

Bib	Forename	Surname	Gender	Pos	Category	Pos	Club	Gun Time	Pos	Chip Time
650	Martin	Green	Male	1.	Male 40-44	1.	North Wales Road Runners	1:18:15,22	1.	1:18:15,17
641	Daryl	Smallwood	Male	2.	Male 21-34	1.	Newcastle Staffs Ac	1:22:42,53	2.	1:22:41,59
558	Andrew	Baker	Male	3.	Male 40-44	2.		1:30:03,52	3.	1:30:02,29
644	Stuart	Jones	Male	4.	Male 21-34	2.	Pensby Runners	1:31:07,94	4.	1:31:00,84
653	Stephen	Coleman	Male	5.	Male 55-59	1.	Fyde Coast Runners	1:32:10,78	5.	1:32:09,98
604	Nick	Hayes	Male	6.	Male 45-49	1.		1:34:04,71	6.	1:34:02,47
543	Paul	Thomas	Male	7.	Male 55-59	2.	Maldwyn Harriers	1:34:28,73	7.	1:34:27,15
665	Norman	Hayhurst	Male	8.	Male 55-59	3.		1:34:48,66	8.	1:34:45,32
667	Stephen	Jolley	Male	9.	Male 50-54	1.		1:35:36,53	9.	1:35:34,95
634	Damon	John	Male	10.	Male 21-34	3.		1:36:34,82	10.	1:36:20,34
648	Karl	Priddin	Male	11.	Male 45-49	2.	Thunder Runners	1:37:21,79	11.	1:37:14,03
658	Stuart	Culverhouse	Male	12.	Male 45-49	3.	Nwrrc	1:37:35,38	12.	1:37:30,20
662	Mat	Jones	Male	13.	Male 50-54	2.	Denigh Harriers	1:37:42,60	13.	1:37:31,35
643	Ben	Morris	Male	14.	Male 45-49	4.		1:39:26,36	14.	1:39:24,38
632	Anya	Lawrence	Female	1.	Female 12-20	1.	Birchfield Harriers	1:39:31,50	15.	1:39:29,92
619	Neil	Beckett	Male	15.	Male 40-44	3.	Uts Running Club	1:39:42,06	16.	1:39:33,65
618	Christian	Leigh	Male	16.	Male 45-49	5.		1:39:55,01	17.	1:39:35,95
591	Ben	Simon	Male	17.	Male 21-34	4.		1:42:22,61	18.	1:42:20,12
611	Shaun	Rees	Male	18.	Male 21-34	5.		1:42:45,66	19.	1:42:41,59
508	Barry	Smith	Male	19.	Male 35-39	1.	Cybi Striders	1:43:11,65	20.	1:43:05,91
562	Robert	Meacock	Male	20.	Male 21-34	6.		1:43:29,09	21.	1:43:22,37
539	Jack	Davies	Male	21.	Male 70-74	1.	Forfar Road Runners	1:43:37,34	22.	1:43:31,75
501	Emma	Holder	Female	2.	Female 45-49	1.	Eastbourne Rovers Ac	1:43:38,23	23.	1:43:35,40
652	Lee	Brown	Male	22.	Male 35-39	2.		1:43:44,59	24.	1:43:18,96
639	Karl	Wainwright	Male	23.	Male 35-39	3.		1:44:14,26	25.	1:43:59,26
587	Asif	Dar	Male	24.	Male 40-44	4.		1:44:42,75	26.	1:44:19,61
630	James	Dippnall	Male	25.	Male 60-64	1.		1:44:47,06	27.	1:44:42,27
638	Noel	Williams	Male	26.	Male 40-44	5.		1:45:06,12	28.	1:44:55,60
600	Tracy	Aldridge-Jones	Female	3.	Female 40-44	1.		1:45:29,40	29.	1:45:16,80
631	Richard	Plunkett	Male	27.	Male 55-59	4.	Acre Street Runners	1:45:53,93	30.	1:45:36,22
661	Shaun	Hinchy	Male	28.	Male 50-54	3.		1:46:25,23	31.	1:46:02,52
657	Chris	Howard	Male	29.	Male 35-39	4.		1:46:43,90	32.	1:46:36,68
561	Simon	Geoghegan	Male	30.	Male 21-34	7.		1:47:03,87	33.	1:46:37,34

586	Steven	Owen	Male	31.	Male 35-39	5.	Gog Triathlon	1:49:45,50	34.	1:49:30,26
