

FLINTSHIRE 10k - 2019

Bib	Forename	Surname	Gender	Pos	Category	Pos	Club	Gun Time	Chip Time
841	Jon	Bowie	Male	1.	Male 40-44	1.	Telford Ac	0:31:54,00	0:31:51,00
1024	Tom	Roberts	Male	2.	Male 21-34	1.	Team North Wales	0:31:56,23	0:31:55,37
954	Matt	Costello	Male	3.	Male 35-39	1.	Telford Ac	0:32:56,35	0:32:55,43
1027	Steven	Hayes	Male	4.	Male 40-44	2.	Team North Wales	0:32:57,95	0:32:56,65
1025	Phil	Pumford	Male	5.	Male 35-39	2.	Team North Wales	0:33:13,13	0:33:11,61
1023	Edd	Flynn	Male	6.	Male 21-34	2.	Team North Wales	0:33:13,89	0:33:12,71
911	Paul	Jones	Male	7.	Male 45-49	1.	Shrewsbury Ac	0:33:23,90	0:33:23,04
663	Scott	Nixon	Male	8.	Male 21-34	3.	Ellesmere Port Running Club	0:34:18,24	0:34:17,02
574	Kevin	Asplet	Male	9.	Male 35-39	3.		0:34:54,65	0:34:53,29
1026	Gwion	Roberts	Male	10.	Male 21-34	4.	Team North Wales	0:34:55,78	0:34:54,26
950	Richard	Mckenna	Male	11.	Male 40-44	3.	Shrewsbury Ac	0:34:57,88	0:34:56,59
900	Jake	Milovsorov	Male	12.	Male 21-34	5.	Shrewsbury Athletics Club	0:35:42,12	0:35:41,14
818	Lucy	Marland	Female	1.	Female 21-	1.	Cardiff Aac	0:35:44,00	0:35:40,00
510	Gareth	Moyle	Male	13.	Male 35-39	4.		0:36:44,67	0:36:42,80
572	Darren	Blazier	Male	14.	Male 45-49	2.	Abergele Harriers	0:37:41,01	0:37:38,93
437	Andrew	Jones	Male	15.	Male 40-44	4.	Wrexham Aac	0:38:08,05	0:38:05,37
557	Gary	Bergin	Male	16.	Male 50-54	1.	Northern Masters A.c	0:38:41,35	0:38:38,24
1051	Nick	Jones	Male	17.	Male 35-39	5.	Lonely Goat Running Club	0:39:02,34	0:38:57,89
746	Warren	Moorfield	Male	18.	Male 50-54	2.	Wigan Phoenix	0:39:16,95	0:39:15,13
550	Padraig Jos	Goggin	Male	19.	Male 21-34	6.		0:40:09,68	0:40:02,67
1033	Elliw	Haf	Female	2.	Female 21-	2.	Team North Wales	0:40:12,58	0:40:10,32
919	David	Griffith	Male	20.	Male 45-49	3.	Gog Triathlon	0:40:52,29	0:40:49,98
431	Amy	Jones	Female	3.	Female 35-	1.		0:40:56,50	0:40:55,06
1002	Wells	Jones	Male	21.	Male 45-49	4.		0:41:02,85	0:40:54,03
1049	Daniel	Jones	Male	22.	Male 21-34	7.	Denbigh Harriers	0:41:05,98	0:40:58,96
1020	Garry	Jerman	Male	23.	Male 50-54	3.		0:41:06,72	0:41:03,52
564	Sion	Williams	Male	24.	Male 50-54	4.		0:41:10,94	0:41:01,12
1031	Jen	Adams	Female	4.	Female 35-	2.	Team North Wales	0:41:16,27	0:41:13,68
410	Jamie	Graham	Male	25.	Male 21-34	8.	Cannock & Stafford Ac	0:41:18,35	0:41:16,10
629	Mark	Bennett	Male	26.	Male 40-44	5.		0:41:21,47	0:41:16,63
717	Will	Evans	Male	27.	Male 35-39	6.		0:41:46,36	0:41:39,47

1015	David	Williams	Male	28.	Male 40-44	6.		0:41:50,98	0:41:44,71
1013	Tim	Hargreaves	Male	29.	Male 50-54	5.	Buckley Runners	0:41:53,15	0:41:49,99
643	Stuart	Culverhous	Male	30.	Male 45-49	5.	Nwrrc	0:42:17,03	0:42:11,36
921	Jemma	Brown	Female	5.	Female 35-39	3.	Shrewsbury Athletics Club	0:42:18,57	0:42:14,47
1032	Jennifer	Rambaldi	Female	6.	Female 21-24	3.	Team North Wales	0:42:22,37	0:42:19,72
678	Matt	Watkins	Male	31.	Male 35-39	7.		0:42:44,48	0:42:40,39
718	Sian	Beck	Female	7.	Female 40-44	1.	Prestatyn	0:42:44,53	0:42:41,09
637	Steve	Gadd	Male	32.	Male 45-49	6.	Denbigh Harriers	0:42:47,45	0:42:39,65
945	Jay	Jennions	Female	8.	Female 40-44	2.	Deestriders Running Club	0:42:50,66	0:42:46,57
1030	Jenny	Evans	Female	9.	Female 35-39	4.	Team North Wales	0:42:51,69	0:42:47,92
916	Annabel	Hodgson	Female	10.	Female 45-49	1.	Shropshire Shufflers	0:43:01,63	0:42:58,00
980	Nick	Chadwick	Male	33.	Male 45-49	7.		0:43:03,86	0:42:56,78
745	Karen	Moorfield	Female	11.	Female 35-39	5.	Wigan Phoenix	0:43:06,27	0:43:04,06
608	Ben	Hughes	Male	34.	Male 35-39	8.		0:43:15,93	0:43:07,49
524	Daniel	Robb	Male	35.	Male 35-39	9.		0:43:16,26	0:43:07,12
923	Billy	Reynolds	Male	36.	Male 21-24	9.		0:43:25,37	0:43:20,04
497	Luke	Crofts	Male	37.	Male 35-39	10.		0:43:27,24	0:43:24,59
438	Paul	Garstang	Male	38.	Male 55-59	1.	Gog Triathlon Club	0:43:35,96	0:43:32,63
1029	Rachel	Shipley	Female	12.	Female 21-24	4.	Team North Wales	0:43:39,06	0:43:36,84
760	Tesni	Buddug	Female	13.	Female 21-24	5.		0:43:41,42	0:43:38,09
1063	Arwel	Lewis	Male	39.	Male 60-64	1.	Eryri Harriers	0:43:41,82	0:43:37,82
793	Stephen	Coleman	Male	40.	Male 55-59	2.	Fydlle Coast Runners	0:44:01,51	0:43:59,00
456	Alison	Williams	Female	14.	Female 21-24	6.	Buckley Runners	0:44:16,33	0:44:11,12
504	Russell	Ward	Male	41.	Male 50-54	6.	Shropshire Shufflers	0:44:19,78	0:44:13,29
755	Andrew	Roberts	Male	42.	Male 50-54	7.	Gog Triathlon	0:44:24,09	0:44:19,80
1043	Craig	Davies	Male	43.	Male 35-39	11.		0:44:36,64	0:44:26,01
565	Daniel	Edmunds	Male	44.	Male 35-39	12.		0:44:57,57	0:44:48,58
942	Christine	Cammillare	Female	15.	Female 35-39	6.	Deestriders	0:45:07,39	0:44:59,67
1014	David	Dodgson	Male	45.	Male 40-44	7.		0:45:10,90	0:44:57,67
794	Melina	Morris	Female	16.	Female 45-49	2.	Denbigh Harriers	0:45:11,44	0:45:03,83
519	Michael	Williams	Male	46.	Male 45-49	8.	Chester Road Runners	0:45:11,75	0:45:03,26
1042	Richard	Jones	Male	47.	Male 40-44	8.	Penyffordd Run Club	0:45:16,90	0:45:06,32
969	Marky	Derbyshire	Male	48.	Male 35-39	13.	Deestriders	0:45:20,29	0:45:11,66
736	Chris	Dale	Male	49.	Male 40-44	9.		0:45:31,74	0:45:25,62

