2019	02:29:18	2008	02:25:15	1999
704	Pat	Davies	F	589	F45-49	78		00:31:24	1900	01:42:59	2074	01:51:24	2058	02:29:21	2009	02:26:09	2010
2444	Linos	Hughes	F	590	F35-39	99		00:32:08	1970	01:38:41	1998	01:47:38	2005	02:29:23	2010	02:26:58	2023
197	Charlotte	Hamling	F	591	FSEN	192	Yaxley Runners and Joggers	00:31:18	1890	01:40:56	2045	01:50:32	2050	02:29:39	2011	02:28:12	2036
1662	Stephen	Hunt	M	1421	MSEN	359		00:30:27	1770	01:32:49	1839	01:42:14	1875	02:29:44	2012	02:24:49	1990
1906	Matthew	Kennedy	M	1422	MSEN	360		00:33:35	2074	01:37:32	1977	01:45:39	1958	02:29:45	2013	02:24:49	1989
1890	Jo	Nash	F	592	FSEN	193		00:33:34	2073	01:37:32	1976	01:45:39	1959	02:29:46	2014	02:24:50	1992

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Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
1781	Annette	Lilly	F	593	F45-49	79		00:33:30	2070	01:42:26	2066	01:53:15	2084	02:30:00	2015	02:27:52	2033
2009	Lindsay	Crowther	F	594	F55-59	22		00:32:47	2016	01:40:11	2030	01:49:27	2033	02:30:03	2016	02:26:44	2014
309	Tom	Ball	M	1423	M5EN	361		00:33:19	2061	01:40:53	2039	01:49:38	2037	02:30:04	2017	02:27:30	2026
2528	Neil	Johnstone	M	1424	M50-54	142		00:31:55	1946	01:38:59	2006	01:47:43	2006	02:30:13	2018	02:25:58	2007
2157	Eula	Lawrie	F	595	F50-54	50		00:33:22	2065	01:39:24	2015	01:47:54	2011	02:30:15	2019	02:25:43	2006
1022	Mark	Barrow	M	1425	M40-44	251		00:31:46	1937	01:35:27	1915	01:43:58	1915	02:30:20	2020	02:26:18	2011
114	Brendan	Langridge	M	1426	M35-39	250		00:30:52	1831	01:37:52	1982	01:46:41	1985	02:30:26	2021	02:26:47	2017
1638	James	Cassidy	M	1427	M5EN	362		00:34:44	2121	01:41:12	2054	01:49:12	2031	02:30:29	2022	02:26:01	2008
2762	Nicola	Jones	F	596	F35-39	100		00:30:05	1709	01:34:18	1886	01:44:27	1926	02:30:33	2023	02:28:27	2038
1357	Laura	Fitton	F	597	FU25	43	Rochdale Harriers and AC	00:32:05	1961	01:36:57	1958	01:45:21	1946	02:30:34	2024	02:26:49	2019
246	Kieri	White	F	598	F5EN	194		00:32:01	1955	01:38:12	1990	01:50:59	2055	02:30:36	2025	02:28:48	2044
1593	Jonathan	Dainty	M	1428	M5EN	363		00:32:02	1956	01:38:11	1989	01:50:58	2054	02:30:37	2026	02:28:49	2045
1960	Jonathan	Field	M	1429	M45-49	212		00:31:31	1918	01:34:26	1890	01:44:03	1920	02:30:46	2027	02:29:32	2053
2258	Matthew	Ferdinando	M	1430	MU25	86		00:30:44	1819	01:34:49	1898	01:43:55	1914	02:30:55	2028	02:26:50	2021
1166	Darren	Finnegan	M	1431	M40-44	252	Knowsley Harrier AC	00:33:40	2079	01:42:58	2073	01:51:52	2061	02:31:01	2029	02:28:12	2035
941	Dawn	Johnson	F	599	F50-54	51		00:34:08	2107	01:43:26	2081	01:51:53	2062	02:31:07	2030	02:27:13	2024
2504	Elizabeth	Challinor-Cole	F	600	F5EN	195		00:37:08	2178	01:44:17	2094	01:52:31	2078	02:31:10	2031	02:27:47	2030
2506	Gemma	Jarvis	F	601	F5EN	196		00:37:08	2179	01:44:17	2092	01:52:30	2077	02:31:11	2032	02:27:48	2031
2369	Beth	Sales	F	602	F5EN	197		00:33:56	2096	01:41:03	2050	01:49:49	2039	02:31:11	2033	02:28:45	2042
1172	Tina	Owen	F	603	F40-44	103		00:32:29	1996	01:39:39	2018	01:48:43	2022	02:31:13	2034	02:26:52	2022
1774	Daniel	Stoddart	M	1432	M5EN	364		00:29:22	1580	01:35:30	1920	01:44:58	1934	02:31:14	2035	02:29:37	2054