635	Manon	Wilkinson	Female	4.	Female 21-34	1.	Eryri Harriers	1:50:16,14	35.	1:50:07,54
550	Lesley	Leeds	Female	5.	Female 40-44	2.		1:50:19,96	36.	1:50:11,19
663	Glen	Urquhart	Male	32.	Male 21-34	8.		1:50:36,82	37.	1:50:24,82
573	David	Winterbot	Male	33.	Male 40-44	6.		1:50:38,76	38.	1:50:10,83
515	Kurt	Hubbard	Male	34.	Male 45-49	6.		1:50:45,56	39.	1:50:35,62
610	Daniel	Edmunds	Male	35.	Male 35-39	6.		1:50:53,96	40.	1:50:47,05
649	Peter	Moville	Male	36.	Male 55-59	5.	Sthelens Striders	1:51:25,54	41.	1:50:46,59
506	Maurice	Hill	Male	37.	Male 40-44	7.		1:52:13,88	42.	1:52:06,38
640	Anthony	Wilcock	Male	38.	Male 21-34	9.	Lostock Ac	1:53:17,20	43.	1:52:49,78
616	Heather	Fras	Female	6.	Female 35-39	1.	Shropshire Shufflers	1:53:27,46	44.	1:53:20,87
615	Niki	Wilkinson	Female	7.	Female 21-34	2.	Shropshire Shufflers	1:53:27,74	45.	1:53:20,63
660	Paul	Stronge	Male	39.	Male 55-59	6.		1:53:31,23	46.	1:53:23,09
544	Richard	Walker	Male	40.	Male 50-54	4.	Rhedwyr Hebog	1:53:38,01	47.	1:53:31,43
645	Russell	Davies	Male	41.	Male 40-44	8.		1:54:08,14	48.	1:53:47,52
529	Bruce	Pittman	Male	42.	Male 40-44	9.		1:54:08,73	49.	1:53:50,25
585	Sion	Jones	Male	43.	Male 21-34	10.		1:54:19,76	50.	1:54:07,88
557	David	Meehan	Male	44.	Male 35-39	7.		1:54:31,17	51.	1:54:28,38
598	Avril	Clark	Female	8.	Female 12-20	2.		1:54:36,41	52.	1:54:21,05
540	Brian	Williams	Male	45.	Male 65-69	1.	Ellesmere Port Running Club	1:54:37,66	53.	1:54:34,44
628	Vikki	Courtman	Female	9.	Female 21-34	3.		1:54:58,49	54.	1:54:41,23
633	Steven	Andrews	Male	46.	Male 45-49	7.	Barnsley's Harriers	1:55:05,32	55.	1:55:01,32
541	Laura	Dowdeswe	Female	10.	Female 35-39	2.	Ellesmer Port Running Club	1:55:24,78	56.	1:55:21,35
576	Iwan	Evans	Male	47.	Male 21-34	11.		1:55:28,59	57.	1:55:12,22
621	Danny	Curtis	Male	48.	Male 40-44	10.		1:55:45,00	58.	1:55:15,74
666	Lynne	Kenyon	Female	11.	Female 50-54	1.	Red Rose Runners	1:56:12,10	59.	1:56:08,38
546	Yoichi	Sawada	Male	49.	Male 55-59	7.		1:56:20,38	60.	1:56:01,80
574	Ian	Jones	Male	50.	Male 55-59	8.	Denbigh Harriers	1:56:31,55	61.	1:56:19,20
584	Richard	Layfield	Male	51.	Male 21-34	12.		1:57:09,36	62.	1:56:58,27
646	David	Casey	Male	52.	Male 45-49	8.		1:58:26,28	63.	1:58:04,11
627	Beth	Hewitt	Female	12.	Female 21-34	4.		1:58:34,64	64.	1:58:17,85
514	Nia	Evans	Female	13.	Female 40-44	3.	Meirionnydd	1:58:41,14	65.	1:58:28,68
538	Bethan Wy	Roberts	Female	14.	Female 45-49	2.		1:58:42,11	66.	1:58:33,23
549	Katy	West	Female	15.	Female 35-39	3.		2:00:04,40	67.	1:59:55,95

602	Douglas	Graham	Male	53.	Male 40-44	11.		2:00:23,22	68.	2:00:17,02
637	Alan	Owen	Male	54.	Male 45-49	9.		2:00:27,80	69.	2:00:08,55