621	Simon	Johnson	Male	50.	Male 45-49	9.		0:45:37,25	0:45:03,67
949	Aled	Jones	Male	51.	Male 40-44	10.		0:45:38,86	0:45:30,04
988	Adam	Edwards	Male	52.	Male 35-39	14.		0:45:50,19	0:45:25,26
461	Sam	Langford	Male	53.	Male 12-20	1.	Buckley Runners	0:46:01,92	0:45:45,38
719	Chris	Speed	Male	54.	Male 35-39	15.		0:46:03,40	0:45:55,48
581	Georgina	Swire	Female	17.	Female 21-	7.		0:46:04,76	0:45:53,08
402	Karen	Jones	Female	18.	Female 45-	3.	Pensby Runners	0:46:09,65	0:45:53,50
414	John	Cooper	Male	55.	Male 45-49	10.		0:46:17,68	0:45:39,75
910	Adam	Craig	Male	56.	Male 35-39	16.		0:46:26,90	0:46:21,38
582	Terry	Bonner	Male	57.	Male 21-34	10.		0:46:33,32	0:46:21,18
952	Ross	Tutton	Male	58.	Male 40-44	11.	Pennyffordd Run Club	0:46:36,84	0:46:31,24
713	Joanne	Garzoni	Female	19.	Female 35-	7.	Thunder Runners	0:46:37,01	0:46:25,56
720	Ricky	Roberts	Male	59.	Male 50-54	8.	Mererunners	0:46:38,33	0:46:14,61
965	Des	Davies	Male	60.	Male 55-59	3.	Prestatyn Running Club	0:46:40,62	0:46:37,10
695	Patrick	Eastwood	Male	61.	Male 21-34	11.		0:46:41,06	0:46:31,76
939	Paul	Morris	Male	62.	Male 35-39	17.		0:46:42,55	0:46:40,74
1050	Emma	Nutt	Female	20.	Female 21-	8.		0:46:45,42	0:46:41,18
799	David	Griffiths	Male	63.	Male 50-54	9.	Penny Lane Striders	0:46:46,57	0:46:36,89
917	Alex	Windeler	Male	64.	Male 12-20	2.		0:46:53,16	0:46:14,36
1053	Adrian	Moss	Male	65.	Male 35-39	18.		0:46:53,23	0:46:51,23
562	Melvyn	Cole	Male	66.	Male 65-69	1.	South Cheshire Harriers	0:46:59,02	0:46:55,24
647	Gareth	Ellis	Male	67.	Male 50-54	10.		0:47:01,11	0:46:56,74
689	Deryn	Poppitt	Male	68.	Male 50-54	11.	Oswestry Olympians	0:47:01,53	0:46:47,32
710	Jimmy	Driver	Male	69.	Male 21-34	12.	Uts Run Club	0:47:09,20	0:47:02,49
996	Taryn	Robinson	Female	21.	Female 21-	9.		0:47:15,39	0:47:11,88
694	Thomas	Jones	Male	70.	Male 21-34	13.	Buckley Rc	0:47:22,72	0:47:17,44
651	Peter	Fenney	Male	71.	Male 45-49	11.		0:47:27,61	0:47:19,43
600	Andy	Clark	Male	72.	Male 50-54	12.	Prestatyn Running Club	0:47:30,81	0:47:05,66
499	Daniel	Owens	Male	73.	Male 21-34	14.	North Wales Road Runners	0:47:34,32	0:47:20,94
697	James	Watkins	Male	74.	Male 50-54	13.	Gog Triathlon	0:47:34,55	0:47:20,97
607	Jon	Mccarthy	Male	75.	Male 35-39	19.		0:47:38,44	0:47:10,37
775	Stuart	Hardcastle	Male	76.	Male 60-64	2.	Quakers Running Club	0:47:39,33	0:47:32,90
636	Tristan	Henry	Male	77.	Male 21-34	15.		0:47:45,48	0:47:20,00
785	Laura	Blackwell	Female	22.	Female 21-	10.	Buckley Runners	0:47:47,86	0:47:41,54