1441	Paul	Lewin	M	1433	M5EN	365		00:30:41	1812	01:33:26	1862	01:42:42	1884	02:31:15	2036	02:27:32	2027
336	Debbie	Lewis	F	604	F35-39	101		00:30:55	1838	01:36:20	1941	01:46:10	1973	02:31:24	2037	02:29:14	2049
2442	Craig	Cox	M	1434	M5EN	366		00:31:47	1938	01:35:38	1924	01:44:40	1929	02:31:34	2038	02:26:39	2012
865	Katsuyori	Suzuki	M	1435	M40-44	253		00:29:32	1616	01:35:11	1909	01:45:11	1942	02:31:34	2039	02:28:03	2034
2310	Elizabeth	Duller	F	605	F5EN	198		00:33:34	2071	01:40:19	2032	01:48:41	2021	02:31:36	2040	02:28:46	2043
33	Graham	Carr	M	1436	M40-44	254		00:38:48	2197	01:45:55	2117	01:54:20	2100	02:31:50	2041	02:28:30	2039
2190	Bernadette	Meredith	F	606	F55-59	23		00:32:05	1960	01:41:01	2049	01:49:50	2041	02:31:50	2042	02:28:38	2041
2542	Steve	Morgan	M	1437	M40-44	255		00:31:01	1856	01:37:14	1969	01:46:30	1983	02:31:56	2043	02:30:45	2065
1497	Haydn	Fowler	M	1438	M50-54	143	Meirionnydd Running Club	00:31:58	1949	01:41:06	2052	01:50:28	2048	02:32:00	2044	02:29:53	2056
1767	Victoria	Thomas	F	607	F5EN	199	Mums to Marathons	00:32:57	2030	01:40:55	2042	01:49:57	2043	02:32:05	2045	02:27:39	2028
2051	Julie	Haldon	F	608	F35-39	102		00:32:57	2031	01:40:55	2043	01:49:57	2042	02:32:05	2046	02:27:39	2029
2396	Thomas	Dixon	M	1439	M5EN	367		00:33:12	2053	01:35:49	1930	01:44:59	1935	02:32:08	2047	02:27:18	2025
2331	Ele	Mathieson	F	609	F40-44	104	KNOWLE AND DORRIDGE RC	00:32:49	2017	01:47:31	2136	01:55:35	2116	02:32:15	2048	02:27:51	2032
1284	Nicky	Hannay	F	610	F40-44	105		00:32:58	2036	01:38:41	1999	01:47:32	2002	02:32:32	2049	02:28:18	2037
490	Neil	Marshall	M	1440	M35-39	251		00:29:59	1692	01:36:25	1945	01:45:42	1962	02:32:34	2050	02:30:51	2069
526	Phillip	Walker	M	1441	M35-39	252		00:29:59	1694	01:36:25	1946	01:45:44	1964	02:32:34	2051	02:30:52	2070
2750	Stacey	George	F	611	FU25	44	British Military Fitness	00:30:20	1754	01:39:04	2007	01:48:04	2016	02:32:43	2052	02:29:21	2050
131	Michael	Baker -Revell	M	1442	M45-49	213		00:31:09	1874	01:38:36	1995	01:47:25	2000	02:32:49	2053	02:31:29	2074
1682	Bev	O Reilly	F	612	F5EN	200	Fitco	00:35:24	2143	01:45:17	2107	01:53:58	2096	02:32:51	2054	02:29:10	2048
1679	Claire	Doutch	F	613	F5EN	201	Fitco	00:35:24	2142	01:45:17	2106	01:53:58	2095	02:32:51	2055	02:29:10	2047
1939	Anthony	Jones	M	1443	M35-39	253		00:28:45	1429	01:28:53	1673	01:37:34	1711	02:32:56	2056	02:28:35	2040
2744	Peter	Freestone	M	1444	M65-69	11		00:31:40	1931	01:39:05	2009	01:49:34	2036	02:32:59	2057	02:30:42	2064
2716	Richard	Clark	M	1445	M5EN	368		00:32:29	1997	01:45:54	2116	01:58:18	2140	02:33:13	2058	02:31:52	2079
632	Emma	Crowe	F	614	F5EN	202		00:32:58	2034	01:42:59	2075	01:52:05	2068	02:33:18	2059	02:32:05	2081
543	Giles	Jones	M	1446	M35-39	254		00:31:23	1899	01:39:58	2027	01:49:49	2040	02:33:25	2060	02:30:11	2062
542	Katrina	Mclaren	F	615	F5EN	203		00:31:23	1898	01:39:57	2026	01:49:49	2038	02:33:25	2061	02:30:11	2061
1998	Kev	Brady	M	1447	M45-49	214		00:33:52	2089	01:41:42	2058	01:50:44	2053	02:33:32	2062	02:30:47	2066
739	Lyn	Byrne	F	616	F5EN	204		00:35:06	2135	01:44:17	2095	01:53:05	2080	02:33:45	2063	02:29:41	2055
