

# RUNFEST WALES

5K 10K HALF MARATHON FULL MARATHON

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	Gun Time	Position	Chip Time	Position
560	Karl	Lee	M	1	MSENIOR	1	Wesham Road Runners	00:37:43	1	00:37:43	1
747	Tom	Janney	M	2	MJUNIOR	1		00:38:06	2	00:38:04	2
548	Gordon	Jones	M	3	MV55	1	Prestatyn Running Club	00:38:07	3	00:38:04	3
734	Craig	Davies	M	4	MV40	1	Deestridders RC	00:38:10	4	00:38:09	4
694	Jason	Thomas	M	5	MV40	2		00:39:41	5	00:39:39	5
719	Jonathan	Tyler	M	6	MSENIOR	2	Eryri Harriers	00:39:54	6	00:39:53	6
573	Matthew	Hurst	M	7	MSENIOR	3		00:40:06	7	00:40:00	7
547	Steve	Gadd	M	8	MV40	3		00:40:11	8	00:40:08	8
522	Neil	Lovesey	M	9	MV60	1	Bedford Harriers AC	00:40:27	9	00:40:25	9
517	Ian	Chisnall	M	10	MV40	4		00:40:54	10	00:40:32	10
570	Mike	Bayley-Sanderson	M	11	MV45	1	Northern Veterans AC	00:41:08	11	00:41:07	11
660	Dave	Newton	M	12	MV50	1	Oswestry Olympians	00:41:18	12	00:41:16	12
698	Paul	Cain	M	13	MV45	2		00:41:55	13	00:41:39	13
540	Mal	Preece	M	14	MV50	2		00:42:07	14	00:42:03	14
730	Mark	Eaton	M	15	MV45	3		00:42:15	15	00:42:11	15
537	Geraldine	Larham	F	1	FV45	1	March Athletic Club	00:42:44	16	00:42:42	16
625	Rob	Jackson	M	16	MV40	5		00:42:57	17	00:42:52	18
670	Damien	Jones	M	17	MSENIOR	4	Sale Harriers	00:43:23	18	00:43:21	20
591	Gareth	Griffiths	M	18	MSENIOR	5		00:43:34	19	00:43:13	19
708	Mark	Cowan	M	19	MV35	1		00:43:43	20	00:42:49	17
733	Gemma	Morgans	F	2	FSENIOR	1	Eryri Harriers	00:43:46	21	00:43:45	21
658	PAUL	MORRIS	M	20	MV40	6		00:43:50	22	00:43:47	22
741	Stephen	Lee	M	21	MV40	7	Royton Runners	00:44:01	23	00:43:58	23
590	samantha	dutton	F	3	FV35	1	Buckley runners	00:44:13	24	00:44:05	24
727	Matthew	Smith	M	22	MSENIOR	6	Prestatyn Running Club	00:44:17	25	00:44:13	25
553	gareth	williams	M	23	MSENIOR	7		00:44:30	26	00:44:16	26
598	Russ	Cheetham	M	24	MV45	4	Prestatyn Running Club	00:44:45	27	00:44:33	28
527	Sophie	Trueman	F	4	FSENIOR	2		00:44:46	28	00:44:41	29
666	Dave	Sculthorpe	M	25	MSENIOR	8		00:44:53	29	00:44:21	27
685	tristan	thomas	M	26	MV35	2		00:45:39	30	00:45:39	30