948	Gary	Mccullagh	Male	78.	Male 45-49 12.		0:48:07,29	0:47:57,94
563	Matthew	Allman	Male	79.	Male 21-34 16.		0:48:12,65	0:47:52,46
1048	Luke	Cookson	Male	80.	Male 12-20 3.		0:48:14,71	0:47:57,89
474	Leah	Bradshaw-\	Female	23.	Female 35- 8.		0:48:15,32	0:48:04,93
479	James	Percival	Male	81.	Male 35-39 20.		0:48:22,01	0:47:52,18
915	Stuart	Brown	Male	82.	Male 35-39 21.	Deestriders	0:48:27,08	0:48:19,56
1036	Lee	Williams	Male	83.	Male 21-34 17.	Team Aura	0:48:31,06	0:47:57,27
1047	Stephen	Cookson	Male	84.	Male 45-49 13.		0:48:35,79	0:48:18,94
1045	Fiona	Mcdonald	Female	24.	Female 21- 11.	Newcastle Uni Triathlon	0:48:37,31	0:48:29,59
469	Laura	Hudson	Female	25.	Female 45- 4.	Accrington Road Runners	0:48:40,79	0:48:36,33
781	Keith	Brown	Male	85.	Male 55-59 4.		0:48:44,26	0:48:41,28
606	David	Bailey	Male	86.	Male 45-49 14.		0:48:47,19	0:48:43,80
1012	Chris	Hird	Male	87.	Male 21-34 18.		0:48:48,29	0:48:37,52
953	Sylwester	Pietron	Male	88.	Male 21-34 19.	Deestriders	0:48:49,14	0:48:37,00
681	Steven	Astbury	Male	89.	Male 45-49 15.		0:48:55,65	0:48:38,11
609	Ricky	North	Male	90.	Male 35-39 22.		0:48:57,05	0:48:54,33
989	Tony	Forster	Male	91.	Male 35-39 23.		0:48:57,44	0:48:33,46
767	Daniel	Mapp-Jone	Male	92.	Male 21-34 20.		0:49:11,64	0:48:37,09
935	John	Owen	Male	93.	Male 50-54 14.	Deestriders	0:49:13,28	0:49:01,15
671	Matthew	Wafer	Male	94.	Male 21-34 21.		0:49:17,28	0:48:35,47
614	Gareth	Catherall	Male	95.	Male 40-44 12.		0:49:23,53	0:49:14,83
774	Gareth	Burroughes	Male	96.	Male 40-44 13.		0:49:26,36	0:49:12,98
784	Helen	Davies	Female	26.	Female 50- 1.	Widnes Wasps Ladies Running Club	0:49:26,42	0:48:58,33
536	Clive	Palmer	Male	97.	Male 55-59 5.	Stoke F.i.t.	0:49:32,83	0:49:15,34
630	Louise	Goodwin	Female	27.	Female 40- 3.	Deestriders R.c	0:49:33,80	0:49:21,00
1034	Samantha	Coffin	Female	28.	Female 21- 12.	Team Aura	0:49:37,55	0:49:03,32
626	David	Goodwin	Male	98.	Male 50-54 15.	Deestriders R. C.	0:49:57,57	0:49:45,06
668	Richard	Williams	Male	99.	Male 45-49 16.		0:49:59,38	0:49:42,79
517	Barry	Lovell	Male	100.	Male 65-69 2.		0:50:07,40	0:49:57,40
646	Callum	Williams	Male	101.	Male 21-34 22.		0:50:14,28	0:49:55,62
556	Cara	Coventry	Female	29.	Female 35- 9.	Penyffordd Run Club	0:50:17,09	0:50:11,04
428	Nick	Dolman	Male	102.	Male 21-34 23.		0:50:17,34	0:50:07,02
704	Ryan	Johnson-W	Male	103.	Male 12-20 4.		0:50:18,36	0:50:15,64
1061	John	Nugent	Male	104.	Male 45-49 17.		0:50:22,99	0:50:16,99

990	Meilir	Roberts	Female	30.	Female 12-1.		0:50:31,74	0:50:16,97
700	Ann Claire	Jones	Female	31.	Female 45-5.		0:50:32,46	0:50:29,36
644	Stephen	Thomas	Male	105.	Male 55-59 6.		0:50:33,24	0:50:21,88
554	Andy	Kilmister	Male	106.	Male 55-59 7.		0:50:36,85	0:50:16,32
904	Stephen	Davies	Male	107.	Male 60-64 3.		0:50:38,43	0:50:24,04
757	Joanne	Freeman	Female	32.	Female 45-6.	Buckley Running Club	0:50:39,93	0:50:13,56
633	Mark	Rothero	Male	108.	Male 45-49 18.	Penyffordd Run Club	0:50:41,33	0:50:17,31
707	Ian	Jones	Male	109.	Male 55-59 8.	Denbigh Harriers	0:50:44,31	0:50:29,78
648	Lee	Dickinson	Male	110.	Male 40-44 14.		0:50:52,22	0:50:28,08
920	Laurie	Griffith	Female	33.	Female 45-7.	Gog Triathlon	0:50:56,16	0:50:52,38
994	Russell	Elder	Male	111.	Male 50-54 16.		0:50:57,71	0:50:37,76
661	Stephen	Jones	Male	112.	Male 50-54 17.		0:50:58,92	0:50:49,50
588	Shaun	Terry	Male	113.	Male 45-49 19.	Deestridders	0:51:04,67	0:50:53,51
1018	Dee	Eccleston	Female	34.	Female 35-10.		0:51:08,75	0:50:45,57
652	Mark	Lawlor	Male	114.	Male 50-54 18.		0:51:08,94	0:50:41,12
977	Laura	Mckenzie	Female	35.	Female 40-4.	Betsi Runaways	0:51:24,57	0:51:15,80
532	Rhys	Ellis	Male	115.	Male 12-20 5.		0:51:25,59	0:51:08,05
715	Peter	Griffiths	Male	116.	Male 40-44 15.		0:51:27,03	0:51:18,66
1044	Richard	Burnham	Male	117.	Male 55-59 9.		0:51:28,74	0:51:12,02
1003	Jordan	Mapp-Jone	Male	118.	Male 21-34 24.		0:51:29,08	0:50:55,30
788	Paige	Gowland	Female	36.	Female 21-13.		0:51:31,18	0:51:01,74
926	Harry	Phillips	Male	119.	Male 21-34 25.		0:51:31,20	0:51:02,34
748	Stuart	Shepherd	Male	120.	Male 35-39 24.		0:51:35,77	0:51:07,44
765	Dafydd	Steele	Male	121.	Male 35-39 25.		0:51:39,92	0:51:29,92
922	Nader	Kohbodi	Male	122.	Male 21-34 26.		0:51:47,70	0:51:43,73
734	Robert	Meacock	Male	123.	Male 21-34 27.		0:51:51,16	0:51:31,98
591	David	Jackson	Male	124.	Male 21-34 28.		0:51:58,26	0:51:42,45
632	Ian	Kinnair	Male	125.	Male 50-54 19.		0:51:58,36	0:51:30,81
421	Lewis	Corbett	Male	126.	Male 45-49 20.		0:52:01,14	0:51:52,96
951	Timothy	Potter	Male	127.	Male 21-34 29.		0:52:03,45	0:51:57,48
604	Martin	Mccallion	Male	128.	Male 55-59 10.		0:52:10,18	0:51:45,56
655	Edward	Stokes	Male	129.	Male 40-44 16.		0:52:11,85	0:51:31,00
605	David	Moyle	Male	130.	Male 35-39 26.		0:52:16,65	0:51:55,34
558	Fleur	Evans	Female	37.	Female 45-8.		0:52:22,00	0:52:04,68