576	Mags	Ross	F	617	F40-44	106		00:34:58	2130	01:43:41	2085	01:52:29	2076	02:33:45	2064	02:29:06	2046
1579	David	Niblock	M	1448	M50-54	144	Long Framlington Road Runners	00:31:42	1933	01:40:58	2048	01:50:11	2044	02:33:48	2065	02:32:27	2084
1708	Claire	Heesom	F	618	F40-44	107		00:32:57	2025	01:39:53	2024	01:49:28	2035	02:33:51	2066	02:30:05	2057
2474	Helen	Barsby	F	619	F45-49	80		00:32:52	2019	01:43:47	2086	01:53:21	2085	02:33:51	2067	02:32:30	2089

RunWales.com Conwy half Marathon 2013

Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
1114	Pamela	Lanca Coelho	F	620	F40-44	108		00:32:57	2029	01:39:52	2023	01:49:27	2034	02:33:51	2068	02:30:05	2058
710	Irene	Molloy	F	621	F55-59	24		00:33:04	2047	01:41:20	2056	01:50:21	2047	02:33:54	2069	02:29:30	2051
836	Jenny	Goodenough	F	622	F5EN	205		00:33:04	2046	01:41:19	2055	01:50:20	2046	02:33:54	2070	02:29:30	2052
320	Denise	Albutt	F	623	F55-59	25		00:32:04	1958	01:42:11	2063	01:51:27	2059	02:33:57	2071	02:30:54	2071
674	Anna	Tooby	F	624	F5EN	206		00:34:24	2114	01:43:18	2078	01:52:04	2067	02:34:08	2072	02:30:10	2059
1181	Kevin	Tooby	M	1449	M55-59	81		00:34:23	2113	01:43:16	2077	01:52:04	2066	02:34:08	2073	02:30:10	2060
2045	Debbie	Jones	F	625	FU25	45		00:36:53	2172	01:46:48	2127	01:55:37	2117	02:34:11	2074	02:31:29	2073
2046	Lucy	Williams	F	626	FU25	46		00:36:53	2171	01:46:49	2128	01:55:37	2118	02:34:12	2075	02:31:29	2075
142	Carol	Harratt	F	627	F50-54	52		00:35:32	2150	01:44:32	2097	01:53:52	2090	02:34:17	2076	02:32:23	2083
591	Keith	Pollitt	M	1450	M40-44	256		00:32:58	2032	01:46:31	2124	01:55:10	2109	02:34:17	2077	02:30:26	2063
2284	Ruth	Hector	F	628	F5EN	207		00:36:06	2162	01:45:24	2108	01:54:26	2102	02:34:31	2078	02:32:29	2088
2168	Katherine	Ashley	F	629	F5EN	208		00:31:20	1895	01:41:06	2053	01:50:32	2049	02:34:40	2079	02:32:47	2090
656	Jamie	Glossop	M	1451	M5EN	369		00:33:34	2072	01:42:09	2062	01:51:15	2057	02:34:51	2080	02:30:48	2067
2532	Hannah	Griffin	F	630	F40-44	109		00:32:29	1995	01:42:36	2067	01:52:19	2072	02:34:58	2081	02:33:39	2097
2545	Jane	Morgan	F	631	F45-49	81		00:32:45	2015	01:42:52	2071	01:52:35	2079	02:34:59	2082	02:33:55	2100
147	Joan	Edwards	F	632	F50-54	53	NWRRC	00:34:05	2102	01:43:48	2087	01:53:06	2081	02:35:09	2083	02:34:02	2101
48	Fern	Maddock	F	633	F5EN	209		00:35:24	2146	01:46:16	2122	01:54:44	2103	02:35:13	2084	02:32:13	2082
420	Claire	Copeland	F	634	F45-49	82		00:34:54	2127	01:42:59	2076	01:52:26	2073	02:35:20	2085	02:31:21	2072
726	Peter	Rudd	M	1452	M55-59	82		00:36:04	2160	01:45:29	2110	01:53:52	2091	02:35:23	2086	02:30:50	2068
2675	Joannr	Williams	F	635	F5EN	210	Parafit Hoplites	00:31:59	1950	01:43:40	2084	01:53:15	2083	02:35:32	2087	02:32:57	2091
2159	Peter	Wooding	M	1453	M45-49	215		00:32:28	1994	01:44:40	2099	01:53:43	2089	02:35:44	2088	02:31:47	2078
2393	Anna	Duffy	F	636	F45-49	83	David Lloyd	00:32:19	1982	01:42:06	2061	01:52:13	2070	02:35:51	2089	02:33:01	2092
2597	Ayla	Gowling	F	637	FU25	47		00:30:28	1774	01:42:48	2069	01:52:29	2075	02:35:54	2090	02:34:57	2109