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637	Neil	Ridgway	M	27	MV55	2	South Cheshire harriers	00:46:06	31	00:45:56	32
720	David	Tyler	M	28	MSENIOR	9	Wrekin Road Runners	00:46:09	32	00:46:00	33
686	Colin	Hines	M	29	MSENIOR	10		00:46:12	33	00:45:56	31
619	David	Jones	M	30	MV50	3	Mysteruns of Abergele	00:46:16	34	00:46:06	34
713	Arwel	Jones	M	31	MV55	3	Prestatyn Running Club	00:46:18	35	00:46:14	36
664	Hannah	Jones	F	5	FSENIOR	3	Betsi Runaways	00:46:43	36	00:46:41	37
601	Andy	Rutherford	M	32	MV45	5		00:46:59	37	00:46:12	35
628	Andrew	Wannop	M	33	MSENIOR	11		00:47:21	38	00:46:58	38
648	Stephen	Wills	M	34	MSENIOR	12	Eryri Harriers	00:47:44	39	00:47:21	39
699	martyn	barnaby	M	35	MV40	8	Abergele Harriers	00:47:55	40	00:47:46	40
546	Colin	Davies	M	36	MV65	1	Altrincham & District AC	00:47:59	41	00:47:56	41
635	Tim	Perkins	M	37	MV45	6	Slinn Allstars	00:48:38	42	00:48:24	43
649	Robert	Sargant	M	38	MSENIOR	13	Chorlton Runners	00:48:43	43	00:48:35	45
503	Mike	Pritchard	M	39	MV45	7		00:48:50	44	00:48:06	42
579	Phillip	dunn	M	40	MSENIOR	14		00:48:55	45	00:48:33	44
665	Will	Jones	M	41	MSENIOR	15		00:49:08	46	00:48:50	46
693	Simon	Monk	M	42	MV45	8		00:49:12	47	00:49:10	49
723	Thomas	Manley	M	43	MSENIOR	16		00:49:16	48	00:49:03	47
605	Darren	Seeney	M	44	MV45	9		00:49:22	49	00:49:11	51
594	Gary	Bateman	M	45	MV45	10		00:49:28	50	00:49:06	48
653	Donna	Fisk	F	6	FV35	2		00:49:30	51	00:49:20	52
674	Ben	Roberts	M	46	MSENIOR	17	Deeside college	00:49:32	52	00:49:26	54
749	Bob	Neale	M	47	MV60	2	Denbigh Harriers	00:49:41	53	00:49:10	50
688	Craig	Taylor	M	48	MSENIOR	18		00:49:53	54	00:49:23	53
678	Mark	Blakemore	M	49	MV50	4		00:50:44	55	00:50:38	58
577	Mark	Blench	M	50	MV40	9		00:50:47	56	00:50:33	57
608	Dave	Murray	M	51	MSENIOR	19	Chorlton Runners	00:50:53	57	00:50:45	59
544	Matthew	Cooper	M	52	MSENIOR	20	Macclesfield Harriers	00:51:06	58	00:50:23	55
584	stephen	whittingham	M	53	MV50	5		00:51:07	59	00:50:24	56
514	Adrian	Mould	M	54	MV50	6	Slinn Allstars	00:51:15	60	00:51:01	63