583	Steven	Moore	Male	131.	Male 40-44 17.		0:52:23,82 0:51:56,65
979	Ian	Hughes	Male	132.	Male 65-69 3.		0:52:24,32 0:52:14,18
505	Kevin	Williams	Male	133.	Male 40-44 18.		0:52:30,59 0:52:14,69
791	Sarah	Griffith	Female	38.	Female 21- 14.		0:52:32,20 0:52:24,98
943	Kelly	Alford	Female	39.	Female 35- 11.	North Wales Road Running Club	0:52:36,65 0:52:08,98
944	Cai Roberts	Roberts	Male	134.	Male 35-39 27.	North Wales Road Runners	0:52:37,04 0:52:09,35
624	Phil	Jones	Male	135.	Male 50-54 20.	Lonely Goat	0:52:38,70 0:52:21,21
971	Mathew	Davies	Male	136.	Male 21-34 30.		0:52:40,55 0:52:10,92
726	Helen	Meredith	Female	40.	Female 45- 9.		0:52:41,21 0:52:15,47
716	Sarah	Shaw	Female	41.	Female 35- 12.		0:52:43,85 0:52:33,14
743	Delyth	Sharples	Female	42.	Female 35- 13.		0:52:45,05 0:52:26,07
484	Louise	Wynne	Female	43.	Female 35- 14.		0:52:46,56 0:52:15,00
462	Anthony	Howells	Male	137.	Male 35-39 28.		0:52:46,82 0:52:15,43
579	Geoff	Davies	Male	138.	Male 50-54 21.		0:52:47,03 0:52:14,86
782	George	Bourne	Male	139.	Male 21-34 31.		0:52:47,54 0:52:37,28
763	Martin	Gill	Male	140.	Male 55-59 11.	Prestatyn Rc	0:52:48,28 0:52:09,01
1011	Mike	Hird	Male	141.	Male 50-54 22.		0:52:53,01 0:52:41,78
687	Michele	Lindsay	Female	44.	Female 55- 1.	Ladies Widnes Wasps	0:53:13,26 0:52:44,40
1041	Austin	Coughlan	Male	142.	Male 12-20 6.		0:53:21,28 0:52:56,08
986	Luke	Williams	Male	143.	Male 21-34 32.		0:53:22,37 0:52:57,07
722	Bethan Wyl	Roberts	Female	45.	Female 45- 10.		0:53:32,96 0:53:29,76
688	Nicola	Daley	Female	46.	Female 50- 2.	Widnes Wasps Ladies Running Club	0:53:34,35 0:53:06,06
987	Jeremy	Davies	Male	144.	Male 50-54 23.	Wrexham Aac	0:53:43,09 0:53:30,18
495	Barry	Stanfield	Male	145.	Male 45-49 21.		0:53:45,48 0:53:14,02
776	Andy	Cowden	Male	146.	Male 55-59 12.	Bere Alston Trekkers	0:53:45,92 0:53:15,08
947	Stephen	Byrne	Male	147.	Male 50-54 24.		0:53:55,42 0:53:29,28
946	Simon	Quick	Male	148.	Male 40-44 19.		0:53:55,80 0:53:32,37
506	David	Pughe	Male	149.	Male 55-59 13.		0:54:05,80 0:53:56,06
533	Nick	Burgess	Male	150.	Male 21-34 33.		0:54:13,14 0:54:07,16
792	Elick	Payne	Male	151.	Male 12-20 7.		0:54:13,62 0:53:54,38
968	Sarah	Walsh	Female	47.	Female 35- 15.		0:54:14,50 0:53:59,24
464	Mark	Davies	Male	152.	Male 21-34 34.		0:54:17,14 0:53:36,56
725	Colin	Martin	Male	153.	Male 55-59 14.		0:54:23,05 0:54:13,84
426	Helen	Moore	Female	48.	Female 50- 3.	Widnes Wasps Lrc	0:54:27,48 0:53:58,76

796	Chris	Collings	Male	154.	Male 21-34 35.		0:54:30,73	0:53:50,41
639	Sam	Kelly	Male	155.	Male 21-34 36.		0:54:31,68	0:54:13,03
585	Hayley	Scott	Female	49.	Female 21- 15.		0:54:32,85	0:53:57,07
721	Chris	Baker	Male	156.	Male 50-54 25.	Team Aura	0:54:35,65	0:54:02,57
983	Jamie	Edwards	Male	157.	Male 21-34 37.		0:54:42,42	0:54:27,96
578	Remo	Morgani	Male	158.	Male 55-59 15.	Btr Rr	0:54:44,34	0:54:16,92
773	Andrea	Thom	Female	50.	Female 45- 11.		0:54:44,80	0:54:31,83
1007	Mike	Dovaston	Male	159.	Male 40-44 20.		0:54:47,42	0:54:32,44
762	Alex	Rumney	Female	51.	Female 50- 4.	Penyffordd Running Club	0:54:50,42	0:54:29,95
747	Lynne	Hughes	Female	52.	Female 50- 5.		0:54:54,78	0:54:26,74
427	Amanda	Davies	Female	53.	Female 50- 6.		0:54:57,48	0:54:35,77
1055	Gorecka	Brygida	Female	54.	Female 21- 16.	Deestriders	0:55:05,40	0:55:05,40
960	Rachel	Worsnip	Female	55.	Female 40- 5.		0:55:06,51	0:54:40,77
569	Sam	Garbett	Male	160.	Male 21-34 38.		0:55:07,20	0:54:55,44
966	Ross	Makin	Male	161.	Male 40-44 21.		0:55:09,09	0:54:57,15
714	Clare	Blackhurst	Female	56.	Female 40- 6.		0:55:09,42	0:54:58,97
735	Sarah	Hough	Female	57.	Female 40- 7.		0:55:11,49	0:54:45,61
473	Anna	Harkness	Female	58.	Female 35- 16.		0:55:11,98	0:54:58,08
472	Katie	Clubb	Female	59.	Female 40- 8.		0:55:12,13	0:54:58,03
984	Christophe	Dyson	Male	162.	Male 21-34 39.		0:55:14,38	0:54:39,36
1058	Michael	Fitzpatrick	Male	163.	Male 40-44 22.		0:55:17,01	0:55:10,01
615	Clare	Millington	Female	60.	Female 40- 9.		0:55:18,71	0:55:03,87
549	Jon	Payne	Male	164.	Male 40-44 23.		0:55:19,41	0:55:00,11
1059	Jeremy	Jones	Male	165.	Male 50-54 26.		0:55:20,97	0:55:10,97
1005	Jess	Brough	Female	61.	Female 21- 17.		0:55:26,96	0:55:20,32
1057	Gail	Hughes	Female	62.	Female 40- 10.		0:55:32,20	0:55:21,20
635	Patrick	Finch	Male	166.	Male 21-34 40.		0:55:33,64	0:55:03,46
665	Katharine	Prestwich	Female	63.	Female 21- 18.	Prestatyn Rc	0:55:35,56	0:54:55,83
962	Andy	Hughes	Male	167.	Male 40-44 24.		0:55:36,10	0:55:26,56
940	Dean	Shafto	Male	168.	Male 35-39 29.		0:55:37,22	0:55:12,92
628	Richard	Shore	Male	169.	Male 35-39 30.		0:55:41,00	0:55:21,88
573	David	Jones	Male	170.	Male 50-54 27.		0:55:46,76	0:55:14,38
537	Steve	Pygott	Male	171.	Male 40-44 25.		0:55:46,89	0:55:38,75
1040	Lewis	Wilson	Male	172.	Male 21-34 41.		0:55:47,91	0:55:16,45