1988	Sam	Higgitt	M	1454	M5EN	370		00:31:32	1922	01:43:19	2079	01:53:56	2094	02:35:58	2091	02:34:51	2108
2228	Kate	Roe	F	638	F45-49	84		00:34:19	2112	01:45:58	2118	01:55:22	2113	02:35:59	2092	02:35:17	2110
168	Karen	Tarr	F	639	F50-54	54		00:35:03	2132	01:46:49	2129	01:56:22	2127	02:36:00	2093	02:34:48	2107
2452	Gareth	Culley	M	1455	M5EN	371		00:33:45	2123	01:47:44	2137	01:55:57	2124	02:36:00	2094	02:31:33	2076
2386	Audrey	Hughes	F	640	F40-44	110		00:34:42	2084	01:45:48	2114	01:55:18	2111	02:36:17	2095	02:31:44	2077
2526	Kay	Sharp	F	641	F5EN	211		00:33:57	2098	01:44:08	2091	01:53:24	2087	02:36:21	2096	02:34:20	2102
373	Elaine	Devine	F	642	F55-59	26	Stockport Harriers & AC	00:32:15	1977	01:42:47	2068	01:51:56	2064	02:36:33	2097	02:32:29	2086
149	Debbie	Boardman	F	643	F40-44	111	Stockport Harriers & AC	00:32:15	1978	01:42:48	2070	01:51:57	2065	02:36:33	2098	02:32:29	2087
1349	Mo	Hughes	F	644	F60-64	5		00:35:09	2136	01:44:55	2102	01:54:10	2099	02:36:39	2099	02:31:55	2080
452	Matt	Shaw	M	1456	M40-44	257		00:30:14	1732	01:42:21	2064	01:52:27	2074	02:36:41	2100	02:35:26	2112
997	Stephen	Jones	M	1457	M40-44	258		00:33:29	2068	01:42:21	2065	01:51:37	2060	02:36:50	2101	02:33:35	2096
304	Donna	Watts	F	645	F35-39	103		00:32:58	2035	01:45:49	2115	01:54:59	2107	02:36:57	2102	02:34:24	2103
192	Laura	Reynolds	F	646	F35-39	104		00:31:28	1913	01:40:56	2046	01:51:00	2056	02:37:02	2103	02:35:34	2114
193	Polly	Davison	F	647	F5EN	212		00:31:28	1911	01:40:55	2041	01:50:41	2052	02:37:02	2104	02:35:34	2113
2686	Ian	Ferguson	M	1458	M45-49	216		00:33:44	2085	01:47:21	2133	01:56:37	2130	02:37:06	2105	02:36:50	2118
2777	Zak	Richards	M	1459	MU25	87		00:28:57	1475	01:41:35	2057	01:53:07	2082	02:37:06	2106	02:36:55	2119
1081	Karen	Tustin	F	648	F40-44	112		00:34:59	2131	01:43:26	2083	01:56:40	2131	02:37:06	2107	02:32:28	2085
969	Rhian	Evans	F	649	F5EN	213		00:32:00	1951	01:37:57	1984	01:46:28	1982	02:37:07	2108	02:33:34	2094
47	Rosemarie	Mcardle	F	650	F35-39	105		00:34:16	2110	01:46:15	2121	01:55:10	2108	02:37:09	2109	02:36:06	2115
342	Gwyndaf	Williams	M	1460	M40-44	259		00:33:08	2048	01:42:52	2072	01:52:19	2071	02:37:12	2110	02:33:46	2098
2581	Sarah	Howes	F	651	F5EN	214		00:34:25	2115	01:43:20	2080	01:52:05	2069	02:37:29	2111	02:33:31	2093
998	Tina	Maguire	F	652	F50-54	55		00:35:24	2144	01:47:23	2134	01:56:18	2126	02:37:31	2112	02:34:34	2105
649	Martin	Pritchard	M	1461	M35-39	255		00:30:47	1821	01:44:07	2090	01:54:00	2098	02:38:02	2113	02:37:17	2121
970	Colin	Wickens	M	1462	M50-54	145		00:34:44	2120	01:45:14	2105	01:54:24	2101	02:38:18	2114	02:34:40	2106
261	Andy	Macdonald	M	1463	M40-44	260		00:32:21	1985	01:44:03	2089	01:53:30	2088	02:38:29	2115	02:37:53	2125
2517	Danny	Donovan	M	1464	M40-44	261		00:35:21	2141	01:44:41	2100	01:53:24	2086	02:38:37	2116	02:33:35	2095
1202	Sally	Jones	F	653	F35-39	106		00:33:14	2056	01:44:39	2098	01:54:47	2105	02:38:38	2117	02:38:12	2130
1089	Patricia	Salisbury	F	654	F65-69	5		00:35:12	2138	01:45:39	2111	01:54:52	2106	02:38:45	2118	02:33:53	2099
2385	Claire	Hughes	F	655	F45-49	85		00:33:42	2083	01:45:48	2113	01:55:19	2112	02:39:01	2119	02:34:28	2104