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Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	Gun Time	Position	Chip Time	Position
633	Alex	Jones	M	55	MJUNIOR	2		00:51:22	61	00:50:51	60
662	Ross	Williams	M	56	MSENIOR	21		00:51:22	62	00:51:06	64
671	alun	davies	M	57	MV35	3		00:51:34	63	00:50:53	61
724	Sue	RODGERS	F	7	FV55	1	Prestatyn Running Club	00:51:37	64	00:51:01	62
581	Thomas	Burke	M	58	MSENIOR	22		00:51:46	65	00:51:29	65
700	Stephen	Spence	M	59	MV55	4	Wrexham AC	00:51:48	66	00:51:38	66
746	Seb	Janney	M	60	MV45	11		00:52:00	67	00:51:41	67
533	paul	stagg	M	61	MV50	7		00:52:07	68	00:51:44	68
513	Caroline	Riley	F	8	FSENIOR	4	Live Life Light	00:52:13	69	00:52:07	71
743	Kathy	Evans	F	9	FV40	1	Denbigh Harriers	00:52:18	70	00:51:47	69
722	Helen	Manley	F	10	FSENIOR	5		00:52:19	71	00:52:07	72
646	Liz	Jones	F	11	FV45	2		00:52:29	72	00:52:01	70
520	Julie	Cuffin	F	12	FV40	2		00:52:35	73	00:52:18	74
521	Marc	Cuffin	M	62	MV35	4		00:52:35	74	00:52:18	75
715	Jo	Edwards	F	13	FV40	3	Prestatyn Running Club	00:52:43	75	00:52:07	73
611	Adrian	Leeming	M	63	MV45	12	Chorlton Runners	00:52:56	76	00:52:34	77
509	matthew	chard	M	64	MSENIOR	23		00:53:18	77	00:52:22	76
744	Martin	Jones	M	65	MV40	10	Denbigh Harriers	00:53:22	78	00:52:51	78
703	Lisa	Reason	F	14	FSENIOR	6		00:53:36	79	00:53:30	81
638	leah	bradshaw-williams	F	15	FSENIOR	7		00:53:38	80	00:53:29	80
539	David	Lissaman	M	66	MV45	13		00:54:00	81	00:53:27	79
669	Maria	Kaczmarek	F	16	FV35	3	Chorlton Runners	00:54:07	82	00:53:58	84
640	Chris	Collings	M	67	MSENIOR	24		00:54:29	83	00:53:45	83
589	Terry	Appleby	M	68	MV35	5		00:54:37	84	00:53:44	82
623	Gary	Evans	M	69	MV35	6		00:54:39	85	00:54:24	85
642	Rachel	Wright	F	17	FV35	4		00:55:20	86	00:55:07	87
737	Helen	Howard	F	18	FSENIOR	8		00:55:33	87	00:55:11	89
728	Ann-Marie	Roberts	F	19	FV40	4	Prestatyn Running Club	00:55:35	88	00:55:08	88
712	Sarah	Thomas	F	20	FV35	5		00:55:37	89	00:55:03	86
655	Hari	Bartlett	F	21	FV50	1		00:55:39	90	00:55:11	90

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717	bev	lovatt	F	22	FV35	6		00:55:56	91	00:55:36	94
557	Hannah	Coates	F	23	FSENIOR	9	Chorlton Runners	00:55:59	92	00:55:36	95
627	Victoria	Evans	M	70	MSENIOR	25		00:56:03	93	00:55:14	91
511	Richard	Roberts	M	71	MSENIOR	26		00:56:05	94	00:55:17	92
696	Liz	Plant	F	24	FSENIOR	10		00:56:08	95	00:55:38	96
681	Shane	Davies	M	72	MSENIOR	27		00:56:08	96	00:55:18	93
558	Rebecca	Elliott	F	25	FJUNIOR	1		00:56:37	97	00:56:31	100
657	mark	ryder	M	73	MV55	5		00:56:46	98	00:56:05	97
600	Mark	Parry	M	74	MV45	14		00:56:47	99	00:56:06	98
580	Macauley	Ross	M	75	MJUNIOR	3		00:56:54	100	00:56:19	99
652	Michael	Bolton	M	76	MV50	8		00:57:31	101	00:56:47	102
651	Andy	Bolton	M	77	MV40	11		00:57:31	102	00:56:47	101
534	Olwen	Stagg	F	26	FSENIOR	11		00:57:38	103	00:57:15	104
645	emma	renwick	F	27	FV35	7		00:57:41	104	00:57:33	109
751	Lee	Blackwell	M	78	MV35	7		00:57:50	105	00:57:10	103
711	Malcolm	Haines	M	79	MV55	6		00:57:54	106	00:57:35	110
726	Sian	Rogers	F	28	FV40	5		00:57:57	107	00:57:23	107
682	Aneira	Jones	F	29	FSENIOR	12		00:57:57	108	00:57:22	106
620	Julie	Jones	F	30	FV45	3		00:57:57	109	00:57:23	108
630	Garry	Ellis	M	80	MV40	12		00:58:09	110	00:57:20	105
618	Steven	Evans	M	81	MV50	9		00:58:16	111	00:57:53	112
523	Beverley	Thomas	F	31	FV35	8	Chorlton Runners	00:58:27	112	00:57:53	113
585	Karra	Jones	F	32	FSENIOR	13		00:58:27	113	00:57:40	111
704	caroline	jones	F	33	FV50	2	Prestatyn Running Club	00:58:43	114	00:58:08	116
571	paul	norris	M	82	MV40	13		00:58:49	115	00:58:06	114
576	Peter	Ward	M	83	MV55	7		00:58:51	116	00:58:16	117
742	Fiona	Macintosh	F	34	FV45	4		00:58:53	117	00:58:08	115
582	Vivien	Black	F	35	FV40	6		00:59:00	118	00:58:41	118
644	Neil	Sailes	M	84	MV35	8		00:59:06	119	00:58:52	122
643	Susan	Colledge	F	36	FSENIOR	14		00:59:07	120	00:58:54	123