618	Huw	Selby	Male	173.	Male 35-39 31.		0:55:55,10	0:55:44,56
642	Jim	Large	Male	174.	Male 60-64 4.		0:55:57,82	0:55:39,72
902	Nigel	Blain	Male	175.	Male 35-39 32.	Penyffordd Run Club	0:55:59,28	0:55:41,52
638	Scott	Moran	Male	176.	Male 21-34 42.		0:55:59,75	0:55:41,01
592	Sian	Meirion	Female	64.	Female 45- 12.	Buckley Rc	0:56:00,14	0:55:43,17
477	Kath	Robinson	Female	65.	Female 21- 19.		0:56:08,26	0:55:39,78
740	Amy	Jones	Female	66.	Female 35- 17.		0:56:09,14	0:55:48,95
758	Rhian	Lloyd	Female	67.	Female 35- 18.		0:56:09,78	0:55:51,88
1006	Jo	Harris	Female	68.	Female 45- 13.		0:56:11,95	0:55:47,77
701	Lois	Wiegand	Female	69.	Female 40- 11.		0:56:17,38	0:56:00,46
634	David	Alcock	Male	177.	Male 50-54 28.		0:56:19,20	0:55:34,07
934	Catherine	Roberts	Female	70.	Female 45- 14.		0:56:19,20	0:55:49,23
610	Lucy	Manifold	Female	71.	Female 21- 20.		0:56:23,88	0:55:59,10
978	Lindsay	Lancaster	Female	72.	Female 40- 12.		0:56:41,45	0:56:28,73
973	Sue	Neish	Female	73.	Female 50- 7.	Aura	0:56:44,40	0:56:14,43
963	Olivia	Denman	Female	74.	Female 35- 19.		0:56:46,25	0:56:19,54
913	Rebecca	England	Female	75.	Female 40- 13.		0:56:54,87	0:56:33,90
908	David	Prytherch	Male	178.	Male 50-54 29.		0:56:59,36	0:56:54,52
653	Ed	Jones	Male	179.	Male 21-34 43.		0:57:01,82	0:56:43,76
660	Lynda	Ellis	Female	76.	Female 45- 15.		0:57:03,76	0:56:50,00
619	Paula	Jones	Female	77.	Female 35- 20.		0:57:04,75	0:56:51,23
993	Mark	Jones	Male	180.	Male 50-54 30.	Winston Runners	0:57:08,00	0:56:41,68
752	Megan	Jones	Female	78.	Female 35- 21.		0:57:09,28	0:56:32,92
580	Benn	Danson	Male	181.	Male 40-44 26.	Deestriders	0:57:11,27	0:56:59,19
975	Gwenno	Edwards	Female	79.	Female 21- 21.	Denbigh Harriers	0:57:12,59	0:56:58,13
587	Jeremy	Coughlan	Male	182.	Male 50-54 31.		0:57:12,71	0:56:36,54
1028	Catherine	Llewellyn	Female	80.	Female 55- 2.	Merthyr Rc	0:57:20,21	0:57:01,87
1008	Daniel	Dovaston	Male	183.	Male 12-20 8.		0:57:21,81	0:57:07,15
654	Sarah	Birch	Female	81.	Female 21- 22.		0:57:23,03	0:57:06,81
957	Megan	Brown	Female	82.	Female 21- 23.		0:57:23,62	0:57:08,63
567	Martin	Walsh	Male	184.	Male 35-39 33.		0:57:26,28	0:57:12,01
754	Nan	Roberts	Female	83.	Female 50- 8.	Gog Triathlon	0:57:33,48	0:57:28,61
723	David G	Hughes	Male	185.	Male 55-59 16.		0:57:45,74	0:57:33,66
650	Sharon	Scanlon	Female	84.	Female 35- 22.		0:57:52,74	0:57:42,88