1685	Marta	Dunai	F	656	F35-39	107		00:33:56	2095	01:48:49	2145	01:57:56	2136	02:39:29	2120	02:36:46	2117

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Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
834	Garfield	Phillipotts	M	1465	M40-44	262		00:33:55	2093	01:48:49	2144	01:57:56	2135	02:39:29	2121	02:36:45	2116
1742	Linda	Woodall	F	657	F50-54	56	Michelin athletic club	00:36:25	2166	01:48:02	2138	01:57:23	2133	02:39:37	2122	02:35:25	2111
721	Nicola	Greaves	F	658	F45-49	86		00:33:52	2088	01:45:11	2104	01:55:37	2119	02:39:44	2123	02:37:25	2122
2536	Llinos	Evans	F	659	FSEN	215		00:32:27	1992	01:44:46	2101	01:54:45	2104	02:39:45	2124	02:37:10	2120
120	Jessica	Lamb	F	660	FU25	48		00:34:54	2128	01:47:24	2135	01:57:11	2132	02:40:22	2125	02:37:39	2124
1867	Hayley	Merchant	F	661	F40-44	113		00:35:33	2151	01:49:27	2148	01:59:01	2144	02:40:32	2126	02:39:37	2136
1279	Gavin	Kramer	M	1466	MSEN	372		00:29:40	1633	01:40:40	2038	01:50:32	2051	02:40:39	2127	02:37:54	2126
804	Melissa	Hughes	F	662	FSEN	216		00:33:57	2097	01:45:41	2112	01:55:56	2123	02:40:39	2128	02:38:13	2131
648	Mike	Price	M	1467	M60-64	30	Wrekin Orienteers	00:36:10	2163	01:49:11	2147	01:58:26	2141	02:40:51	2129	02:37:26	2123
615	Claire	Holland	F	663	F50-54	57		00:33:38	2077	01:45:59	2120	01:55:25	2115	02:42:24	2130	02:41:37	2143
606	Michelle	Glass	F	664	F40-44	114		00:33:38	2078	01:45:58	2119	01:55:25	2114	02:42:25	2131	02:41:38	2144
2604	Colin	Clayton	M	1468	M45-49	217		00:33:20	2063	01:46:27	2123	01:57:43	2134	02:42:34	2132	02:39:56	2137
2713	Dale	Curran	M	1469	MU25	88	Liverpool Running Club	00:33:25	2066	01:44:57	2103	01:53:59	2097	02:43:04	2133	02:38:05	2127
2677	Jackie	Mcgoldrick	F	665	F50-54	58	Liverpool Running Club	00:34:15	2108	01:46:56	2130	01:56:26	2128	02:43:05	2134	02:38:07	2128
2678	Debbie	Curran	F	666	F40-44	115	Liverpool Running Club	00:34:16	2109	01:46:56	2131	01:56:27	2129	02:43:05	2135	02:38:08	2129
2751	Steve	Lloyd	M	1470	M55-59	83		00:36:26	2168	01:51:29	2164	02:00:49	2156	02:43:15	2136	02:38:18	2132
297	Alison	Smith	F	667	F45-49	87		00:35:05	2133	01:48:03	2139	01:57:58	2137	02:43:57	2137	02:40:34	2141
27	Lucie	Llewellyn	F	668	F35-39	108		00:35:58	2156	01:46:33	2126	01:56:00	2125	02:43:57	2138	02:40:09	2138
2265	Brian	Heywood	M	1471	M50-54	146		00:37:54	2188	01:48:38	2141	01:58:05	2138	02:43:58	2139	02:39:16	2133
2402	Michael	Tomkinson	M	1472	MU25	89		00:33:18	2059	01:44:20	2096	01:53:55	2093	02:44:16	2140	02:39:22	2135
2401	Gary	Tomkinson	M	1473	M55-59	84	Black Pear Joggers	00:33:18	2060	01:44:17	2093	01:53:55	2092	02:44:16	2141	02:39:22	2134
1174	Lizzie	Abel	F	669	FSEN	217		00:36:47	2170	01:50:43	2158	02:00:28	2152	02:45:15	2142	02:40:31	2139
2377	Iona	Lewis	F	670	F45-49	88	Dwygi Warriors	00:35:11	2137	01:48:33	2140	01:58:17	2139	02:45:26	2143	02:40:34	2140
1845	Catherine	Crespin	F	671	F40-44	116		00:38:27	2195	01:49:37	2150	01:59:06	2145	02:45:53	2144	02:41:02	2142
890	Deborah	Hale	F	672	F50-54	59	Telford Harriers	00:36:35	2169	01:51:27	2163	02:05:15	2169	02:46:14	2145	02:44:43	2152