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Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	Gun Time	Position	Chip Time	Position
639	Melissa	Jones	F	37	FSENIOR	15		00:59:20	121	00:58:59	125
626	Insley	Hyndman	F	38	FV35	9		00:59:25	122	00:58:52	120
525	Suzi	Smith	F	39	FSENIOR	16		00:59:33	123	00:58:51	119
572	Darren	Cooper	M	85	MV40	14		00:59:35	124	00:58:52	121
545	Neil	Cooper	M	86	MV45	15		00:59:37	125	00:59:18	128
632	Gavin	Preece	M	87	MSENIOR	28		00:59:40	126	00:59:03	126
654	mark	o'neill	M	88	MV45	16		00:59:41	127	00:59:11	127
578	stephen	Dunn	M	89	MV55	8		00:59:44	128	00:59:22	130
501	andrew	massey	M	90	MV50	10		00:59:44	129	00:58:59	124
621	Alex	Scargill	M	91	MSENIOR	29		00:59:47	130	00:59:24	131
721	Debs	Gardner	F	40	FV45	5	Birkenhead AC	00:59:51	131	00:59:33	133
738	Ynyr	Roberts	M	92	MSENIOR	30		01:00:00	132	00:59:20	129
604	JACQUELINE	Seeney	F	41	FV50	3		01:00:11	133	00:59:59	136
690	Paul	Bedford	M	93	MV50	11		01:00:11	134	00:59:29	132
750	Ron	Birch	M	94	MV75	1	Denbigh Harriers	01:00:20	135	00:59:48	134
701	Josie	Davies	F	42	FV50	4	North Wales Road Runners	01:00:29	136	00:59:54	135
707	Karl	Bilby	M	95	MV40	15		01:00:36	137	01:00:20	140
597	James	Turner	M	96	MV35	9		01:00:46	138	01:00:13	137
683	Neil	jones	M	97	MV35	10		01:00:47	139	01:00:13	138
714	Clair	Tonks	F	43	FV35	10		01:00:49	140	01:00:15	139
552	Alex	Lunt	F	44	FSENIOR	17		01:01:08	141	01:00:55	142
661	Kelly	Spence	F	45	FSENIOR	18	Wrekin Road Runners	01:01:27	142	01:01:17	145
692	Clare	Manley	F	46	FV40	7	Prestatyn Running Club	01:01:30	143	01:00:54	141
656	Kim	Cunningham	F	47	FSENIOR	19		01:01:44	144	01:01:16	144
736	Adele	Fox-Byrne	F	48	FSENIOR	20		01:01:52	145	01:01:14	143
510	Nicola	Dolman	F	49	FV40	8	Slinn Allstars	01:02:10	146	01:01:44	146
745	Joanna	Foreman	F	50	FSENIOR	21		01:02:25	147	01:02:16	148
673	Rhian	Jones	F	51	FSENIOR	22		01:02:55	148	01:02:41	151
672	Bryn	Jones	M	98	MSENIOR	31		01:02:56	149	01:02:41	152
588	Raye	Phillips	F	52	FV40	9		01:03:10	150	01:02:15	147