543	Mark	Jones	Male	186.	Male 21-34	44.	0:57:53,46	0:57:11,47
641	Gwydion	Williams	Male	187.	Male 21-34	45.	0:57:55,85	0:57:44,29
649	Simon	Mccormick	Male	188.	Male 50-54	32.	0:57:58,69	0:57:27,09
759	Carol	Lloyd	Female	85.	Female 35-	23.	0:58:01,60	0:57:43,40
786	Robert	Prys-Owen	Male	189.	Male 65-69	4.	0:58:03,66	0:57:51,14
982	Steve	Edwards	Male	190.	Male 55-59	17.	0:58:14,64	0:58:00,43
470	Sheila	Symonds	Female	86.	Female 80+	1.	0:58:15,67	0:58:10,67
482	Adam	Kingsley-W	Male	191.	Male 40-44	27.	0:58:17,98	0:58:01,06
1019	Mike	Wilcock	Male	192.	Male 45-49	22.	0:58:18,25	0:57:59,19
415	David	Jenkins	Male	193.	Male 55-59	18.	0:58:19,19	0:58:05,23
744	Linda	Edwards	Female	87.	Female 60+	1.	0:58:21,08	0:57:37,70
728	Rachel	Jackson	Female	88.	Female 21-	24.	0:58:24,03	0:57:38,78
548	Bernard	Brown	Male	194.	Male 55-59	19.	0:58:25,55	0:57:39,90
970	Ruth	Edwards	Female	89.	Female 45-	16.	0:58:36,60	0:58:11,29
729	Sion	Jones	Male	195.	Male 21-34	46.	0:58:37,37	0:57:51,79
670	Leanne	Wafer	Female	90.	Female 21-	25.	0:58:39,37	0:57:59,00
513	Rachel	Foulkes	Female	91.	Female 21-	26.	0:58:51,40	0:58:30,22
460	Thomas	Hughes	Male	196.	Male 21-34	47.	0:58:51,45	0:58:40,55
992	Rachel	Moynihan	Female	92.	Female 45-	17.	0:58:52,16	0:58:33,63
465	Ash	Watton	Male	197.	Male 21-34	48.	0:58:55,14	0:58:13,13
961	Claire	Mcgrady	Female	93.	Female 45-	18.	0:59:06,95	0:58:42,13
1038	Jesse	Foster	Male	198.	Male 21-34	49.	0:59:07,67	0:58:35,21
552	Dave	Littler	Male	199.	Male 35-39	34.	0:59:14,59	0:58:55,23
1060	Ryan	Raynor	Male	200.	Male 21-34	50.	0:59:21,92	0:59:00,92
492	Luke	Jackson	Male	201.	Male 21-34	51.	0:59:22,59	0:58:56,65
498	Steve	Cooke	Male	202.	Male 55-59	20.	0:59:25,67	0:58:42,53
974	Lynsey	Hughes	Female	94.	Female 21-	27.	0:59:26,49	0:58:55,50
1004	Alex	Elliot	Male	203.	Male 21-34	52.	0:59:29,82	0:59:05,93
680	Gareth	Hughes-Rol	Male	204.	Male 60-64	5.	0:59:31,46	0:59:06,45
985	Julia	Williams	Female	95.	Female 21-	28.	0:59:33,34	0:59:08,04
696	Eleri	Plews	Female	96.	Female 21-	29.	0:59:34,01	0:59:24,65
958	Dawn	Wood	Female	97.	Female 45-	19.	0:59:34,09	0:59:16,12
1056	Clare	Mcewen	Female	98.	Female 45-	20.	0:59:35,64	0:59:25,64
401	Trudi	Parry	Female	99.	Female 45-	21.	0:59:36,00	0:59:16,00

Clwb Rhedeg Meirionnydd

Kings Heath

Prestatyn Running Club

Buckley Runners

488	Christine	Wyn-Jones	Female	100.	Female 60-72.		0:59:40,94	0:59:20,84
1062	Andrew	Williams	Male	205.	Male 45-49		0:59:42,94	0:59:12,94
918	Rama	Gudimetla	Male	206.	Male 35-39		0:59:43,13	0:59:35,26
938	Hayley	Batley	Female	101.	Female 35-40		0:59:44,19	0:59:17,01
683	Leon	Cassidy	Male	207.	Male 45-49		0:59:45,49	0:59:33,55
699	Darren	Low	Male	208.	Male 50-54		0:59:49,44	0:59:38,54
731	Luke	Yarwood	Male	209.	Male 21-34		0:59:51,09	0:59:13,56
494	Gareth	Jackson	Male	210.	Male 55-59		0:59:59,47	0:59:33,59
972	Alex	Ellwood	Male	211.	Male 21-34		1:00:05,50	0:59:32,69
657	Chihiro	Fujioka	Female	102.	Female 35-40		1:00:07,99	0:59:35,62
418	Andrew	Sharpe	Male	212.	Male 35-39		1:00:09,29	0:59:40,96
417	Liam	Ashmore	Male	213.	Male 40-44		1:00:09,43	0:59:42,60
458	Claire	Barron	Female	103.	Female 40-45		1:00:11,05	1:00:03,68
491	Gail	Berry	Female	104.	Female 45-50	Black Pear Joggers	1:00:12,52	0:59:45,16
561	Lesley	Cole	Female	105.	Female 60-72	South Cheshire Harriers	1:00:19,55	1:00:10,79
1052	Lisa	Spain	Female	106.	Female 45-50		1:00:20,72	0:59:47,26
525	Steph	Russell	Female	107.	Female 35-40		1:00:23,44	0:59:46,52
1037	Matt	Davies	Male	214.	Male 35-39		1:00:29,59	0:59:57,73
441	Gemma	Wellstead	Female	108.	Female 21-30		1:00:31,07	0:59:50,60
526	Terry	Lacey	Male	215.	Male 45-49		1:00:37,84	1:00:30,32
593	Shirley	Moran	Female	109.	Female 55-60	Fylde Coast Runners	1:00:38,70	1:00:02,09
912	Zakia	Ahamada	Female	110.	Female 40-45		1:00:39,64	1:00:04,58
676	Elaine	Langley	Female	111.	Female 45-50		1:00:45,60	1:00:06,64
741	Ben	Grundy	Male	216.	Male 60-64		1:00:49,66	1:00:11,29
500	Phil	Royle	Male	217.	Male 40-44	Vegan Runners	1:00:54,08	1:00:15,17
539	Kay	Cottrell	Female	112.	Female 60-72	Run Free	1:01:03,44	1:00:50,93
1016	Kelly	Jones	Female	113.	Female 35-40		1:01:19,66	1:00:41,55
594	Anthony	Ashman	Male	218.	Male 55-59		1:01:23,11	1:00:41,35
780	Mark	Morrelle	Male	219.	Male 45-49		1:01:24,51	1:00:50,21
795	Andrew	Massey	Male	220.	Male 55-59		1:01:24,57	1:00:43,28
779	Neil	Burgoyne	Male	221.	Male 55-59		1:01:34,43	1:01:18,93
1009	Jamie	Hodgson	Male	222.	Male 21-34		1:01:37,87	1:01:08,96
425	Lesley	Roberts	Female	114.	Female 35-40		1:01:38,72	1:01:18,82
424	Daniel	Hughes	Male	223.	Male 21-34		1:01:38,80	1:01:18,84