2219	Hazel	Barlow	F	673	F50-54	60	Michelin Athletic Club	00:37:11	2181	01:51:21	2161	02:01:18	2158	02:46:48	2146	02:42:37	2147
874	Catrin	Roberts	F	674	FSEN	218		00:36:54	2173	01:50:48	2159	02:00:09	2149	02:47:03	2147	02:42:59	2148
1771	Roy	Pugh	M	1474	M55-59	85		00:34:55	2129	01:48:41	2142	01:59:15	2146	02:47:10	2148	02:42:27	2145
202	James	Thorpe	M	1475	MSEN	373		00:34:46	2125	01:47:11	2132	01:59:17	2147	02:47:14	2149	02:42:33	2146
1203	Jane	Brady	F	675	F35-39	109		00:36:05	2161	01:51:20	2160	02:01:27	2159	02:47:20	2150	02:45:11	2156
2770	Rob	Griffiths	M	1476	MSEN	374	Contest Sports	00:34:40	2119	01:48:44	2143	01:58:45	2142	02:47:43	2151	02:43:44	2149
2057	Catherine	Unwin	F	676	F45-49	89	Rochdale Harriers and AC	00:37:03	2177	01:51:26	2162	02:01:50	2162	02:48:39	2152	02:44:45	2153
461	Cameron	Mcmullen	M	1477	M45-49	218		00:40:06	2211	01:56:15	2176	02:06:40	2174	02:48:43	2153	02:47:19	2162
200	Nia	Erain	F	677	FSEN	219		00:35:34	2152	01:50:23	2156	02:00:22	2150	02:48:45	2154	02:44:19	2150
817	Lucy	Elkin	F	678	F35-39	110		00:35:59	2157	01:50:13	2155	02:00:44	2155	02:48:46	2155	02:45:12	2157
1639	Claire	Cassidy	F	679	FSEN	220		00:34:45	2124	01:49:32	2149	01:58:59	2143	02:48:56	2156	02:44:29	2151
1681	Kimber	Tyrer	F	680	FU25	49	FitCo	00:33:46	2086	01:49:53	2152	02:00:42	2154	02:49:05	2157	02:45:25	2158
1997	Nick	Coldham	M	1478	M50-54	147		00:31:55	1945	01:42:04	2060	01:55:55	2122	02:49:33	2158	02:44:51	2155
1999	Kate	Coldham	F	681	F40-44	117		00:31:55	1944	01:42:03	2059	01:55:55	2121	02:49:33	2159	02:44:51	2154
1343	Patricia	Bolton	F	682	F70-74	1	Biddulph Running Club	00:37:03	2176	01:51:31	2165	02:01:49	2161	02:49:37	2160	02:45:43	2160
2397	Zoe	Beaumont	F	683	FSEN	221		00:34:17	2111	01:49:00	2146	01:59:42	2148	02:49:59	2161	02:46:17	2161
2694	Nageela	Yusuf	F	684	FSEN	222		00:34:47	2126	01:50:09	2154	02:00:25	2151	02:50:20	2162	02:48:28	2166
196	Lesley	Mcloughlin	F	685	F40-44	118		00:37:59	2189	01:50:35	2157	02:01:31	2160	02:50:27	2163	02:45:25	2159
132	Philip	Carter	M	1479	MU25	90		00:33:52	2087	01:49:58	2153	02:00:50	2157	02:51:05	2164	02:47:56	2164
2106	Christine	Larkin	F	686	F40-44	119		00:35:49	2153	01:53:43	2171	02:04:51	2167	02:51:43	2165	02:49:18	2170
538	Jenny	Jones-Darlington	F	687	FSEN	223		00:33:36	2075	01:43:51	2088	01:55:12	2110	02:52:14	2166	02:47:35	2163
1675	Sarah Lee	Thomas	F	688	FSEN	224	Fitco	00:38:14	2193	01:57:43	2182	02:08:17	2178	02:52:44	2167	02:49:03	2168
2714	Tomas	Coulter	M	1480	MSEN	375		00:35:28	2147	01:45:25	2109	01:55:45	2120	02:52:49	2168	02:48:13	2165
291	Mark	Watkin	M	1481	MSEN	376		00:34:08	2105	01:49:45	2151	02:00:38	2153	02:52:56	2169	02:48:38	2167
366	Emily	Lucas	F	689	FSEN	225		00:37:32	2186	01:54:53	2174	02:05:22	2171	02:53:20	2170	02:49:32	2171
393	Joanne	Sullivan	F	690	F40-44	120		00:37:10	2180	01:52:29	2166	02:02:57	2163	02:53:33	2171	02:49:16	2169
744	Debbie	Burgoyne-Dawson	F	691	F50-54	61		00:35:57	2155	01:54:33	2173	02:05:19	2170	02:53:40	2172	02:51:57	2175
1673	Sarah Jayne	Abernethy	F	692	FU25	50	Fitco	00:35:24	2145	01:52:44	2168	02:03:56	2165	02:53:55	2173	02:50:14	2172