651	Dean	Shafto	Male	55.	Male 35-39	8.		2:00:37,05	70.	2:00:13,25
570	Paul	White	Male	56.	Male 40-44	12.		2:02:30,62	71.	2:02:08,66
608	Beverley	Ward	Female	16.	Female 55-59	1.	West Bromwich Harriers	2:02:36,68	72.	2:02:26,93
520	Nikki	Adams	Female	17.	Female 45-49	3.		2:03:09,17	73.	2:02:40,75
578	Barry	Stanfield	Male	57.	Male 45-49	10.		2:04:23,63	74.	2:04:09,73
556	Jayne	Jones	Female	18.	Female 50-54	2.		2:04:32,61	75.	2:04:28,45
525	Annes	Williams	Female	19.	Female 21-34	5.		2:05:07,40	76.	2:04:49,46
629	Charlotte	Davies	Female	20.	Female 21-34	6.		2:06:26,15	77.	2:06:23,90
607	Hayley	Batley	Female	21.	Female 35-39	4.		2:08:20,82	78.	2:08:00,72
513	Mark	Rothero	Male	58.	Male 45-49	11.	Penyffordd Run Club	2:09:00,72	79.	2:08:51,04
588	Harry	Walker	Male	59.	Male 55-59	9.		2:09:20,34	80.	2:08:55,81
509	Stephen X	Newell	Male	60.	Male 55-59	10.	Shropshire Shufflers	2:09:56,89	81.	2:09:26,53
518	Emily	Burgess	Female	22.	Female 35-39	5.		2:10:02,28	82.	2:09:33,89
536	Heather	Pearson	Female	23.	Female 21-34	7.		2:10:21,93	83.	2:10:07,98
566	Dan	Lloyd	Male	61.	Male 40-44	13.		2:10:36,33	84.	2:10:26,96
569	David	Smithson	Male	62.	Male 70-74	2.		2:10:47,53	85.	2:10:21,64
532	Michael	Cogher	Male	63.	Male 50-54	5.		2:11:21,21	86.	2:11:13,51
603	Ben	Evans	Male	64.	Male 21-34	13.		2:11:29,10	87.	2:11:04,01
625	Andrea	Drameh	Female	24.	Female 45-49	4.		2:11:47,50	88.	2:11:24,15
654	Angharad	Fletcher	Female	25.	Female 40-44	4.	Chester Road Runners	2:11:54,11	89.	2:11:49,59
655	Barry	Standen	Male	65.	Male 45-49	12.		2:11:55,35	90.	2:11:49,98
647	Luke	Jones	Male	66.	Male 21-34	14.		2:12:43,34	91.	2:12:28,09
575	Robert	Parry	Male	67.	Male 45-49	13.	Denbigh Harriers	2:13:05,29	92.	2:12:52,44
571	Dean	Maher	Male	68.	Male 40-44	14.		2:14:12,30	93.	2:13:49,96
594	Rupert	Leslie	Male	69.	Male 35-39	9.		2:14:12,52	94.	2:14:01,93
526	Keelan	Woodhouse	Male	70.	Male 21-34	15.		2:15:50,33	95.	2:15:20,76
622	Georgina	Lacey	Female	26.	Female 21-34	8.		2:16:05,81	96.	2:15:40,33
656	Edward	Corcoran	Male	71.		1.		2:16:15,66	97.	2:15:51,73
623	Denise	Brien	Female	27.	Female 45-49	5.		2:16:26,98	98.	2:16:03,58
545	Gary	Fortune	Male	72.	Male 21-34	16.		2:16:45,61	99.	2:16:39,66
589	John	Urquhart	Male	73.	Male 40-44	15.		2:16:48,35	100.	2:16:27,72
624	Donna	Bullivant-E	Female	28.	Female 35-39	6.		2:16:52,07	101.	2:16:25,47

593	Emma	Hughes-Ma	Female	29.	Female 45-49	6.	Gog	2:16:59,51	102.	2:16:35,05
659	Ryan	Penny	Male	74.	Male 21-34	17.		2:17:21,01	103.	2:16:56,49
613	Yit-Fong	Chan	Male	75.	Male 35-39	10.		2:17:54,19	104.	2:17:28,97
537	Rosie	Pearson	Female	30.	Female 21-34	9.		2:17:57,35	105.	2:17:43,77
563	Michael	Crawshaw	Male	76.	Male 21-34	18.		2:18:05,23	106.	2:17:39,21