435	Ceri	Bennell	Female	115.	Female 21-31.		1:01:40,97	1:01:05,37
998	Natalie	Summers	Female	116.	Female 21-32.		1:01:41,51	1:01:06,17
929	Adam	Rose	Male	224.	Male 35-39		1:01:42,66	1:01:06,70
928	Wyn	Jones	Male	225.	Male 55-59		1:01:44,04	1:00:56,29
749	Emma	Ketterer	Female	117.	Female 45-49		1:01:46,39	1:00:59,97
547	Meinir	Edmunds	Female	118.	Female 55-59		1:01:56,63	1:01:42,61
976	Kamila	Gendek	Female	119.	Female 21-33.		1:01:57,39	1:01:36,15
777	Diane	Jones	Female	120.	Female 40-44		1:01:57,49	1:01:52,62
733	Sara	Jones	Female	121.	Female 45-49		1:01:59,61	1:01:14,91
798	Jo	Beevers	Female	122.	Female 40-44	Aura	1:02:08,86	1:01:34,63
413	Irene	Blount	Female	123.	Female 60-64	Buckley	1:02:12,27	1:01:46,13
589	Stuart	Benson	Male	226.	Male 35-39		1:02:16,85	1:01:59,27
778	Debra	Williams	Female	124.	Female 55-59		1:02:19,22	1:02:03,61
702	Laura	Singleton	Female	125.	Female 35-39		1:02:20,58	1:02:01,22
631	Sarah	Jones	Female	126.	Female 21-34.		1:02:24,13	1:01:57,30
691	Stefano	Cosentino	Male	227.	Male 45-49		1:02:26,01	1:02:05,23
512	Mark	Bennett	Male	228.	Male 40-44		1:02:41,56	1:02:06,69
508	Steven	Pritchard	Male	229.	Male 45-49		1:02:45,27	1:02:14,96
584	Sharon	Jones	Female	127.	Female 45-49		1:02:45,73	1:02:16,17
509	Rebecca	Noble	Female	128.	Female 35-39		1:02:45,81	1:02:15,44
597	Denise	Edwards	Female	129.	Female 40-44		1:02:48,76	1:02:18,20
596	Ian	Edwards	Male	230.	Male 40-44		1:02:48,89	1:02:17,90
423	Bethan	Barr	Female	130.	Female 21-35.		1:02:52,73	1:02:23,43
416	Cara	Squire	Female	131.	Female 35-39.		1:02:53,16	1:02:27,16
936	Elen	Townley	Female	132.	Female 21-36.		1:03:05,53	1:02:55,13
603	Gareth	Starkey	Male	231.	Male 21-34		1:03:20,52	1:02:53,69
599	Callum	Griffiths	Male	232.	Male 21-34		1:03:25,09	1:02:50,61
598	Emma	Burton	Female	133.	Female 40-44		1:03:25,20	1:02:50,59
507	Gareth	Wyn-Jones	Male	233.	Male 65-69	Ellesmere Port	1:03:27,29	1:03:14,90
538	Jane	Blackwell	Female	134.	Female 45-49	Deestriders	1:03:50,42	1:03:18,25
995	Paul	Mapp-Jone	Male	234.	Male 55-59	Team Aura	1:03:50,57	1:03:16,09
732	Dylan	Evans	Male	235.	Male 21-34		1:04:04,30	1:03:18,47
727	Daniel	Mostyn-Jor	Male	236.	Male 21-34		1:04:06,49	1:03:21,98
690	Andrea	Howitt	Female	135.	Female 45-49		1:04:15,08	1:03:55,07

692	Paula	Gibson	Female	136.	Female 40- 20.	1:04:15,18 1:03:55,08
448	Charlotte	Roberts	Female	137.	Female 21- 37.	1:04:17,57 1:03:55,30
1010	Lee	Thomas	Male	237.	Male 40-44 32.	1:04:32,21 1:04:09,99
514	Pippa	Shaw	Male	238.	Male 21-34 61.	1:04:35,22 1:04:13,86
527	Anna	Moore	Female	138.	Female 35- 32.	1:04:39,95 1:04:02,80
766	Tara	Sansom	Female	139.	Female 21- 38.	1:04:49,56 1:04:16,10
595	Ceridwen	Hughes-Rol	Female	140.	Female 21- 39.	1:05:02,71 1:04:39,46
659	Joe	Millington	Male	239.	Male 12-20 9.	1:05:03,59 1:04:36,48
797	Christophe	Hogben	Male	240.	Male 21-34 62.	1:05:17,01 1:04:58,74
768	Stephanie	Dean	Female	141.	Female 21- 40.	1:05:29,68 1:04:41,59
432	Anne	Parry	Female	142.	Female 21- 41.	1:05:36,84 1:04:55,55
529	Stacey	Melia	Female	143.	Female 35- 33.	1:05:42,05 1:05:04,98
705	Sarah	Wilson	Female	144.	Female 21- 42.	1:05:55,74 1:05:14,89
905	Rhiana	Wilcock	Female	145.	Female 21- 43.	1:05:59,07 1:05:20,76
1054	Robert	Edwards	Male	241.	Male 50-54 34.	1:06:08,43 1:06:00,43
1001	Natalie	Evans	Female	146.	Female 35- 34.	1:06:22,39 1:06:06,97
1021	Isobelle	Davies	Female	147.	Female 21- 44.	1:06:29,93 1:06:15,65
712	Emma	Garston	Female	148.	Female 40- 21.	1:06:40,23 1:06:24,46
1000	Lorraine	Owen	Female	149.	Female 40- 22.	1:06:48,25 1:06:33,29
730	Chloe	Peers	Female	150.	Female 21- 45.	1:06:53,89 1:06:09,15
616	Gail	Fairclough	Female	151.	Female 35- 35.	1:06:58,75 1:06:28,38
617	Danielle	Mcdonald	Female	152.	Female 35- 36.	1:06:58,95 1:06:28,45
750	Sarah	Rowlands	Female	153.	Female 45- 30.	1:07:06,60 1:06:29,07
555	Caroline	Cartmill	Female	154.	Female 21- 46.	1:07:11,82 1:06:28,34
991	Siân	Macintyre	Female	155.	Female 21- 47.	1:07:12,15 1:06:28,68
959	Alessandro	Ciapetti	Male	242.	Male 45-49 29.	1:07:16,73 1:06:41,07
772	Sally	Merrick	Female	156.	Female 60- 6.	1:07:26,83 1:06:58,73
686	Gareth	Jones	Male	243.	Male 40-44 33.	1:07:27,49 1:06:50,53
706	Penny	Jones	Female	157.	Female 35- 37.	1:07:31,81 1:06:58,35
675	Terry	Price	Male	244.	Male 45-49 30.	1:07:34,99 1:06:55,84
443	Linda	Drayton	Female	158.	Female 60- 7.	1:07:40,84 1:06:56,55
623	Pete	James	Male	245.	Male 45-49 31.	1:07:45,87 1:07:23,45
682	Lisa	Hampson	Female	159.	Female 45- 31.	1:07:47,05 1:07:23,87
669	James	Jackson	Male	246.	Male 35-39 40.	1:07:49,11 1:07:41,24