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Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
798	Lisa	Grundy	F	693	FSEN	226		00:38:12	2192	01:54:19	2172	02:05:01	2168	02:54:53	2174	02:52:57	2181
932	H Michelle	Briggs	F	694	F45-49	90		00:37:23	2184	01:55:25	2175	02:06:01	2172	02:55:35	2175	02:50:47	2173
419	Estelle	Morel	F	695	FSEN	227		00:37:43	2187	01:56:31	2177	02:06:21	2173	02:55:36	2176	02:51:36	2174
2221	Fiona	Hide	F	696	F50-54	62		00:37:29	2185	01:57:37	2181	02:08:10	2177	02:55:56	2177	02:52:08	2177
2050	Annie	Bickerton	F	697	FSEN	228		00:38:05	2190	01:57:01	2179	02:07:32	2175	02:56:09	2178	02:52:33	2178
2766	Michael	Baker	M	1482	M50-54	148		00:35:17	2140	01:53:03	2169	02:03:27	2164	02:56:14	2179	02:52:00	2176
2287	Ann	Pugsley	F	698	F55-59	27		00:39:49	2207	02:01:28	2200	02:11:01	2186	02:57:24	2180	02:52:54	2179
787	Gwenda	Marshall	F	699	F50-54	63		00:39:49	2206	02:01:27	2199	02:11:01	2187	02:57:25	2181	02:52:54	2180
2417	Liam	Hughes	M	1483	MU25	91		00:32:30	2000	01:53:30	2170	02:04:38	2166	02:58:16	2182	02:53:33	2182
2638	Gemma	Kent	F	700	FSEN	229		00:40:06	2212	02:00:06	2190	02:10:46	2184	02:59:07	2183	02:57:43	2188
262	Kelly	Willcocks	F	701	FSEN	230		00:39:24	2200	01:58:30	2184	02:08:48	2180	02:59:20	2184	02:54:52	2183
1104	Graham	Slattery	M	1484	M50-54	149		00:38:09	2191	01:59:29	2186	02:10:13	2183	02:59:22	2185	02:56:13	2184
2349	Sarah	Woods	F	702	F45-49	91		00:36:59	2174	02:00:40	2192	02:12:42	2195	03:01:01	2186	02:56:45	2186
2339	Jane	Marsden	F	703	F55-59	28	Liverpool Running Club	00:41:08	2216	02:01:26	2198	02:11:49	2190	03:01:28	2187	02:56:34	2185
1333	Ceri	Grube	F	704	FU25	51		00:35:30	2149	01:59:40	2189	02:11:45	2189	03:01:47	2188	02:59:07	2191
1342	Dave	Grube	M	1485	M55-59	86		00:35:29	2148	01:59:37	2187	02:13:05	2198	03:01:48	2189	02:59:08	2192
44	Michelle	Jones	M	1486	M35-39	256		00:38:59	2199	01:58:24	2183	02:10:04	2182	03:01:48	2190	02:57:03	2187
1323	Kate	Hook	F	705	FSEN	231		00:37:17	2183	01:59:01	2185	02:09:44	2181	03:02:07	2191	02:59:27	2193
125	Carl	Walthew	M	1487	MSEN	377		00:40:19	2214	02:01:25	2197	02:12:01	2192	03:02:36	2192	02:58:57	2190
113	Simon	Rhodes	M	1488	M40-44	263		00:40:18	2213	02:01:25	2196	02:12:00	2191	03:02:37	2193	02:58:57	2189
2696	Karen	Clayton	F	706	F40-44	121		00:40:50	2215	02:02:23	2202	02:14:00	2199	03:02:56	2194	03:01:01	2195
211	Beverley	Brown	F	707	F55-59	29		00:39:24	2201	02:01:22	2195	02:12:03	2193	03:04:03	2195	02:59:45	2194
1134	Catrin	Williams	F	708	F35-39	111		00:36:00	2158	01:56:43	2178	02:08:45	2179	03:04:48	2196	03:01:14	2196
228	Neil	Burley	M	1489	M45-49	219		00:38:28	2196	02:02:47	2204	02:14:18	2201	03:05:22	2197	03:04:39	2206
397	Rachel	Land	F	709	FU25	52		00:37:15	2182	02:05:31	2208	02:17:07	2205	03:05:38	2198	03:02:40	2201
1036	Suzanne	Thomas	F	710	F40-44	122		00:39:27	2203	02:01:13	2194	02:12:56	2197	03:05:59	2199	03:01:22	2197
2632	Lynne	Roberts	F	711	F55-59	30		00:39:25	2202	02:01:06	2193	02:12:53	2196	03:05:59	2200	03:01:22	2198
1084	Grace	Powell	F	712	FU25	53		00:38:53	2198	02:02:38	2203	02:14:13	2200	03:06:20	2201	03:03:35	2203