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659	Sarah	Kelly	F	53	FSENIOR	23	Chorlton Runners	01:03:10	151	01:02:49	153
687	Bethan	Jones	F	54	FJUNIOR	2		01:03:12	152	01:02:40	150
684	Robyn	Jones	M	99	MV50	12		01:03:12	153	01:02:40	149
636	Adele	Perkins	M	100	MV50	13	Slinn Allstars	01:03:22	154	01:02:57	155
667	Rachel	Douglas	F	55	FSENIOR	24		01:03:26	155	01:02:54	154
541	Tom	Perrin	M	101	MSENIOR	32		01:03:41	156	01:03:17	161
677	Tina	Blakemore	F	56	FV50	5		01:03:42	157	01:03:34	164
675	Sue	Francom	F	57	FV55	2		01:03:44	158	01:03:36	165
529	Kevin	Goodwin	M	102	MSENIOR	33		01:03:49	159	01:03:03	156
530	Krystyna	Niemczuk	F	58	FSENIOR	25		01:03:51	160	01:03:21	162
732	Stacey	George	F	59	FSENIOR	26		01:03:54	161	01:03:14	158
731	Martyn	Parker	M	103	MSENIOR	34		01:03:56	162	01:03:16	159
725	thomas	hulbert	M	104	MSENIOR	35		01:03:56	163	01:03:16	160
616	kelly	jones	F	60	FV35	11		01:03:57	164	01:03:47	166
602	Vicky	Jones	F	61	FV35	12		01:03:58	165	01:03:50	167
718	John	Dickson	M	105	MV60	3		01:04:03	166	01:03:13	157
562	mark	mason	M	106	MV60	4		01:04:21	167	01:03:33	163
549	Steve	Cooke	M	107	MV55	9		01:04:41	168	01:04:23	170
612	Sara	Henry	F	62	FV40	10	Chorlton Runners	01:04:53	169	01:04:20	169
740	Lindsay	Lloyd	F	63	FSENIOR	27		01:04:56	170	01:04:01	168
508	Clare	Jones	F	64	FV50	6		01:05:04	171	01:04:38	171
587	Ann	Jones	M	108	MV65	2		01:05:05	172	01:04:39	173
512	Nigel	Jones	M	109	MSENIOR	36		01:05:05	173	01:04:39	172
735	Julie	Johnson	F	65	FV40	11		01:05:32	174	01:04:45	174
565	Tania	Silva Marin	F	66	FV35	13		01:05:32	175	01:05:13	175
748	Sharon	Hughes	F	67	FV45	6		01:06:17	176	01:06:09	178
596	Joanna	England	F	68	FSENIOR	28		01:06:39	177	01:06:06	177
702	Zoe	Barnes	F	69	FSENIOR	29		01:06:46	178	01:05:59	176
551	Leanne	Griffiths	F	70	FV35	14		01:06:46	179	01:06:18	180
531	Amanda	Snelson	F	71	FV40	12		01:07:04	180	01:06:16	179