Aura
Prestatyn Running Club

Lonely Goat Running Club

751	Clare	Hollyhead	Female	160.	Female 40- 23.	1:07:50,13	1:07:12,70
667	Gemma	Jones	Female	161.	Female 21- 48.	1:07:54,56	1:07:14,97
674	Ian	Beckett	Male	247.	Male 50-54 35.	1:08:03,47	1:07:24,06
956	Jacqui	Allen	Female	162.	Female 55- 6.	1:08:11,97	1:07:58,07
737	Glenda	Roberts	Female	163.	Female 60- 8.	1:08:39,93	1:08:20,81
685	Michael	Allsop	Male	248.	Male 50-54 36.	1:08:40,69	1:08:03,72
1022	Simon	Davison	Male	249.	Male 55-59 27.	1:08:44,70	1:08:06,38
739	Erin	Tattum	Female	164.	Female 21- 49.	1:09:13,39	1:08:37,61
967	Nigel	Barson	Male	250.	Male 50-54 37.	1:09:33,39	1:08:47,27
955	Rob	Jones	Male	251.	Male 45-49 32.	1:09:39,91	1:09:30,62
457	Ian	Deegan-Mu	Male	252.	Male 65-69 6.	1:09:42,99	1:09:06,56
496	Liz	Conroy	Female	165.	Female 40- 24.	1:09:43,11	1:09:11,19
502	Dewi	Griffiths	Male	253.	Male 55-59 28.	1:10:25,13	1:09:49,21
515	Alison	Roberts	Female	166.	Female 45- 32.	1:10:32,36	1:10:10,72
568	Toni	Jenkins	Female	167.	Female 45- 33.	1:10:46,88	1:10:15,54
627	Sharon	Clisham	Female	168.	Female 45- 34.	1:10:46,88	1:10:15,42
658	Vicky	Waddell	Female	169.	Female 21- 50.	1:11:17,05	1:10:49,81
523	Jennifer	Hewitt	Female	170.	Female 21- 51.	1:11:41,57	1:11:06,35
771	Hayley	Merrick	Female	171.	Female 21- 52.	1:11:46,75	1:11:18,27
447	Miriam	Lamb	Female	172.	Female 50- 9.	1:11:49,16	1:11:28,45
711	Louisa	Butler	Female	173.	Female 40- 25.	1:11:59,21	1:11:43,50
1046	Mark	Moynihan	Male	254.	Male 40-44 34.	1:12:14,12	1:11:54,36
422	Nicola	Attewell	Female	174.	Female 40- 26.	1:12:33,44	1:12:04,14
490	Natalie	Jones	Female	175.	Female 35- 38.	1:12:38,83	1:11:55,12
724	Sarah	Griffith	Female	176.	Female 40- 27.	1:12:47,54	1:12:18,02
662	Treasa	Roberts	Female	177.	Female 40- 28.	1:13:19,09	1:12:57,25
964	Robert	Denman	Male	255.	Male 35-39 41.	1:13:36,44	1:13:10,06
466	Tracey	Mccormick	Female	178.	Female 50- 10.	1:13:40,84	1:12:56,49
909	Lorraine	Jones	Female	179.	Female 35- 39.	1:13:41,48	1:13:25,14
941	Kelly	Hughes	Female	180.	Female 40- 29.	1:13:50,70	1:13:12,69
520	Sherrie	Hughes	Female	181.	Female 40- 30.	1:13:51,42	1:13:13,57
937	Rick	Kirkham	Male	256.	Male 40-44 35.	1:14:20,24	1:13:47,94
930	Helen	Barsby	Female	182.	Female 55- 7.	1:14:25,70	1:13:50,10
483	Douglas	Graham	Male	257.	Male 40-44 36.	1:14:41,64	1:14:26,39

P+a Group

Fylde Coast Runners

620	Emma	Morgan	Female	183.	Female 21- 53.		1:14:41,72 1:14:19,10
622	Kathryn	Plumridge	Female	184.	Female 35- 40.		1:14:42,10 1:14:19,62
645	Mark	Pickford	Male	258.	Male 55-59 29.		1:14:59,20 1:14:21,85
471	Stuart	Pinchbeck	Male	259.	Male 70-74 1.		1:15:12,02 1:14:54,59
708	Jessica	Jones	Female	185.	Female 21- 54.	Denbigh Harriers	1:15:33,42 1:15:16,51
903	Andrew	Jones	Male	260.	Male 35-39 42.		1:15:33,96 1:15:17,41
534	Sarah	Rowles	Female	186.	Female 35- 41.		1:15:38,00 1:15:00,36
535	Zoe	Wray	Female	187.	Female 45- 35.		1:15:38,20 1:15:00,27
590	Jennifer	Moss	Female	188.	Female 21- 55.		1:16:09,39 1:15:52,34
672	Chloe	Morgan	Female	189.	Female 21- 56.		1:17:48,48 1:17:05,88
770	Alison	Graham	Female	190.	Female 50- 11.		1:18:08,92 1:17:37,89
449	Kim	Wootton	Female	191.	Female 45- 36.		1:18:48,73 1:18:26,64
467	Eric	Henderson	Male	261.	Male 40-44 37.		1:18:49,63 1:18:27,41
932	Fiona	Black	Female	192.	Female 40- 31.		1:19:28,13 1:18:52,61
486	Felecia	Davies	Female	193.	Female 35- 42.		1:19:37,03 1:19:13,91
656	Siwan	Jones	Female	194.	Female 21- 57.		1:19:48,71 1:19:08,60
1039	Chris	Jones	Male	262.	Male 21-34 63.		1:20:05,59 1:19:33,58
442	Bridgette	Jones	Female	195.	Female 50- 12.		1:21:03,03 1:20:22,12
439	Maria	Rushton	Female	196.	Female 50- 13.		1:21:03,38 1:20:22,52
787	Sophie	Bellis	Female	197.	Female 21- 58.		1:21:15,82 1:20:46,00
927	Matt	Hughes	Male	263.	Male 21-34 64.		1:21:16,43 1:20:46,87
698	Lucy	Douglas	Female	198.	Female 45- 37.	Buckley Runners	1:22:17,18 1:21:41,40
501	Gwenda	Marshall	Female	199.	Female 60- 9.	Fylde Coast Runners	1:22:25,08 1:21:47,94
503	Ann	Pugsley	Female	200.	Female 60- 10.		1:22:25,23 1:21:48,30
419	Lorna	Langton	Female	201.	Female 40- 32.		1:27:01,41 1:26:31,38
601	Lyndsey	Mccallion	Female	202.	Female 21- 59.		1:30:46,47 1:30:21,85