1964	Sean	Woods	M	1490	M45-49	220		00:37:00	2175	02:00:38	2191	02:12:41	2194	03:06:23	2202	03:02:07	2200
1259	Nicole Louise	Jones	F	713	FSEN	232		00:36:19	2165	01:59:38	2188	02:11:17	2188	03:06:32	2203	03:01:41	2199
1674	Eira	Thomas	F	714	FU25	54		00:38:16	2194	02:04:47	2206	02:17:03	2204	03:06:32	2204	03:02:51	2202
285	Gemma	Browne	F	715	F45-49	92		00:43:43	2218	02:06:15	2209	02:18:04	2206	03:08:00	2205	03:05:25	2207
286	Jason	Hart	M	1491	M45-49	221		00:43:43	2219	02:06:21	2210	02:18:08	2207	03:08:01	2206	03:05:25	2208
956	Martin	Stirna	M	1492	M60-64	31	South Cheshire Harriers	00:39:57	2208	02:07:16	2212	02:18:17	2208	03:08:46	2207	03:03:57	2204
295	Nicola	Passant	F	716	F35-39	112	SOUTH CHESHIRE HARRIERS	00:39:58	2209	02:07:26	2213	02:18:19	2209	03:08:46	2208	03:03:58	2205
66	Lawrence	Chambers	M	1493	M40-44	264	FETCH EVERYONE RC	00:32:50	2018	01:52:40	2167	02:08:00	2176	03:09:39	2209	03:06:17	2210
2198	William	Rowlands	M	1494	MSEN	378		00:34:44	2122	01:57:22	2180	02:10:50	2185	03:09:40	2210	03:09:01	2211
42	Kelly	Leather	F	717	F35-39	113		00:40:05	2210	02:05:20	2207	02:17:00	2203	03:09:51	2211	03:05:34	2209
1566	Nancy	Bouji	F	718	FSEN	233		00:35:52	2154	02:01:36	2201	02:15:13	2202	03:10:46	2212	03:09:29	2212
1352	Robert	Mcdonagh	M	1495	MU25	92		00:43:00	2217	02:06:37	2211	02:19:31	2211	03:15:25	2213	03:14:19	2213
323	Joanne	Forsyth	F	719	FSEN	234		00:46:02	2223	02:15:56	2214	02:28:00	2212	03:21:48	2214	03:18:58	2214
86	Jessica	Terry	F	720	FSEN	235		00:33:19	2062	02:03:06	2205	02:18:45	2210	03:22:37	2215	03:19:49	2215
1641	Sally	Williams	F	721	F35-39	114	Fast	00:44:15	2222	02:17:10	2215	02:29:37	2213	03:25:46	2216	03:21:07	2216
1735	Rukhsana	Nugent	F	722	F45-49	93		00:44:15	2221	02:17:10	2216	02:29:37	2214	03:25:46	2217	03:21:08	2217
184	Lesley	Young	F	723	F60-64	6	Dulwich Park Runners	00:44:06	2220	02:17:24	2217	02:29:38	2215	03:27:54	2218	03:22:52	2218
1542	Mark	Simpson	M	1496	MSEN	379		00:46:26	2224	02:22:47	2221	02:36:06	2219	03:35:54	2219	03:33:50	2221
1495	Jack	Nicol	M	1497	MU25	93		00:46:27	2225	02:22:47	2220	02:36:05	2218	03:35:54	2220	03:33:51	2222
966	Leyla	Beattie	F	724	FSEN	236		00:39:33	2205	02:18:20	2218	02:32:37	2217	03:37:27	2221	03:32:23	2220
502	Louise	Bebbington	F	725	FSEN	237		00:39:33	2204	02:18:21	2219	02:32:36	2216	03:37:28	2222	03:32:24	2220
1141	Lisa	Davidson	F	DNF	F40-44	DNF	Mersey Tri	00:27:53	1229	00:00:00	0	00:00:00	0	DNF	DNF	DNF	DNF
1178	Stephen	Allen	M	DNF	M40-44	DNF		00:29:06	1512	00:00:00	0	00:00:00	0	DNF	DNF	DNF	DNF
403	Kimberly	Duffield	F	DNF	FU25	DNF		00:36:26	2167	00:00:00	0	00:00:00	0	DNF	DNF	DNF	DNF
1917	Jo	Davies	F	DNF	F70-74	DNF		01:08:40	2226	00:00:00	0	00:00:00	0	DNF	DNF	DNF	DNF

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Results

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	5K	Position	15K	Position	10 Mile	Position	Gun Time	Position	Chip Time	Position
1855	Donna	Cox	F	DNF	F45-49	DNF		00:00:00	0	00:00:00	0	00:00:00	0	DNF	DNF	DNF	DNF
1402	Sharn	Whaites	F	DNF	F40-44	DNF	Glossopdale Harriers	00:00:00	0	00:00:00	0	00:00:00	0	DNF	DNF	DNF	DNF