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663	Mike	Snelson	M	110	MV65	3		01:07:04	181	01:06:19	181
506	Rachael	Bickerton	F	72	FSENIOR	30		01:07:27	182	01:07:22	184
647	Elinor	Jones	F	73	FJUNIOR	3		01:07:29	183	01:07:00	182
729	Sian	Clayton	F	74	FV35	15		01:07:33	184	01:07:04	183
716	Caroline	Owen	F	75	FV35	16	Winston Runners	01:07:53	185	01:07:27	185
507	Tracey	McCormick	F	76	FV45	7		01:08:08	186	01:07:55	189
691	Gerry	Fairhurst	M	111	MV55	10		01:08:17	187	01:07:49	187
526	Helen	Jones	F	77	FV45	8		01:08:32	188	01:07:49	188
515	Andrew	Mason	M	112	MSENIOR	37		01:08:33	189	01:07:44	186
710	Gareth	Sandham	M	113	MV35	11		01:09:02	190	01:08:11	190
709	Louise	Sandham	F	78	FSENIOR	31		01:09:02	191	01:08:11	191
629	Jo	Tilson	F	79	FV40	13		01:09:30	192	01:08:39	192
739	Sioned	Roberts	F	80	FSENIOR	32		01:09:50	193	01:09:11	193
641	Denise	Albutt	F	81	FV60	1		01:10:01	194	01:09:57	194
595	Trish	Kelly	F	82	FV60	2	Chorlton Runners	01:10:32	195	01:10:11	195
561	Janette	Greenhalgh	F	83	FV50	7		01:11:02	196	01:10:41	196
502	Steph	Mainstone	F	84	FV40	14		01:11:10	197	01:11:04	199
752	Vikki	Jackson	F	85	FV40	15		01:11:10	198	01:11:04	200
754	Rachel	Whitelegg	F	86	FV40	16	winston runners	01:11:10	199	01:10:44	197
532	Vanessa	Sargent	F	87	FJUNIOR	4	Team John	01:11:46	200	01:10:59	198
592	Caroline	hamlin	F	88	FV35	17		01:12:48	201	01:12:08	201
680	Rob	Stewart	M	114	MV40	16		01:13:26	202	01:12:48	203
753	Michelle	Lindfield	F	89	FV40	17		01:13:26	203	01:12:49	205
634	Cheryl	Stewart	F	90	FV40	18		01:13:27	204	01:12:48	204
554	Glen	Williams	F	91	FV55	3		01:13:37	205	01:12:46	202
603	annette	fairclough	F	92	FV55	4	winston runners	01:13:46	206	01:13:19	206
575	Gareth	Davies	M	115	MSENIOR	38		01:15:04	207	01:14:26	207
583	Kristi	Chesterton	F	93	FSENIOR	33		01:15:06	208	01:14:48	208
593	Amanda	Benson	F	94	FV45	9	chorlton runners	01:15:59	209	01:15:20	209
705	Stephanie	Wise	F	95	FV45	10	Chorlton Runners	01:16:00	210	01:15:20	210

# RUNFEST WALES

5K 10K HALF MARATHON FULL MARATHON

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Club	Gun Time	Position	Chip Time	Position
555	Eluned	Yaxley	F	96	FV40	19		01:17:20	211	01:16:28	211
574	Jemma	Davies	F	97	FSENIOR	34		01:17:39	212	01:17:00	214
519	Neil	Marshall	M	116	MV35	12		01:17:45	213	01:16:51	212
518	Tracy	Marshall	F	98	FV35	18		01:17:45	214	01:16:52	213
542	Kristy	Faulkner	F	99	FSENIOR	35		01:19:00	215	01:18:12	215
586	Hayley	Arrowsmith	F	100	FSENIOR	36		01:19:06	216	01:19:02	216
505	Dawn	Shoemark	F	101	FV55	5	Slinn Allstars	01:20:28	217	01:20:02	217
568	Kathy	Ling	F	102	FV70	1	Wrekin Road Runners	01:22:11	218	01:21:46	218
536	Lizzie`	Taylor	F	103	FSENIOR	37		01:22:11	219	01:21:53	219
695	Jayne	Langlands	F	104	FV35	19	Chorlton runners	01:23:37	220	01:23:01	222
614	Nigel	Roberts	M	117	MV35	13	Falmouth Road Runners	01:23:55	221	01:22:57	221
615	Tegan	Harris	F	105	FSENIOR	38		01:23:55	222	01:22:57	220
631	Norman	Grundy	M	118	MV70	1	Birkenhead AC	01:24:25	223	01:23:40	223
622	Claudia	Orrego	F	106	FV45	11	Choral ton Runners	01:25:37	224	01:25:01	224
697	Jill	Williams	F	107	FV60	3		01:27:12	225	01:26:14	225
689	Carol	Bird	F	108	FV55	6	Chorlton Runners	01:32:43	226	01:32:05	226
624	Nicky	Anning	F	109	FV50	8	Slinn Allstars	01:32:49	227	01:32:21	227
504	Holly	james	F	110	FSENIOR	39	Slinn Allstars	01:32:54	228	01:32:26	228
613	Jess	Dodd	F	111	FJUNIOR	5	Chorlton Runners	01:43:25	229	01:42:50	229