568	Karen	Dalzell	Female	31.	Female 50-54	3.		2:19:19,40	107.	2:18:52,15
517	Helen	Jones	Female	32.	Female 50-54	4.	Meirionnydd	2:19:39,73	108.	2:19:26,66
555	Colin	Richardson	Male	77.	Male 45-49	14.		2:20:38,21	109.	2:20:21,37
534	Kevin	Hayward	Male	78.	Male 60-64	2.		2:20:47,60	110.	2:20:31,39
596	Lynn	Jones	Female	33.	Female 40-44	5.		2:21:48,52	111.	2:21:26,55
530	Cheryl	Thompson	Female	34.	Female 50-54	5.		2:22:33,06	112.	2:22:16,97
642	Alex	Elliot	Male	79.	Male 21-34	19.		2:22:36,22	113.	2:22:23,00
595	Mo	Lewis	Female	35.	Female 35-39	7.		2:22:39,83	114.	2:22:18,01
567	Paul	Attridge	Male	80.	Male 50-54	6.		2:23:04,86	115.	2:22:45,62
553	Charlotte	Edwards	Female	36.	Female 35-39	8.		2:23:19,69	116.	2:23:09,69
605	Laura	Cogswell	Female	37.	Female 35-39	9.		2:24:01,78	117.	2:23:34,19
524	Laura	Birch	Female	38.	Female 40-44	6.	Shropshire Shufflers	2:25:08,96	118.	2:24:48,48
522	Debbie	Armstrong	Female	39.	Female 35-39	10.	Shropshire Shufflers	2:25:09,12	119.	2:24:49,08
554	Donna	Richardson	Female	40.	Female 35-39	11.		2:27:35,01	120.	2:27:17,82
606	Roy	Jardine	Male	81.	Male 70-74	3.	Eryri	2:29:32,08	121.	2:29:26,86
577	Liz	Conroy	Female	41.	Female 40-44	7.		2:29:36,28	122.	2:29:22,34
528	Les	Mouldsdale	Male	82.	Male 55-59	11.		2:30:01,29	123.	2:29:43,45
521	Rachel	Turner	Female	42.	Female 45-49	7.	Shropshire Shufflers	2:30:18,07	124.	2:29:58,12
559	Cathy	Wood	Female	43.	Female 50-54	6.		2:30:23,20	125.	2:29:55,49
612	Paul	Houlding	Male	83.	Male 50-54	7.		2:34:48,51	126.	2:34:18,35
552	Katherine	Hollywood	Female	44.	Female 35-39	12.		2:35:46,78	127.	2:35:36,06
564	Tessa	Crawshaw	Female	45.	Female 35-39	13.		2:36:21,68	128.	2:35:55,00
626	Lie	Drameh	Male	84.	Male 50-54	8.		2:36:59,71	129.	2:36:35,61
519	Barb	Ennis	Female	46.	Female 65-69	1.		2:37:38,94	130.	2:37:10,66
601	Caroline	Whitehorn	Female	47.	Female 40-44	8.	Shrewton Running Club	2:38:42,56	131.	2:38:19,68
500	Lucy	Holder	Female	48.	Female 21-34	10.		2:45:24,74	132.	2:45:16,06
510	Violet	Bedwell-Cl	Female	49.	Female 21-34	11.		2:49:53,36	133.	2:49:35,78
572	Rita	Banks	Female	50.	Female 75-79	1.	Stone Master Marathoners	3:00:03,52	134.	2:59:46,79
599	Tina	Owen	Female	51.	Female 50-54	7.		3:08:34,55	135.	3:08:13,37

581	Gwenda	Marshall	Female	52.	Female 60-64	1.	Fylde Coast Runners	3:10:10,59	136.	3:09:55,52
583	Ann	Pugsley	Female	53.	Female 60-64	2.		3:10:11,75	137.	3:09:56,89
580	Jon	Barlow	Male	85.		2.		3:15:59,32	138.	3:15:47,80
579	William	Dunne	Male	86.	Male 12-20	1.		3:15:59,45	139.	3:15:48,26
Assisted										
664	Steve	Hughes	Male	1	Male 50-54	1	Lancaster Runners	1:17:40,11	1	1:17:35,02